



SWAMI RAMA HIMALAYAN UNIVERSITY

Himalayan Institute of Medical Sciences

Department of General Surgery

Report on Report on Academic Skill Enhancement Program – Bowel Anastomosis for General Surgery Residents and MBBS Students on 18th January 2026, from 9:00 AM to 5:00, in the Department of General Surgery Seminar Room.

Bowel Anastomosis Workshop

A Workshop on Academic Skill Enhancement Program – Bowel Anastomosis was successfully conducted for surgery residents and members of the Surgical Skill Club (MBBS Students) on 18th January 2026, from 9:00 AM to 5:00 PM, at the Skill and Simulation Hall. The workshop was organized under the guidance of Dr. Hemant Kr. Nautiyal, Head of the Department of General Surgery.

Objectives of the Workshop

The main objective of the workshop was to enhance the **academic knowledge and practical surgical skills** of residents in bowel anastomosis. The program aimed to provide structured training in anastomotic techniques, improve manual dexterity, and promote safe surgical practices.

Program Details

The workshop commenced with an **inaugural and orientation session**, where Dr. Hemant Kr. Nautiyal emphasized the importance of wet lab. training in modern surgical education. This was followed by **didactic lectures** covering:

- Basic principles of bowel anastomosis
- Types and techniques of anastomosis
- Suture materials and instruments
- Common pitfalls and complication prevention

Hands-On Training

A major highlight of the workshop was the **hands-on practical training** conducted in the Skill and Simulation Hall. Participants practiced bowel anastomosis techniques on Porcine whitestone under **close faculty supervision**. Live demonstrations were provided, followed by step-by-step guidance, allowing residents to improve tissue handling, suturing accuracy, and knot-tying skills.

Participation and Learning Experience

The workshop saw **active participation** from surgery residents and Surgical Skill Club members. The interactive nature of the sessions encouraged discussion, clarification of doubts, and individualized feedback, making the learning experience highly effective.

Outcome and Feedback

The workshop was **well received** by all participants. Feedback indicated a significant improvement in confidence and technical competence in bowel anastomosis. Participants appreciated the structured approach, hands-on exposure, and the use of simulation-based learning.

Conclusion

The **Academic Skill Enhancement Program – Bowel Anastomosis Workshop** successfully achieved its objectives of strengthening both theoretical understanding and practical surgical skills. Such simulation-based workshops are invaluable in enhancing surgical training and should be conducted regularly to maintain excellence in surgical education.

Bowl Anastomosis Training Workshop

HIMS, Swami Rama Nagar, Dehradun

18/01/2026

S. No.	NAME	Designation	Signature
1	Dr. Hemant Kr. Nautiyal	Prof. & Head	
2	Dr. Sachidananda. N.	Professor	
3	Dr. Pradeep Chandra Sharma	Professor	
4	Dr. Sanjay Dvivedi	Professor	
5	Dr. Santosh Kumar	Professor	
6	Dr. Bhawna Singh	Professor	
7	Dr. Jitendra Ray	Assoc. Prof.	
8	Dr. Praveen Kumar	Assoc. Prof.	
9	Dr. Chetna Chaudhary	Assoc. Prof.	
10	Dr. Harindra P.S. Sandhu	Assoc. Prof.	
11	Dr. Divyanshu Ghildiyal	Assoc. Prof.	
12	Dr. Akshay Chauhan	Assist. Prof.	
13	Dr. Bhaskar Bisht	Assist. Prof.	
14	Dr. Sahil Verma	Assist. Prof.	
15	Dr. Aishwarya Negi	Assist. Prof.	
16	Dr. Ningappa Sogalad	Assist. Prof.	
17	Dr. Pranjal Mangain	Assist. Prof.	
18	Dr. Lakshmi S. Rao	Assist. Prof.	
19	Dr. Sonali Pandita	SR	
20	Dr. Ishwinder S. Bhatia	SR	
21	Dr. Bhavya Handa	SR	
22	Dr. Rajat Rawat	SR	
23	Dr. Akshat Joshi	SR	
24	Dr. Sanchit Chadha	SR	
25	Dr. Vishal Anand	SR	
26	Dr. Vaibhavi Dhasmana	SR	
27	Dr. Sonalika Gupta	SR	
28	Dr. Paritosh Singhal	SR	
29	Dr. Ishaan Garg	SR	
30	Dr. Varun Dixit	SR	

Department of Surgery
HIMS, Swarni Rama Nagar, Dehradun

Subject: BOWEL ANASTOMOSIS TRAINING WORKSHOP
 Presenter :
 Moderator :
 Date: 18/01/2026

