

# Department of Clinical Psychology

## HIMS, SRHU

**Report Title:** Achieving Clinical Excellence in Mental Health Training: An Interaction with the Hon'ble University President

**Date:** 2nd January 2026

**Venue:** Play Therapy Room, Department of Clinical Psychology, Block Two of HIMS

**Organized by:** Department of Clinical Psychology

**Resource Person:**

- Dr. Vijay Dhasmana, Hon'ble President, Swami Ram Himalayan University

**Participants:**

1. Dr. Malini Srivastava, Head of Department
2. Ms. Mahjabin, Assistant Professor
3. Ms. Rashmi Rekha Seal, Assistant Professor
4. Ms. Nitika Kimothi, Assistant Professor
5. Staff Members
6. PDCP Students
  - I. Anjali Aswal
  - II. Arushi bhatnagar
  - III. Bhanuja Gauba
  - IV. Gracy Gulati
  - V. Himangi Nautiyal
  - VI. Kriti Sehgal
  - VII. Prekshaa Verma
  - VIII. Ria Raina

**Objective of the Interaction**

- To provide a platform for PDCP students to share their training experiences.
- To receive guidance from university leadership on clinical excellence, professionalism, and career development.
- To enhance students' understanding of multidisciplinary mental health practice and professional responsibilities.

**Summary of the Interaction**

On 2nd January 2026, an interaction meeting was conducted between the Hon'ble University President and students of the Professional Diploma in Clinical Psychology (PDCP). The session aimed to discuss students' academic and clinical training experiences and to provide mentorship and guidance for their professional growth.

The Hon'ble President interacted with students and encouraged them to reflect on their academic learning, clinical exposure, skill development, and challenges encountered during training. Students shared their experiences regarding clinical postings, patient interactions, and skill acquisition.

The President appreciated the structured design of the PDCP programme and emphasized the importance of professional responsibility, ethical practice, and lifelong learning in mental health professions. He highlighted the role of clinical psychologists in multidisciplinary healthcare teams, the mind-body relationship, and the need to identify root causes of mental health problems during clinical assessment and intervention.

**Outcome of the Session**

- Students gained clarity regarding their professional roles and responsibilities as future clinical psychologists.
- Enhanced motivation and confidence among students regarding clinical practice and career development.
- Strengthened understanding of multidisciplinary collaboration and holistic patient care.
- Reinforced the importance of continuous learning and ethical clinical practice.

**Conclusion**

The interaction session was highly enriching and motivational for PDCP students. It contributed positively to their academic orientation, clinical insight, and professional development. The session also strengthened faculty-student-leadership engagement and reaffirmed the university's commitment to clinical excellence in mental health training.



Dr. Malini Srivastava  
Head, Department of Clinical Psychology  
Himalayan Hospital  
Swami Ram Himalayan University, Dehradun, Uttarakhand