

+ Intermediate Knee Arthroscopy Instructional Course

April 12, 2026

Himalayan Institute of Medical Sciences, Dehradun

Smith+Nephew

Academy

Education + Innovation + Excellence

Experts' Faculty:

Dr Atul Agrawal, Dehradun
Dr Vivek Dahiya, Gurugram
Dr Abhishek Agarwal, Lucknow

Course Objectives:

This 1-day cadaveric instructional course aims to provide guidance to upcoming arthroscopy surgeons on advance procedures in knee arthroscopy like ACL reconstruction & Meniscus repair. The delegates will be trained in correct technical and safe & effective usage of S+N products for knee arthroscopy.

Learning Objectives

By attending this course, participants will

- Identify meniscal tears arthroscopically
- Describe the steps to repair a meniscus and reconstruct the ACL
- Discuss techniques and pearls for addressing ACL and Meniscal pathology cases

Participant Profile

Surgeons who are established in their practice for at least 2 years and are interested in learning more about ACL & meniscus repair.

Group 1

Time	Session	Speaker
09:30-09:05	Introduction	Smith + Nephew
09:05-13:00	Hands-on Cadaveric Session 1: ACL Reconstruction	All Faculty + delegates
	Hands-on Cadaveric Session 2: Meniscus Repair	All Faculty + delegates
13:00-13:30	Lunch	
13:30-13:45	ACL – When to Reconstruct? When to Repair?	Dr Atul Agrawal
13:45-14:00	ACL Reconstruction - Overview of Grafts - When to Use Which Graft?	Dr Vivek Dahiya
14:00-14:15	Tips & Tricks for Successful ACL Reconstruction	Dr Atul Agrawal
14:15-15:15	Case Based Discussion: Inside Out & Outside in Techniques in Meniscus Repair	Both Faculty
15:15-15:30	All Inside Meniscus Repair	Dr Vivek Dahiya
15:30-16:00	Q&A, Feedback & Certificate Felicitation	
16:00 onwards	Tea & Refreshments & Departure	

Group 2

Time	Session	Speaker
10.00- 10:10	Welcome & Introduction	Smith + Nephew
10:10-10:25	ACL – When to Reconstruct? When to Repair?	TBC
10:25-10:40	ACL Reconstruction - Overview of Grafts - When to Use Which Graft?	Dr Abhishek Agarwal
10:40-10:55	Tips & Tricks for Successful ACL Reconstruction	TBC
10:55-11:55	Case Based Discussion: Inside Out & Outside in Techniques in Meniscus Repair	Dr Abhishek Agarwal + TBC
11:55-12:15	All Inside Meniscus Repair	Dr Abhishek Agarwal
12:15 -13:00	Lunch	
13:00-16:00	Hands-on Cadaveric Session 1: ACL Reconstruction	All Faculty + delegates
	Hands-on Cadaveric Session 2: Meniscus Repair	All Faculty + delegates
16:00-16:30	Q&A, Feedback & Certificate Felicitation	
16:30 onwards	Tea & Refreshments & Departure	

Course Organization

Ashwini Bhore
Medical Education

Course Logistics

Rushikesh Patil
Medical Education

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SWAMI RAMA HIMALAYAN UNIVERSITY

Himalayan Institute of Medical Sciences

CADAVERIC SKILL CENTRE OF EXCELLENCE

DEPARTMENT OF ANATOMY

A centre of Excellence for Medical & Surgical Skills

[Brochure Link](#)

**Report on a Cadaveric workshop on Intermediate Knee
Arthroscopy Instructional Course organized by Smith & Nephew Academy
12th April 2026**

Venue: B. C. Roy Auditorium, HIMS, SRHU

Participants: 04 Faculties

11 Delegates

Smith & Nephew Academy organized a one day Cadaveric workshop on Intermediate Knee Arthroscopy Instructional Course on 12nd April 2026 in the Cadaveric Skill Center of Excellence, Department of Anatomy, Himalayan Institute of Medical Sciences, Swami Rama Himalayan University, Dehradun.

There were 4 experts faculty comprising of Orthopaedic Surgeons of national and international repute. Resource faculty included Dr Vivek Dahiya from Gurugram, Dr Abhishek Agarwal from Lucknow, Dr. Tapish Shukla from Amritsar and Dr. Atul Agarwal, Professor and Head, HIMS, SRHU, Dehradun, Uttarakhand.

This 1-day cadaveric instructional course aimed to provide guidance to upcoming arthroscopy surgeons on advance procedures in knee arthroscopy like ACL reconstruction & Meniscus repair. The delegates were trained in correct technical, safe & effective usage of instruments for knee arthroscopy.

