

**HIMALAYAN COLLEGE OF NURSING  
SWAMI RAMA HIMALAYAN UNIVERSITY  
JOLLYGRANT, DEHRADUN**

**Ref.No: SRHU/HCN/2025/**

**Date: 1<sup>st</sup> December 2025**

**NOTICE**

**GUEST LECTURE**

Adult Health Nursing Department, Himalayan College of Nursing is organising a Guest Lecture on topic "Breast Health and Cancer: A Cornerstone of Women's Health" on 2<sup>nd</sup> December 2025 from 11:30 am to 1.30 pm in Mother Teresa Auditorium, HCN, SRHU. Students of B.Sc Nursing 1<sup>st</sup> Semester are invited to attend the guest Lecture.



**Dr. Kamli Prakash**

HOD, Adult Health Nursing

Himalayan College of Nursing, SRHU



Principal  
Himalayan College of Nursing  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Dehradun-249016



SWAMI RAMA HIMALAYAN UNIVERSITY  
HIMALAYAN COLLEGE OF NURSING



Organizing Guest Lecture on

***Breast Health and Cancer  
A Cornerstone of Women's  
Health***



**GUEST SPEAKER:-  
DR. RAKESH KUMAR  
FOUNDER - BREAST CANCER IN  
YOUNG WOMEN  
FOUNDATION, U.S.A**

**DATE : 2/12/2025 | TIME: 11:30am**

**VENUE:- Nursing Auditorium**



**HIMALAYAN COLLEGE OF NURSING  
SWAMI RAMA HIMALAYAN UNIVERSITY  
Swami Ram Nagar, Jolly grant, Dehradun**



**Report on Guest Lecture**

**Name of Activity:** Guest Lecture

**Topic:** Breast Health and Cancer: A Cornerstone of Women's Health

**Date:** 2<sup>nd</sup> December 2025

**Time:** 11:30 am to 1:00 pm

**Venue:** Mother Teresa Auditorium, HCN

**No. of Participants:** 250

**Facilitator:** Dr. Kamli Prakash, HOD, Adult Health Nursing

The Department of Adult Health Nursing, Himalayan College of Nursing, organized a Guest Lecture on the topic "Breast Health and Cancer, a cornerstone of Women's Health" on 2<sup>nd</sup> December 2025. The event was conducted under the guidance of Dr. Sanchita Pugazhendi, Principal and Dr. Kamli Prakash, Vice Principal and HOD, Adult Health Nursing, Himalayan College of Nursing, SRHU. The resource person for the session was Dr. Rakesh Kumar, Scientist and Founder of the Breast Cancer in Young Women Foundation, U.S.A

The primary objective of the guest lecture was to educate young students girls and boys about incidences and risk factors of breast specially among young girls and how to identify it early for effective treatment.

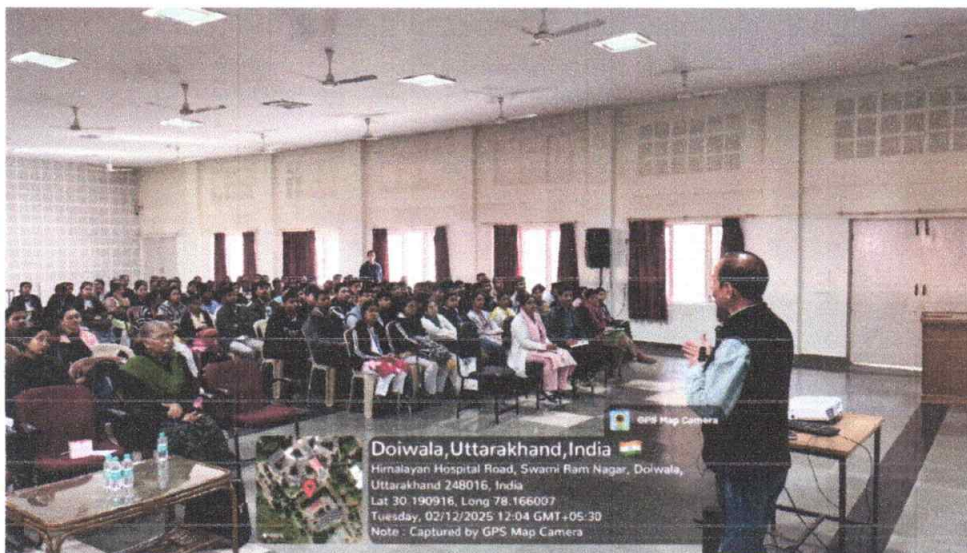
The programme commenced with a warm welcome address delivered by Ms. Ankita Jamoli, followed by an introduction of guest speaker by Mrs Sandhya. Guest speaker Dr. Rakesh Kumar inspired the students and faculty by sharing his professional journey—from a young research scholar to a globally recognized scientist. He emphasized the vital role of youth in becoming catalysts for positive change and the importance of a good mentor in life. During his lecture, he highlighted about breast cancer, especially among young women, and the need for creating widespread awareness. He also discussed major risk factors associated with breast cancer and encouraged everyone to adopt healthy lifestyle practices and avoid behaviours that may increase susceptibility to the disease.

