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**भेषजी विज्ञान स्कूल**

(स्वामी राम हिमालयन विश्वविद्यालय की एक शैक्षणिक इकाई)

**School of Pharmaceutical Sciences**

[A Constituent Academic Unit of Swami Rama Himalayan University]

**REPORT ON**

**WORLD AIDS DAY – 2025**

**Name of the Activity** : “Know AIDS for No AIDS”  
**Date** : 1st December, 2025  
**No. of Attendees** : 55  
**Faculty In-charge** : Dr. Ujjwal Nautiyal, Dr. Srishti Dora

**The School of Pharmaceutical Sciences organised an awareness talk titled “*Know AIDS for No AIDS*” on the occasion of World AIDS Day.**

The session was delivered by **Dr. Ruchi Juyal, Professor, Department of Community Medicine**, who conducted an enlightening and interactive discussion that deeply engaged the students.

Dr. Juyal began by explaining the **historical development and identification of HIV/AIDS**, tracing its early recognition, the scientific breakthroughs that led to its diagnosis, and the global efforts that shaped today’s understanding of the disease. This background helped students appreciate the evolution of HIV research and the progress made in treatment and prevention.

She also shared the story behind the **Red Ribbon symbol**, explaining how it emerged as an international emblem of solidarity, support, and awareness for people living with HIV/AIDS. Understanding its origin gave students a meaningful connection to the significance of World AIDS Day and global advocacy efforts.

To gauge students’ existing perceptions, Dr. Juyal conducted a **Yes/No opinion poll** on commonly believed modes of HIV transmission. Students responded to statements regarding everyday interactions such as handshakes, sharing food, mosquito bites, using common toilets, saliva, tears, and more. This interactive activity highlighted common misconceptions and opened the floor for clarification.

**Prof. (Dr.) Preeti Kothiyal**  
Dean, SPS, SRHU

Dean  
School of Pharmaceutical Sciences  
Swami Rama Himalayan University  
Dehradun

**Dr. Ujjwal Nautiyal**  
Associate Prof.

**Dr. Srishti Dora**  
Assistant Prof.



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After the poll, she clearly explained the **scientifically established modes of transmission**—including unprotected sexual contact, contaminated needles, unsafe blood transfusions, and mother-to-child transmission—while correcting the misconceptions revealed through the poll activity.

A dedicated **myth-buster segment** further helped students differentiate myths from facts, especially those related to casual contact, social stigma, and misconceptions about risk groups.

Dr. Juyal also emphasized that “**Prevention is the Power,**” highlighting essential preventive measures such as safe sexual practices, awareness of one’s HIV status, regular testing, use of clean needles, and protection against occupational exposure. This message reinforced the importance of informed, proactive behavior in reducing HIV transmission.

Dr. Juyal also placed special emphasis on the **crucial role pharmacists play in HIV/AIDS management**, especially as students will soon step into the profession. She encouraged students to see themselves as future frontline healthcare professionals, capable of influencing attitudes, providing accurate information, and contributing significantly to HIV prevention and management.

Throughout the session, she addressed the **taboos and stigma** commonly associated with HIV/AIDS, encouraging students to approach the topic with empathy, scientific understanding, and a non-discriminatory mindset.

The talk proved highly educational and impactful. Students gained **valuable knowledge**, improved awareness, and a deeper understanding of the medical, social, and historical aspects of HIV/AIDS. The interactive format ensured active participation, leaving students better equipped to advocate for accurate information and contribute to reducing stigma in society.

