



**World Health
Organization**

India



*Report on
National Workshop
on
"Qualitative Methods in Health Research"
30th-31st March 2023*



Organized by

*Department of Community Medicine
Himalayan Institute of Medical Sciences
Swami Rama Himalayan University, Dehradun
& VCSGGMSRI, Pauri, Srinagar*

Under the aegis of

Indian Association of Preventive and Social Medicine

In collaboration with

World Health Organization, India

WORKSHOP FLYER



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*Department of Community Medicine
Himalayan Institute of Medical Sciences
Swami Rama Himalayan University, Dehradun
&
VCSGGMSRI, Pauri, Srinagar*

Under the aegis of
Indian Association of Preventive and Social Medicine
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World Health Organization, India

National Workshop on "Qualitative Methods in Health Research"



30-31 March 2023

9:00 am- 6:00 pm

Venue: MJ Aero suites, near HIHT chowk,
Jolly Grant, Bhaniyawala

Guest Speakers



Dr. Amol Dongre

Prof. & Head

*Dept. of Extension Programme
(SPARSH)*

Pramukhswami Medical College

Bhaikaka University

Karamsad, Gujarat

Dr. Pradeep Deshmukh

Dean (Research)

Prof. & Head

AIIMS, Nagpur



Key Highlights of the Workshop

- Qualitative Research Process*
- Basic terms & Paradigms*
- Approaches & Methods*
- Basic steps of Analysis (Hands-on)*
- Ethical Issues*
- Reporting*

Patron



Dr. Vijay Dhasmana
Vice Chancellor, SRHU

Vice-Patron



Dr. V.S. Chauhan
Pro-Vice Chancellor, SRHU

Vice-Patron



Dr. A. K. Deorari
Dean, HIMS

Vice-Patron



Dr. R. Dobhal
Director Strategic Planning,
Research & Development, SRHU

Vice-Patron



Dr. Sunil Saini
Chairperson Research
Committee, HIMS

*National
President-IAPSM*



Dr. Harivansh Chopra

*Secretary
General -IAPSM*



Dr. Purushottam Giri

Organizing Chairperson



Dr. Jayanti Semwal
Prof. & HoD, CM Dept.

Organizing Secretary



Dr. Shaili Vyas
Professor, CM Dept.

Organizing Joint Secretary



Dr. Abhay Srivastava
Assistant Professor, CM Dept.

Scientific Secretary



Dr. Surabhi Mishra
Assistant Professor, CM Dept.

Scientific Secretary



Dr. Neha Sharma
Assistant Professor, CM Dept.

Treasurers



Dr. Ashok Srivastava
Professor, CM Dept.



Dr. Ruchi Juyal
Professor, CM Dept.

Reception Committee Members



Dr. Deepshikha
Associate Professor, CM Dept.



Dr. Vidisha Vallabh
Assistant Professor, CM Dept.

***Hard copy of certificate & study material will be provided to all the participants.
Participants will be served Breakfast, Lunch & Dinner during the workshop.***

For any query



Please Contact: 9759135362, 807794916



WORKSHOP INVITATION



World Health
Organization
India



Dear Sir/ Madam

*It gives us immense pleasure to invite you for the
National workshop on*

"Qualitative Methods In Health Research"

being organized by the

*Department of Community Medicine,
Himalayan Institute of Medical Sciences,
Swami Rama Himalayan University
in collaboration with*

*World Health Organization, India
under the aegis of*

Indian Association of Preventive & Social Medicine

*On behalf of the Department of Community Medicine,
it is our honor to solicit your sublime presence for the
inaugural ceremony of the Workshop on*

***30th March 2023, 9:00am onwards at MJ Aero Suites,
near HIHT Chowk, Jolly Grant.***

*We feel glad to have your gracious presence for the
deliberation of the event.*

***Dr. Jayanti Semwal**
Organizing Chairperson*

***Dr. Shaili Vyas**
Organizing Secretary*

Inaugural Ceremony (30th March 2023)

Timings	Sessions	Facilitators
9:00am-9:05am	Welcome Note	Dr. Jayanti Semwal Organizing Chairperson/ Dr. C. M. S. Rawat Principal & Dean (VCSGGMSRI)
9:05am -9:10am	Opening Remarks	Dr. Purushottam Giri IAPSM Secretary
9:10-9:15 am	Keynote Address	Dr. Harivansh Chopra President, IAPSM
9:15-9:20 am	Special Address	Dr. Ahmad NPO Research, WHO consultant
9:20-9:25 am		Dr Purohit NPO Planning, WHO consultant
9:25-9:30 am	Inaugural Address	Dr. A K Deorari Dean, HIMS, SRHU (ex-AIIMS, New Delhi)
9:30-9:35 am	Objectives of the workshop	Dr. V. S. Chauhan Pro-Vice Chancellor, SRHU
9:35-9:40 am	Special Address by the Vice Chancellor	Dr. Vijay Dhasmana Vice Chancellor, SRHU
9:40-9:45 am	Closing Remarks	Dr. Shaili Vyas Organizing Secretary



National workshop on

“Qualitative Methods in Health Research”

Department of Community Medicine, Himalayan Institute of Medical Sciences, Swami Rama Himalayan University, Dehradun & VCSGMSRI, Pauri, Srinagar under the aegis of the Indian Association of Preventive and Social Medicine (IAPSM) In collaboration with World Health Organization, India

Time: 9:00am-6:00pm

Venue: MJ Aero Suites, Near HIHT Chowk, Jolly Grant

Workshop Agenda-Day 1, 30 th March 2023		
Timings	Sessions	Facilitators
8:30 am	Registration	
INAUGURAL CEREMONY		
9:00 am-9:05 am	Welcome Note	Dr. Jayanti Semwal (Organizing Chairperson) Dr. C. M. S Rawat (Principal & Dean, VCSGMSRI)
9:05 am -9:10 am	Opening Remarks	Dr. Purushottam Giri IAPSM Secretary
9:10 am-9:15 am	Keynote Address	Dr. Harivansh Chopra President, IAPSM
9:15 am-9:20 am	Special Address	Dr. Ahmad NPO Research, WHO consultant
9:20 am-9:25 am		Dr. Vimlesh Purohit NPO Planning, WHO consultant
9:25 am-9:30 am	Inaugural Address	Dr. A K Deorari Dean, HIMS, SRHU (ex-AIIMS, New Delhi)
9:30 am-9:35 am	Special Address by the Vice Chancellor	Dr. Vijay Dhasmana Vice Chancellor, SRHU
9:35 am-9:40 am	Closing Remarks	Dr. Shaili Vyas Organizing Secretary

Timings	Sessions	Facilitators
9:40 am-10:00 am	High Tea	
10:00 am- 10:15 am	Introduction of the Participants	Dr. Abhay Srivastava & Dr. Neha Sharma Assist. Prof. Dept. of CM, HIMS, SRHU
10:15 am-10:30 am	Ground Rules	Dr. Amol Dongre
10:30 am-10:45 am	Introduction to Qualitative Research	Pramukhswami Medical College, Karamsad, Gujarat
10:45 am-11:15 am	Approaches to Qualitative Research	Dr. Amol Dongre
11:15 am-12:30 pm	Group techniques	Pramukhswami Medical College, Karamsad, Gujarat
12:30 pm-1:30 pm	Group work and Hands-on	Dr. Pradeep Deshmukh Dean (Research), AIIMS, Nagpur
1:30pm-2:00pm	Lunch Break	
2:00 pm-2:30 pm	One-to-one interview	Dr. Amol Dongre Pramukhswami Medical College, Karamsad, Gujarat
2:30 pm-3:00 pm	Hands-on activity	Dr. Pradeep Deshmukh
3:00 pm—4:00 pm	Transcription	Dean (Research), AIIMS, Nagpur
4:00 pm-4:15 pm	Tea Break	
4:15 pm-4:45 pm	Basic Steps in Analysis	Dr. Amol Dongre Pramukhswami Medical College, Karamsad, Gujarat
4:45 pm-5:15 pm	Open forum for Q & A session	Dr. Amol Dongre Pramukhswami Medical College, Karamsad, Gujarat Dr. Pradeep Deshmukh Dean (Research), AIIMS, Nagpur
5:15 pm-5:50 pm	Designing a Multicentric Research proposal	Dr. Shib Shekhar Dutta and Team
5:50 pm-6:00 pm	Concluding Remarks	Dr. Shaili Vyas Prof. Dept. of CM, HIMS, SRHU

Workshop Agenda-Day 2, 31st March 2023

Timings	Sessions	Facilitators
9:00 am-9:30 am	Some Insights into WHO Collaborative Research Studies ICMR Research Studies in North East	Dr. Ahmad NPO Research, WHO India Dr. Ipsita Pal ICMR NER RMRC Dibrugarh
9:30 am - 9:45 am	Recap of Day 1	Dr. Amol Dongre Pramukhswami Medical College,Karamsad, Gujarat
9:45 am – 10:15 am	Free list	Dr. Pradeep Deshmukh Dean (Research), AIIMS, Nagpur
10:15 am-10:30 am	Tea Break	
10:30 am-11:00 am	Introduction to Anthropac software	Dr. Amol Dongre Pramukhswami Medical College,Karamsad, Gujarat
11:00 am-1:00 pm	Free list – Demo and Hands-on	Dr. Pradeep Deshmukh Dean (Research), AIIMS, Nagpur
1:00 pm-2:00 pm	Lunch Break	
2:00 pm-2:30 am	Pile sort	Dr. Pradeep Deshmukh Dean (Research), AIIMS, Nagpur
2:30 pm-4:00 pm	Pile sort – Demo and Hands-on	Dr. Amol Dongre Pramukhswami Medical College,Karamsad, Gujarat Dr. Pradeep Deshmukh Dean (Research), AIIMS,Nagpur
4:00 pm-4:15 pm	Tea Break	
4:15 pm-4:45 pm	Ethical issues in qualitative research and how to report qualitative research?	Dr. Amol Dongre Pramukhswami Medical College,Karamsad, Gujarat Dr. Pradeep Deshmukh Dean (Research), AIIMS, Nagpur
4:45 pm-5:15 pm	Open forum for Q & A session	Dr. Amol Dongre Pramukhswami Medical College,Karamsad, Gujarat Dr. Pradeep Deshmukh Dean (Research), AIIMS, Nagpur
5:15 pm-5:30 pm	Feedback from the participants	All participants
5:30 pm-5:45 pm	Certificates distribution	Dr. Abhay Srivastava & Dr. Neha Sharma Assist. Prof. Dept. of CM, HIMS, SRHU
5:45 pm-6:00 pm	Vote of thanks	Dr. Shaili Vyas Prof. Dept. of CM, HIMS, SRHU

INTRODUCTION

Understanding a social or human problem from various angles is the aim of the qualitative process of inquiry. In order to create a comprehensive and complex picture of the topic of interest, qualitative research is carried out in a natural environment. Public health practitioners in India have shown a steadily increasing interest in qualitative research techniques over the past ten years. A surge in pre-conference workshops and publications on qualitative research methodologies is a strong indicator of this. Additionally, post-graduates and young faculty members are more eager than ever to apply qualitative research methodologies in their work. Sadly, qualitative research has yet to be included in the curriculum that is taught in our undergraduate and graduate courses. As a result, orientation in qualitative research methodologies is frequently lacking among researchers and educators. There is a severe lack of resources available to novice researchers to help them comprehend and gain an overview of qualitative methodologies.

Hence, Department of Community Medicine, Himalayan Institute of Medical Sciences, SRHU, Dehradun have taken a tiny step to organize a two day National workshop on “*Qualitative Methods in Health Research*” to fulfil the researchers' expectations while keeping in mind the existing requirement and gap. The workshop was designed to introduce participants to the use of qualitative approaches in health research and to teach them how to incorporate these methods into their own projects. The workshop's main emphasis was on using qualitative methodologies in real-world applications.

Date and time: 30th- 31st March, 2023, 09:00AM - 06:00PM

Venue: MJ Aero Suites, Bhaniyawala, Jolly Grant, Dehradun, Uttarakhand.

Aim of the workshop

The aim of this workshop on 'Qualitative Research' was to enable the participants to operate the qualitative research software on their own and to understand when and what type of qualitative research method to use.

Workshop Objectives

The objectives of the workshop:

- To attain a basic knowledge of qualitative research methods, which includes in-depth techniques
- To acquire basic skills in qualitative data collection, analysis and scientific reporting

- To know ethical issues in qualitative research

Workshop Content

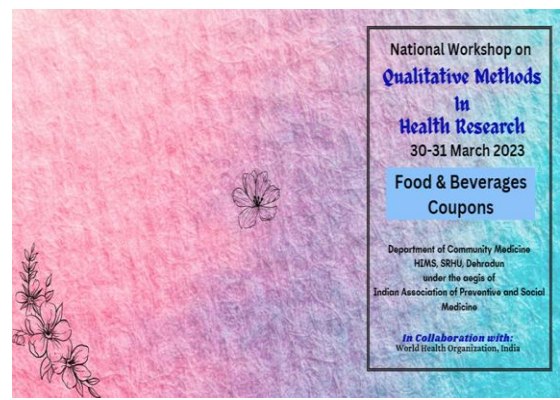
- Why Qualitative Research?
- Uses of qualitative research
- Differences between qualitative and quantitative approach
- Types of qualitative research methods - In-depth interviews, Focus Group Discussion
- Analysis of Qualitative Data coding, memos, relationship
- Data Management using Anthropic software
- Reporting and presentation of the findings
- Discussion on Multi-centric project



Day-1

Workshop Registration

The registration committee welcomed the delegates and they got themselves registered at the registration counter before the inaugural ceremony of the workshop.



Inaugural Ceremony

Dr. Abhay Srivastava, the joint-secretary and Dr. Neha Sharma, scientific secretary & moderators of the workshop on behalf of Dept. of Community Medicine, Himalayan Institute of Medical Sciences, Swami Rama Himalayan University welcomed all the respected higher dignitaries, speakers, faculties and registered participants across various institutes to the **National Workshop on “Qualitative Methods in Health Research”** organized by us along with **Veer Chandra Singh Garhwali Government Institute of Medical Science & Research Srinagar**, under the aegis of IAPSM in collaboration with **World Health Organization, India**. The inaugural ceremony of the workshop was started with a beautiful quote by Sir Albert Einstein *“Not everything that can be counted counts, and not everything that counts can be counted.”*



The moderators took the opportunity and invited the esteemed dignitaries- Dr. Harivansh Chopra (National President- IAPSM 2022-2023), Dr. Ahmad sir (National Officer for Research WHO Country Office, India), Dr. Vimlesh Purohit Planning Officer for WHO Country Office for India), Dr. Purushottam Giri (Secretary General-IAPSM), Dr. C.M.S. Rawat (Principal & Dean, Veer Chandra Singh Garhwali Government Institute of Medical Science & Research Srinagar), Dr. Jayanti Semwal (Organizing Chairperson of the workshop), Dr. Shaili Vyas, (Organizing secretary of the workshop) to grace the Dais.



After that, the dignitaries on the dais were felicitated with plant saplings as a token of honour by the Medical & Epidemiology students.



All the dignitaries on the Dais were requested to light the lamp of knowledge and seek blessings of Maa Saraswati as Saraswati Vandana was sung by the students.



Welcome Note by the Organizing Chairperson-Dr. Jayanti Semwal



Madam heartily welcomed all the delegates, resource persons and the speakers.

She emphasised the necessity of qualitative research and asked each delegate to create a proposal for a multi-centric study in qualitative research in order to facilitate future collaboration.

She even commended everyone who worked so hard to make this workshop effective, including the faculty members, students, and interns.

Welcome address by Dr. C.M.S. Rawat

Sir, welcomed all the delegates, the resource persons, and the speakers. A special welcome was extended to Dr. Harivansh Chopra, who also happened to be his teacher.