S. No.	NAME	Batch 2023	Signature	S. No.	NAME	Batch 2025
1	Dr. Siddhant Pratap Singh Sisodia	JR-3		1	Dr. Devashish Sharma	JR-1
2	Dr. Himanshi Gera	JR-3		2	Dr. Disha Sheoran	JR-1
3	Dr. Aishwarya Dhyan	JR-3		3	Dr. Yaami Gupta	JR-1
4	Dr. Sneha Sinha	JR-3		4	Dr. Dhruv Arora	JR-1
5	Dr. Preyaa Saluja	JR-3		5		JR-1
6	Dr. Ishani Chamoli	JR-3		6		JR-1
7	Dr. Ankur Chaudhary	JR-3		7		JR-1
8	Dr. Saurabh Joshi	JR-3		8		JR-1
9	Dr. Rishabh Joshi	JR-3		9		JR-1
10	Dr. Sourav Singh Saini	JR-3		10		JR-1
11	Dr. Harsh Kumar	JR-3		11		JR-1
12	Dr. Muskan Gupta	JR-3	DRP	12		JR-1
13	Dr. Rishav Rana	JR-3	DRP	13		JR-1
14	Dr. Jasbir Anand	JR-3	DRP	14		JR-1
15	Dr. M T S Sri Vaishnavi	JR-3	DRP	15		JR-1
S. No.	NAME	Batch 2024	Signature			
16	Dr. ADITYA RAJ	JR-2				
17	Dr. KARAN DEEP	JR-2				
18	Dr. MRIDANI PURCHIT	JR-2	EMR			
19	Dr. ANUSHKA RANGARH	JR-2				
20	Dr. HIMADRI JOSHI	JR-2				
21	Dr. TANISHQ JOSHI	JR-2				
22	Dr. Sagrika Bahuguna	JR-2	ICU			
23	Dr. Jayant Singh	JR-2				
24	Dr. Harshit Goyal	JR-2				
25	Dr. Nikhilesh Sharma	JR-2	EMR			
26	Dr. Sagar Garg	JR-2	ICU			
27	Dr. Saumya Sohlot	JR-2				
28	Dr. Aditee Shankar	JR-2				
29	Dr. Harivansh Verma	JR-2				
30	Dr. Sunchit Gugnani	JR-2				

Evaluation: /10

HIMS, Swami Rama Nagar, Dehradun

No.	NAME	Designation	Signature
1	Shreeta	MBBS-2022	Shreeta
2	Palak Bhagat	MBBS-2022	Palak
3	Sakshi	MBBS-2022	Sakshi
4	Nandini	MBBS-2022	Nandini
5	SAISHI TYAGI	MBBS-2022	Saishi
6	Dr. Anchal Varma	JR, MBBS	Anchal
7	Dr. Aransha Gang	JR, MBBS	Aransha
8	Landana Jhapa	MBBS-2022	Landana
9	Jayishka Kandwal	MBBS-2022	Jayishka
10	Anand Singh Bisht	MBBS-2022	Anand
11	Disha Arora	MBBS-2022	Disha
12	Divyam Parwar	MBBS-2022	Divyam
13	Garvraj Agarwal	MBBS-2022	Garvraj
14	Anchal Kamra	MBBS-2022	Anchal
15	Aashna	MBBS-2022	Aashna
16	Ayashwari Banskhi	MBBS-2022	Ayashwari
17	ANUSHKA BANWAL	MBBS-2022	Anushka
18	Manjika Pant	MBBS-2023	Manjika
19	Muskan Yadav	MBBS-2023	Muskan
20	Anand Singh Bisht	MBBS-2023	Anand
21	Mahid Ali	MBBS-2023	Mahid
22	Dr. Prangya Pant	JR 2 MBBS	Prangya
23	Dr. Kishu Dogra	JR 2 MBBS	Kishu
24	Keshav Pande	MBBS-2022	Keshav
25	Mithu Shukla	MBBS-2022	Mithu
26	Komalika Rastogi	MBBS-2022	Komalika
27	Aarnesh Punera	MBBS-2022	Aarnesh
28	Aditya Goyal	MBBS-2022	Aditya
29	Shivani Kalia	JR-2 MBBS	Shivani
30	Sourav Ah	MBBS-2023	Sourav
31	Aditya Sharma	MBBS-2022	Aditya
32	Pratik Sehgal	" " - 2024	Pratik
33	J. Prasad	" " - 2024	J. Prasad
34	Yash Tripathi	MBBS-2024	Yash
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Hemant Kr. Nautiyal

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