

# HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

OFFICE OF THE DEAN CUM PRINCIPAL

## Schedule for Postgraduate (MD/MS) Residents

Days	8:30 AM-9:30 AM	9:30 AM-1:30 PM	1:30 PM-2:30 PM	2:30 PM-4:30 PM
Monday	PG teaching/ Discussion and review	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching	Lunch	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching
Tuesday	PG teaching/ Discussion and review			
Wednesday	PG teaching/ Discussion and review			
Thursday	PG teaching/ Discussion and review			
Friday	PG teaching/ Discussion and review			
Saturday	CME/CGR/CDR			

### \*Following duties are as per the departmental schedule

- The department shall carry out the PG teaching as per the NMC Guidelines and as specified in the respective board of studies - Journal Club, Microteaching, Case presentations, Seminars etc.
- Interdepartmental and intradepartmental postings/Clinical rotations
- Undergraduate Lectures
- Health camps, Field Visits, community Postings
- Emergency departmental Duties (24 hrs duty), Emergency postings as per the schedule of the Post graduates posted in the Emergency prepared by the Dean/ MS.
- 3 months mandatory posting in District Hospital under District Residency Programme (DRP)

**Vice Principal**  
**(PG Medical Programmes)**  
**HIMS, SRHU**  
**Jolly Grant, Dehradun-248016**



Vice Principal (PG Medical Programmes)



Dean-cum-Principal



**DEPARTMENT OF COMMUNITY MEDICINE**  
**POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF JUNE 2025**

Date: 26/05/2025

**Seminar/ Journal Club/ Micr-teaching/ Logbook Check/Thesis Review/Case Study/ D&R – 8:30-9:30 AM**

**CME- 8:30 am- 9: 30 am (Every Saturday)**

**Biostatistics: Every Monday : 1st YR PG: 3:30- 4:30 PM**

**SDL/ Pandemic / FAP (Batch- 2022, 2023)- Every Saturday (10-1 PM)**

**SDL (Batch 2024)- Every Wednesday (2-4 PM)**

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
1	01-06-2025	SUNDAY				
2	02-06-2025	MONDAY	Q&A Session	Q&A Session	All PGs	All Faculty Members
3	03-06-2025	TUESDAY	UG Class	As per schedule	All PGs	As per schedule
4	04-06-2025	WEDNESDAY	I Yr Activity	MT: Indian Consensus guidelines on Adult Immunization	MR	Dr VV
5	05-06-2025	THURSDAY	Discussion & Review	Epidemiological Methods: Case Control Studies	All PGs	Prof SV
6	06-06-2025	FRIDAY	II Yr Activity	Short Case	VR	Dr AS
7	07-06-2025	SATURDAY	CME/CGR/CDR	As per schedule	All PGs	As per schedule
8	08-06-2025	SUNDAY				
9	09-06-2025	MONDAY	Log Book Checking/ Thesis update	Log Book Checking/ Thesis update	All PGs	All Faculty Members
10	10-06-2025	TUESDAY	UG Class	As per schedule	All PGs	As per schedule
11	11-06-2025	WEDNESDAY	I Yr Activity	Nutrition MT: Cereals , millets, pseudo millets	AB	Dr SM
12	12-06-2025	THURSDAY	Discussion & Review	Epidemiological Methods: Cohort Studies	All PGs	Prof AKS
13	13-06-2025	FRIDAY	II Yr Activity	Seminar on Cold Chain and Logistics Management in immunization Programs	CJ	Prof JS
14	14-06-2025	SATURDAY	CME/CGR/CDR	As per schedule	All PGs	As per schedule
15	15-06-2025	SUNDAY				
16	16-06-2025	MONDAY	Q&A Session	Q&A Session	All PGs	All Faculty Members
17	17-06-2025	TUESDAY		Self Study	All PGs	As per schedule
18	18-06-2025	WEDNESDAY	I Yr Activity	Nutrition MT: Pulses	IB	Dr NS
19	19-06-2025	THURSDAY	Discussion & Review	Epidemiological Methods: Cross sectional & Ecological Studies	All PGs	Prof RJ

