



IIIrd ANNUAL NATIONAL CONFERENCE OF YUVA ISA

YUVA ISACON 2024

XIIIth UKISACON 2024

THEME: YUVA ANAESTHESIOLOGIST NAVIGATING & ADAPTING CHANGING PRACTICES



RECONNECT | REJOICE | REJUVENATE | RESEARCH



SAVE THE DATES

2nd - 4th
AUGUST 2024



Hosted by:

ISA Uttarakhand State Chapter

Organized by

**Department of Anaesthesiology & Pain Management
Himalayan Institute of Medical Sciences
Swami Rama Himalayan University
& ISA Dehradun City Branch**

YUVA ISACON 2024

AUGUST 2 - 4, 2024



अतिथि देवो भवः

Welcome to Dev Bhoomi

It gives us immense pleasure to invite you to the IIIrd Annual National Conference of YUVA ISA YUVAISACON 2024 & XIIIth ISA Uttarakhand State Chapter UKISACON2024 to be held from 2nd to 4th August 2024 at Dehradun. This Annual Conference is being organized by the Department of Anaesthesiology and Pain Management, Himalayan Institute of Medical Sciences (HIMS), Dehradun. Devbhoomi with its rich cultural heritage and exhilarating atmosphere, provides a perfect backdrop for this conference.

The theme of the conference is Yuva Anaesthesiologists Navigating & Adapting Changing Practices. It will be an enriching experience for budding anaesthesiologists as well as researchers from across the country to share their expertise and experiences. This conference is aimed at staying upfront with dynamic changes in our speciality. The purpose of this conference is to offer the opportunity to involve young anaesthesiology, postgraduates, senior residents, and private practitioners from different anaesthesiologist subspecialties in a congenial environment. On this platform, young anaesthesiologists can voice their opinion, and display their hidden talents.

We have designed a program that is an amazing potpourri of Masterclasses, How I do it, Ask the expert, Didactic lectures, and Panel discussions. We also have in store for you an unforgettable, entertaining social program, dedicated literary, art and cultural activities. Once again, it is a great honour and privilege to invite you all to this wonderful event. So, let's **Reconnect Rejoice Rejuvenate Research.**



Dr. Manoj Kumar

Chief Advisor & National Coordinator
Treasurer ISA National



Dr. Gurjeet Khurana

Organizing Chairperson



Dr. Parul Singhal

Organizing Secretary



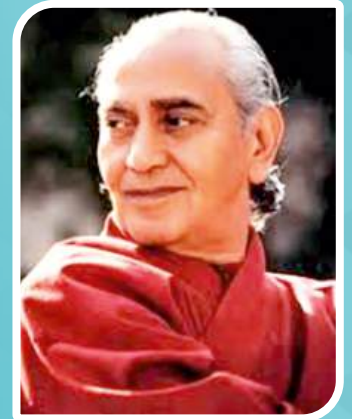


SWAMI RAMA & SRHU

The Himalayan Institute of Medical Sciences was conceived, designed and orchestrated by His Holiness Swami Rama one of the greatest adepts' teacher, writer, yogi, scientist, philosopher poet and humanitarians of the 20th century. His life embodies the human potential to "live in the world, and yet remain above".

Swami Rama Himalayan University is the only university in Dehradun, Uttarakhand that has a dedicated multi speciality Himalayan Hospital, Cancer Research Institute, Ayurveda Centre, and Rural Development Institute, all under one roof, besides eight schools and colleges. It endeavors to serve humanity and transform & enhance quality of life through creation and dissemination of knowledge by dedicated faculty, fostering creativity and competency.

Himalayan Institute of Medical Sciences has a unique environment towards learning. with a 1200 bedded NABH accredited hospital. This institute provides a bridge between the east and west with an intention to become a reservoir of ancient wisdom and newer technology. HIMS is built on a unique model of integration of holistic health with modern medicine.



ABOUT YUVAISACON 2024

"THE YOUTH OF TODAY ARE LEADERS OF TOMORROW : NELSON MENDELA"

Indian Society of Anaesthesiologists has started YUVA ISA to promote young anaesthesiologists (age <40 years) in all fields including academics, clinical training and research. The first conference was an online conference held in Mumbai 2021 and the second was held in Gurugram 2022 which was a physical conference. The mission of YUVAISAIAN is to provide an avenue to grow and sustain in an actively involved anaesthesiologists demographic. The budding anaesthesiologists can use their innate qualities to become agents of change. Young anaesthesiologists have immense potential to make a difference by raising awareness, developing solutions and can potentially lead to groundbreaking progress in our field.





