

SWAMI RAMA HIMALAYAN UNIVERSITY
DEPARTMENT OF DERMATOLOGY, VENEREOLOGY & LEPROSY

Report on PRP/GFC/Exosomes Hands-on Workshop

The Department of Dermatology, HIMS Dehradun, successfully conducted a **Hands-on Workshop on PRP, GFC, and Exosomes** on 27.9.25. The workshop was attended by **20 enthusiastic delegates**.

The session commenced with a **one-hour theory discussion**, covering the scientific basis, clinical indications, and practical aspects of PRP, GFC, and exosome therapies. This was followed by a **live demonstration and hands-on session**, where **three patients were demonstrated** to provide participants with real-time clinical exposure.

Delegates were given **ample time for interaction and discussion**, ensuring clarity of concepts and techniques. The **feedback from participants was overwhelmingly positive**, with students appreciating the structured teaching, practical exposure, and opportunity for personalized learning.

The workshop concluded on a highly encouraging note, reinforcing the department's commitment to **academic excellence and skill-based training in regenerative dermatology**.



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