250 students were benefited from the lecture. After the lecture, the guest speaker cleared the doubts of the students. The Session concluded with vote of thanks and felicitation of the guest speaker by Dr. Kamli Prakash, Vice Principal and HOD, Adult Health Nursing,

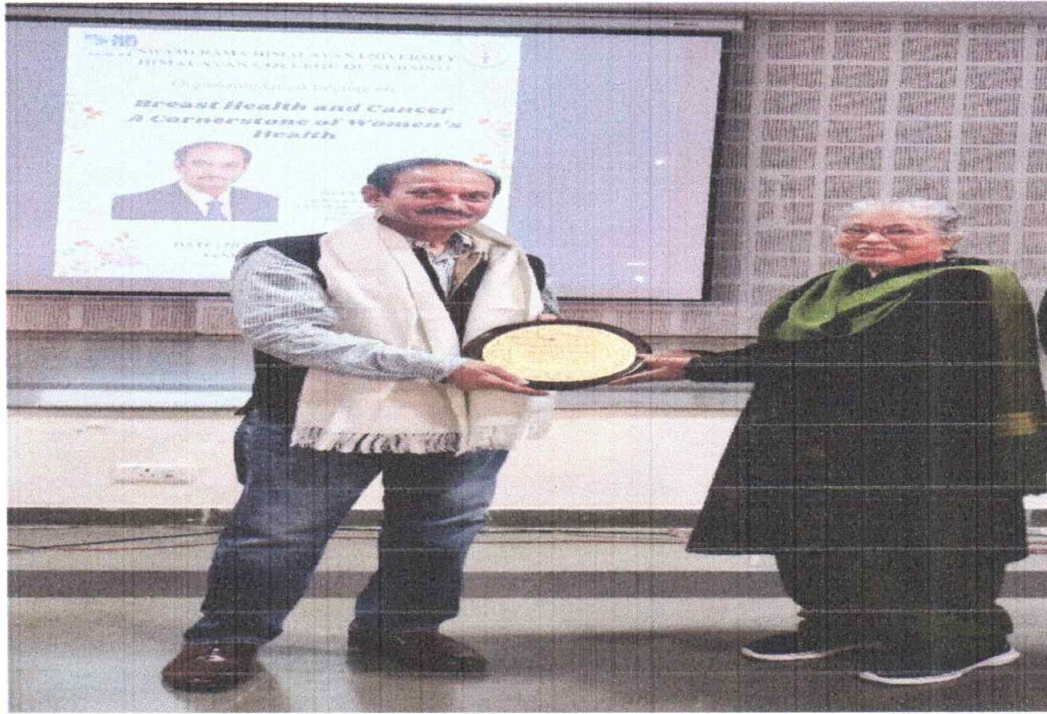
Himalayan College of Nursing, followed by a group photograph with the guest speaker, faculty and students.



Pic.1: Guest Speaker, Dr. Rakesh introducing the audience with his foundation;  
Breast cancer in Young Women Foundation



Pic 2. Guest Speaker delivering the speech to the audience



Pic 3. Felicitation of the guest speaker



Pic 4. Group picture of the guest speaker with the audience

**Mrs. Sandhya Chacko**  
**Activity Coordinator**

**Principal**  
**Himalayan College of Nursing**  
**Swami Rama Himalayan University**  
**Swami Ram Nagar, Jolly Grant**  
**Dehradun-248016**

**Dr Kamli Prakash**  
**Professor & HOD, AHN Dept**

### **Bio-brief of Dr. Rakesh Kumar**

Dr. Rakesh Kumar, PhD, is an internationally renowned molecular cancer biologist and International Endowed Chair Professor at the Cancer Research Institute, Himalayan Institute of Medical Sciences. With nearly four decades of service at leading institutions, including Memorial Sloan-Kettering Cancer Centre and MD Anderson Cancer Centre, he has made pioneering contributions to breast cancer research, particularly in EGFR and HER2 signalling, offering early insights that supported the development of targeted therapies such as Cetuximab and Herceptin. Dr. Kumar has published over 300 scientific papers, edited nine books, delivered more than 280 invited lectures, and served on major editorial boards for over 25 years. Consistently ranked among the top 0.5% scientists globally in oncology, he has also contributed to nearly 100 national and international research funding panels, including the NIH and U.S. Department of Defence. A dedicated mentor, he has guided over 67 trainees who now hold esteemed positions worldwide. In 2023, he founded the world's first *Breast Cancer in Young Women Foundation* in the United States, advancing research, awareness, and advocacy to reduce mortality among young women with breast cancer.

