

**DEPARTMENT OF NEONATOLOGY**  
**HIMS, SRHU, Jolly Grant, Dehradun**

## **Activity Report**

### **HIMS conducts 'Basic Life Support & First Aid Training' at Rashtriya Indian Military College**

By **Rashtriya Indian Military College** Staff on, **23 Oct, 2023** Carrying forward **Rashtriya Indian Military College's** endeavour to collaborate with renowned institutes of the country to foster partnerships for mutual development and growth, the Himalayan Institute of Medical Sciences (Himalayan Institute of Medical Sciences), SRHU, was invited to conduct ground- breaking training in 'Basic Life Support & First Aid in Common Emergencies both in Peace and Combat Scenarios' last week.

Over 250 students and RIMC teaching staff, were trained by the team of five experts, comprising specialists and super-specialists, led by **Surgeon Rear Admiral (Prof) Girish Gupta (Retd)** from **Neonatology Department** of Himalayan Institute of Medical Sciences Holistic training was imparted to the student and staff of **Rashtriya Indian Military College** to empower them not only with conventional nuances of life- saving, but also impart to them requisite training on life saving methodologies, which is a critical requirement during military operations.

They were imparted a training regimen that covered an array of critical topics including Basic CPR, Management of Bleeding, Head and Spine Injuries, stabilisation principles, and handling emergencies arising from snake bites and scorpion stings.

The training programme adopted a hands-on approach, along with informative lectures and essential practical training sessions, in which the cadets practiced on 20 mannequins concurrently. The participants were also provided a comprehensive handbook

covering all the topics discussed during the training, including a credit card sized BLS card, which can serve as a quick reference guide in future.

These collaborations are a conscious attempt by Himalayan Institute of Medical Sciences to pioneer an era of shared learning and provide new vistas in the training curriculum.

It embodies a significant step towards fostering a culture of preparedness and service.

  
**DR. GIRISH GUPTA**  
**PROFESSOR & HEAD**  
**DEPARTMENT OF NEONATOLOGY**  
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## Event Photographs

### Basic Life Support and First Aid Training program on 23-10-2023 at Rashtriya Indian Military College Dehradun