Sir, admired Dr. Jayanti's leadership abilities for organising such an essential workshop.

He projected that everyone who attended the event would benefit greatly and that it would establish the groundwork for future initiatives and empower the society.



Opening remarks by the Secretary General-IAPSM- Dr. P. Giri



Sir, welcomed everyone in this grand national workshop and appreciated the fact that this workshop gave Pan-India representation wherein participants were from across India. Sir, honoured Dr. Amol Dongre & Dr. Pradeep Deshmukh for accepting the invitation as the resource person for this workshop. Sir, also congratulated the Dept. of Community Medicine, HIMS, SRHU, Dehradun & VCSGGMSRI, Srinagar for organizing this workshop.

Opening remarks by the National President-IAPSM, Dr. H. Chopra

Beginning with the lovely words “mere aks par aap sab ka saaya hai, main jo bhi kuch hun wo aap sabne milke bnaya hai...na dhol bjaane aaye hai..na dhol bajayenge...hum seerat badalne aaye hai aur seerat badal kar jaayenge”, sir welcomed all.

He, commended the year-round national and international work done by IAPSM members, and is a key player in setting policies and working at the grassroots level.

Sir, appreciated Dr. Ahmad for approving the notion of qualitative research capacity building.

He also admired the HIMS team for their painstaking efforts over a long period of time to put this workshop together.



Special address by Dr. Mohd. Ahmad



Sir, greeted everyone and reflected on the SARS-CoV-2 outbreak that occurred in 2020 and the daily advancement of research. He praised the work done in India but emphasised that most of it was quantitative research, leaving the “Why, When, and How” questions unanswered. This is where qualitative research enters the picture, as it can provide strong support for reformulating policies and addressing people's thought processes and behavioural patterns. Thus, this capacity building workshop will insight the participants to focus on underserve and under privilege areas for better future and will work as team.

Special address by Dr. Vimlesh Purohit

Sir talked about his extensive experience working with HIV patients and how challenging it was to get information out of them.

He showed his eagerness to learn about qualitative research to gain more insight on “how & why” questions.

Sir, whole heartedly thanked and sincerely appreciated Dr. Ahmad and HIMS team for giving him the opportunity to attend this workshop.

He also gave best wishes to the organizing team.



Closing Remarks by Organizing Secretary- Dr. Shaili Vyas



Madam, began her remarks with the words “there is an end to everything, but we believe that there is never an end but always a beginning.”

She expressed her gratitude to Dr. Harivansh Chopra and Dr. Ahmad for their unwavering support and encouragement.

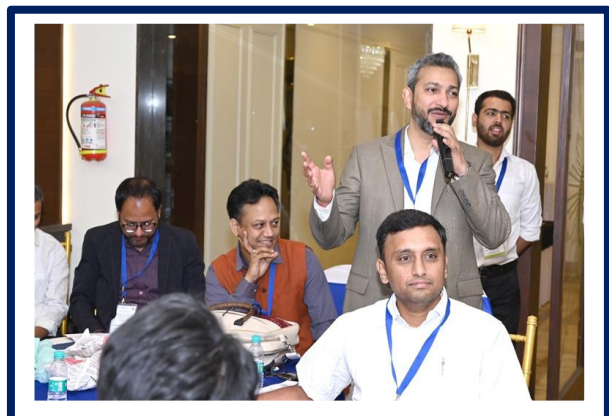
Madam, thanked Dr. Purohit, Dr. Giri, Dr. Dongre & Dr. Deshmukh for accepting the invitation to be the part of this workshop.

She also applauded Dr. Jayanti for her proactive assistance, guidance & leadership and appreciated Dr. Rawat for his presence and support.

The inaugural ceremony was concluded with the National Anthem.



The workshop then started with the introduction of the participants. There was Pan-India representation of the participants in the workshop.



List of Participants

S. No.	Name of the Participant	Designation	Affiliation
1.	Dr. Amrita Sarkar	Associate Professor	TRIHMS, Arunachal Pradesh
2.	Dr. Archisman Mohapatra	Executive Director	GRID Council, New Delhi
3.	Dr. Abhishek Raut	Professor	MGIMS, Wardha
4.	Dr. Amit Sachdeva	Assistant Professor	IGMC, Shimla
5.	Dr. Anurag Chaudhary	Professor & Head	Dayanand Medical College, Ludhiana, Punjab
6.	Dr. Ayan Ghosh	Faculty cum Epidemiologist	College of Medicine & JNM Hospital, Kalyani
7.	Dr. Dewesh Kumar	Assistant Professor	RIMS, Ranchi
8.	Dr. Gargi Pandey	Senior Resident	LLRM, Meerut
9.	Dr. Hariom Solanki	Assistant Professor	GMIS, Noida
10.	Dr. Ipsita Pal	Scientist-D	ICMR-NE, Dibrugarh
11.	Dr. Janki Bartwal	Assistant Professor & Head	VCSGGMSR, Srinagar
12.	Dr. Kapil Goel	Assistant Professor	PGIMER, Chandigarh
13.	Dr. Kanakmeet Anand	Junior Resident	GMC, Haldwani
14.	Dr. Kunal Chaudhary	Junior Resident	GMC, Haldwani
15.	Dr. Karishma Garhwal	Junior Resident	VCSGGMSR, Srinagar
16.	Dr. Mohd. W. F. Ansari	Associate Professor	ESIC-MC, Gulbarga
17.	Dr. Manish Kumar Singh	Assistant Professor	RMLIMS, Lucknow
18.	Dr. Niharika Verma	Senior Resident	LLRM, Meerut
19.	Dr. Priya Wani	Senior Resident	LTMMC & GH, Mumbai
20.	Dr. Parul Sharma	Professor & Head	GMERS, Patan, Gujarat
21.	Dr. Richa Gautam	Assistant Professor	HIMSR, New Delhi
22.	Dr. Sanjeet Panesar	Associate Professor	ABVIMS & RML Hospital, New Delhi
23.	Dr. Shefali Chamoli	Junior Resident	VCSGGMSR, Srinagar
24.	Dr. Shib Sekhar Datta	Professor & Head	Tripura Medical College, Agartala
25.	Dr. Surendra Singh	Assistant Professor	VCSGGMSR, Srinagar
26.	Dr. Suthanthira Kannan S	Assistant Professor	ESIC, Chennai
27.	Dr. Varun Gaiki	Professor	MRIMS, Hyderabad
28.	Dr. Varun Wani	Senior Resident	LTMMC & GH, Mumbai
29.	Dr. Varun Arora	Professor	PGIMS, Rohtak
30.	Dr. V. Karthikeya	Junior Resident	AIIMS, Patna
31.	Dr. Vinod Kumar Chayal	Professor	PGIMS, Rohtak

Pre-Test

Before the first workshop session, a pre-test questionnaire was handed to the participants. The questionnaire had questions related to the fundamental skills that workshop participants were supposed to acquire. The skills were related to the planning, execution, analysis, and reporting of the qualitative study. The purpose of the test was to know how well the participation in this workshop enabled the participants to develop the desired competency and to evaluate how well the workshop worked.



Session on: Introduction to Qualitative Research

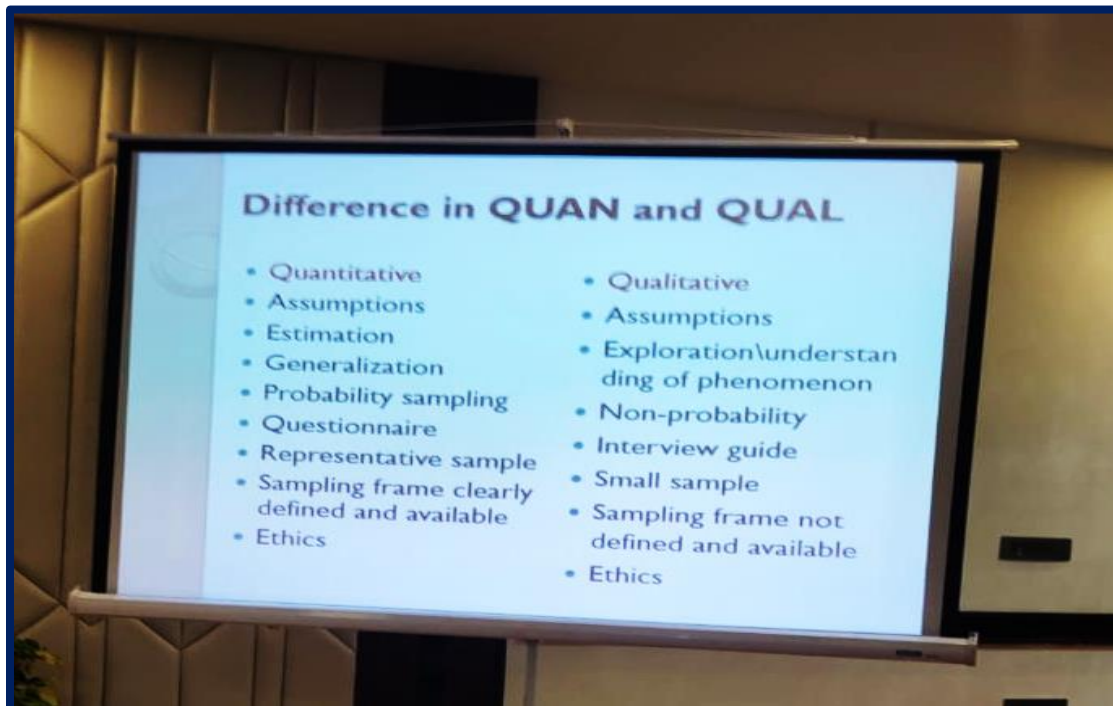
The workshop began with ground rules of the workshop in which the Dr. Amol Dongre Sir emphasised that there will be some theoretical input sessions to aid the participants in brushing up on fundamental research methodologies, followed by the actual training with the software along with a demonstration. As a result, both theoretical and practical sessions was planned so that the participants can comprehend, value, and interpret the results in a meaningful way.



	Analysis	Data
Qualitative	[A] Interpretive text studies	[C] Searching for meaning in quantitative research
Quantitative	[B] Turning words into numbers	[D] Statistical analysis of numerical data

Bernard et al (1996)

In this session, Dr. Dongre highlighted on the differences between quantitative & qualitative research & the goals of Qualitative Research i.e., exploration, description, comparison, generation of models and testing models. He also told that qualitative research helps to develop ideas or hypotheses for potential quantitative research. He also talked about different data sources for qualitative research like photographs, films, observation, field notes, diaries, reports, meeting minutes, networking sites, discussion forms, press clippings, social media posts and reflective writing etc.



Session on: Approaches to Qualitative Research

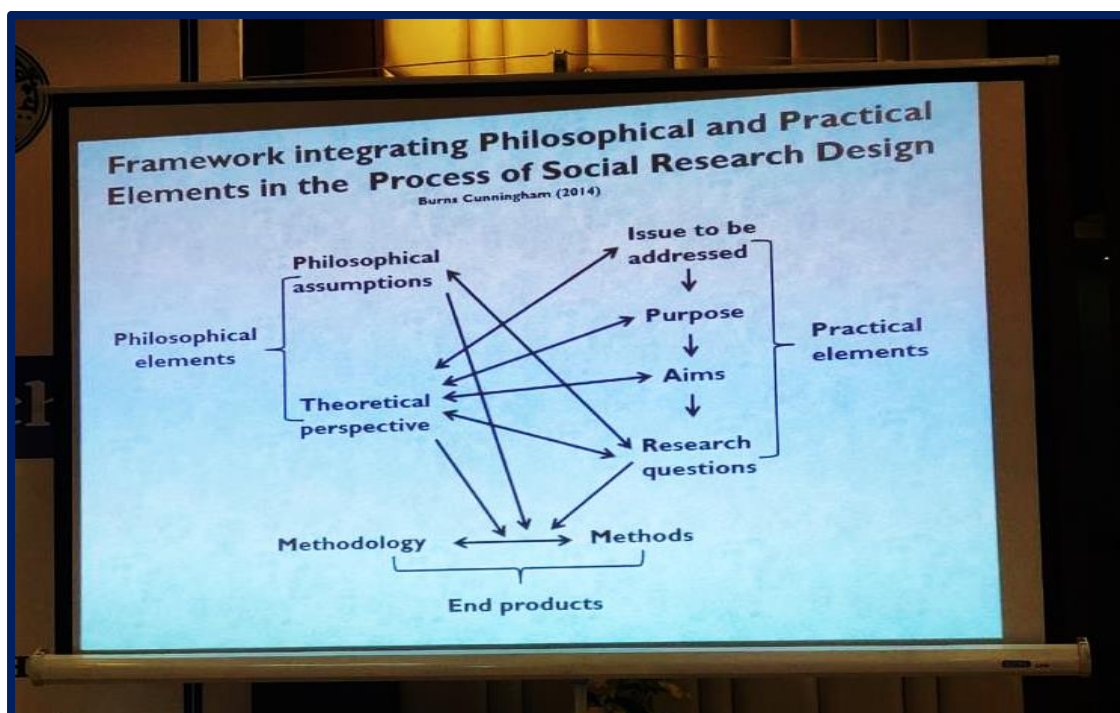
The next session was laid on the approaches in qualitative research, where he explained ethnography, phenomenology, phenomenography, and grounded theory in detail with the help of examples. Dr. Dongre also made it a point to think about the validity and the generalizability of the qualitative research. He further discussed the steps in designing qualitative research- research questions, paradigms, approach, methods, ethical issues, data analysis & reporting.

Approaches (Theoretical underpinning)

to describe or explore the situation by summarizing findings (**Descriptive design**)

to interpret situations (**Interpretive design**)

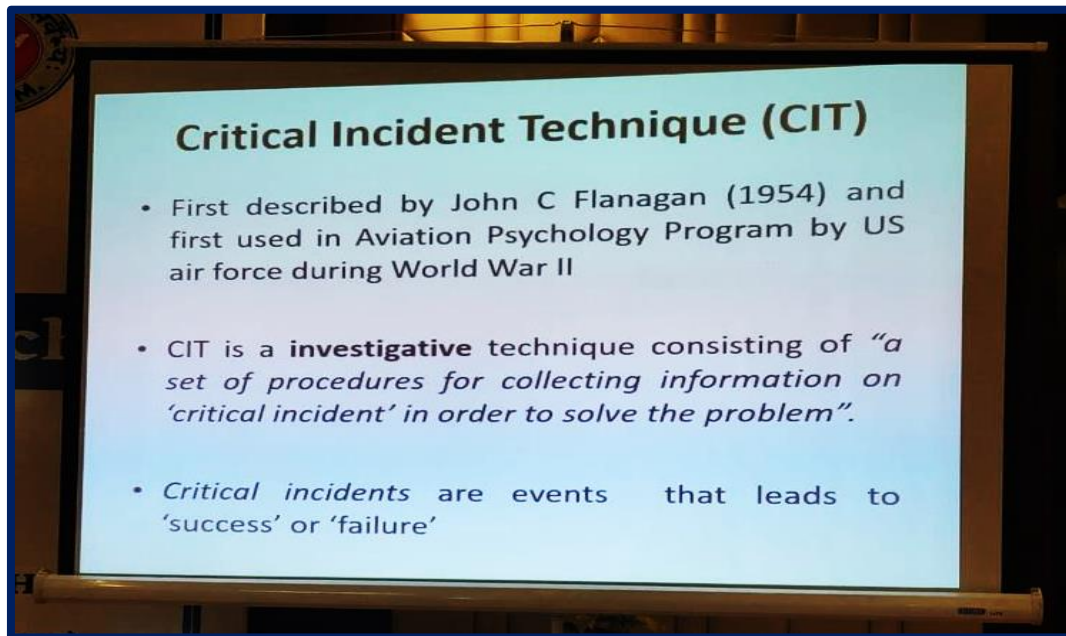
- Ethnography
- Phenomenology
- Phenomenography
- Grounded theory



The speaker also made participants to do some exercises on approaches during the session to make the things clear.



