

**HIMALAYAN COLLEGE OF NURSING  
SWAMI RAMA HIMALAYAN UNIVERSITY  
JOLLY GRANT, DEHRADUN**

**REPORT OF WORKSHOP ON ESSENTIAL NEWBORN CARE/FACILITY BASED  
NEWBORN CARE (FBNC)**

The Child Health Nursing Department of Himalayan College of Nursing organized a workshop on “Essential Newborn Care/Facility-Based Newborn Care” on April 4, 2025 at Mother Teresa Auditorium. The objective of the workshop was to enhance the skills of participants in newborn care practices. The event commenced at 8:30 AM with the registration of participants, followed by a pre-test conducted via Google Forms. Dr. Rajkumari Sylvia Devi welcomed the faculty and participants, providing a brief introduction to Essential Newborn Care.

The training was conducted through four interactive workstations:

**Workstation 1 – Thermoregulation: Hypothermia and Kangaroo Mother Care (KMC)**

**Workstation 2 – Hand Washing and PPE (Donning and Doffing)**

**Workstation 3 – Feeding Methods**

**Workstation 4 – Care of Baby under Phototherapy**

A total of 144 students from the B.Sc. Nursing 5<sup>th</sup> Semester were divided into four groups, rotating through each station for 40 minutes. Each station had a **dedicated facilitator** who demonstrated the procedures with explanations, followed by hands-on practice where students re-demonstrated the skills.

After completing all workstations, participants engaged in scenario-based skill assessments, where they performed essential newborn care tasks in simulated conditions. Additionally, students showcased role plays on Kangaroo Mother Care (KMC), newborn resuscitation, and different feeding methods, demonstrating great enthusiasm and precision.

The workshop concluded with a post-test, feedback session, and vote of thanks. The event's success was made possible through the efforts of Dr. Rajkumari Sylvia Devi, Dr. D. Y. Sorte, Dr. Vandana Chauhan, and Mrs. Namrata Pundir, faculty members from the Child Health Nursing Department. This workshop proved to be a valuable learning experience, equipping students with essential newborn care skills through hands-on training and interactive learning.



Picture 1: Workstation on Handwashing and PPE



Picture 2: Group photograph of faculty and students

*Rajkumari S. Devi*  
8/4/2025  
*Vandana Chauhan*  
8/4/2025

**Activity Coordinators**  
**Dr. Rajkumari Sylvia Devi, Professor**  
**Dr. Vandana Chauhan, Associate Professor**  
 Child Health Nursing Department  
 Himalayan College of Nursing  
 Swami Rama Himalayan University

*Sanjenbam Emon Chanu*  
8/4/2025

**Mrs. Sanjenbam Emon Chanu**  
 Associate Professor,  
 HOD, Child Health Nursing Department  
 Himalayan College of Nursing  
 Swami Rama Himalayan University

*Chauhan*

**Principal**  
 Himalayan College of Nursing  
 Swami Rama Himalayan University  
 Swami Ram Nagar, Jolly Grant  
 Dehradun-243016