Email- [rakeshkumar@srhu.edu.in](mailto:rakeshkumar@srhu.edu.in)

# Himalayan College of Nursing

SRHU, Jolly Grant, Dehradun

## Guest Lecture on Breast Health & Cancer

Date: 02.12.2025

B.Sc. Nursing 1st Semester

S.No.	Name of Student	Signature
1	Aanchal	<u>Aanchal</u>
2	Aarti Rawat	<u>Aarti</u>
3	Abhishek Kumar	<u>Abhishek</u>
4	Abhishek Singh	<u>Abhishek Singh</u>
5	Adarsh Raturi	<u>Adarsh</u>
6	Adit Rawat	<u>Adit Rawat</u>
7	Aditi Jakhmola	<u>Aditi</u>
8	Aditi Negi	<u>Aditi</u>
9	Aditi Negi	<u>Aditi</u>
10	Aditi Ramola	<u>Aditi</u>
11	Aditi Rana	<u>Aditi Rana</u>
12	Aditi Semwal	<u>Aditi Semwal</u>
13	Aditi Thakur	<u>Aditi</u>
14	Akansh Rawat	<u>Akansh Rawat</u>
15	Akash Singh	<u>Akash Singh</u>
16	Akshat Bahuguna	<u>Akshat</u>
17	Akshita	<u>Akshita</u>
18	Akshita	<u>Akshita</u>
19	Akshita Krishali	<u>Akshita</u>
20	Alisha Gurung	<u>Alisha</u>
21	Alok Chandra	<u>Alok</u>
22	Aman Sharma	<u>Aman Sharma</u>
23	Aman Singh	<u>Aman Singh</u>
24	Amani Tariyal	<u>Amani</u>
25	Amisha Panwar	<u>Amisha</u>
26	Ananya	<u>Ananya</u>
27	Anchal	<u>Anchal</u>
28	Anchal Aswal	<u>Anchal</u>

S.No.	Name of Student	Signature
29	Anchal Rawat	Anchal
30	Anirudh Panwar	Anirudh
31	Anisha	Anisha
32	Anjali	Anjali
33	Anjali	Anjali
34	Anjali Negi	Anjali
35	Anjali Saklani	Anjali
36	Anshdeep Kaur	Anshdeepkaur
37	Anshika	Anshika
38	Anshika	Anshika
39	Anshika Bhatt	Anshika
40	Anshika Jayada	Anshika Jayada
41	Anshika Mehar	Anshika
42	Anshika Ramoda	Anshika
43	Anshika Rana	Anshika
44	Anshika Sajwan	Anshika
45	Anuj Negi	Anuj Negi
46	Anushka	Anushka
47	Anushka	Anushka
48	Anushka	Anushka
49	Anushka Chauhan	Anushka
50	Anushka Sharma	Anushka
51	Aparna Dobhal	Aparna
52	Apurva Rawat	Apurva
53	Arohi Bisht	Arohi
54	Arpit Samuel Singh	Arpit
55	Arpita Rana	Arpita
56	Aryan Sharma	Aryan
57	Ashutosh Bahuguna	Ashutosh
58	Ashutosh Mishra	Ashutosh
59	Astha Balodi	Astha
60	Avantika Rawat	Avantika

