

HIMALAYAN COLLEGE OF NURSING
SWAMI RAMA HIMALAYAN UNIVERSITY
JOLLYGANT, DEHRADUN
Program: B.Sc. Nursing [I Semester]
Date: 04/11/2024 to 09/11/2024 [Orientation Week]
Time Table

Day/Date	08:30am to 09:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	01:30pm to 02:30pm	02:30pm to 03:30pm	03:30pm to 04:30pm
Monday 04/11/2024	Preparation of Orientation Programme					LUNCH BREAK	Preparation of Orientation Programme	
Tuesday 05/11/2024	Orientation Program						Orientation Program	
Wednesday 06/11/2024	Physical Orientation						Physical Orientation	
Thursday 07/11/2024	Collection of Affidavit	Code of Conduct Dr. Vineet Mehrotra	Collection of Affidavit and Proof of Fees Submission	Student Affaire Cell Mrs. Priya J. P. N.			Hostel Committee Mrs. Upma George/ Mr. John Davidson	Discipline Committee Dr. Harleen Kaur
Friday 08/11/2024	Medical Examination						Medical Examination	
Saturday 09/11/2024	Medical Examination						Medical Examination	

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 Principal

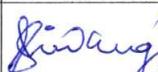
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 Himalayan College of Nursing
 Swami Rama Himalayan University
 Swami Ram Nagar, Jolly Grant
 Dehradun-248016

Class Coordinator

HIMALAYAN COLLEGE OF NURSING
SRHU, Swami Ram Nagar, Dehradun
PHYSICAL ORIENTATION PLAN 2024
BATCH: B.Sc. Nursing 1st Semester

Date: 06/11/2024

Time: 8:30am-4:30pm

Group No.	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30am	12:00pm to 01:30pm	01:30pm to 02:30pm	02:30pm to 04:30pm	Teachers' Name	Signature
Group I [1 to 38]	Nursing College	Medical College, SBI, ATM	Himalayan Hospital	Simulation Skill Lab	RDI, Swami Rama Centre, SRHU Campus, D2H, CRI, Central Library, Post Office [Bus Available]		Cancer Research Institute	Mr. Suresh Chandra Ms. Ashwarya	 
Group II [39 to 76]	Medical College, SBI, ATM	Himalayan Hospital	Simulation Skill Lab	Cancer Research Institute			Nursing College	Ms. Varsha Rawat Ms. Heena Negi	 
Group III [77 to 114]	Himalayan Hospital	Simulation Skill Lab	Cancer Research Institute	Nursing College			Medical College, SBI, ATM	Mrs. Sandhya C. Mr. Ankit Singh	 
Group IV [115 to 152]	Simulation Skill Lab	Cancer Research Institute	Nursing College	Medical College, SBI, ATM			Himalayan Hospital	Ms. Shivangi H. Mr. Atul Bhidola	 
Group V [153 to 190]	Cancer Research Institute	Nursing College	Medical College, SBI, ATM	Himalayan Hospital			Simulation Skill Lab	Dr. Anupama Ms. Anshika	 
LUNCH BREAK									

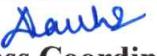
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Class Coordinator

**Himalayan College of Nursing
Swami Rama Himalayan University
Program: B.Sc. Nursing 4th Semester
Time Table: 11/11/2024 to 16/11/2024**

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
Monday 11/11/24								Uniform & Tracksuit Measurement /Collection of Affidavit and Payment Proof
Tuesday 12/11/24								GH
Wednesday 13/11/24	Classroom Management Ms. Varsha Rawat	Soft Skill & Personality Development Dr. Asheesh Gupta/Ms. Garima Kapoor		Communication Skills Mr. Saurabh Kumar			Mentor Cell Mrs. Priya J.P.N.	Professional Ethics Mrs. Preeti Prabha
Thursday 14/11/24	Class Coordinator	Academic Regulations Dr. Rajkumari Sylvia Devi	Dr. Pradeep Varshney	Counseling Cell Dr. Grace M. Singh	Gender Sensitization Mrs. Priya J. P. N.	LUNCH		Anti-ragging Committee Mrs. Preeti Prabha and Class Coordinators
Friday 15/11/24								GH
Saturday 16/11/24								Self-Study

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Himalayan College of Nursing
Swami Rama Himalayan University

Programme: B.Sc. Nursing 1st Semester Batch 2024 (*Section A*)

Time Table: 18.11.24 to 23.11.24 (01 Week)

Venue: LT A, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30pm	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
18.11.24 Monday	Subject: Nursing Foundation I Topic: Subject Orientation Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Subject Orientation Mrs. Shama Praveen	Subject: Applied Sociology Topic: Subject Orientation Mrs. Neelam Danu	Subject: Nursing Foundation I Topic: Introduction of Lab Procedures Mr. Suresh Chander	Subject: Applied Psychology Topic: Subject Orientation Mrs. Heena Negi		Subject: Communicative English Topic: Subject Orientation & Communication in English Mr. Saurabh Kumar	
19.11.24 Tuesday	Subject: Nursing Foundation I Topic: History of Nursing Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Terminology Mrs. Shama Praveen	Subject: Applied Psychology Topic: Introduction of Psychology Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Introduction & Concept of health Dr. Harleen Kaur	Subject: Applied Anatomy & Applied Physiology Topic: Body Mechanics Mrs. Shama Praveen		Subject: Applied Sociology Topic: Introduction of Sociology and its significance in nursing Mrs. Neelam Danu	
20.11.24 Wednesday	Subject: Nursing Foundation I Topic: Contribution of Florence Nightingale Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Cell and Its Organelles Mrs. Shama Praveen	Subject: Applied Psychology Topic: Significance of Psychology in Nursing Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Maslow's hierarchy, Health & Illness Continuum Dr. Harleen Kaur	Subject: Applied Anatomy & Applied Physiology Topic: Organization of Human Body (Part 2) Mrs. Shama Praveen		Subject: Applied Sociology Topic: Significance of Sociology in Nursing Mrs. Neelam Danu	
21.11.24 Thursday	Subject: Nursing Foundation I Topic: Nursing: Concepts & its scope Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Epithelial Tissue Mrs. Shama Praveen	Subject: Applied Psychology Topic: Body Mind Relationship Mrs. Heena Negi	<i>Activities of Anti-ragging Committee (Combined Group)</i> <i>Venue: Mother Teresa Auditorium, HCN</i> Ms. Preeti Prabha and Class Coordinators			Subject: Communicative English Topic: Understanding LSRW & English Language evolution Mr. Saurabh Kumar	
22.11.24 Friday	Subject: Nursing Foundation I Topic: Code of Ethics Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Connective tissue Mrs. Shama Praveen	Subject: Applied Psychology Topic: Genetic and Behaviour Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Factors influencing health Dr. Harleen Kaur	Subject: Applied Psychology Topic: Concept of Mental Health & its Hygiene Mr. Atul Bhidola		<i>Gender Sensitization for (Combined Group)</i> Mrs. Priya J.P.N.	
23.11.24 Saturday	Subject: Nursing Foundation I Topic: Professional conduct for Nurses in India Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Body Glands Mrs. Shama Praveen	Subject: Applied Psychology Topic: Characteristics of Mentally Healthy Person Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Illness its causes and risk factors Dr. Harleen Kaur	Subject: Applied Anatomy & Applied Physiology Topic: Organization of Human Body (Part 2) Mrs. Shama Praveen		Self Study	

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

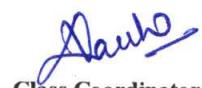
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Academic Coordinator

Principal

Chaudhary
Principal
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Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun - 248001



Class Coordinator

**Himalayan College of Nursing
Swami Rama Himalayan University**

Programme: B.Sc. Nursing 1st Semester Batch 2024 (*Section B*)

Time Table: 18.11.24 to 23.11.24 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30pm	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
18.11.24 Monday	Subject: Applied Psychology Topic: Subject Orientation Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Subject Orientation Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Subject Orientation Mrs. Shama Praveen	Subject: Applied Sociology Topic: Subject Orientation Mrs. Neelam Danu	Subject: Nursing Foundation I Topic: Introduction of Lab Procedures Mr. Suresh Chander		Subject: Communicative English Topic: Subject Orientation & Communication in English Mr. Saurabh Kumar	
19.11.24 Tuesday	Subject: Applied Anatomy & Applied Physiology Topic: Body Mechanics Mrs. Shama Praveen	Subject: Nursing Foundation I Topic: History of Nursing Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Terminology Mrs. Shama Praveen	Subject: Applied Psychology Topic: Introduction of Psychology Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Introduction & Concept of health Dr. Harleen Kaur		Subject: Applied Sociology Topic: Introduction of Sociology and its significance in nursing Mrs. Neelam Danu	
20.11.24 Wednesday	Subject: Applied Anatomy & Applied Physiology Topic: Organization of Human Body (Part 1) Mrs. Shama Praveen	Subject: Nursing Foundation I Topic: Contribution of Florence Nightingale Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Cell and Its Organelles Mrs. Shama Praveen	Subject: Applied Psychology Topic: Significance of Psychology in Nursing Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Maslow's hierarchy, Health & Illness Continuum Dr. Harleen Kaur		Subject: Applied Sociology Topic: Significance of Sociology in Nursing Mrs. Neelam Danu	
21.11.24 Thursday	Subject: Applied Psychology Topic: Body Mind Relationship Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Nursing: Concepts & its scope Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Epithelial Tissue Mrs. Shama Praveen		<i>Activities of Anti-ragging Committee (Combined Group)</i> <i>Venue: Mother Teresa Auditorium, HCN</i> Ms. Preeti Prabha and Class Coordinators		Subject: Communicative English Topic: Understanding LSRW & English Language evolution Mr. Saurabh Kumar	
22.11.24 Friday	Subject: Applied Psychology Topic: Concept of Mental Health & its Hygiene Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Code of Ethics Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Connective tissue Mrs. Shama Praveen	Subject: Applied Psychology Topic: Genetic and Behaviour Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Factors influencing health Dr. Harleen Kaur		<i>Gender Sensitization for (Combined Group)</i> Mrs. Priya J.P.N.	
23.11.24 Saturday	Subject: Applied Anatomy & Applied Physiology Topic: Organization of Human Body (Part 2) Mrs. Shama Praveen	Subject: Nursing Foundation I Topic: Professional conduct for Nurses in India Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Body Glands Mrs. Shama Praveen	Subject: Applied Psychology Topic: Characteristics of Mentally Healthy Person Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Illness its causes and risk factors Dr. Harleen Kaur		<i>Self Study</i>	

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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Himalayan College of Nursing
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Class Coordinator

**Himalayan College of Nursing
Swami Rama Himalayan University**

Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)

Time Table: 25.11.24 to 30.11.24 (01 Week)

Venue: LT A, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30pm	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
25.11.24 Monday	Subject: Nursing Foundation I Topic: Functions & Qualities of a Nurse Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Structure of organs of respiratory system (Part 1) Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Brain & Behavior (Part 1) Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Introduction of Documentation Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure of alimentary canal Ms. Anshika Bhatt		Subject: Communicative English Topic: Language & acquisition, Stages of first & Second Language Mr. Saurabh Kumar	
26.11.24 Tuesday	Subject: Nursing Foundation I Topic: Categories of Nursing Personnel Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Structure of organs of respiratory system (Part 2) Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Brain & Behavior (Part 2) Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Purposes of Reports & Records Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure Accessary organs of digestion Ms. Anshika Bhatt		Subject: Applied Sociology Topic: Basic concept of Society Mrs. Neelam Danu	
27.11.24 Wednesday	Subject: Nursing Foundation I Topic: Nursing as a Profession: Definition & Characteristics Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Muscles of Respiration Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Introduction of cognitive process Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Confidentiality to maintain Records & Reports Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Composition & functions of gastric juice Ms. Anshika Bhatt	LUNCH	Subject: Applied Sociology Topic: Individual & Society Mrs. Neelam Danu	
28.11.24 Thursday	Subject: Nursing Foundation I Topic: Criteria of Nursing Profession Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Functions of Respiratory Organs Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Attention: Definition & its Classification Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Types & Methods/System of Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shama Praveen		Subject: Communicative English Topic: Introduction to types of verbal communication Mr. Saurabh Kumar	
29.11.24 Friday	Subject: Nursing Foundation I Topic: Values: Introduction & meaning Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of respiration Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Perception: Definition & Classification Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Guidelines, Do's & Don'ts of documentation Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shivangi Hemdan		Subject: Applied Anatomy & Applied Physiology Topic: Mecahnism & Regulation of gastric secretions Ms. Anshika Bhatt	
30.11.24 Saturday	Subject: Nursing Foundation I Topic: Importance of Values Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Pulmonary respiration Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Personality: Definition & Types Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Reporting: Change shift/ Transfer/ Incident Ms. Anshika Bhatt	Subject: Applied Psychology Topic: Inheritnce of behavior Self Study			

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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Aarki
Class Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)
Time Table: 25.11.24 to 30.11.24 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30pm	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
25.11.24 Monday	Subject: Applied Anatomy & Applied Physiology Topic: Structure of alimentary canal Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Functions & Qualities of a Nurse Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Structure of organs of respiratory system (Part 1) Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Brain & Behavior (Part 1) Ms. Heena Negi	Subject: Nursing Foundation I Topic: Introduction of Documentation Mr. Suresh Chander			Subject: Communicative English Topic: Language & acquisition, Stages of first & Second Language Mr. Saurabh Kumar
26.11.24 Tuesday	Subject: Applied Anatomy & Applied Physiology Topic: Structure Accessary organs of digestion Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Categories of Nursing Personnel Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Structure of organs of respiratory system (Part 2) Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Brain & Behavior (Part 2) Ms. Heena Negi	Subject: Nursing Foundation I Topic: Purposes of Repts & Records Mr. Suresh Chander			Subject: Applied Sociology Topic: Basic concept of Society Mrs. Neelam Danu
27.11.24 Wednesday	Subject: Applied Anatomy & Applied Physiology Topic: Composition & functions of gastric juice Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Nursing as a Profession: Definition & Charateristics Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Muscles of Respiration Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Introduction of cognitive process Ms. Heena Negi	Subject: Nursing Foundation I Topic: Confidentiality to maintain Records & Reports Mr. Suresh Chander			Subject: Applied Sociology Topic: Individual & Society Mrs. Neelam Danu
28.11.24 Thursday	Subject: Nursing Foundation I Topic: Types & Methods/System of Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Criteria of Nursing Profession Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Functions of Respiratory Organs Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Attention: Definition & Classification Ms. Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shama Praveen			Subject: Communicative English Topic: Introduction to types of verbal communication Mr. Saurabh Kumar
29.11.24 Friday	Subject: Nursing Foundation I Topic: Guidelines, Do's & Don'ts of documentation Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Values: Introduction & meaning Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of respiration Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Perception: Definition & Classification Ms. Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shivangi Hemdan			Subject: Applied Anatomy & Applied Physiology Topic: Mecahnism & Regulation of gastric secretions Ms. Anshika Bhatt
30.11.24 Saturday	Subject: Applied Psychology Topic: Inheritnce of behavior Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Importance of Values Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Pulmonary respiration Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Personality: Definition & Types Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Reporting: Change shift/ Transfer/ Incident Mr. Suresh Chander			Self Study

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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Saurabh
Class Coordinator

**Himalayan College of Nursing
Swami Rama Himalayan University**

Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)

Time Table: 02.12.24 to 07.12.24 (01 Week)

Venue: LT A, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30pm	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
02.12.24 Monday	Subject: Nursing Foundation I Topic: Introduction of Equipment & Linen Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Regulation of Respiration Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Warning Sign of Poor Mental Health Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Introduction of Communication Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Mecahnism & Regulation of gastric Ms. Anshika Bhatt		Subject: Communicative English Topic: Non-Verbal Communication Mr. Saurabh Kumar	
03.12.24 Tuesday	Subject: Nursing Foundation I Topic: Types of Equipment disposable & reusable Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Exchange of Gases Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Defense Mechanism Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Levels, Elements & Process of Communication Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Pancreatic Juice: Composition, Function and Regulation Ms. Anshika Bhatt		Subject: Applied Sociology Topic: Individual & Society Mrs. Neelam Danu	
04.12.24 Wednesday	Subject: Nursing Foundation I Topic: Types of Linen disposable & reusable Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Hypoxia, Cyanosis, Dyspnea Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Frustration and Conflict Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Types, Modes of Communication Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure & Functions of Liver Ms. Anshika Bhatt		Subject: Applied Sociology Topic: Socialization Mrs. Neelam Danu	
05.12.24 Thursday	Subject: Nursing Foundation I Topic: Indent & Maintenance Inventory Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Respiratory Changes during Exercises Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Measurement of Intelligence Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Factors influencing communication. Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shama Praveen	LUNCH	Subject: Communicative English Topic: Types of Listening Process Mr. Saurabh Kumar	
06.12.24 Friday	Subject: Nursing Foundation I Topic: Introduction to infection control Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Introduction to Circulatory System Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Learning: Definition, Types Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Methods of effective communication Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shivangi Hemdan		Subject: Applied Anatomy & Applied Physiology Topic: Secretion and Functions of Small and Large Intestine Ms. Anshika Bhatt	
07.12.24 Saturday	Subject: Nursing Foundation I Topic: Nature, Chain & Types of Infection Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Blood Vessels Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Learning Process Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Barriers of effective communication Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure & Functions of Gall Bladder and Pancreas Ms. Anshika Bhatt		Self Study	

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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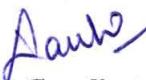
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**Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant**



Class Coordinator

**Himalayan College of Nursing
Swami Rama Himalayan University**

Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)

Time Table: 02.12.24 to 07.12.24 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30pm	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
02.12.24 Monday	Subject: Applied Anatomy & Applied Physiology Topic: Mechanism & Regulation of gastric secretions Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Introduction of Equipment & Linen Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Regulation of Respiration Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Warning Sign of Poor Mental Health Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Introduction of Communication Mr. Suresh Chander		Subject: Communicative English Topic: Non-Verbal Communication Mr. Saurabh Kumar	
03.12.24 Tuesday	Subject: Applied Anatomy & Applied Physiology Topic: Pancreatic Juice: Composition, Function and Regulation Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Types of Equipment disposable & reusable Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Exchange of Gases Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Defense Mechanism Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Levels, Elements & Process of Communication Mr. Suresh Chander		Subject: Applied Sociology Topic: Individual & Society Mrs. Neelam Danu	
04.12.24 Wednesday	Subject: Applied Anatomy & Applied Physiology Topic: Structure & Functions of Liver Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Types of Linen disposable & reusable Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Hypoxia, Cyanosis, Dyspnea Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Frustration and Conflict Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Types, Modes of Communication Mr. Suresh Chander	LUNCH	Subject: Applied Sociology Topic: Socialization Mrs. Neelam Danu	
05.12.24 Thursday	Subject: Nursing Foundation I Topic: Factors influencing communication Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Indent & Maintenance Inventory Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Respiratory Changes during Exercises Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Measurement of Intelligence Mrs. Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shama Praveen		Subject: Communicative English Topic: Types of Listening Process Mr. Saurabh Kumar	
06.12.24 Friday	Subject: Nursing Foundation I Topic: Methods of effective communication Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Introduction to infection control Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Introduction to Circulatory System Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Learning: Definition, Types Mrs. Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shivangi Hemdan		Subject: Applied Anatomy & Applied Physiology Topic: Secretion and Functions of Small and Large Intestine Ms. Anshika Bhatt	
07.12.24 Saturday	Subject: Applied Anatomy & Applied Physiology Topic: Structure & Functions of Gall Bladder and Pancreas Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Nature, Chain & Types of Infection Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Blood Vessels Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Learning Process Mrs. Heena Negi	Subject: Nursing Foundation I Topic: Barriers of effective communication Mr. Suresh Chander		Self Study	

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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Swami Rama Himalayan University

Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)
Time Table: 09.12.24 to 14.12.24 (01 Week)