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Treasurer
National ISA Coordinator for
YUVAISACON 2024



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Dr. Vijay Tyagi
Secretary



Dr. S P Gautam
Treasurer



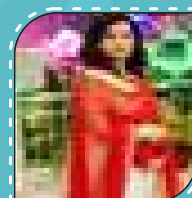
Dr. Divya Gupta
EC Member



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EC Member



Dr. Priyanka Chourasia
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Dr. Harshita Lal
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Dr. Deep Chilana
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Dr. Vijay Dhasmana
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Patron



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Hon'ble Vice Chancellor,
SRHU

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SRHU



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HIMS



Dr. Mushtaq Ahmed
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SRHU

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Dr. Vinay Rai

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Dr. Hema Saxena

Dr. Vijay Tyagi

Dr. Bharat Bhushan

Dr. Sanjay Agrawal

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Dr. YS Payal

Dr. Gaurav Chopra

Dr. Geeta Bhandari

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Dr. Urmila Palaria

Dr. Sanjeev Nivargi

Dr. Sanjul Dandhona

Dr. Luvkush Pandey

Dr. Mudit Garg

Dr. Nishith Govil



ORGANIZING TEAM



Dr. Gurjeet Khurana
Organizing Chairperson



Dr. Nidhi Kumar
Joint Organizing Secretary



Dr. Parul Jindal
Organizing Secretary



Dr. Veena Asthana
Scientific Chairperson



Dr. Priya Ramakrishnan
Scientific Co-Chairperson



Dr. Divya Gupta
Scientific Co-Chairperson



Dr. Rohan Bhatia
Scientific Co-Chairperson



Dr. Abhimanyu Singh
Treasurer



Dr. Amit Kr. Chauhan
Co-Treasurer



Dr. Harish Singh Koshiyari
Trade & Exhibition



Dr. Shreesh Mehrotra
Trade & Exhibition



Dr. Arti Rajput
Yuva Art & Cultural



Dr. Kriti Bindal
Yuva Art & Cultural



Dr. Priyanka Mishra
Yuva Art & Cultural



Dr. Ankit Arora
Travel & Accommodation



Dr. Nirupa Rama Kumar
Registration



REGISTRATION FEES

ISA MEMBER			
DURATION	WORKSHOP	CONFERENCE	WORKSHOP + CONFERENCE
TILL 31 st MAY	2950	7080	8860
FROM 1 st June to 15 th July 2024	3540	9440	11800
16 th July till 2 nd August & Spot	4130	10620	14160

NON ISA MEMBER			
DURATION	WORKSHOP	CONFERENCE	WORKSHOP + CONFERENCE
TILL 31 st MAY	5900	14160	20060
FROM 1 st June to 15 th July 2024	7080	18880	25960
16 th July till 2 nd August & Spot	8260	21240	29500

PG ISA MEMBERS			
DURATION	WORKSHOP	CONFERENCE	WORKSHOP + CONFERENCE
TILL 31 st MAY	1770	3540	5310
FROM 1 st June to 15 th July 2024	7080	5900	7080
16 th July till 2 nd August & Spot	2950	8850	11800

PG ISA NON MEMBERS			
DURATION	WORKSHOP	CONFERENCE	WORKSHOP + CONFERENCE
TILL 31 st MAY	3540	7080	10620
FROM 1 st June to 15 th July 2024	4720	11800	16520
16 th July till 2 nd August & Spot	5900	17700	23600

* REGISTRATION FEE +18% GST

<https://yuvaisacon2024.in/>

Accompanying Person
(Above 12 Years) Rs. 3000/-

BANK DETAILS

Account Name : **UTTARAKHAND SOCIETY OF ANAESTHESIOLOGISTS UKSA**

Account No. : **13122191020460**

Bank Name : **Punjab National Bank**

IFSC Code : **PUNB0408600**

Branch : **IMA House Dehradun,
1- Narender Vihar, Balupur Road
Dehradun**

SCAN HERE
FOR PAYMENT





HIGHLIGHTS

- Master Class • Ask The Expert • Pro Con Session • Diadactic Lectures
- Infographics Competition • Serious Gaming • Panel Discussion • How I Do It.

ART

- Doodling/ Cartoons • Mehandi • Pot Painting • Photography & Art Exhibition.

LITERARY

- Movie Trivia Quiz • Slogan Writing • Dumb Charades • Short Films
- Meme Festival • Word Crypt Competition • Cultural Evening.

HOW TO REACH

The nearest railway station is the Dehradun and Rishikesh junction which is well connected to major cities in northern India. Jolly Grant Airport is 5km from venue and has regular flights coming in from many major cities in India.

