

Department of Neonatology
Himalayan Institute of Medical Sciences
Swami Rama Himalayan University
Swami Ram Nagar Doiwala, Dehradun

Ref. No: SRHU/HIMS/Neonatology/2025- 25

Date: 09/04/2025

To,

The Principal,
Himalayan Institute of Medical Sciences,
Swami Rama Himalayan University,
Dehradun.

Subject: Session held under NHiSGI- a collaborative mentoring program between Himalayan Institute of Medical Sciences Dehradun and Sanjay Gandhi PGI Lucknow.

Respected Sir,

1- It is to inform that under the collaboration program between Himalayan Institute of Medical Sciences Dehradun and Sanjay Gandhi PGI Lucknow 'NHiSGI' an online session was held on 07/04/2025 at 8:00 am. & was attended by five institutes: - 1- HIMS Dehradun 2- SGPGI Lucknow 3- B.J. Wadia Children's Hospital Mumbai 4- GEIMS Dehradun 5- MRR Children's Hospital, Thane

2- The following topics were discussed:


Sr. No	Topic	Presented by	Moderator
1	Common breast feeding problems and practical solutions	Dr. Ravleen Kaur (DM Resident, SRHU, HIMS)	Dr. Chinmay Chetan (Associate Professor, SRHU, HIMS)
2	Evidence of breast milk benefits in various neonatal morbidities	Dr. Gagandeep Senior Resident (SGPGI, Lucknow)	Dr. Abhishek Paul (Assistant Professor) SGPGI, Lucknow)
3	Common breast feeding problems and practical solutions	Dr. Riya Ghodasara IAP Fellow Neonatology (BJ Wadia Children Hospital, Mumbai)	Dr. Forum Shah Senior Consultant (BJ Wadia Children's Hospital, Mumbai)
4	Physiology of breast milk production, optimal attachment and various breast feeding positions	Dr. Anu Garg (Post Doctoral Fellow in Neonatology, GEIMS Hospital, Dehradun)	Dr. Richa Joshi (Fellow Neonatology, GEIMS Hospital, Dehradun)
5	Breast milk expression and breast pump	Dr. Avani Doshi (Resident, MRR Children's Hospital, Thane)	Dr. Kiran More (Senior Consultant, MRR Children's Hospital, Thane)+

There were a total of 33 participants: - 13 from HIMS SRHU, 20 from other four institutions.

List of Participants

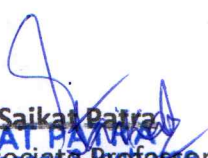
Sr. No	Name of the Institute	Name of Attendees
1	Himalayan Institute of Medical Sciences, Swami Rama Himalaya University, Jollygrant	1- Dr. Saikat Patra, 2- Dr. Chinmay Chetan, 3- Dr. Ravleen Kaur, 4- Dr. Jaybhaye Deepak Khushalrao, 5- Dr. Arshpuneet Kaur 6- Dr. Eesha, 7- Dr. Divya, 8- Dr. Yash, 9- Dr. Shilpi, 10 Dr. Pradeep Singh
2	Other Institutions (SGPGI Lucknow, MRR Children's Hospital Thane, Wadia Children Hospital, Mumbai and GEIMS Hospital Dehradun)	1- Dr. Vaibhav Sheoran 2- Dr. Gagandeep Shukla, 3- Dr. Girish Gupta, 4- Dr. Kanishka, 5- Dr. Naina Puri, 6- Dr. Pushpang, 7- Dr. Avani Shah, 8- Dr. Abhishek, 9- Dr. Alpana, 10- Dr. Ankush Bathla., 11- Dr. Lekha, 12- Dr. Ayushi Rathi, 13- Anu, 14- Dr. Anu, 15- Dr. Ram Shah, 16- Dr. Riya Ghodasara, 17- Ruturaj Patil, 18- Dr. Sagar, 19- Dr. Sanchita Dhawan, 20- Dr. Sonal Rakshpaul, 21- Dr. Sunita, 22- Dr. Utkarsh, 23- Vaidehi Dande,

The session concluded at 9.30 am.


Dr. Saikat Patra
Associate Professor &
Department of Neonatology
Himalayan Institute of Medical Sciences
SRHU, Swami Rama Himalaya University
Dehradun-248016. Regn No. UKMC-1172

Copy to: -

- 1- Director General - Academic development, HIMS, SRHU Dehradun.
- 2- Registrar, HIMS, SRHU, Dehradun.
- 3- Director Medical Services, HIMS, SRHU, Dehradun.


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Common Breastfeeding problems and Practical solutions-Maternal

Presenter

Dr. Ravleen Kaur

DM Neonatology Resident- Second Year
Department of Neonatology
HIMS, Dehradun

Moderator

Dr. Chinmay Chetan
Associate Professor
Department of Neonatology
HIMS, Dehradun

Common Breastfeeding Problems and Practical Solutions – (Neonatal)

Dr Riya Ghodasara

Neonatology Fellow

B J Wadia Hospital for Children, Mumbai

Moderator: Dr Forum Shah

Consultant Neonatologist



Evidence of breast milk benefits in various neonatal morbidities

BREAST MILK EXPRESSION AND BREAST PUMPS:

PRESENTER NAME: DR. AVANI DOSHI

MODERATOR NAME: DR. KIRAN MORE

Presenter: Dr Gagandeep
Senior Resident
SGPGI lucknow

Moderator: Dr Abhishek Paul
Assistant professor
SGPGI Lucknow