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
20	20-06-2025	FRIDAY	II Yr Activity	Short Case	CJ	Dr NV
21	21-06-2025	SATURDAY	CME/CGR/CDR	As per schedule	All PGs	As per schedule
22	22-06-2025	SUNDAY				
23	23-06-2025	MONDAY	Log Book Checking/ Thesis update	Log Book Checking/ Thesis update	All PGs	All Faculty Members
24	24-06-2025	TUESDAY		Self Study	All PGs	As per schedule
25	25-06-2025	WEDNESDAY	I Yr Activity	Nutrition MT: Milk & milk products	MR	Dr VV
26	26-06-2025	THURSDAY	Discussion & Review	Epidemiological Methods: Experimental Study designs	All PGs	Prof DS
27	27-06-2025	FRIDAY	II Yr Activity	Seminar on Leadership & Decision Making	VR	Prof SV
28	28-06-2025	SATURDAY	CME/CGR/CDR	As per schedule	All PGs	As per schedule
29	29-06-2025	SUNDAY				
30	30-06-2025	MONDAY	Q&A Session	Q&A Session	All PGs	All Faculty Members

NOTE 1: AG posted in DRP (1st May- 31st Jul)

**Faculty and PGs requested to inform the undersigned in case PG teaching is not held on the given date.**

All MT topics to be moderated atleast 3 days in advance

**TOPICS: IInd YR: Primary Health Care System, Panchayat Raj, National Health Programmes including RCH, Demography & Family Welfare, Health Care Administration, Health Management and Public Health Leadership, Health Policy, Medical Education, Integrating Alternative system of Medicine, Communicable and Non-Communicable diseases, emerging and re-emerging diseases**

**TOPICS: Ist YR: Disease-oriented v/s Preventive approach, health promotion disease control & prevention, Health and human development with analogies/ examples, Primordial, Primary, Secondary and Tertiary prevention with examples**

**Discussion & Review**

**Topics to be presented by assigned PGs and submitted in hard copy to moderator**

Separate individual registers to be maintained for all activities by all residents and signed by the moderator

Question and Answer Register to be maintained by all residents

*A.K. Srivastava*

**Dr A K Srivastava**

**Prof. & Head**

Department of Community Medicine  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Dehradun-248016, Uttarakhand, India

**DEPARTMENT OF COMMUNITY MEDICINE**  
**HIMS SWAMI RAMA HIMALAYAN UNIVERSITY**

**POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF MAY 2025**

Date: 25/04/2025

**Seminar/ Journal Club/ Micr-teaching/ Logbook Check/Thesis Review/Case Study/ D&R – 8:30-9:30 AM**

**CME- 8:30 am- 9: 30 am (Every Saturday)**

Biostatistics: Every Monday : 1st YR PG

3:30- 4:30 PM

**SDL/ Pandemic / FAP (Batch- 2022, 2023)- Every Saturday (10-1 PM)**

SDL (Batch 2024)- Every Wednesday (2-4 PM)

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
1	01-05-2025	Thu	Discussion & Review	Applied Epidemiology: Mesuring Health and Disease	IB, MR& AS	Prof DS
2	02-05-2025	Fri	II Yr Activity	Short Case	CJ	Dr VV
3	03-05-2025	Sat	UG Class	As per schedule	All PGs	As per schedule
4	04-05-2025	Sun				
5	05-05-2025	Mon	Log Book Checking/ Thesis update	Log Book Checking	All PGs	All Faculty Members/ Guide, Co-Guide
6	06-05-2025	Tue	UG Class	As per schedule	All PGs	As per schedule
7	07-05-2025	Wed	I Yr Activity	MT: Typhoid vaccine	AB	Dr AS
8	08-05-2025	Thu	Discussion & Review	National Health Policy: merits and demerits	All PGs	Prof AKS
9	09-05-2025	Fri	II Yr Activity	Short Case	VR	Dr SM
10	10-05-2025	Sat	UG Class	As per schedule	All PGs	As per schedule
11	11-05-2025	Sun				
12	12-05-2025	Mon	Q&A Session	Q&A Session	All PGs	All Faculty Members
13	13-05-2025	Tue	UG Class	As per schedule	All PGs	As per schedule
14	14-05-2025	Wed	I Yr Activity	MT: Varicella Vaccine	MR	Dr NS
15	15-05-2025	Thu	Discussion & Review	Epidemioligical Methods: Descriptive Studies	All PGs	Prof JS
16	16-05-2025	Fri	II Yr Activity	Seminar on 'One Health in India: Concepts, Evolution, Inter-sectoral Coordination, and Global-National Alignment'	CJ	Prof DS
17	17-05-2025	Sat	UG Class	As per schedule	All PGs	As per schedule
18	18-05-2025	Sun				



