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INTRODUCTION

In view of the recent amendment made in the Patents Act, 1970 by the Patents (Amendment) Act, 2005 effective from 01st January 2005, the Official Journal of The Patent Office is required to be published under the Statute. This Journal is being published on weekly basis on every Friday covering the various proceedings on Patents as required according to the provision of Section 145 of the Patents Act 1970. All the enquiries on this Official Journal and other information as required by the public should be addressed to the Controller General of Patents, Designs & Trade Marks. Suggestions and comments are requested from all quarters so that the content can be enriched.

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(57) Abstract :
 The adjustable footrest apparatus described herein revolutionizes the traditional bathroom experience by providing users with a versatile and ergonomic solution for enhancing comfort and promoting proper posture during defecation. Featuring a base platform for stability, rubber pads for traction, and a top platform with acupressure points for relaxation, the apparatus offers a holistic approach to improving the user experience. Innovative features such as rotational and translational motion, along with a secure stopper mechanism, allow users to customize the footrest to their individual preferences and anatomical needs. With its user-centric design and emphasis on comfort and convenience, the adjustable footrest apparatus represents a significant advancement in bathroom technology. Whether used in residential or commercial settings, this innovative device offers a multifaceted solution for promoting better health and well-being through improved bathroom ergonomics.

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