



SOPSCON 2026

Annual Conference of **SOCIETY OF PLASTIC SURGEONS** **(UP & UK)**

Theme: Advancing Plastic Surgery in the Himalayas -
Precision, compassion, innovation

 **2nd - 5th April 2026**

 **Pleasant Tree Hotels, Dehradun**

**SCIENTIFIC
PROGRAM**

www.sopscon2026.com

SCIENTIFIC PROGRAM

Day One: 2nd April 2026, Thursday

Pre-conference workshop at HIHT

Moderators: Dr Manu Rajan, Dr Shivam Dang, Dr Chisel Bhatia

TIME	TOPIC	FACULTY
9.00 AM - 1.00 PM	Cleft Lip and Palate-Silicone Model Simulation Hands on Surgery Training	Dr. Madhubari Vathulya Dr. Sanjay Dvivedi Dr. Bhawna Prabhakar
1.00 PM - 2.00 PM	Lunch	
2.00 PM - 6.00 PM	Cadaveric workshop - Rhinoplasty and Facial Anatomy for Face lift and facial aesthetics	Dr. Venkata Ramana Yamani Dr. Kuldeep Singh Dr. Sunil Gaba Dr. Raja Tiwari Dr. Viral Desai





SCIENTIFIC PROGRAM

Day Two: 3rd April 2026, Friday

TIME	TOPIC	SPEAKER
SESSION 1		
Chairpersons: Kuldeep Singh, Dr Medha Bhawe, Dr Maneesh Singhal Moderator: Dr Shivam Dang & Dr Neeraj		
8.00 AM - 8.45 AM	REGISTRATION	
8.45 AM - 9.00 AM	Inauguration & Welcome Address	Dr. Rakesh Kalra & Dr. Shivam Dang
9.00 AM - 9.15 AM	Orbital Blow Out Fractures	Dr. Surajit Bhattacharya
9.15 AM - 9.30 AM	Optimizing Fat Graft Survival: The Dual 4S Framework	Dr. Atul Parashar
9.30 AM - 9.45 AM	Comprehensive Management of Facial Paralysis	Dr. Mohit Sharma
9.45 AM - 10.05 AM	Prof R N Sharma Oration Tales of Surgery & Beyond	Dr. Vinita Puri
10.05 AM - 10.20 AM	Impact of Lymphedema Duration on Lymphatic vessel Quality & Outcomes after Super microsurgical Lymphatic venous Anastomosis	Dr. George Taliat
10.20 AM - 10.35 AM	Replantation & Revascularisation - (Awareness, prevention, first aid and selection of pt)	Dr. Mahesh Mangal
10.35 AM - 10.50 AM	Research and Future of Plastic surgery	Prof. Maneesh Singhal
10.50 AM - 11.10 AM	Prof M H Khan Oration Microsurgery in Oncological Reconstruction: Restoring Form, Function and Identity	Dr. Quazi Ghazwan
11.10 AM - 11.30 AM	Tea & Inauguration of Trade Stalls	

SCIENTIFIC PROGRAM

Day Two: 3rd April 2026, Friday

TIME	TOPIC	SPEAKER
SESSION 2		
Chairpersons: Dr Atul Parashar, Dr Kaushal Kumar, Dr Vishal Mago Moderators: Dr Kinnari Rawat & Dr Chisel Bhatia		
11.30 AM - 11.45 AM	Efficacy of Nano-Crystalline Silver Dressing in Complex Wound Management	Dr. Kuldeep Singh
11.45 AM - 12.00 AM	Trans conjunctival blepharoplasty - video demonstration	Dr. Raja Tiwari
12.00 PM - 12.15 PM	Covering large areas of baldness with one sitting of hair transplant	Dr. Manoj Khanna
12.15 PM - 12.30 PM	Hybrid Rhinoplasty (Video)	Dr. Milan Doshi
12.30 PM - 12.45 PM	Nasal Dorsum & Tip Augmentation Achieving Natural Results	Dr. Venkata Ramana Yamani
12.45 PM - 1.00 PM	Preservation Rhinoplasty	Dr. Sunil Gaba
1.00 PM - 1.15 PM	Determinants of successful outcomes in a functional rhinoplasty	Dr. Veena K Singh
1.15 PM - 1.30 PM	Barbie Doll Rhinoplasty	Dr. Shruti Handa
1.30 PM - 2.00 PM	Lunch	
SESSION 3		
Chairpersons: Dr Manoj Khanna, Dr Vekataramana Yamani, Dr Sunil Gaba Moderator: Dr Rakesh Kalra & Ridhima Behl		
2.00 PM - 2.15 PM	Otoplasty	Dr. P. S. Bhandari
2.15 PM - 2.30 PM	Anatomy of breast for aesthetic breast surgeries	Dr. Shivangi Saha
2.30 PM - 2.45 PM	Improving Breast Aesthetics with Auto-augmentation Mastopexy	Dr. Vimal Kumar
2.45 PM - 3.00 PM	Breast Reduction in Asymmetric Breasts	Dr. Sujata Sarabahi