The next session was laid on the approaches in qualitative research, where he explained ethnography, phenomenology, phenomenography, and grounded theory in detail with the help of examples. Dr. Dongre also made it a point to think about the validity and the generalizability of the qualitative research. He further discussed the steps in designing qualitative research- research questions, paradigms, approach, methods, ethical issues, data analysis & reporting.



Critical Incident Technique (CIT)

- First described by John C Flanagan (1954) and first used in Aviation Psychology Program by US air force during World War II
- CIT is a **investigative** technique consisting of “a set of procedures for collecting information on ‘critical incident’ in order to solve the problem”.
- *Critical incidents* are events that leads to ‘success’ or ‘failure’



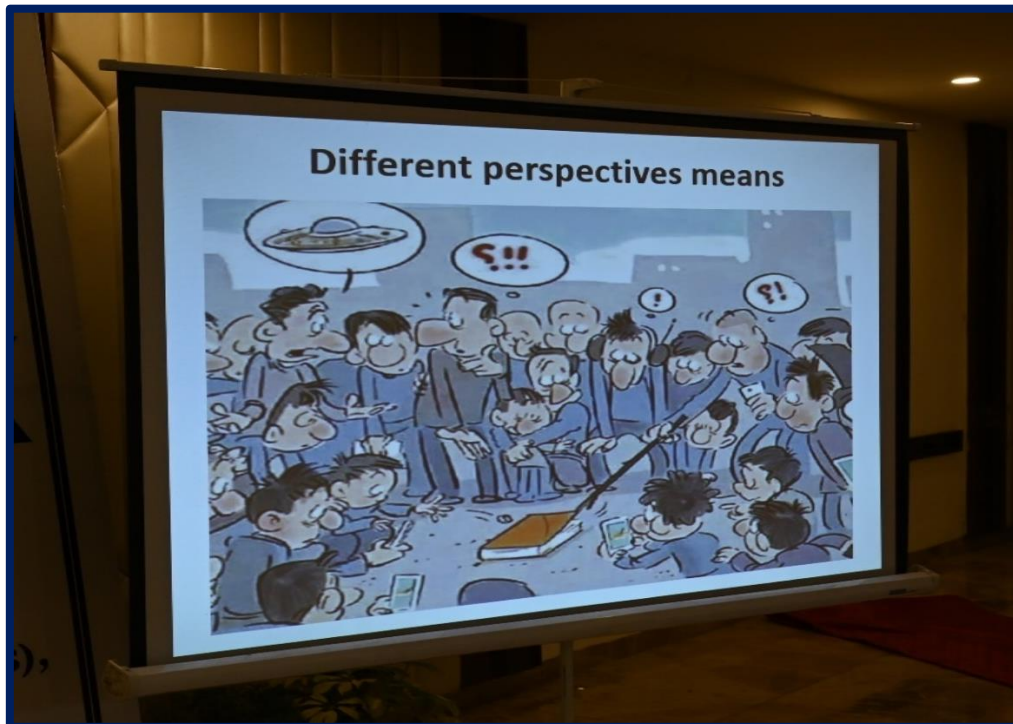
Appreciative leadership

- Strength based approach to change management
- Positive and supportive atmosphere
- Based on problem-solving and development of strategic plan
- Discovery – Dream – Design and Deliver (4Ds)



Session on: Group Techniques

The following session focused on group techniques, which are largely based on the constructivist paradigm of knowledge construction and have the goal of examining the many viewpoints of the participants on a specific topic or programme. Dr. Dongre described how participatory research and other descriptive and interpretative strategies of qualitative research frequently involve group and one-on-one interviews.



Session on: Group work & Hands-On

Dr. Dongre explained in detail about focus group discussion (FGDs) in which he said that focus group discussion brings people together to discuss a particular topic of interest by bringing them together based on their shared experiences or backgrounds. He added that questions in FGDs must direct on participants' views, attitudes, beliefs, opinions, or ideas are asked in this type of qualitative research. He described that participants in focus group talks are free to converse with other group members; unlike other research methodologies, this method promotes conversation with other participants. Typically, a small group of 8 to 12 people participate in an FGDs. The FGDs is moderated by an interviewer and is loosely structured to cover a range of interesting subjects.

He also discussed the distinction between focus groups and group interviews. In a group interview, the moderator controls the dynamics and assumes an investigative role. They ask the list of questions to each participant in turn, with no mutual interaction among the participants. It is based on the replication of one-on-one qualitative interview mechanics on a larger scale, but in focus group discussions (FGDs), the moderator plays a supporting role and fosters interaction among group members. As a result, group interviews are beneficial for examining various viewpoints of individual participants, while FGDs are useful for examining group norms, expectations, and census.

Following this, there were group activities. The participants were split into two groups, one for the FGD exercise and the other for the group interview. They were given a situation to work with before having to do a FGD and group interview.



Focus Group Discussion & Group Interview Activities



Session on: How to develop Research Proposal on Multi-centric study/ Project

In this session, Dr. Shib Shekhar Datta discussed with the participants on “Designing a multi centric project (Qualitative or mixed-method project).” He requested that participants on each table to discuss among themselves and develop concept note on a multi-centric project proposal or think over the broad areas and form aims and objectives (including assumptions, epistemology and ontology) for it. Dr. Shib also emphasized that participants must include theory, approach, paradigms for the same. Dr. Archisman Mohapatra and Dr. Abhishek Raut were requested to supervise the participants on each table.

In between, Dr. Shib also provided participants with hints to concentrate more on study subjects, sample size, technique, and data source (primary or secondary, qualitative, or both). Additionally, he urged the participants to consider the funding agency, collaborators, operation manual, ethical considerations, data management & data transfer, quality assurance plan and finally reporting and publication when developing a project proposal.



Following project proposals were framed by the participants:

S. No.	Broad Area/Theme/Title	Name of the Participants
1	1.Hep C screening in drug users/ health in Private sector 2. Health seeking behaviours in tribal populations.	1. Dr. Kapil 2: Dr Surender 3: Dr Ishita 4: Dr. Varun 5: Dr Kunal 6: Dr Amrita
2	How is menarche experienced by young adolescent girls in India?	1. Dr. Hariom Kumar Solanki 2. Dr. Waseem 3. Dr. Vinod 4. Dr. Shaili 5. Dr. Neha 6. Dr. Ayan Ghosh
3	HPV vaccination amongst adolescents.	1. Dr. Manish Singh 2. Dr. Karthikeyan V 3. Dr. Dewesh Kumar 4. Dr. Amit Sachdeva 5. Dr. Karishma 6. Dr. Shefali
4	Exploring the Role of Online Teaching Methods in Navigating the Transition from Medical Student to Intern: A Multi-Center Qualitative Study of Intern Experiences in Medical Colleges	1. Dr Suthanthira Kannan S 2. Dr Sanjeet Panesar 3. Dr Gargi Pandey 4. Dr Niharika Varma
5	Perceptions regarding PCOS among adolescent girls in urban and rural areas	1. Dr. Abhishek 2: Dr. Archisman 3: Dr. Parul 4: Dr. Richa 5: Dr. Varun Wani
6	Barriers in identification & Management of high-risk pregnancies in rural areas.	1. Dr. Shib Shekhar Datta 2: Dr. Anurag Chaudhary 3: Dr. Varun Arora 4: Dr. Janki Bartwal 5: Dr. Priya Wani



Day-2

Session on: Some Insights into WHO collaboration Research studies

Dr. Ahmad, NPO (Research), WHO, India, gave the first presentation on the second day of the workshop. He discussed how WHO supports the idea of turning research into policy and specifically focuses on underprivileged and tribal people. He emphasised that in order to implement it at the state level, priorities must be determined. He also talked about important considerations for proposals like topic must be of public health importance, innovative, has potential for policy & strategy framing & must be ethically robust in order to receive assistance from the WHO. There must be expertise and infrastructure to execute it with strong dissemination plan.

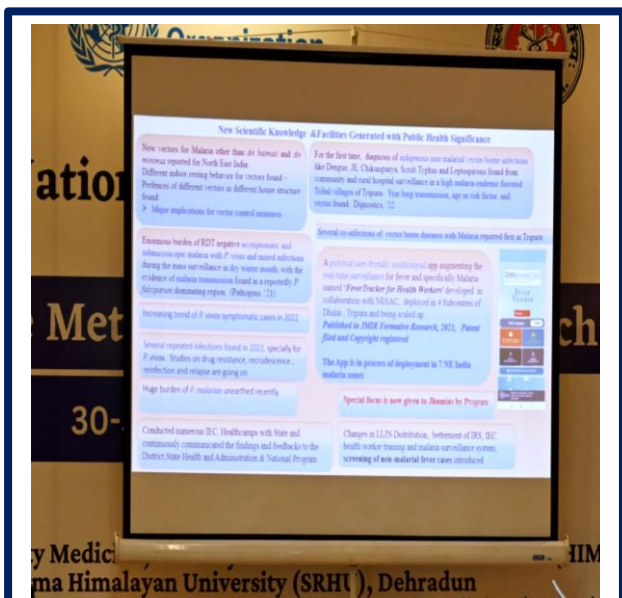
The priority areas for lab-based research, such as seroprevalence studies, mucoprevalence studies, surveillance studies, etc., were also discussed by Dr. Ahmad. He also discussed about the types of research proposals at WHO, for example proposals initiated by institutes & expert committees, call for proposals by WHO-SEAR & WHO-HQ on NCDs and SARS-CoV-2, MoHFW initiated studies etc. In addition to directing the participants for technical teams on NCD, NPSP, communicable diseases, health security, and RMNCH+A at WHO national office, India, he underlined the need of well-written research proposals for WHO support and offered crucial contact emails for future project collaboration.





Session on: ICMR Research Studies in North East

Dr. Ipsita Pal, scientist-D at ICMR, north-east, Dibrugarh, led the following session. Madam talked about the research initiatives that are currently being conducted in the difficult-to-reach regions of the north-east, particularly in areas where malaria is a problem. She also discussed about the FGD that was conducted on nonuser of repellents in villages of Tripura. She even discussed the difficulties encountered while gathering the data and how their team had to alter the timings and organise a creative screening time & venue dependent on the availability of the locals. Through her research, which resulted in the creation of new scientific knowledge & facilities with public health implications, she demonstrated a considerable improvement in LLIN usage-related behaviour among the general public.



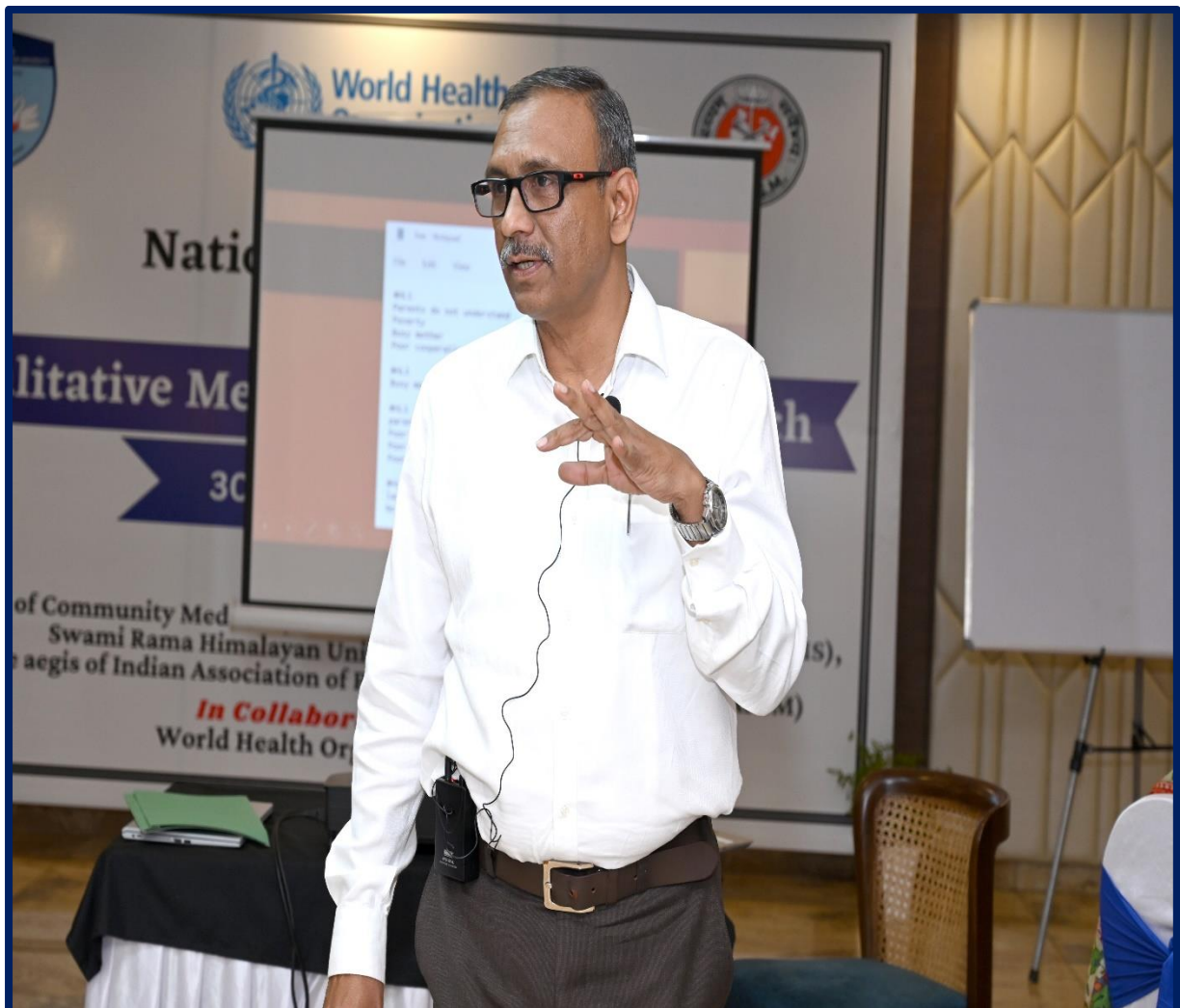
Session on: Recap of Day-1 & One-One Interview

