

**Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant, Dehradun
Community Health Nursing Department**

Guest Lecture Report

Topic :- “Understanding Demography ,Trends ,Challenges and Insights”

Date:- 17 April 2026

Facilitators:- Mrs. Shobha Masih

Time:- 2.30 PM onwards

Venue:- Sushrutha LT-2

Number of Students:- 150

The **Community Health Nursing Department** of the Himalayan College of Nursing organized a **Guest Lecture on Understanding Demography ,Trends ,Challenges and Insights** on 17 April 2026 at the Sushrutha LT-2 for B.Sc. Nursing 7th Semester & P.B.B.Sc.2 students. The session aimed to bridge the gap between theoretical knowledge and practical understanding of demographic factors influencing public health and nursing practice. Welcome address was delivered by Mrs. Shobha Masih , Associate Professor of Community Health Nursing Department.

The resource person for the lecture was **Mr. Shishir Kumar**, Associate Professor, College of Nursing, LLRM Medical College Meerut. He is an expert in the field of Nursing, who shared valuable insights on various aspects of Demography trends. The speaker also addressed major challenges associated with demographic changes, such as population explosion, unequal distribution of healthcare resources, rural-urban disparities, and the impact of migration on health services.

The Nursing students actively participating in discussions and clarifying their doubts regarding current demographic trends and challenges.

The program concluded with a vote of thanks delivered by Mr. John Davidson, Assistant Professor, Himalayan College of Nursing.



Picture 1 & 2 Session was taken by Guest Speaker



Picture 3 Nursing faculty give Certificate of Appreciation to Guest Speaker

Shabir
Activity Coordinator

Prakash
30/4/2026
for
Principal
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HOD
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