

DEPARTMENT OF CRITICAL CARE NURSING

Himalayan College of Nursing, Swami Rama Himalayan University

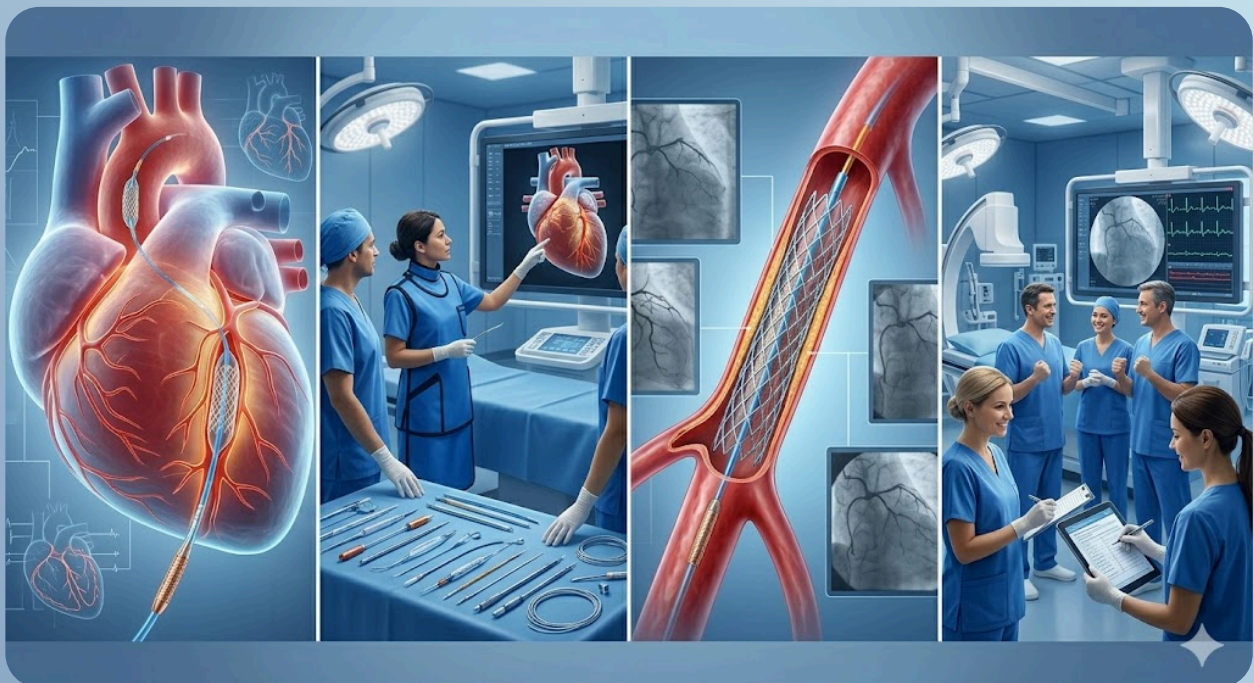
ORGANIZING

State Level Workshop

The Cardiac Path: Excellence in Peri-Procedural Nursing Care

IN JOINT COLLABORATION

Department of Cardiology, Himalayan Institute of Medical Sciences
and Society of Cardiac Nurses (India)



Date:-11th April, 2026

**Venue: Skill & Simulation Center
of Excellence, HIMS, SRHU**

Link for Registration:

For Registration Contact below:

Organizing Chairperson,

Dr. Rajesh Kumar Sharma, Professor HCN
+91 9927467464

Organizing Secretary

Mrs. Priya JPN, Associate Professor, HCN
+91-9675709319

<https://forms.gle/3E4fNN4GKbT6h2ku5>

Swami Ram Nagar, Jolly Grant, Dehradun-248016, Uttarakhand

WARM INVITATION

Dear Delegates,

The Department of Critical Care Nursing, Himalayan College of Nursing, Swami Rama Himalayan University (SRHU), cordially invites you to a one-day State-Level Workshop. This academic initiative is being organized in collaboration with the Department of Cardiology, Himalayan Institute of Medical Sciences (HIMS), and the Society of Cardiac Nurses (India). Join us for an enriching experience of knowledge sharing, skill enhancement, and professional collaboration.

About Swami Rama Himalayan University



NAAC A+

Swami Rama Himalayan University (SRHU), Dehradun, is a distinguished higher education institution, located near Jolly Grant Airport in Uttarakhand with NAAC A+ grade, established in 2013 and inspired by the vision of Swami Rama, a renowned yogi and humanitarian. SRHU provides a strong academic environment supported by modern infrastructure, experienced faculty, and interdisciplinary learning opportunities that prepare students to meet global professional standards.

About Himalayan College of Nursing

Under the aegis of SRHU, the Himalayan College of Nursing stands as a premier center for nursing education and training with a legacy of more than 25 years with various courses like B.Sc. Nursing, Post Basic B.Sc. Nursing, MSc Nursing, Nurse Practitioner in Critical Care and PhD in Nursing Sciences. The college is committed to nurturing competent, compassionate, and skilled nursing professionals capable of addressing diverse healthcare needs.



