

With the Blessings of Swami Rama, the Department of Anaesthesiology of Himalayan Institute of Medical Sciences, Swami Rama Himalayan University organized one day MID-TERM RSACP CME Cum WORKSHOPS 2023 under the aegis of Research Society of Anaesthesiology and Clinical Pharmacology at the premises of Himalayan Institute of Medical Sciences, Swami Rama Himalayan University on 23<sup>rd</sup> July 2023 Sunday under the leadership of Dr. Veena Asthana, HOD Anesthesiology and Organizing Chairperson of this event. The academic program comprised of CME with guest lectures and series of Panel Discussions befitting the Theme of the CME- Anaesthesiology : Time to think out of the Box along with three workshops named Advanced Airway Skills Workshop, Labour Analgesia and Communication Skills (Samvaadshala) workshops with resource faculty from premier institutes of the country.

Dr. Vijay Dhasmana, Chancellor, Swami Rama Himalayan University constantly motivated, supported the academic event and congratulated the Anaesthesiology Team for organizing this mega event in the institute.

During the journey of this event, the Organizing Team was blessed to have constant support, motivation and Inputs from each of the RSACP Governing Council Members Dr. Tej Kaul, Patron, Dr. Indrani Hemant Kumar, President, Dr. Naveen Malhotra, President Elect, Dr. Anju Grewal, Vice President, Dr. Sunil Sethi, Treasurer and Dr. Vishal Singla, Secretary.

The Great Day started with Flag Hoisting of RSACP at the venue followed by Pledge Taking by all those present that time.

The Inauguration program started with Lamp Lighting and Saraswati Vandana. It was followed by welcoming the Chief Guest, Dr. Rajendra Dobhal, Vice Chancellor, Swami Rama Himalayan University who congratulated the organizing team for their efforts in holding such an enriching academic event stressing the role of communication in medical fraternity. The Guests of Honour Dr. Vijendra D. Chauhan, Director General, Academic Development enlightened the audience about Swami Rama as great visionary and Dr. Indrani Hemant Kumar, President of the RSACP stressed on the need of such medical programs for the updated anaesthesiology knowledge among the postgraduates as well as faculty. Dr. Ashok Deorari, Principal HIMS gave an overview of National Academy of Medical Sciences to the audience. Dr. Tej Kaul, Patron, Dr. Anju Grewal, Vice President and Dr. Vishal Singla, Honorary Secretary of RSACP graced the occasion and congratulated the Organizers and motivated the audience for RSACP membership drive.

The Academic event witnessed the presence of more than 175 participants including Anaesthesiologists, postgraduates, MBBS students and other health care providers.

The workshops were giving hands on training and skill stations with Case scenario demonstrations enriching evidence based information. The Airway Team was led by Dr. Amit Kohli and Dr. Abhijit Kumar, Team Labour Analgesia was led by Dr. Kajal Jain and Dr. Anju Grewal,

Team Samvaadshala was led by Dr. Sangeeta Khanna and Dr. Anand Sharma.

This national level academic event had a unique blend of delicious food with a faculty dinner evening before the event. The lunch was preceded by Cake Cutting ceremony on eve of RSACP FOUNDATION DAY.

The participants could feel the essence of DEVBHOOMI UTTARAKHAND in the unique Garhwali Caps and Auspicious Souvenirs amidst nature's beauty at its peak during the monsoon season. The enthusiasm of the attendees despite adverse weather conditions has been heart felt and appreciable.

The credit for the success of the event despite nominal registration charges goes to our biggest financial supporters RSACP, National Academy of Medical Sciences and HIMS, SRHU followed by various pharmaceutical companies.

The event was liked by one and all and got immense media coverage in the newspapers. The participants congratulated Dr. Veena Asthana, Organizing Chairperson, Dr. Divya Gupta Organizing Secretary and the team comprising of Dr. Gurjeet Khurana, Dr. Parul Jindal, Dr. Nidhi Kumar, and other faculty members for the success of the magnanimous event.