By attending this course, participants were able to:

- Identify meniscal tears arthroscopically
- Describe the steps to repair a meniscus and reconstruct the ACL
- Discuss techniques and pearls for addressing ACL and Meniscal pathology cases

11 delegates had registered for the training program. The participants were trained through interactive sessions followed by hands on experience on Intermediate Knee Arthroscopy.

At the end of the training program certificates were distributed to the delegates & resource faculty were felicitated. Coordinator of the workshop Dr. Deepa Singh co-ordinated the training program.

Dr. Deepa Singh

Prof. & Head

Department of Anatomy, HIMS

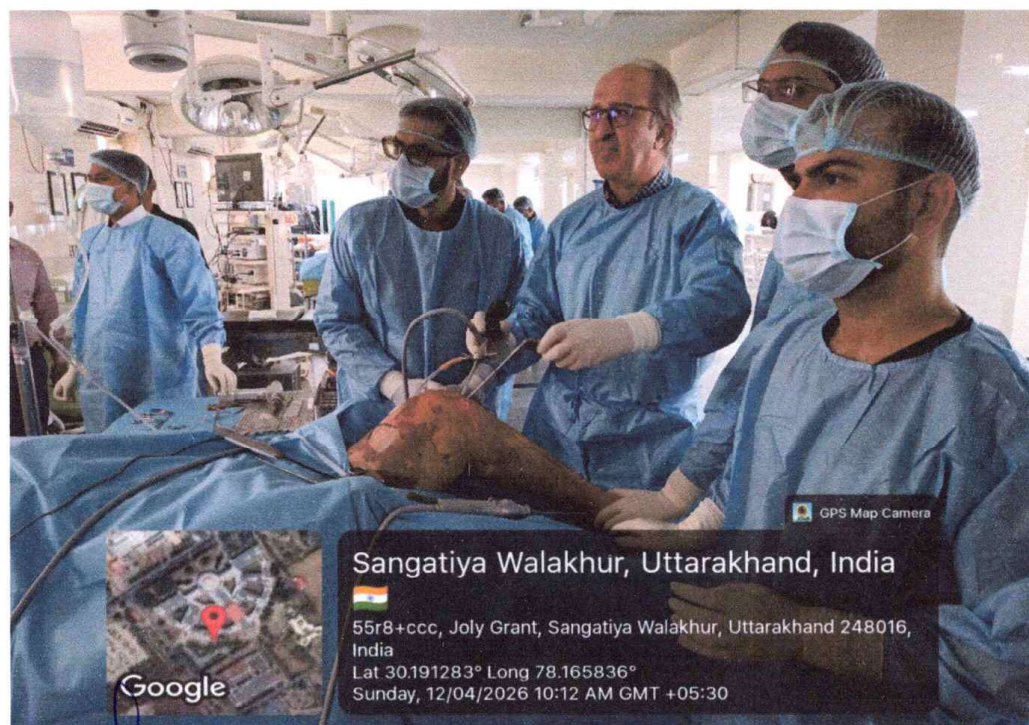
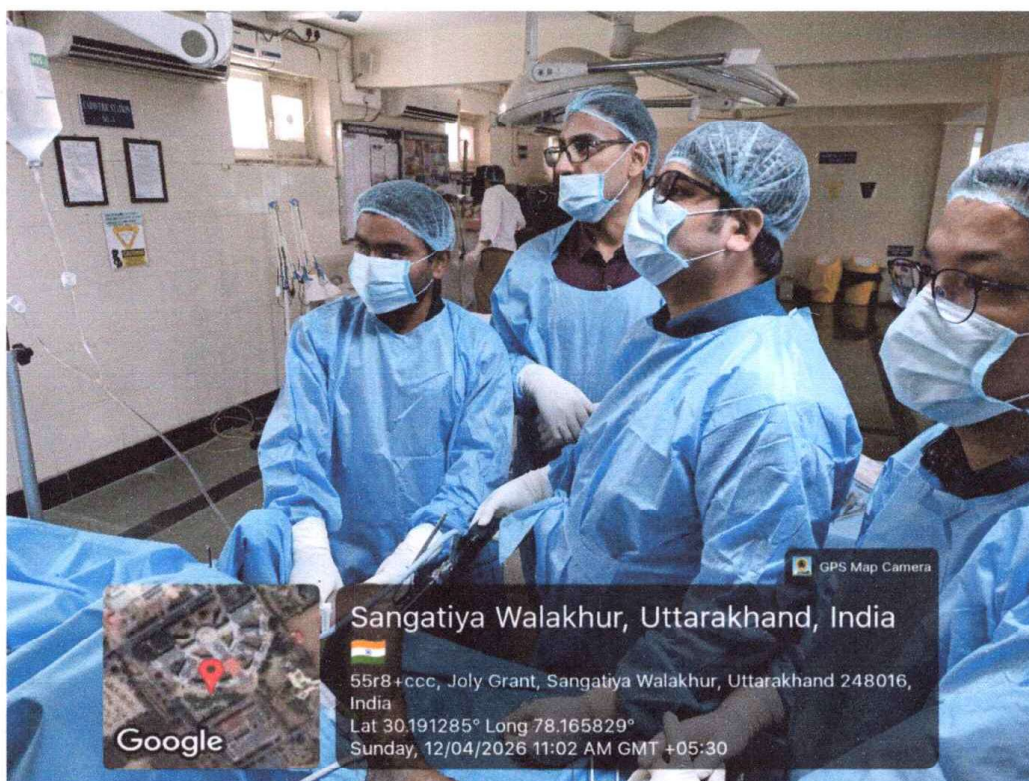
Coordinator, Cadaveric Workshops

