

**Himalayan College of Nursing, SRHU
Jolly Grant, Dehradun**

Report of Seminar on theme of International Nurses Day 2022

“Expressing gratitude to the phenomenal nurses working round the clock to keep our planet healthy”

International Nurses Day is celebrated around the world every 12th of May on the birth anniversary of Florence Nightingale. ICN commemorates this important day each year with the production and distribution of the International Nurses’ Day (IND) resources and evidence. **IND 2022: the theme was Nurses: A Voice to Lead – Invest in Nursing and Respect Rights to Secure Global Health.**

A seminar was organized by the M.Sc. Nursing I Year students of Himalayan College of Nursing, SRHU under the supervision of Dr. Sanchita Pugazhendi (Chairperson), Principal, Himalayan College of Nursing & Dean, Faculty of Nursing, SRHU, Dr. Rajkumari Sylvia Devi (Coordinator), and Dr. Harleen Kaur (Joint Coordinator), Associate Professors, Himalayan College of Nursing, SRHU. The seminar was organized with the objective to help in expanding the knowledge about the nursing profession among participants and also understanding of the role of nurses to secure global health. The seminar included several case studies and research conducted in the different health sectors worldwide. It helped the participants to think about the importance of nurses and their contributions to keep everyone healthy. They also understood the need to protect, support, and invest in the nursing profession to strengthen the health system around the world. There were around 291 participants from various courses including Basic B.Sc. Nursing, General Nursing and Midwifery, Post Basic B.Sc. Nursing and Ph.D.

The seminar was started at 9:20 am with a warm welcome to the participants of the International Nurses Day 2022 celebration by Ms. Jyoti Nakoti followed by scientific sessions. The first session was started at 9:25 am by Ms. Raveena on the “safe maternal and digitalization of midwifery services during COVID-19”. The 2nd session was at 9:40 am by Ms. Sarina Rana on “dealing with the Clinical Teaching, Intensive Nursing Care, and Team-based care during COVID-19”, followed by the 3rd session at 10 am by Ms. Manisha Kathayat on “protecting elderly people in COVID-19 and community palliative care”. The 4th session was on the “stepping ahead to diabetic foot care and infection prevention and control during COVID-19” by Ms. Neha Ali and the 5th session was taken at 10:40 am by Ms. Charu Saini on “Fundamental health skill training and rapid development of COVID resources”. The 6th session was on hand hygiene among health care workers and the key role in rehabilitative services during COVID-19 was taken by Ms. Deeksha Joshi at 11 am.

The inaugural ceremony was at 11:20 am. The ceremony was graced by Dr. Sanchita Pugazhendi (Chairperson), Principal, Himalayan College of Nursing & Dean, Faculty of Nursing, SRHU. The inauguration was started with the lighting of the ceremonial lamp by the Chairperson, coordinators, and HODs of various departments of HCN. Ms. Manisha Kathayat welcomed the gathering. At 11:30 am unfolding the theme of the International Nurses Day 2022 and the brief introduction of the seminar was given by Ms. Sangeeta Chauhan.



Around 11:35 am our leader and chairperson of the event Dr. Sanchita Pugazhendi, addressed the gathering. She enlightened us with her words of wisdom, motivation, and experiences. Chairperson also appreciated the work of the organizers for the successful execution of this seminar. The inaugural ceremony ended with a short break for refreshment at 11:40 am.



At 11:55 am the session on the “Psychosocial Wellbeing, Nursing Care and Nurses Stress during COVID-19” was taken by Ms. Puneet Kaur. Ms. Suman Rikhari spoke on the “Humpty Dumpty Fall Scale, Developmental Care of Neonates and Adolescents during COVID-19 at 12:15 pm. The feedback was taken from the participants after the completion of all the scientific sessions at 12:35 pm.

The keynote address was given by the coordinator of the seminar, Dr. Rajkumari Sylvia Devi, Associate Professor HCN, SRHU at 12:45 pm. She highlighted the purposes of the seminar and its importance to organize this seminar at this juncture by M.Sc. Nursing I Year students. The program was followed by felicitation of the organizing team members by the respected chairperson madam at 1:00 pm. The seminar ended with a vote of thanks by Ms. Ruchi Sharma at 1:20 pm.



Dr. Rajkumari Sylvia Devi

Associate professor &
Seminar Coordinator
HCN, SRHU

