

HIMALAYAN COLLEGE OF NURSING
SWAMI RAMA HIMALAYAN UNIVERSITY
JOLLY GRANT, DEHRADUN

**REPORT OF WORKSHOP ON ESSENTIAL NEWBORN CARE/FACILITY BASED
NEWBORN CARE**

The Child Health Nursing Department, HCN organized a workshop on “Essential Newborn Care/Facility Based Newborn Care observed” on 21 May, 2024 in Himalayan College of Nursing. The objective of the workshop was to upgrade the skills of beneficiaries about newborn care. The workshop was started at 8:30 am with registration of candidates and pretest was taken through Google form. Dr. Rajkumari Sylvia Devi, welcomes the faculties and beneficiaries and further provided a brief introduction of Essential Newborn Care.

In the workshop, there were five working stations were arranged.

1. Work Station 1: Thermoregulation: Hypothermia and Kangaroo Mother Care
2. Work Station 2: Hand Washing and PPE (Donning and Doffing)
3. Work Station 3: Feeding Methods
4. Work Station 4: Neonatal Resuscitation
5. Work Station 5: Care of Baby under Phototherapy

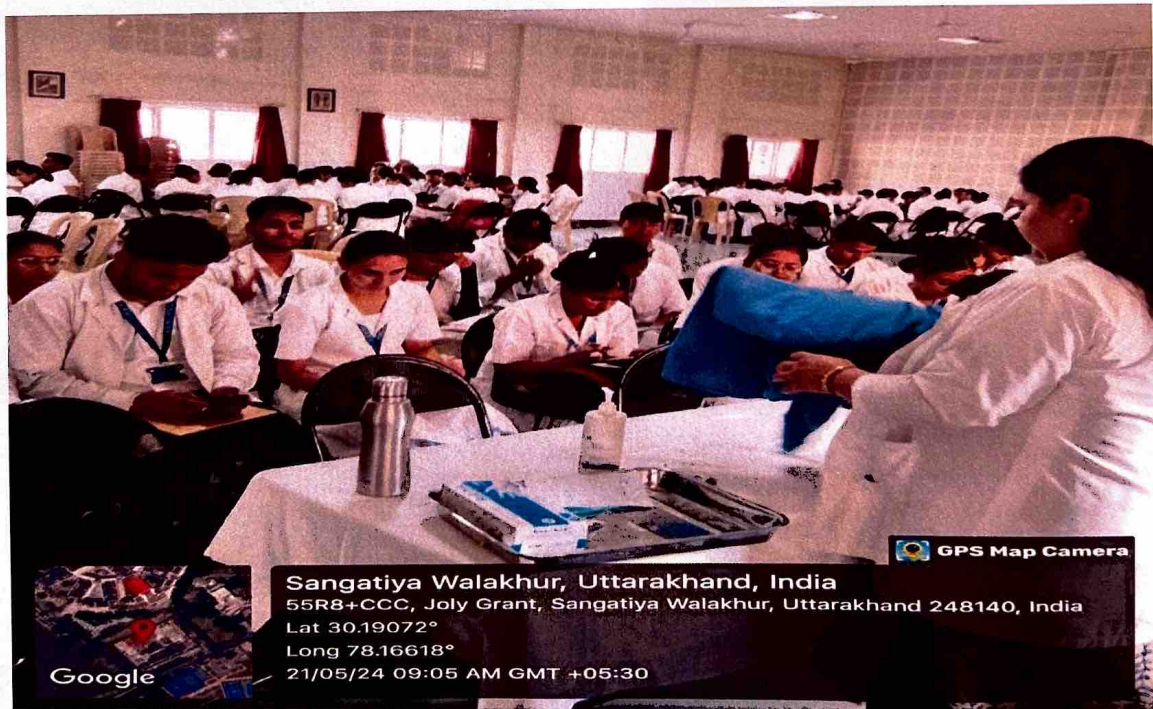
Total 141 students of B.Sc. Nursing 5th Semester were divided into 5 groups and rotated to the each station for 45 minutes. Each workstation has an facilitator who demonstrated the procedure to the beneficiaries with adequate explanation and re-demonstration was also taken from the students on each stations.

After covering all workstations, scenario-based skill regarding Essential Newborn Care was assessed and different scenarios were given to the participants. They performed given task skillfully to the facilitator. At the end, students performed roleplay on KMC, newborn resuscitation and methods of feeding. Students were very enthusiastic and performed actively with learned steps. Workshop was ended with post test, feedback, and vote of thanks.

Mrs. Sanjenbam Emon Chanu, Dr. Rajkumari Sylvia Devi, Dr. D. Y. Sorte, Dr. Vandana Chauhan and Mrs. Namarata Pundir, Faculty of Child Health Nursing Department contributed significantly in successful completion of the workshop.



Picture 1: Facilitator and beneficiaries on Workstation 1: Thermoregulation



Picture 2: : Facilitator and beneficiaries on Workstation 2: Handwashing and PPE



Picture 3: Facilitator and beneficiaries on Workstation 3: Feeding Methods



Picture 4: Facilitator and beneficiaries on Workstation 4: Neonatal Resuscitation



Picture 5: Facilitator and beneficiaries on Workstation 5: Care of Baby under Phototherapy



Picture 6: Students performing role play



Picture 7: Group of Facilitators and beneficiaries

Activity Coordinators:

Dr. Rajkumari Sylvia Devi, Professor

Dr. Vandana Chauhan, Associate Professor

Mrs. Sanjenbam Emon Chanu

Associate Professor and HOD

Child Health Nursing Department

Himalayan College of Nursing

Swami Rama Himalayan University