

We Cordially Invite You To
A Scientific Discussion On

Mounjaro: A New Era in Obesity Management

Recent Evidence Published

SURMOUNT-5: Tirzepatide vs Semaglutide

Date



21st Nov
Friday

Time



08:00 PM
TO
09:15 PM

Venue



Hotel MJ Aero
Suites, Jollygrant,
Dehradun

• AGENDA •

TIME	TOPIC	SPEAKERS
08:00-08:15 PM	Why Obesity is a Chronic Disease?	Dr Sunil K Mishra
08:15-08:30 PM	SURMOUNT-ing Obesity with Tirzepatide	Dr Sunil K Mishra
08:30-08:45 PM	Tirzepatide vs Semaglutide: Evidence from Head-to-Head Trials	Dr Sunil K Mishra
08:45-09:00 PM	Initiating Tirzepatide in PwO and PwD	Dr Sunil K Mishra
09:00-09:15 PM	Q&A / Discussion	All

WEIGHT MANAGEMENT

PwD - People with Type 2 Diabetes ; PwO - People with Obesity

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For Tirzepatide Prescribing Information,
please scan QR code.
Additional information is available on request.



**Himalayan Institute of Medical Sciences
Department of General Medicine**

SRHU/HIMS/MED/2025-769

Date: 20 November 2025

Circular

There would be a Guest lecture on 21 November 2025 from 8:00 PM onward as per the following schedule:

TOPIC : **Mounjaro: A New Era in Diabetes and Weight Management**

DATE : 21st November 2025, 8:00 PM onwards


VENUE : Hotel MJ Aero Suites, Jollygrant, Dehradun

SPEAKER : Dr. Sunil Kumar Mishra
Associate Professor
Dept of General Medicine
Graphic Era Institute of Medical Sciences
Dehradun

MODERATORS : Dr. Sohaib Ahmad
Professor & Head
Dept of General Medicine
HIMS, Dehradun

Dr. Nisha Batra Dhoot
Assistant Professor
Dept of General Medicine
HIMS, Dehradun

All faculty members, Senior Residents, and Postgraduate students are requested to attend the interactive session.


Dr. Sohaib Ahmad
Professor & Head
Dept of General Medicine
HIMS
Professor & Head
Dept of General Medicine
HIMS, Swami Ram Nagar
Dehradun(U.K)

**Swami Rama Himalayan University
Himalayan Institute of Medical Sciences
Department of General Medicine**

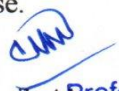
Report Guest Lecture organised on 21 November 2025

The Department of General Medicine organised a guest lecture on **21 November 2025 from 8:00 am onwards**. The session was delivered by Dr. Sunil Kumar Mishra, Associate Professor, Department of General Medicine, Graphic Era Institute of Medical Sciences. He spoke on the topic **“Mounjaro: A New Era in Diabetes and Weight Management.”**

Dr. Mishra provided an insightful and comprehensive overview of Mounjaro (Tirzepatide), highlighting its mechanism of action, therapeutic benefits, recent clinical evidence, and its emerging role in diabetes management and weight control. The session was highly informative and enriched the understanding of evolving treatment strategies in metabolic disorders.

The lecture was well attended by faculty members, Senior Residents, and Junior Residents of the department, who actively participated in the interactive discussion.

The department extends its gratitude to Dr. Sunil Kumar Mishra for sharing his valuable expertise.


Dr. Sohaib Ahmad
Professor & Head
Dept of General Medicine
HIMS, Swami Ram Nagar
Dept of General Medicine (K)
Dehradun

PHOTOS



S. No.	NAME	DEPT.	Signature
1.	Dr. SHREY	INTERNAL MEDICINE	
2.	Dr. MONISH	"	
3.	Dr. KAMAL	"	
4.	Dr. SHIVAM	"	
5.	Dr. Indira Sinha	General Surgery	
6.	Dr. Siddhant	General Surgery	
7.	Dr. Ishwinder Singh Chhatia	General Surgery	
8.	Dr. Tanshy Joshi	General Surgery	
9.	Dr. Anushka Ranganath	General Surgery	
10.	Dr. Kajika Bahuguna	General Surgery	
11.	Dr. Mridami Purohit	General Surgery	
12.	Dr. Sagar Garg	General Surgery	
13.	Dr. Arun Chaudhary	General Surgery	
14.	Dr. Ayush Kuriyal	Gen Surgery	
15.	Dr. Siddharth Pundit	Gen. Medicine	
16.	Dr. Gagan Bansal	Gen. Medicine	
17.	Dr. Mohit Dhondiyal	"	
18.	Dr. Chirag Garg	"	
19.	Dr. Dhruv Verli	"	
20.	Dr. Abhishek Garg	Gen. Medicine	
21.	Dr. Sumit Kumar	"	
22.	Dr. Keshav Garg	"	
23.	Dr. Sandeep	"	
24.	Dr. Harsh Garg	Gen. Medicine	
25.	Dr. Nishant Gupta	"	
26.	Dr. Divyanshu Ghildiyal	Gen. Surgery	
27.	Dr. Sahil Verma	"	
28.	Dr. Aditi Pathak	Gen. Med.	

29. Dr. Reshna Kaushik

Endocrinology
Medicine

Kohli

30. Dr. Sohail Ahmed

"

(M)

31. Dr. Shekhar Keshwal

"

Sharma

32. Dr. Sunil K. Mishra

Endo

→

33. Dr. Nisha Batra

Endo

→

34. M R M Kaushik

Medicine

Sharma

35.