

INDOKOREAN ENDOSPINE IKES'26

VENUE : HIMS, MS GALAXY Hospital , Hotel MJ Residency

1st - 3rd MAY DEHRADUN, INDIA**Indokorean Endospine IKES'26** - 19th CADAVERIC and Live / reLIVE SURGERY COURSE ON SPINE ENDOSCOPY....Program DetailsVenues –

- 1- Department of Anatomy HIMS, Jolly grant** – Cadaver Hands on Workshop (1st May). Airport and HIMS has common boundary wall and HIMS is 25km (25 mins) from Hotel MJ Residency, Hotel NJ Portico, Hotel Pride Solitaire
- 2- Hotel MJ Residency** – Accommodation for Faculties. Venue for the Conference on 2nd – 3rd May.
- 3- Hotel NJ Portico, Hotel Pride Solitaire** - These hotels are located close to Hotel MJ Residency, and local transport will be provided for all delegates and faculty members.

Day 1 (1st May)

6.30am – 7.30am	Breakfast at Hotel	
7.30 am – 8.00am	Departure to HIMS, Jolly grant by Bus from Hotel MJ Residency, Hotel NJ Portico, Hotel Pride Solitaire	
8.00 am – 8.30am	Assembly at BC Roy Hall , HIMS, Jolly grant – Welcome and Division of Groups	
8.30 -12.30 pm (Pre-Lunch)	Group A (Anatomy Hall) Hands on Cadavers – - Transforaminal - Interlaminar - UBE, KLIF, PSCD Faculties – <i>Dr K T Lim, Dr Vladislav, Dr Sai Dileep, Dr Varun, Dr Jayant, Dr Kiran Jayswal, Dr Jalaj, Dr Arvind Kumar, Dr Anand Bhusan, Dr Siddharth, Dr Amitesh</i>	Group B (Conference Room) Basic Lectures – 20 mins 1. TF - Anatomy, Anesth, Positioning – Dr Chandrashekhar 2. TF - Instruments, Technique - Dr Shrutika 3. IL - Anatomy, Anesth, Positioning, Instruments – Dr Chandratej 4. IL - Technique, Complications – Dr R Gajula 5. ParaPSLD - Anatomy and Technique – Dr Huang 6. UBE - Anatomy, Anesth, Positioning, Instruments – Dr G Azam 7. UBE - Triangulation, Technique, Complication – Dr Aashutosh 8. PSCD - Anatomy, Anesth, Positioning, Instruments – Dr Sudhakaran 9. PSCD - Technique and Complications – Dr Akhorr 10. TBD – Dr Tushar 11. Questions Answers / Queries – Dr Shiraj
12.30-1.00pm	Lunch – Start with Group B later joined by Group A at 1.00pm	
1.00-5.00pm (Post Lunch)	Group B (Anatomy Hall) Hands on Cadavers – - Interlaminar - UBE - Post Cervical Endoscopy Faculties- <i>Dr Akhorr, Dr Huang, Dr Ashutosh, Dr R Gajula, Dr Chandratej, Dr M Sudhakaran, Dr G Azam, Dr Chandrasekhar, Dr Shiraj, Dr Tushar, Dr Shrutika</i>	Group A (Conference Room) Basic Lectures – 20 mins 12. TF - Anatomy, Anesth, Positioning, Instruments - Dr Jalaj 13. TF - Technique, Complications – Dr Sidharth 14. IL - Anatomy, Anesth, Positioning, Instruments – Dr Aanand Bhushan 15. IL - Technique, Complications – Dr Jayant 16. ParaPSLD - Anatomy and Technique – Dr Sai Dileep 17. UBE - Anatomy, Anesth, Positioning, Instruments – Dr Arvind 18. UBE - Tringulation, Technique, Complication – Dr Kiran 19. PSCD - Anatomy, Positioning, Instruments, Technique – Dr Vladislav 20. OOLIF - Transkambin Fusion - Technique TBD – Varun Aggarwal 21. Questions Answers / Queries – Dr Kiran
4.30-5.00pm	Tea in the Conference room, Group Photo prior to Departure at 5pm	
7.30pm - 8.30pm (12 mins)	Assembly at Madhur Milan, Hotel MJ Residency for Inauguration, followed by Dinner 1. Present and Future prospectives of TF Endoscopy – Dr Aanand Kavi 2. Overcoming the learning curve in Full Endoscopic Spine Surgery – Dr Chandratej Kadam 3. Learning Curve in UBE, My experience in first 100 cases – Dr G Azam 4. Endoscopic Spine surgery: My prospective (Few words) - Dr KT Lim, Dr Shibayama, Dr Anand, Dr Bhupesh	
8.30pm-10.30PM	Inauguration followed by Dinner and Fellowship	