SCIENTIFIC PROGRAM**Day Two: 3rd April 2026, Friday**

TIME	TOPIC	SPEAKER
3.00 PM - 3.15 PM	Breast Reduction- Choosing the pedicle/ techniques/ complications and how to avoid them.vc	Dr. Sandeep Sharma
3.15 PM - 3.30 PM	High-Definition Body Contouring	Dr. Arjun Handa
3.30 PM - 3.45 PM	How to set up your Aesthetic practice	Dr. Rajat Gupta
3.45 PM - 4.05 PM	Maharishi Veda - Vyas Oration Abdominoplasty-A way to empower women	Dr. Medha Bhawe
SESSION 4		
(Prof Ramesh Chandra Prize Paper Session) For Residents and Pgs		
Chairpersons: Dr Rajiv Agarwal, Dr Sujata Sarabahi, Dr Surajit Bhattacharya, Dr P S Bhandari Moderators: Dr Madhubari Vathulya, Dr Tarun Jain & Dr Rakesh Tawar		
4.10 PM - 4.20 PM	Comparative Evaluation of Fourth-Generation Ultrasound-Assisted Liposuction Versus Conventional Suction-Assisted Liposuction in Gynecomastia: Experience from a Tertiary Care Government Hospital in a developing country	Dr. Swati Singh
4.20 PM - 4.30 PM	Pedicated Fibula Flap for Reconstruction After Resection of Proximal Tibial Osteosarcoma in a Child	Dr. Anirudh
4.30 PM - 4.40 PM	The role of virtual reality in improving patient experience and ease of surgery during WALANT hand surgery	Dr. Fahad Ansari
4.40 PM - 4.50 PM	Association of severity of Unilateral Cleft Lip and Palate with Alveolar Arch Deformity- cross sectional observational study	Dr. Anmol

SCIENTIFIC PROGRAM

Day Two: 3rd April 2026, Friday

TIME	TOPIC	SPEAKER
4.50 PM - 5.00 PM	Comparison of Functional Outcomes Between Epineural Nerve Repair vs. Epineural Nerve Repair with Vein Ensheathing for Acute Upper Limb Peripheral Nerve Injury at tertiary care centre	Dr. Chirag Viradiya
5.00 PM - 5.10 PM	Quality of Life Post Lympho-Venous Anastomosis in Breast Cancer Related Lymphedema in the Indian Population	Dr. Chinmay Tewari
5.10 PM - 5.20 PM	Salvaging major Burns-A challenge well taken	Dr. Harshita Mittal
5.20 PM - 5.30 PM	Posterior belly of the Omohyoid as an intra-operative landmark for the suprascapular nerve in spinal accessory–suprascapular nerve transfer for brachial plexus injury	Dr. Pouja Ghanshyam
5.30 PM - 5.40 PM	Sub pectoral technique for exposed pacemaker: an alternative	Dr. Shalini Joshi
SESSION 5		
5.40 PM - 8.00 PM	Hands-on Fillers and Botulinum Workshop	Dr. Viral Desai Dr. Kuldeep Singh
7.30 PM - 8.30 PM	GBM	
8.00 PM Onwards	Presidential Welcome Dinner	



