

**HIMALAYAN INSTITUTE OF MEDICAL SCIENCES**  
**TIME TABLE FOR BACHELOR OF OPTOMETRY (B.OPTOM)**  
**TIME TABLE – THIRD SEMESTER (BATCH 2024)**

HIMS/2025

Date: 22<sup>nd</sup> July 2025

Day	9:00–10:00	10:00– 11:00	11:00– 12:00	12:00 – 1:00	1:00 -02:00	2:00 – 3:00	3:00 – 4:00
Mon.	Clinical refraction and contact lens (Practical)	Clinical refraction and contact lens (Theory)	Clinical refraction and contact lens (Practical)		LUNCH	Clinical refraction and contact lens (Practical)	
Tue.	Clinical refraction and contact lens (Theory)	Clinical refraction and contact lens (Practical)	Clinical refraction and contact lens (Practical)			Clinical refraction and contact lens (Practical)	EVS
Wed.	Clinical refraction and contact lens (Practical)	Pathology (Theory)	Microbiology (Theory/Practical)			Clinical refraction and contact lens (Practical)	
Thurs.	Pharmacology (Theory)		Microbiology (Theory/Practical)			Microbiology (Theory)	Clinical refraction and contact lens (Practical)
Fri.	Pathology (Theory/Practical)			Pharmacology Theory		Clinical refraction and contact lens (Theory)	EVS
Sat.	Clinical refraction and contact lens (Practical)		Clinical refraction and contact lens (Practical)			Clinical refraction and contact lens (Practical)	

  
 Vice Principal  
 Allied Health UG Programmes  
 HIMS, SRHU

**c.c. All Concerned HODs**