

Report of Seminar

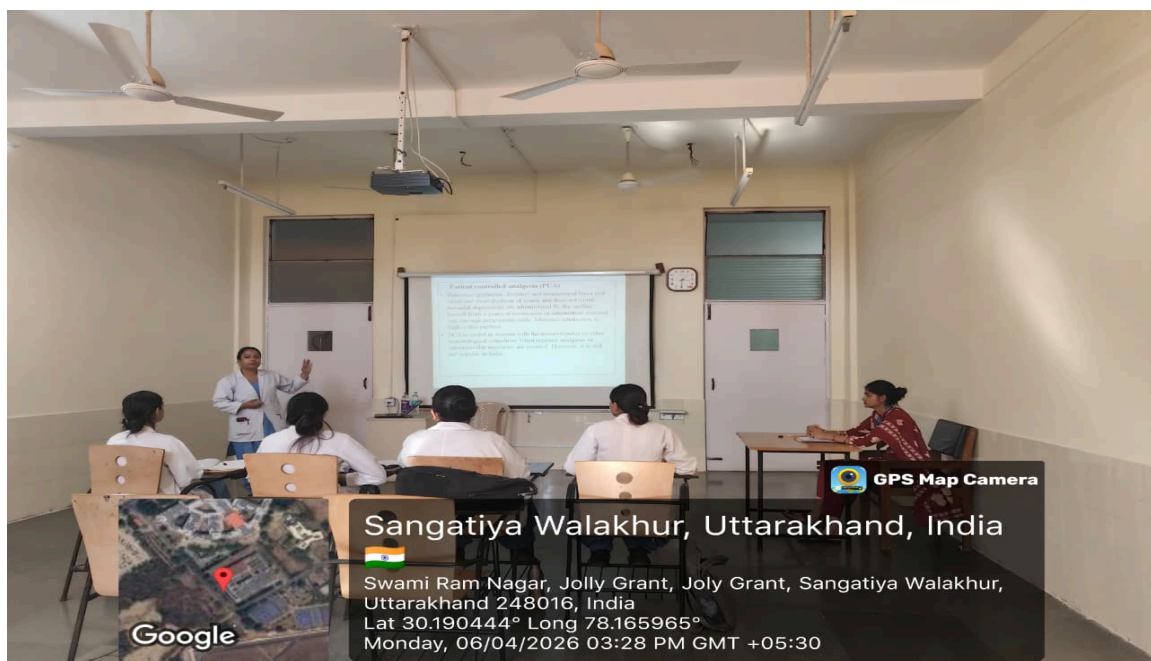
The seminar on **“Anaesthesia and Analgesia”** was conducted on 6th April 2026 in Classroom No. 4. The objective of the programme was to enhance the knowledge of students and faculty regarding pain management techniques and the safe administration of anaesthesia in clinical practice. The session was attended by students and faculty members, whose active participation contributed to an effective learning experience.

The seminar commenced with an introduction to the concepts of anaesthesia and analgesia, highlighting their importance in modern healthcare for relieving pain and facilitating various medical and surgical procedures. The speaker explained the difference between anaesthesia, which involves loss of sensation with or without loss of consciousness, and analgesia, which refers to relief from pain without loss of consciousness.

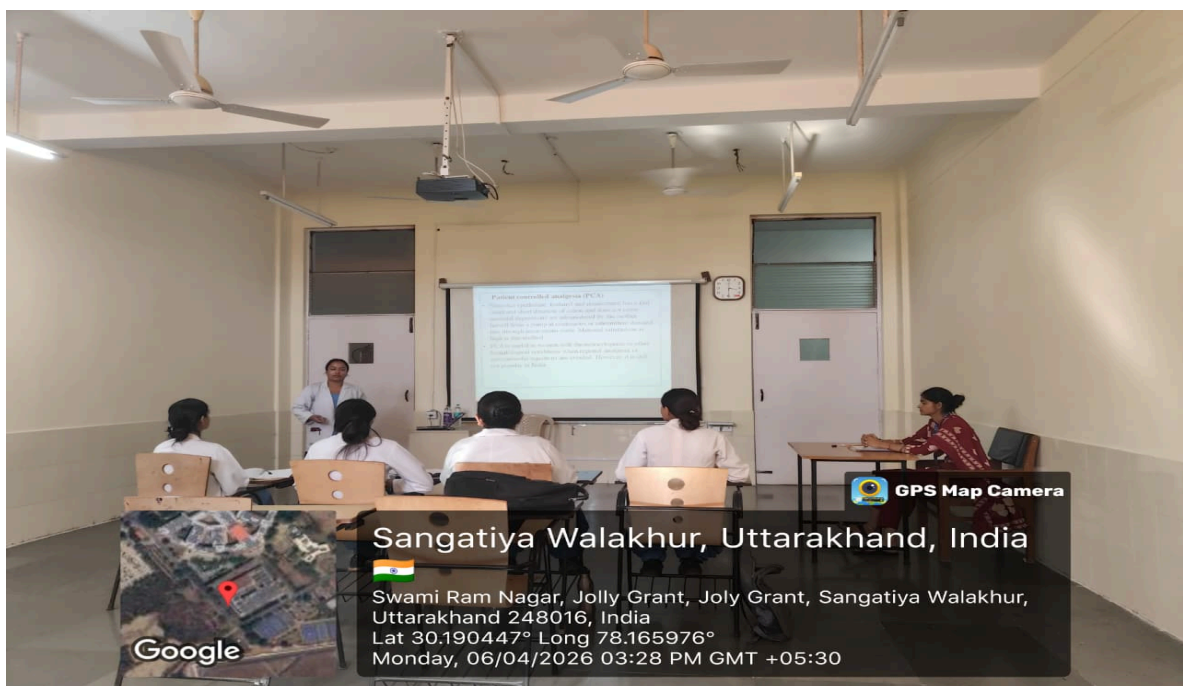
Various types of anaesthesia were discussed, including general anaesthesia, regional anaesthesia (such as spinal and epidural), and local anaesthesia. The session also covered different methods of analgesia, including pharmacological approaches like opioids and non-opioid drugs, as well as non-pharmacological methods such as relaxation techniques and positioning.

The presenter emphasized the importance of patient assessment, monitoring, and safety during the administration of anaesthesia and analgesia. Key aspects such as dosage calculation, prevention of complications, maintaining airway patency, and post-procedure care were highlighted. The role of nurses in preoperative preparation, intraoperative assistance, and postoperative monitoring was discussed in detail.

The seminar concluded with an interactive session where participants asked questions and discussed practical challenges faced in clinical settings. Overall, the programme was informative and enhanced the understanding of participants regarding effective pain management and safe anaesthesia practices in healthcare.



Pic.1 PG student is presenting seminar



Pic.2 All beneficiaries are attending the seminar

Activity Coordinator