Venue: LT A, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
09.12.24 Monday	Subject: Nursing Foundation I Stages of infection Topic: Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Heart: Part 1 Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Frustration and Conflict Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Professional communication Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Composition of bile and function Ms. Anshika Bhatt		Subject: Communicative English Topic: Different types of listening Mr. Saurabh Kumar	
10.12.24 Tuesday	Subject: Nursing Foundation I Topic: Factors increasing susceptibility to infection Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Structure Heart: Part 2 Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Role of Nurse in Reducing Frustration Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Nurse patient relationship Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Saliva: Composition, Function and Regulation Ms. Anshika Bhatt		Subject: Applied Sociology Topic: Individual rights Mrs. Neelam Danu	
11.12.24 Wednesday	Subject: Nursing Foundation I Topic: Body defenses against infection Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Heart: Nerve and Blood Supply to Heart Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Introduction of Personality Mrs. Nitika Bahtt	Subject: Nursing Foundation I Topic: Communication with vulnerable groups Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Digestion Process Ms. Anshika Bhatt		Subject: Applied Sociology Topic: Socialization Mrs. Neelam Danu	
12.12.24 Thursday	Subject: Nursing Foundation I Topic: Nosocomial infection Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Heart: Veins Used for IV Injections Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Classification of Personality Mrs. Nitika Bahtt	Subject: Nursing Foundation I Topic: Maintaining effective human relations Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shama Praveen		Subject: Communicative English Topic: Understanding vowels and consonants Mr. Saurabh Kumar	
13.12.24 Friday	Subject: Nursing Foundation I Topic: Introductory concept of asepsis Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Lymphatic Tissue- Part I Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Mesurement of Personality Mrs. Nitika Bahtt	Subject: Nursing Foundation I Topic: Communication with elderly Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HFMS Ms. Shivangi Hemdan		Subject: Applied Anatomy & Applied Physiology Topic: Structure of Bone Ms. Preeti Prabha	
14.12.24 Saturday	Subject: Nursing Foundation I Topic: Biomedical waste management Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Lymphatic Tissue- Part II Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Alteration in Personality Mrs. Nitika Bahtt	Subject: Nursing Foundation I Topic: Communication elderly Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Absorption of Food Ms. Anshika Bhatt		Self Study	

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)
Time Table: 09.12.24 to 14.12.24 (01 Week)

Venue: LT B, HCN

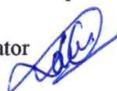
Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
09.12.24 Monday	Subject: Applied Psychology Topic: Frustration and Conflict Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Professional communication Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Composition of bile and function Ms. Anshika Bhatt	Subject: Nursing Foundation I Stages of infection Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Heart: Part 1 Ms. Shivangi Hemdan		Subject: Communicative English Topic: Types of listening Mr. Saurabh Kumar	
10.12.24 Tuesday	Subject: Applied Psychology Topic: Role of Nurse in Reducing Frustration Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Nurse patient relationship Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Saliva: Composition, Function and Regulation Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Factors increasing susceptibility to infection Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Structure Heart: Part 2 Ms. Shivangi Hemdan		Subject: Applied Sociology Topic: Individual rights Mrs. Neelam Danu	
11.12.24 Wednesday	Subject: Applied Psychology Topic: Introduction of Personality Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Communicating with patient, family Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Digestion Process Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Body defenses against infection Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Heart: Nerve and Blood Supply to Heart Ms. Shivangi Hemdan		Subject: Applied Sociology Topic: Socialization Mrs. Neelam Danu	
12.12.24 Thursday	Subject: Applied Psychology Topic: Classification of Personality Mrs. Nitika Bhatt	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shama Praveen	Subject: Nursing Foundation I Topic: Maintaining human relations Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Nosocomial infection Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Heart: Veins for IV Injections Ms. Shivangi Hemdan		Subject: Communicative English Topic: Understanding vowels and consonants Mr. Saurabh Kumar	
13.12.24 Friday	Subject: Applied Psychology Topic: Mesurement of Personality Mrs. Nitika Bhatt	Subject: Applied Anatomy & Applied Physiology Topic: Museum Visit, Anatomy Lab. HIMS Ms. Shivangi Hemdan	Subject: Nursing Foundation I Topic: Communication with vulnerable groups Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Introductory concept of asepsis Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Lymphatic Tissue- Part I Ms. Shivangi Hemdan		Subject: Applied Anatomy & Applied Physiology Topic: Structure of Bone Ms. Preeti Prabha	
14.12.24 Saturday	Subject: Applied Psychology Topic: Alteration in Personality Mrs. Nitika Bhatt	Subject: Nursing Foundation I Communication with elderly Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Absorption of Food Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Biomedical waste management Ms. Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Lymphatic Tissue- Part II Ms. Shivangi Hemdan		Self Study	

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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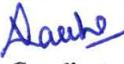
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LUNCH

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (*Section A*)
Time Table: 16.12.24 to 21.12.24 (01 Week)

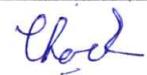
Venue: LT A, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
16.12.24 Monday	Subject: Nursing Foundation I Topic: Introduction and guidelines for vital signs Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Conduction System Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Self Empowerment Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Introducion to promoting safety Mr Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Ear Mrs. Anupama Sharma		Subject: Communicative English Topic: Phonetic Stress Mr. Saurabh Kumar	
17.12.24 Tuesday	Subject: Nursing Foundation I Topic: Body temperature-definition, physiology Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Cardiac Cycle, Stroke Volume & Cardiac Output Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Women Empowerment Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Physical Environment Mr Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Introduction to Nervous System Ms. Anshika Bhatt		Subject: Applied Sociology Topic: Socialization Mrs. Neelam Danu	
18.12.24 Wednesday	Subject: Nursing Foundation I Topic: Assessment of Body temperature Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Axial Skeleton Ms. Preeti Prabha	Subject: Applied Psychology Topic: Motivation: Definition, Concept & Types Mrs. Nitika Bahtt	Subject: Nursing Foundation I Topic: Reduction of Physical Hazards Mr Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Neurones and Neuroglia Ms. Anshika Bhatt		Subject: Applied Sociology Topic: Personal Disorganization Mrs. Neelam Danu	
19.12.24 Thursday	Subject: Nursing Foundation I Topic: Temperature alterations Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Coronary ,Pulmonary & Systemic Circulation, Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Theories of Motivation Mrs. Nitika Bahtt	Subject: Nursing Foundation I Topic: Fall Risk Assessment Mr Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Eye Mrs. Anupama Sharma	LUNCH	Subject: Communicative English Topic: Intonation Mr. Saurabh Kumar	
20.12.24 Friday	Subject: Nursing Foundation I Topic: Fever/Pyrexia Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Factors Influencing BP, Pulse & Normal Value Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Motivation Cycle Mrs. Nitika Bahtt	Subject: Nursing Foundation I Topic: Role of Nurse In Providing Safe Environment Mr Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Nose & Tongue Mrs. Anupama Sharma		Subject: Applied Anatomy & Applied Physiology Topic: Preparation of Practical File Mrs. Shama Praveen	
21.12.24 Saturday	Subject: Nursing Foundation I Topic: Nursing management of fever Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Heart Rate: Regulation Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Emotions: Introduction, Definition Mrs. Nitika Bahtt	Subject: Nursing Foundation I Topic: Safety Devices Mr Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Struture of Skin & Its Function Mrs. Anupama Sharma		Self Study	

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)

Time Table: 16.12.24 to 21.12.24 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30pm	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
16.12.24 Monday	Subject: Applied Psychology Topic: Self Empowerment Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Introduction to promoting safety Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Ear Mrs. Anupama Sharma	Subject: Nursing Foundation I Topic: Introduction and Guidelines for Vital Signs Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Conduction System Ms. Shivangi Hemdan			Subject: Communicative English Topic: Phonetic Stress Mr. Saurabh Kumar
17.12.24 Tuesday	Subject: Applied Psychology Topic: Women Empowerment Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Physical environment Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Introduction to Nervous System Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Body Temperature-Definition, Physiology Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Cardiac Cycle, Stroke Volume & Cardiac Output Ms. Shivangi Hemdan			Subject: Applied Sociology Topic: Socialization Mrs. Neelam Danu
18.12.24 Wednesday	Subject: Applied Psychology Topic: Motivation: Definition & Types Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Reduction of physical hazards Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Neurones and Neuroglia Ms. Anshika Bhatt	Subject: Nursing Foundation I Topic: Assessment of Body Temperature Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Axial Skeleton Ms. Preeti Prabha			Subject: Applied Sociology Topic: Personal Disorganization Mrs. Neelam Danu
19.12.24 Thursday	Subject: Applied Psychology Topic: Theories of Motivation Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Fall risk assessment Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Eye Mrs. Anupama Sharma	Subject: Nursing Foundation I Topic: Temperature Alterations Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Coronary ,Pulmonary & Systemic Circulation, Ms. Shivangi Hemdan			Subject: Communicative English Topic: Intonation Mr. Saurabh Kumar
20.12.24 Friday	Subject: Applied Psychology Topic: Motivation Cycle Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Role of nurse in providing safe environment Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Nose & Tongue Mrs. Anupama Sharma	Subject: Nursing Foundation I Topic: Fever/Pyrexia Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Factors Influencing BP, Pulse & Normal Value Ms. Shivangi Hemdan			Subject: Applied Anatomy & Applied Physiology Topic: Preparation of Practical File Mrs. Shama Praveen
21.12.24 Saturday	Subject: Applied Psychology Topic: Emotions: Introduction, Definition Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Safety devices Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Skin & Its Function Mrs. Anupama Sharma	Subject: Nursing Foundation I Topic: Nursing Management of Fever Ms Ashwarya	Subject: Applied Anatomy & Applied Physiology Topic: Heart Rate: Regulation Ms. Shivangi Hemdan			Self Study

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)
Time Table: 30.12.24 to 4.01.25 (01 Week)

Venue: LT A, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 4:30pm
30.12.24 Monday	Subject: Nursing Foundation I Topic: Introduction and Definition of Pulse Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Appendicular Skeleton Ms. Preeti Prabha	Subject: Applied Psychology Topic: Motivation Cycle Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Introduction to Hospital Admission and Discharge Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of Ear Mrs. Anupama Sharma		Subject: Communicative English Topic: Vocabulary: Latinist and Saxonist Mr. Saurabh Kumar
31.12.24 Tuesday	Subject: Nursing Foundation I Topic: Physiology and Regulation of Pulse Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Joints: Classification and Structure Ms. Preeti Prabha	Subject: Applied Psychology Topic: Introduction of Emotions Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Admission to Hospital Unit and Preparation of Unit Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Eye Mrs. Anupama Sharma		Subject: Applied Sociology Topic: Social Change Mrs. Neelam Danu
01.01.25 Wednesday	Subject: Nursing Foundation I Topic: Characteristics of Pulse Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of Bone Ms. Preeti Prabha	Subject: Applied Psychology Topic: Development of Emotions Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Admission Bed and Admission Procedure Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of Eye Mrs. Anupama Sharma		Subject: Applied Sociology Topic: Social Group Mrs. Neelam Danu
02.01.25 Thursday	Subject: Nursing Foundation I Topic: Factors Affecting Pulse Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Introduction to Muscular System Ms. Preeti Prabha	Subject: Applied Psychology Topic: Handling of Emotions Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Medico Legal Issues Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Blood-Functions and Physical Characteristics Mrs. Anupama Sharma	LUNCH	Subject: Communicative English Topic: Writing and Slovenliness Mr. Saurabh Kumar
03.01.25 Friday	Subject: Nursing Foundation I Topic: Assessment of Pulse Sites, Equipment and Technique Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Types of Muscles Ms. Preeti Prabha	Subject: Applied Psychology Topic: Stress and Adaptation Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Roles and Responsibilities of the Nurse Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Blood Group and Types Mrs. Anupama Sharma		Subject: Applied Anatomy & Applied Physiology Topic: Functions of liver, gall bladder and pancreas Ms. Anshika Bhatt
04.01.25 Saturday	Subject: Nursing Foundation I Topic: Alterations in Pulse Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Functions of small and large intestine Ms. Anshika Bhatt	Subject: Applied Psychology Topic: Women's Empowerment Mr. Atul Bhiddola	Subject: Nursing Foundation I Topic: Discharge from the Hospital Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Formation of Blood cells and Floating mechanism of blood Mrs. Anupama Sharma		Self Study

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)
Time Table: 30.12.24 to 4.01.25 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30pm	12:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm
30.12.24 Monday	Subject: Applied Psychology Topic: Motivation Cycle Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Introduction to Hospital Admission and Discharge Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of Ear Mrs. Anupama Sharma	Subject: Nursing Foundation I Topic: Introduction and Definition of Pulse Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Appendicular Skeleton Ms. Preeti Prabha		Subject: Communicative English Topic: Vocabulary: Latonist and Saxonist Mr. Saurabh Kumar
31.12.24 Tuesday	Subject: Applied Psychology Topic: Introduction of Emotions Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Admission to Hospital Unit and Preparation of Unit Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Eye Mrs. Anupama Sharma	Subject: Nursing Foundation I Topic: Physiology and Regulation of Pulse Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Joints: Classification and Structure Ms. Preeti Prabha		Subject: Applied Sociology Topic: Social Change Mrs. Neelam Danu
01.01.25 Wednesday	Subject: Applied Psychology Topic: Development of Emotions Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Admission Bed and Admission Procedure Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of Eye Mrs. Anupama Sharma	Subject: Nursing Foundation I Topic: Characteristics of Pulse Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of Bone Ms. Preeti Prabha	LUNCH	Subject: Applied Sociology Topic: Social Group / Mrs. Neelam Danu Subject: Communicative English
02.01.25 Thursday	Subject: Applied Psychology Topic: Handling of Emotions Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Medico Legal Issues Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Blood-Functions and Physical Characteristics Mrs. Anupama Sharma	Subject: Nursing Foundation I Topic: Factors Affecting Pulse Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Introduction to Muscular System Ms. Preeti Prabha		Topic: Writing and Slovenliness Mr. Saurabh Kumar
03.01.25 Friday	Subject: Applied Psychology Topic: Stress and Adaptation Mrs. Nitika Bhatt	Subject: Nursing Foundation I Topic: Roles and Responsibilities of the Nurse Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Blood Group and Types Mrs. Anupama Sharma	Subject: Nursing Foundation I Topic: Assessment of Pulse Sites, Equipment and Technique Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Types of Muscles Ms. Preeti Prabha		Subject: Applied Anatomy & Applied Physiology Topic: Functions of liver, gall bladder and pancreas Ms. Anshika Bhatt
04.01.25 Saturday	Subject: Applied Psychology Topic: Women's Empowerment Mr. Atul Bhidola	Subject: Nursing Foundation I Topic: Discharge from the Hospital Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Formation of Blood cells and Floating mechanism of blood Mrs. Anupama Sharma	Subject: Nursing Foundation I Topic: Alterations in Pulse Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Functions of small and large intestine Ms. Anshika Bhatt		Self Study

Note: 2:30pm to 4:30pm Classes will be combined for both groups in Mother Teresa Auditorium, HCN

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Himalyan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jollygrant Dehradun
Programme:B.Sc. Nursing 1st Semester, (Batch 2024)
Course:Nursing Foundation-1
Lab Roster, 06.01.2025

FON LAB -1					Class Room -5	
Date / Day	Time / Group	Lab Groups	Procedure	Name of Faculty	LT Group	Name of Faculty
06.01.2025 Monday	Group-A 8:30am to 11:00am	1-12	Hand Hygiene (Medical & Surgical), Communication-History Collection	Mr. Suresh Chander	Group B & C (63 - 128 & 129 - 192) LT A & B	Mr.Ankit Singh
		13-24		Ms Varsha Rawat		Ms.Anshika Bhatt
		25-36		Ms Shivangi Hemdan		
		37-50		Ms Himani Kala		
		51-62		Mr.Vishnu Parsad		
06.01.2025 Monday	Group-B 11:30am to 1:30pm	63-75	Hand Hygiene (Medical & Surgical), Communication-History Collection	Mr. Suresh Chander	Group C & A (129 - 192 & 1 - 62) LT A & B	Mr.Ankit Singh
		76-88		Ms Varsha Rawat		Ms.Anshika Bhatt
		89-101		Ms Shivangi Hemdan		
		102-115		Ms Himani Kala		
		116-128		Mr.Vishnu Parsad		
06.01.2025 Monday	Group-C 2:30pm to 4:30pm	129-141	Hand Hygiene (Medical & Surgical), Communication-History Collection	Mr. Suresh Chander	Group A & B (1 - 62 & 63 - 128) LT A & B	Mr.Ankit Singh
		142-154		Ms Varsha Rawat		Ms.Anshika Bhatt
		155-167		Ms Shivangi Hemdan		
		168-179		Ms Himani Kala		
		180-192		Mr.Vishnu Parsad		

Note:Remaining students to be seated in class room 5 according to time: (8:30 am to 11:00am Grops B & C, 11:30amto 1:30 pm Group A & C

2:30pm to 4:30 pm Group A & B

On 06/01/2025
Subject Coordinator

Chaudhary
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Ansika Bhatt
HOD, Nursing Foundation

Himalyan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jollygrant Dehradun
Programme: B.Sc. Nursing 1st Semester, (Batch 2024)
Course: Nursing Foundation-1

Lab Roster, 07.01.2025

FON LAB -1					Class Room-2		FON LAB -2			
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	Class Room	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty
07.01.2025 Tuesday	Group-A 8:30am to 11:00am	1-12	Bed Making- Open Bed, Occupied Bed & Post Operative Bed	Mr. Suresh Chander	Group C (129-192) (LT-A)	Ms. Ankita Jamoli	Group B (63-128) (Redemonstration)	Hand Hygiene (Medical & Surgical), Communication- History Collection	63-75	Mr. Ankit Singh
		13-24		Ms Varsha Rawat					76-88	Ms. Anshika Bhatt
		25-36		Ms Shivangi Hemdan					89-101	Mr. Sumit Kotiyal
		37-50		Ms Himani Kala					102-115	Ms. Priya
		51-62		Mr. Vishnu Parsad					116-128	
07.01.2025 Tuesday	Group-B 11:30am to 1:30pm	63-75	Bed Making- Open Bed, Occupied Bed & Post Operative Bed	Mr. Suresh Chander	Group A (1-62) (LT-A)	Ms. Ankita Jamoli	Group C (129-192) (Redemonstration)	Hand Hygiene (Medical & Surgical), Communication- History Collection	129-141	Mr. Ankit Singh
		76-88		Ms Varsha Rawat					142-154	Ms. Anshika Bhatt
		89-101		Ms Shivangi Hemdan					155-167	Mr. Sumit Kotiyal
		102-115		Ms Himani Kala					168-179	Ms. Priya
		116-128		Mr. Vishnu Parsad					180-192	
07.01.2025 Tuesday	Group-C 2:30pm to 4:30pm	129-141	Bed Making- Open Bed, Occupied Bed & Post Operative Bed	Mr. Suresh Chander	Group B (63-128) (LT-A)	Ms. Ankita Jamoli	Group A (1-62) (Redemonstration)	Hand Hygiene (Medical & Surgical), Communication- History Collection	1-12	Mr. Ankit Singh
		142-154		Ms Varsha Rawat					13-24	Ms. Anshika Bhatt
		155-167		Ms Shivangi Hemdan					25-36	Mr. Sumit Kotiyal
		168-179		Ms Himani Kala					37-50	Ms. Priya
		180-192		Mr. Vishnu Parsad					51-62	

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Programme:B.Sc. Nursing 1st Semester, (Batch 2024)
Course:Nursing Foundation-1
Lab Roster, 08.01.2025

FON LAB -1					Class Room-5		FON LAB -2				
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	Class Room	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty	
08.01.2025 Wednesday	8:30am to 11:00am	Group-A	Use of Personal Protective Equipment, Restraint	1-12	Group C (129-192) (LT-A)	Ms. Himani Kala	Group B (63-128) (Redemonstration)	Bed Making- Open Bed, Occupied Bed & Post Operative Bed	63-75	Ms. Shivangi Hemdan	
				13-24					76-88	Mr. Vishnu Parsad	
				25-36					89-101	Mr. Sumit Kotiyal	
				37-50					102-115	Ms. Priya	
				51-62					116-128	Ms. Pragati	
				63-75					129-141	Ms. Shivangi Hemdan	
08.01.2025 Wednesday	11:30am to 1:30pm	Group-B	Use of Personal Protective Equipment, Restraint	76-88	Group A (1-62) (LT-A)	Ms. Himani Kala	Group C (129-192) (Redemonstration)	Bed Making- Open Bed, Occupied Bed & Post Operative Bed	142-154	Mr. Vishnu Parsad	
				89-101					155-167	Mr. Sumit Kotiyal	
				102-115					168-179	Ms. Priya	
				116-128					180-192	Ms. Pragati	
				129-141					1-12	Ms. Shivangi Hemdan	
				142-154					13-24	Mr. Vishnu Parsad	
08.01.2025 Wednesday	2:30pm to 4:30pm	Group-C	Use of Personal Protective Equipment, Restraint	155-167	Group B (63-128) (LT-A)	Ms. Himani Kala	Group A (1-62) (Redemonstration)	Bed Making- Open Bed, Occupied Bed & Post Operative Bed	25-36	Mr. Sumit Kotiyal	
				168-179					37-50	Ms. Priya	
				180-192					51-62	Ms. Pragati	


