

Department of Neonatology
Himalayan Institute of Medical Sciences
Swami Rama Himalayan University
Swami Ram Nagar Doiwala, Dehradun

Ref. No: SRHU/HIMS/Neonatology/2025- *115*

Date: 30/12/2025

To,

The Principal,
Himalayan Institute of Medical Sciences,
Swami Rama Himalayan University,
Dehradun.

Subject: Session held under NHiSGI- a collaborative mentoring program between Himalayan Institute of Medical Sciences Dehradun and Sanjay Gandhi PGI Lucknow.

Respected Sir,

- 1- It is to inform that under the collaboration program between Himalayan institute of Medical Sciences Dehradun and Sanjay Gandhi PGI Lucknow, 'NHiSGI' an online session was held on 29/12/2025 at 8:00 am & was attendant by five institute: - 1- HIMS Dehradun 2- SGPGI Lucknow 3- B.J. Wadia Children's Hospital Mumbai 4- GEIMS Dehradun and 5 – Little ferns hospital, Mumbai.
- 2- Topic of discussion – latest research articles published in 2025, with the potential to change neonatal practice.
- 3- **The following articles/topics were discussed:**


Sr. No	Topic	Presented by	Moderator
1	Seven-day versus 14-day antibiotic course for culture proven neonatal sepsis: a multi centre randomised non-inferiority trial in a low and middle income country	Dr. Jyotika Sareen (DM Resident, SRHU, HIMS)	Dr. Chinmay Chetan (Associate Professor, HIMS, SRHU)
2	Electrical Impedance Tomography in Neonatal Respiratory care.	Dr. Anukul Chandra (Fellow in Neonatology Resident GEIMS Hospital, Dehradun)	Dr. Girish Gupta (Professor, Neonatology, GEIMS Hospital, Dehradun)
3	Targeted oxygen for initial resuscitation of preterm infants: The TORPIDO 30/60 Randomized Clinical Trial	Dr. Anbarasan A Senior Resident (SGPGI, Lucknow)	Dr. Akanksha (Associate Professor) SGPGI, Lucknow)
4	Norepinephrine vs Dopamine for Septic Shock in Neonates	Dr. Arunita Debnath (Fellow in Neonatology) (BJ Wadia Children Hospital, Mumbai)	Dr. Sonal Consultant (BJ Wadia Children's Hospital, Mumbai)
5	Evidence that changed neonatal practices (summary)	Dr. Avinash More Consultant, Pediatrics	Dr. Kiran More Founder and Director, Little Ferns

There were a total of 32 participants: - 8 from HIMS SRHU, 24 from other 4 institutions.

List of Participants

Sr. No.	Name of the Institute	Name of Attendees
1	Himalayan Institute of Medical Sciences, Swami Rama Himalaya University, Jollygrant	1- Dr. Ashok K Deorari, 2- Dr. Chinmay Chetan 3- Dr. Disha Joshi 4- Dr. Jyotika Sareen, 5- Dr. Arshpuneet Kaur, 6- Dr. Ravleen Kaur , 7- Dr. Narender Sharma, 8- Dr. Jaybhaye Deepak
2	Other Institutions (SGPGI Lucknow, Wadia Children Hospital, Mumbai and GEIMS Hospital Dehradun)	1- Dr.Anukul Chandra, 2- Dr.Abhishek Paul, 3- Dr. Akanksha Verma, 4- Dr. Anbarasan A 5- Anita Singh, 6- Dr. Anu Garg, 7- Dr. Arunita Debnath, 8- Dr. Avinash More, 9- Dr. Brajendra Singh, 10- Dr. Richa Joshi, 11- Dr. Sonal Rakshpaul, 12- Dr. Ashish Singh, 13- Dr. Girish Gupta, 14- Dr. Harsh Chaudhary, 15- Dr. Jyoti Banger, 16- Dr. Kiran More, 17- Dr. Kirti Narange, 18- Dr. Mitali Rao, 19- Dr. NJ, 20- Dr. Rukhsar Shaikh, 21- Dr. Vinay Joshi, 22 Dr. Sanchita Dhawan, 23- Dr. Sunita Padhi, 24- Dr. Vinay Joshi

The session concluded at 9.30 am.


Dr Saikat Patra
Associate Professor & In-charge
Department of Neonatology
Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar (Baby Grant)
Dehradun-248016, Regn. No. UKMC - 11780

Copy to: -

- 1- Director General - Academic development, HIMS, SRHU Dehradun.
- 2- Registrar, HIMS, SRHU, Dehradun.
- 3- Director Medical Services, HIMS, SRHU, Dehradun.

Targeted Oxygen for Initial Resuscitation of Preterm Infants: The TORPIDO 30/60 Randomized Clinical Trial



Presenter
Dr Anbarasan A
SR(DM)Neonatology

Moderator
Dr Akanksha
Associate Professor

Original research

Seven-day versus 14-day antibiotic course for culture-proven neonatal sepsis: a multicentre randomised non-inferiority trial in a low and middle-income country

Presenter
Dr Jyotika Sareen
1st yr DM Resident
Department of Neonatology
HIMS, Dehradun

Moderator
Dr. Chinmay Chetan
Associate Professor
Department of Neonatology
HIMS, Dehradun



Norepinephrine vs Dopamine for Septic Shock in Neonates

Expanded CONSORT 2025 Presentation
Randomized Controlled Trial
Journal of Pediatrics 2025

Presenter-Dr.Arunita Debnath
(Neonatology Fellow Wadia)
Moderator- Dr.Sonal
(Consultant Neonatologist)



LATEST RESEARCH ARTICLE OF CLINICAL RELEVANCE THAT HAS POTENTIAL TO IMPACT NEONATAL PRACTICE (RESPIRATORY SYSTEM)

Dr. Anukul Chandra
Post Doctoral Fellow, Neonatology
GEIMS, Dehradun

Evidence that changed Neonatology Practice



DR. AVINASH N. MORE
M.B.B.S., D.C.H., D.N.B. (PEDIATRICS)

MODERATOR
DR. KIRAN MORE
MD, FRACP, AFRACMA
FOUNDER AND DIRECTOR, LITTLE FERN

Participants (32)

- Find a participant
- CC Chinmay Chetan (Me)
 - SL SGPGI Lucknow NHISGI ECHO Progra... (Host)
 - AC Anukul Chandra
 - AP Abhishek Paul
 - A Akanksha Verma
 - AA Anbarasan A
 - AS ANITA SINGH
 - AG Anu Garg
 - AC Anukul Chandra
 - Arunita Debnath
 - AD Ashok Deorari
 - AM Avinash More
 - BRAJENDRA SINGH RAJPOOT
 - D Disha Joshi
 - Dr Richa Joshi

- GG Girish Gupta
- HC Hansh Chaudhary
- J jyoti bangar
- JS Jyotika Sareen
- Kiran More
- KN Kirti Naranje
- MR Mitali Rao
- n narender sharma
- n NJ
- PK Puneet Kaur Sandhu
- Ravleen Kaur
- R Rukhsar Shaikh
- SD sanchita dhawan
- Sunita Padhi
- V Vinay Joshi

- Find a participant
- Dr Richa Joshi
 - S Dr sonal Rakshpaul
 - Dr.Ashish singh
 - GG Girish Gupta
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