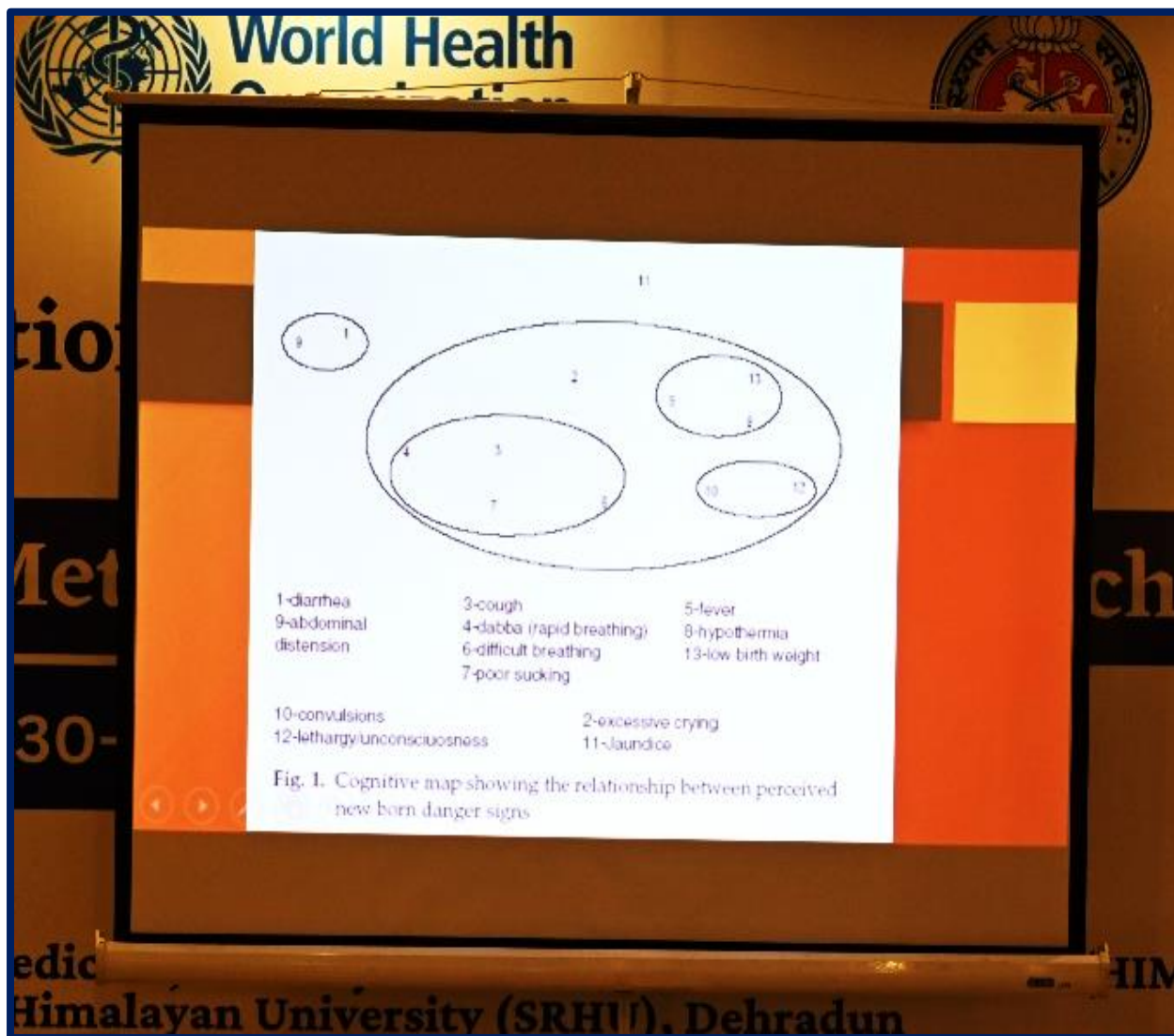
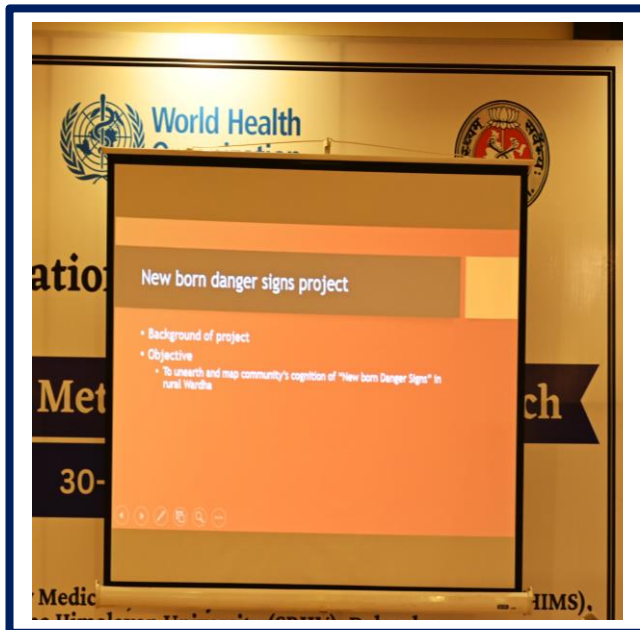
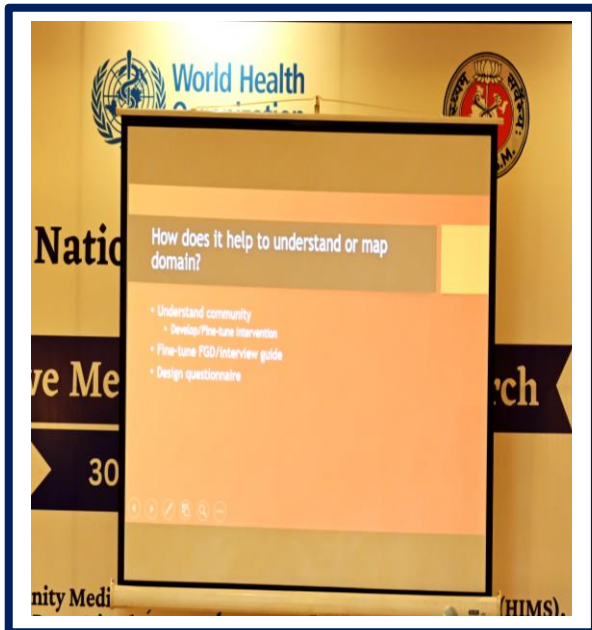
Following a brief overview of day-1 events, Dr. Dongre asked Dr. Shib Datta and Dr. Abhishek Raut to give the attendees a demonstration of the one-on-one interview technique. Dr. Dongre added that this is one of the most widely utilised methods in qualitative research. Later, he requested feedback from the participants on their impressions regarding the interview. He highlighted that the goal is to comprehend the world from the perspective of the interviewee. Additionally, the interviewer needs to inquire on the interviewee's answers' clarity and maintaining eye contact with the interviewee while doing the interview is crucial. He stated that an interviewer has the discretion to elicit additional information, examples, and experiences.



Session on: Mapping culture & Cognitive domain

The next speaker Dr. Pradeep Deshmukh talked about culture mapping & cognitive domain in qualitative research. He said that Cultural mapping is one of the most intriguing subjects to investigate and study. It is typically regarded as an emerging and multidisciplinary field between research and practise. It appears as a collaborative and interactive technique with primary focus on community participation. Culture mapping closely relates concepts of location & identity, whereas cognitive domain creates a visual depiction of a person's mental model. He further added that it can be a helpful tool for all phases of research, from data collection to data analysis and articulation of patterns. He also showed and discussed the cognitive map and even asked the participants to interpret the process and concept during the session.

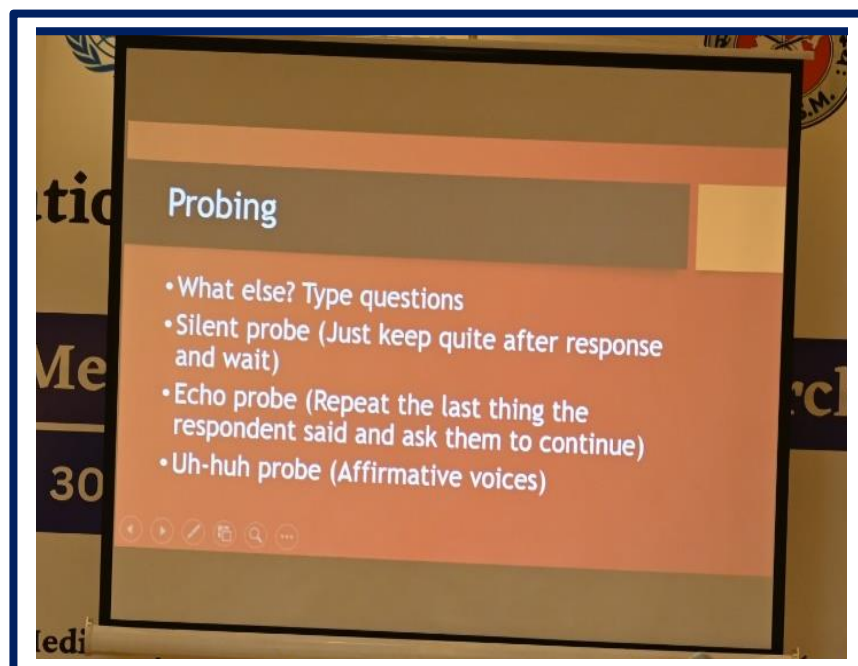
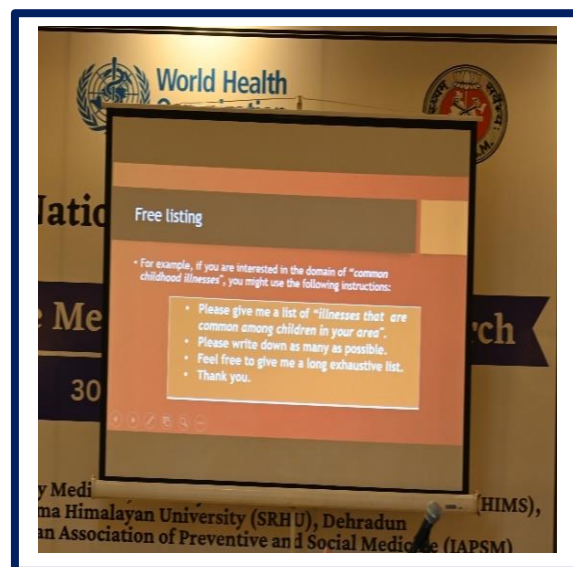
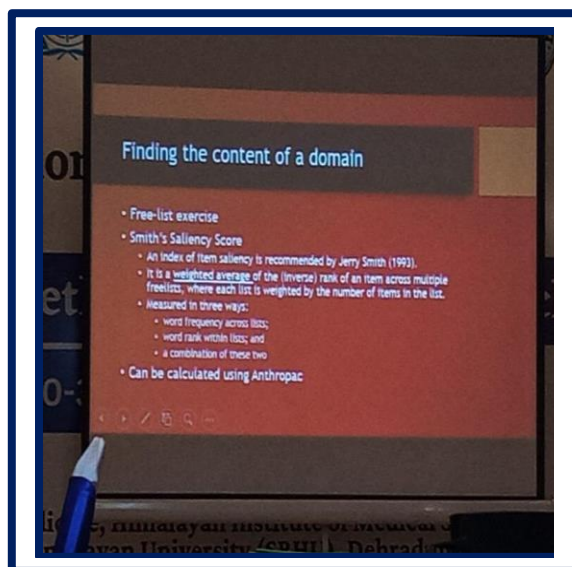




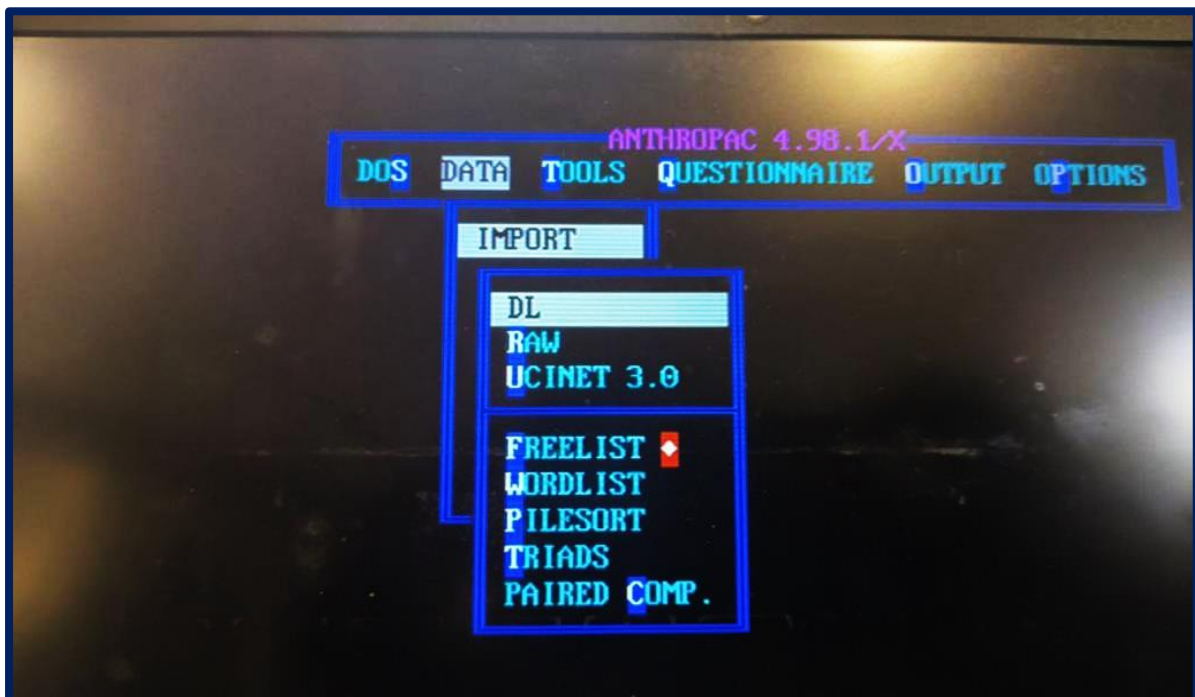
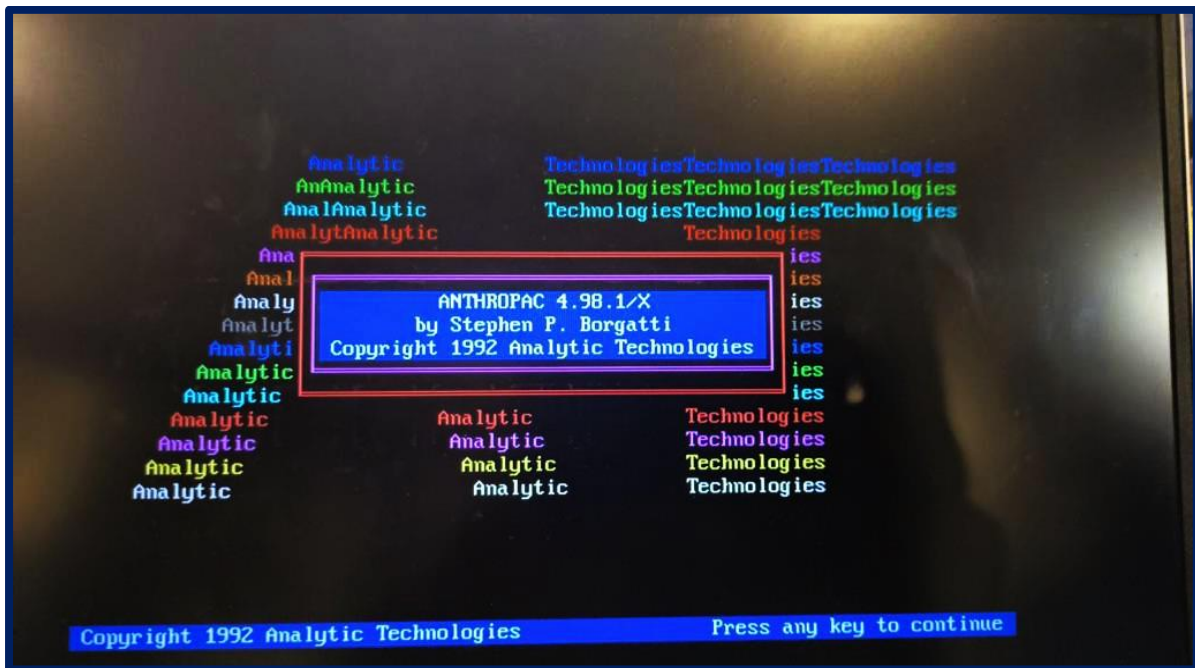
Session on: Free Listing

Dr Deshmukh further explained the concept of free listing to the participants. He discussed how the primary question is framed followed by preparation of free list recording form. He added that the process behind it is that firstly knowledgeable informants are identified preferably 10 and from them primary question is asked, each item is recorded simultaneously. He also discussed in detail about the probes which are used in between for fetching the answers. He described silent probe, echo probe and uh-huh probe in detail with example.

After the discussion, Sir gave the task to all the participants to identify any area of interest and develop a primary question. After that generate at least 6 free-lists. Participants enthusiastically participated in the task.