SCIENTIFIC PROGRAM

Day Three: 4th April 2026, Saturday

TIME	TOPIC	SPEAKER
SESSION 6: Live Operative Workshop		
Moderators: OT Floor: Dr Shivam Dang, Dr Chisel Bhatia Floor of the House: Dr Medha Bhawe, Dr Sandeep Sharma, Dr Sunil Gaba, Dr Rakesh Tawar, Dr Tarun Jain		
8.00 AM - 1.00 PM	Body Contouring	Dr. Rajat Gupta
8.00 AM - 10.30 AM	Rhinoplasty	Dr. Venkata Ramana Yamani
10.30 AM - 1.30 PM	Breast Augmentation	Dr. Milan Doshi
12.30 PM - 1.30 PM	Lunch	
SESSION 7		
Chairpersons: Dr Vijay Kumar, Dr Mohammed Fahd Khurram, Dr Brijesh Mishra Moderators: Dr Shubham Sharma & Dr Sandeep Dawre		
1.30 PM - 1.45 PM	Burn scar lipofilling: Clinical and Immunohistochemical outcomes	Dr. Durga Karki
1.45 PM - 2.00 PM	Transforming Healthcare in Modern India	Dr. Neeraj Kant Agarwal
2.00 PM - 2.15 PM	Supraclavicular Flap for resurfacing post burn contracture neck defects	Dr. Rahul Dubepuria
2.15 PM - 2.30 PM	Use of CAD & Osteotomy guides in OMF Cancer reconstruction	Dr. Vipin Barthwal
2.30 PM - 2.45 PM	Uncommon Nerve Compression Syndromes of Upper Limb	Col. Mohammed Alam Parwaz
2.45 PM - 3.00 PM	Tissue expanders	Dr. Pradeep Goil
3.00 PM - 3.15 PM	Versatility of ALT Flap	Brig. Pallab Chatterjee
3.15 PM - 3.30 PM	Tongue Reconstruction: Technical Considerations and early experience	Dr. Chisel Bhatia
3.30 PM - 3.45 PM	Craniofacial Cleft: clinical presentation, treatment strategy and limitations	Dr. Rakesh Kain

SCIENTIFIC PROGRAM**Day Three: 4th April 2026, Saturday**

TIME	TOPIC	SPEAKER
3.45 PM - 4.00 PM	Role of synthetic bilayer dermal substitute (biodegradable temporizing matrix) in the management of complex wounds	Dr. Mukta Verma
4.00 PM - 4.20 PM	Presidential Oration My Journey as a Plastic Surgeon	Dr. Kaushal Kumar
4.20 PM - 4.45 PM	Tea Chairpersons: Dr Surajit Bhattacharya, Brig. Pallab Chatterjee, Dr Neeraj K. Agarwal Moderators: Dr Akshay & Dr Nishank Manohar	
4.45 PM - 5.00 PM	New frontiers in aesthetic reconstruction of nasal skeletal deformities. The Fibula Graft	Dr. Rajiv Agarwal
5.00 PM - 5.15 PM	Microsurgical Reconstruction in High-Voltage Electrical Burns: Experience from a Tertiary Care Centre in Central India	Dr. Manal Mohd. Khan
5.15 PM - 5.30 PM	Tarsal Tunnel release - A cause of optimism in Diabetic foot	Dr. Shivam Dang
5.30 PM - 5.45 PM	Diabetic foot (microvascular reconstruction)	Dr. Amit Agarwal
5.45 PM - 5.55 PM	Genital Rejuvenation	Dr. Gautam Chaudhary
5.55 PM - 6.05 PM	Tennison Randall Repair- A surgical amalgam of science and art	Dr. Bhawna Prabhakar
6.05 PM - 6.15 PM	Hyperbaric Medicine in Plastic Surgery Applications and Beyond	Dr. Vishal Mago
6.15 PM - 6.30 PM	A) Matriderm an effective option in complex plastic surgery reconstruction B) Complex Wound Reconstruction with Dermal regeneration template	A) Dr. Chisel Bhatia B) Dr. Vijay Kumar
6.30 PM - 6.45 PM	DIULCUS: Aesthetic & Innovative Solution in Complete Wound Healing	Dr. R Sridhar

SCIENTIFIC PROGRAM

Day Three: 4th April 2026, Saturday

TIME	TOPIC	SPEAKER
6.45 PM - 7.00 PM	Role of Velvert in Diabetic Foot Ulcers & Venous Leg Ulcers	Dr. Luv Luthra
8.00 PM Onwards	Gala Dinner	