19	19-05-2025	Mon	Log Book Checking/ Thesis update	Log Book Checking	All PGs	All Faculty Members/ Guide, Co-Guide
20	20-05-2025	Tue	UG Class	As per schedule	All PGs	As per schedule
21	21-05-2025	Wed	I Yr Activity	MT: HPV vaccine	IB	Dr NV
22	22-05-2025	Thu	Discussion & Review	Role of National Health Policy 2017 in Strengthening Primary Health Care (PHC)	All PGs	Prof RJ
23	23-05-2025	Fri	II Yr Activity	Journal Club	CJ	
24	24-05-2025	Sat	UG Class	As per schedule	All PGs	As per schedule
25	25-05-2025	Sun				
26	26-05-2025	Mon	Q&A Session	Q&A Session	All PGs	All Faculty Members
27	27-05-2025	Tue	UG Class & Theory Exam Batch- 2024			
28	28-05-2025	Wed	I Yr Activity & UG Practical Exam Batch- 2024			
29	29-05-2025	Thu	Discussion & Review & UG Practical Exam Batch- 2024			
30	30-05-2025	Fri	II Yr Activity & UG Practical Exam Batch- 2024			
31	31-05-2025	Sat	UG Practical Exam Batch- 2024			

NOTE 1: AG posted in DRP (1st May- 31st ul)

**Faculty and PGs requested to inform the undersigned in case PG teaching is not held on the given date.**

All MT topics to be moderated atleast 3 days in advance

**TOPICS: IInd YR: Primary Health Care System, Panchayat Raj, National Health Programmes including RCH, Demography & Family Welfare, Health Care Administration, Health Management and Public Health Leadership, Health Policy, Medical Education, Integrating Alternative system of Medicine, Communicable and Non-Communicable diseases, emerging and re-emerging diseases**

Primary, Secondary and Tertiary prevention with examples

**Discussion & Review**

**Topics to be presented by assigned PGs and submitted in hard copy to moderator**

Separate individual registers to be maintained for all activities by all residents and signed by the moderator

Question and Answer Register to be maintained by all residents

Prof. & Head  
Department of Community Medicine  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Dehradun-248016, Uttarakhand, India

*A.K. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

**DEPARTMENT OF COMMUNITY MEDICINE  
HIMS SWAMI RAMA HIMALAYAN UNIVERSITY**

**POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF APR 2025**

**Logbook Check, Thesis Review, Case Study/JC /D&R – 8:30-9:30 AM**

Date: 27/02/2024

**CME- 3:30 pm- 4: 30 pm (Every Saturday)**

**Biostatistics: Every Monday : 1st YR PG (3:30- 4:30 PM)**

**SDL/ Pandemic / FAP (Batch- 2022, 2023)- Every Saturday**

**SDL/SGD/FAP SDL (Batch 2024)- Every Wednesday**

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
1	01-04-2025	Tue	UG Class	As per schedule	All PGs	concerned faculty
2	02-04-2025	Wed	UG Practical Exam (Batch 2023)			
3	03-04-2025	Thu	Discussion & Review	Theories of Disease causation and Natural history of Disease	AB, MR & IB	Dr AKS
4	04-04-2025	Fri	I Yr Activity	MR Vaccine	IB	Dr NV
5	05-04-2025	Sat	UG Class	As per schedule		
6	06-04-2025	Sun				
7	07-04-2025	Mon	Presentation	World Health day observation 2025		
8	08-04-2025	Tue	UG Class	As per schedule		
9	09-04-2025	Wed	I Yr Activity	DPT Vaccine	AB	Dr AS
10	10-04-2025	Thu	Discussion & Review	PLA & PRA Techniques	AG & CJ	Dr JS
11	11-04-2025	Fri	II Yr Activity	Journal Club	AG & CJ	Dr NS
12	12-04-2025	Sat	UG Class	As per schedule		
13	13-04-2025	Sun				
14	14-04-2025	Mon	Holiday			
15	15-04-2025	Tue	UG Class	As per schedule		
16	16-04-2025	Wed	I Yr Activity	JE Vaccine	MR	Dr SM
17	17-04-2025	Thu	Discussion & Review	Universal Health Coverage: (SDG Target 3.8)	CJ & AG	Dr RJ