# Mid-Term RSACP CME cum Workshops

**THEME : ANAESTHESIOLOGY: TIME TO THINK OUT OF THE BOX**

**HALL A (Main Hospital Auditorium)**

**Scientific Chairpersons : Dr. Gurjeet Khurana, Dr. Parul Jindal**

08:00 - 09:00 AM Registration

09:00 - 10:30 AM INAUGURATION FOLLOWED BY HIGH TEA

## SESSION I

**Chairpersons : Dr. Tej Kaul**, Ex Prof Head Anaesthesia, DMC, Ludhiana

**Dr. Urmila Palaria**, Professor & HOD, Soban Singh Jeena Institute of Medical Science & Research, Almora.

**Dr. Indrani Hemant Kumar**, Professor, Pediatric Anaesthesia, Seth G S Medical College and KEM hospital

Time	Topic	Speaker
10:30 - 10:45 AM	Lessons learnt from COVID: Rise of the Anaesthesiologist	<b>Dr. Anshu Gupta</b> , Director Professor, Lady Hardinge Medical College, Delhi
10:45 - 11:00 AM	Sustainable and smart green anaesthesia	<b>Dr. (Maj.) Sanjay Choubey</b> , Professor & Head, Era's Medical College & Hospital, Lucknow
11:00 - 11:15 AM	Ethical issues in AI	<b>Dr. Sanjay Agrawal</b> , Professor & HOD, AIIMS Rishikesh

## SESSION II

**Chairpersons : Dr. Poonam Bhadoria**, Retired Director Professor MAMC, Delhi

**Dr. Geeta Bhandari**, Professor & HOD, GMC Haldwani,

**Dr. Gaurav Chopra**, Professor and HOD, GDMC, Dehradun

**Dr. Vikram Vardhan**, Professor & Chief AIIMS, Gorakhpur

Time	Topic	Speaker
11:30 - 11:45 AM	Empirical antibiotic therapy in critical care	<b>Dr. Vishal Singla</b> , Deputy CMO, Maternal and Child Health, Govt of Haryana
11:45 - 12:00 PM	How best guidelines, recommendations and scientific reviews can be used for clinical decisions	<b>Dr. Sonia Wadhawan</b> , Director Professor, Maulana Azad Medical College, New Delhi
12:00 - 12:15 PM	Research and leadership: how to facilitate connections	<b>Dr. Neelam Prasad</b> , Director Professor, Maulana Azad Medical College, New Delhi
12:15 - 12:30 PM	Role of telemedicine in anaesthesia	<b>Dr. Anil Kumar Verma</b> , Professor GSVM Medical College Kanpur