Session on: Introduction to Anthropac software



Session on: Pile Sort with demo



Hands-on activities for Free listing & Pile sorting



Valedictory Session

The valedictory ceremony was started with emotional statement by National President-IAPSM as he announced his resignation as president of the IAPSM, Dr. Harivansh Chopra. He congratulated and thanked organizing committee team members and WHO representatives for the successful conduction of the workshop. He also informed the entire audience about many activities and initiatives conducted by IAPSM during his presidency tenure that were conducted in accordance with the various medical colleges all over India. He further desired to continue similar events in the future and motivated all the participants to come upfront with their research work.

This was followed by the certificate and mementos distribution. The resource persons, guest speakers, WHO representatives were felicitated with the certificate and mementos followed by Appreciation certificates distribution to few Doctors for their valuable contribution in the workshop. All the participants received the certificate of participation. In the end, Dr. Chopra and Dr. Giri distributed the certificates and mementos to the organizing team members. The event was coordinated by Dr. Abhay Srivastava.





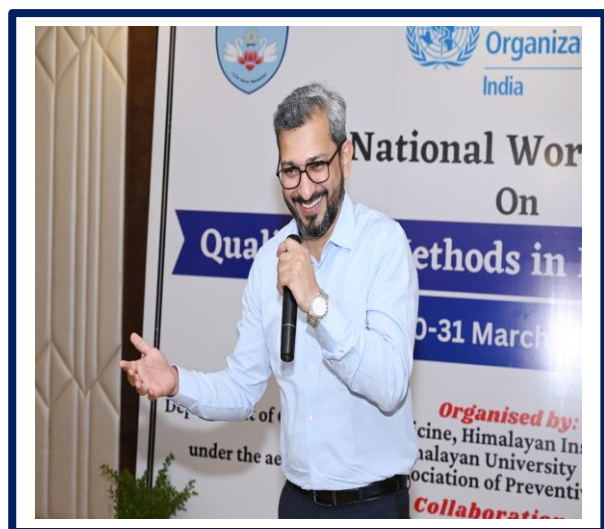




Feedback by the participants

Dr. Varun Arora, Dr. Archisman & Dr. Manish Singh expressed their personal experiences and deep insights during this workshop. They found the workshop quite interactive, with many group activities where team members switched between various groups and it felt like they have become an extended family. They all felt that personally they picked up a lot of new information from the workshop and not a single time did they leave any session without taking notes. Between sessions, they got the time together to talk, share and even prepare their future ideas.

They also expressed gratitude to the WHO representatives, facilitators, and resource people. They all praised the National President and Secretary General of IAPSM for their efforts and stated that IAPSM and WHO would collaborate in the future on projects and apply the lessons learned from this qualitative research workshop. The participants expressed a great deal of gratitude to the members of the organising team.



Vote of Thanks

At the conclusion of the workshop, Dr. Shaili Vyas presented the vote of thanks. She stated that being a part of this beautiful workshop has been a privilege. Ma'am expressed her gratitude to Dr. Harivansh Chopra for his unwavering support and direction. She also appreciated and thanked Dr. Ahmad whose efforts to make this workshop successful cannot be adequately expressed in words.

Ma'am expressed her gratitude to Dr. Vimlesh Purohit for serving as one of the strongest pillars throughout the workshop. She immensely thanked Dr. Amol Dongre & Dr. Pradeep Deshmukh for their humbleness to accept the invitation of the workshop as a resource person and wonderfully trained all the participants. Ma'am thanked Dr. Purushottam Giri for his constant backing & support. She also expressed her gratitude to the participant for their fervent engagement and this event would not have been possible without all of them. She further added that this magnitude of an event cannot occur over night, the planning process began months in advance. She took the opportunity to thank the very driven and committed Dr. Jayanti Semwal who guided at every step to make this workshop a huge success.

Ma'am expressed her heartfelt thanks to Mr. Vikas Bisht who skilfully managed and coordinated the food & lodging of the participants. At the end, she expressed her sincere gratitude to the Himalayan Institute of Medical Sciences, SRH University, and the faculty co-ordinators, Dr. Abhay Srivastava, Dr. Surabhi Mishra & Dr. Neha Sharma, interns, MSc. Epidemiology students & MBBS students for great team work and for their impromptu coordination throughout the workshop on behalf of Dept. of Community Medicine.

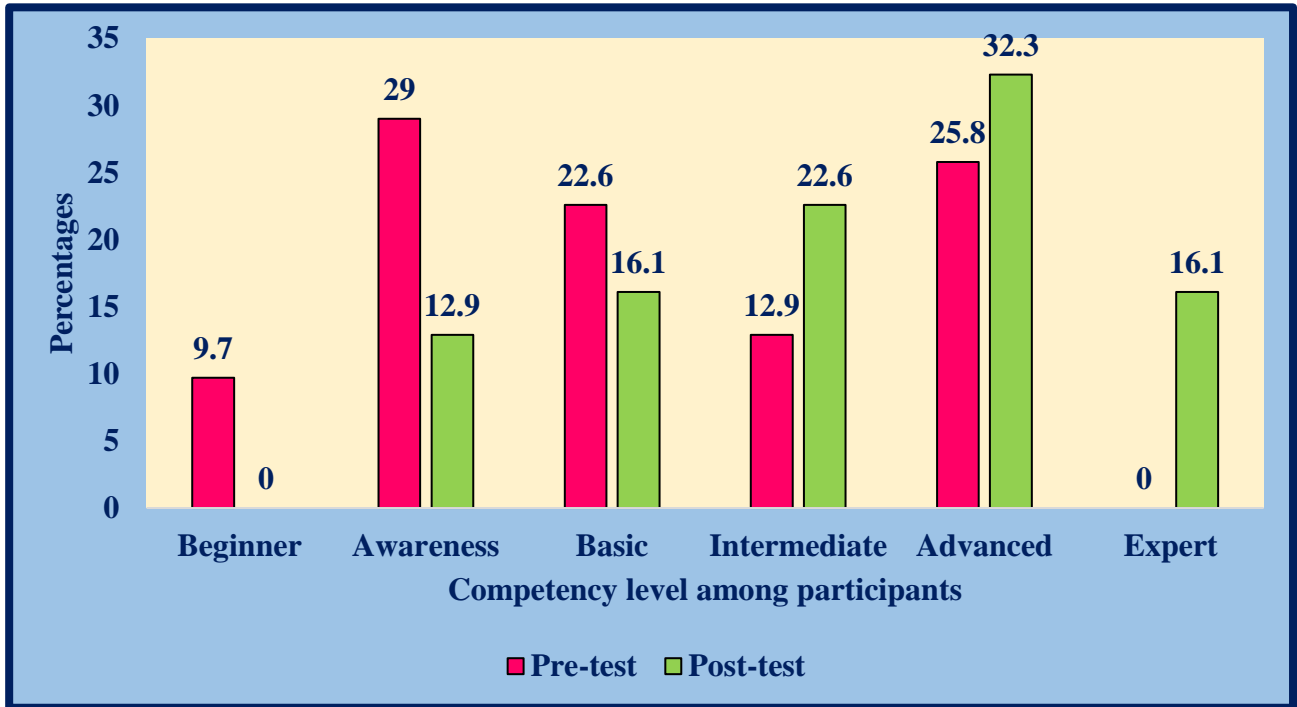




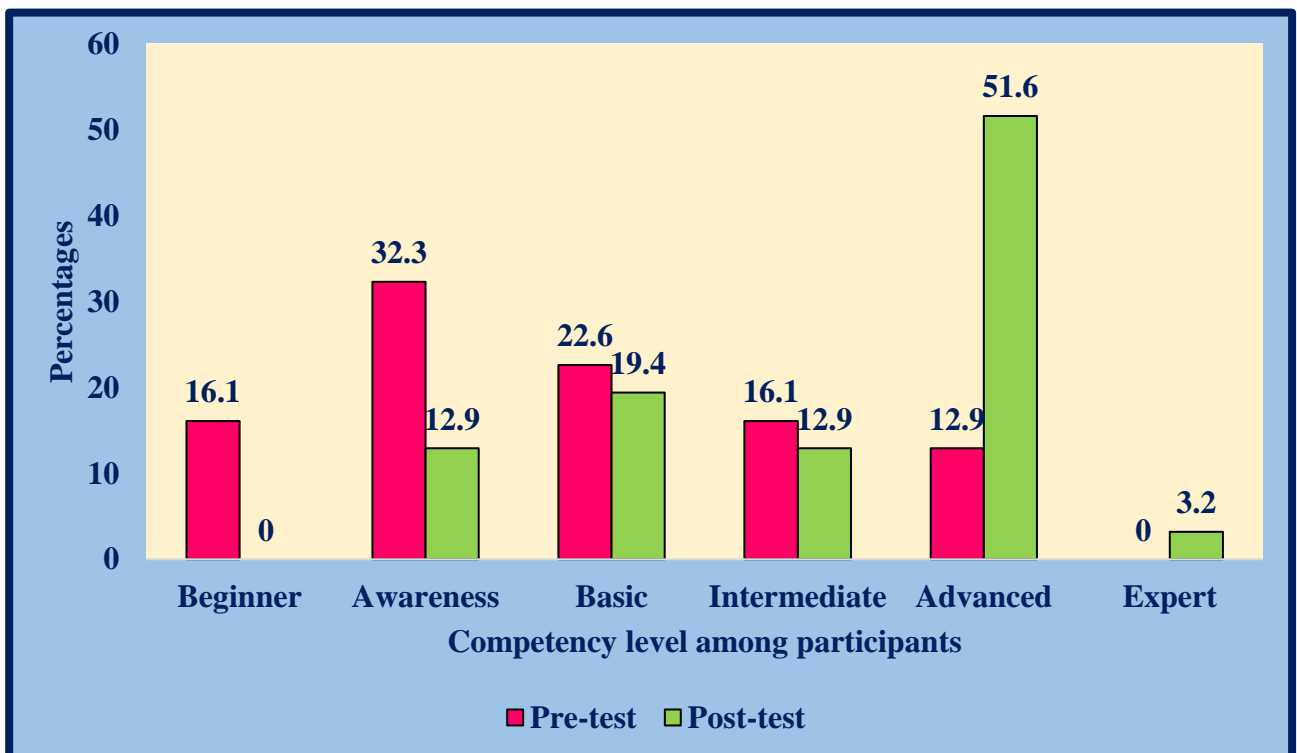
***“Tell me and I forget. Teach me and I remember.
Involve me and I learn.”
— Benjamin Franklin***