Professor & Head
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Himalayan Institute of Medical Sciences
Swami Rama Himalayan University
Jolly Grant, Dehradun-248016

Dr. A Shariff

Dean, HIMS

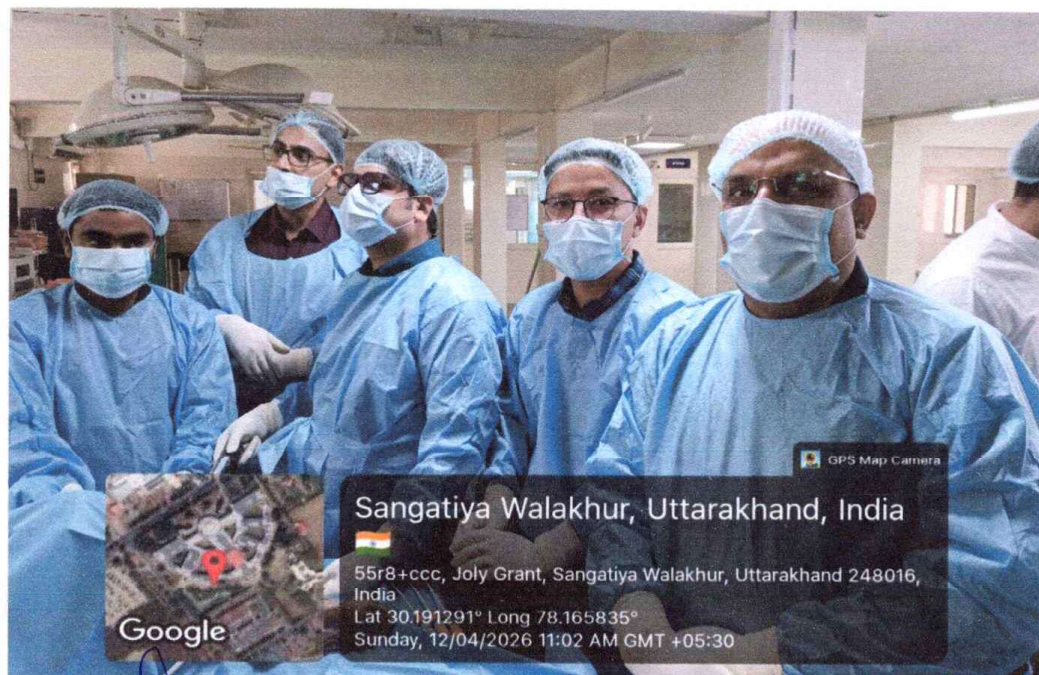
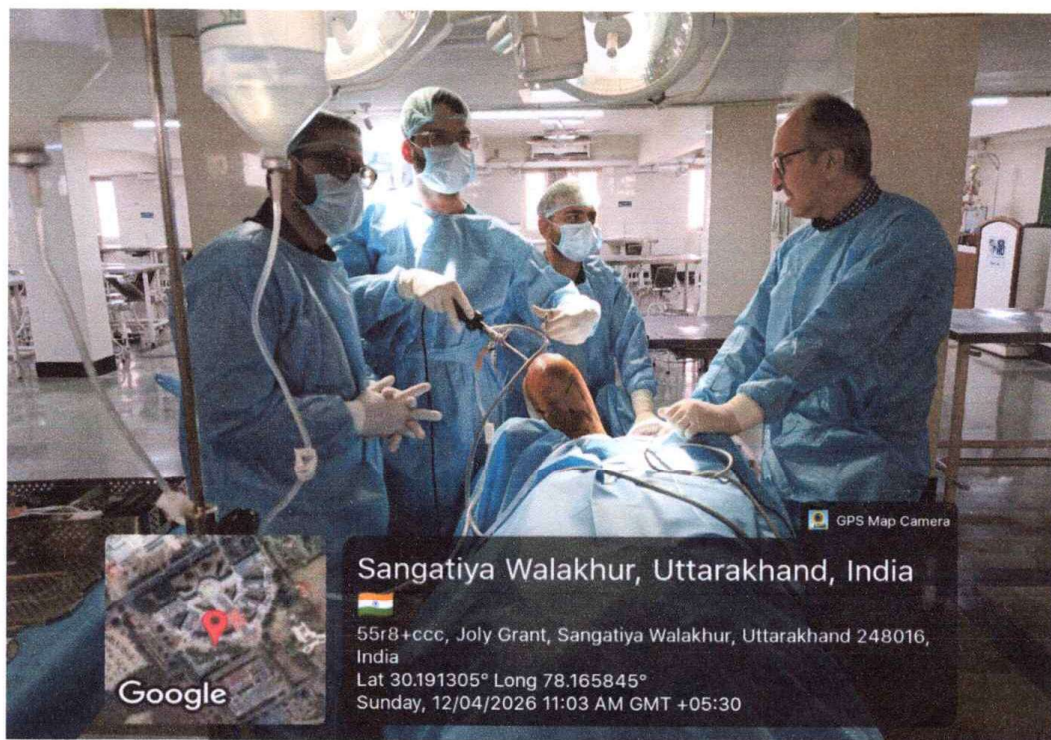