Day 2 (2nd May)

6.30am – 7.30am	Breakfast at Hotel	
7.30 – 8.00am	Registrations and Assembly at Madhur Milan, Hotel MJ Residency	
SESSION 1. Chairpersons – Dr Shibayama Dr Bhupesh Dr Varun	8:00-9:00am (12 min each) - Key Note – Dr KT Lim Presentations - 5. Endoscopic Anatomy of Lumbar spine – Dr Anand Bhushan 6. MRI Lumbar Spine: Basics and Essentials in Spine Endoscopy – Dr Ramesh Pandey 7. Diversity of Uniportal Spine Surgery - Part I – Dr KT Lim 8. Chronic Annular Tears – How to manage them? - Dr Aanad Kavi 9. Transforaminal Endoscopic Lumbar Discectomy – Indications and Technique – Dr Siddharth	
	9:00-9.45am	Live Surgery Case – Dr KT Lim - PSLD

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Dr Jayant Dr Ashutosh Dr Kiran	9:45am-10.45am (12min each)	Presentations - 10. TF Lateral Canal Decompression – Dr Sukumar 11. Challenges in TF Spine Endoscopy – Dr Priyank Uniyal 12. Epidural varicosity, an under-recognized cause of radiculopathy? Dr Chandrashekar 13. Endoscopic Facet Joint Denervation in Low Back Pain: Indications and Technique – Dr Huang 14. Essentials of endoscopy instruments – Dr Varun
	10:45am-11.15am	reLive Surgery Case – Dr Anand Kavi (PELD)
	11:15am-12.15pm (12 min each)	Presentations - 15. How to start PSLD as a first case? – Dr Achal Gupta 16. Full spine Endoscopy for migrated disc herniations, – Dr Jayant 17. Jumping Technique in PSLD for multilevel degeneration – Dr Akhror 18. Advanced MED and its surgical technique – Dr Shibayama 19. Technique and Indication of Para PSLD - Dr Achal Gupta
	12.15pm – 1.00pm	Live Surgery Case – Dr Sukumar, Dr Bhupesh (Full Endoscopy – LCD)
LUNCH	1:00pm-1:30pm	
SESSION 2. Chairpersons – Dr KT Lim Dr Anand Kavi Dr Sukumar Dr Achal Gupta Dr Ramesh Dr Akhror	1:30pm – 2.00pm (10 min each)	Presentations - 20. PSLD and Facet cysts – Dr Jayant 21. Lateral Canal Stenosis - How to manage endoscopically – Dr R Gajula 22. Endoscopic management of Bertolotti syndrome - Dr Elmer
	2:00pm – 2.30pm	relive* Surgery Case – Dr Jayant (PSLD - Discectomy)
	2:30pm – 3.00pm (10 min each)	Presentations - 23. UBE – How I do it? - Dr Tushar / Dr Arvind 24. UBE and Bilateral LC Decompression – Dr Aashutosh 25. UBE and Migrated Disc Herniations – Dr Kiran
	3:00pm – 3.30pm	relive* Surgery Case – Dr Kavi (IELD – Disc Decompression)
	3:30pm – 4.00pm (10 min each)	Presentations - 26. Diversity of Uniportal Spine Surgery Part 2 – Dr K T Lim 27. PSLD for non-degenerative indications of spine - Dr Sai Dileep 28. Para UBE - Dr Bhupesh
	4:00pm – 4.30pm	Relive/LIVE* Surgery Case – Dr Bhupesh (UBE – Discectomy) / (paraPSLD)
	4.30pm – 5.00pm (10 min each)	29. Transforaminal Thoracic Discectomy – Dr Sukumar 30. Complications in Spine Endoscopy? How to manage them? – Dr Jalaj 31. Discitis - Endoscopic management – Dr Varun
	5:00pm	High Tea
	5.15pm – 6.00pm	relive* Surgery Case - Dr Aashutosh (UBE – LCD) relive* Surgery Case – Dr R Gajula (PSLD – Over the top Decompression)
	6:00pm – 6.30pm	Panel Discussion – Monoportal vs Biportal - Moderator Dr Kiran Jayswal – Panelist Dr Lim, Dr Bhupesh, Dr Anand Kavi, Dr Ramesh, Dr Sukumar, Dr Shibayama, Dr Akhror, Dr Sai
	6.30pm – 7.30pm	Leisure Time
	7:30pm-8:30pm	Assembly at Lawns, MJ Residency Welcome all Delegates and Faculties Facilitation Group Photograph
	8.30pm – 11.30pm	Cultural cum Musical Evening followed by Dinner and Fellowship.
*Live Surgery Demonstration depends on discretion of National Medical Council, Uttarakhand.		