RESULTS OF PRE-TEST vs POST -TEST ATTEMPTED BY THE PARTICIPANTS

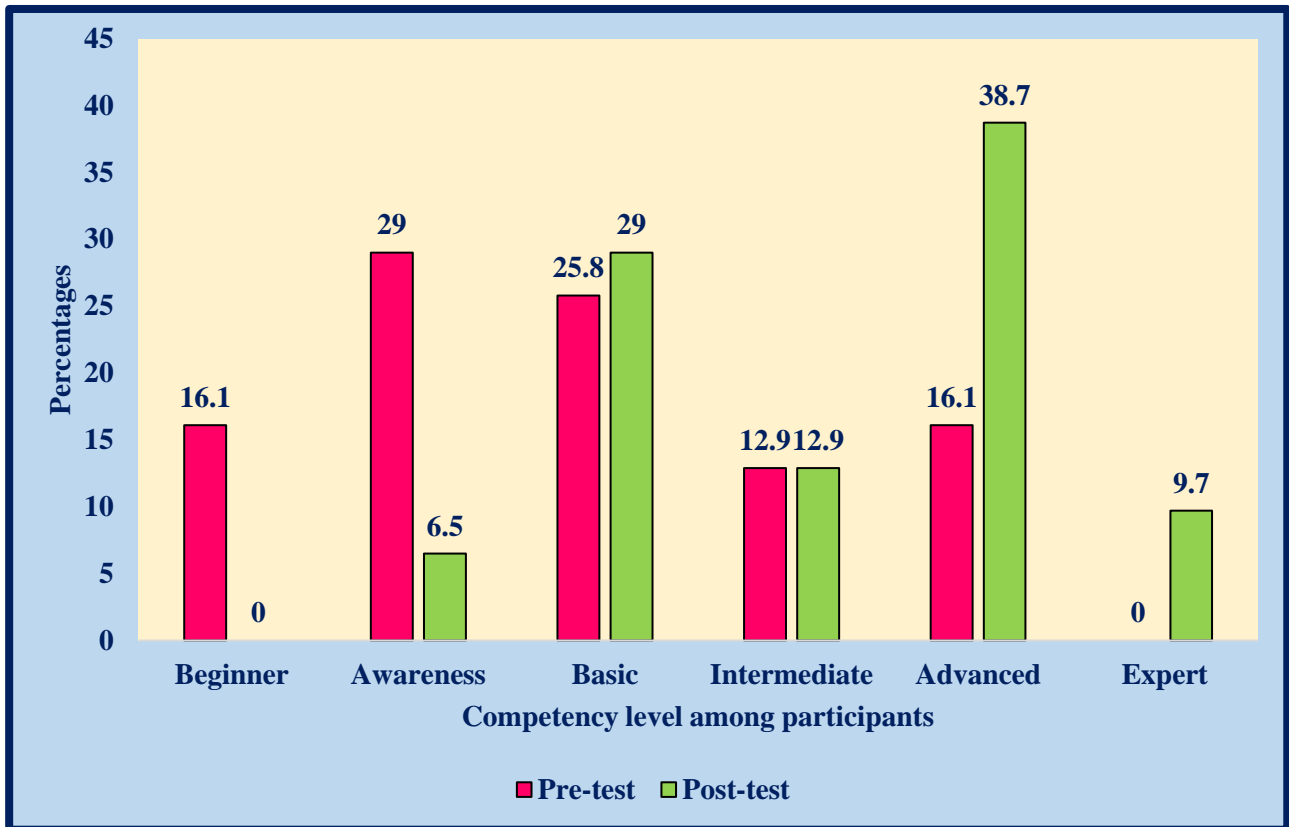
1. Understanding of Qualitative Methods



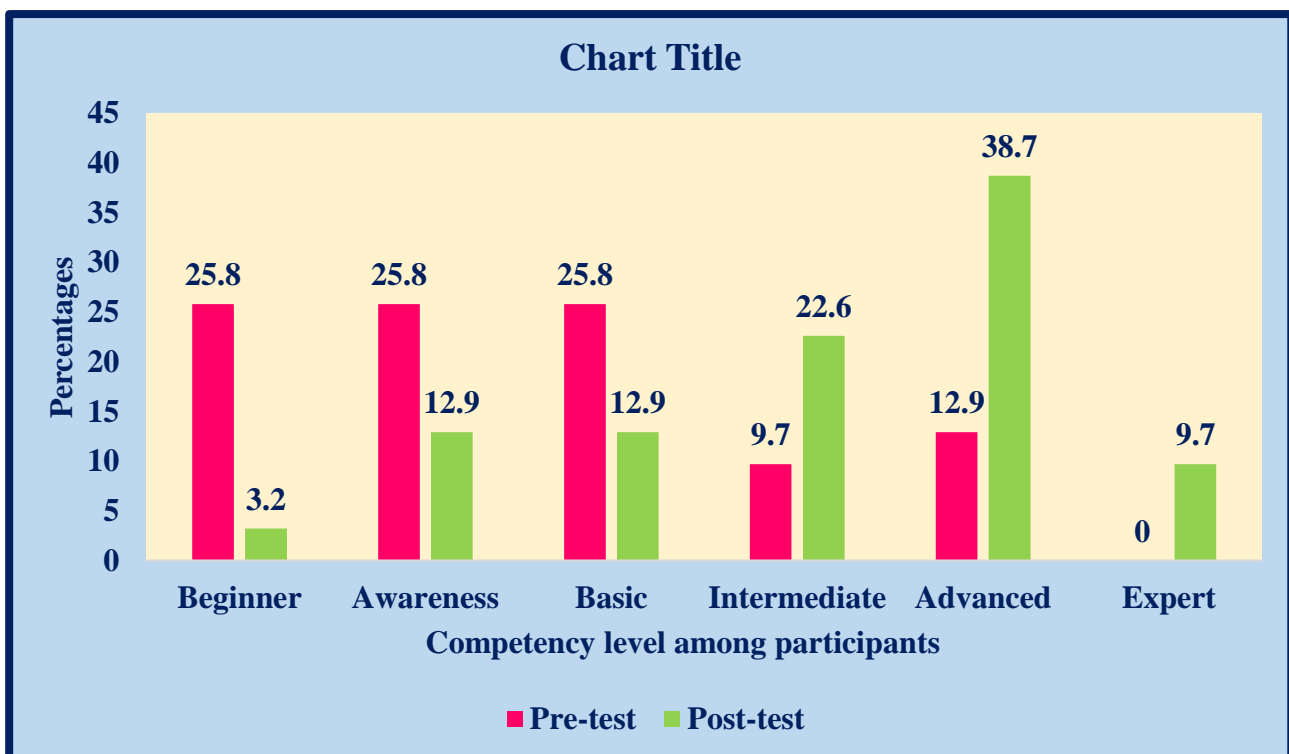
2. Designing a qualitative study



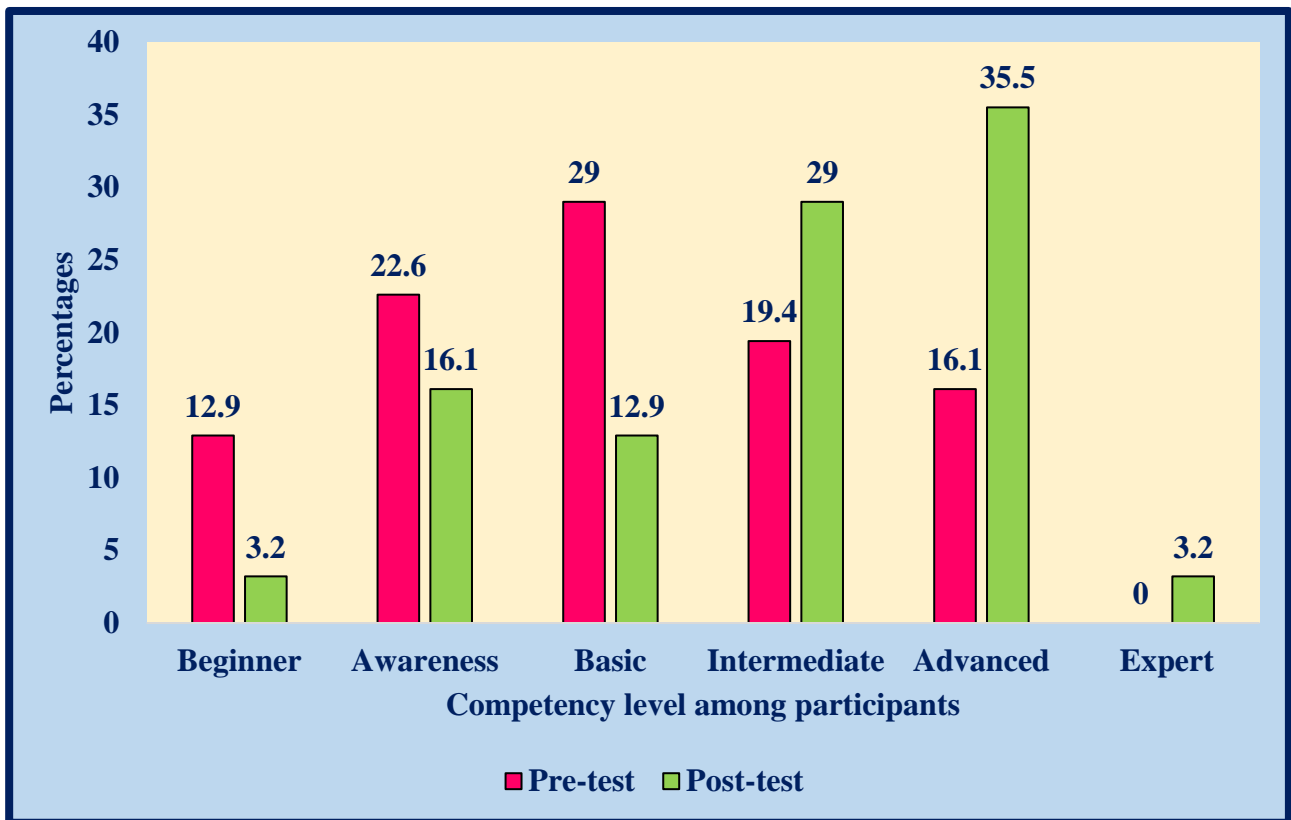
3. Choosing the appropriate research question for qualitative study



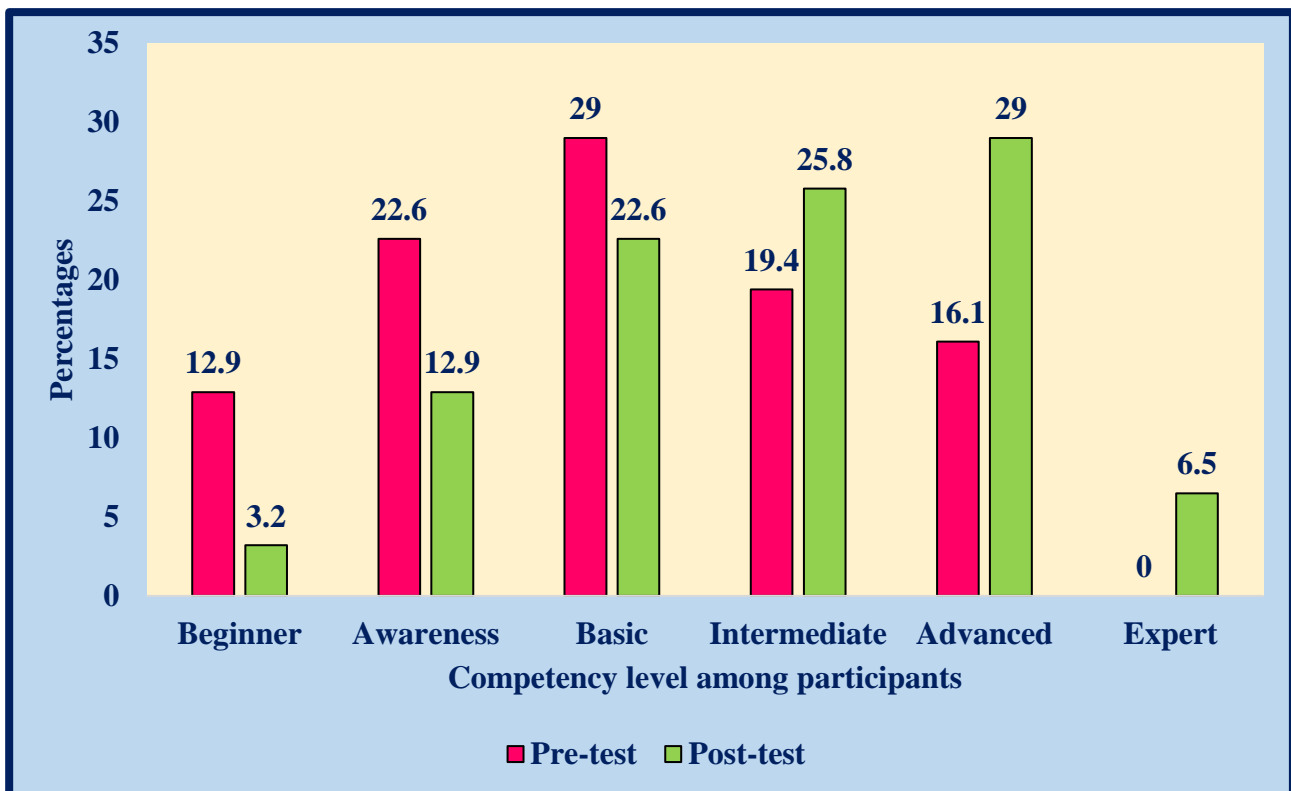
4. Choosing appropriate qualitative methods



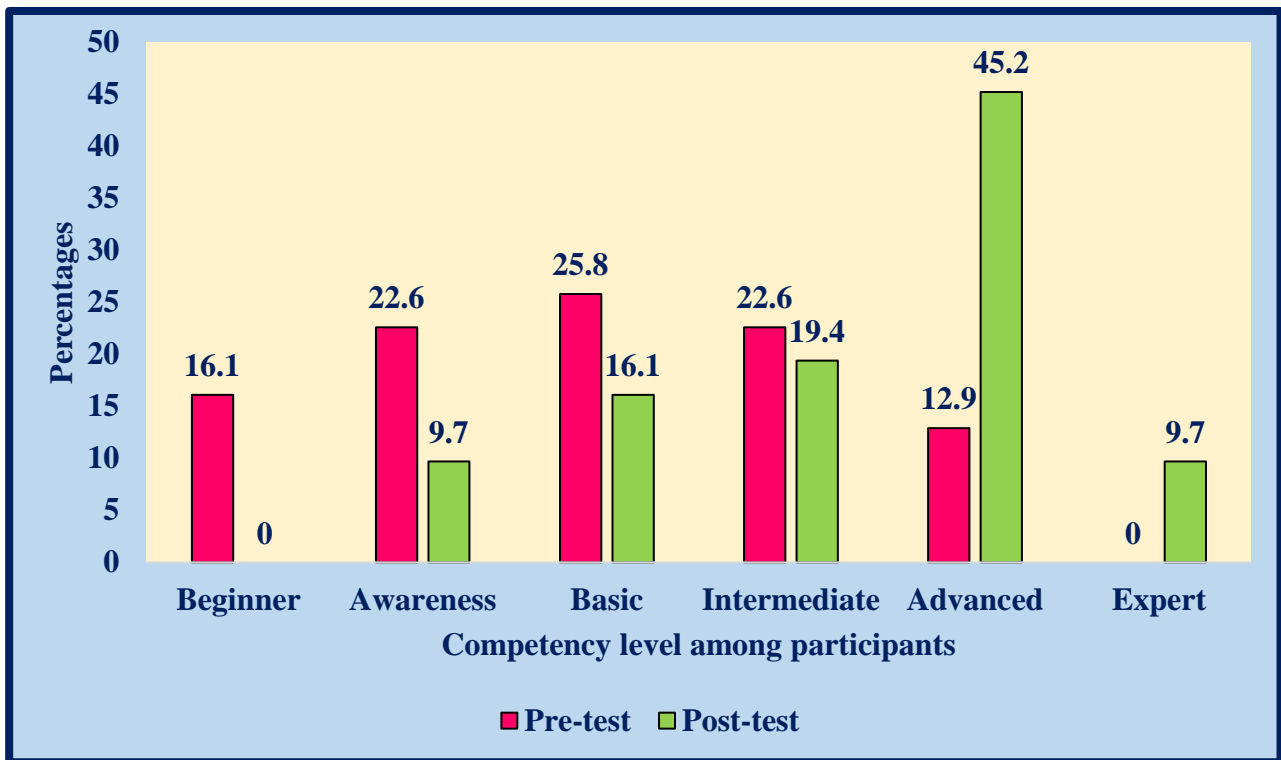
5. Preparing a qualitative tool guide



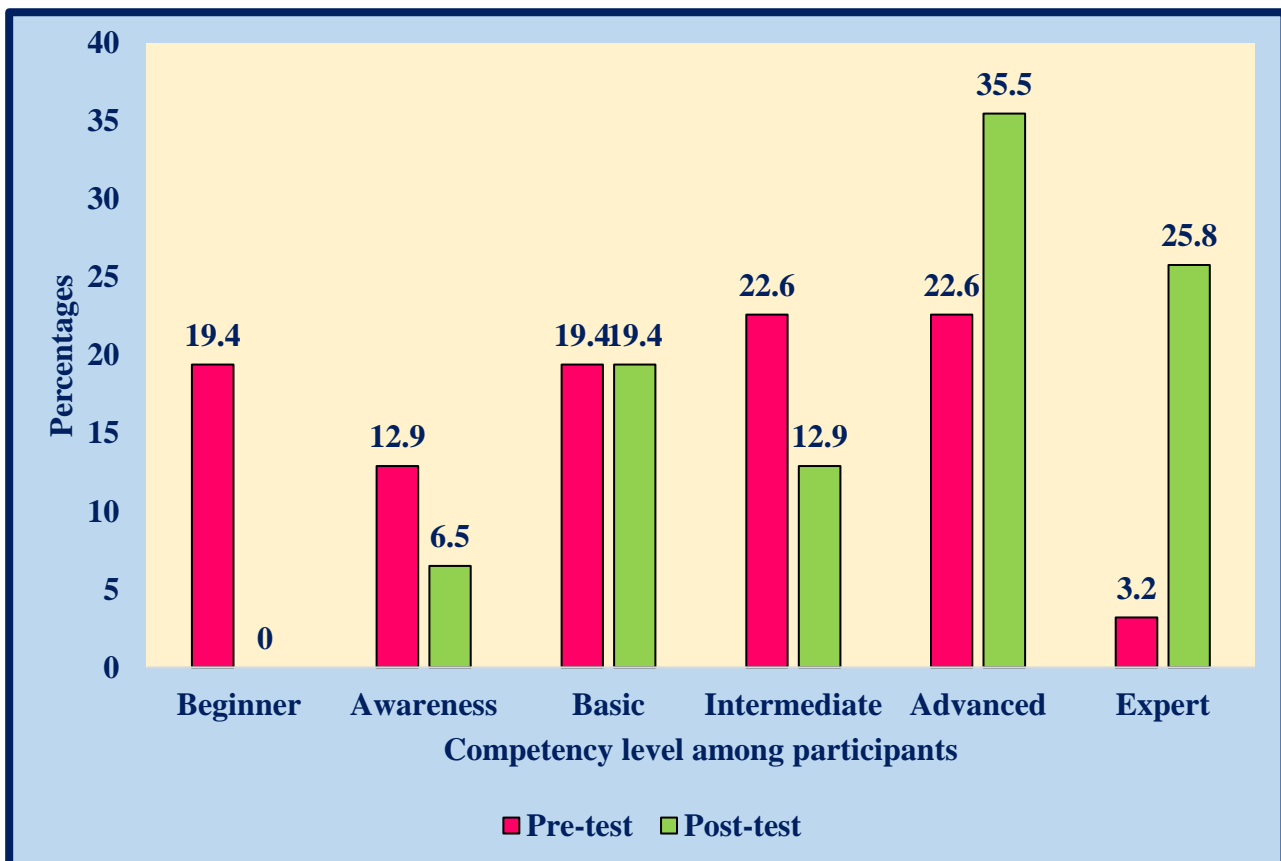
6. Deciding "Sample Size"