S.No.	Name of Student	Signature
61	Avni Bahuguna	<u>Avni</u>
62	Aysha	<del>Aysha</del>
63	Ayush Khugshal	<del>Ayush</del>
64	Ayush Kumar	Ayush Kumar
65	Ayush Negi	Ayush Negi
66	Ayush Singh	<del>Ayush</del>
67	Ayush Upadhyay	<del>Ayush</del>
68	Ayushi Aswal	<del>Ayushi</del>
69	Ayushi Bijalwan	<del>Ayushi</del>
70	Ayushi Bisht	<u>Ayushi</u>
71	Ayushi Chauhan	Ayushi
72	Ayushi Mamgain	<u>Ayushi</u>
73	Ayushi Negi	Ayushi Negi
74	Bhargavi Uniyal	<u>Bhargavi</u>
75	Bhawleen Kaur	Bhawleen Kaur
76	Bhumika Kashyap	<u>Bhumika</u>
77	Bikram Singh	<u>Bikram</u>
78	Chandni	Chandni
79	Chhavi Pokhriyal	<u>Chhavi Pokhriyal</u>
80	Devesh Uniyal	<del>Devesh</del>
81	Dharna	<u>Dharna</u>
82	Dipanshu Joshi	<del>Dipanshu</del>
83	Dipti Kothari	<u>Dipti</u>
84	Disha	<del>Disha</del>
85	Divya	<u>Divya</u>
86	Divya Rawat	<u>Divya</u>
87	Divyani Hatwal	<u>Divyani</u>
88	Divyanshi Bisht	<u>Divyanshi</u>
89	Diya	<u>Diya</u>
90	Gagneesh Kaur	<u>Gagneesh</u>
91	Garv Raj	<u>Garv</u>
92	Gauri Sajwan	<u>Gauri</u>

S.No.	Name of Student	Signature
93	Goldi Yadav	Goldi
94	Gurpreet Kaur	Gurpreet
95	Harshdeep Kaur	Harshdeepkaur
96	Harshit Chauhan	Harshit
97	Harshpreet Kaur	Harshpreet Kaur
98	Himanshi Gautam	Himanshi Gautam
99	Ipshita Naithani	Ipshita
100	Ishan Kumar	Ishan Kumar
101	Ishika	Ishika
102	Ishita Bagiyal	Ishita
103	Janvi Kandiyal	Janvi
104	Jaskirat Kaur	Jaskirat Kaur
105	Kajal Bhandari	Kajal
106	Kanak Arya	Kanak Arya
107	Kanisha Nath	Kanisha
108	Karan Negi	Karan
109	Karishma	Karishma
110	Kashish Rawat	Kashish Rawat
111	Kavita	Kavita
112	Kavya Prasad	Kavya
113	Khushi Garg	Khushi
114	Kirti Kumari	Kirti
115	Kirtika Rawat	Kirtika Rawat
116	Komal	Komal
117	Kritika	Kritika
118	Lakshita	Lakshita
119	Lucky Rawat	Lucky Rawat
120	Mahak	Mahak
121	Mahi Solanki	Mahi
122	Mahima	Mahima
123	Manav Singh Negi	Manav Singh Negi
124	Manisha	Manisha

S.No.	Name of Student	Signature
125	Manshi	M. Sh
126	Maully Saxena	Maully
127	Mayank Godiyal	Mayank
128	Mayank Singh Jayara	Mayank
129	Mercy Paul Masih	Mercy
130	Mohammad Anash	Anash
131	Mohit Kumar	Mohit Kumar
132	Monika	Monika
133	Mudita	Mudita
134	Muskaan Tyagi	Muskaan
135	Naina Nakoti	Naina
136	Naina Nautiyal	Naina
137	Navanshu Bhatt	Navanshu
138	Navya Nautiyal	Navya
139	Neelam Negi	Neelam Negi
140	Neha	Neha
141	Ngawang Losal	Ngawang
142	Nidhi	Nidhi
143	Niharika Kashyap	Niharika
144	Nikhil Pundir	Nikhil
145	Nisha Joshi	Nisha
146	Nishant Rawat	Nishant
147	Nitin Singh	Nitin
148	Nouman Zaidi	Nouman Zaidi
149	Palak Badoni	Palak
150	Palak Bisht	Palak
151	Palak Kothiyal	Palak
152	Palak Pant	Palak Pant
153	Palak Shakya	Palak
154	Paramjeet	Paramjeet
155	Payal	Payal
156	Pihu Joshi	Pihu