It integrates rigorous theoretical instruction with extensive clinical exposure through its 1,200-bed, NABH-accredited multi-specialty tertiary care teaching hospital and Cancer research Institute. The curriculum is designed to align with national regulatory standards while, Himalayan College of Nursing along with fostering critical thinking, leadership qualities, and evidence-based practice also emphasizes on research, community outreach, and professional ethics, ensuring the holistic development of students. Together, SRHU and the Himalayan College of Nursing contribute significantly to advancing healthcare education, promoting quality patient care, and strengthening the healthcare system through well-trained globally relevant nursing professionals who contribute meaningfully to society.

About Society of Cardiac Nurses (SOCN)



The Society of Cardiac Nurses (SOCN) is a professional organization dedicated to advancing excellence in cardiovascular nursing practice, education, research, and leadership. It supports nurses working across cardiac care settings by promoting evidence-based practice, continuing professional development, and clinical competence. SOCN encourages collaboration among healthcare professionals to improve cardiovascular health outcomes and patient safety.

Through conferences, educational programs, guidelines, and advocacy, the society helps nurses stay updated with innovations in cardiac care. SOCN also plays an important role in strengthening nursing leadership and fostering research that enhances the quality of cardiovascular patient care worldwide. For more information and Registration



OVERVIEW OF THE WORKSHOP

Cardiovascular diseases remain one of the leading causes of morbidity and mortality worldwide, with coronary artery disease contributing significantly to the overall burden. Diagnostic and interventional procedures such as coronary angiography and angioplasty are increasingly performed across healthcare settings.

Nurses working in cardiac catheterization laboratories, coronary care units, intensive cardiac care units, and cardiac wards play a crucial role in ensuring patient safety, optimal outcomes, and prevention of complications during pre- and post-procedure care. However, rapid advancements in interventional cardiology, evolving evidence-based practices, and variations in clinical care highlight the need for continuous professional development.

This workshop aims to strengthen the knowledge, skills, and clinical competencies of nurses involved in cardiac care, with a focused emphasis on standardized, evidence-based pre- and post-angiography and angioplasty nursing management.

Learning Objectives for Participants:-

At the end of this workshop, the nursing staff, senior nursing students and Nursing Interns will be able to:

- Identify critical parameters in a pre-angiography checklist to ensure patient safety.
- Demonstrate proficiency in managing radial and femoral access sites during pre- and post-intervention phases.
- Recognize early warning signs of vascular complications and initiate prompt nursing interventions.

Registration Rates

S.NO	CLASS	Up to 10th April, 2026	On the spot
1	Faculty/Resident/ Nurses	600/-	800/-
2	Nursing students & interns	500/-	600/-

DETAILS OF BANK ACCOUNT

A/C Name : Swami Rama Himalayan University
Bank Name : State Bank of India,
Branch Code : 10580
Branch : HIHT, Jolly Grant, Dehradun
A/C No. : 33082676422
IFSC Code : SBIN0010580



PROGRAM SCHEDULE

S No.	Time	Topic	Name of Speaker
1	8:30 to 9:00 Am	Registration & Welcome	
2	9:00 Am to 09:40 Am	Foundations of Interventional Cardiology: Anatomy of Coronary Arteries, Indications for CAG/PTCA, and Understanding the Hardware (Stents, Balloons, Guide-wires).	Dr C.M. Belwal, Associate Professor, Deptt of Cardiology, HIMS
3	09:45 Am to 10:15 Am	The Critical Checklist: Pre-procedural Preparation (Informed Consent, Lab investigations, Hydration protocols, and Medication management).	Dr Kunal Gururani, Associate Professor, Deptt of Cardiology, HIMS
4	10:20 Am to 11:20 Am	Inauguration & High Tea	
5	11:30 Am to 12:00 Pm	Intra-Procedural Vigilance: Monitoring Hemodynamics, Managing Contrast Allergy, and Nursing Roles during Emergencies in the Cath Lab.	Ms. Jyotishana Nursing Tutor, College of Nursing, AIIMS New-Delhi,
6	12:00 Pm to 1:00 Pm	Hands-on Workshop: Radial vs. Femoral Access Site Care, Compression Devices (TR Band application), and Sheath Removal Techniques.	Coordinator: Mrs. Priya JPN Associate Professor, HCN Dr Anurag Rawat Dr C M Belwal Dr Kunal Gururani
7	1:00 Pm to 1:45 Pm	Networking Lunch	
8	1:45 Pm to 2:20 Pm	Post-Procedural Mastery: Early Detection of Complications (Hematoma, Retroperitoneal Bleed, Pseudoaneurysm, and Acute Stent Thrombosis).	Dr. Anurag Rawat Prof. & Head, Deptt of Cardiology, HIMS
9	2:30 Pm to 3:15 Pm	Simulation/Case Studies: Managing Vasovagal attacks and interpreting ECG changes post-angioplasty.	Dr CM Belwal Dr Rajesh Kumar Sharma
10	3:20 Pm to 4:00 pm	Interactive Panel Discussion: Patient Education & Discharge: Lifestyle modifications, Anti-platelet therapy compliance, and Rehabilitation.	Moderator: Mr. Maneesh Sharma, Asst. Prof. College of Nursing AIIMS, Rishikesh. Pannelist: 1. Dr Akshay Chauhan, Asst. Prof. Deptt of CTVS, HIMS 2. Dr Ashish Negi, Asst. Prof. Physiotherapy Deptt. HIMS 3. Mr Manish Darjee, Incharge-CCU, Himalayan Hospital 4. Dr. Subodh Saurabh Singh Asso. Prof. HSYS.
11	4:00 Pm to 4:30 Pm	Post-Test, Feedback Session, and Q&A.	
12	4:30 Pm to 5:00 Pm	Certificate Distribution and Closing Remarks.	



