

World Tuberculosis Day

24.03.2026

The Department of Respiratory Medicine at Himalayan Hospital commemorated World Tuberculosis Day on 24th March with a series of academic, clinical, and awareness-driven activities aimed at educating healthcare students and the public while addressing the stigma associated with tuberculosis (TB).

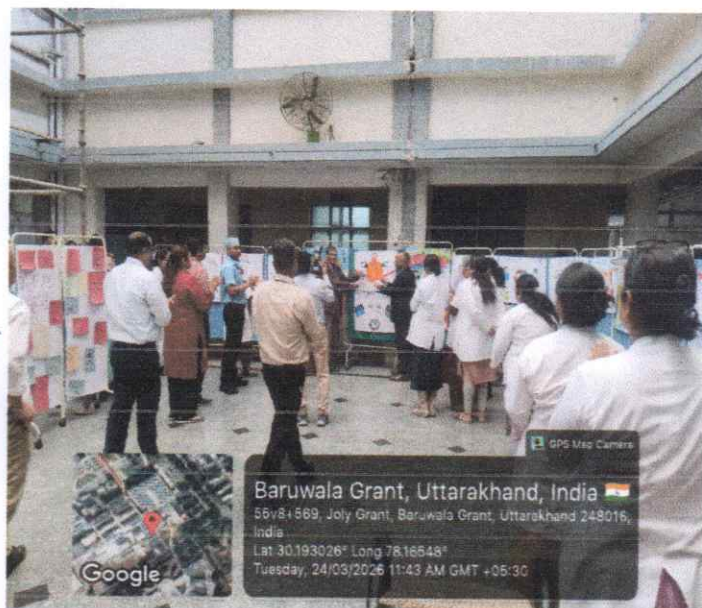
The day began with an integrated teaching session on tuberculosis for MBBS students. The session was graced by the Principal of the Himalayan Institute, Dr. Ahamadulla Sharif, along with esteemed faculty members including Dr. Rakhee Khanduri, Dr. Sushant Khanduri, and Dr. Varuna Jethani. The panel was conducted by distinguished faculty including Dr. Meena Harsh, Dr. Shaily Vyas, Dr. Nitika Agarwal, Dr. Aarti Kotwal, Dr. Prachi Kala, Dr. Pradeep Sharma and Dr. Bhawna Saini. A real-life case scenario of tuberculosis was presented, followed by an interactive question-and-answer session. Students actively participated, and faculty members provided valuable clinical insights and clarifications, making the session highly engaging and informative.

The main program was organised by residents of respiratory medicine, Dr. Meghaa Vashisht, Dr. Sammi Pundir, Dr. Lakshay, Dr. Dhruv Gupta, Dr. Kartika Sharma, Dr. Pranshul Rawat, Dr. Ayushi Roy, Dr. Vanshika Goyal, Dr. Arsh Bansal, Dr. Aditi Bahuguna, Dr. Akshat Bansal, Dr. Ritik Arora, Dr. Aarushi Shukla, and Dr. Param Agarwal, under guidance of Dr. Rakhee Khanduri, Head of the department, Dr. Sushant Khanduri, Dr. Varuna Jethani and Dr. Manoj Kumar. It witnessed enthusiastic participation from MBBS, nursing, and allied sciences students. The event was formally inaugurated by Dean Dr. Ahamadulla Sharif and Director of Hospital Services Dr. Hem Chandra. A series of impactful performances followed, including an informative play on TB-related stigma presented by nursing students, and another by BMLT students, both effectively highlighting the social challenges faced by TB patients.

During the event, Dr. Hem Chandra acknowledged and appreciated the courage of TB patients present at the venue. Dedicated service counters were established for TB patients, including pulmonary rehabilitation, dietary counseling, and TB screening, ensuring a holistic approach to patient care and awareness. A "Wall of Hope" featured inspiring messages written by TB survivors and patients, fostering motivation and solidarity. Additionally, posters prepared by MBBS, nursing and students of allied sciences were displayed across the venue, creatively spreading awareness about TB prevention, diagnosis, and treatment.

The day concluded with an evening session which was addressed by Dr. Anuradha Kusum, Vice principal of Paramedical sciences, attended by coordinator Paramedical sciences and students. Another skit emphasizing TB awareness was presented by the students of allied sciences. Dr. Rakhee Khanduri addressed the gathering, educating attendees about TB symptoms, early diagnosis, and preventive strategies, reinforcing the importance of collective efforts in combating the disease.

Overall, the celebration successfully combined academic learning, patient engagement, and community awareness, reflecting a strong commitment toward eliminating tuberculosis and reducing its associated stigma.



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