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Programme: B.Sc. Nursing 1st Semester, (Batch 2024)
Course: Nursing Foundation-1

Lab Roster, 09.01.2025

FON LAB -1					Class Room-5		FON LAB -2			
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	Class Room	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty
09.01.2025 Thursday	Group-A 8:30am to 11:00am	1-12 13-24 25-36 37-50 51-62	Physical Assessment-General & System wise	Mr. Suresh Chander Ms. Himani Kala Ms. Shivangi Hemdan Ms. Anshika Bhatt Ms. Ankita Jamoli	Group C (129-192) (LT-A)	Mr. Vishnu Parsad	Group B (63-128) (Redemonstration)	Use of Personal Protective Equipment, Restraint	63-75	Ms Varsha Rawat
									76-88	Mr. Ankit Singh
									89-101	Mr. Sumit Kotiyal
									102-115	Ms. Priya
									116-128	Ms. Pragati
09.01.2025 Thursday	Group-B 11:30am to 1:30pm	63-75 76-88 89-101 102-115 116-128	Physical Assessment-General & System wise	Mr. Suresh Chander Ms. Himani Kala Ms. Shivangi Hemdan Ms. Anshika Bhatt Ms. Ankita Jamoli	Group A (1-62) (LT-A)	Mr. Vishnu Parsad	Group C (129-192) (Redemonstration)	Use of Personal Protective Equipment, Restraint	129-141	Ms Varsha Rawat
									142-154	Mr. Ankit Singh
									155-167	Mr. Sumit Kotiyal
									168-179	Ms. Priya
									180-192	Ms. Pragati
09.01.2025 Thursday	Group-C 2:30pm to 4:30pm	129-141 142-154 155-167 168-179 180-192	Physical Assessment-General & System wise	Mr. Suresh Chander Ms. Himani Kala Ms. Shivangi Hemdan Ms. Anshika Bhatt Ms. Ankita Jamoli	Group B (63-128) (LT-A)	Mr. Vishnu Parsad	Group A (1-62) (Redemonstration)	Use of Personal Protective Equipment, Restraint	1-12	Ms Varsha Rawat
									13-24	Mr. Ankit Singh
									25-36	Mr. Sumit Kotiyal
									37-50	Ms. Priya
									51-62	Ms. Pragati

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Programme:B.Sc. Nursing 1st Semester, (Batch 2024)
Course:Nursing Foundation-1
Lab Roster, 10.01.2025

FON LAB -1					Lecture Theatre		FON LAB -2			
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	LT Group	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty
10.01.2025 Friday	Group-A 8:30am to 11:00am	1-12	Range of Motion Exercises (ROM), Ambulation	Ms Varsha Rawat	Group C (129-192) (LT-A)	Ms Shivangi Hemdan	Group B (63-128) (Redemonstration)	Physical Assessment-General & System wise	63-75	Mr. Suresh Chander
		13-24		Mr. Ankit Singh					76-88	Ms Himani Kala
		25-36		Mr. Vishnu Parsad					89-101	Mr. Sumit Kotiyal
		37-50		Ms. Anshika Bhatt					102-115	Ms. Priya
		51-62		Ms. Ankita Jamoli					116-128	Ms. Pragati
		63-75		Ms Varsha Rawat					129-141	Mr. Suresh Chander
10.01.2025 Friday	Group-B 11:30am to 1:30pm	76-88	Range of Motion Exercises (ROM), Ambulation	Mr. Ankit Singh	Group A (1-62) (LT-A)	Ms Shivangi Hemdan	Group C (129-192) (Redemonstration)	Physical Assessment-General & System wise	142-154	Ms Himani Kala
		89-101		Mr. Vishnu Parsad					155-167	Mr. Sumit Kotiyal
		102-115		Ms. Anshika Bhatt					168-179	Ms. Priya
		116-128		Ms. Ankita Jamoli					180-192	Ms. Pragati
		129-141		Ms Varsha Rawat					1-12	Mr. Suresh Chander
10.01.2025 Friday	Group-C 2:30pm to 4:30pm	142-154	Range of Motion Exercises (ROM), Ambulation	Mr. Ankit Singh	Group B (63-128) (LT-A)	Ms Shivangi Hemdan	Group A (1-62) (Redemonstration)	Physical Assessment-General & System wise	13-24	Ms Himani Kala
		155-167		Mr. Vishnu Parsad					25-36	Mr. Sumit Kotiyal
		168-179		Ms. Anshika Bhatt					37-50	Ms. Priya
		180-192		Ms. Ankita Jamoli					51-62	Ms. Pragati

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Programme:B.Sc. Nursing 1st Semester, (Batch 2024)
Course:Nursing Foundation-1
Lab Roster, 11.01.2025

FON LAB -1					Lecture Theatre		FON LAB -2			
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	LT Group	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty
11.01.2025 Saturday	Group-A 8:30am to 11:00am	1-12	Comfort Positioning, Fall Risk Assessment, Pain Assessment	Mr. Suresh Chander	Group C (129-192) (LT-A)	Ms. Anshika Bhatt	Group B (63-128) (Redemonstration)	Range of Motion Exercises (ROM), Ambulation	63-75	Ms. Himani Kala
		13-24		Mr. Ankit Singh					76-88	Ms. Shivangi Hemdan
		25-36		Mr. Vishnu Parsad					89-101	Mr. Sumit Kotiyal
		37-50		Ms. Varsha Rawat					102-115	Ms. Priya
		51-62		Ms. Ankita Jamoli					116-128	Ms. Pragati
		63-75		Mr. Suresh Chander					129-141	Ms. Himani Kala
11.01.2025 Saturday	Group-B 11:30am to 1:30pm	76-88	Comfort Positioning, Fall Risk Assessment, Pain Assessment	Mr. Ankit Singh	Group A (1-62) (LT-A)	Ms. Anshika Bhatt	Group C (129-192) (Redemonstration)	Range of Motion Exercises (ROM), Ambulation	142-154	Ms. Shivangi Hemdan
		89-101		Mr. Vishnu Parsad					155-167	Mr. Sumit Kotiyal
		102-115		Ms. Varsha Rawat					168-179	Ms. Priya
		116-128		Ms. Ankita Jamoli					180-192	Ms. Pragati
		129-141		Mr. Suresh Chander					1-12	Ms. Himani Kala
		142-154		Mr. Ankit Singh					13-24	Ms. Shivangi Hemdan
11.01.2025 Saturday	Group-C 2:30pm to 4:30pm	155-167	Comfort Positioning, Fall Risk Assessment, Pain Assessment	Mr. Vishnu Parsad	Group B (63-128) (LT-A)	Ms. Anshika Bhatt	Group A (1-62) (Redemonstration)	Range of Motion Exercises (ROM), Ambulation	25-36	Mr. Sumit Kotiyal
		168-179		Ms. Varsha Rawat					37-50	Ms. Priya
		180-192		Ms. Ankita Jamoli					51-62	Ms. Pragati

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Programme: B.Sc. Nursing 1st Semester (Batch 2024)
Course: Nursing Foundation-1 Including First Aid Module

Lab Roster, 18.01.2025

Nursing Foundation Lab -1					Class Room-5		Nursing Foundation Lab -2			
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	Class Room	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty
18.01.2025 Saturday	Group-A 8:30am to 11:00am	1-12	Hot and Cold Application,	Mr. Suresh Chander	Group C (129-192)	Mr. Ankit Singh	Group B (63-128) (Redemonstration)	Comfort Positioning, Fall Risk assessment, Pain Assessment	63-75	Ms Ankita Jamoli
		13-24		Ms. Varsha Rawat					76-88	Mr. Vishnu Parsad
		25-36		Ms Neha Sharma					89-101	Ms Himani Kala
		37-50		Ms. Anshika Bhatt					102-115	Ms. Priya
		51-62		Mr. Sumit Kotiyal					116-128	Ms. Pragati
		63-75		Mr. Suresh Chander					129-141	Ms Ankita Jamoli
18.01.2025 Saturday	Group-B 11:30am to 1:30pm	76-88	Hot and Cold Application,	Ms. Varsha Rawat	Group A (1-62)	Mr. Ankit Singh	Group C (129-192) (Redemonstration)	Comfort positioning, Fall Risk assessment, Pain Assessment	142-154	Mr. Vishnu Parsad
		89-101		Ms Neha Sharma					155-167	Ms Himani Kala
		102-115		Ms. Anshika Bhatt					168-179	Ms. Priya
		116-128		Mr. Sumit Kotiyal					180-192	Ms. Pragati
		129-141		Mr. Suresh Chander	Group B (63-128)	Mr. Ankit Singh	Group A (1-62) (Redemonstration)	Comfort positioning, Fall Risk assessment, Pain Assessment	1-12	Ms Ankita Jamoli
		142-154		Ms. Varsha Rawat					13-24	Mr. Vishnu Parsad
18.01.2025 Saturday	Group-C 2:30pm to 4:30pm	155-167	Hot and Cold Application,	Ms Neha Sharma					25-36	Ms Himani Kala
		168-179		Ms. Anshika Bhatt					37-50	Ms. Priya
		180-192		Mr. Sumit Kotiyal					51-62	Ms. Pragati


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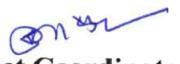

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Course: Nursing Foundation-1 Including First Aid Module

Lab Roster, 20.01.2025

Nursing Foundation Lab -1					Class Room-5		Nursing Foundation Lab -2			
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	Class Room	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty
20.01.2025 Tuesday	Group-A 8:30am to 11:00am	1-12	Vital Signs, Health Education	Mr. Suresh Chander	Group C (129-192)	Mr. Ankit Singh	Group B (63-128) (Redemonstration)	Hot and Cold Application,	63-75	Ms Ankita Jamoli
		13-24		Ms. Anshika Bhatt					76-88	Mr. Vishnu Parsad
		25-36		Ms. Priya					89-101	Mr. Sumit Kotiyal
		37-50		Ms Varsha Rawat					102-115	Ms Neha Sharma
		51-62		Ms Himani Kala					116-128	Ms. Pragati
20.01.2025 Tuesday	Group-B 11:30am to 1:30pm	63-75	Vital Signs, Health Education	Mr. Suresh Chander	Group A (1-62)	Mr. Ankit Singh	Group C (129-192) (Redemonstration)	Hot and Cold Application,	129-141	Ms Ankita Jamoli
		76-88		Ms. Anshika Bhatt					142-154	Mr. Vishnu Parsad
		89-101		Ms. Priya					155-167	Mr. Sumit Kotiyal
		102-115		Ms Varsha Rawat					168-179	Ms Neha Sharma
		116-128		Ms Himani Kala					180-192	Ms. Pragati
20.01.2025 Tuesday	Group-C 2:30pm to 4:30pm	129-141	Vital Signs, Health Education	Mr. Suresh Chander	Group B (63-128)	Mr. Ankit Singh	Group A (1-62) (Redemonstration)	Hot and Cold Application,	1-12	Ms Ankita Jamoli
		142-154		Ms. Anshika Bhatt					13-24	Mr. Vishnu Parsad
		155-167		Ms. Priya					25-36	Mr. Sumit Kotiyal
		168-179		Ms Varsha Rawat					37-50	Ms Neha Sharma
		180-192		Ms Himani Kala					51-62	Ms. Pragati


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Lab Roster, 21.01.2025

Nursing Foundation Lab -1					Class Room-5		Nursing Foundation Lab -2			
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	Class Room	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty
21.01.2025 Wednesday	Group-A 8:30am to 11:00am	1-12	Admission, Discharge & Transfer Procedure	Mr. Suresh Chander	Group C (129-192)	Ms. Priya	Group B (63-128) (Redemonstration)	Vital Signs, Health Education	63-75	Ms Neha Sharma
		13-24		Ms. Himani Kala					76-88	Mr. Vishnu Parsad
		25-36		Ms. Pragati					89-101	Mr. Sumit Kotiyal
		37-50		Ms. Varsha Rawat					102-115	Ms Ankita Jamoli
		51-62		Mr. Ankit Singh					116-128	Ms. Anshika Bhatt
		63-75		Mr. Suresh Chander					129-141	Ms Neha Sharma
21.01.2025 Wednesday	Group-B 11:30am to 1:30pm	76-88	Admission, Discharge & Transfer Procedure	Ms. Himani Kala	Group A (1-62)	Ms. Priya	Group C (129-192) (Redemonstration)	Vital Signs, Health Education	142-154	Mr. Vishnu Parsad
		89-101		Ms. Pragati					155-167	Mr. Sumit Kotiyal
		102-115		Ms. Varsha Rawat					168-179	Ms Ankita Jamoli
		116-128		Mr. Ankit Singh					180-192	Ms. Anshika Bhatt
		129-141		Mr. Suresh Chander					1-12	Ms Neha Sharma
		142-154		Ms. Himani Kala					13-24	Mr. Vishnu Parsad
21.01.2025 Wednesday	Group-C 2:30pm to 4:30pm	155-167	Admission, Discharge & Transfer Procedure	Ms. Pragati	Group B (63-128)	Ms. Priya	Group A (1-62) (Redemonstration)	Vital Signs, Health Education	25-36	Mr. Sumit Kotiyal
		168-179		Ms. Varsha Rawat					37-50	Ms Ankita Jamoli
		180-192		Mr. Ankit Singh					51-62	Ms. Anshika Bhatt

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Programme:B.Sc. Nursing 1st Semester (Batch 2024)
Course:Nursing Foundation-1 Including First Aid Module

Lab Roster, 22.01.2025

Nursing Foundation Lab -1					Class Room-5		Nursing Foundation Lab -2			
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	Class Room	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty
22.01.2025 Thursday	Group-A 8:30am to 11:00am	1-12	First Aid Management: Bandages and Splint	Mr. Suresh Chander	Group C (129-192)	Ms. Pragati	Group B (63-128) (Redemonstration)	Admission, Discharge & Transfer Procedure	63-75	Ms Ankita Jamoli
		13-24		Mr. Ankit Singh					76-88	Ms Neha Sharma
		25-36		Mr. Vishnu Parsad					89-101	Mr. Sumit Kotiyal
		37-50		Ms Varsha Rawat					102-115	Ms. Priya
		51-62		Ms Himani Kala					116-128	Ms. Anshika Bhatt
22.01.2025 Thursday	Group-B 11:30am to 1:30pm	63-75	First Aid Management: Bandages and Splint	Mr. Suresh Chander	Group A (1-62)	Ms. Pragati	Group C (129-192) (Redemonstration)	Admission, Discharge & Transfer Procedure	129-141	Ms Ankita Jamoli
		76-88		Mr. Ankit Singh					142-154	Ms Neha Sharma
		89-101		Mr. Vishnu Parsad					155-167	Mr. Sumit Kotiyal
		102-115		Ms Varsha Rawat					168-179	Ms. Priya
		116-128		Ms Himani Kala					180-192	Ms. Anshika Bhatt
22.01.2025 Thursday	Group-C 2:30pm to 4:30pm	129-141	First Aid Management: Bandages and Splint	Mr. Suresh Chander	Group B (63-128)	Ms. Pragati	Group A (1-62) (Redemonstration)	Admission, Discharge & Transfer Procedure	1-12	Ms Ankita Jamoli
		142-154		Mr. Ankit Singh					13-24	Ms Neha Sharma
		155-167		Mr. Vishnu Parsad					25-36	Mr. Sumit Kotiyal
		168-179		Ms Varsha Rawat					37-50	Ms. Priya
		180-192		Ms Himani Kala					51-62	Ms Anshika Bhatt

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Course:Nursing Foundation-1 Including First Aid Module

Lab Roster, 24.01.2025

Nursing Foundation Lab -1					Class Room-5		Nursing Foundation Lab -2			
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	Class Room	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty
24.01.2025 Friday	Group-A 8:30am to 11:00am	1-12	First Aid Management: Bandages and Splint Contd..	Mr.Suresh Chander	Group C (129-192)	Mr. Sumit Kotiyal	Group B (63-128) (Redemonstration)	First Aid Management: Bandages and Splint	63-75	Mr.Ankit Singh
		13-24		Ms Anshika Bhatt					76-88	Mr.Vishnu Parsad
		25-36		Ms Neha Sharma					89-101	Ms Ankita Jamoli
		37-50		Ms Varsha Rawat					102-115	Ms. Priya
		51-62		Ms Himani Kala					116-128	Ms. Pragati
		63-75		Mr.Suresh Chander					129-141	Mr.Ankit Singh
24.01.2025 Friday	Group-B 11:30am to 1:30pm	76-88	First Aid Management: Bandages and Splint Contd..	Ms Anshika Bhatt	Group A (1-62)	Mr. Sumit Kotiyal	Group C (129-192) (Redemonstartion)	First Aid Management: Bandages and Splint	142-154	Mr.Vishnu Parsad
		89-101		Ms Neha Sharma					155-167	Ms Ankita Jamoli
		102-115		Ms Varsha Rawat					168-179	Ms. Priya
		116-128		Ms Himani Kala					180-192	Ms. Pragati
		129-141		Mr.Suresh Chander	Group B (63-128)	Mr. Sumit Kotiyal	Group A (1-62) (Redemonstration)	First Aid Management: Bandages and Splint	1-12	Mr.Ankit Singh
		142-154		Ms Anshika Bhatt					13-24	Mr.Vishnu Parsad
24.01.2025 Friday	Group-C 2:30pm to 4:30pm	155-167	First Aid Management: Bandages and Splint Contd..	Ms Neha Sharma					25-36	Ms Ankita Jamoli
		168-179		Ms Varsha Rawat					37-50	Ms. Priya
		180-192		Ms Himani Kala					51-62	Ms. Pragati

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Course:Nursing Foundation-1 Including First Aid Module

Lab Roster, 25.01.2025

Nursing Foundation Lab -1					Class Room-5		Nursing Foundation Lab -2			
Date / Day	Time / Groups	Lab Groups	Procedure	Name of Faculty	Class Room	Name of Faculty	Groups	Procedure	Lab Groups	Name of Faculty
25.01.2025 Saturday	Group-A 8:30am to 11:00am	Basic Life Support	1-12	Mr. Suresh Chander	Group C (129-192)	Ms. Pragati	Group B (63-128) (Redemonstration)	First Aid Management: Bandages and Splint Contd..	63-75	Ms Himani Kala
			13-24	Mr. Vishnu Parsad					76-88	Mr. Ankit Singh
			25-36	Ms Neha Sharma					89-101	Mr. Sumit Kotiyal
			37-50	Ms Varsha Rawat					102-115	Ms. Priya
			51-62	Ms. Anshika Bhatt					116-128	Ms Ankita Jamoli
			63-75	Mr. Suresh Chander					129-141	Ms Himani Kala
25.01.2025 Saturday	Group-B 11:30am to 1:30pm	Basic Life Support	76-88	Mr. Vishnu Parsad	Group A (1-62)	Ms. Pragati	Group C (129-192) (Redemonstration)	First Aid Management: Bandages and Splint Contd..	142-154	Mr. Ankit Singh
			89-101	Ms Neha Sharma					155-167	Mr. Sumit Kotiyal
			102-115	Ms Varsha Rawat					168-179	Ms. Priya
			116-128	Ms. Anshika Bhatt					180-192	Ms Ankita Jamoli
			129-141	Mr. Suresh Chander					1-12	Ms Himani Kala
25.01.2025 Saturday	Group-C 2:30pm to 4:30pm	Basic Life Support	142-154	Mr. Vishnu Parsad	Group B (63-128)	Ms. Pragati	Group A (1-62) (Redemonstration)	First Aid Management: Bandages and Splint Contd..	13-24	Mr. Ankit Singh
			155-167	Ms Neha Sharma					25-36	Mr. Sumit Kotiyal
			168-179	Ms Varsha Rawat					37-50	Ms. Priya
			180-192	Ms. Anshika Bhatt					51-62	Ms Ankita Jamoli

BNB
Subject Coordinator

Chaudhary
Principal
Himalyan College of Nursing
Swami Rama Himalyan University
Swami Ram Nagar, Jolly Grant
Dehradun-248005

AD
HOD, Nursing Foundation

Himalayan College of Nursing Swami Rama Himalayan University

Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)

Time Table: 27.01.25 to 1.02.25 (01 Week)

