

SWAMI RAMA HIMALAYAN UNIVERSITY
Department of Clinical Research
Himalayan Institute of Medical Sciences

Report on Training Workshop on Ensuring Integrity in Healthcare & Medical Ethics: Good Clinical Practice & Ethics

Sponsored by: Department of Health Research, Ministry of Health and Family Welfare (MoHFW)

Date: July 4 – August 7, 2025

Venue: B.C. Roy Auditorium, HIMS

Number of Participants: 121

The Department of Clinical Research at the Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU), in collaboration with the Department of Health Research, Ministry of Health and Family Welfare (MoHFW), launched a five-week training program on “Ensuring Integrity in Healthcare & Medical Ethics,” beginning on July 4, 2025. As part of this initiative, a **two-day workshop on “Good Clinical Practice & Ethics”** was conducted from **July 4–5, 2025**, aiming to strengthen the ethical competence of faculty members and Research Ethics Committees across medical institutions in Uttarakhand. Research committee members from all medical colleges in the state were invited to participate in this sensitization program.

Inaugural Session

The workshop was formally inaugurated by esteemed dignitaries:

- **Dr. Kiran Katoch**, NJILOMD, ICMR (Chief Guest)
- **Dr. Rajendra Dobhal**, Vice-Chancellor, SRHU
- **Dr. Vijendra D Chauhan**, Director General Academic Development, SRHU
- **Dr. Pradeep Varshney**, Director IQAC, SRHU
- **Dr. Yogender Singh**, other Principals and Departmental Heads of SRHU

The organizing team was led by:

- **Lt. Gen Dr. Daljit Singh**, Principal, HIMS (Organizing Chairperson)
- **Dr. Bindu Dey**, Director of Research, SRHU (Organizing Chairperson)
- **Dr. Nikku Yadav**, Head, Department of Clinical Research, HIMS (Organizing Secretary)
- Supporting organizers included: **Dr. Ruchi Juyal**, **Dr. Manisha Sharma**, **Mr. Abhinav**, **Ms. Akanksha**, **Ms. Jagriti**, and **Ms. Pooja**.

Distinguished Speakers

The workshop featured expert speakers from across India, including:

- **Dr. Vikas Dhiman** – Director, Regulatory Affairs, India Subcontinent, GSK Pvt. Ltd; Member, ISCR North Chapter
- **Dr. Abhishek Tyagi** – Senior Director, FSP Hub Lead – India & Philippines, PPD Clinical Research Services (Thermo Fisher Scientific)
- **Dr. Monika Bahl** – Founder Director, Shodh Clinicals
- **Dr. Puja Nagpal** – Consultant, Indian Spinal Injuries Centre

Workshop Highlights:

The sessions focused on fostering ethical conduct and adherence to Good Clinical Practice (GCP) guidelines in clinical research. Through expert-led presentations, interactive discussions, and practical exercises, the participants engaged with critical topics such as:

- Fundamental principles of research ethics
- Roles and responsibilities of Ethics Committees
- Implementation of GCP standards
- Ethical decision-making and management of dilemmas in clinical trials

The workshop was attended by **121 participants**, including faculty and research committee representatives from five prominent medical institutions in Uttarakhand:

- Doon Medical College, Dehradun
- Graphic Era Medical College, Dehradun
- Government Medical College, Haridwar
- Himalayan Institute of Medical Sciences, SRHU

Conclusion and Way Forward

This workshop served as a valuable platform for capacity building and inter-institutional collaboration among ethics oversight bodies within the region. By promoting a deeper understanding of ethical frameworks and cultivating a culture of research integrity, the program contributed significantly to enhancing the quality and compliance of clinical research in Uttarakhand.

The broader five-week training initiative will continue, with batch of 30 participants from Gurukul Kangari Haridwar, SGGR Dehradun & SRHU , ensuring sustained engagement and capacity development in ethical research practices.

Dr Nikku Yadav

Incharge Department of Clinical Research

Vice-Principal

(Allied Health PG Program)