SCIENTIFIC PROGRAM

Day Four: 5th April 2026, Sunday

TIME	TOPIC	SPEAKER
SESSION 8		
Chairpersons: Dr Mohd. Alam Parvez, Dr Milan Doshi, Dr Sanjay Sadhu		
Moderators: Dr Bhawna Prabhakar & Dr Himanshu Saxena		
9.00 AM - 9.10 AM	My Experience with AV Fistula Creation for Hemodialysis Access: Lessons Learned from a Single North India Center	Dr. Pankaj Singh
9.10 AM - 9.20 AM	Versatility and Reliability of the Keystone Flap in Trauma and Oncologic Reconstruction Across High-Tension and Joint-Crossing Regions: A Case Series	Dr. Saket Srivastava
9.20 AM - 9.30 AM	Brazilian Butt Lift-Principles of Safe and Aesthetic Gluteal Contouring-Ultrasound guided Fat Grafting Technique	Dr. Praveen A J.
9.30 AM - 9.40 AM	Geater Palatine Fossa Osteotomy: An effective Adjunct for Closure of wide cleft palates	Dr. Arush Pasricha
9.40 AM - 9.50 AM	An institutional experience with the free fibula flap for mandibular reconstruction, focusing on its application for central arch and composite defects	Dr. Ravi Kumar
9.50 AM - 10.00 AM	ALT flap reconstruction of oral cancer	Dr. Nikhilesh
10.00 AM - 10.10 AM	Use of Dental Mold as a Cost-Effective Vaginal Stent in Vaginoplasty	Dr. Richa Srivastava
10.10 AM - 10.20 AM	Role of Hyperbaric Oxygen Therapy in enhancing Burn Wound Healing: A clinical experience from a tertiary care center	Dr. Sarika Jain
11.00 AM	Valedictory	

POSTER PRESENTATION

(On Display from 3rd April 2026 to 5th April 2026 Morning)
(Evaluation by Judges on 4th April 12 noon to 1 pm)

S. No.	TOPIC	SPEAKER
SESSION 9		
Judges: Dr Quazi Ghazwan, Dr Pradeep Goil, Dr Raja Tiwari Moderators: Dr Manu Rajan, Col Malik, Dr Sarika Jain		
Poster 1	Life Over Limb: Strategic Subclavian Ligation in High-Voltage Trauma: A Case Series	Dr. Chirag Viradiya
Poster 2	Staged Reconstruction of Fingertip and Pulp Defects Using Synthetic Dermal Matrix and Split-Thickness Skin Grafting: A Case Series	Dr. Saket Srivastava
Poster 3	Surgical management of cubital tunnel syndrome by ulnar nerve neurolysis and anterior transposition - a case report	Dr. Ashna Jaggi
Poster 4	Single-Stage Islanded Reverse Sural Adipofascial Flap for Reconstruction of Distal Leg and Foot Defects	Dr. Pouja Ghanshyam
Poster 5	Radial nerve neuropathy in a post op case of left humerus fracture- a case report	Dr. Harshita Mittal
Poster 6	Optimizing Surgical Management of Pilonidal Sinus: A Single Centre Experience Using the Limberg Rhomboid Flap	Dr. Kanan Kohli
Poster 7	Management Of Metacarpal Shaft Oblique/Spiral Fractures With Stainless Steel-Wire Encerclage Versus Titanium Plating	Dr. Kriti Shekhar
Poster 8	Ear Lobule Reconstruction: A Case Series of Five Patients Using Different Surgical Techniques	Dr. Surbhi Chawla





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**CADAVERIC SKILL CENTRE OF EXCELLENCE
DEPARTMENT OF ANATOMY
HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
SWAMI RAMA HIMALAYAN UNIVERSITY**

A centre of Excellence for Medical & Surgical Skills

Title: Cadaveric workshop on Rhinoplasty and Facial Anatomy for Face lift and facial aesthetics

Date: 02nd April 2026

The Society of Plastic Surgeons (UP & UK) organized a Cadaveric workshop ((SOPSCON 2026)) on Rhinoplasty and Facial Anatomy for Face lift and facial aesthetics on 02nd April 2026 in the Cadaveric Skill Center of Excellence, Department of Anatomy, HIMS, SRHU, Dehradun.

There were 6 Resource faculty comprising of Plastic Surgeons of national and international repute. Resource faculty included Dr. Venkata Ramana Yamani from Hyderabad, Dr. Kuldeep Singh, Cosmetology & Plastic Surgery, Apollo Hospitals, Delhi, Dr. Sunil Gaba, Professor, PGIMER, Chandigarh, Dr. Raja Tiwari, Burns & Plastic Surgery, Professor, AIIMS, Dr. Veena K Singh, Burns & Plastic Surgery, AIIMS Patna and Dr. Manoj Khanna, Plastic and Cosmetic surgeon, Kolkata. Dr Shivam Dang was the Organizing Secretary and Dr Manu Rajan, Dr Shivam Dang, Dr Chisel Bhatia were the moderators.