Venue: LT A, HCN

Day/Date	8:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
27.01.25 Monday			Subject: Applied Psychology Topic: Introduction of Intelligence Ms Heena Negi	Subject: Communicative English Topic: Listening to Academic Talks/Lectures/Narratives Mr. Saurabh Kumar
28.01.25 Tuesday			Subject: Applied Psychology Topic: Classification of Intelligence Ms Heena Negi	Subject: Nursing Foundation I Topic: Introduction to Discharge Ms Himani Kala
29.01.25 Wednesday			Subject: Applied Psychology Topic: Introduction to Measurement of Intelligence Tests Ms Heena Negi	Subject: Applied Sociology Topic: Social Group II Mrs. Neelam Danu
30.01.25 Thursday			Subject: Applied Psychology Topic: Mental Deficiencies Ms Heena Negi	Subject: Communicative English Topic: Introduction to Speech Organs and Mechanism Mr. Saurabh Kumar
31.01.25 Friday			Subject: Applied Psychology Topic: Learning (Introduction) Ms Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Blood Grouping Dr Anupama Sharma
01.02.25 Saturday				Self Study

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Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Danke

Class Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)
Time Table: 27.01.25 to 1.02.25 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 1.30 pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
27.01.25 Monday			Subject: Communicative English Topic: Listening to Academic Talks/Lectures/Narratives Mr. Saurabh Kumar	Subject: Applied Psychology Topic: Introduction of Intelligence Ms Heena Negi
28.01.25 Tuesday			Subject: Nursing Foundation I Topic: Introduction to Discharge Ms Himani Kala	Subject: Applied Psychology Topic: Classification of Intelligence Ms Heena Negi
29.01.25 Wednesday			Subject: Applied Sociology Topic: Social Group II Mrs. Neelam Danu	Subject: Applied Psychology Topic: Introduction to Measurement of Intelligence Tests Ms Heena Negi
30.01.25 Thursday			Subject: Communicative English Topic: Introduction to Speech Organs and Mechanism Mr. Saurabh Kumar	Subject: Applied Psychology Topic: Mental Deficiencies Ms Heena Negi
31.01.25 Friday			Subject: Applied Anatomy & Applied Physiology Topic: Blood Grouping Dr Anupama Sharma	Subject: Applied Psychology Topic: Learning (Introduction) Ms Heena Negi
01.02.25 Saturday				Self Study

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Swami Rama Himalayan University
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Chauhan

Himalayan College of Nursing
Swami Rama Himalayan University
Clinical Rotation Plan , B.Sc. Nursing Ist Semester (2024-2028)
Subject: Nursing Foundation including First Aid Module

Date: 27.01.25 to 01.02.25

Time: 8:30 Am to 1:30 pm

S.No	Name of Students	27/01/25 to 01/02/25
1	Aaisha Negi	Surgery Ward 204
2	Aakriti Pandey	
3	Aakriti Yadav	
4	Aanchal	
5	Aanchal Negi	
6	Aastha Singh	
7	Abhishek Jacob	
8	Abhishek Naugain	
9	Abhishek Sajwan	
10	Aditi Bhatt	
11	Aditi Kukreti	
12	Aditi Maindoliya	
13	Aditi Rana	Surgery Ward 205
14	Adwitya Bhainsora	
15	Akhil bisht	
16	Akshita Devrani	
17	Akshita Ghosh	
18	Amisha Kukreti	
19	Anisha Bhandari	
20	Anita Jaguri	
21	Anjali	
22	Anjali Negi	
23	Anjani Dhasmana	
24	Ankit Kumar	
25	Ankita Rana	Surgery Ward 206
26	Anshika Dhiman	
27	Anshika jethuri	
28	Anshika Sharma	
29	Anshuman Negi	
30	Anubhuti Singh	
31	Anurag Bhatt	
32	Anurag Gwari	
33	Anurag Sharma	
34	Anusha Thapa	
35	Anushka Dhiman	
36	Anushka Negi	
37	Anushka Sharma	CTVS Ward 219
38	Aradhana Mamgain	
39	Archit Dobhal	
40	Arpita Kumari	
41	Arpita Rayal	
42	Arti Negi	
43	Ashish Rawat	
44	Ashish Kumar Naidu	
45	Ashita Raikwal	
46	Atul Rayal	
47	Avanish Kumar	
48	Ayush Gaur	

S.No	Name of Students	27/01/25 to 01/02/25
49	Ayush Nautiyal	Neuro Medicine Ward 216
50	Ayushi	
51	Ayushi	
52	Ayushi Rawat	
53	Ayushi Uniyal	
54	Bharti Negi	
55	Bhoomi Kukreti	
56	Bhumi Negi	
57	Diksha Rawat	
58	Divya Panwar	
59	Divyanshi Joshi	
60	Divyanshu Negi	
61	Diya Tiwari	Ortho Ward 217
62	Ekta	
63	Gayatri Panwar	
64	Gunjan Bisht	
65	Harshpreet Kaur	
66	Harshita	
67	Harshpreet Kaur	
68	Ishika Topwal	
69	Ishita Joshi	
70	Japneet Kaur	
71	Jeeya	
72	Jyoti Chandra	
73	Kajal Chauhan	Ortho Ward 218
74	Kalpana Ramola	
75	Kanchan	
76	Kanchan Panwar	
77	Kanika Chamoli	
78	Kanika Pal	
79	Khushbu	
80	Khushi Bhardwaj	
81	Khushi Manwal	
82	Khushi Saini	
83	Khusi Rawat	
84	Kirti Chauhan	
85	Km Deepika	Medicine Ward 304
86	Komal ary	
87	Komal Chauhan	
88	Komal Negi	
89	Krish Bhatt	
90	Krish Kumar	
91	Krishna Bahuguna	
92	Kriti Tyagi	
93	Mahak	
94	Mahak Choudhry	
95	Mahak Negi	
96	Mahima	



S.No	Name of Students	27/01/25 to 01/02/25
97	Manan Chamoli	Medicine Ward 301
98	Manasvi Ghildiyal	
99	Manpreet Singh	
100	Mansi Adhikari	
101	Manvi Negi	
102	Manvi Rawat	
103	Mayank Chaudhary	
104	Mayur Sitoni	
105	Mohit Joshi	
106	Ms Saniya	
107	Muhammed Arsh	ENT Ward 302
108	Muskan Aswal	
109	Nandani Bagri	
110	Nandini	
111	Nidhi Rani	
112	Nihal Singh Pal	
113	Nikita	
114	Nisha	
115	Niti Panwar	
116	Niyati Kothiyal	
117	Ojasvi Dwivedi	Medicine Ward 303
118	Om Tripathi	
119	Palak	
120	Paras Rawat	
121	Parisha Lingwal	
122	Pooja Kalura	
123	Poonam Rawat	
124	Prachi Paliyal	
125	Prashant Kumar	
126	Prathana Chandola	
127	Praveen	Neuro Surgery Ward 215
128	Priyanshi Uniyal	
129	Priyanshu Malasi	
130	Priyanshu Negi	
131	Ravinder Bahuguna	
132	Rihan	
133	Rishabh Barthwal	
134	Rishabh Binjola	
135	Ritesh Manwal	
136	Riya Negi	
137	Sahil Rawat	Surgery Ward 203
138	Sahil Saharan	
139	Sahitya Semwal	
140	Saina Jaiswal	
141	Sakshi Rawat	
142	Sameeksha Pokhriyal	
143	Samridhi Bijalwan	
144	Sanika Chandu	

S.No	Name of Students	27/01/25 to 01/02/25
145	Saniya Kaif	IMC Ward 305
146	Sanjana kumari	
147	Sanjana Solanki	
148	Sarika Rawat	
149	Shagun	
150	Shaurya Thakur	
151	Shivam Chaudhary	
152	Shivam Singh Kirshali	
153	Shreya Rawat	
154	Shreya Sharma	
155	Shristi Rauthan	Uro Ward 210
156	Shristi Sundriyal	
157	Shubham Bind	
158	Shubham Kumar	
159	Shubham Pundir	
160	Shubhangi Rawat	
161	Simran	
162	Simran Kaur	
163	Simran Negi	
164	Simreet Kaur	
165	Smriti Sharma	Semi.Pvt Ward 211
166	Srishti Dimri	
167	Suchitra Pal	
168	Suhani	
169	Suhani Ghildiyal	
170	Suhani Payal	
171	Suhani Rawat	
172	Suraj Koli	
173	Suraj Rawat	
174	Suvika Rawat	
175	Swati Kandwal	Surgery Ward 203
176	Tanisha Rawat	
177	Tanisha Rawat	
178	Tanishak Badola	
179	Tanishq Rawat	
180	Tanwi Negi	
181	Tenzin Jamyang	
182	Tenzing	
183	Trisha	
184	Urvashi Rawat	
185	Vaibhvi Thapliyal	
186	Vandna Shah	
187	Vanshika Negi	
188	Vanshika Pal	
189	Yashasvi Narwal	
190	Aman Bhatt	
191	Ayush Bhatt	

Chandu
Subject Coordinator

c.c. to : Principal Office, HCN
N.S Office, Himalayan Hospital
Academic Coordinator, HCN (B.Sc. Nsg. Ist Semester)

Chandu
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Rajesh
HOD, Nursing Foundation

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)
Time Table: 03.02.25 to 08.02.25 (01 Week)

Venue: LT A, HCN

Day/Date	8:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
03.02.25 Monday			Subject: Nursing Foundation I Topic: Introduction of Comfort Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Discharge Planning Ms Varsha Rawat
04.02.25 Tuesday			Subject: Nursing Foundation I Topic: Factors Influencing Comfort Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Introduction to Female Reproductive System Dr Anupama Sharma
05.02.25 Wednesday		LUNCH	Subject: Nursing Foundation I Topic: Introduction of Bed Making: Types of Beds & its Purposes Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: External Female Reproductive System Dr Anupama Sharma
06.02.25 Thursday	Nursing Foundation: Clinical Posting (5 hrs x 6 days = 30 hrs)		Subject: Nursing Foundation I Topic: Comfort: Therapeutic Positions Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Internal Female Reproductive System (Uterus) Dr Anupama Sharma
07.02.25 Friday			Subject: Nursing Foundation I Topic: Comfort Devices Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Internal Female Reproductive System (Ovary & Fellopian Tubes) Dr Anupama Sharma
08.02.25 Saturday				Self Study

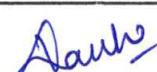
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Academic Coordinator

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Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

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Class Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)
Time Table: 03.02.25 to 08.02.25 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
03.02.25 Monday			Subject: Nursing Foundation I Topic: Discharge Planning Ms Varsha Rawat	Subject: Nursing Foundation I Topic: Introduction of Comfort Mr. Suresh Chander
04.02.25 Tuesday			Subject: Applied Anatomy & Applied Physiology Topic: Introduction to Female Reproductive System Dr Anupama Sharma	Subject: Nursing Foundation I Topic: Factors Influencing Comfort Mr. Suresh Chander
05.02.25 Wednesday	Nursing Foundation: Clinical Posting (5 hrs x 6 days = 30 hrs)	LUNCH	Subject: Applied Anatomy & Applied Physiology Topic: External Female Reproductive System Dr Anupama Sharma	Subject: Nursing Foundation I Topic: Introduction of Bed Making: Types of Beds & its Purposes Mr. Suresh Chander
06.02.25 Thursday			Subject: Applied Anatomy & Applied Physiology Topic: Internal Female Reproductive System (Uterus) Dr Anupama Sharma	Subject: Nursing Foundation I Topic: Comfort: Therapeutic Positions Mr. Suresh Chander
07.02.25 Friday			Subject: Applied Anatomy & Applied Physiology Topic: Internal Female Reproductive System (Ovary & Fellopian Tubes) Dr Anupama Sharma	Subject: Nursing Foundation I Topic: Comfort Devices Mr. Suresh Chander
08.02.25 Saturday				Self Study

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Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Ashwani
Class Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Clinical Rotation Plan , B.Sc. Nursing Ist Semester (2024-2028)
Subject: Nursing Foundation including First Aid Module

Date:03.02.25 to 08.02.25

Time: 8:30 Am to 1:30 pm

S.No	Name of Students	03/02/25 to 08/02/25		03/02/25 to 08/02/25
1	Aaisha Negi	Surgery Ward 203	Neuro Surgery Ward 215	49 Ayush Nautiyal
2	Aakriti Pandey			50 Ayushi
3	Aakriti Yadav			51 Ayushi
4	Aanchal			52 Ayushi Rawat
5	Aanchal Negi			53 Ayushi Uniyal
6	Aastha Singh			54 Bharti Negi
7	Abhishek Jacob			55 Bhoomi Kukreti
8	Abhishek Naugain			56 Bhumi Negi
9	Abhishek Sajwan			57 Diksha Rawat
10	Aditi Bhatt			58 Divya Panwar
11	Aditi Kukreti			59 Divyanshi Joshi
12	Aditi Maindoliya			60 Divyanshu Negi
13	Aditi Rana	Semi.Pvt Ward 211	Medicine Ward 303	61 Diya Tiwari
14	Adwitya Bhainsora			62 Ekta
15	Akhil bisht			63 Gayatri Panwar
16	Akshita Devrani			64 Gunjan Bisht
17	Akshita Ghosh			65 Harshpreet Kaur
18	Amisha Kukreti			66 Harshita
19	Anisha Bhandari			67 Harshpreet Kaur
20	Anita Jaguri			68 Ishika Topwal
21	Anjali			69 Ishita Joshi
22	Anjali Negi			70 Japneet Kaur
23	Anjani Dhasmana			71 Jeeya
24	Ankit Kumar			72 Jyoti Chandra
25	Ankita Rana	Uro Ward 210	ENT Ward 302	73 Kajal Chauhan
26	Anshika Dhiman			74 Kalpana Ramola
27	Anshika jethuri			75 Kanchan
28	Anshika Sharma			76 Kanchan Panwar
29	Anshuman Negi			77 Kanika Chamoli
30	Anubhuti Singh			78 Kanika Pal
31	Anurag Bhatt			79 Khushbu
32	Anurag Gwari			80 Khushi Bhardwaj
33	Anurag Sharma			81 Khushi Manwal
34	Anusha Thapa			82 Khushi Saini
35	Anushka Dhiman			83 Khusi Rawat
36	Anushka Negi			84 Kirti Chauhan
37	Anushka Sharma	IMC Ward 305	Medicine Ward 301	85 Km Deepika
38	Aradhana Mamgain			86 Komal ary
39	Archit Dobhal			87 Komal Chauhan
40	Arpita Kumari			88 Komal Negi
41	Arpita Rayal			89 Krish Bhatt
42	Arti Negi			90 Krish Kumar
43	Ashish Rawat			91 Krishna Bahuguna
44	Ashish Kumar Naidu			92 Kriti Tyagi
45	Ashita Raikwal			93 Mahak
46	Atul Rayal			94 Mahak Choudhry
47	Avanish Kumar			95 Mahak Negi
48	Ayush Gaur			96 Mahima

BM

Chaudhary
Principal

Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Delhi-110049

Shivani

S.No	Name of Students	03/02/25 to 08/02/25
97	Manan Chamoli	Medicine Ward 304
98	Manasvi Ghildiyal	
99	Manpreet Singh	
100	Mansi Adhikari	
101	Manvi Negi	
102	Manvi Rawat	
103	Mayank Chaudhary	
104	Mayur Sitoni	
105	Mohit Joshi	
106	Ms Saniya	
107	Muhammed Arsh	Ortho Ward 218
108	Muskan Aswal	
109	Nandani Bagri	
110	Nandini	
111	Nidhi Rani	
112	Nihal Singh Pal	
113	Nikita	
114	Nisha	
115	Niti Panwar	
116	Niyati Kothiyal	
117	Ojasvi Dwivedi	Ortho Ward 217
118	Om Tripathi	
119	Palak	
120	Paras Rawat	
121	Parisha Lingwal	
122	Pooja Kalura	
123	Poonam Rawat	
124	Prachi Paliyal	
125	Prashant Kumar	
126	Prathana Chandola	
127	Praveen	Neuro Medicine Ward 216
128	Priyanshi Uniyal	
129	Priyanshu Malasi	
130	Priyanshu Negi	
131	Ravinder Bahuguna	
132	Rihan	
133	Rishabh Barthwal	
134	Rishabh Binjola	
135	Ritesh Manwal	
136	Riya Negi	
137	Sahil Rawat	Surgery Ward 204
138	Sahil Saharan	
139	Sahitya Semwal	
140	Saina Jaiswal	
141	Sakshi Rawat	
142	Sameeksha Pokhriyal	
143	Samridhi Bijalwan	
144	Sanika Chandu	

S.No	Name of Students	03/02/25 to 08/02/25
145	Saniya Kaif	CTVS Ward 219
146	Sanjana kumari	
147	Sanjana Solanki	
148	Sarika Rawat	
149	Shagun	
150	Shaurya Thakur	
151	Shivam Chaudhary	
152	Shivam Singh Kirshali	
153	Shreya Rawat	
154	Shreya Sharma	
155	Shristi Rauthan	Surgery Ward 206
156	Shristi Sundriyal	
157	Shubham Bind	
158	Shubham Kumar	
159	Shubham Pundir	
160	Shubhangi Rawat	
161	Simran	
162	Simran Kaur	
163	Simran Negi	
164	Simreet Kaur	
165	Smriti Sharma	Surgery Ward 205
166	Srishti Dimri	
167	Suchitra Pal	
168	Suhani	
169	Suhani Ghildiyal	
170	Suhani Payal	
171	Suhani Rawat	
172	Suraj Koli	
173	Suraj Rawat	
174	Suvika Rawat	
175	Swati Kandwal	Surgery Ward 204
176	Tanisha Rawat	
177	Tanisha Rawat	
178	Tanishak Badola	
179	Tanishq Rawat	
180	Tanwi Negi	
181	Tenzin Jamyang	
182	Tenzing	
183	Trisha	
184	Urvashi Rawat	
185	Vaibhvi Thapliyal	
186	Vandna Shah	
187	Vanshika Negi	
188	Vanshika Pal	
189	Yashasvi Narwal	
190	Aman Bhatt	
191	Ayush Bhatt	


Subject Coordinator

c.c. to : Principal Office, HCN
N.S Office, Himalayan Hospital
Academic Coordinator, HCN (B.Sc. Nsg. Ist Semester)


Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Rama Nagar, Jolly Grant
Dehradun-248105


HOD, Nursing Foundation

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (*Section A*)
Time Table: 10.02.25 to 15.02.25 (01 Week)

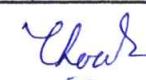
Venue: LT A, HCN

Day/Date	8:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	Lunch	2:30pm to 3:30pm	3:30pm to 4:30pm
10.02.25	Nursing Foundation I: Clinical Posting (3 hr x 6 days = 18 hrs)	Subject: Nursing Foundation I Group Activity of Students Mr. Suresh Chander, Ms. Himani Kala			Subject: Nursing Foundation I Group Activity of Students Dr. Harleen Kaur, Mr. Suresh Chander	
Monday						
11.02.25		Subject: Applied Psychology	Subject: Applied Anatomy & Applied Physiology	Subject: Nursing Foundation I	Subject: Applied Sociology	
Tuesday		Topic: Types of Hearing	Topic: Introduction to Nervous System	Topic: Types of Discharge	Topic: Social Process	
		Mrs. Heena Negi	Ms. Anshika Bhatt	Ms. Himani Kala	Mrs. Neelam Danu	
12.02.25		Subject: Applied Psychology	Subject: Applied Anatomy & Applied Physiology	Subject: Nursing Foundation I	Subject: Applied Sociology	
Wednesday		Topic: Memory: Definition & Nature	Topic: Structure of Neurons	Topic: Comfort: Introduction, Definition	Topic: Urban and Rural Society	
		Mrs. Heena Negi	Ms. Anshika Bhatt	Mr. Suresh Chander	Mrs. Neelam Danu	
13.02.25		Subject: Applied Psychology	Subject: Applied Anatomy & Applied Physiology	Subject: Nursing Foundation I	Subject: Nursing Foundation I	
Thursday		Topic: Factors Influencing Memory	Topic: Introduction to Female Reproductive System	Topic: Medico-Legal Issues in Discharge	Topic: Factors Affecting Comfort	
		Mrs. Heena Negi	Dr. Anupama Sharma	Ms. Himani Kala	Mr. Suresh Chander	
14.02.25		Subject: Applied Psychology	Subject: Applied Anatomy & Applied Physiology	Subject: Nursing Foundation I	Subject: Communicative English	
Friday		Topic: Forgetting: Introduction, Definition	Topic: Structure of Synovial Joint	Topic: Role of Nurse in Discharge	Topic: Introduction to Reading	
		Mrs. Heena Negi	Ms. Preeti Prabha	Ms. Himani Kala	Mr. Saurabh Kumar	
15.02.25		Subject: Applied Psychology	Subject: Applied Anatomy & Applied Physiology	Self Study		
Saturday		Topic: Thinking & its Types	Topic: Structure of Uterus			
		Mrs. Heena Negi	Ms. Preeti Prabha			