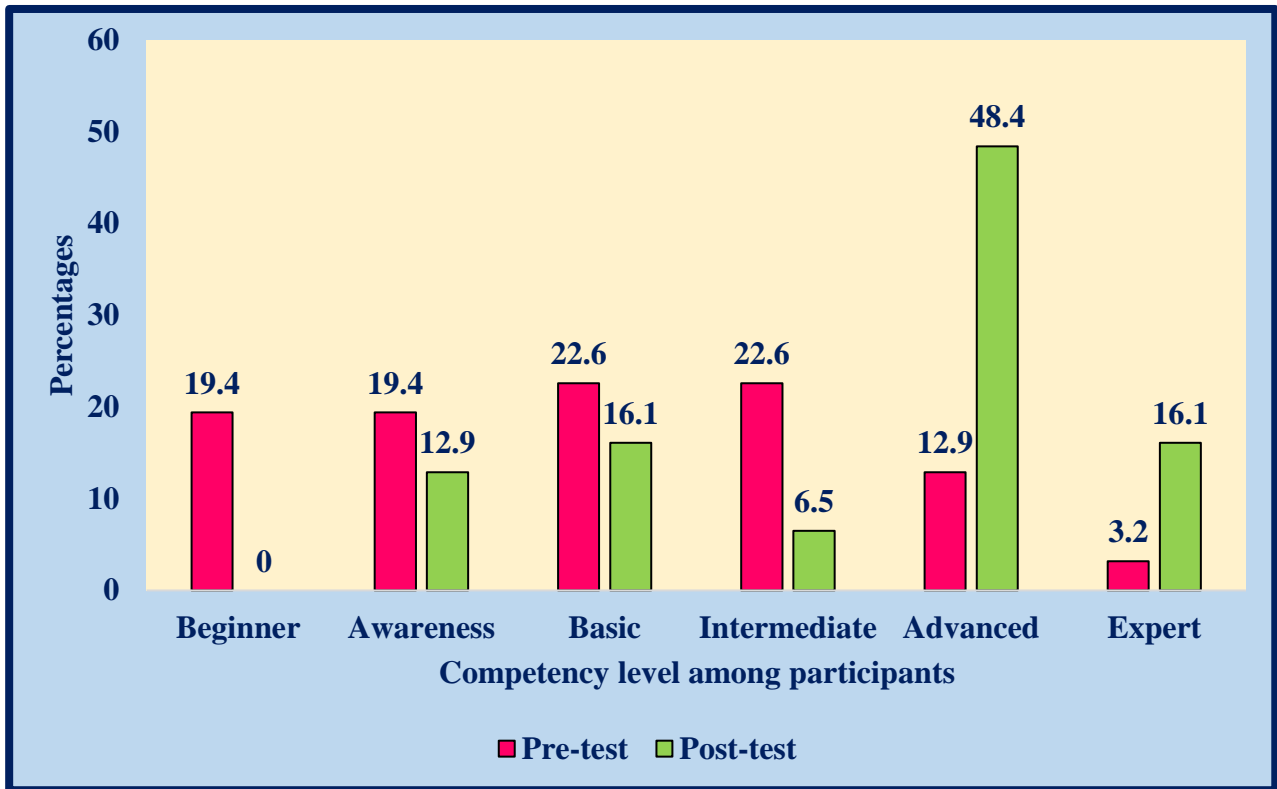
7. Choosing appropriate respondents



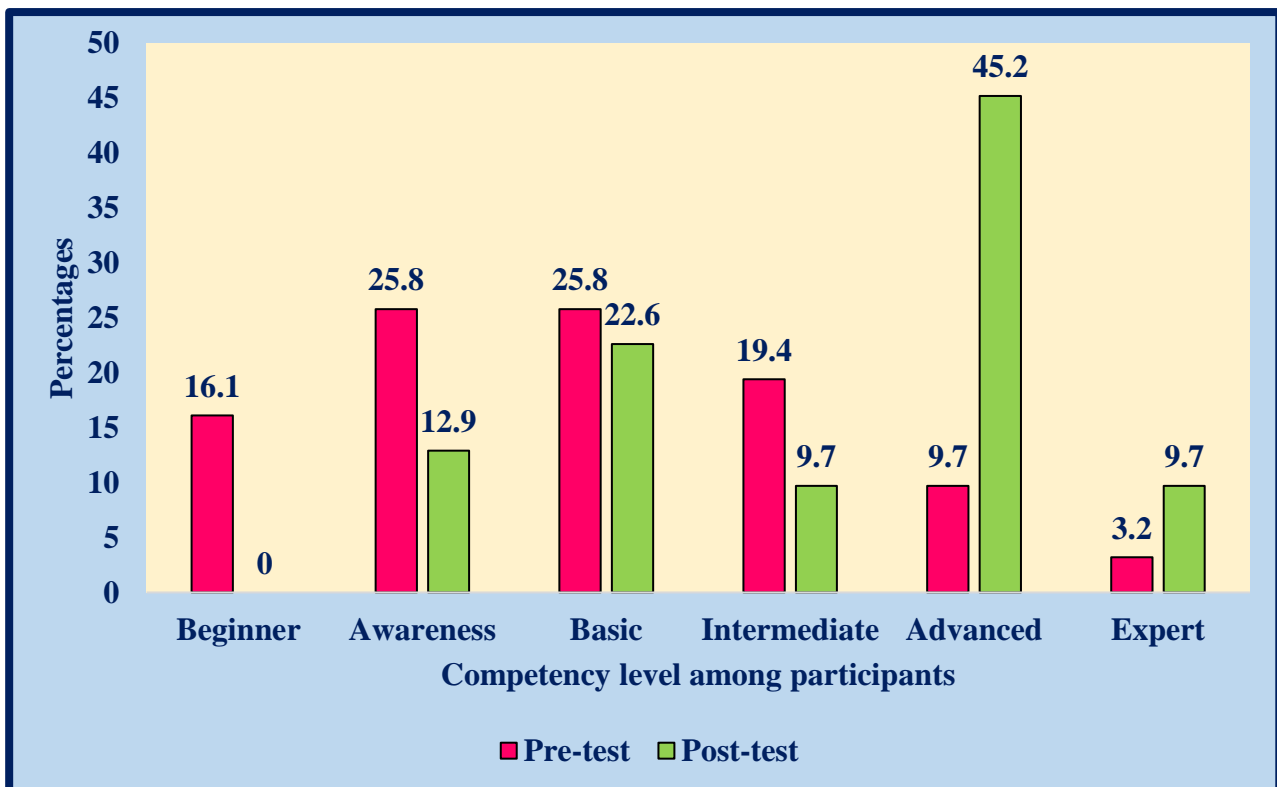
8. Conducting an FGD



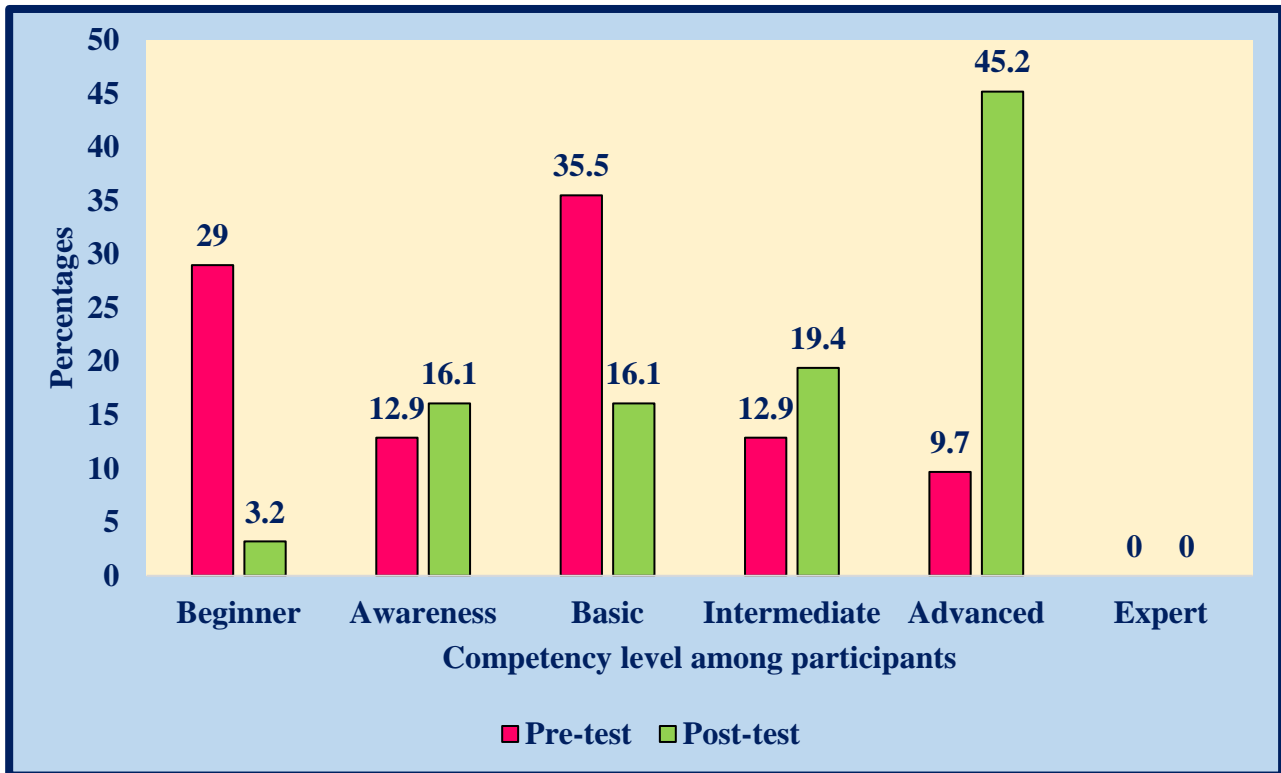
9. Conducting an IDI/KII



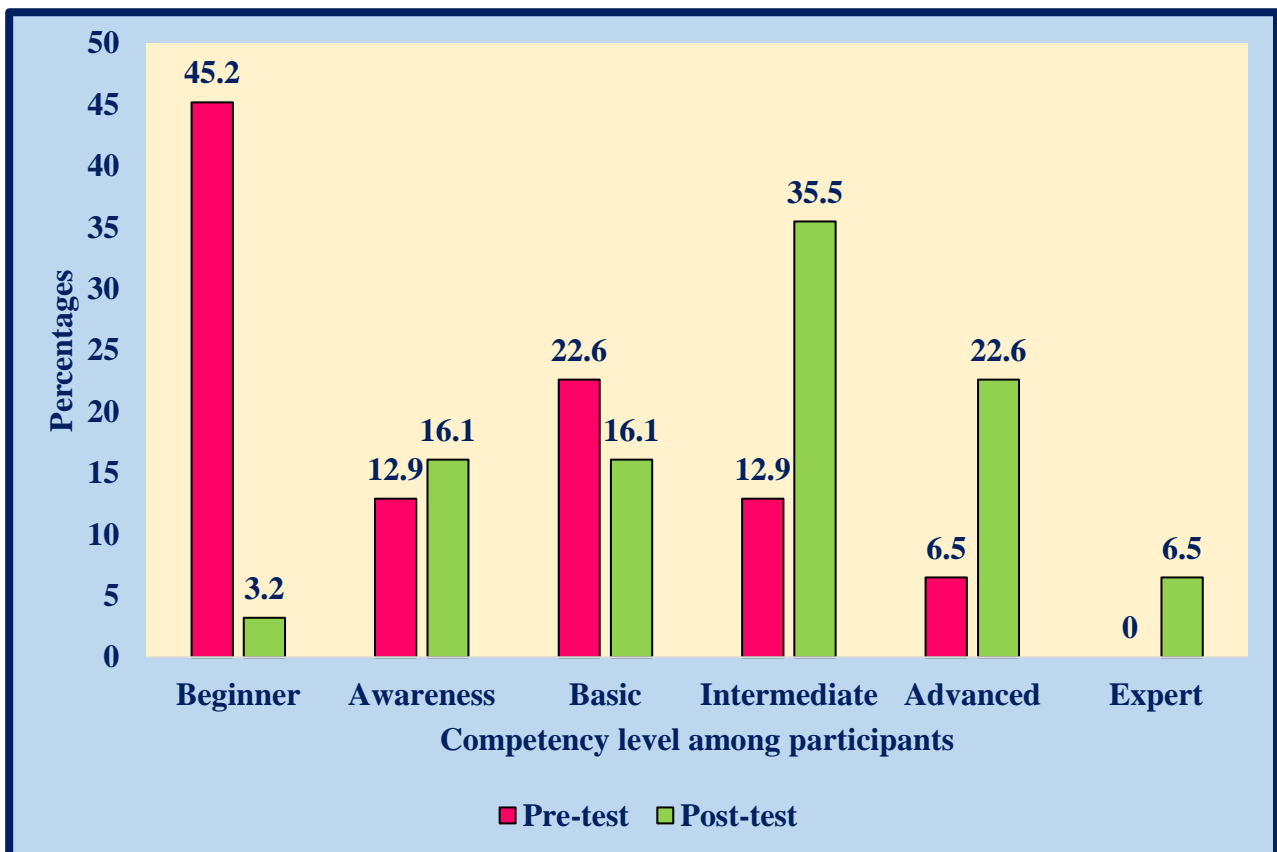
10. Using observation as a Qualitative Method



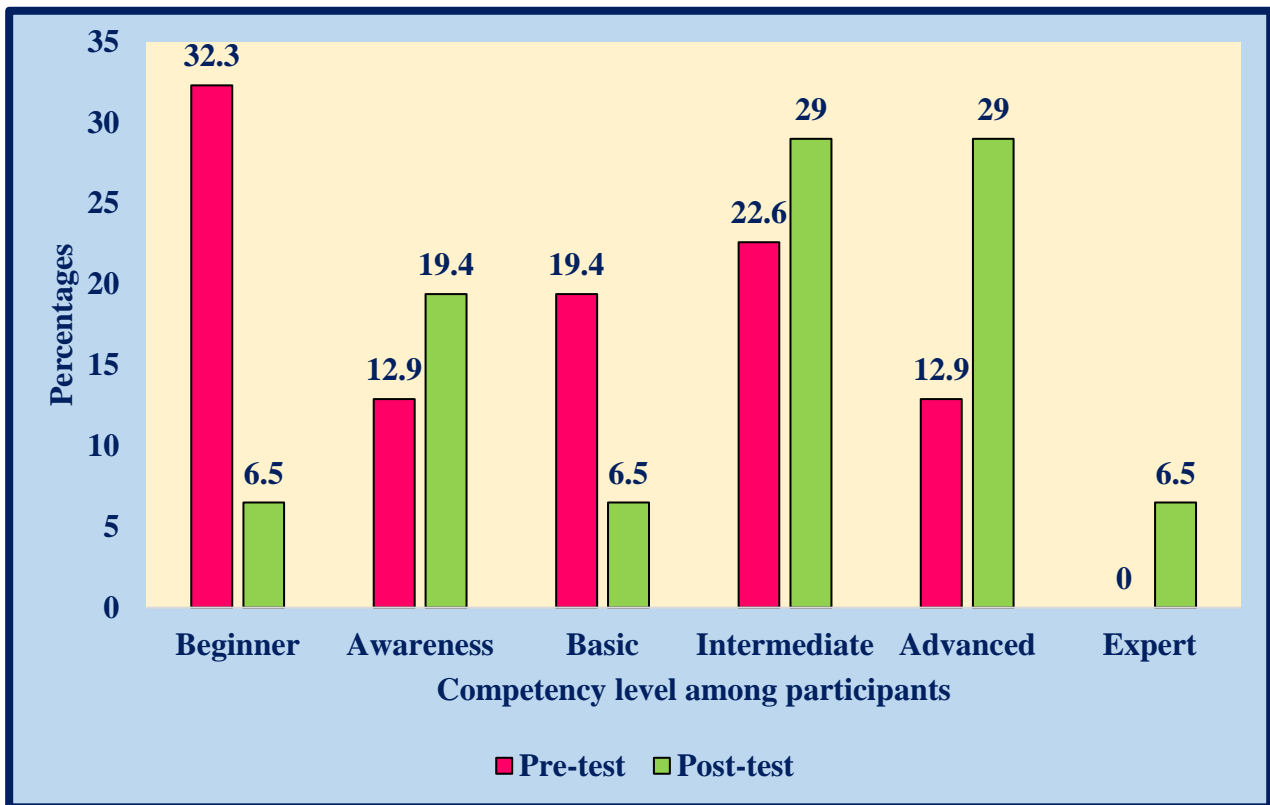
11. Using Participatory Learning and Action (PLA) methods