Day 3 (3rd May)

Breakfast	6.30am – 8.00am	
Assembly	9.00am	Assembly at Madhur Milan, Hotel MJ Residency
SESSION 3. Chairpersons – Dr Huang Dr Bhupesh Dr Aanand Bhushan Dr Sai Dileep	9.00am-10.00am (12 min each)	Presentations 32. Endoscopic decompression of cervical foraminal stenosis, Tips and tricks endoscopic cervical foraminotomy – Dr M Sudhakaran 33. Full endoscopic treatment of cervical and thoracic myelopathy– Dr Vladislav 34. PSLD in Spinal tumors – Dr Elmer 35. Endoscopic surgery for high cervical pathologies – Dr Sai Dileep 36. Basics of Endoscopic Fusion – Dr Aanand
	10.00am – 10.30am	reLive Surgery Dr Akhror (PSCD)
	10.30am- 11.30pm (12 min each)	Presentations 37. Spine Endoscopy under Local Anesthesia – Dr Varun 38. UBE- Decompression & Fusion - Dr Arvind 39. Learning curve / beginner guide for endoscopic spine surgery – Dr Chandrashekar 40. Lecture by Dr Kiran on Post Cervical UBE 41. Lecture by Dr Mukesh Shukla
	11.30pm – 12.30pm	reLive Surgery Case – Dr Varun (OOLIF) relive Surgery Case - Dr Bhupesh (UBE Fusion)
	12.30pm – 1.30pm	Discussion
Vote of Thanks	1:30pm	
LUNCH	1.00pm-2.00 pm	



SWAMI RAMA HIMALAYAN UNIVERSITY

Himalayan Institute of Medical Sciences

CADAVERIC SKILL CENTRE OF EXCELLENCE DEPARTMENT OF ANATOMY

A centre of Excellence for Medical & Surgical Skills

[Brochure Link](#)

**Report on 19th Cadaveric and Live / reLIVE Surgery Course on Spine Endoscopy on
01st May 2026 Organized by CMI Hospital, Dehradun
(IndoKorean Endospine IKES'26)**

Venue: B. C. Roy Auditorium, HIMS, SRHU

Participants: 11 Faculties
69 Delegates

IndoKorean Endospine IKES'26 organized a one day Cadaveric workshop on Spine Endoscopy on 01st May 2026 in the Cadaveric Skill Center of Excellence, Department of Anatomy, Himalayan Institute of Medical Sciences, Swami Rama Himalayan University, Dehradun.

