

DEPARTMENT OF MEDICAL EDUCATION

CME/CGR/CDR/GL

Attendance Register

Faculty, SRHU

Guest Lecture

Date : 25.10.2025
Day : Saturday

Time: 08:30 AM – 09:30 AM
Venue: Adi-Kailash Auditorium
(Near - Emergency Building)

Guest Speaker: Dr Sadhanashree.P, M.D (Ayu)

Founder Consultant, Arogyavardhini Ayurvedalaya
Doctor of Medicine (M.D) in Panchakarma
Founder-Director-Chief physician, Arogyavardhini Ayurvedalaya (Bengaluru)

Topic: Rhythm as Medicine: A Scientific Exploration of Ayurveda's Dinacharya

Abstract:

This talk delves into the Ayurvedic principle of Dinacharya - the art of aligning daily life with nature's rhythms - as a profound tool for preventive and lifestyle medicine. The session explores how synchronizing our biological clock with natural cycles enhances physical vitality, mental clarity, and emotional balance. Through scientific insights and clinical reflections, it highlights how rhythm itself can serve as a powerful form of medicine

All Faculty & Post Graduate Residents are required to attend the Guest Lecture.



Guest Lecture - Attendance 25.10.2025

Sr. No.	Emp. Code	Name	Department & Designation	Signature
1	204060	Dr. Juhika Kalia	Pharmacology, Professor	
2	19417	Dr. Bhuvan Bhatia	AP General Surgery	
3	2334	Dr. Neelesh	Paediatrics, Asst Prof	
4	3041	Dr. Nitika	Pedia, Asst. Prof	
5	070	Dr. S.K. Verma	Prof. Medicine	
6	1537	Dr. VINISH	ENT	
7	617	Dr. Drijesh Khosla	Prof. Physiology	
8	5497	Dr. Renu	Dental I.P	
9	1801	Dr. Abhishek Gahl	Prof. HOD Dental	
10	73	Dr. Manya Saini	Prof. Radiology	
11	5626	Dr. Deodari Arora	Arora	
12	024	Dr. Smriti Saini	CCRC	
13	473	Dr. Vijendra Chauhan	Professor Orthopaedics	
14	9079	Dr. R. M. Kaurshuk	Prof. Medicine	
15	6395	Dr. M. Harsh	Prof. Pathology	
16	618	Dr. Anil Rawat	Head Pediatrics	
17	368	Dr. S. Raghavani	Head Radiology	
18	981	Dr. Aarti Kotwal	Prof. Microbiology	
19	0196	Dr. R. Mahalingam	Prof. Orthopaedics	
20	6026	Dr. Harsh Behl	Prof. Head Ophthalmology	
21	368 3682	Dr. Disha Bhatia	Assoc Prof CM	
22	387	Dr. Ashok K. Srivastava	Prof. Com. Medicine	
23	0197	Dr. Anuradha Kulkarni	Pathology, Professor	
24	201042	Jayanti Sengupta	Prof. Head Comm. Medics	
25	6746	Shivangi Henda	Nursing Tutor	
26	6739	Varsha Rawat	Nursing Tutor	
27	7035	Ms. Himani	Nursing Tutor	

Signature by:

Guest Lecture - Attendance 25.10.2025

Sr. No.	Emp. Code	Name	Department & Designation	Signature
28	523	Dr Smita Chandra	Head Pathology	Smita
29	4795	Dr Rashmi Rajput	Assoc Prof OBG	Rashmi
30	484	Dr Jyoti Dived	Professor Physiology	Jyoti
31	1580	Dr AKA AGGARWAL	Professor Anatomy	AKA
32	3652	Dr Shubhanshu	AP Medicine	Shubhanshu
33	4128/2190H	Dr Aisla Naaz	AP Ped Sy	Aisla
34	1820	SHAHBAJ AHMAD	Prof. Gen. Med	Shahbaj
35	7010	D. Poolesha Patwadhan	AP, Radiology	Poolesha
36	5763	Dr Gaurav Bapat	" "	Gaurav
37	6207	Dr. Kangjyng Isloor	" "	Kangjyng
38	7567	Dr RODRIGO	AP Obs & Gynae	Rodrigo
39	248129	Dr DIGNIFY	Assoc Ortho	Dignify
40	724	Dr Gaurav Sui	SR Radiology	Gaurav
41	1	Dr Sanyu Nep	Radiology	Sanyu
42	5563	Dr Ritu Sharma	Assit Prof Radiology	Ritu
43	3880	Dr. Mythali Dhebar	Associate Prof Pathology	Mythali
44	1081	Dr Garima Mittal	Prof. Microbiology	Garima
45	594	Dr Manish Mittal	Ass. Prof Neuro	Manish
46	6515	Manish, Kati	Microbiology	Manish
47	6512	Vandana Kaur	Tutor Biochemistry	Vandana
48	6679	Dr Simatkar	AP Psychology	Simatkar
49	6676	Dr Ankit Kumar	AP CCM	Ankit
50	7707	Dr. Suman Rasgotra	AP Emergency	Suman
51	5519	Dr. Anmol Mahani	AP Radiation Oncology	Anmol
52	6885	Dr Niharika Verma	AP Community Medicine	Niharika
53	7019	Dr Shagun Nani	AP Pathology	Shagun
54	6509	Dr. Smita Singh	AP, Anatomy	Smita