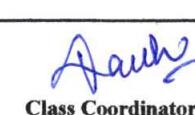
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Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016



Class Coordinator

**Himalayan College of Nursing
Swami Rama Himalayan University**

Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)

Time Table: 10.02.25 to 15.02.25 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm		2:30pm to 3:30pm	3:30pm to 4:30pm
10.02.25 Monday	Nursing Foundation I: Clinical Posting (3 hr x 6 days = 18 hrs)	Subject: Nursing Foundation I Group Activity of Students Mr. Suresh Chander, Ms. Himani Kala		Lunch	Subject: Nursing Foundation I Group Activity of Students Dr. Harleen Kaur, Mr. Suresh Chander	
11.02.25 Tuesday		Subject: Applied Anatomy & Applied Physiology Topic: Introduction to Nervous System Ms. Anshika Bhatt	Subject: Applied Psychology Topic: Types of Hearing Mrs. Heena Negi		Subject: Applied Sociology Topic: Social Process Mrs. Neelam Danu	Subject: Nursing Foundation I Topic: Types of Discharge Ms. Himani Kala
12.02.25 Wednesday		Subject: Applied Anatomy & Applied Physiology Topic: Structure of Neurons Ms. Anshika Bhatt	Subject: Applied Psychology Topic: Memory: Definition & Nature Mrs. Heena Negi		Subject: Applied Sociology Topic: Urban and Rural Society Mrs. Neelam Danu	Subject: Nursing Foundation I Topic: Comfort: Introduction, Definition Mr. Suresh Chander
13.02.25 Thursday		Subject: Applied Anatomy & Applied Physiology Topic: Introduction to Female Reproductive System Dr. Anupama Sharma	Subject: Applied Psychology Topic: Factors Influencing Memory Mrs. Heena Negi		Subject: Nursing Foundation I Topic: Factors Affecting Comfort Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Medico-Legal Issues in Discharge Ms. Himani Kala
14.02.25 Friday		Subject: Applied Anatomy & Applied Physiology Topic: Structure of Synovial Joint Ms. Preeti Prabha	Subject: Applied Psychology Topic: Forgetting: Introduction, Definition Mrs. Heena Negi		Subject: Communicative English Topic: Introduction to Reading Mr. Saurabh Kumar	Subject: Nursing Foundation I Topic: Role of Nurse in Discharge Ms. Himani Kala
15.02.25 Saturday		Subject: Applied Anatomy & Applied Physiology Topic: Structure of Uterus Ms. Preeti Prabha	Subject: Applied Psychology Topic: Thinking & its Types Mrs. Heena Negi		Self Study	

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Principal



Chaudhary
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Shankar
Class Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Clinical Rotation Plan , B.Sc. Nursing Ist Semester (2024-2028)
Subject: Nursing Foundation including First Aid Module

Date: 10.02.25 to 15.02.25

Time: 8:30 Am to 11:30 am

S.No	Name of Students	10/02/25 to 15/02/25		10/02/25 to 15/02/25
1	Aaisha Negi	Surgery Ward 203	Surgery Ward 204	Neuro Medicine Ward 216
2	Aakriti Pandey			
3	Aakriti Yadav			
4	Aanchal			
5	Aanchal Negi			
6	Aastha Singh			
7	Abhishek Jacob			
8	Abhishek Naugain			
9	Abhishek Sajwan			
10	Aditi Bhatt			
11	Aditi Kukreti			
12	Aditi Maindoliya			
13	Aditi Rana	Neuro Surgery Ward 215	Ortho Ward 217	Ortho Ward 218
14	Adwitya Bhainsora			
15	Akhil bisht			
16	Akshita Devrani			
17	Akshita Ghosh			
18	Amisha Kukreti			
19	Anisha Bhandari			
20	Anita Jaguri			
21	Anjali			
22	Anjali Negi			
23	Anjani Dhasmana			
24	Ankit Kumar			
25	Ankita Rana	Medicine Ward 303	Ortho Ward 217	Ortho Ward 218
26	Anshika Dhiman			
27	Anshika jethuri			
28	Anshika Sharma			
29	Anshuman Negi			
30	Anubhuti Singh			
31	Anurag Bhatt			
32	Anurag Gwari			
33	Anurag Sharma			
34	Anusha Thapa			
35	Anushka Dhiman			
36	Anushka Negi			
37	Anushka Sharma	ENT Ward 302	Ortho Ward 217	Ortho Ward 218
38	Aradhana Mamgain			
39	Archit Dobhal			
40	Arpita Kumari			
41	Arpita Rayal			
42	Arti Negi			
43	Ashish Rawat			
44	Ashish Kumar Naidu			
45	Ashita Raikwal			
46	Atul Rayal			
47	Avanish Kumar			
48	Ayush Gaur			




S.No	Name of Students	10/02/25 to 15/02/25
97	Manan Chamoli	Medicine Ward 301
98	Manasvi Ghildiyal	
99	Manpreet Singh	
100	Mansi Adhikari	
101	Manvi Negi	
102	Manvi Rawat	
103	Mayank Chaudhary	
104	Mayur Sitoni	
105	Mohit Joshi	
106	Ms Saniya	
107	Muhammed Arsh	
108	Muskan Aswal	
109	Nandani Bagri	CTVS Ward 219
110	Nandini	
111	Nidhi Rani	
112	Nihal Singh Pal	
113	Nikita	
114	Nisha	
115	Niti Panwar	
116	Niyati Kothiyal	
117	Ojasvi Dwivedi	
118	Om Tripathi	
119	Palak	
120	Paras Rawat	
121	Parisha Lingwal	Surgery Ward 206
122	Pooja Kalura	
123	Poonam Rawat	
124	Prachi Paliyal	
125	Prashant Kumar	
126	Prathana Chandola	
127	Praveen	
128	Priyanshi Uniyal	
129	Priyanshu Malasi	
130	Priyanshu Negi	
131	Ravinder Bahuguna	
132	Rihan	
133	Rishabh Barthwal	Surgery Ward 205
134	Rishabh Binjola	
135	Ritesh Manwal	
136	Riya Negi	
137	Sahil Rawat	
138	Sahil Saharan	
139	Sahitya Semwal	
140	Saina Jaiswal	
141	Sakshi Rawat	
142	Sameeksha Pokhriyal	
143	Samridhi Bijalwan	
144	Sanika Chandu	

S.No	Name of Students	10/02/25 to 15/02/25
145	Saniya Kaif	Medicine Ward 304
146	Sanjana Kumari	
147	Sanjana Solanki	
148	Sarika Rawat	
149	Shagun	
150	Shaurya Thakur	
151	Shivam Chaudhary	
152	Shivam Singh Kirshali	
153	Shreya Rawat	
154	Shreya Sharma	
155	Shristi Rauthan	
156	Shristi Sundriyal	
157	Shubham Bind	IMC Ward 305
158	Shubham Kumar	
159	Shubham Pundir	
160	Shubhangi Rawat	
161	Simran	
162	Simran Kaur	
163	Simran Negi	
164	Simreet Kaur	
165	Smriti Sharma	
166	Srishti Dimri	
167	Suchitra Pal	
168	Suhani	
169	Suhani Ghildiyal	Uro Ward 210
170	Suhani Payal	
171	Suhani Rawat	
172	Suraj Koli	
173	Suraj Rawat	
174	Suvika Rawat	
175	Swati Kandwal	
176	Tanisha Rawat	
177	Tanisha Rawat	
178	Tanishak Badola	
179	Tanishq Rawat	
180	Tanwi Negi	
181	Tenzin Jamyang	Semi.Pvt Ward 211
182	Tenzing	
183	Trisha	
184	Urvashi Rawat	
185	Vaibhvi Thapliyal	
186	Vandna Shah	
187	Vanshika Negi	
188	Vanshika Pal	
189	Yashasvi Narwal	
190	Aman Bhatt	
191	Ayush Bhatt	

Brar
Subject Coordinator

c.c. to : Principal Office, HCN

N.S Office, Himalayan Hospital

Academic Coordinator, HCN (B.Sc. Nsg. Ist Semester)

Chawla
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Arif
HOD, Nursing Foundation

**Himalayan College of Nursing
Swami Rama Himalayan University**
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)
Time Table: 17.02.25 to 22.02.25 (01 Week)

Venue: LT A, HCN

Day/Date	8:30am to 11:30pm	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
17.02.25 Monday	Clinical Posting Nursing Foundation I (3hrs x 1 day = 3 hr)	Subject: Applied Psychology Topic: Concept of Soft Skill Mrs. Nikita Bhatt	Subject: Applied Anatomy & Applied Physiology Topic: Cranial Nerves Ms. Anshika Bhatt		Subject: Nursing Foundation I Topic: Care of Unit After Discharge Ms. Himani Kala	Subject: Nursing Foundation I Topic: Comfort: Factors Affecting- Part II Mr. Suresh Chander
18.02.25 Tuesday		Lamp Lightening & Oath ceremony				
19.02.25 Wednesday	Clinical Posting Nursing Foundation I (3hrs x 2 days = 6 hrs)	Subject: Applied Psychology Topic: Types of Soft Skill Mrs. Nikita Bhatt	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Breast Dr. Anupama Sharma	LUNCH	Subject: Nursing Foundation I Topic: Comfort: Role of Nurse Mr. Suresh Chander	Subject: Applied Sociology Topic: Culture: Introduction, Definition, Concept Mrs. Neelam Danu
20.02.25 Thursday		Subject: Applied Psychology Topic: Ways of Communication Mrs. Nikita Bhatt	Subject: Applied Anatomy & Applied Physiology Topic: Menstrual Cycle Dr. Anupama Sharma		Subject: Nursing Foundation I Topic: Medico-legal Issues in Discharge- Part II Ms. Himani Kala	Subject: Nursing Foundation I Topic: Comfort Devices Mr. Suresh Chander
21.02.25 Friday		HCN Sports Meet - 2025				
22.02.25 Saturday		HCN Sports Meet - 2025				

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Class Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)
Time Table: 17.02.25 to 22.02.25 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
17.02.25 Monday	Clinical Posting Nursing Foundation I (3hrs x 1 day = 3 hr)	Subject: Applied Anatomy & Applied Physiology Topic: Cranial Nerves Ms. Anshika Bhatt	Subject: Applied Psychology Topic: Concept of Soft Skill Mrs. Nikita Bhatt		Subject: Nursing Foundation I Topic: Comfort: Factors Affecting- Part II Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Care of Unit After Discharge Ms. Himani Kala
18.02.25 Tuesday		Lamp Lightening & Oath ceremony			Lamp Lightening & Oath ceremony	
19.02.25 Wednesday	Clinical Posting Nursing Foundation I (3hrs x 2 days = 6 hrs)	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Breast Dr. Anupama Sharma	Subject: Applied Psychology Topic: Types of Soft Skill Mrs. Nikita Bhatt	Lunch	Subject: Applied Sociology Topic: Culture: Introduction, Definition, Concept Mrs. Neelam Danu	Subject: Nursing Foundation I Topic: Comfort: Role of Nurse Mr. Suresh Chander
20.02.25 Thursday		Subject: Applied Anatomy & Applied Physiology Topic: Menstrual Cycle Dr. Anupama Sharma	Subject: Applied Psychology Topic: Ways of Communication Mrs. Nikita Bhatt		Subject: Nursing Foundation I Topic: Comfort Devices Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Medico-legal Issues in Discharge- Part II Ms. Himani Kala
21.02.25 Friday		HCN Sports Meet - 2025			HCN Sports Meet - 2025	
22.02.25 Saturday		HCN Sports Meet - 2025			HCN Sports Meet - 2025	

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Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016



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Himalayan College of Nursing
Swami Rama Himalayan University
Clinical Rotation Plan , B.Sc. Nursing Ist Semester (2024-2028)
Subject: Nursing Foundation including First Aid Module

Date: 17.02.25 to 22.02.25

Time: 8:30 Am to 11:30 am

S.No	Name of Students	17/02/25 to 22/02/25		
1	Aaisha Negi	Semi.Pvt Ward 211	49	Ayush Nautiyal
2	Aakriti Pandey		50	Ayushi
3	Aakriti Yadav		51	Ayushi
4	Aanchal		52	Ayushi Rawat
5	Aanchal Negi		53	Ayushi Uniyal
6	Aastha Singh		54	Bharti Negi
7	Abhishek Jacob		55	Bhoomi Kukreti
8	Abhishek Naugain		56	Bhumi Negi
9	Abhishek Sajwan		57	Diksha Rawat
10	Aditi Bhatt		58	Divya Panwar
11	Aditi Kukreti		59	Divyanshi Joshi
12	Aditi Maindoliya		60	Divyanshu Negi
13	Aditi Rana	Uro Ward 210	61	Diya Tiwari
14	Adwitya Bhainsora		62	Ekta
15	Akhil bisht		63	Gayatri Panwar
16	Akshita Devrani		64	Gunjan Bisht
17	Akshita Ghosh		65	Harshpreet Kaur
18	Amisha Kukreti		66	Harshita
19	Anisha Bhandari		67	Harshpreet Kaur
20	Anita Jaguri		68	Ishika Topwal
21	Anjali		69	Ishita Joshi
22	Anjali Negi		70	Japneet Kaur
23	Anjani Dhasmana		71	Jeeya
24	Ankit Kumar		72	Jyoti Chandra
25	Ankita Rana	IMC Ward 305	73	Kajal Chauhan
26	Anshika Dhiman		74	Kalpana Ramola
27	Anshika jethuri		75	Kanchan
28	Anshika Sharma		76	Kanchan Panwar
29	Anshuman Negi		77	Kanika Chamoli
30	Anubhuti Singh		78	Kanika Pal
31	Anurag Bhatt		79	Khushbu
32	Anurag Gwari		80	Khushi Bhardwaj
33	Anurag Sharma		81	Khushi Manwal
34	Anusha Thapa		82	Khushi Saini
35	Anushka Dhiman		83	Khusi Rawat
36	Anushka Negi		84	Kirti Chauhan
37	Anushka Sharma	Medicine Ward 304	85	Km Deepika
38	Aradhana Mamgain		86	Komal arya
39	Archit Dobhal		87	Komal Chauhan
40	Arpita Kumari		88	Komal Negi
41	Arpita Rayal		89	Krish Bhatt
42	Arti Negi		90	Krish Kumar
43	Ashish Rawat		91	Krishna Bahuguna
44	Ashish Kumar Naidu		92	Kriti Tyagi
45	Ashita Raikwal		93	Mahak
46	Atul Rayal		94	Mahak Choudhry
47	Avanish Kumar		95	Mahak Negi
48	Ayush Gaur		96	Mahima

S.No	Name of Students	17/02/25 to 22/02/25
97	Manan Chamoli	Ortho Ward 218
98	Manasvi Ghildiyal	
99	Manpreet Singh	
100	Mansi Adhikari	
101	Manvi Negi	
102	Manvi Rawat	
103	Mayank Chaudhary	
104	Mayur Sitoni	
105	Mohit Joshi	
106	Ms Saniya	
107	Muhammed Arsh	Ortho Ward 217
108	Muskan Aswal	
109	Nandani Bagri	
110	Nandini	
111	Nidhi Rani	
112	Nihal Singh Pal	
113	Nikita	
114	Nisha	
115	Niti Panwar	
116	Niyati Kothiyal	
117	Ojasvi Dwivedi	Neuro Medicine Ward 216
118	Om Tripathi	
119	Palak	
120	Paras Rawat	
121	Parisha Lingwal	
122	Pooja Kalura	
123	Poonam Rawat	
124	Prachi Paliyal	
125	Prashant Kumar	
126	Prathana Chandola	
127	Praveen	Surgery Ward 204
128	Priyanshi Uniyal	
129	Priyanshu Malasi	
130	Priyanshu Negi	
131	Ravinder Bahuguna	
132	Rihan	
133	Rishabh Barthwal	
134	Rishabh Binjola	
135	Ritesh Manwal	
136	Riya Negi	
137	Sahil Rawat	Surgery Ward 204
138	Sahil Saharan	
139	Sahitya Semwal	
140	Saina Jaiswal	
141	Sakshi Rawat	
142	Sameeksha Pokhriyal	
143	Samridhi Bijalwan	
144	Sanika Chandu	

S.No	Name of Students	17/02/25 to 22/02/25
145	Saniya Kaif	ENT Ward 302
146	Sanjana kumari	
147	Sanjana Solanki	
148	Sarika Rawat	
149	Shagun	
150	Shaurya Thakur	
151	Shivam Chaudhary	
152	Shivam Singh Kirshali	
153	Shreya Rawat	
154	Shreya Sharma	
155	Shristi Rauthan	Medicine Ward 303
156	Shristi Sundriyal	
157	Shubham Bind	
158	Shubham Kumar	
159	Shubham Pundir	
160	Shubhangi Rawat	
161	Simran	
162	Simran Kaur	
163	Simran Negi	
164	Simreet Kaur	
165	Smriti Sharma	Neuro Surgery Ward 215
166	Srishti Dimri	
167	Suchitra Pal	
168	Suhani	
169	Suhani Ghildiyal	
170	Suhani Payal	
171	Suhani Rawat	
172	Suraj Koli	
173	Suraj Rawat	
174	Suvika Rawat	
175	Swati Kandwal	Surgery Ward 203
176	Tanisha Rawat	
177	Tanisha Rawat	
178	Tanishak Badola	
179	Tanishq Rawat	
180	Tanwi Negi	
181	Tenzin Jamyang	
182	Tenzing	
183	Trisha	
184	Urvashi Rawat	
185	Vaibhvi Thapliyal	
186	Vandna Shah	
187	Vanshika Negi	
188	Vanshika Pal	
189	Yashasvi Narwal	
190	Aman Bhatt	
191	Ayush Bhatt	

Note: 21 to 22.02.25 Sports day


Subject Coordinator

c.c. to : Principal Office, HCN
N.S Office, Himalayan Hospital
Academic Coordinator, HCN (B.Sc. Nsg. Ist Semester)


Principal
Himalayan College of Nursing
Swami Kama Himalayan University
Swami Kama Nagar, Jolly Grant
Dehradun-248015


HOD, Nursing Foundation

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (*Section A*)
Time Table: 24.02.25 to 01.03.25 (01 Week)

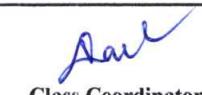
Venue: LT A, HCN

Day/Date	8:30am to 11:30pm	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm	
24.02.25 Monday	Clinical Posting Nursing Foundation I (3hrs x 5 days = 15 hrs)	Subject: Applied Psychology Topic: Concept of Soft Skill Ms Arpita Bali	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Muscles Ms. Preeti Prabha	LUNCH	Subject: Nursing Foundation I Topic: Care of Unit After Discharge Ms. Himani Kala	Subject: Communicative English Topic: Close Reading & Distant Reading Mr. Saurabh Kumar	
25.02.25 Tuesday		Subject: Applied Psychology Topic: Types of Soft Skill Ms Arpita Bali	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Breast Dr. Anupama Sharma		Subject: Nursing Foundation I Topic: Comfort: Factors Affecting Mr. Suresh Chander	Subject: Applied Sociology Topic: Culture: Introduction, Definition, Concept Part I Mrs. Neelam Danu	
26.02.25 Wednesday		Mahashivratri			Mahashivratri		
27.02.25 Thursday		Subject: Applied Psychology Topic: Ways of Communication Ms Arpita Bali	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Pituitary Gland Ms. Shivangi Hemdan		Subject: Nursing Foundation I Topic: Medico-legal Issues in Discharge Ms. Himani Kala	Subject: Nursing Foundation I Topic: Comfort Devices Part I Mr. Suresh Chander	
28.02.25 Friday		Subject: Applied Psychology Topic: Building Relationship with clients Ms Arpita Bali	Subject: Applied Anatomy Topic: CSF: Introduction, Definition, Composition Ms. Anshika Bhatt		Subject: Nursing Foundation I Topic: Comfort Devices Part II Mr. Suresh Chander	Subject: Communicative English Topic: Close Reading & Distant Reading Mr. Saurabh Kumar	
01.03.25 Saturday		Subject: Applied Psychology Topic: Introduction to Ms Arpita Bali	Subject: Applied Anatomy & Applied Physiology Topic: Cranial Nerves Ms. Anshika Bhatt		Self - Study		

