



Skills & Simulation Center of Excellence

Swami Rama Himalayan University, JollyGrant, Dehradun



First Aid & CPR Training Report

Training Name: CPR & First Aid

Training Date: 07th Jan 2025

Participants: Staff & Driver of Motor Transport Department **No. of participants:** 41

Instructor Name: Dr. Rajesh Kumar Sharma

Coordinator Name: Dr. Rajesh Kumar Sharma

Training Report

Skills & Simulation Center of HIMS, SRHU has conducted training on CPR & First Aid Management at Motor Transport Department, SRHU. They have taught about Basics of Cardio Pulmonary Resuscitation (CPR), steps of CPR in Adults & Neonates and Chocking management, First Aid Management like Snake bite, Poisoning, Bleeding & Fracture management. During practical session instructors demonstrated the steps of CPR, management of poisoning, bleeding, fracture and transportation of sick patient. At the end of the training program participants were evaluated by post-test. Participants were successfully pass the exams and also given the Certificates.



Dr. Rajesh Kumar Sharma
Professor, Himalayan College of Nursing
Coordinator, AHAI-ITC and SSC

Dr. Ashok K. Deorari
Principal
Himalayan Institute of Medical Sciences