

**Himalayan College of Nursing  
Swami Rama Himalayan University  
Swami Ram Nagar, Dehradun**

Date: 6<sup>th</sup> December,  
2025

**NOTICE**

Obstetrics & Gynecological Nursing Department of Himalayan College of Nursing is organizing a Guest lecture on “Reimagining Antenatal Care” on 10 December, 2025 in LT-A from 12:30 Pm onwards. Faculty members are requested to attend the same without hampering their regular work schedule.

Activity Coordinator

HOD



**HIMALAYAN COLLEGE OF NURSING**  
**SWAMI RAMA HIMALAYN UNIVERSITY**  
**SWAMI RAM NAGAR, DEHRADUN**

**Name of activity:** Guest Lecture on “Reimagining Antenatal Care”

**Date:** 10-12-2025

**Facilitator:** Mrs. Geeta Saifi

**Time:** 12:30 Pm onwards

**Venue:** LT-A HCN, SRHU

**No. of Participants:** 68

The session began at 12:30 PM with a brief introduction and a cordial welcome of the guest speaker, Mrs. Geeta Saifi, by the Head of the Department of Obstetrics & Gynecological Nursing, Mrs. Upma George, along with the nursing faculty members.

The guest lecture was delivered by Mrs. Geeta Saifi, Faculty, Department of Obstetrics and Gynecological Nursing, RAK College of Nursing, New Delhi. She presented an informative lecture on the topic “Reimagining Antenatal Care.” The session focused on redefining traditional pregnancy care models to better address the physical, emotional, and social needs of expectant mothers. The speaker highlighted the limitations of conventional antenatal care, including fragmented services, limited patient involvement, and unequal access to quality healthcare.

A major focus of the lecture was the transition toward woman-centered and holistic care, emphasizing continuity of care, shared decision-making, and respect for individual and cultural preferences. Additionally, the role of digital health innovations—such as telemedicine, mobile health applications, and remote monitoring—was discussed as an effective means to enhance accessibility, particularly for women in rural and underserved areas.

In conclusion, the lecture encouraged a re-evaluation of antenatal care as a flexible, inclusive, and technology-driven system that prioritizes maternal well-being and positive pregnancy outcomes.

**Pic.1. Guest lecture to beneficiaries by Mrs. Geeta Saifi**



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## **BIOBRIEF OF THE SPEAKER**

### **Mrs. Geeta Saifi**

Mrs. Geeta Saifi is a highly accomplished Professor in Obstetrics and Gynecological Nursing at the Department of Obstetrics and Gynecological Nursing, RAK College of Nursing, New Delhi, with extensive experience in teaching, research, and clinical mentorship. She has played a significant role in strengthening nursing education through her academic contributions and leadership in professional training programs. Mrs. Saifi is a contributor to the Myles Textbook of Obstetrics and Gynecology (1st South Asia Edition), reflecting her subject expertise and commitment to advancing obstetric and gynecological knowledge.

She also serves as a Master Trainer for National Emergency Life Support (NELS), actively involved in training healthcare professionals to enhance emergency preparedness and improve maternal and neonatal outcomes. Her areas of special interest include nursing education, research methodology, and statistics, where she emphasizes evidence-based practice and quality improvement in maternal healthcare. Mrs. Saifi has authored several research papers published in indexed journals and has contributed chapters to obstetrics and gynecology textbooks. Through her academic excellence, research contributions, and dedication to capacity building, she continues to make a meaningful impact on nursing education and maternal health services.

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