

Title of the Event/Activity:

WEBINAR ON WORLD SCHIZOPHRENIA DAY

Overview: In observance of **World Schizophrenia Day**, the **Mental Health Nursing Department** of Himalayan College of Nursing organized a Webinar on **May 26th, 2025**, in **Mother Teresa Auditorium**, Swami Rama Himalayan University. This year highlighted the focus on raising awareness, dismantling stigma and celebrating the strength of individuals living with schizophrenia

The event commenced by the brief introduction about World Schizophrenia Day, followed by a **welcome address** by **Dr. Grace Madonna Singh**, *Professor & Head, Mental Health Nursing Department*. She emphasized the importance of observing World Schizophrenia Day and need for improved care, research and societal understanding of this complex condition.

Moving further, **Ms. Nitika Bhatt**, Assistant Professor, Mental Health Nursing Department., Introduced our "A renowned expert in Mental Health Nursing field, **Dr. Jasbir Kaur** *Professor cum Principal, MMCON, Maharishi Markandeshwar University, Solan*.

The keynote speaker, **Dr. Jasbir Kaur** *Professor cum Principal, MMCON, Maharishi Markandeshwar University, Solan*, delivered a powerful and deeply knowledgeable session. Sharing her personal journey as both an educator and caregiver, Madam offered valuable insights into the challenges, breakthroughs, distinguishing positive and negative symptoms and daily realities faced by families of schizophrenic patients.

Madam also emphasized the critical role of **non-pharmacotherapy and Nursing interventions along with this understanding and providing structured support** for individuals with schizophrenia. She encouraged the audience to challenge social stigma advocate for inclusive communities and support the schizophrenic patient. Her real life examples have served not only as a source of inspiration but also as a call to action for all attendees.

In her concluding remarks, **Dr. Sanchita Pugazhendi**, *Professor cum Principal, HCN*. She highlighted the need for collaborative efforts in education, healthcare and policy to ensure no one is left behind in the pursuit of providing key role in coordinating this event and promoting awareness globally.

The event concluded with a **feedback session** conducted by **Ms. Arpita Bali & Ms. Neha Sharma**, *Faculty in Mental Health Nursing Department*, where participants shared their reflections and suggestions. This was followed by a heartfelt **vote of thanks** expressing gratitude to the guest speaker, organizers, facilitators and participants for their active involvement and contributions.

Objective:

- Raise awareness about World Schizophrenia Day
- Promote acceptance, inclusion, and support for Schizophrenic individuals
- Align community awareness with development practices

Number of Participants: 120 (Faculty, Students, Staff)

Outcome: The event successfully:

- Increased awareness about schizophrenia
- Promoted inclusive attitudes among students and faculty
- Motivated attendees to support individuals with schizophrenia

grace
Dr. Grace Madonna Ti-p.
Professor & Head
Mental Health Nsg Dept.
HCA, SRHU

Chauhan
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016