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Swami Rama Himalayan University
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Class Coordinator

**Himalayan College of Nursing
Swami Rama Himalayan University**
Programme: B.Sc. Nursing 1st Semester Batch 2024 (*Section B*)
Time Table: 24.02.25 to 01.03.25 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 11:30pm	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm	
24.02.25 Monday	Clinical Posting Nursing Foundation I (3hrs x 5 days = 15 hrs)	Subject: Applied Anatomy & Applied Psychology Topic: Structure of Muscles Ms. Preeti Prabha	Subject: Applied Psychology Topic: Concept of Soft Skill Ms Arpita Bali	LUNCH	Subject: Communicative English Topic: Close Reading & Distant Reading Mr. Saurabh Kumar	Subject: Nursing Foundation I Topic: Care of Unit After Discharge Ms. Himani Kala	
25.02.25 Tuesday		Subject: Applied Anatomy & Applied Psychology Topic: Structure of Breast Dr. Anupama Sharma	Subject: Applied Psychology Topic: Types of Soft Skill Ms Arpita Bali		Subject: Applied Sociology Topic: Culture: Introduction, Definition, Concept Part I Mrs. Neelam Danu	Subject: Nursing Foundation I Topic: Comfort: Factors Affecting Mr. Suresh Chander	
26.02.25 Wednesday		Mahashivratri					
27.02.25 Thursday		Subject: Applied Anatomy & Applied Psychology Topic: Structure of Pituitary Gland Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Ways of Communication Ms Arpita Bali		Subject: Nursing Foundation I Topic: Comfort Devices Part I Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Medico-legal Issues in Discharge Ms. Himani Kala	
28.02.25 Friday		Subject: Applied Topic: CSF: Introduction, Definition, Composition Ms. Anshika Bhatt	Subject: Applied Topic: Building Relationship with clients Ms Arpita Bali		Subject: Communicative Topic: Close Reading & Distant Reading Mr. Saurabh Kumar	Subject: Nursing Foundation Topic: Comfort Devices Part II Mr. Suresh Chander	
01.03.25 Saturday		Subject: Applied Anatomy & Applied Psychology Topic: Cranial Nerves Ms. Anshika Bhatt	Subject: Applied Psychology Topic: Introduction to IPR Ms Arpita Bali		Self - Study		

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Chaudhary S
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Aarif
Class Coordinator

**Himalayan College of Nursing
Swami Rama Himalayan University
Clinical Rotation Plan , B.Sc. Nursing Ist Semester (2024-2028)
Subject: Nursing Foundation including First Aid Module**

Date: 24th Feb 2025 to 1st March 2025

Time: 8:30 Am to 11:30 am

S.No	Name of Students	24/02/25 to 01/03/25
1	Aaisha Negi	Semi.Pvt Ward 211
2	Aakriti Pandey	
3	Aakriti Yadav	
4	Aanchal	
5	Aanchal Negi	
6	Aastha Singh	
7	Abhishek Jacob	
8	Abhishek Naugain	
9	Abhishek Sajwan	
10	Aditi Bhatt	
11	Aditi Kukreti	
12	Aditi Maindoliya	
13	Aditi Rana	Surgery Ward 203
14	Adwitya Bhainsora	
15	Akhil bisht	
16	Akshita Devrani	
17	Akshita Ghosh	
18	Amisha Kukreti	
19	Anisha Bhandari	
20	Anita Jaguri	
21	Anjali	
22	Anjali Negi	
23	Anjani Dhasmana	
24	Ankit Kumar	
25	Ankita Rana	Surgery Ward 204
26	Anshika Dhiman	
27	Anshika jethuri	
28	Anshika Sharma	
29	Anshuman Negi	
30	Anubhuti Singh	
31	Anurag Bhatt	
32	Anurag Gwari	
33	Anurag Sharma	
34	Anusha Thapa	
35	Anushka Dhiman	
36	Anushka Negi	
37	Anushka Sharma	Surgery Ward 205
38	Aradhana Mamgain	
39	Archit Dobhal	
40	Arpita Kumari	
41	Arpita Rayal	
42	Arti Negi	
43	Ashish Rawat	
44	Ashish Kumar Naidu	
45	Ashita Raikwal	
46	Atul Rayal	
47	Avanish Kumar	
48	Ayush Gaur	

S.No	Name of Students	24/02/25 to 01/03/25
49	Ayush Nautiyal	Surgery Ward 206
50	Ayushi	
51	Ayushi	
52	Ayushi Rawat	
53	Ayushi Uniyal	
54	Bharti Negi	
55	Bhoomi Kukreti	
56	Bhumi Negi	
57	Diksha Rawat	
58	Divya Panwar	
59	Divyanshi Joshi	
60	Divyanshu Negi	
61	Diya Tiwari	Neuro Surgery Ward 215
62	Ekta	
63	Gayatri Panwar	
64	Gunjan Bisht	
65	Harshpreet Kaur	
66	Harshita	
67	Harshpreet Kaur	
68	Ishika Topwal	
69	Ishita Joshi	
70	Japneet Kaur	
71	Jeeya	
72	Jyoti Chandra	
73	Kajal Chauhan	Neuro Medicine Ward 216
74	Kalpana Ramola	
75	Kanchan	
76	Kanchan Panwar	
77	Kanika Chamoli	
78	Kanika Pal	
79	Khushbu	
80	Khushi Bhardwaj	
81	Khushi Manwal	
82	Khushi Saini	
83	Khusi Rawat	
84	Kirti Chauhan	
85	Km Deepika	Ortho Ward 217
86	Komal ary	
87	Komal Chauhan	
88	Komal Negi	
89	Krish Bhatt	
90	Krish Kumar	
91	Krishna Bahuguna	
92	Kriti Tyagi	
93	Mahak	
94	Mahak Choudhry	
95	Mahak Negi	
96	Mahima	

B.M.S

Chaudhary
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant

Rakesh

S.No	Name of Students	24/02/25 to 01/03/25
97	Manan Chamoli	Ortho Ward 218
98	Manasvi Ghildiyal	
99	Manpreet Singh	
100	Mansi Adhikari	
101	Manvi Negi	
102	Manvi Rawat	
103	Mayank Chaudhary	
104	Mayur Sitoni	
105	Mohit Joshi	
106	Ms Saniya	
107	Muhammed Arsh	CTVS Ward 219
108	Muskan Aswal	
109	Nandani Bagri	
110	Nandini	
111	Nidhi Rani	
112	Nihal Singh Pal	
113	Nikita	
114	Nisha	
115	Niti Panwar	
116	Niyati Kothiyal	
117	Ojasvi Dwivedi	Medicine Ward 301
118	Om Tripathi	
119	Palak	
120	Paras Rawat	
121	Parisha Lingwal	
122	Pooja Kalura	
123	Poonam Rawat	
124	Prachi Paliyal	
125	Prashant Kumar	
126	Prathana Chandola	
127	Praveen	ENT Ward 302
128	Priyanshi Uniyal	
129	Priyanshu Malasi	
130	Priyanshu Negi	
131	Ravinder Bahuguna	
132	Rihan	
133	Rishabh Barthwal	
134	Rishabh Binjola	
135	Ritesh Manwal	
136	Riya Negi	
137	Sahil Rawat	IMC Ward 305
138	Sahil Saharan	
139	Sahitya Semwal	
140	Saina Jaiswal	
141	Sakshi Rawat	
142	Sameeksha Pokhriyal	
143	Samridhi Bijalwan	
144	Sanika Chandu	

S.No	Name of Students	24/02/25 to 01/03/25
145	Saniya Kaif	Medicine Ward 303
146	Sanjana kumari	
147	Sanjana Solanki	
148	Sarika Rawat	
149	Shagun	
150	Shaurya Thakur	
151	Shivam Chaudhary	
152	Shivam Singh Kirshali	
153	Shreya Rawat	
154	Shreya Sharma	
155	Shristi Rauthan	Medicine Ward 304
156	Shristi Sundriyal	
157	Shubham Bind	
158	Shubham Kumar	
159	Shubham Pundir	
160	Shubhangi Rawat	
161	Simran	
162	Simran Kaur	
163	Simran Negi	
164	Simreet Kaur	
165	Smriti Sharma	IMC Ward 305
166	Srishti Dimri	
167	Suchitra Pal	
168	Suhani	
169	Suhani Ghildiyal	
170	Suhani Payal	
171	Suhani Rawat	
172	Suraj Koli	
173	Suraj Rawat	
174	Suvika Rawat	
175	Swati Kandwal	Uro Ward 210
176	Tanisha Rawat	
177	Tanisha Rawat	
178	Tanishak Badola	
179	Tanishq Rawat	
180	Tanwi Negi	
181	Tenzin Jamyang	
182	Tenzing	
183	Trisha	
184	Urvashi Rawat	
185	Vaibhvi Thapliyal	
186	Vandna Shah	
187	Vanshika Negi	
188	Vanshika Pal	
189	Yashasvi Narwal	
190	Aman Bhatt	
191	Ayush Bhatt	

Note: 26.02.25 Mahashiratri(Holiday)


Subject Coordinator

c.c. to : Principal Office, HCN
N.S Office, Himalayan Hospital
Academic Coordinator, HCN (B.Sc. Nsg. Ist Semester)


Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016


HOD, Nursing Foundation

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)
Time Table: 03.03.25 to 08.03.25 (01 Week)

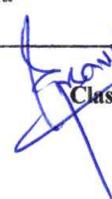
Venue: LT A, HCN

Day/Date	8:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	1.30 pm to 2.30 pm	2:30pm to 3:30pm	3:30pm to 4:30pm
03.03.24 Monday	Clinical Posting Nursing Foundation I (3 hrs x 6 days = 18 hrs)	Subject: Applied Psychology Topic: Interpersonal Skills & Barrier Ms. Arpita Bali	Subject: Applied Anatomy & Applied Physiology Topic: Parts of Brains: Cerebrum and its Lobes. Ms. Anshika Bhatt	LUNCH	Subject: Nursing Foundation I Topic: Arterial Oxygen Saturation Ms. Himani Kala	Subject: Communicative English Topic: Speaking Activity: Extempore or Freestyle speech Mr. Saurabh Kumar
04.03.24 Tuesday		Subject: Applied Psychology Topic: Survival Strategies - Work life balance Ms. Arpita Bali	Subject: Applied Anatomy & Applied Physiology Topic: Introduction of Male Reproductive System Dr. Anupama Sharma		Subject: Nursing Foundation I Topic: Pain: Physiology and Causes Mr. Suresh Chander	Subject: Applied Anatomy & Applied Physiology Topic: Parts of Brains: Cerebrum and its Lobes. Ms. Anshika Bhatt
05.03.24 Wednesday		Subject: Applied Psychology Topic: Applying Soft Skills to work balance Ms. Arpita Bali	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Thyroid Ms. Shivangi Hemdan		Subject: Nursing Foundation I Topic: Types and Assessment of Pain Scale Mr. Suresh Chander	Subject: Communicative English Topic: Listening practice: Audio Visual Content Mr. Saurabh Kumar
06.03.24 Thursday		Subject: Applied Anatomy & Applied Physiology Topic: Structure of Parathyroid Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Muscles Ms. Preeti Prabha		Subject: Nursing Foundation I Topic: Pharmacological Pain Management Mr. Suresh Chander	Subject: Applied Sociology Topic: Culture: Transculture Society Mrs. Neelam Danu
07.03.24 Friday		Subject: Applied Psychology Topic: Uses of Soft Skills in Nursing Ms. Arpita Bali	Subject: Applied Sociology Topic: Culture: Diversity and Uniformity Mrs. Neelam Danu		Subject: Nursing Foundation I Topic: Alteration in Respiration Ms. Himani Kala	Subject: Nursing Foundation I Topic: Non-Pharmacological Pain Management Mr. Suresh Chander
08.03.24 Saturday		Subject: Applied Psychology Topic: Thinking & its Types Ms. Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Parts of Brains: Mid Brain, Pons and Medulla. Ms. Anshika Bhatt		Subject: Applied Sociology Topic: Traditions and Daily Life Mrs. Neelam Danu	

Copy To
 Academic Coordinator
 Principal




Class Coordinator



Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)
Time Table: 03.03.25 to 08.03.25 (01 Week)

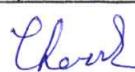
Venue: LT B, HCN

Day/Date	8:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
03.03.24 Monday	Clinical Posting Nursing Foundation –I (3Hrs*6 days=18 Hrs)	Subject: Applied Anatomy & Applied Physiology Topic: Parts of Brains: Cerebrum and its Lobes. Ms Anshika Bhatt	Subject: Applied Psychology Topic: Interpersonal Skills & Barrier Ms. Arpita Bali	LUNCH	Subject: Communicative English Topic: Speaking Activity: Extempore or Freestyle speech Mr. Saurabh Kumar	Subject: Nursing Foundation I Topic: Arterial Oxygen Saturation Ms. Himani Kala
04.03.24 Tuesday		Subject: Applied Anatomy & Applied Physiology Topic: Introduction of Male Reproductive System Dr. Anupama Sharma	Subject: Applied Psychology Topic: Survival Strategies - Work life balance Ms. Arpita Bali		Subject: Applied Anatomy & Applied Physiology Topic: Parts of Brains: Cerebrum and its Lobes. Ms Anshika Bhatt	Subject: Nursing Foundation I Topic: Pain: Physiology and causes Mr. Suresh Chander
05.03.24 Wednesday		Subject: Applied Anatomy & Applied Physiology Topic: Structure of Thyroid Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Applying Soft Skills to work balance Ms. Arpita Bali		Subject: Communicative English Topic: Listening practice: Audio Visual Content Mr. Saurabh Kumar	Subject: Nursing Foundation I Topic: Types and Assessment of Pain Scale Mr. Suresh Chander
06.03.24 Thursday		Subject: Applied Anatomy & Applied Physiology Topic: Structure of Muscles Ms. Preeti Prabha	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Parathyroid. Ms. Shivangi Hemdan		Subject: Applied Sociology Topic: Culture: Transculture Society Mrs. Neelam Danu	Subject: Nursing Foundation I Topic: Pharmacological Pain Management Mr. Suresh Chander
07.03.24 Friday		Subject: Applied Sociology Topic: Culture: Diversity and Uniformity Mrs. Neelam Danu	Subject: Applied Psychology Topic: Uses of Soft Skills in Nursing Ms. Arpita Bali		Subject: Nursing Foundation I Topic: Non-Pharmacological Pain Management Mr. Suresh Chander	Subject: Nursing Foundation I Topic: Alteration in Respiration Ms. Himani Kala
08.03.24 Saturday		Subject: Applied Anatomy & Applied Physiology Topic: Parts of Brains: Mid Brain, Pons and Medulla. Ms. Anshika Bhatt	Subject: Applied Psychology Topic: Thinking & its Types Ms. Heena Negi		Subject: Applied Sociology Topic: Traditions and Daily Life Mrs. Neelam Danu	

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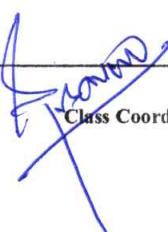
Academic Coordinator

Principal

Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Class Coordinator



Himalayan College of Nursing
Swami Rama Himalayan University
Clinical Rotation Plan , B.Sc. Nursing Ist Semester (2024-2028)
Subject: Nursing Foundation including First Aid Module

Date:03 to 8th March 2025

S.No	Name of Students	03/03/25 to 08/03/25
1	Aaisha Negi	Surgery Ward 203
2	Aakriti Pandey	
3	Aakriti Yadav	
4	Aanchal	
5	Aanchal Negi	
6	Aastha Singh	
7	Abhishek Jacob	
8	Abhishek Naugain	
9	Abhishek Sajwan	
10	Aditi Bhatt	
11	Aditi Kukreti	
12	Aditi Maindoliya	
13	Aditi Rana	Surgery Ward 204
14	Adwitya Bhainsora	
15	Akhil bisht	
16	Akshita Devrani	
17	Akshita Ghosh	
18	Amisha Kukreti	
19	Anisha Bhandari	
20	Anita Jaguri	
21	Anjali	
22	Anjali Negi	
23	Anjani Dhasmana	
24	Ankit Kumar	
25	Ankita Rana	Surgery Ward 205
26	Anshika Dhiman	
27	Anshika jethuri	
28	Anshika Sharma	
29	Anshuman Negi	
30	Anubhuti Singh	
31	Anurag Bhatt	
32	Anurag Gwari	
33	Anurag Sharma	
34	Anusha Thapa	
35	Anushka Dhiman	
36	Anushka Negi	
37	Anushka Sharma	Surgery Ward 206
38	Aradhana Mamgain	
39	Archit Dobhal	
40	Arpita Kumari	
41	Arpita Rayal	
42	Arti Negi	
43	Ashish Rawat	
44	Ashish Kumar Naidu	
45	Ashita Raikwal	
46	Atul Rayal	
47	Avanish Kumar	
48	Ayush Gaur	

Time: 8:30 Am to 11:30 am

S.No	Name of Students	03/03/25 to 08/03/25
49	Ayush Nautiyal	Neuro Surgery Ward 215
50	Ayushi	
51	Ayushi	
52	Ayushi Rawat	
53	Ayushi Uniyal	
54	Bharti Negi	
55	Bhoomi Kukreti	
56	Bhumi Negi	
57	Diksha Rawat	
58	Divya Panwar	
59	Divyanshi Joshi	
60	Divyanshu Negi	
61	Diya Tiwari	Neuro Medicine Ward 216
62	Ekta	
63	Gayatri Panwar	
64	Gunjan Bisht	
65	Harshpreet Kaur	
66	Harshita	
67	Harshpreet Kaur	
68	Ishika Topwal	
69	Ishita Joshi	
70	Japneet Kaur	
71	Jeeya	
72	Jyoti Chandra	
73	Kajal Chauhan	Ortho Ward 217
74	Kalpana Ramola	
75	Kanchan	
76	Kanchan Panwar	
77	Kanika Chamoli	
78	Kanika Pal	
79	Khushbu	
80	Khushi Bhardwaj	
81	Khushi Manwal	
82	Khushi Saini	
83	Khusi Rawat	
84	Kirti Chauhan	
85	Km Deepika	Ortho Ward 218
86	Komal aryा	
87	Komal Chauhan	
88	Komal Negi	
89	Krish Bhatt	
90	Krish Kumar	
91	Krishna Bahuguna	
92	Kriti Tyagi	
93	Mahak	
94	Mahak Choudhry	
95	Mahak Negi	
96	Mahima	

Om

Chauhan

Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant

Rahul

S.No	Name of Students	03/03/25 to 08/03/25
97	Manan Chamoli	CTVS Ward 219
98	Manasvi Ghildiyal	
99	Manpreet Singh	
100	Mansi Adhikari	
101	Manvi Negi	
102	Manvi Rawat	
103	Mayank Chaudhary	
104	Mayur Sitoni	
105	Mohit Joshi	
106	Ms Saniya	
107	Muhammed Arsh	
108	Muskan Aswal	
109	Nandani Bagri	Medicine Ward 301
110	Nandini	
111	Nidhi Rani	
112	Nihal Singh Pal	
113	Nikita	
114	Nisha	
115	Niti Panwar	
116	Niyati Kothiyal	
117	Ojasvi Dwivedi	
118	Om Tripathi	
119	Palak	
120	Paras Rawat	
121	Parisha Lingwal	ENT Ward 302
122	Pooja Kalura	
123	Poonam Rawat	
124	Prachi Paliyal	
125	Prashant Kumar	
126	Prathana Chandola	
127	Praveen	
128	Priyanshi Uniyal	
129	Priyanshu Malasi	
130	Priyanshu Negi	
131	Ravinder Bahuguna	
132	Rihan	
133	Rishabh Barthwal	Medicine Ward 303
134	Rishabh Binjola	
135	Ritesh Manwal	
136	Riya Negi	
137	Sahil Rawat	
138	Sahil Saharan	
139	Sahitya Semwal	
140	Saina Jaiswal	
141	Sakshi Rawat	
142	Sameeksha Pokhriyal	
143	Samridhi Bijalwan	
144	Sanika Chandu	

