

**Department of Biostatistics
Himalayan Institute of Medical Sciences
Swami Rama Himalayan University**

Topic: Research Protocol Development & Grant Readiness

Date: 28 March 2026

Venue: B.C. Roy Auditorium, Himalayan Institute of Medical Sciences, Swami Rama Himalayan University, Jolly Grant

Organized by: Department of Community Medicine & Department of Biostatistics, HIMS, SRHU

Participants: 70 (Faculty Members & Research Scholars)

The Department of Community Medicine and the Department of Biostatistics, Himalayan Institute of Medical Sciences, Swami Rama Himalayan University, successfully organized a CME-cum-Workshop on “Research Protocol Development and Grant Readiness” on 28 March 2026. The event was held at the B.C. Roy Auditorium, HIMS, SRHU, with the aim of strengthening the research and grant-writing capabilities of faculty members, residents, and research scholars.

The CME witnessed participation from more than 70 delegates, including in-house faculty, postgraduate students, and participants from other esteemed institutions such as Shri Guru Ram Rai University, Dehradun, and Government Doon Medical College, Dehradun. The presence of participants from multiple institutions fostered rich academic discussions and collaborative learning.

Objectives of the CME

The workshop was organized with the following objectives:

- To enhance understanding of research protocol development
- To provide practical exposure to ICMR and DHR extramural grant mechanisms
- To strengthen skills in methodology design, budgeting, and proposal writing
- To improve participants’ readiness for competitive grant applications
- To provide hands-on experience in developing fundable research proposals

Key Highlights

The programme began with registration and pre-assessment, followed by a series of expert-led sessions focusing on critical aspects of protocol writing and grant preparedness.

The inaugural segment included a welcome address by Dr. Renu Dashmana, Principal (Administration), HIMS, followed by the CME overview by Dr. Ashok Kumar Deorari, Pro Vice Chancellor. Dr. Rajendra Dobhal, Vice Chancellor, through the CME leadership address, emphasized the strategic importance of research grants in promoting institutional research excellence, innovation, and quality publications, thereby encouraging faculty and young researchers to actively pursue funded research projects.

The academic sessions covered:

- Understanding ICMR & DHR extramural grants
- Reviewer expectations in grant applications
- Importance of extramural grants
- Building effective research teams
- Avoiding common mistakes in proposals
- Designing robust methodology using ICMR templates
- Preparing realistic and justifiable research budgets
- Hands-on development of grant applications

A major attraction of the CME was the interactive hands-on session on grant application development, where participants worked in teams under expert mentorship to prepare draft research proposals.

Outcomes of the Workshop

The CME significantly contributed to improving participants' understanding of:

- Framing strong research questions
- Selecting appropriate study designs
- Integrating biostatistical considerations
- Developing reviewer-friendly protocols
- Budget justification and grant competitiveness
- Team-based proposal development
- Practical aspects of extramural funding preparedness

Conclusion

The CME-cum-Workshop on Research Protocol Development and Grant Readiness was highly successful in achieving its intended objectives. The participation of more than 70 delegates from SRHU and other institutions reflects the growing interest in strengthening research capacity and grant preparedness.

The workshop served as an excellent platform for capacity building, interdisciplinary collaboration, and promotion of a research-oriented academic culture. The expert lectures combined with the hands-on protocol development session ensured that participants gained both conceptual clarity and practical skills required for successful grant applications.



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