



Department of Medical Education
Himalayan Institute of Medical Sciences
Swami Rama Himalayan University
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HIMS/DME/2025/ 01

Date: 02.01.2025

CME

Date : 04.01.2025

Time: 03:30 PM – 04:30 PM

Day : Saturday

Venue: HLT-2, Charak (Lecture Hall)

Topic: “ERAS in Pediatric Surgery-Newer beginning.”

**Speaker: Dr Aarti Rajput, Assistant Professor
Dept Of Anaesthesiology, HIMS**

Abstract:

Enhanced recovery after surgery (ERAS) is a systematic approach to optimize a patient's health and improve clinical outcomes, increase patient satisfaction and decrease healthcare costs. ERAS involves the application of clinical decision making throughout the patient experience with interventions in the preoperative, perioperative and post operative phases. Although pediatric surgery was slow initially to adopt ERAS, there have been several important developments over the last 5 years including publication of the first ERAS® Society guideline in neonatal intestinal surgery and formation of the Pediatric ERAS® Society. The time is right to implement ERAS broadly across pediatric surgery. Introducing a pediatric ERAS practice can be strongly influenced by the institutional culture and the health care system in which it operates.

However, we believe certain strategies and themes can be widely applicable and of benefit to pediatric population This CME aims to share valuable insights and lessons learned from experience in initiating pediatric ERAS. We hope it can contribute to advancing ERAS implementation in pediatric surgery, ultimately improving outcomes and enhancing the overall care of pediatric surgical patients.

All Faculty & Post Graduate Residents are required to attend the CME.


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