



**SR
HU**

योग विज्ञान स्कूल

(स्वामी राम हिमालयन विश्वविद्यालय की एक शैक्षणिक इकाई)

School of Yoga Sciences

(A Constituent Academic Unit of Swami Rama Himalayan University)

File No. SRHU/SYS/2025/295

Dated: - 26/12/2025

NOTICE

This is to inform all Yoga Faculty, Staff, Ph.D Scholar that Dr. Vidisha Vallabh, Associate Professor, Department of Community Medicine, HIMS, Swami Rama Himalayan University, will be conducting a Continuing Medical Education (CME) session and title; "Determinants of Health" for the School of Yoga Sciences of Swami Rama Himalayan University, The date of CME is on 30th December, 2025 from 12:30 PM to 01:30 PM.

Attendance is mandatory for everyone.

Order by:-

Subelle
26/12/2025

Officiating Principal
School of Yoga Sciences
Swami Rama Himalayan University

Principal
School of Yoga Sciences
Swami Rama Himalayan University
Jolly Grant, Dehradun, Uttarakhand-248016

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CME Report

A Continuing Medical Education (CME) programme on the topic “**Determinants of Health**” was successfully organized by the **School of Yoga Sciences, Swami Rama Himalayan University (SRHU), Dehradun**, on **30 December 2025** from 12:30 pm to 1:30 pm at **Nagarjuna Lecture Hall-6**. The programme was conducted as part of the academic and professional enrichment activities of the department.

The CME was delivered by **Dr. Vidisha Vallabh**, Associate Professor, Department of Community Medicine, Himalayan Institute of Medical Sciences (HIMS), SRHU. During the session, Dr. Vallabh elaborated on the various determinants of health, including biological, social, economic, environmental, and lifestyle-related factors, and emphasized the role of preventive medicine and community health in improving overall well-being. She also highlighted the relevance of integrating medical science with yoga therapy and holistic health practices.

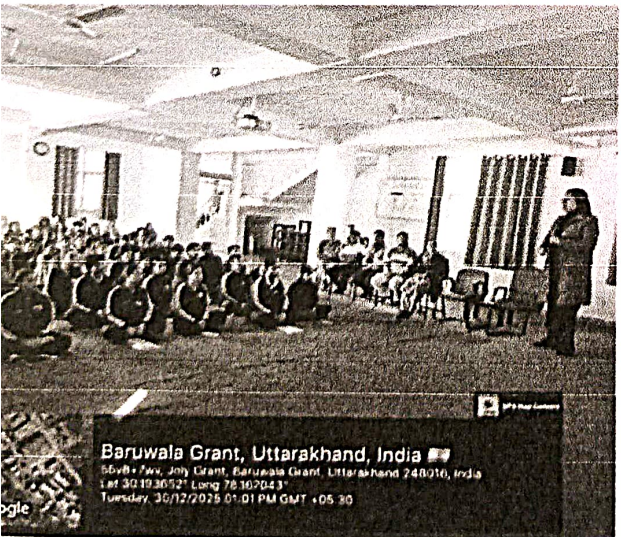
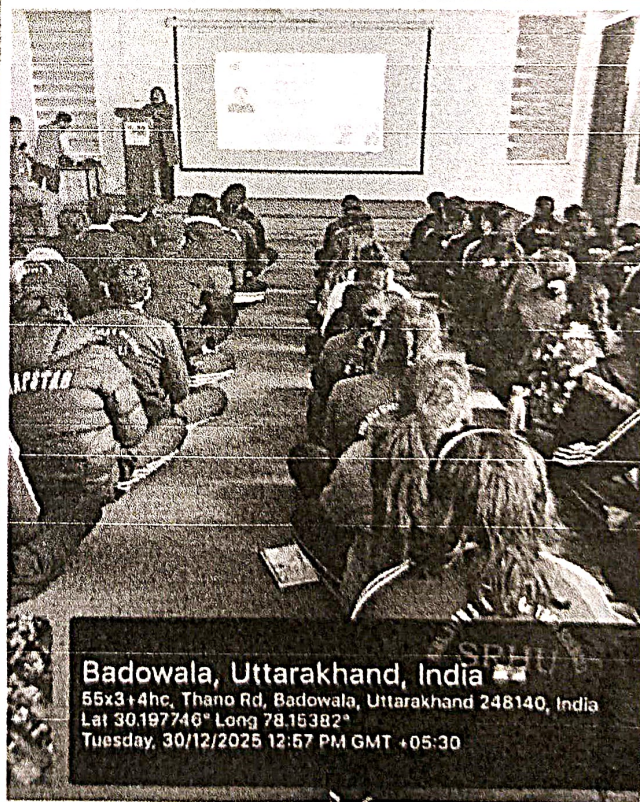
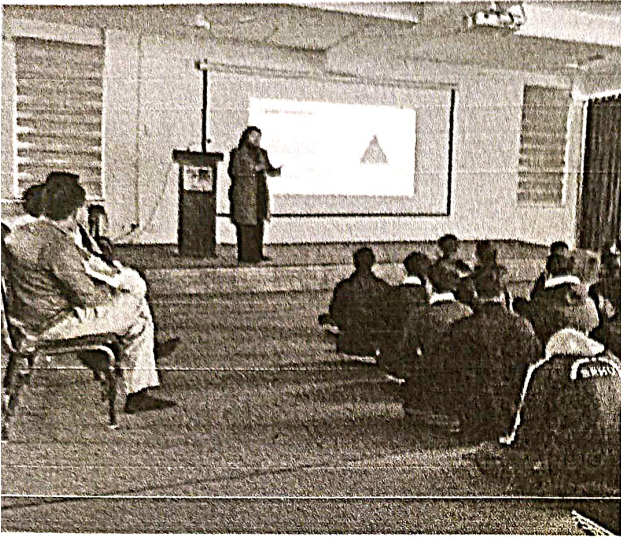
The programme witnessed active participation from M.Sc. Yoga Therapy 1st year students, M.Sc. Yoga Sciences 1st and 2nd year students, B.Sc. Yoga Science and Holistic Health 3rd year students, Ph.D. scholars, staff, and faculty members of the School of Yoga Sciences, SRHU. The session was interactive, with participants showing keen interest and engaging in meaningful discussions related to public health, lifestyle modification, and holistic approaches to health promotion.