Organizing Committee

Advisors

Dr Ahmadulla Shariff
Dean
HIMS, SRHU

Dr. Renu Dhasmana
Principal (Admin)
HIMS, SRHU

Dr. L Gopichandran
Consultant Nursing, NIMHANS
Founder President SOCN

Co-Advisors

Dr. Sanchita Pugazhendi
Principal
HCN, SRHU

Mr. Neeraj Kumar Swarnkar
Ex-President SOCN
Nursing Officer-AIIMS, New Delhi

Ms. Dainy Thomas
President, SOCN
Nursing Tutor-AIIMS, Nagpur

Chairpersons

Dr. Rajesh Kumar Sharma
Professor & Head
Dept. of Critical Care Nursing
HCN, SRHU

Dr. Anurag Rawat
Professor & Head,
Dept. of Cardiology
HIMS, SRHU

Secretary

Mrs. Priya JPN
Associate Professor
HCN, SRHU

Joint Secretary

Dr. C.M. Belwal
Associate Professor
Dept of Cardiology, HIMS, SRHU

Treasurer

Mr. Manish Kumar
Incharge CCU
HH, SRHU

Coordinator

Mr. Chandan Kumar
Assistant Professor
HCN, SRHU

Organizing Committee Member

Dr. Kunal Gururani,
Associate Professor
Dept. of Cardiology
HIMS, SRHU

Mrs. Zaibunnisha
DNS, Himalayan Hospital

Ms. Prachi Rajwal
Assistant Professor
Dept. of CCN
HCN, SRHU

Ms. Dristi Khugshal,
Assistant Professor
Dept. of CCN
HCN, SRHU

Ms. Preeti Rauthan
Assistant Professor
Dept. of CCN
HCN, SRHU

Ms. Aditi Bahuguna
Tutor
Dept. of Nursing Foundation
HCN, SRHU

Ms. Simran
Tutor
Dept. of Nursing Foundation
HCN, SRHU



Report on Workshop

A State Level Workshop with the theme ***"The Cardiac Path: Excellence in Peri-Procedural Nursing Care"*** on 11 April 2026 was successfully organized with great enthusiasm and academic excellence through the joint collaboration of Himalayan College of Nursing, Department of Cardiology, Himalayan Institute of Medical Sciences (HIMS), and the Society of Cardiac Nurses. The workshop aimed to enhance the knowledge, clinical competence, and professional development of healthcare professionals in the area of cardiac nursing and peri-procedural care.

The workshop was inaugurated by **Dr. Ahmadulla Shariff, Dean, Medicine, HIMS**, whose inspiring address emphasized the importance of evidence-based practice, interdisciplinary teamwork, and continuous learning in improving patient care outcomes. The scientific sessions covered important aspects of cardiac care including fundamentals of cardiac assessment, interpretation of diagnostic findings, emergency cardiac management, peri-procedural nursing care, and evidence-based clinical practices. The sessions were highly interactive and included case-based discussions and practical clinical insights, which significantly enhanced participant engagement and learning.

The workshop was conducted under the expert guidance of **Dr. Anurag Rawat**, Head of Cardiology Department, HIMS. The event was chaired by **Dr. Rajesh Kumar Sharma**, Professor & HOD, Department of Critical Care Nursing, HCN, along with **Mrs. Priya**, Organizing Secretary, who coordinated the successful execution of the program. The organizers expressed sincere gratitude to **Dr. Sanchita Pugazhendi**, Principal, Himalayan College of Nursing, for her constant encouragement and leadership support. Special appreciation was also extended to Mr. Neeraj Kumar, Ex-President, SOCN, and Ms. Jyotishana, Secretary, SOCN, for their valuable presence and contribution.

The validation session was graced by **Dr. Hemchandra, Director – Hospital Services**, who shared insightful reflections on the learning outcomes and highlighted the significance of continuous professional development in healthcare. The workshop witnessed active participation from 62 delegates representing hospitals, nursing colleges, and healthcare institutions, making it a highly enriching academic experience. The program successfully achieved its objective of strengthening clinical knowledge, promoting evidence-based practice, and encouraging professional excellence and holistic development in cardiac healthcare practice.



Participants along with the Dignitaries and Organizing Committee

[Signature]
Organizing Secretary

[Signature] 7/5/2026
Organizing Chairperson

[Signature]
7/5/26
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
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