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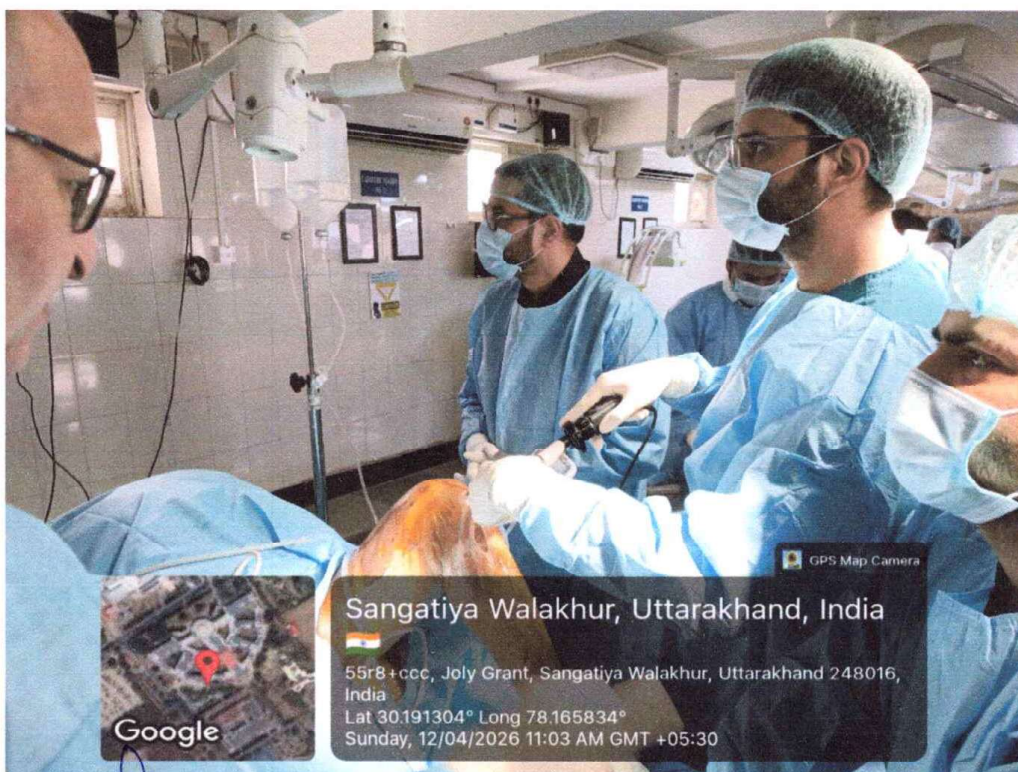
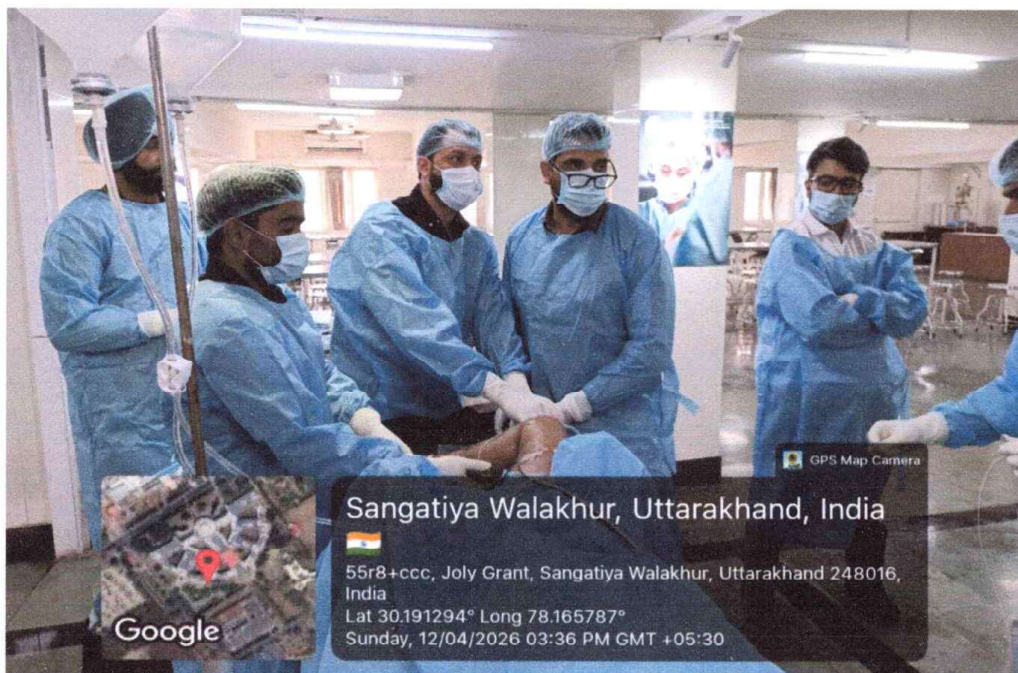




