



**HIMALYAN COLLEGE OF NURSING
SWAMI RAMA HIMALYAN UNIVERSITY
Swami Ram Nagar, Jolly grant, Dehradun**



Report on Guest Lecture

Name of Activity: Guest Lecture

Venue: Adi Kailash Auditorium

Date: 19th November 2025

Time: 11am to 12:30pm

No. of Participants: 217

Facilitator: Dr. Kamli Prakash, HOD, Adult Health Nursing

The **Department of Adult Health Nursing**, Himalayan College of Nursing, organized a **Guest Lecture** on the topic “Healing Beyond the Hospital” on **19th November 2025**. The event was conducted under the **guidance of Dr. Sanchita Pugazhendi**, Principal, Himalayan College of Nursing, and **Dr. Kamli Prakash**, Vice Principal and Head of the Department of Adult Health Nursing, Swami Rama Himalayan University. The primary objective of the guest lecture was to create awareness among nursing students and faculty about breast cancer in young women and also to share about work done by Shan foundation in this regard

The programme commenced with the ceremonial lighting of the lamp before His Holiness Swami Rama, followed by the felicitation of the Guest Speaker, Ms. Lorna Larsen, with a shawl and memento by Dr. Renu Dhasmana, Director of Nursing. Subsequently, Dr. Kamli Prakash presented a brief yet comprehensive introduction of the distinguished speaker. Speaker Ms. Lorna Larsen, RN, BSc Nurse, an experienced health promotion specialist shared her profound experience and story behind founding an breast cancer awareness group called Shan Foundation. She created awareness among young adolescent girls regarding modifiable and non-modifiable risk factors, common sign and symptoms of breast cancer. She had emphasized on early detection of breast cancer by regular breast self-examination (BSE) and timely treatment. She also discussed about the importance of preventive health care behaviour and healthy lifestyle practices to be followed by adolescent girls. Ms Lorena had addressed all the queries of the participants.

Subsequently, Dr. Sanchita Pugazhendi, Principal, Himalayan College of Nursing, appreciated the speaker for her enthusiasm and optimism and students for their active participation. Overall, the lecture was an enriching and engaging academic experience that emphasized on creating awareness among young generations on breast cancer and on early detection and treatment.



Pic.1;- Dignitaries' lighting the lamp in front of His Holiness Swami Rama



Pic.2;- Dr. Renu Dhasmana (Director of Nursing), Dr. Sanchita Pugazhendi (Principal), and Dr. Kamli Prakash (Vice-Principal), Himalayan College of Nursing, felicitating the guest speaker.



Pic 3:- Guest Speaker Ms. Lorna Larsen addressing the gathering

Activity Coordinator

Principal