

DEPARTMENT OF NEONATOLOGY
HIMS, SRHU, Jolly Grant, Dehradun

Activity Report

HIMS conducts 'Basic Life Support & First Aid Training' at IMA

By Indian Military Academy Staff on, **8 Sep, 2023** Carrying forward Indian Military Academy's endeavour to collaborate with renowned institutes of the country to foster partnerships for mutual development and growth, the Himalayan Institute of Medical Sciences (Himalayan Institute of Medical Sciences), SRHU, was invited to conduct ground-breaking training in 'Basic Life Support & First Aid in Common Emergencies both in Peace and Combat Scenarios' last week.

Over 400 gentleman cadets, including international cadets, were trained by the team of eight experts, comprising specialists and super-specialists, led by **Surgeon Rear Admiral (Prof) Girish Gupta (Retd)** from Himalayan Institute of Medical Sciences Holistic training was imparted to the gentlemen cadets of IMA to empower them not only with conventional nuances of life-saving, but also impart to them requisite training on life saving methodologies, which is a critical requirement during military operations.

They were imparted a training regimen that covered an array of critical topics including Basic CPR, Management of Bleeding, Head and Spine Injuries, stabilisation principles, and handling emergencies arising from snake bites and scorpion stings.

The training programme adopted a hands-on approach, along with informative lectures and essential practical training sessions, in which the cadets practiced on 26 mannequins concurrently. The participants were also provided a comprehensive handbook

covering all the topics discussed during the training, including a credit card sized BLS card, which can serve as a quick reference guide in future.

These collaborations are a conscious attempt by Himalayan Institute of Medical Sciences to pioneer an era of shared learning and provide new vistas in the training curriculum.

It embodies a significant step towards fostering a culture of preparedness and service.

DR. GIRISH GUPTA
Dr. Girish Gupta
Professor & Head
Dept. of Neonatology



Event Photographs

**Basic Life Support & First Aid workshop program' at Indian Military Academy, Dehradun
on 8th Sep, 2023**