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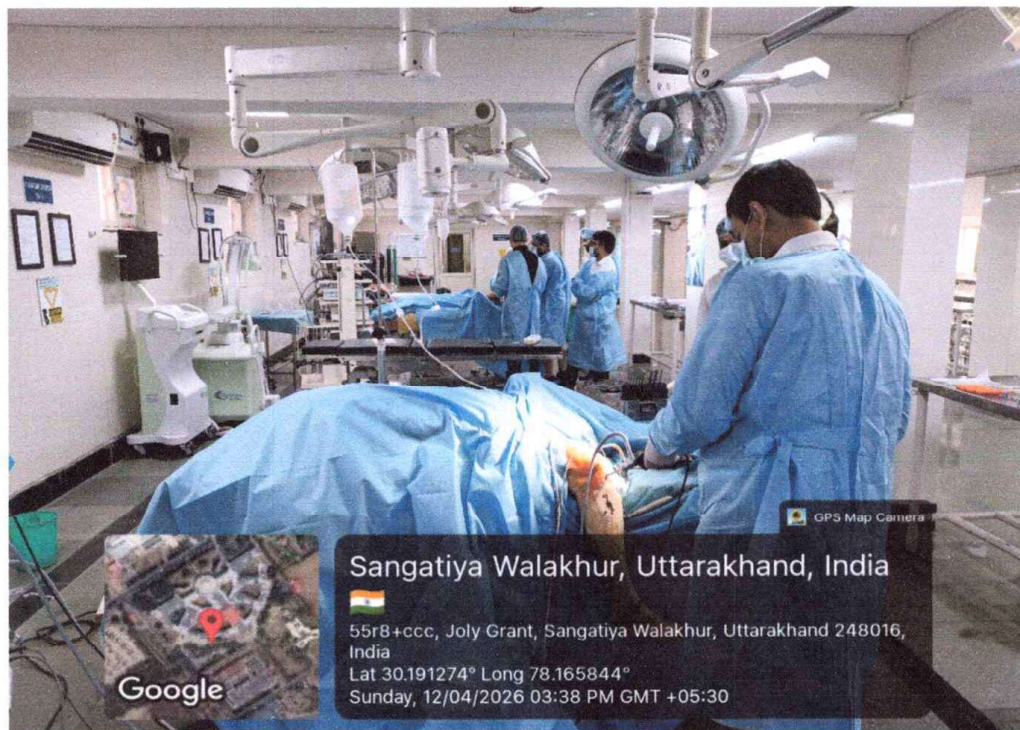
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