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
18	18-04-2025	Fri	II Yr Activity	Short Case	CJ	Dr V V
19	19-04-2025	Sat	UG Class	As per schedule		
20	20-04-2025	Sun				
21	21-04-2025	Mon		Q/A Session	All PGs	
22	22-04-2025	Tue	UG Class	As per schedule		
23	23-04-2025	Wed	I Yr Activity	Rabies Vaccine	IB	Dr NV
24	24-04-2025	Thu		3rd Sessional Exam (Theory) 2nd year		
25	25-04-2025	Fri		Logbook checking		
26	26-04-2025	Sat	UG Class	As per schedule		
27	27-04-2025	Sun				
28	28-04-2025	Mon		3rd Sessional Exam (Practical) 2nd year		
29	29-04-2025	Tue	UG Class	As per schedule		
30	30-04-2025	Wed		1st Quarterly Assessment (Theory) 1st year		

NOTE 1: VR posted in DRP (Feb-Apr)

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All MT topics to be moderated atleast 3 days in advance

**TOPICS: IInd YR: Primary Health Care System, Panchayat Raj, National Health Programmes including RCH, Demography & Family Welfare, Health Care Administration, Health Management and Public Health Leadership, Health Policy, Medical Education, Integrating Alternative system of Medicine, Communicable and Non-Communicable diseases, emerging and re-emerging diseases**

**TOPICS: Ist YR: Disease-oriented v/s Preventive approach, health promotion disease control & prevention, Health and human development with analogies/ examples, Primordial, Primary, Secondary and Tertiary prevention with examples**

### Discussion & Review

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A.K. Srivastava  
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(Prof. & Head)

**DEPARTMENT OF COMMUNITY MEDICINE**  
**HIMS SWAMI RAMA HIMALAYAN UNIVERSITY**

**POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF MARCH 2025**

Date: 27/02/2024

**Logbook Check, Thesis Review, Case Study/JC /D&R – 8:30-9:30 AM**

**CME- Every Saturday- 3:30 pm- 4: 30 pm**

**Biostatistics: Every Monday 3:30- 4:30 PM**

**SDL/ Pandemic/ FAP (Batch- 2022, 2023)  
Every Saturday (10-1 PM)**

**SDL (Batch 2024)- Every Wednesday (2-4 PM)**

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
1	01-03-2025	Sat	UG Class	Pandemic Module	All PGs	~~~~~
2	03-03-2025	Mon	Log Book Checking	Log Book Checking	All PGs	All Faculty
3	04-03-2025	Tue	UG Class	~~~~~	All PGs	~~~~~
4	05-03-2025	Wed	Q& A session	All Qs from Dec2024- Feb 2025	All PGs to prepare their resp	All Faculty
5	06-03-2025	Thu	Discussion & Review	Assessment of quality of water and air, control of air pollution	1st Year PG	Prof SV
6	07-03-2025	Fri	II Yr Activity	Journal Club	CJ	Dr VV
7	08-03-2025	Sat	UG Class	Pandemic Module	All PGs	~~~~~
8	10-03-2025	Mon	Log Book Checking	Log Book Checking	All PGs	All Faculty
9	11-03-2025	Tue	UG Class	~~~~~	All PGs	
10	12-03-2025	Wed	I Yr Activity	DPT	AB	Dr AS
11	13-03-2025	Thu	Discussion & Review	QA & QC in healthcare	All PGs	Prof DS
12	14-03-2025	Fri	<b>HOLI</b>			
13	15-03-2025	Sat	Self Study			
14	17-03-2025	Mon	Log Book Checking	Log Book Checking	All PGs	All Faculty



SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
15	18-03-2025	Tue	UG Class	~~~~~	All PGs	
16	19-03-2025	Wed	I Yr Activity	OPV& IPV	MR	Dr SM
17	20-03-2025	Thu	Discussion & Review	Dynamics of Vector Transmission and IVM	All PGs	Prof AS
18	21-03-2025	Fri	II Yr Activity	Journal Club	AG	Dr NS
19	22-03-2025	Sat	UG Class	Pandemic Module	All PGs	~~~~~
20	24-03-2025	Mon	Log Book Checking	Log Book Checking	All PGs	All Faculty
21	25-03-2025	Tue	II Yr Activity	Short Case	AG	Dr VV
22	26-03-2025	Wed	I Yr Activity	MMR	AB	Dr NV
23	27-03-2025	Thu	Discussion & Review	PLA & PRA	All PGs	Prof JS
28	28-03-2025	Fri	II Yr Activity	Short Case	CJ	Dr AS
29	29-03-2025	Sat	UG Class	Pandemic Module	All PGs	~~~~~
31	31-03-2025	Mon	Log Book Checking	Log Book Checking	All PGs	All Faculty

NOTE 1: VR posted in DRP (Feb-Apr)

Faculty and PGs requested to inform the undersigned in case PG teaching is not held on the given date.

All MT topics to be moderated atleast 3 days in advance

**JOURNAL CLUB TOPICS: Primary Health Care System, Panchayat Raj, National Health Programmes including RCH, Demography & Family Welfare, Health Care Administration, Health Management and Public Health Leadership, Health Policy, Medical Education, Integrating Alternative system of Medicine, Communicable and Non-Communicable diseases, emerging and re-emerging diseases**

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Department of Community Medicine  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
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*A. K. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

**DEPARTMENT OF COMMUNITY MEDICINE**  
**HIMS SWAMI RAMA HIMALAYAN UNIVERSITY**

**POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF FEB 2025**

Logbook Check, Thesis Review, Case Study/JC /D&R – 8:30-9:30 AM

Date: 30/1/2025

CME- 3:30 pm- 4: 30 pm

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
1	1-02-2025	Sat	CME	~~~~~	All PGs	~~~~~
2	3-02-2025	Mon	Discussion & Review	IPHS Norms and QA in Healthcare	~~~~~	Prof DS
3	4-02-2025	Tue	UG class	As per schedule	ALL PGs	
4	5-02-2025	Wed	Log Book Checking	~~~~~	All PGs	All Faculty
5	6-02-2025	Thu	Discussion & Review	Disease-oriented v/s Preventive approach, health promotion disease control & prevention.	~~~~~	Prof JS
6	7-02-2025	Fri	II yr Presentation	Journal Club (Primary Health Care)	CJ	Dr SM
7	8-02-2025	Sat	UG classes	As per schedule	All PGs	~~~~~
8	10-02-2025	Mon	Microteaching	OPV and IPV	MR	Dr NS
9	11-02-2025	Tue	UG class	As per schedule	ALL PGs	~~~~~
10	12-02-2025	Wed	Log Book Checking	~~~~~	All PGs	All Faculty
11	13-02-2025	Thu	Discussion & Review	National Health Policy 1983,2022,2017: SWOT analysis of the policy and debate on evidence based recommendations, additions, deletions	~~~~~	Prof AKS
12	14-02-2025	Fri	II yr Presentation	Short Case	AG	Dr VV
13	15-02-2025	Sat	UG class	As per schedule	ALL PGs	~~~~~
14	17-02-2025	Mon	Microteaching	Hepatitis B vaccine	AS	Dr AS
15	18-02-2025	Tue	UG class	As per schedule	ALL PGs	~~~~~
16	19-02-2025	Wed	Log Book Checking	~~~~~	All PGs	All Faculty
17	20-02-2025	Thu	Discussion & Review	Water purification, water testing, water borne diseases and WASH Program	~~~~~	Prof RJ
18	21-02-2025	Fri	II yr Presentation	Journal Club	AG	Dr NS

19	22-02-2025	Sat	UG class	As per schedule	ALL PGs	~~~~~
20	24-02-2025	Mon	Microteaching	Pentavac	MR	Dr NV
21	25-02-2025	Tue	UG class	As per schedule	ALL PGs	~~~~~
22	26-02-2025	Wed	~~~~~	GH (Shivratri)	~~~~~	~~~~~
23	27-02-2025	Thu	Discussion & Review	Q and A session	All PGs	All Faculty
24	28-02-2025	Fri	II yr Presentation	Short Case	CJ	Dr VV