15 delegates had registered for the training program. The participants were trained through interactive sessions followed by hands on experience on Rhinoplasty and Facial Anatomy for Face lift and facial aesthetics.

At the end of the training program certificates were distributed to the delegates & resource faculty were felicitated. Coordinator of the workshop Dr. Deepa Singh co-ordinated the training program.

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Pre-conference workshop at HIHT

Moderators: Dr Manu Rajan, Dr Shivam Dang, Dr Chisel Bhatia

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1.00 PM - 2.00 PM	Lunch	
2.00 PM - 6.00 PM	Cadaveric workshop - Rhinoplasty and Facial Anatomy for Face lift and facial aesthetics	Dr. Venkata Ramana Yamani Dr. Kuldeep Singh Dr. Sunil Gaba Dr. Raja Tiwari Dr. Viral Desai

Dr. Deepa Singh
Prof. & Head
Department of Anatomy, HIMS
Coordinator, Cadaveric Workshops



Professor & Head
Department of Anatomy

Himalayan Institute of Medical Sciences
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Dr. A Shariff
Dean, HIMS





Deepa Singh

Dr. Deepa Singh
 Prof. & Head
 Department of Anatomy, HIMS
 Coordinator, Cadaveric Workshops

Ashariff
 17/4/26

Dr. A Shariff
 Dean, HIMS

Himalayan Institute of Medical Sciences
 Dean



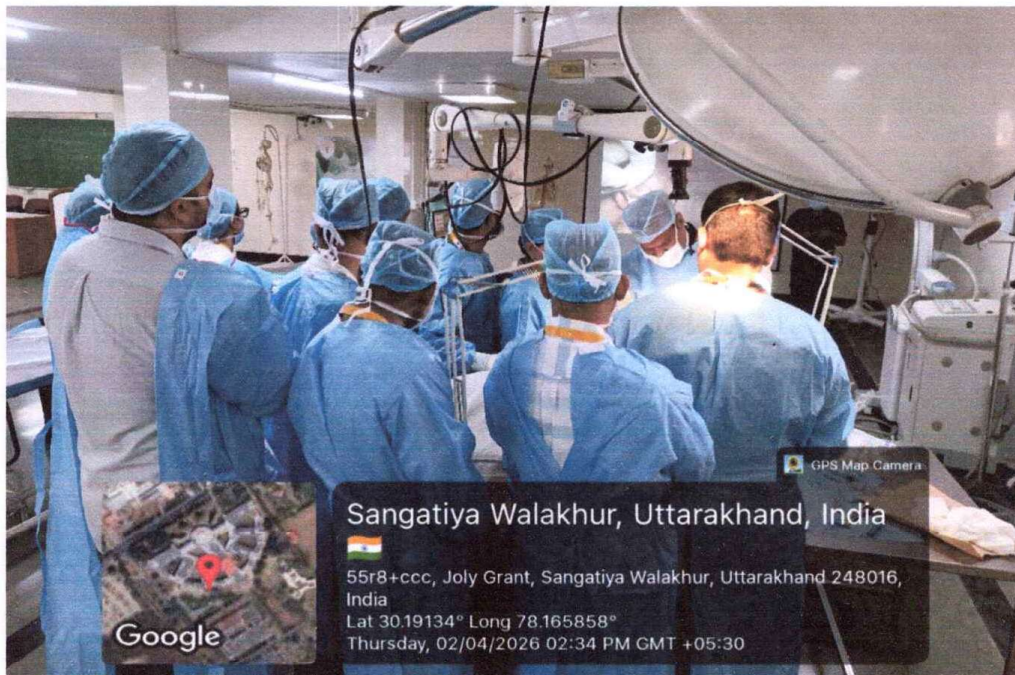
Deepa Singh

Dr. Deepa Singh
 Prof. & Head
 Department of Anatomy, HIMS
 Coordinator, Cadaveric Workshops