Overall, the CME programme was informative and beneficial, enhancing the knowledge and awareness of the participants regarding the determinants of health and their practical application in yoga therapy, education, research, and community health settings. The event contributed significantly to the academic enrichment and professional development of students and faculty of the School of Yoga Sciences.

Lubelle
30/12/2025

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Swami Rama Himalayan University
Post: Grant, Dehradun, Uttarakhand-248016

Photographs of the Event



Baruwala Grant, Uttarakhand, India 🇮🇳
 55°8'7w, Joly Grant, Baruwala Grant, Uttarakhand 248016, India
 Lat 30.153715° Long 78.166954°
 Tuesday, 30/12/2025 01:00 PM GMT +05:30

Badowala, Uttarakhand, India 🇮🇳
 55°3'4hc, Thano Rd, Badowala, Uttarakhand 248140, India
 Lat 30.197746° Long 78.15382°
 Tuesday, 30/12/2025 12:57 PM GMT +05:30

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 30/12/2025

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 Baruwala Grant, Dehradun, Uttarakhand-248016

School of Yoga Sciences
Swami Rama Himalayan University

Topic:- Determinants of Health (CME)

S.No.	Batch	Registration No.	Name of Student	Signature
1	2025 (MSC)	08	Rahul Kumar	Rahul
2	BSC V sem	23	Himanshu Dwivedi	Himanshu
3	Msc III sem	15	Swarnal Kana	Swarnal
4	MSC III sem	13	Sumit Dhyani	Sumit
5	MSC III sem	12	Aman Rawat	Aman
6	BSC V Sem	13	Piyush Miralga	Piyush
7	"	33	Aman Krishali	Aman
8	"	48	Aditya Bhandari	Aditya
9	"	26	Vijay Baidya	Vijay
10	"	29	Ayush	Ayush
11	"	47	Yash Arthi	Yash
12	"	45	Shubham Bhatt	Shubham
13	"	41	Kareem Pooneri	Kareem
14	BSC V Sem	03	Prabhat Pandey	Prabhat
15	BSC V sem	32	Neha Anand	Neha
16	Msc II Sem	11	Geeta Pal	Geeta
17	B.Sc III yr	21	Garhika Gupta	Garhika
18	B.Sc III yr	20	Kaushika	Kaushika
19	Msc III Sem	14	Shalini Negi	Shalini
20	MSC III Sem	3	Vanshika Raghav	Vanshika
21	B.Sc V th Sem	57	Radhika	Radhika
22	"	54	Sakshi	Sakshi
23	"	16	Manisha	Manisha
24	"	37	Anchal	Anchal
25	MSC I st Sem (PT)	09	Simran Kalwa	Simran
26	"	11	Vaishnavi	V. Vaishnavi
27	"	15	Komal Negi	Komal
28	"	13	Alisha Sundari	Alisha
29	"		Gunaina Bisht	Gunaina
30	BSC III Yr	51	Himanshu Sharma	Himanshu

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Mussoorie, Uttarakhand-24301

School of Yoga Sciences
Swami Rama Himalayan University
Topic:-

S.No.	Batch	Registration No.	Name of Student	Signature
31.	2025	DD25110706 ^{50%}	Riya Jain	Riya Jain
32.	2025	07	Uma Bhakat	Uma Bhakat
33	2025	12	Pooja Negi	Pooja
34	2025	DD251107502002	Nidhi Jagori	Nidhi
35	2025	DD251107502001	Diksha	Diksha
36.	2025	DD251107502005	Ritisha	Ritisha
37	2025	DD251107501002	Anehal	Anehal
38	2025	DD251107501001	Shrisha	Shrisha
39	2025	DD251107501003	Ambika	Ambika
40	2025	DD251107501005	Aradhana	Aradhana
41	2025	DD251107501004	Pooja Tiwari	Pooja Tiwari
42	2023	DD231107301008	Sakshi Chauhan	Sakshi
43	2023	DD231107301025	Charu Paimely	Charu
44.	2023	DD231107301027	Ashi Akwal	Ashi
45	2023	DD231107301055	Madhuri	Madhuri
46	2023	DD231107301014	Mayuri	Mayuri
47	2023	DD231107301019	Pinki	Pinki
48	2023	DD231107301056	Tushar	Tushar
49	2023	DD231107301002	Nitin	Nitin
50	2023	DD231107301043	Ashutosh	Ashutosh
51	Marh 2023	DD23117699101	Mahima Mishra	Mahima
52	Jan 2024	DD241107801008	Diksha Patel	Diksha
53	Jan 2024	DD241107801006	Nisha Yadav	Nisha
54	2024	DD241107801508	Disha Pal	Disha
55	July 2024	DD241107801502	Deepanjali Chauhan	Deepanjali
56	Jan 2023	DD23117699102	Rishi	Rishi
57	July 2022	DD22117699504	Naaneer	Naaneer
58	Jan 2024	DD241107801009	Neelam Patel	Neelam
59	July 2023	DD231107801501	Anushka	Anushka
60.	July 2023	DD231107801502	Ankit	Ankit

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