There were 11 expert faculty comprising of Neurosurgeons of national and international repute. Resource faculty included Dr. Kang Teak Lim (Neurosurgeon from South Korea), Dr. Luv Kush Pandey (Spine And Pain Specialist), Dr. Shiraj (Spine And Pain Specialist), Dr. Varun Agarwal (Minimally Invasive, Endoscopic and Robotic Spine Specialist), Dr. Jalag Jhatta (Orthopaedic Surgeon), Dr Anand Bhusan (Orthopaedic Surgeon), Dr Jayant Gaur (Orthopaedic Surgeon), Dr Arvind Kumar (Injury Specialist and Joint Replacement Surgeon), Dr Ashutosh (Joint Replacement Surgeon), Dr. Bhupesh (Neurosurgeon) and Dr. Kiran (Neurosurgeon).

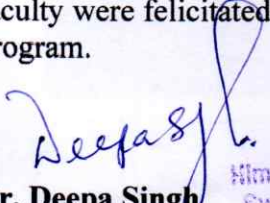
Dr. Luv Kush Pandey (Spine and Pain Specialist) was the organizing Chairman from Dehradun.

This 1-day cadaveric instructional course aimed to provide guidance on Spine Endoscopy and its related advance procedures. The delegates were trained in correct technical, safe & effective usage of instruments for Spine Endoscopy.

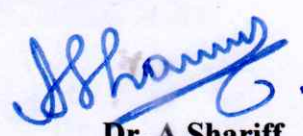
By attending this course, participants were able to get hands on experience in transforaminal, intraluminal, percutaneous stenoscopic lumbar decompression (PSLD), unilateral biportal endoscopy (UBE), percutaneous stenoscopic cervical decompression (PSCD) approaches in spine endoscopy including anatomy of spine, Anaesthesia, positioning, instrumentation and complications of the technique

69 delegates had registered for the training program. The participants were trained through interactive sessions followed by hands on experience in various types of Spine Endoscopy techniques.

At the end of the training program certificates were distributed to the delegates & resource faculty were felicitated. Coordinator of the workshop Dr. Deepa Singh co-ordinated the training program.


Dr. Deepa Singh
Prof. & Head
Department of Anatomy, HIMS
Coordinator, Cadaveric Workshops

