

**[CORE] Teaching and Learning [TL]**

**Sub Criteria 1.4**

**TL5: Contact Hours Per Week**

Particular	Description	Evidence Link
<b>B.Sc. Yoga Science and Holistic Health, Sem-I (NEP2020)</b>	Timetable	<a href="#">Click Here</a>
	Teaching & Evaluation Scheme	<a href="#">Click Here</a>