



**SR
HU**

योग विज्ञान स्कूल

(स्वामी राम हिमालयन विश्वविद्यालय की एक वैश्विक इकाई)

School of Yoga Sciences

[A Constituent Academic Unit of Swami Rama Himalayan University]

Ref.SRHU/SYS/2026/004

Date: 12/01/2026

Notice

This is to inform you that Dr. Kamakhya Kumar, Professor, Haridwar, will be delivering a Guest Lecture at the School of Yoga Sciences.

All Ph.D Scholars to attend the lecture on a mandatory basis.

Programme Details:

Date: 13th January 2026

Time: 04:00 PM onwards

Venue: Meeting Room, School of Yoga Sciences

All concerned Ph.D Scholars are required to be seated by 03:45 PM.

Order by:-

Suhell
12/01/2026

Officiating Principal
School of Yoga Sciences
Swami Rama Himalayan University
Principal

School of Yoga Sciences
Swami Rama Himalayan University
Jolly Grant, Dehradun, Uttarakhand-248016

स्वामी राम नगर, जौलीग्रंट, देहरादून 248016, उत्तराखण्ड, भारत

Swami Ram Nagar, Jolly Grant, Dehradun 248016, Uttarakhand, India.

Tel.: +91-135-2471137 | Fax: +91-135-2471141 | Email: principal.sys@srhu.edu.in | www.srhu.edu.in

Report on Guest Lecture

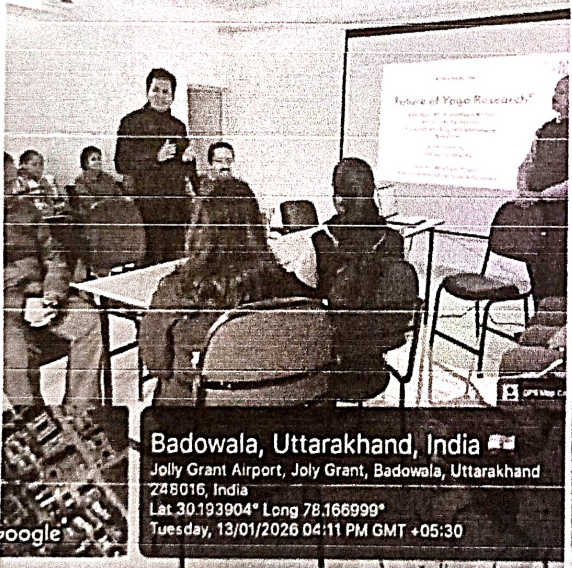
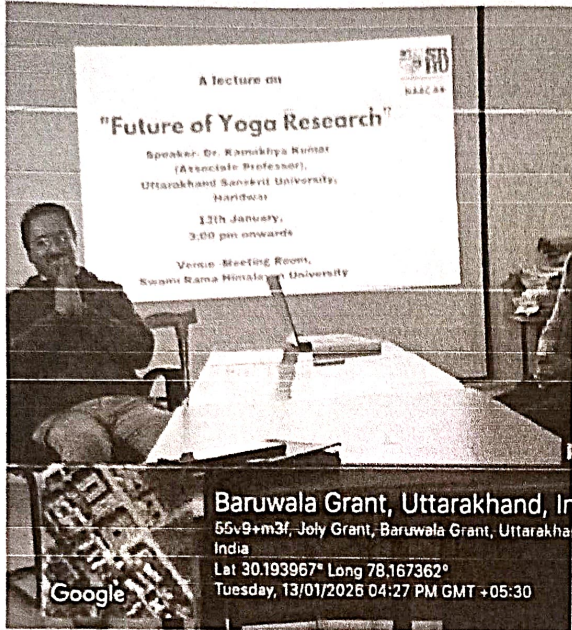
A guest lecture on the topic “**Future of Yoga Research**” was organized at the **Meeting Room, School of Yoga Sciences, Swami Rama Himalayan University (SRHU)** on **13 January**, commencing at **3:00 pm onwards**. The lecture was delivered by **Dr. Kamakhya Kumar, Associate Professor, Uttarakhand Sanskrit University, Haridwar**. The program was organized with the objective of providing academic insight into emerging trends, scope, and future directions of yoga research.

During the lecture, Dr. Kamakhya Kumar highlighted the evolving nature of yoga research in the contemporary academic and scientific context. He emphasized the importance of integrating traditional yogic knowledge with modern research methodologies to enhance the credibility and global acceptance of yoga-based studies. The speaker discussed various interdisciplinary research opportunities in yoga, including health sciences, psychology, education, and management, and stressed the need for evidence-based research to establish yoga as a strong scientific discipline.

The session was informative and intellectually stimulating, encouraging participants to think critically about innovative research designs, publication ethics, and future career prospects in the field of yoga research. The lecture concluded with an interactive discussion, during which participants raised questions related to research challenges and opportunities in yoga studies. Overall, the guest lecture was highly enriching and beneficial for students and research scholars, contributing significantly to their academic and research orientation.

Subelle
14/01/2026

Photographs of the Lecture



Subrelli
13/01/2026