Signature by: _____

Guest Lecture - Attendance 25.10.2025

Sr. No.	Emp. Code	Name	Department & Designation	Signature
55	7543	Dr Deepshikha Rajput	AP, ORGY	Deepshikha
56	6646	Dr Sukhita Upadhyay	AP. Ophthalmology	Sukhita
57	6682	Dr Udit Raj Sharma	Asst. Prof. Ophthalmology	Udit
58	211059	Dr Deepa Singh	Professor Anatomy	Deepa
59	1802	Dr. Aksh Dubey	Professor Anatomy	Aksh
60	201032	Dr. Taruna Sharma	Professor, Pharmacology	Taruna
61	2080	Dr. Saurabh Kohli	Professor, Pharmacology	Saurabh
62	2141	Dr Kiran Nair	Professor, Pharmacology	Kiran
63	7396	Dr. Debanshi Nandi	Asst. Prof Physiology	Debanshi
64	7669	Dr Shalini Singh	Asst. Prof Pathology	Shalini
65	3265	Dr Manika	Prof Pathology	Manika
66	7439	Dr Megha Tyagi	Asst. Prof Pathology	Megha
67	995	Dr. Anu Gupta	Asst. Prof Pediatrics	Anu
68	9117	Dr Ashwini Kulkarni	Asst. Prof. Medicine	Ashwini
69	7502	Dr Mandeep S. Khosla	A.P. Pediatrics	Mandeep
70	2133	Dr Sanjay Wasim	Prof. Pediatrics	Sanjay
71	4405	Dr Kiran Bhat	Prof + Head Biochem	Kiran
72	7531	Dr. Deeksha Gupta	AP Neonatology	Deeksha
73	7642	Dr. Malvika Singh	AP Microbiology	Malvika
74	4186	Dr. Ravish Kumar	Asst Prof Pediatrics	Ravish
75	3394	Dr MUKTA SINGH	Associate Prof EMERGENCY MEDICINE	Mukta
76	6761	DR CHHAVI GARG	Asst. Prof Ophthal	Chhavi
77	154	Dr Sanjay Dived	Professor Surgery	Sanjay
78	7438	Dr. Vikas S. Shinde	Asst. Prof. Pharmacology	Vikas
79	6647	Mr. Sahil Sharma	Asst. Prof. Audiology	Sahil
80	6035	Kaushik Shukla	Asst. Professor Audiology	Kaushik
80	7090	Dr Pradyumna Chandra Sharma	Professor Surgery	Pradyumna

Signature by:

- 7092
- 82 Dr. Pranjay Mongair Assistant Professor Surgery P.H.
- (5477)
83 Dr. Mitali Verma Asst. Prof Gen. Medicine Gita
- 84 Dr. Tam Varshney A.P. Biochemistry Jans
- 85 Archana Das Asst. pf Anidology Archana
- 86 G150 Dr. ASW Sindi Pediatrics 25/10/25
- 87 6547 Dr. Deepika Sharma A.P. Anatomy
- 88 6030 Dr. Neha Verma A.P. C.M. / Ael
89. 3309 Dr. Pooja Ranjan Avinash Prof Psychiatry d
90. 5922 Abhishek Shukh Assistant A. Abh
91. 6106 Ruchi Redha
- 610 Dr. Abhishek Physiology Abh
- 6032 Dr. Umika Joshi A.P. Redology Jale