S.No	Name of Students	03/03/25 to 08/03/25
145	Saniya Kaif	Medicine Ward 304
146	Sanjana kumari	
147	Sanjana Solanki	
148	Sarika Rawat	
149	Shagun	
150	Shaurya Thakur	
151	Shivam Chaudhary	
152	Shivam Singh Kirshali	
153	Shreya Rawat	
154	Shreya Sharma	
155	Shristi Rauthan	
156	Shristi Sundriyal	
157	Shubham Bind	IMC Ward 305
158	Shubham Kumar	
159	Shubham Pundir	
160	Shubhangi Rawat	
161	Simran	
162	Simran Kaur	
163	Simran Negi	
164	Simreet Kaur	
165	Smriti Sharma	
166	Srishti Dimri	
167	Suchitra Pal	
168	Suhani	
169	Suhani Ghildiyal	Uro Ward 210
170	Suhani Payal	
171	Suhani Rawat	
172	Suraj Koli	
173	Suraj Rawat	
174	Suvika Rawat	
175	Swati Kandwal	
176	Tanisha Rawat	
177	Tanisha Rawat	
178	Tanishak Badola	
179	Tanishq Rawat	
180	Tanwi Negi	
181	Tenzin Jamyang	Semi.Pvt Ward 211
182	Tenzing	
183	Trisha	
184	Urvashi Rawat	
185	Vaibhvi Thapliyal	
186	Vandna Shah	
187	Vanshika Negi	
188	Vanshika Pal	
189	Yashasvi Narwal	
190	Aman Bhatt	
191	Ayush Bhatt	

Subject Coordinator

c.c. to : Principal Office, HCN

N.S Office, Himalayan Hospital

Academic Coordinator, HCN (B.Sc. Nsg.Ist Semester)

Principal
Himalayan College of Nursing
Swami Vivekananda Himalayan University
Swami Vivekananda Jolly Grant
Dehradun-248015

HOD, Nursing Foundation

**Himalayan College of Nursing
Swami Rama Himalayan University**

Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A & B)

Time Table: 10.03.25 to 22.03.25

Day/Date	8:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
10.03.25 Monday	Clinical Posting of Nursing Foundation - I (5hrs x 3 days = 15 hrs)	LUNCH	Return Demonstration of Procedures in Nursing Foundation Lab.	
11.03.25 Tuesday				
12.03.25 Wednesday				
Holi Vacations from 13.03.25 to 19.03.25				
20.03.25 Thursday	First Aid Module	LUNCH	First Aid Module	
21.03.25 Friday				
22.03.25 Saturday				

Copy To
Academic Coordinator
Principal



Chetan
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Aashu
Class Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Clinical Rotation Plan , B.Sc. Nursing Ist Semester (2024-2028)
Subject: Nursing Foundation including First Aid Module

Date: 10th to 15th March 2025

Time: 8:30 Am to 1:30 pm

S.No	Name of Students	10/03/25 to 15/03/25
1	Aaisha Negi	Surgery Ward 204
2	Aakriti Pandey	
3	Aakriti Yadav	
4	Aanchal	
5	Aanchal Negi	
6	Aastha Singh	
7	Abhishek Jacob	
8	Abhishek Naugain	
9	Abhishek Sajwan	
10	Aditi Bhatt	
11	Aditi Kukreti	
12	Aditi Maindoliya	
13	Aditi Rana	Surgery Ward 205
14	Adwitya Bhainsora	
15	Akhil bisht	
16	Akshita Devrani	
17	Akshita Ghosh	
18	Amisha Kukreti	
19	Anisha Bhandari	
20	Anita Jaguri	
21	Anjali	
22	Anjali Negi	
23	Anjani Dhasmana	
24	Ankit Kumar	
25	Ankita Rana	Surgery Ward 206
26	Anshika Dhiman	
27	Anshika jethuri	
28	Anshika Sharma	
29	Anshuman Negi	
30	Anubhuti Singh	
31	Anurag Bhatt	
32	Anurag Gwari	
33	Anurag Sharma	
34	Anusha Thapa	
35	Anushka Dhiman	
36	Anushka Negi	
37	Anushka Sharma	CTVS Ward 219
38	Aradhana Mamgain	
39	Archit Dobhal	
40	Arpita Kumari	
41	Arpita Rayal	
42	Arti Negi	
43	Ashish Rawat	
44	Ashish Kumar Naidu	
45	Ashita Raikwal	
46	Atul Rayal	
47	Avanish Kumar	
48	Ayush Gaur	

S.No	Name of Students	10/03/25 to 15/03/25
49	Ayush Nautiyal	Neuro Medicine Ward 216
50	Ayushi	
51	Ayushi	
52	Ayushi Rawat	
53	Ayushi Uniyal	
54	Bharti Negi	
55	Bhoomi Kukreti	
56	Bhumi Negi	
57	Diksha Rawat	
58	Divya Panwar	
59	Divyanshi Joshi	
60	Divyanshu Negi	
61	Diya Tiwari	Ortho Ward 217
62	Ekta	
63	Gayatri Panwar	
64	Gunjan Bisht	
65	Harshpreet Kaur	
66	Harshita	
67	Harshpreet Kaur	
68	Ishika Topwal	
69	Ishita Joshi	
70	Japneet Kaur	
71	Jeeya	
72	Jyoti Chandra	
73	Kajal Chauhan	Ortho Ward 218
74	Kalpana Ramola	
75	Kanchan	
76	Kanchan Panwar	
77	Kanika Chamoli	
78	Kanika Pal	
79	Khushbu	
80	Khushi Bhardwaj	
81	Khushi Manwal	
82	Khushi Saini	
83	Khusi Rawat	
84	Kirti Chauhan	
85	Km Deepika	Medicine Ward 304
86	Komal ary	
87	Komal Chauhan	
88	Komal Negi	
89	Krish Bhatt	
90	Krish Kumar	
91	Krishna Bahuguna	
92	Kriti Tyagi	
93	Mahak	
94	Mahak Choudhry	
95	Mahak Negi	
96	Mahima	

Bojan

Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun 248010

Chowd

Chowd

S.No	Name of Students	10/03/25 to 15/03/25
97	Manan Chamoli	Medicine Ward 301
98	Manasvi Ghildiyal	
99	Manpreet Singh	
100	Mansi Adhikari	
101	Manvi Negi	
102	Manvi Rawat	
103	Mayank Chaudhary	
104	Mayur Sitoni	
105	Mohit Joshi	
106	Ms Saniya	
107	Muhammed Arsh	ENT Ward 302
108	Muskan Aswal	
109	Nandani Bagri	
110	Nandini	
111	Nidhi Rani	
112	Nihal Singh Pal	
113	Nikita	
114	Nisha	
115	Niti Panwar	
116	Niyati Kothiyal	
117	Ojasvi Dwivedi	Medicine Ward 303
118	Om Tripathi	
119	Palak	
120	Paras Rawat	
121	Parisha Lingwal	
122	Pooja Kalura	
123	Poonam Rawat	
124	Prachi Paliyal	
125	Prashant Kumar	
126	Prathana Chandola	
127	Praveen	Neuro Surgery Ward 215
128	Priyanshi Uniyal	
129	Priyanshu Malasi	
130	Priyanshu Negi	
131	Ravinder Bahuguna	
132	Rihan	
133	Rishabh Barthwal	
134	Rishabh Binjola	
135	Ritesh Manwal	
136	Riya Negi	
137	Sahil Rawat	Surgery Ward 203
138	Sahil Saharan	
139	Sahitya Semwal	
140	Saina Jaiswal	
141	Sakshi Rawat	
142	Sameeksha Pokhriyal	
143	Samridhi Bijalwan	
144	Sanika Chandu	

Note: 13 to 19.03.25 Holi Vacations

BNM
Subject Coordinator

c.c. to : Principal Office, HCN

N.S Office, Himalayan Hospital

Academic Coordinator, HCN (B.Sc. Nsg. 1st Semester)

Chaudhary
Principal
Himalayan College of Nursing
Swami Vivekananda Himalayan University
Swami Kanchan Bhawan, Jolly Grant
Dehradun-248645

S.No	Name of Students	10/03/25 to 15/03/25
145	Saniya Kaif	IMC Ward 305
146	Sanjana Kumari	
147	Sanjana Solanki	
148	Sarika Rawat	
149	Shagun	
150	Shaurya Thakur	
151	Shivam Chaudhary	
152	Shivam Singh Kirshali	
153	Shreya Rawat	
154	Shreya Sharma	
155	Shristi Rauthan	Uro Ward 210
156	Shristi Sundriyal	
157	Shubham Bind	
158	Shubham Kumar	
159	Shubham Pundir	
160	Shubhangi Rawat	
161	Simran	
162	Simran Kaur	
163	Simran Negi	Semi.Pvt Ward 211
164	Simreet Kaur	
165	Smriti Sharma	
166	Srishti Dimri	
167	Suchitra Pal	
168	Suhani	
169	Suhani Ghildiyal	
170	Suhani Payal	
171	Suhani Rawat	
172	Suraj Koli	
173	Suraj Rawat	
174	Suvika Rawat	Surgery Ward 203
175	Swati Kandwal	
176	Tanisha Rawat	
177	Tanisha Rawat	
178	Tanishak Badola	
179	Tanishq Rawat	
180	Tanwi Negi	
181	Tenzin Jamyang	
182	Tenzing	
183	Trisha	
184	Urvashi Rawat	
185	Vaibhvi Thapliyal	
186	Vandna Shah	
187	Vanshika Negi	
188	Vanshika Pal	
189	Yashasvi Narwal	
190	Aman Bhatt	
191	Ayush Bhatt	

Chaudhary
HOD, Nursing Foundation

Himalayan College of Nursing
Swami Rama Himalayan University
Clinical Rotation Plan , B.Sc. Nursing 1st Semester (2024-2028)
Subject: Nursing Foundation including First Aid Module

Date: 17 to 22 March 2025

Time: 8:30 Am to 1:30 pm

S.No	Name of Students	17/03/25 to 22/03/25		17/03/25 to 22/03/25
1	Aaisha Negi	Surgery Ward 205	Ortho Ward 217	49 Ayush Nautiyal
2	Aakriti Pandey			50 Ayushi
3	Aakriti Yadav			51 Ayushi
4	Aanchal			52 Ayushi Rawat
5	Aanchal Negi			53 Ayushi Uniyal
6	Aastha Singh			54 Bharti Negi
7	Abhishek Jacob			55 Bhoomi Kukreti
8	Abhishek Naugain			56 Bhumi Negi
9	Abhishek Sajwan			57 Diksha Rawat
10	Aditi Bhatt			58 Divya Panwar
11	Aditi Kukreti			59 Divyanshi Joshi
12	Aditi Maindoliya			60 Divyanshu Negi
13	Aditi Rana	Surgery Ward 206	Ortho Ward 218	61 Diya Tiwari
14	Adwitya Bhainsora			62 Ekta
15	Akhil bisht			63 Gayatri Panwar
16	Akshita Devrani			64 Gunjan Bisht
17	Akshita Ghosh			65 Harshpreet Kaur
18	Amisha Kukreti			66 Harshita
19	Anisha Bhandari			67 Harshpreet Kaur
20	Anita Jaguri			68 Ishika Topwal
21	Anjali			69 Ishita Joshi
22	Anjali Negi			70 Japneet Kaur
23	Anjani Dhasmana			71 Jeeya
24	Ankit Kumar			72 Jyoti Chandra
25	Ankita Rana	CTVS Ward 219	Medicine Ward 304	73 Kajal Chauhan
26	Anshika Dhiman			74 Kalpana Ramola
27	Anshika jethuri			75 Kanchan
28	Anshika Sharma			76 Kanchan Panwar
29	Anshuman Negi			77 Kanika Chamoli
30	Anubhuti Singh			78 Kanika Pal
31	Anurag Bhatt			79 Khushbu
32	Anurag Gwari			80 Khushi Bhardwaj
33	Anurag Sharma			81 Khushi Manwal
34	Anusha Thapa			82 Khushi Saini
35	Anushka Dhiman			83 Khusi Rawat
36	Anushka Negi			84 Kirti Chauhan
37	Anushka Sharma	Medicine Ward 301	IMC Ward 305	85 Km Deepika
38	Aradhana Mamgain			86 Komal ary
39	Archit Dobhal			87 Komal Chauhan
40	Arpita Kumari			88 Komal Negi
41	Arpita Rayal			89 Krish Bhatt
42	Arti Negi			90 Krish Kumar
43	Ashish Rawat			91 Krishna Bahuguna
44	Ashish Kumar Naidu			92 Kriti Tyagi
45	Ashita Raikwal			93 Mahak
46	Atul Rayal			94 Mahak Choudhry
47	Avanish Kumar			95 Mahak Negi
48	Ayush Gaur			96 Mahima

Omkar

Cloud
Principal

Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant

Cloud

S.No	Name of Students	17/03/25 to 22/03/25
97	Manan Chamoli	ENT Ward 302
98	Manasvi Ghildiyal	
99	Manpreet Singh	
100	Mansi Adhikari	
101	Manvi Negi	
102	Manvi Rawat	
103	Mayank Chaudhary	
104	Mayur Sitoni	
105	Mohit Joshi	
106	Ms Saniya	
107	Muhammed Arsh	Medicine Ward 303
108	Muskan Aswal	
109	Nandani Bagri	
110	Nandini	
111	Nidhi Rani	
112	Nihal Singh Pal	
113	Nikita	
114	Nisha	
115	Niti Panwar	
116	Niyati Kothiyal	
117	Ojasvi Dwivedi	Neuro Surgery Ward 215
118	Om Tripathi	
119	Palak	
120	Paras Rawat	
121	Parisha Lingwal	
122	Pooja Kalura	
123	Poonam Rawat	
124	Prachi Paliyal	
125	Prashant Kumar	
126	Prathana Chandola	
127	Praveen	Neuro Medicine Ward 216
128	Priyanshi Uniyal	
129	Priyanshu Malasi	
130	Priyanshu Negi	
131	Ravinder Bahuguna	
132	Rihan	
133	Rishabh Barthwal	
134	Rishabh Binjola	
135	Ritesh Manwal	
136	Riya Negi	
137	Sahil Rawat	Surgery Ward 203
138	Sahil Saharan	
139	Sahitya Semwal	
140	Saina Jaiswal	
141	Sakshi Rawat	
142	Sameeksha Pokhriyal	
143	Samridhi Bijalwan	
144	Sanika Chandu	

Note: 13 to 19.03.25 Holi Vacations


Subject Coordinator

c.c. to : Principal Office, HCN
N.S Office, Himalayan Hospital
Academic Coordinator, HCN (B.Sc. Nsg. Ist Semester)

S.No	Name of Students	17/03/25 to 22/03/25
145	Saniya Kaif	Uro Ward 210
146	Sanjana kumari	
147	Sanjana Solanki	
148	Sarika Rawat	
149	Shagun	
150	Shaurya Thakur	
151	Shivam Chaudhary	
152	Shivam Singh Kirshali	
153	Shreya Rawat	
154	Shreya Sharma	
155	Shristi Rauthan	Semi.Pvt Ward 211
156	Shristi Sundriyal	
157	Shubham Bind	
158	Shubham Kumar	
159	Shubham Pundir	
160	Shubhangi Rawat	
161	Simran	
162	Simran Kaur	
163	Simran Negi	
164	Simreet Kaur	
165	Smriti Sharma	Surgery Ward 203
166	Srishti Dimri	
167	Suchitra Pal	
168	Suhani	
169	Suhani Ghildiyal	
170	Suhani Payal	
171	Suhani Rawat	
172	Suraj Koli	
173	Suraj Rawat	
174	Suvika Rawat	
175	Swati Kandwal	Surgery Ward 204
176	Tanisha Rawat	
177	Tanisha Rawat	
178	Tanishak Badola	
179	Tanishq Rawat	
180	Tanwi Negi	
181	Tenzin Jamyang	
182	Tenzing	
183	Trisha	
184	Urvashi Rawat	
185	Vaibhvi Thapliyal	
186	Vandna Shah	
187	Vanshika Negi	
188	Vanshika Pal	
189	Yashasvi Narwal	
190	Aman Bhatt	
191	Ayush Bhatt	



Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016


HOD, Nursing Foundation

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)
Time Table: 24.03.25 to 29.03.25 (01 Week)

Venue: LT A, HCN

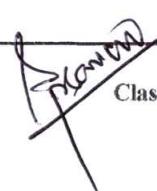
Day/Date	8:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
24.03.24 Monday	Clinical Posting Nursing Foundation -I <small>(3Hrs*6 days=18 Hrs)</small>	Subject: Applied Psychology Topic: Thinking. Ms. Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Thymus Gland & Pineal Gland Ms. Shivangi Hemdan	LUNCH	Subject: Nursing Foundation I Topic: Arterial Oxygen Saturation Ms. Himani Kala	Subject: Applied Sociology Topic: Family Mrs. Neelam Danu
25.03.24 Tuesday		Subject: Applied Psychology Topic: Aptitude Ms. Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Hormones of Pancrease Ms. Shivangi Hemdan		Subject: Applied Sociology Topic: Marriage Mrs. Neelam Danu	
26.03.24 Wednesday		Subject: Applied Anatomy & Applied Physiology Topic: Spermatogenesis Dr. Anupama Sharma	Subject: Applied Anatomy & Applied Physiology Topic: Adrenal Gland Ms. Shivangi Hemdan		Subject: Nursing Foundation I Topic: Blood Pressure: Introduction & Definition. Ms. Himani Kala	Subject: Communicative English Topic: Freestyle speech/Extempore Mr. Saurabh Kumar
27.03.24 Thursday		Subject: Nursing Foundation I Topic: Introduction to mobility Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Menstrual Cycle Dr. Anupama Sharma		Subject: Applied Sociology Topic: Social Stratification Mrs. Neelam Danu	
28.03.24 Friday		Subject: Nursing Foundation I Topic: Elements of movement Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Hormones of Ovaries Dr. Anupama Sharma		Subject: Nursing Foundation I Topic: Complementary & Alternative Healing Modalities. Mr. Suresh Chander	Subject: Communicative English Topic: Introduction to Writing. Mr. Saurabh Kumar
29.03.24 Saturday		Subject: Nursing Foundation I Topic: Principles of Body Mechanics Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Spermatogenesis Dr. Anupama Sharma		Freshers Party	

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Academic Coordinator
Principal



Class Coordinator



Chaudhary
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section B)
Time Table: 24.03.25 to 29.03.25 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
24.03.24 Monday	Clinical Posting Nursing Foundation -I (3Hrs*6 days=18 Hrs)	Subject: Applied Anatomy & Applied Physiology Topic: Menstrual Cycle Dr. Anupama Sharma	Subject: Nursing Foundation I Topic: Introduction to mobility Ms. Varsha Rawat	LUNCH	Subject: Applied Sociology Topic: Family Mrs. Neelam Danu	Subject: Nursing Foundation I Topic: Invasive Technique of Pain Management Mr. Suresh Chander
25.03.24 Tuesday		Subject: Applied Anatomy & Applied Physiology Topic: Hormones of Ovaries Dr. Anupama Sharma	Subject: Nursing Foundation I Topic: Elements of movement Ms. Varsha Rawat		Subject: Applied Sociology Topic: Marriage Mrs. Neelam Danu	
26.03.24 Wednesday		Subject: Applied Anatomy & Applied Physiology Topic: Spermatogenesis Dr. Anupama Sharma	Subject: Nursing Foundation I Topic: Principles of Body Mechanics Ms. Varsha Rawat		Subject: Communicative English Topic: Freestyle speech/Extempore Mr. Saurabh Kumar	Subject: Nursing Foundation I Topic: New Modalities in Pain Management. Mr. Suresh Chander
27.03.24 Thursday		Subject: Applied Anatomy & Applied Physiology Topic: Thymus Gland & Pineal Gland Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Thinking. Ms. Heena Negi		Subject: Applied Sociology Topic: Social Stratification Mrs. Neelam Danu	
28.03.24 Friday		Subject: Applied Anatomy & Applied Physiology Topic: Hormones of Pancrease Ms. Shivangi Hemdan	Subject: Applied Psychology Topic: Aptitude Ms. Heena Negi		Subject: Communicative English Topic: Introduction to Writing. Mr. Saurabh Kumar	Subject: Nursing Foundation I Topic: Alteration in Respiration Ms. Himani Kala
29.03.24 Saturday		Subject: Applied Anatomy & Applied Physiology Topic: Adrenal Gland Ms. Shivangi Hemdan	Subject: Nursing Foundation I Topic: Factors affecting body alignment & Activity Ms. Varsha Rawat		Freshers Party	