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 9/7/26

Dr. A Shariff
 Dean, HIMS

Dean
 Himalayan Institute of Medical Sciences



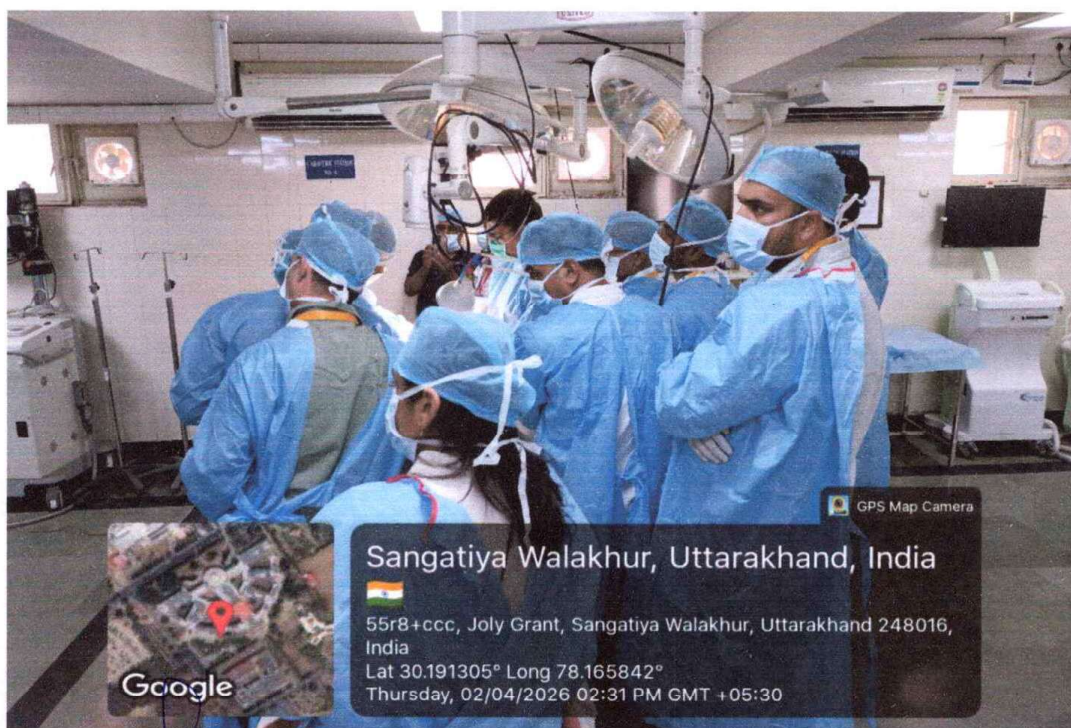
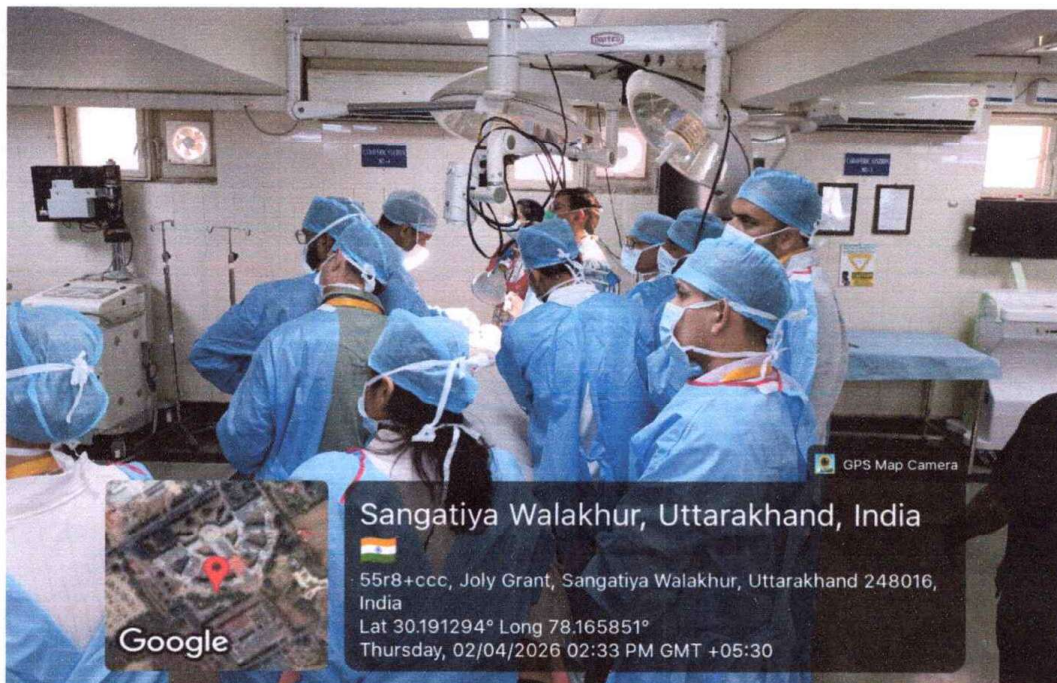
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A Shariff
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 Dean, HIMS