DEPARTMENT OF MEDICAL EDUCATION

CME/CGR/CDR/GL

Attendance Register

Senior Resident



Guest Lecture - Attendance 25.10.2025

Sr. No.	Emp. Code	Name	Department & Designation	Signature
1	6846	Dr. Sushil Kumar	Physiology	[Signature]
2	7322	Dr. Subajyoti Banerjee	SR Pediatrics	[Signature]
3	21099	Dr. Vinay G	SR Surgical Oncology	[Signature]
4	31337	Dr. Anas Kalle	SR Surgical Oncology	[Signature]
5	31350	Dr. Anupam B. Wale	SR Surgical Oncology	[Signature]
6	31538	Dr. Roshni Manek	SR Surgical Onco	[Signature]
7	31539	Dr. Suresh Kumar	SR Surgical Onco	[Signature]
8	4315	Dr. May Kumar	Associate P. Pediatrics	[Signature]
9	31532	Dr. Pratik White KVS	SR DM CARDIOLOGY	[Signature]
10	31533	Dr. Nidhi Mahalingam	SR DM CARDIOLOGY	[Signature]
11	4196	Dr. Arjuman Kishna	Tutor - Physiology	[Signature]
12	31334	Dr. Nandini	SR - Neonatology	[Signature]
13	31335	Dr. Anshu Kaur	DM Neonatology	[Signature]
14	6647	Ms. Cahil Sharma	ENT, A.P.	[Signature]
15	7296	DR MADHAI	SR Orthopedics	[Signature]
16	7645	DR. ARUSHI	SR MICROBIOLOGY	[Signature]
17	7279	DR. KARAN	SR MEDICINE	[Signature]
18		Himangi	PDCP Trainee	[Signature]
19		Gracy	"	[Signature]
20		Kriti	"	[Signature]
21		Aarushi	"	[Signature]
22		Anjali	"	[Signature]
23		Preksha	"	[Signature]
24		Bhanyu	"	[Signature]
25	31520	Dr. Neeraj	SR Neurology	[Signature]
26	31526	Dr. Divya Joshi	SR Neurology	[Signature]
27	31524	Dr. Jyoti	SR Neurology	[Signature]
28	31540	DR. RAHIL	DM Neurology	[Signature]
29	5922	Abhishek Shukla		[Signature]
30	7167	Dr. Anwar	SR Dermatology	[Signature]

DEPARTMENT OF MEDICAL EDUCATION

CME/CGR/CDR/GL

Attendance Register

PG (MD/MS)



GUEST LECTURE: 25/10/2025

SR NO	Emp CODE	NAME	Dept. Designation	Sign
1		Dr Neko Pandey	Physiology	Neko
2		Dr Shivam	OBGYN JR	Shivam
3	31209	Dr Dimple	OBGYN JR-2	Dimple
4	31507	Dr Pragya Paut	OBGYN JR-1	Pragya
5		Dr Araksha	OBGYN JR-1	Araksha
6		Dr Nete	JR-4	Nete
7		Dr Nandu	JR-4	Nandu
8		Dr Nancy	JR-4	Nancy
9		Dr. Anurag	Gen Med.	Anurag
10		Dr Beena	JR Pathology	Beena
11	31167	Dr Shaqun	JR2 Pathology	Shaqun
12		Dr. Anjana	JR1 microbiology	Anjana
13	31484	Dr. Shriyom Singh	JR1 Biochemistry	Shriyom
14		Dr. Atanksha Shokeen	JR2 Biochem	Atanksha
15		Dr Anjali	JR-2 Peds	Anjali
16		Dr Devanshi	JR-2 Peds	Devanshi
17		Dr Aronj Bawer	JR-1 Pediatrics	Aronj
18		Dr Rm Gopal	JR-1 Peds	Rm Gopal
19		Dr Argha	JR-2 Peds	Argha
20	31164	Dr Anam	JR-2 Patho	Anam
21	31166	Dr Bhavya	JR-2 Patho	Bhavya
22		Dr Piyush	JR-1 Radiation Onc	Piyush
23	31147	Dr Anshu	JR2 24BT	Anshu
24	31148			
25	21229	Dr. Madan Mohan	JR Urology	Madan
26		Dr. Shambhavi	JR. Radiotherapy	Shambhavi
27		Mrs. Aepita Bali	Nursing Tutor, HCO	Aepita
28		Mrs. Pragatikawant	Nursing Tutor, HCO	Pragati
29		Mrs. Priya Pat	Nursing Tutor, HCO	Priya
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GUEST LECTURE: 25/10/2025

Date: / /
Page No.:

SR. NO	EMP CODE	NAME	Dept. Designation	Sign
31	31149	Dr. Saumya Singh	JR2 Microbiology	Sign
32	31165	Dr. Guneet Bathla	JR2 Pathology	Sign
33	31435	Dr. NIMIT	JR1 ENT	Sign
34	31227	Dr. Nigrah Varshit	JR2 ZIMT	Sign
35	31157	Dr. Bahmani	JR2 Pediatrics	Sign
36	31143	Dr. Anshu Laksh	JR2 Medicine	Sign
37	31128	Dr. Sakshi Sah	JR2 Ophthalmology	Sign
38	"	Dr. Puneet Kaurshik	JR2 Ophthalmology	Sign
39	"	Dr. Meekha Wadhwa	JR3 Ophthalmology	Sign
40		Dr. Shyamli Sanyal	JR-2 physiology	Sign
41		Ms. Neha Sharma	Tutor, MGN	Sign
42		Dr. Shubhangi	ENT JR	Sign
43		Dr. Aditi	ENT-JR-I	Sign
44		Dr. Akarman	ENT-JR-I	Sign
45		Dr. Mayank	PEDIATRICS JR I	Sign
46		Dr. Yash	PEDIATRICS JR II	Sign
47		Dr. Ashok	PEDIATRICS JR I	Sign
48		Dr. Saanvi	Pediatrics JR II	Sign
49		Dr. Bhanyia	Pediatric JR I	Sign
50		Dr. Swati	Pediatric JR I	Sign
51		Dr. Kritika	Pediatric JR 2	Sign
52		Dr. Bharat	Pediatric JR 2	Sign
53		Dr. Bhagendra	Pediatric JR I	Sign
54		Dr. Sri Vaishnavi	Surgery JR	Sign
55	31170	Dr. Alankar	Pathology JR 2	Sign
56	698	Mrs. Rupa JPW.	College of Nursing	Sign
57		Dr. Shashank	JR II ortho	Sign
58		Dr. Navshah	JR I ortho	Sign
59		Dr. Muskan	JR I ortho	Sign
60		Dr. Ali	JR I Pediatrics	Sign
61		Dr. Rizal	JR III Pediatrics	Sign

SR NO	EMP CODE	NAME	Dept. Designation	Sign
61		Dr. Karan Deep	JR I Gen Surg	[Signature]
62		Dr. Harshit Goyal	JR2 Gen Surg	[Signature]
63		Dr. Mayank Nambiyal	JR 2 Medicine	[Signature]
64		Dr. Lakshita	JR-1 IHB?	[Signature]
65		Dr Vandana	JR-1 IHB?	[Signature]
66		Dr. Brijesh	JR-1 IHB?	[Signature]
67		Dr. Teena Rajput	JR-1 OVL	[Signature]
68	31480	Dr. Vagisha Goyal	JR-1 Patho	[Signature]
69	31497	Dr. Shrut Kasper	JR-1 Patho	[Signature]
70	31516	Dr. Nidhi Srivastava	JR-1 Patho	[Signature]
71	31481	Dr. Anurima Gupta	JR-1 Patho	[Signature]
72	31514	Dr. Harsh	JR-1 Patho	[Signature]
73	31441	Dr. Rahul	JR-1 Pedis	[Signature]
74		Dr. Poorvi	JR-1 Derm	[Signature]
75	31172	Dr. Parthiv Dhand	JR-3 Pharmacology	[Signature]
76		Dr. Kiranjot	JR-1 Psychiatry	[Signature]
77	31464	Dr. Navya Sharma	JR1 Pediatrics	[Signature]
78	31156	Dr. Prashant	JR-2 Pedis	[Signature]
79	31436	Dr. Anshu	JR-1 Pedis	[Signature]
80	31160	Dr. Anshu	JR-1 Pedis	[Signature]
81		Dr. Anuradha	JR2 Micro	[Signature]
82		Dr. Mani	JR3 Micro	[Signature]
83		Dr. Prathista	JR3 Patho	[Signature]
84		Dr. Vaibhav Ginfil	JR-2 Emergency Med.	[Signature]
85		Dr. Karan Sharma	JR-1 Emergency Med.	[Signature]
86		Dr. Soti Gupta	JR-2 Emergency Med.	[Signature]
87		Dr. Mohu	JR-1 Emergency Med.	[Signature]
88		Dr. Kishan	JR-3 Pharmacology	[Signature]
89		A. SIMRAN	JR1 DORNA	[Signature]
90		A. Tabern	JR2 Derm	[Signature]

GUEST LECTURE: 25/10/2025

Date / /
Page No.

SR No	Emp Code	NAME	Dept. Designation	Sign
91	31181	Dr Baghari Thapliyal	JR-2 Radiology	Sign
92		Dr Namy	JR-2 gynae	Ⓡ
93		Dr. Lalak	JR-1 gynae	Ⓡ
94		Dr. Akansha	JR-1 gynae	Ⓡ
95		Dr. Jahansi	JR-1 gynae	Ⓡ
96		Dr. Shivani	JR-1 gynae	Ⓡ
97		Dr. Pragya	JR-1 gynae	Ⓡ
98		Dr. Dimple	JR-2 gynae	Ⓡ
99		Dr. Navroz	JR-2 gynae	Ⓡ
100	31127	Dr. Shobhit Jain	JR Radiology	Ⓡ
101		Dr. Aghar	JR. Radiology	Ⓡ
102		Dr. Ishani	JR Gen Surgery	Ⓡ
103	31195	Dr. Anken.	JR Gen Surgery	Ⓡ
104		Dr. Ching	JR-1 Medicine	Ⓡ
105		Dr. Rithebh Arora	JR-2 Pharmacology	Ⓡ
106		Dr Akash Nirmal	JR-1 Pharmacology	Ⓡ
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