

**Himalayan College of Nursing
Swami Rama Nagar, Dehradun**

Child Health Nursing Department

Workshop on PLS Module

Date: 23.6.2026 to 24.6.2026

Venue: Mother Teresa Auditorium, HCN

WORKSHOP SCHEDULE

TIME	TOPIC	SPEAKERS		ACTIVITY
08:30-08:50 am	Registration & Pretest	Mrs. Namrata Pundir & Ms. Priya Pal		
08:50-9.00am	Welcome Address and Introduction of PLS	Dr. Vandana Chauhan		
09:00-9.30am	CPR in Infants and Children	Dr. Vandana Chauhan	Lecture cum Discussion	
09:30-10:15 am	Recognition of Respiratory, Cardiac Emergencies and Shock	Mrs. Namrata Pundir		
10:15-11:15 am	Airway Assessment & Management	Dr. Vandana Chauhan		
11:15-11:30 am	TEA BREAK			
SIMULTANEOUS WORKSTATIONS (11:30 - 1:15 pm)				
11:30-1:15 pm	Skills Station A: BLS Demonstration & Practice	Dr. Vandana Chauhan	OSCE	
	Skills Station B: BLS Demonstration & Practice	Mrs. Namrata Pundir		
	Skills Station C: BLS Demonstration & Practice	Mrs. Varsha Rawat		
1:15-1:30 pm	Posttest-Workshop Feedback	Dr. Vandana Chauhan Ms. Priya Pal		
01:30-02:30 pm	LUNCH BREAK			

HIMALAYAN COLLEGE OF NURSING
SWAMI RAMA HIMALAYAN UNIVERSITY
JOLLY GRANT, DEHRADUN

REPORT OF WORKSHOP ON PEDIATRIC LIFE SUPPORT

Name of Activity: Pediatric Life Support

Date: 23 to 24 June, 2026

Time: 8:30 am to 1:30 pm

Venue: Mother Teresa Auditorium, HCN

Number of Students: 151

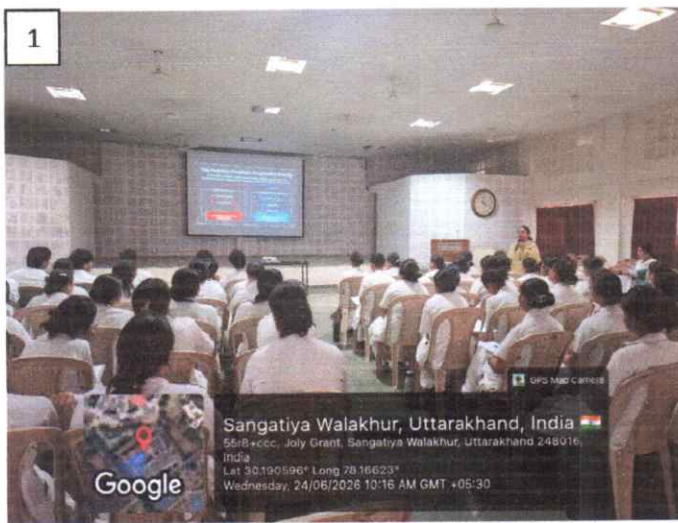
Department of Child Health Nursing, Himalayan College of Nursing, successfully organized a two-day workshop on "Paediatric Life Support (PLS)" from 23rd to 24th June 2026 at the Mother Teresa Auditorium, Himalayan College of Nursing. The workshop aimed to enhance the knowledge, clinical competence, and practical skills of nursing students in the emergency management and care of paediatric patients.

The workshop was conducted for B.Sc. Nursing 6th Semester and Post Basic B.Sc. Nursing First Year students were divided into two groups to ensure effective participation and hands-on learning. The program commenced on 23rd June 2026 at 8:30 a.m. with the registration of participants. Dr Vandana Chauhan welcomed the faculty members and participants and provided an overview of Paediatric Life Support and its importance in paediatric emergency care.

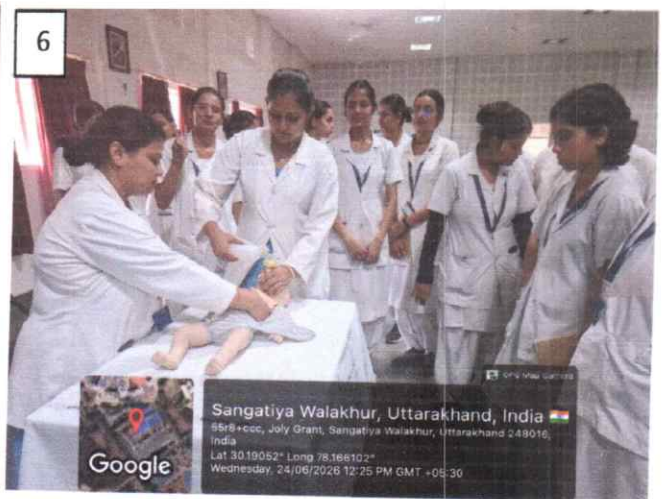
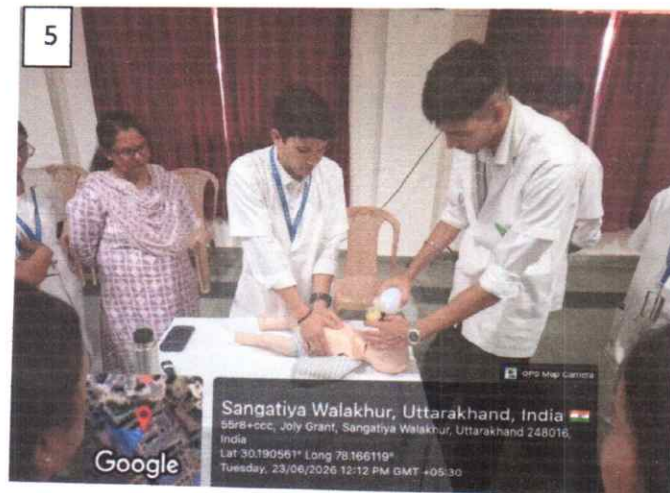
The workshop included comprehensive sessions on child and infant cardiopulmonary resuscitation (CPR), recognition and management of respiratory and cardiac emergencies, assessment and management of shock, and airway assessment and management. Theoretical concepts were reinforced through skill demonstrations and supervised practice sessions conducted at three skill stations focusing on child and infant CPR and choking management.

Following the hands-on skill practice, participants actively engaged in scenario-based assessments, where they applied their knowledge and skills to simulated paediatric emergency situations. The students demonstrated confidence and enthusiasm while performing the procedures according to the given clinical scenarios, enhancing their critical thinking, decision-making abilities, and emergency response skills.

The workshop concluded with a post-test, participant feedback session, and vote of thanks. The program was highly appreciated by the participants and proved to be effective in strengthening their theoretical understanding and practical competencies in Paediatric Life Support. The workshop contributed significantly towards preparing nursing students to provide timely and effective care during paediatric emergencies.



Pictures 1 to 4: Resource persons explaining and demonstrating child CPR



Pictures 5 & 6: Participants engaged in a simulated scenario of child CPR

Activity Coordinator

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Principal

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