NOTE 1: VR posted in DRP (Feb-Apr)

**Faculty and PGs requested to inform the undersigned in case PG teaching is not held on the given date.**

All MT topics to be moderated atleast 3 days in advance

**JOURNAL CLUB TOPICS:**

Primary Health Care System, Panchayat Raj, National Health Programmes including RCH, Demography & Family Welfare, Health Care Administration, Health Management and Public Health Leadership, Health Policy, Medical Education, Integrating Alternative system of Medicine, Communicable and Non-Communicable diseases, emerging and re-emerging diseases

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Question and Answer Register to be maintained by all residents

*A.K. Srivastava*

Dr A K Srivastava

(Prof. & Head)

Department of Community Medicine  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Rama Nagar, Jolly Grant

Graduate-2016-17, Charakband, India

**DEPARTMENT OF COMMUNITY MEDICINE**  
**HIMS SWAMI RAMA HIMALAYAN UNIVERSITY**

**POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF JAN 2025**

Date: 30/12/2024

Logbook Check, Thesis Review, Case Study/JC /D&R – 8:30-9:30 AM

CME- 3:30 pm- 4: 30 pm

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
1	1-01-2025	Wed	Log Book Checking	~~~~~	All PGs	All Faculty
2	2-01-2025	Thu	Discussion & Review	Introduction to Public Health: Evolutionary History and mile-stones in Public Health– National and International levels.	All PGs	Prof AKS
3	3-01-2025	Fri	Short Case	Short Case Format Presentation	AG	Dr VV
4	4-01-2025	Sat	CME	~~~~~	All PGs	
5	6-01-2025	Mon	Microteaching	NIS	AB	Dr AS
6	7-01-2025	Tue	Short Case	ARI with pneumonia	VR	Dr SM
7	8-01-2025	Wed	Log Book Checking	~~~~~	All PGs	All Faculty
8	9-01-2025	Thu	Discussion & Review	Disease-oriented v/s Preventive approach, health promotion disease control & prevention.	All PGs	Prof JS
9	10-01-2025	Fri	Journal Club	Primary Health Care	AG	Dr NS
10	11-01-2025	Sat	CME	~~~~~	All PGs	
11	13-01-2025	Mon	Microteaching	BCG	AB	Dr NV
12	14-01-2025	Tue	Short Case	Diarrhoea	AKB	Dr VV
13	15-01-2025	Wed	Log Book Checking	~~~~~	All PGs	All Faculty
14	16-01-2025	Thu	Discussion & Review	A systems approach to Primary Health Care : Global	All PGs	Prof RJ
15	17-01-2025	Fri	Journal Club	Primary Health Care	VR	Dr AS
16	18-01-2025	Sat	CME	~~~~~	All PGs	
17	20-01-2025	Mon	Microteaching	PG- University Exam	AB	Dr SM
18	21-01-2025	Tue	Short Case	PG- University Exam	AG	Dr NS
19	22-01-2025	Wed	Log Book Checking	PG- University Exam	All PGs	All Faculty



20	23-01-2025	Thu	Discussion & Review	PG- University Exam	All PGs	Prof SV
21	24-01-2025	Fri	Journal Club	Primary Health Care	VR	Dr NV
22	25-01-2025	Sat	CME	~~~~~	All PGs	
23	27-01-2025	Mon	Microteaching	Rotavirus Vaccines	AB	Dr VV
24	28-01-2025	Tue	Short Case	Vitamin Deficiencies	AG	Dr AS
25	29-01-2025	Wed	Log Book Checking	~~~~~	All PGs	All Faculty
26	30-01-2025	Thu	Discussion & Review	IPHS norms and QA in Health care	All PGs	Prof DS
27	31-01-2025	Fri	Q&A session	Q&A session	All PGs	All Faculty

**NOTE 1:** CJ posted in DRP (Nov-Jan)

**Faculty and PGs requested to inform the undersigned in case PG teaching is not held on the given date.**

All MT topics to be moderated atleast 3 days in advance

Separate individual registers to be maintained for all activities by all residents and signed by the moderator