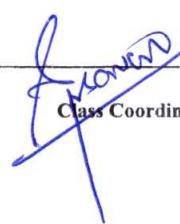
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Academic Coordinator

Principal




Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016



Class Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Clinical Rotation Plan , B.Sc. Nursing Ist Semester (2024-2028)
Subject: Nursing Foundation including First Aid Module

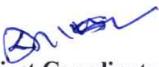
Date: 24.03.25 to 29.03.25

Time: 8:30 Am to 11:30 am

S.No	Name of Students	24/03/25 to 29/03/25		S.No	Name of Students	24/03/25 to 29/03/25
1	Aaisha Negi	Semi.Pvt Ward 211		49	Ayush Nautiyal	Surgery Ward 205
2	Aakriti Pandey			50	Ayushi	
3	Aakriti Yadav			51	Ayushi	
4	Aanchal			52	Ayushi Rawat	
5	Aanchal Negi			53	Ayushi Uniyal	
6	Aastha Singh			54	Bharti Negi	
7	Abhishek Jacob			55	Bhoomi Kukreti	
8	Abhishek Naugain			56	Bhumi Negi	
9	Abhishek Sajwan			57	Diksha Rawat	
10	Aditi Bhatt			58	Divya Panwar	
11	Aditi Kukreti			59	Divyanshi Joshi	
12	Aditi Maindoliya			60	Divyanshu Negi	
13	Aditi Rana	Uro Ward 210		61	Diya Tiwari	Surgery Ward 206
14	Adwitya Bhainsora			62	Ekta	
15	Akhil bisht			63	Gayatri Panwar	
16	Akshita Devrani			64	Gunjan Bisht	
17	Akshita Ghosh			65	Harshpreet Kaur	
18	Amisha Kukreti			66	Harshita	
19	Anisha Bhandari			67	Harshpreet Kaur	
20	Anita Jaguri			68	Ishika Topwal	
21	Anjali			69	Ishita Joshi	
22	Anjali Negi			70	Japneet Kaur	
23	Anjani Dhasmana			71	Jeeya	
24	Ankit Kumar			72	Jyoti Chandra	
25	Ankita Rana	IMC Ward 305		73	Kajal Chauhan	CTVS Ward 219
26	Anshika Dhiman			74	Kalpana Ramola	
27	Anshika jethuri			75	Kanchan	
28	Anshika Sharma			76	Kanchan Panwar	
29	Anshuman Negi			77	Kanika Chamoli	
30	Anubhuti Singh			78	Kanika Pal	
31	Anurag Bhatt			79	Khushbu	
32	Anurag Gwari			80	Khushi Bhardwaj	
33	Anurag Sharma			81	Khushi Manwal	
34	Anusha Thapa			82	Khushi Saini	
35	Anushka Dhiman			83	Khusi Rawat	
36	Anushka Negi			84	Kirti Chauhan	
37	Anushka Sharma	Medicine Ward 304		85	Km Deepika	Medicine Ward 301
38	Aradhana Mamgain			86	Komal aryा	
39	Archit Dobhal			87	Komal Chauhan	
40	Arpita Kumari			88	Komal Negi	
41	Arpita Rayal			89	Krish Bhatt	
42	Arti Negi			90	Krish Kumar	
43	Ashish Rawat			91	Krishna Bahuguna	
44	Ashish Kumar Naidu			92	Kriti Tyagi	
45	Ashita Raikwal			93	Mahak	
46	Atul Rayal			94	Mahak Choudhry	
47	Avanish Kumar			95	Mahak Negi	
48	Ayush Gaur			96	Mahima	

S.No	Name of Students	24/03/25 to 29/03/25
97	Manan Chamoli	Ortho Ward 218
98	Manasvi Ghildiyal	
99	Manpreet Singh	
100	Mansi Adhikari	
101	Manvi Negi	
102	Manvi Rawat	
103	Mayank Chaudhary	
104	Mayur Sitoni	
105	Mohit Joshi	
106	Ms Saniya	
107	Muhammed Arsh	Ortho Ward 217
108	Muskan Aswal	
109	Nandani Bagri	
110	Nandini	
111	Nidhi Rani	
112	Nihal Singh Pal	
113	Nikita	
114	Nisha	
115	Niti Panwar	
116	Niyati Kothiyal	
117	Ojasvi Dwivedi	Neuro Medicine Ward 216
118	Om Tripathi	
119	Palak	
120	Paras Rawat	
121	Parisha Lingwal	
122	Pooja Kalura	
123	Poonam Rawat	
124	Prachi Paliyal	
125	Prashant Kumar	
126	Prathana Chandola	
127	Praveen	Surgery Ward 204
128	Priyanshi Uniyal	
129	Priyanshu Malasi	
130	Priyanshu Negi	
131	Ravinder Bahuguna	
132	Rihan	
133	Rishabh Barthwal	
134	Rishabh Binjola	
135	Ritesh Manwal	
136	Riya Negi	
137	Sahil Rawat	Surgery Ward 204
138	Sahil Saharan	
139	Sahitya Semwal	
140	Saina Jaiswal	
141	Sakshi Rawat	
142	Sameeksha Pokhriyal	
143	Samridhi Bijalwan	
144	Sanika Chandu	

S.No	Name of Students	24/03/25 to 29/03/25
145	Saniya Kaif	ENT Ward 302
146	Sanjana kumari	
147	Sanjana Solanki	
148	Sarika Rawat	
149	Shagun	
150	Shaurya Thakur	
151	Shivam Chaudhary	
152	Shivam Singh Kirshali	
153	Shreya Rawat	
154	Shreya Sharma	
155	Shristi Rauthan	Medicine Ward 303
156	Shristi Sundriyal	
157	Shubham Bind	
158	Shubham Kumar	
159	Shubham Pundir	
160	Shubhangi Rawat	
161	Simran	
162	Simran Kaur	
163	Simran Negi	
164	Simreet Kaur	
165	Smriti Sharma	Neuro Surgery Ward 215
166	Srishti Dimri	
167	Suchitra Pal	
168	Suhani	
169	Suhani Ghildiyal	
170	Suhani Payal	
171	Suhani Rawat	
172	Suraj Koli	
173	Suraj Rawat	
174	Suvika Rawat	
175	Swati Kandwal	Surgery Ward 203
176	Tanisha Rawat	
177	Tanisha Rawat	
178	Tanishak Badola	
179	Tanishq Rawat	
180	Tanwi Negi	
181	Tenzin Jamyang	
182	Tenzing	
183	Trisha	
184	Urvashi Rawat	
185	Vaibhvi Thapliyal	
186	Vandna Shah	
187	Vanshika Negi	
188	Vanshika Pal	
189	Yashasvi Narwal	
190	Aman Bhatt	
191	Ayush Bhatt	


Subject Coordinator

c.c. to : Principal Office, HCN

N.S Office, Himalayan Hospital

Academic Coordinator, HCN (B.Sc. Nsg.Ist Semester)


Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016


HOD, Nursing Foundation

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A & B)
Time Table: 31.03.25 to 05.04.25

Day/Date	8:30am to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
31.03.25 Monday				EId - Ul - Fitr (GH)
01.04.25 Tuesday	OSCE Practical Examination in Nursing Foundation Lab	LUNCH		OSCE Practical Examination in Nursing Foundation Lab
02.04.25 Wednesday				
03.04.25 Thursday				
04.04.25 Friday				Second Sessional Examination
05.04.25 Saturday				

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Academic Coordinator
Principal



Chauhan
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant
Dehradun-248016


Class Coordinator

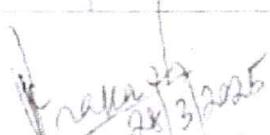
Himalayan College Of Nursing
SRHU, Swami Ram Nagar, Dehradun

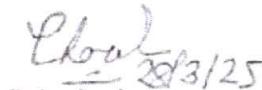
Second Sessional Examination Schedule (April-2025)

Venue:- Bhagirathi LT-1,2,3,4 & Class Room- 1, 2

B.Sc. (N) 1st Semester

S.N.	Date	Time	Subject
1.	02/04/2025	11.30 AM to 1.30 PM	Applied Anatomy & Applied Physiology
2.	03/04/2025	11.30 AM to 1.30 PM	Applied Psychology & Applied Sociology
3.	04/04/2025	11.30 AM to 1.30 PM	Communicative English
4.	05/04/2025	11.30 AM to 1.30 PM	Nursing Foundation-I


Examination Coordination Committee


Principal

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)
Time Table: 07.04.25 to 12.04.25 (01 Week)

Venue: LT A, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
07.04.25 Monday	Subject: Nursing Foundation I Topic: Introduction to patient Teaching Ms. Shivangi Hemdan	Subject:Applied Anatomy & Applied Physiology Topic:Structure of Kidney Ms Ankita Jamoli	Subject:Applied Psychology Topic:Physical ,Psychosocial and cognitive Development Ms Arpita Bali	Subject: Nursing Foundation I Topic: Assiting Client with Ambulation Ms. Varsha Rawat	Subject:Applied Anatomy & Applied Physiology Topic:Muscles and Its types Ms Preeti Prabha		Subject: Communicative Topic: Comprehensive of Technical Text Mr. Saurabh Kumar	Educational Visit Biomedical Waste Management Himalayan Hospital
08.04.25 Tuesday	Subject: Nursing Foundation I Topic: Importance of Patient Teaching Ms. Shivangi Hemdan	Subject:Applied Anatomy & Applied Physiology Topic: Function of Kidney Ms Ankita Jamoli	Subject:Applied Psychology Topic:Child Psychology and Needs of Child Ms Arpita Bali	Subject: Nursing Foundation I Topic: Care of Patient with Imobility Ms. Varsha Rawat	Subject:Applied Anatomy & Applied Physiology Topic: Anatomy of Muscles Ms Preeti Prabha		Subject: Applied Sociology Topic: Indian Caste System Mrs Neelam Danu	
09.04.25 Wednesday	Subject: Nursing Foundation I Topic: Levels of Disease Preventions Dr. Harleen Kaur	Subject:Applied Anatomy & Applied Physiology Topic: Structue of Ureter Ms Ankita Jamoli	Subject:Applied Psychology Topic:Psychology of Vulnerable Individual Ms Arpita Bali	Subject: Nursing Foundation I Topic: Care of Patient with Cast and Splint Ms. Varsha Rawat	Subject:Applied Anatomy & Applied Physiology Topic: Physiology of Muscles Contractions I Ms Preeti Prabha		Subject: Applied Sociology Topic: Class System and Status Mrs Neelam Danu	
10.04.25 Thursday	Subject: Nursing Foundation I Topic: Levels of Care Dr. Harleen Kaur	Subject:Applied Anatomy & Applied Physiology Topic: Function of Ureter Ms Ankita Jamoli	Subject:Applied Psychology Topic:Introduction to Psychology Ms Heena Negi	Subject: Nursing Foundation I Topic: Physiology and Regulation of Blood Pressure Ms. Himani Kala	Subject:Applied Anatomy & Applied Physiology Topic: Physiology of Muscles Contractions I (Cont...) Ms Preeti Prabha		Subject: Applied Sociology Topic: Social Mobility Mrs Neelam Danu	
11.04.25 Friday	Subject: Nursing Foundation I Topic: Types Of Health Care Agencies Dr. Harleen Kaur	Subject:Applied Anatomy & Applied Physiology Topic: Structure of Urinary Bladder Ms Ankita Jamoli	Subject:Applied Psychology Topic:Relation of Psychology with Other Ms Heena Negi	Subject: Nursing Foundation I Topic: Charectristics of Blood Pressure Ms. Himani Kala	Subject:Applied Anatomy & Applied Physiology Topic: Structure of spinal Nerves Ms Anshika Bhatt		Subject: Communicative English Topic: Introduction to Writing Mr. Saurabh Kumar	
12.04.25 Saturday	Subject: Nursing Foundation I Topic: Patient Teaching Process Ms. Shivangi Hemdan	Subject:Applied Anatomy & Applied Physiology Topic: Function of Urinary Bladder Ms Ankita Jamoli	Subject:Applied Psychology Topic:Body Mind Relationship Ms Heena Negi	Subject: Nursing Foundation I Topic: Factors Affecting Blood Pressure Ms. Himani Kala	Subject:Applied Anatomy & Applied Physiology Topic: Autonomic Nervous System Ms Anshika Bhatt		Subject: Applied Sociology Topic: Race, Concept and Criteria of Social Mobility Mrs Neelam Danu	

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Principal

Chaudhary
Principal
Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Naar, Iatty, Dehradoon

Class Coordinator

**Himalayan College of Nursing
Swami Rama Himalayan University**
Programme: B.Sc. Nursing 1st Semester Batch 2024 (Section A)
Time Table: 07.04.25 to 12.04.25 (01 Week)

Venue: LT B, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 3:30pm	3:30pm to 4:30pm
07.04.25 Monday	Subject: Applied Psychology Topic: Physical, Psychosocial and cognitive Development across Life Ms Arpita Bali	Subject: Nursing Foundation I Topic: Assiting Client with Ambulation Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Muscles and Its types Ms Preeti Prabha	Subject: Nursing Foundation I Topic: Introduction to patient Teaching Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Kidney Ms Ankita Jamoli		Educational Visit Biomedical Waste Management Himalayan Hospital Mr. Saurabh Kumar	Subject: Communicative English Topic: Comprehensive of Technical Text Mr. Saurabh Kumar
08.04.25 Tuesday	Subject: Applied Psychology Topic: Child Psychology and Needs of Child Ms Arpita Bali	Subject: Nursing Foundation I Topic: Care of Patient with Imobility Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Anatomy of Muscles Ms Preeti Prabha	Subject: Nursing Foundation I Topic: Importance of Patient Teaching Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Function of Kidney Ms Ankita Jamoli		Subject: Applied Sociology Topic: Indian Caste System Mrs Neelam Danu	Subject: Applied Sociology Topic: Class System and Status Mrs Neelam Danu
09.04.25 Wednesday	Subject: Applied Psychology Topic: Psychology of Vulnerable Individual Ms Arpita Bali	Subject: Nursing Foundation I Topic: Care of Patient with Cast and Splint Ms. Varsha Rawat	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of Muscles Contractions I Ms Preeti Prabha	Subject: Nursing Foundation I Topic: Levels of Disease Preventions Dr. Harleen Kaur	Subject: Applied Anatomy & Applied Physiology Topic: Structue of Ureter Ms Ankita Jamoli	LUNCH		Subject: Applied Sociology Topic: Class System and Status Mrs Neelam Danu
10.04.25 Thursday	Subject: Applied Psychology Topic: Introduction to Psychology Ms Heena Negi	Subject: Nursing Foundation I Topic: Physiology and Regulation of Blood Pressure Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of Muscles Contractions I (Cont...) Ms Preeti Prabha	Subject: Nursing Foundation I Topic: Levels of Care Dr. Harleen Kaur	Subject: Applied Anatomy & Applied Physiology Topic: Function of Ureter Ms Ankita Jamoli			Subject: Applied Sociology Topic: Social Mobility Mrs Neelam Danu
11.04.25 Friday	Subject: Applied Psychology Topic: Relation of Psychology with Other Ms Heena Negi	Subject: Nursing Foundation I Topic: Charectristics of Blood Pressure Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Structure of spinal Nerves Ms Anshika Bhatt	Subject: Nursing Foundation I Topic: Types Of Health Care Agencies Dr. Harleen Kaur	Subject: Applied Anatomy & Applied Physiology Topic: Structure of Urinary Bladder Ms Ankita Jamoli			Subject: Communicative English Topic: Introduction to Writing Mr. Saurabh Kumar
12.04.25 Saturday	Subject: Applied Psychology Topic: Body Mind Relationship Ms Heena Negi	Subject: Nursing Foundation I Topic: Factors Affecting Blood Pressure Ms. Himani Kala	Subject: Applied Anatomy & Applied Physiology Topic: Autonomic Nervous System Ms Anshika Bhatt	Subject: Nursing Foundation I Topic: Patient Teaching Process Ms. Shivangi Hemdan	Subject: Applied Anatomy & Applied Physiology Topic: Function of Urinary Bladder Ms Ankita Jamoli			Subject: Applied Sociology Topic: Race, Concept and Criteria of Social Mobility Mrs Neelam Danu

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Himalayan College of Nursing
Swami Rama Himalayan University

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Class Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Programme: B.Sc. Nursing 1st Semester Batch 2024
Time Table: 14.04.25 to 19.04.25 (Revision Week)

Venue: Mother Teresa Auditorium, HCN

Day/Date	8:30am to 9:30am	9:30am to 10:30am	10:30am to 11:30am	11:30am to 12:30pm	12:30pm to 1:30pm	1:30pm to 2:30pm	2:30pm to 4:30pm
14.04.25 Monday					GH		
15.04.25 Tuesday	Subject: Nursing Foundation I Topic: Illness-Wellness Continuum Model Dr Harleen Kaur	Subject: Nursing Foundation I Topic: Levels of Illness Prevention Dr Harleen Kaur	Subject: Applied Anatomy & Applied Physiology Topic: Spinal Nerves Ms Anshika Bhatt	Subject: Applied Psychology Topic: Mental health and Hygiene Ms Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Anatomy of Urethra Ms Ankita Jhamoli		Subject: Communicative English Topic: Writing Patient History/ Summary Writing Mr. Saurabh Kumar
16.04.25 Wednesday	Subject: Nursing Foundation I Topic: Factors Influencing Health Dr Harleen Kaur	Subject: Nursing Foundation I Topic: Levels of Care Dr Harleen Kaur	Subject: Applied Anatomy & Applied Physiology Topic: Function of Urethra Ms Ankita Jhamoli	Subject: Applied Psychology Topic: Developmental Psychology Ms Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Sensory and Motor Nervous System Ms Anshika Bhatt		Subject: Applied Sociology Topic: Social Organization and Disorganization Mrs. Neelam Danu
17.04.25 Thursday	Subject: Applied Sociology Topic: Social Determinants of Health in Nursing Mrs. Neelam Danu	Subject: Applied Sociology Topic: Caste and Rural Health Inequities Mrs. Neelam Danu	Subject: Applied Anatomy & Applied Physiology Topic: Micturition Ms Ankita Jhamoli	Subject: Applied Psychology Topic: Personality Ms Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Physiology of Pain Ms Anshika Bhatt		L U N C H College Examination
18.04.25 Friday	Subject: Applied Sociology Topic: Urbanization and Community Health Mrs. Neelam Danu	Subject: Applied Sociology Topic: Social Change Over Time Mrs. Neelam Danu	Subject: Applied Anatomy & Applied Physiology Topic: Application and Implications in Nursing of Nervous System Ms Anshika Bhatt	Subject: Applied Psychology Topic: Cognitive Process Ms Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Glomerular Filtration Rate Ms Ankita Jhamoli		Subject: Applied Sociology Topic: Community Action Against Social Disorganization Mrs. Neelam Danu
19.04.25 Saturday	Subject: Applied Sociology Topic: Traditions and Daily Life Mrs. Neelam Danu	Subject: Applied Sociology Topic: Healthcare Inequality: A Sociological View Mrs. Neelam Danu	Subject: Applied Anatomy & Applied Physiology Topic: Revision Class on Respiratory and Circulatory System Ms Shivangi Hemdan	Subject: Applied Psychology Topic: Motivation and Emotional Process Ms Heena Negi	Subject: Applied Anatomy & Applied Physiology Topic: Regulation of Renal Function Ms Ankita Jhamoli		Subject: Applied Sociology Topic: Domestic Violence and Social Work Mrs. Neelam Danu

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Saurabh
Class Coordinator

Himalayan College of Nursing
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant, Dehradun
Programme: B.Sc. Nursing 1st Semester (Section A & B)

Time Table 21.04.25 to 03.05.25 (02 Week)

Day/Date	Time: 8:30am to 4:30pm
Monday 21.04.25	
Tuesday 22.04.25	
Wednesday 23.04.25	PREPARATORY LEAVE
Thursday 24.04.25	
Friday 25.04.25	
Saturday 26.04.25	
Sunday 27.04.25	
Monday 28.04.25	
Tuesday 29.04.25	
Wednesday 30.04.25	FINAL UNIVERSITY EXAMINATION
Thursday 01.05.25	
Friday 02.05.25	
Saturday 03.05.25	

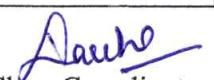
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Swami Rama Himalayan University
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Dehradun-248016


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