



**SR  
HU**

**योग विज्ञान स्कूल**

(स्वामी राम हिमालयन विश्वविद्यालय की एक शैक्षणिक इकाई)

**School of Yoga Sciences**

(A Constituent Academic Unit of Swami Rama Himalayan University)

File No. SRHU/SYS/2025/140

Dated: - 02/08/2025

**NOTICE**

This is to inform all Yoga Faculty, Staff, and Ph.D. Scholars that **Dr. Rakhee Khanduri**, Professor and Head, Department of Respiratory Medicine, HIMS, Swami Rama-Himalayan University, will be conducting a **Continuing Medical Education (CME) session** on the topic:

**"Assessment of Lung Functions & Immune Profile in Post-Tuberculosis Lung Disease (PTLD) Cases through Pulmonary Rehabilitation (PR) with Yogic Breathing Exercises: A Randomized Controlled Trial"**

The session is organized for the School of Yoga Sciences, Swami Rama Himalayan University, and will be held as per the following schedule:

- **Date** : 06th August 2025 (Wednesday)
- **Time** : 10:00 AM onwards
- **Venue** : Nagarajuna Hall-VI

Attendance is mandatory for all Ph.D. Yoga Science scholars. Faculty and staff members are also encouraged to attend.

Order by,

*Suhelle*  
02/08/2025

Officiating Principal

School of Yoga Sciences

Swami Rama Himalayan University

Principal

School of Yoga Sciences

Swami Rama Himalayan University

Jolly Grant, Dehradun, Uttarakhand-248016

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**School of Yoga Sciences**  
**Swami Rama Himalayan University**  
(Program Topic:- *Continuing medical Education*)  
Attendance Sheet

Date:- *06-08-2025*

Sl. N.	Student Name	Signature	Remarks
1.	Navneet	<i>Navneet</i>	
2.	Ritu	<i>Rt</i>	
3.	Saishti Thakuri	<i>Saishti</i>	
4.	Deepanjali Chohan	<i>Deepanjali</i>	
5.	Madima Misra	<i>Misra</i>	
6.	Disha Pal	<i>Disha</i>	
7.	Anushka	<i>Anushka</i>	
8.	Nisha Yadav	<i>Nisha</i>	
9.	Gaurav Juriyal	<i>Gaurav</i>	
10.	Suraj Gauniyal	<i>Suraj</i>	
11.	Diksha Patel	<i>Diksha</i>	
12.	AMIT	<i>Amit</i>	
14.	Ankit	<i>Ankit</i>	
15.	Vikas Pandey	<i>Vikas Pandey</i>	
16.	Neelam Patel	<i>Npatel</i>	
17.	Tusshar Rawat	<i>OPD</i>	
18.	Sanjay Badoni	<i>Sanjay Badoni</i>	

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8.	<i>Nisha Yadav</i>	<i>Nisha</i>	
9.	<i>Gaurav Juriyal</i>	<i>Gaurav</i>	
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18.	<i>Sanjay Badoni</i>	<i>Sanjay Badoni</i>	

## Report on CME Session

A **Continuing Medical Education (CME) session** was successfully conducted on **6th August 2025**, **Nagarjuna Hall-VI**, organized by the **School of Yoga Sciences**, Swami Rama Himalayan University (SRHU), Jolly Grant, Dehradun. The session was led by **Dr. Saloni Malik, Assistant Professor** of School of Yoga Sciences and **Dr. Rakhee Khanduri**, Professor and Head, Department of Respiratory Medicine, HIMS, SRHU. The topic of the session was: **“Assessment of Lung Functions & Immune Profile in Post-Tuberculosis Lung Disease (PTLD) Cases through Pulmonary Rehabilitation (PR) with Yogic Breathing Exercises: A Randomized Controlled Trial.”**

The session saw enthusiastic participation from all faculty members and Ph.D. scholars of Yoga Science. **Dr. Saloni Malik** delivered an in-depth and engaging presentation on the role of pulmonary rehabilitation combined with yogic breathing techniques in improving lung function and immune response in PTLD patients. Her presentation was supported by relevant clinical findings, making the session highly informative and impactful.

The attendees engaged with keen interest, followed by an interactive discussion that highlighted the interdisciplinary potential of yoga and modern respiratory medicine. The session not only enriched the academic understanding of the scholars but also encouraged collaborative research between medical and yogic sciences.

Overall, the session proved to be highly effective and contributing meaningful insights to the evolving academic discourse in the fields of Yoga Science and integrative healthcare.

For

Samlata

Principal  
School of Yoga Sciences  
Swami Rama Himalayan University  
Jolly Grant, Dehradun, Uttarakhand-248016

## Photographs of the Session



Baruwala Grant, Uttarakhand, India  
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Lat 30.193483° Long 78.167133°  
06/08/2025 10:09 AM GMT +05:30



Baruwala Grant, Uttarakhand, India  
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Lat 30.193483° Long 78.167133°



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Baruwala Grant, Uttarakhand, India  
55v8+7wv, Joly Grant, Baruwala Grant, Uttarakhand 248016, India  
Lat 30.19348° Long 78.167134°

For  
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