S.No.	Name of Student	Signature
157	Pooja	<u>Pooja</u>
158	Pooja	<u>Pooja</u>
159	Pooja Pal	<u>Pooja</u>
160	Pooja Sajwan	<u>Sajwan</u>
161	Pooja Saunriyal	<u>Pooja</u>
162	Prachee Bisht	<u>Prachee</u>
163	Pranjal Sharma	<u>Pranjal</u>
164	Prince Rawat	<u>Prince</u>
165	Princy Negi	<u>Princy</u>
166	Priya Negi	<u>Priya Negi</u>
167	Priyanka Pokhriyal	<u>Priyanka Pokhriyal</u>
168	Priyanka Saka	<u>Priyanka</u>
169	Priyanshi Sajwan	<u>Priyanshi</u>
170	Priyanshi Solanki	<u>Priyanshi</u>
171	Priyanshi Tiwari	<u>Priyanshi</u>
172	Rachna	<u>Rachna</u>
173	Radhika Bahuguna	<u>Radhika</u>
174	Radhika Jethuri	<u>Radhika</u>
175	Radhika Negi	<u>Radhika</u>
176	Reema	<u>Reema</u>
177	Ridhima Bhandari	<u>Ridhima</u>
178	Rishabh Chandra Dobriyal	<u>Rishabh</u>
179	Rishabh Sharma	<u>Rishabh</u>
180	Rishita	<u>Rishita</u>
181	Riya Sharma	<u>Riya</u>
182	Rohan Sajwan	<u>Rohan Sajwan</u>
183	Roshni	<u>Roshni</u>
184	Ruchi	<u>Ruchi</u>
185	Sakshi	<u>Sakshi</u>
186	Sakshi	<u>Sakshi</u>
187	Sakshi Bhatt	<u>Sakshi Bhatt</u>
188	Saloni	<u>Saloni</u>

S.No.	Name of Student	Signature
189	Saloni Kumari Jaiswal	<u>Saloni</u>
190	Saloni Negi	<u>Shu</u>
191	Saloni Pundir	<u>Saloni</u>
192	Sandhya	<u>Sandhya</u>
193	Saniya	<u>Saniya</u>
194	Sanjana Rautela	<u>Sanjana</u>
195	Saranya Bhatt	<u>Saranya</u>
196	Shakshi Negi	<u>Shakshi negi</u>
197	Shashank Sharma	<u>Shank</u>
198	Sheetal	<u>Sheetal</u>
199	Shifa Anjum	<u>Shifa</u>
200	Shikha Rana	<u>Shikha</u>
201	Shivam Pundir	<u>Shivam Pundir</u>
202	Shivam Pundir	<u>Shivam</u>
203	Shivangi Bijalwan	<u>Shivangi</u>
204	Shivangi Mamgain	<u>Shivangi</u>
205	Shivani	<u>Shivani</u>
206	Shiwani Kala	<u>Shiwani</u>
207	Shradha Panwar	<u>Shradha</u>
208	Shravya Negi	<u>Shravya</u>
209	Shrishti	<u>Shrishti</u>
210	Shristi Gupta	<u>Shristi</u>
211	Shruti Khatri	<u>Shruti</u>
212	Shweta Paspola	<u>Shweta</u>
213	Shweta Rawat	<u>Shweta</u>
214	Simran	<u>Simran</u>
215	Simran Pundir	<u>Simran</u>
216	Siya Chauhan	<u>Siya</u>
217	Siya Uniyal	<u>Siya</u>
218	Smriti Panwar	<u>Smriti</u>
219	Snehalata	<u>Snehalata</u>
220	Sofiya Ansari	<u>Sofiya</u>

S.No.	Name of Student	Signature
221	Sonakshi	<u>Sonakshi</u>
222	Soni	<u>Soni</u>
223	Soniya	<u>Soniya</u>
224	Srishti Petwal	<u>Srishti</u>
225	Srishti Rawat	<u>Srishti</u>
226	Sukhveer Singh	<u>Sukhveer</u>
227	Sunidhi Chauhan	<u>Sunidhi</u>
228	Sunita Negi	<u>Sunita</u>
229	Surbhi Chauhan	<u>Surbhi</u>
230	Tanisha	<u>Tanisha</u>
231	Tanisha Chauhan	<u>Tanisha</u>
232	Tanisha Kumari	<u>Tanisha</u>
233	Tanisha Uniyal	<u>Tanisha</u>
234	Tanishka Chauhan	<u>Tanishka</u>
235	Tanishka Rawat	<u>Tanishka</u>
236	Tanu Saini	<u>Tanu</u>
237	Tanvi Panwar	<u>Tanvi</u>
238	Tarashi Chauhan	<u>Tarashi</u>
239	Tejas Verma	<u>Tejas</u>
240	Unnati Bahuguna	<u>Unnati</u>
241	Uttishna Panwar	<u>Uttishna</u>
242	Vaishnavi Sharma	<u>Vaishnavi</u>
243	Vansh Panwar	<u>Vansh</u>
244	Vanshika Butola	<u>Vanshika</u>
245	Vanshika Rawat	<u>Vanshika</u>
246	Varsha Rani	<u>Varsha</u>
247	Vedika	<u>Vedika</u>
248	Vikash Kumar	<u>Vikash</u>
249	Vishu	<u>Vishu</u>
250	Yashika Bisht	<u>Yashika</u>