

Swami Rama Himalayan University
Research and Development Cell

SRHU/ RDC/2024/568

Date: 10.08.2024

Ms. Ritu

Registration No.: DD23117699101

Enrolment No. SRHU23001315

Subject: Approval of synopsis and allotment of Supervisor/Co-Supervisor for Ph.D.

The Research Advisory Committee (RAC) has approved your Research Synopsis and Title of Ph.D. Research work on 03.06.2024.

In accordance with the recommendations made by the RAC, you are hereby allowed to proceed with your Ph.D. research work in the specialization of 'Yoga Sciences, on the duly approved title "**Effect of Yoga on Gestational Diabetes Mellitus: A Randomized Control Trial**" under the guidance of Dr. Somlata Jha as the Supervisor & Dr. Ruchira Nautiyal as the Co- supervisor.

It is mandatory to strictly follow the "Policy for Prevention of Plagiarism" prescribed by the University. The thesis should be supported with a "Certificate for Plagiarism" in the prescribed format along with a copy of report generated by the University approved anti-plagiarism software (Turnitin), duly certified by the concerned Supervisor and Co-supervisor.

In order to be eligible for the pre-thesis submission, you are required to regularly submit 6 monthly progress reports in the prescribed format, through RAC, to the Research and Development Cell.

You are also required to follow all other guidelines as prescribed by the University for the Ph.D. programme.



(Dr. Bindu Dey)

Director Research

Research and Development Cell

Swami Rama Himalayan University

Copy to: Principal/Director/HOD
Supervisor/Co-Supervisor
Personal file of the student for record