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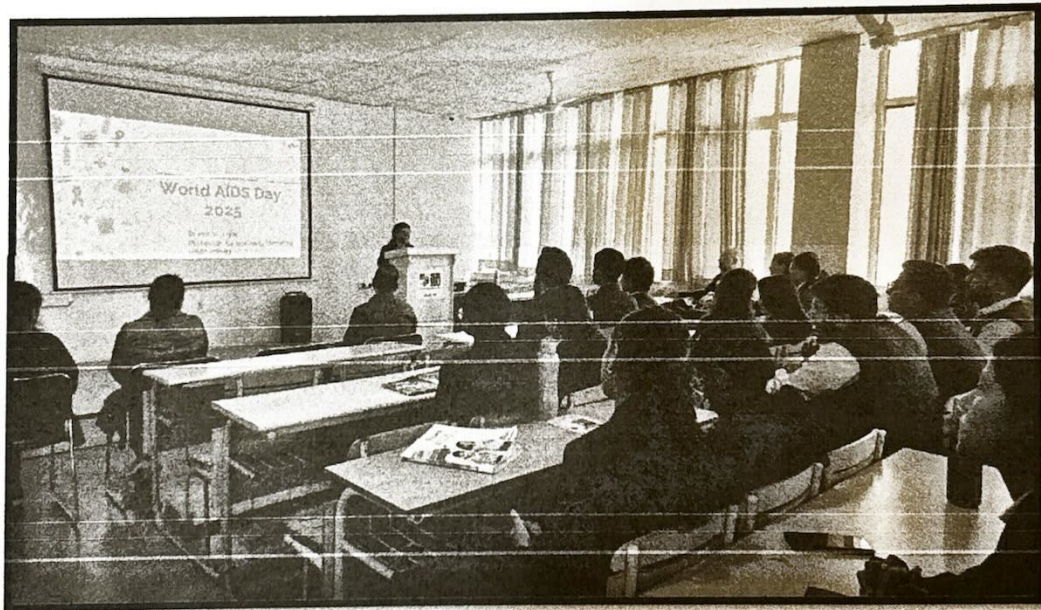
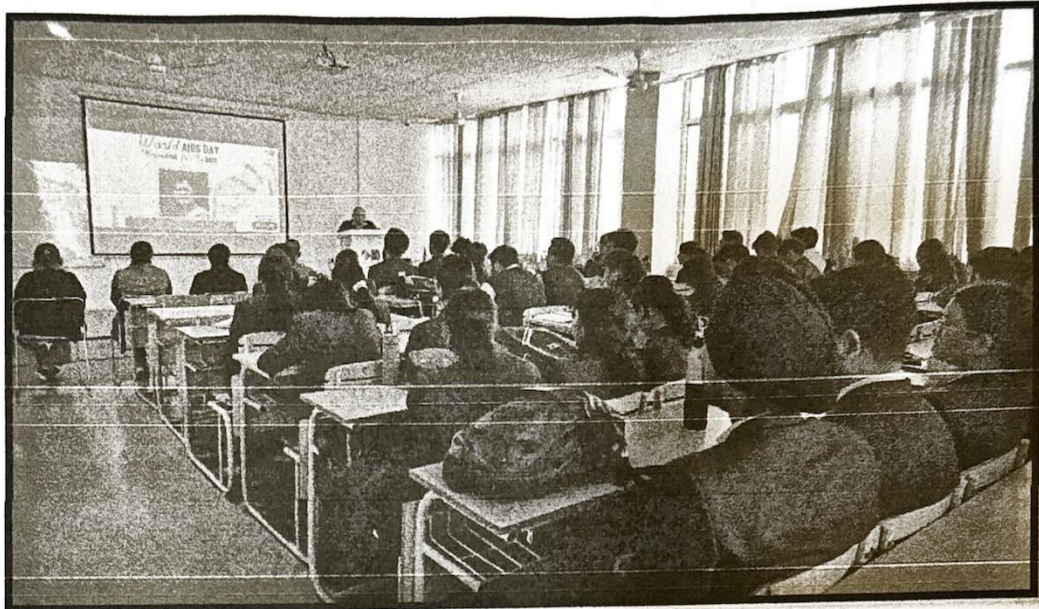
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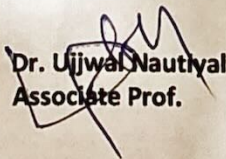
**SOME GLIMPSE OF THE DAY**

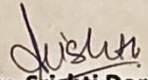


**Dr. Ruchi Juyal, Professor, Department of Community Medicine, Delivering Talk on “Know AIDS for No AIDS” on the occasion of World AIDS Day.**

  
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