**23rd July 2023**

**Himalayan Institute of Medical Sciences, SRHU, Dehradun**



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**THEME : ANAESTHESIOLOGY: TIME TO THINK OUT OF THE BOX**

**HALL A (Main Hospital Auditorium)**

**Chairpersons : Dr. Hema Saxena**, Professor and HOD Emergency Medicine, GDMC, Dehradun

**Dr. Sushma Bhatnagar**, Chief, IRCH and HOD Onco-Anaesthesia and Palliative Medicine AIIMS, New Delhi,

**Dr. Sanjul Dandona**, Professor & HOD, Gautam Buddha Chikitsa Mahavidyalaya. Dehradun

Time	Topic	Resource Persons
12:30 - 01:30 PM	Panel discussion: striding towards leadership roles: challenges for modern Lady Anaesthesiologists	<p><b>Moderator: Dr. Indrani Hemant Kumar</b> Professor, Pediatric Anaesthesia Seth G S Medical College and KEM hospital</p> <p><b>Panelists</b>  <b>Dr. Kamakshi Garg</b>, Professor, Dayanand Medical College and Hospital  <b>Dr. Vanita Ahuja</b>, Professor, Government Medical College and Hospital, Chandigarh  <b>Dr. Maitree Pandey</b>, Director Professor and Head, Lady Harding Medical College, New Delhi.  <b>Dr. Saipriya Tewari</b>, Consultant Pain and Palliative Care, Manipal Hospital, New Delhi</p>
01:30 - 02:00 PM	<b>Lunch</b>	
<p><b>Chairpersons : Dr.V. K. Wahie</b>, Retired Senior Consultant and Private Practitioner, Dehradun  <b>Dr. Ajai Vikram Singh</b>, Professor &amp; Head, VCSG Govt Medical College, Srinagar Garhwal,  <b>Dr. Sanjeev Nivargi</b>, Senior Consultant, Kailash Hospital, Dehradun</p>		
02:00 - 02:20 PM	Role of a student to create a better team	<b>Dr. Tej Kaul</b> , Ex Prof Head Anaesthesia , DMC , Ludhiana
02:20 - 02:40 PM	Not everyone is a born teacher: teaching Anesthesiology	<b>Dr. G.S. Jheetay</b> , Professor & HOD, VIMS, Gajraula,
02:40 - 03:00 PM	Anesthesiologist and social media: time to get social	<b>Dr. Tanmay Tiwari</b> , Additional Professor, King George's Medical University, Lucknow
<p><b>Chairpersons : Dr. Vijendra D. Chauhan</b>, Professor and Director of Academic Development, HIMS, SRHU  <b>Dr. Deepak Malviya</b>, Professor and HOD. Dr.RMLIMS, Lucknow  <b>Dr. Naveen Malhotra</b>, Sr Professor &amp; Head, Cardiac Anaesthesia &amp; Pain Management Centre PGIMS, Rohtak, Haryana  <b>Dr. Robina Makker</b>, Professor, SGRRIM &amp; HS, Dehradun</p>		
03:00 - 04:00 PM	Panel discussion: Competency based PG Curriculum in Anaesthesia -are we prepared	<p><b>MODERATOR:</b> <b>Dr. Ruchi Gupta</b>, Professor &amp; Head, SGRDIMSR, Amritsar</p> <p><b>PANELIST:</b>  <b>Dr. Ranju Singh</b>, Professor, Lady Hardinge Medical College, New Delhi.  <b>Dr. Lalit Raiger</b>, Sr Professor, GMC Sirohi (Rajasthan)  <b>Dr. Garima Agrawal</b>, Professor, Lady Hardinge Medical College, New Delhi  <b>Dr. Nitin Chaudhary</b>, Assistant Professor, AIIMS New Delhi</p>
04:00 PM	<b>Valedictory function &amp; Certificate distribution</b>	

**23rd July 2023**

**Himalayan Institute of Medical Sciences, SRHU, Dehradun**



# Mid-Term RSACP CME cum Workshops

## HALL B (Hospital LT 1)

8 - 10	Free Papers	Dr. Y.S. Payal, Professor, AIIMS Rishikesh Dr. Raghav Gupta, Assistant Professor, National Cancer Institute Jhajjar, AIIMS New Delhi
8 - 10	Poster Judge	Dr. G.S. Jheetay, Professor & HOD, VIMS, Gajraula, Dr. Nandkishore, Associate Professor, HIMS, Dehradun, Dr. Ashutosh Singh, Professor, SGRRIMHS, Dehradun

## Workshops : (Timings 10 : 30 AM onwards)

### Advanced Airway Skills Workshop

Venue	Internal Coordinator
Surgery Department	Dr. Veena Asthana

### Labour Analgesia Workshop

Venue	Internal Coordinator
Obstetrics and Gynaecology Department	Dr. Nidhi Kumar

### Communication Skills Workshop

Venue	Internal Coordinator
Hospital LT1, Hospital LT2 and Emergency Department	Dr. Divya Gupta

*Note : The timings and sessions might have minor changes.*

**23rd July 2023**

Himalayan Institute of Medical Sciences, SRHU, Dehradun

**Conference Secretariat,  
Department of Anaesthesiology, HIMS, SRHU  
Contact : +91 94565 70288**