



**Department of Medical Education**  
**Himalayan Institute of Medical Sciences**  
**Swami Rama Himalayan University**  
Swami Ram Nagar, P.O. Jolly Grant, Dehradun- 248016



Date: 18.04.2024

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HIMS/DME/2024/74

**CME**

**Date : 20.04.2024**

**Time : 03:30 PM – 04:30 PM**

**Day : Saturday**

**Venue: Adi Kailash Auditorium**  
(Formerly New Auditorium above HLTs)

**Topic: “Exploring Participatory Techniques in Health Research: Bridging Theory with Practice.”**

**Speaker: Dr. Abhay Srivastava**  
Assistant Professor, Community Medicine, HIMS

**Abstract:**

Participatory research methodologies offer a dynamic approach to health research, fostering inclusive partnerships and community empowerment. In this session, we will learn the multifaceted nature of participatory techniques, from community-based participatory research (CBPR) to participatory action research (PAR). Through practical examples, we will explore the significance of participatory research in addressing pressing health challenges and promoting equity in healthcare delivery. Drawing from our department's experiences in community medicine, we will showcase the application of participatory techniques in the Family Adoption Program conducted in collaboration with MBBS students. This program serves as a compelling example of how participatory research can inform the development of culturally sensitive interventions tailored to the needs of diverse communities. The CME will unravel the potential of participatory research in driving positive change and advancing health equity for all.

All Faculty & Post Graduate Residents are required to attend the CME.

  
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**Coordinator**  
**D.M.E**

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