

**Swami Rama Himalaya University
Himalayan Institute of Medical Sciences
Department of General Medicine**




Report CME Organised

The theme of the CME was “Innovative strategies to optimize diabetes management” and the proceedings started at 8:00 pm. The first lecture was delivered by Dr Sohaib Ahmad and it was followed by academic deliberations and discussion. Quite a few questions were raised by the delegates and were answered by the speaker and Dr Nisha Batra Dhoot, DM Endocrinology.

The next session was conducted by Dr Ashish Sethi and he discussed his own experience with CGM devices and its implications in the management of diabetes, especially type 1 diabetes.

The sessions covered latest advancements in insulin formulations, personalized insulin therapy strategies, management of insulin resistance and discussion was based on case studies and practical applications.

The session was closed with a vote of thanks by the representatives of Novo Nordisk and felicitation of the speakers.


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