

On the occasion of World Hand Hygiene Day 2026

GUEST LECTURE

ON

“Clean Hands, Safe Lives: Your Action Matters”



Dr. Mehvish Khalid

Dean & Principal
School of Nursing

Dev Bhoomi Uttarakhand University, Dehradun



Date: May 5, 2026



Time: 03:30 pm onwards



Venue: Mother Teresa Auditorium

Organized by
Nursing Foundation Department

Dr. Harleen Kaur

Professor & HOD, Nursing Foundation
HCN, SRHU

Dr. Sanchita Pugazhendi

Professor & Principal
HCN, SRHU



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**HIMALAYAN COLLEGE OF NURSING
SWAMI RAMA HIMALAYAN UNIVERSITY**
Swami Ram Nagar, Jolly Grant, Dehradun



Report of Guest Lecture on World Hand Hygiene Day 2026

Organizer: Nursing Foundation Department, Himalayan College of Nursing, SRHU

Beneficiaries: B.Sc. Nursing 2nd Semester Students

No. of Beneficiaries: 227

Date: 05/05/2026

Time: 3:00 pm to 4:30 pm

Venue: Mother Teresa Auditorium, HCN, SRHU

The Nursing Foundation Department, Himalayan College of Nursing, SRHU successfully organized a Guest Lecture on the occasion of World Hand Hygiene Day on 05th May 2026 at Himalayan College of Nursing, SRHU. The guest lecture was conducted under the theme “Clean Hands, Safe Lives: Your Action Matters” with the objective of creating an awareness regarding the importance of hand hygiene practices and infection prevention among nursing students.

The program was carried out successfully under the visionary leadership of Dr. Sanchita Pugazhendi, Principal, HCN, SRHU, with continuous support and guidance from Dr. Harleen Kaur, HOD, Nursing Foundation Department. Students actively participated in the program and contributed towards making the event successful.

The guest speaker for the session was Dr. Mehvish Khalid, Dean & Principal, School of Nursing, DBUU, Dehradun who delivered an informative and interactive lecture on the significance of hand hygiene in healthcare settings and daily life. The speaker highlighted the importance of proper hand washing techniques, prevention of healthcare-associated infections, maintenance of personal hygiene, and the role of healthcare professionals in promoting patient safety through effective hand hygiene practices.

During the session, various important aspects related to hand hygiene were discussed, including the WHO recommended steps of hand washing, the “Five Moments of Hand Hygiene,” and the importance of using alcohol-based hand rubs in clinical settings. The lecture also emphasized the responsibility of healthcare workers and students in preventing the spread of communicable

diseases through proper infection control measures. Interactive discussion was conducted to encourage active participation and enhance learning among the students.

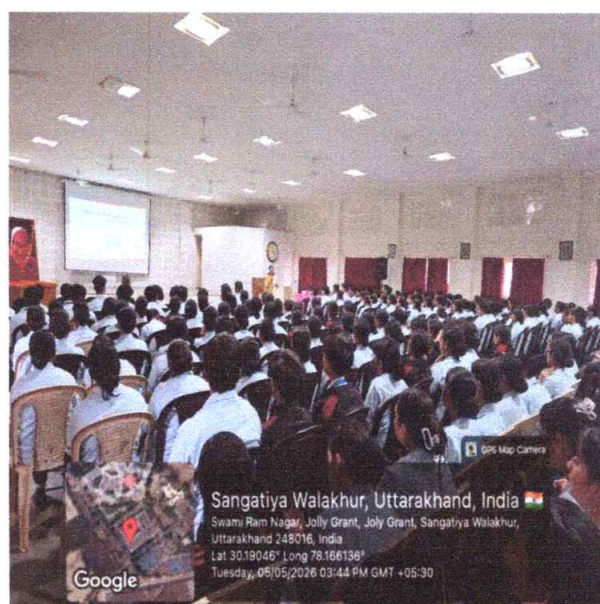
Faculty members provided continuous support throughout the session, ensuring effective coordination and active involvement of the participants. The lecture created an awareness among students regarding the importance of clean hands in maintaining patient safety and community health.

Conclusion:

The Guest Lecture conducted on World Hand Hygiene Day 2026 under the theme “Clean Hands, Safe Lives: Your Action Matters” was highly informative, interactive, and educational. The session successfully enhanced the knowledge and an awareness of students regarding proper hand hygiene practices, infection prevention, and the importance of personal responsibility in promoting safe healthcare practices.



Picture 1: Guest speaker delivered a session on “Clean Hands, Safe Lives: Your Action Matters”.



Picture 2: Beneficiaries attentively and actively participated in the session.



Picture 3: Organizing Team & Beneficiaries with Guest Speaker.



Picture 4: Organizing Team facilitated the guest speaker.

Inkala
Activity Coordinator

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HOD, Nursing Foundation