

Report on Guest Lecture

The **School of Yoga Sciences, Swami Rama Himalayan University (SRHU)**, organized a Guest Lecture on the topic “**How to Frame the Research**” on **26th September 2025**. The lecture was aimed at guiding research scholars and supervisors in framing and structuring their research work more effectively. The session was held at the **B.C. Roy Auditorium, SRHU** and began at **03:00 PM**. It was followed by a High-Tea gathering which encouraged informal academic discussions among participants.

The lecture was delivered by **Dr. Shashibala Singh**, a distinguished academician, and Board of Governors (BOG) member of SRHU. Dr. Singh shared her expertise and insights on research methodologies, emphasizing the importance of clarity, structure, and critical analysis in research framing. Her talk covered essential aspects such as problem identification, objectives formulation, literature review, hypothesis construction, and structuring research proposals.

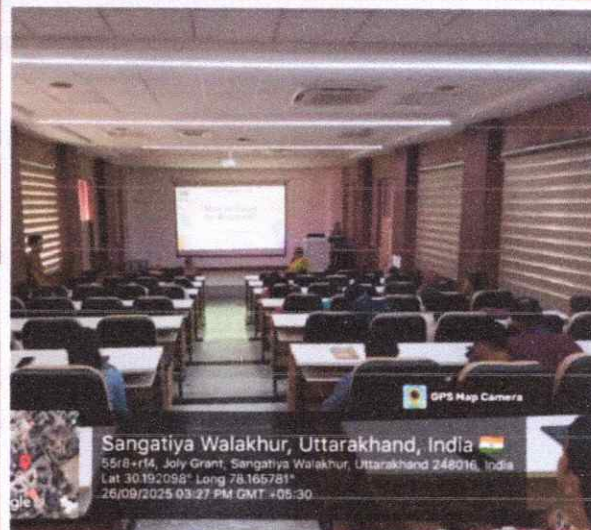
The audience comprised **Research Scholars and Supervisors** from SYS (School of Yoga Sciences), SBS (School of Biological Sciences), and Himalayan School of Nursing. The lecture was highly informative and interactive, with participants engaging in questions and discussions that enriched their understanding of research practices. The event was successfully coordinated under the guidance of the **Officiating Principal, School of Yoga Sciences, SRHU**. The well-organized session reflected the university’s continuous efforts to promote quality research and academic excellence.

Overall, the Guest Lecture proved to be a valuable academic exercise, equipping scholars with essential knowledge and motivation to pursue impactful research in their respective fields.

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Photograph of Events



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