Contact Person

• Dr Gurjeet Khurana
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• Dr Parul Jindal
Mob : 9456547229

Email : yuvaisacon2024@gmail.com

Conference Secretariat

Department of Anaesthesiology & Pain Management
Himalayan Institute of Medical Sciences
Swami Rama Himalayan University
Swami Ram Nagar, Dehradun
Uttarakhand





EventCoordinator

SSCS EVENT MANAGEMENT PVT. LTD.

**B-724, Bunkar Colony, Ashok Vihar,
Phase -II, Delhi-110052**

Phone no. : +91 98997 72204

E mail : superstarconference2@yahoo.com

Workshop On advances in anesthesia

Hosted by :
ISA Uttarakhand State

Organized by:
Department of Anesthesiology and Pain Management, Himalayan Institute of Medical Sciences (HIMS), Dehradun & ISA Dehradun City Branch

Venue:
Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University, Dehradun
Date: 2nd August 2024

DETAILED PROGRAM

Workshop on Recent Advances

Devbhoomi with its rich cultural heritage and exhilarating atmosphere, provided a perfect backdrop for this workshop under the able guidance of Dr Gurjeet Khurana, Organizing Chairperson, and Dr Parul Jindal as Organizing Secretary.

On August 2nd, the Department of Anaesthesia hosted a series of impactful workshops as part of the ISAYUVACON workshop, which drew participants from across the country. The workshops, led by esteemed experts, were designed to enhance medical skills and promote personal well-being among healthcare professionals. A total of 160 participants attended the workshop from various parts of the country.

Point-of-Care Ultrasound (POCUS) led by *Dr Deepak Dwivedi* and the team from the Kolkata workshop provided invaluable insights into using ultrasound technology for immediate, on-the-spot patient assessments. POCUS is critical for rapid diagnosis and decision-making in emergency and intensive care settings, allowing healthcare professionals to make informed decisions quickly. Prof Priya Ramakrishnan was the internal coordinator.

Ultrasound-Guided Nerve Blocks led by *Dr. Vikas Saini* and *Dr. Tanvir* ultrasound from PGI Chandigarh guided nerve blocks workshop. Prof Rohan Bhatia was the internal coordinator participants learned advanced techniques for performing nerve blocks with precision. This approach is crucial for effective pain management, improving patient comfort and recovery outcomes. By using ultrasound guidance, practitioners can achieve greater accuracy and reduce the risk of complications.

Perioperative complications Simulation workshop led by *Dr. Naveen Paliwal* from Jodhpur offered a hands-on experience with cutting-edge simulation technology. Prof Divya Gupta was the internal coordinator This workshop allowed attendees to practice real-life scenarios in a controlled environment, enhancing their skills and confidence.

Joyful Living workshop led by *Dr. Vijender D Chauhan* was dedicated to promoting well-being and work-life balance. Prof Nidhi Kumar was the internal coordinator In the high-pressure field of healthcare, maintaining personal health and happiness is vital. This session

provided strategies for managing stress and fostering a positive work environment, crucial for long-term professional satisfaction and effectiveness.

The theme of the workshop was **Yuva Anaesthesiologist Navigating & Adapting Changing Practices**. It was an enriching experience for budding Anesthesiologists as well as researchers from across the country to share their expertise and experiences. Young Anesthesiologists voice their opinions on this platform and display their hidden talents.

Flag Hoisting: The event kickstarted with Flag Hoisting, which started on time. Dr SS Bajwa hoisted the flag and recited the ISA pledge.

The '**Chief Guest**' Hon'ble President of Swami Rama Himalayan University, **Dr Vijay Dhasmana** inaugurated the workshop. He said Anesthesiology is a dynamic branch and this workshop was aimed at staying upfront with dynamic changes in the specialty and benefit patient care. Dr Rajendra Dobhal Vice chancellor motivated everyone to make the general public aware of anesthesia and the role of anesthesiologists. **Dr Sukhminder Jit Singh Bajwa, Honorary Secretary, ISA National** graced the occasion as '**Guest of Honor**' and said the workshop was aimed at staying upfront with dynamic changes in the specialty and benefit patient care. **Dr Manoj Kumar, Treasurer, ISA National** and the workshop coordinator said the purpose of this workshop was to offer the opportunity to involve young anesthesiology postgraduates, senior residents, and private practitioners from different anaesthesiology subspecialties in a congenial environment. Stalwarts of the Indian Society of Anaesthesiologists: **Dr Sunil Sethi, Dr Manish Katikar, Dr Rama Krishna Reddy Dr RK Bhasker, Dr Deepak Malviya, Dr Naveen Malhotra, Dr Virender Sharma, Dr Rajiv Gupta, Dr Bharat Bhushan Bhardwaj** illuminated the workshop with their presence

A presentation was given by the National Academy of medical sciences Observer Dr Ashok Deorari .

The certificates were awarded to the delegates at the end of the valedictory function,