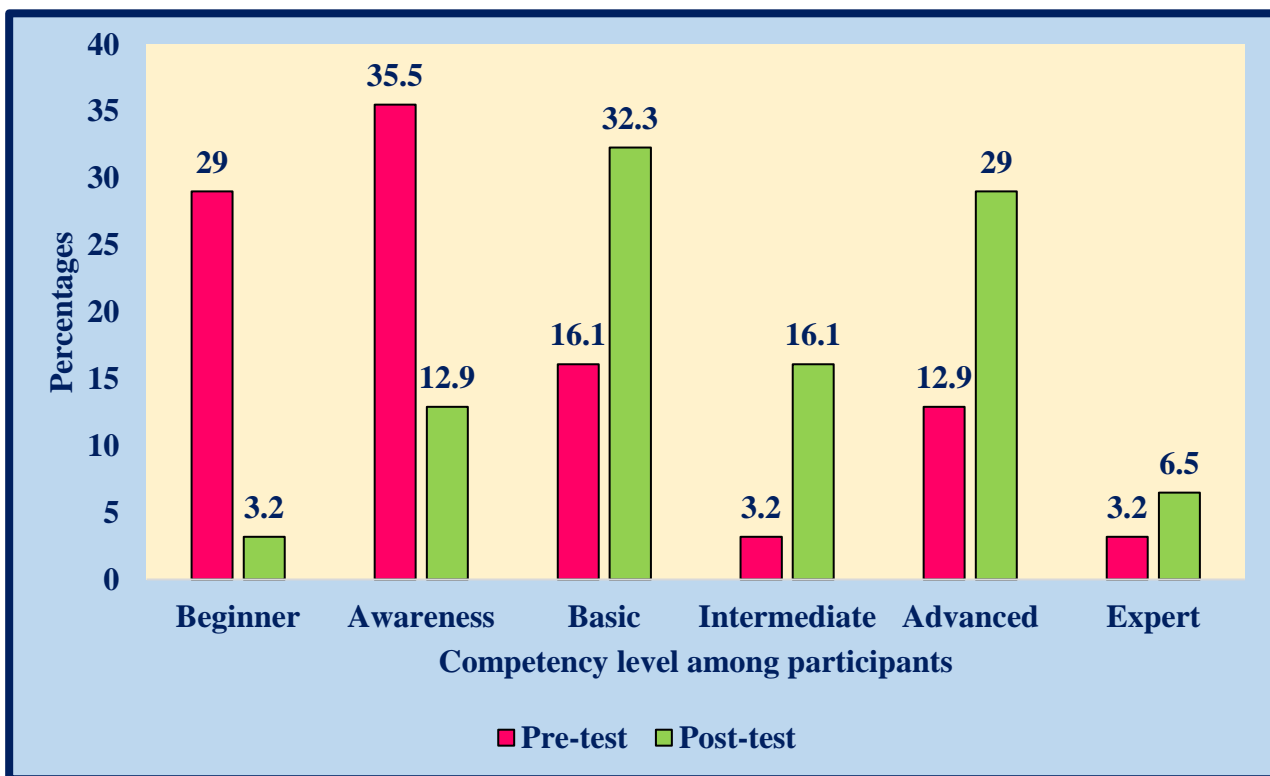
12. Using Systematic Techniques



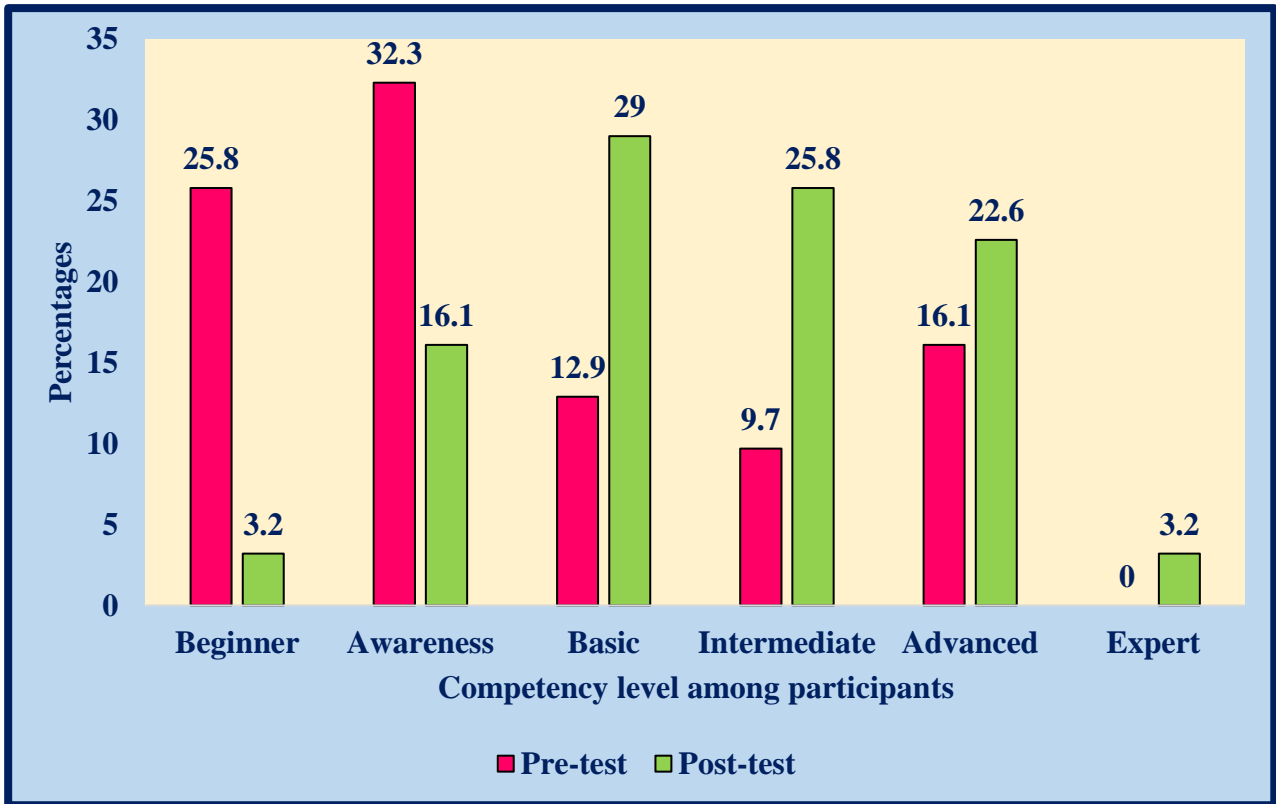
13. Preparing Transcripts



14. Analysing Qualitative Data

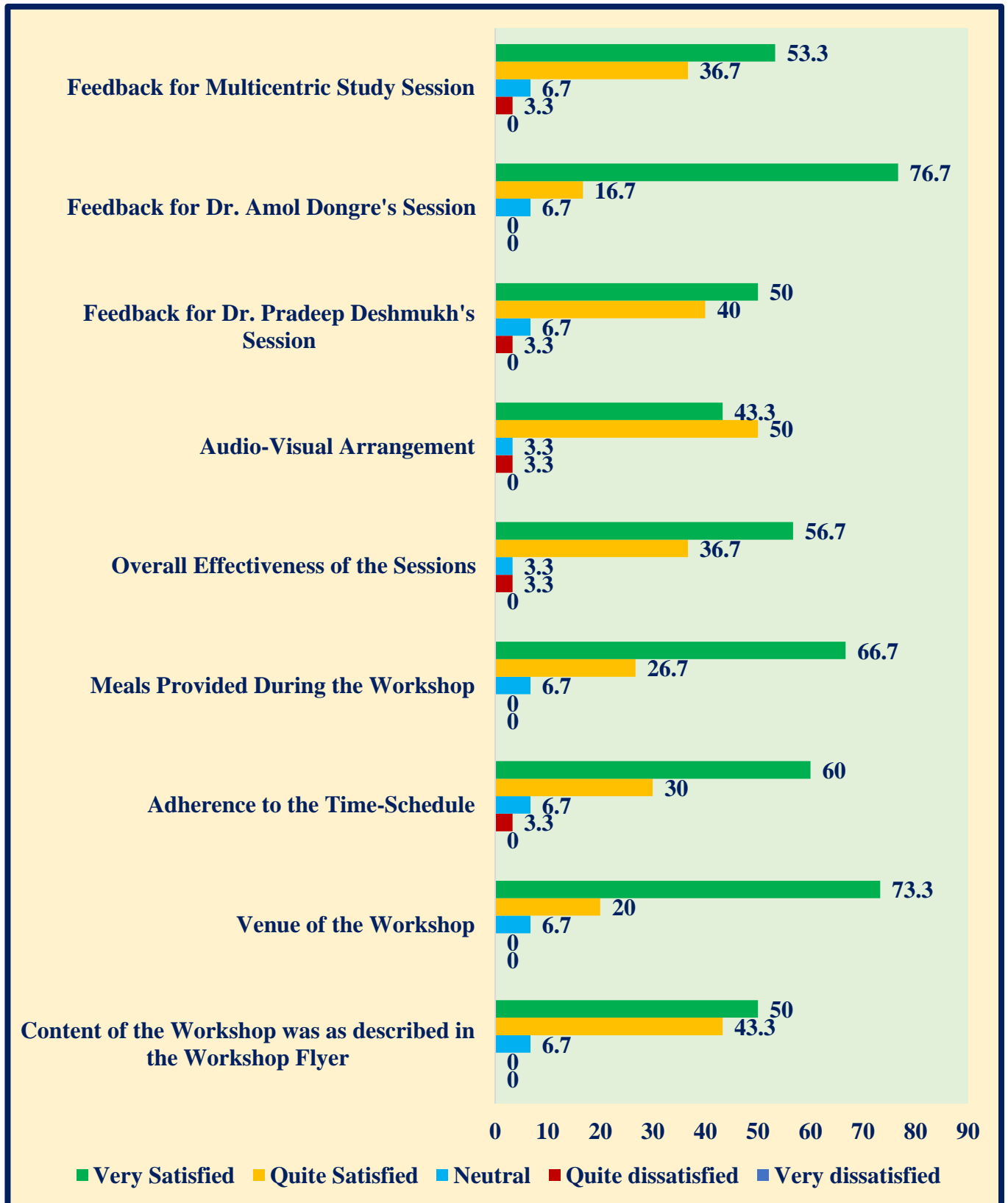


15. Reporting of Qualitative Data

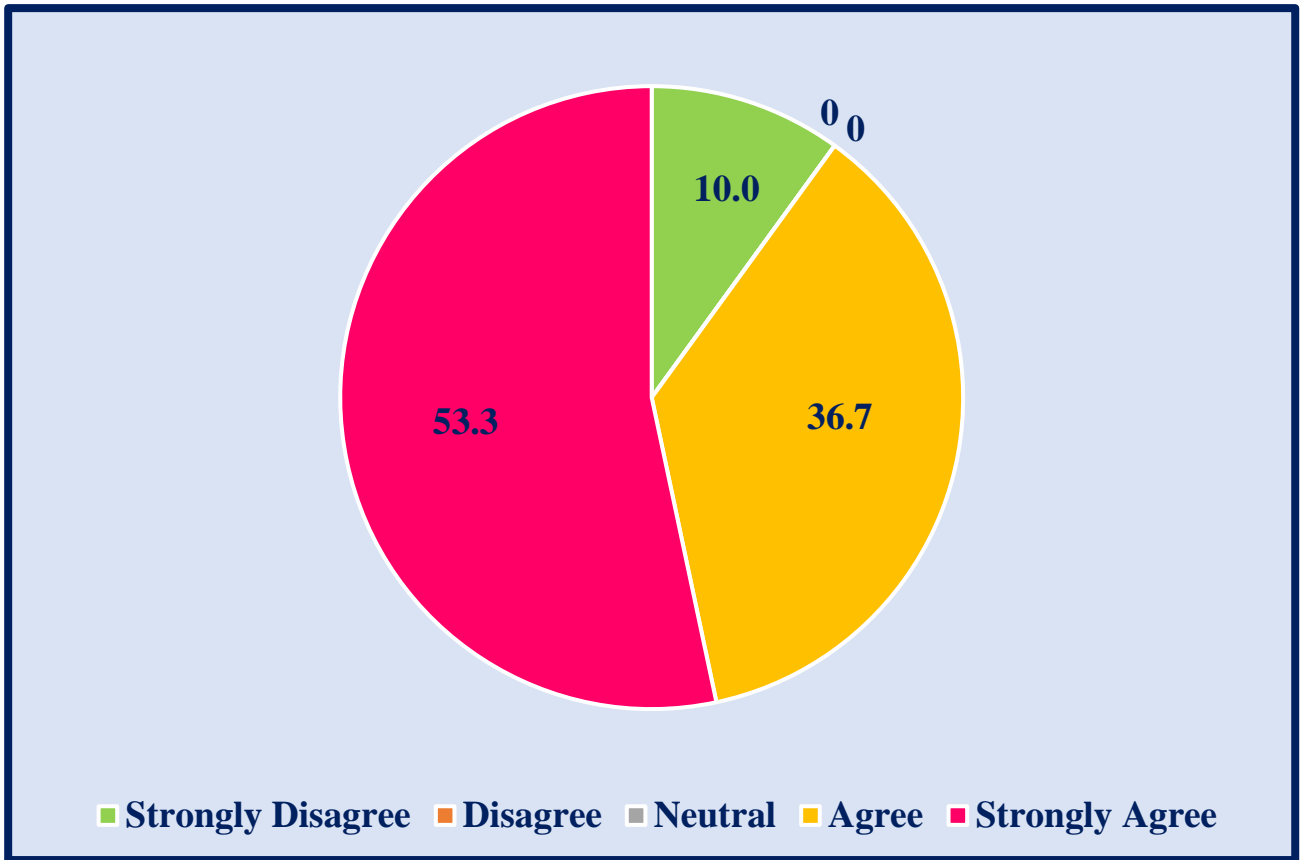


FEEDBACK BY THE PARTICIPANTS

Overall feedback by the participants regarding the workshop



Level of agreement by the participants regarding the use of the workshop on their future projects



Best part of the workshop according to the Participants

"Hands on sessions on FGDs"

"Group work, discussion & exercises"

"Designing multi centric proposal & networking"

"Dr. Amol dongre and Dr. Deshmukh sir solved many doubts and created interest in this domain"

"The Exercises and demonstrations related to various techniques and soft wares"

"Learning & interactions from experienced co-delegates"

"Workshop was designed very well and covered a lot in 2 days"

"Pan India representation"

"Approaches and paradigms of qualitative research"

"Organizing team & their hospitality"

Topics suggested by the Participants for future Qualitative Research

S. No.	Suggested Topics
1.	Core Qualitative Research topics: <ul style="list-style-type: none">• Software and coding• Ethics in Qualitative research• Designing & Data analysis• Systematic Review of Qualitative studies
2.	Non-Communicable Disease
3.	Adolescent Health
4.	Vaccine hesitancy among tribal infants
5.	Barriers to ANC care in rural settings
6.	Perceptions of mothers for home delivery
7.	Experience of Long covid patients and their expectations from health system
8.	Factors influencing Medication adherence in Diabetes Patients
9.	Risk perception & Deterrents of Substance abuse
10.	study perception of individuals regarding usage of traffic rules violence.
11.	Perception of community on maintaining hygiene
12.	Perceptions and practices of females towards cancer cervix screening and treatment
13.	Barriers to screening of Hepatitis C in drug users: A qualitative study
14.	Understanding the social determinants of health in India in the aftermath of the COVID-19 pandemic
15.	Barriers to screening of Hepatitis C in drug users: A qualitative study
16.	Medical Education
17.	Mental Health

Suggestions by the Participants



GLIMPSES OF THE WORKSHOP