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Dr. A Shariff
Dean, HIMS



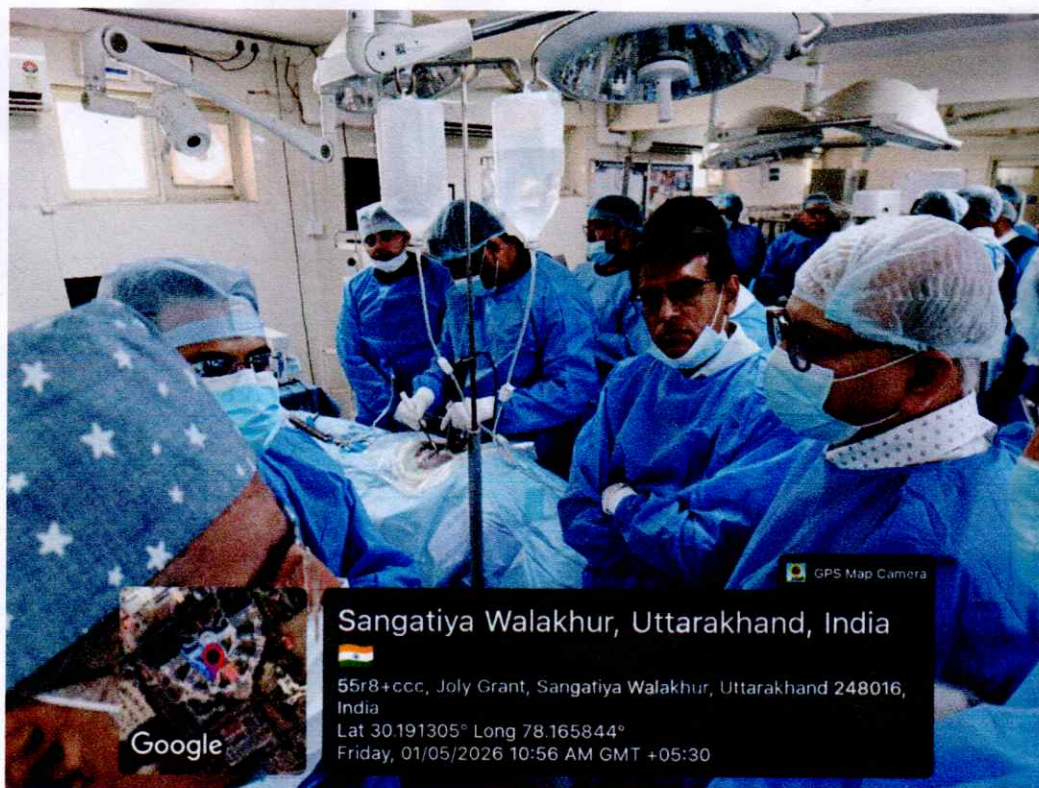


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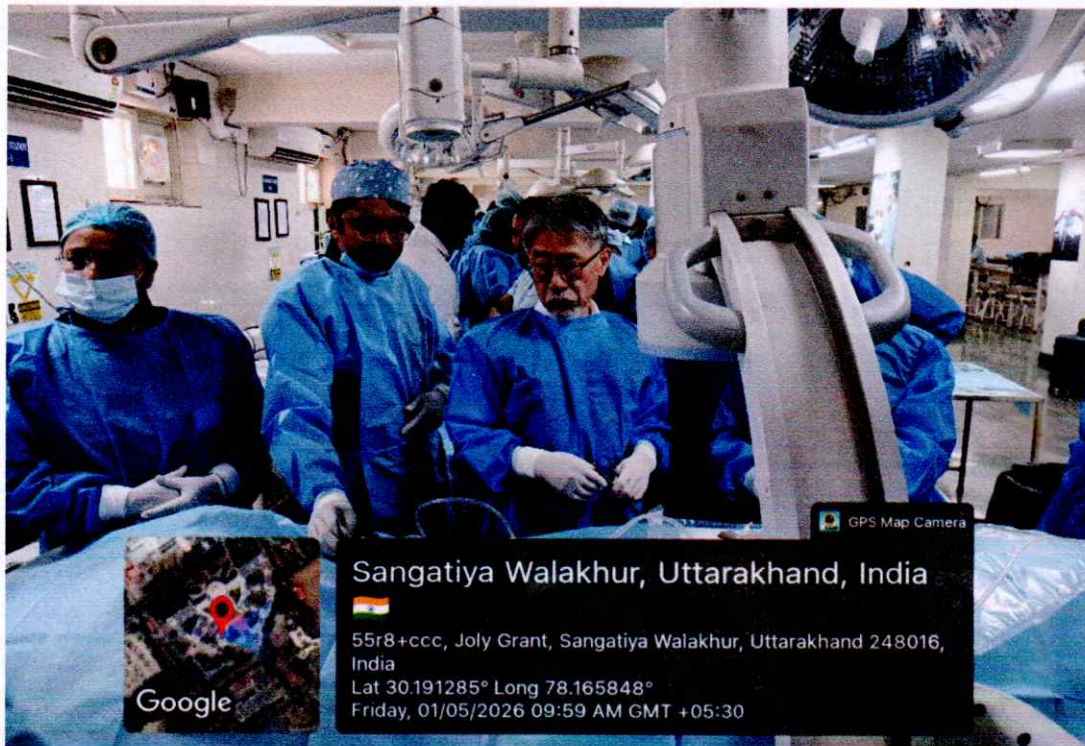


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