Question and Answer Register to be maintained by all residents

*A.K. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

Department of Community Medicine  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Gadun-248016, Uttarakhand-India

# DEPARTMENT OF COMMUNITY MEDICINE

PG Duty Roster for January- 2025

Date: 26/12/2025

Date	Day	UG Batch-2021	UG Batch-2023	Rishikesh SPS Hospital	UHTC Doiwala	RHTC Gohrimafi
1	Wed		AB	VR	AG	IT
2	Thu		VR	AG	IT	AB
3	Fri		AG	IT	AB	VR
4	Sat		IT	AB	VR	AG
5	Sunday (Weekly off)					
6	Mon		AB	VR	AG	IT
7	Tue		VR	AG	IT	AB
8	Wed		AG	IT	AB	VR
9	Thu		IT	AB	VR	AG
10	Fri		AB	VR	AG	IT
11	Sat		VR	AG	IT	AB
12	Sunday (Weekly off)					
13	Mon		AG	IT	AB	VR
14	Tue		IT	AB	VR	AG
15	Wed		AB	VR	AG	IT
16	Thu		VR	AG	IT	AB
17	Fri		AG	IT	AB	VR
18	Sat		IT	AB	VR	AG
19	Sunday (Weekly off)					
20	Mon		AB	VR	AG	IT
21	Tue		VR	AG	IT	AB
22	Tue	AG,VR		IT	AB	
23	Tue	NH,AB	IT		VR	AG
24	Tue	NH, AG	AB	VR		IT
25	Tue	VR, AG			IT	AB
26	Sunday (Weekly off)					
27	Mon		AG	IT	AB	VR
28	Tue		IT	AB	VR	AG
29	Wed		AB	VR	AG	IT
30	Thu		VR	AG	IT	AB
31	Fri		AG	IT	AB	VR

NH Dr Niharika Verma, SR  
 VR Dr Vaibhav Rana, JR-2023  
 CJ Dr Chirag Joshi, JR-2023, **DRP**  
 AG Dr Avani Gupta, JR-2023  
 AB Dr Abhinav Semwal, JR-2024  
 IT Dr Isha Tyagi, Tutor

A.K. Srivastava

Dr. A K Srivastava  
 (Prof. & Head)

Prof. & Head  
 Department of Community Medicine  
 Himalayan Institute of Medical Sciences  
 Swami Rama Himalayan University  
 Swami Ram Nagar, Jolly Grant  
 Dehradun-248016, Uttarakhand, India

# DEPARTMENT OF COMMUNITY MEDICINE

PG Duty Roster for December- 2024

Date: 25/11/2024

Date	Day	UG Batch-2021	UG Batch-2023	Rishikesh SPS Hospital	UHTC Doiwala	RHTC Gohrimafi
1	Sunday (Weekly off)					
2	Mon	VR	AG	IT	NH	AKB
3	Tue	AG	IT	NH	AKB	VR
4	Wed	IT	NH	AKB	VR	AG
5	Thu	NH	AKB	VR	AG	IT
6	Fri	AKB	VR	AG	IT	NH
7	Sat	VR	AG	IT	NH	AKB
8	Sunday (Weekly off)					
9	Mon	AG	IT	NH	AKB	VR
10	Tue	IT	NH	AKB	VR	AG
11	Wed	IT	NH	AKB	VR	AG
12	Thu	NH	AKB	VR	AG	IT
13	Fri	NH	AKB	VR	AG	IT
14	Sat	AKB	VR	AG	IT	NH
15	Sunday (Weekly off)					
16	Mon	VR	AG	IT	NH	AKB
17	Tue	AG	IT	NH	AKB	VR
18	Wed	IT	NH	AKB	VR	AG
19	Thu	NH	AKB	VR	AG	IT
20	Fri	AKB	VR	AG	IT	NH
21	Sat	VR	AG	IT	NH	AKB
22	Sunday (Weekly off)					
23	Mon	AG, VR	NH	IT	AKB	
24	Tue	NH, IT	VR		VR	AKB
25	Wednesday (Cristmas Holiday)					
26	Thu	-	NH	VR	AKB	IT
27	Fri	NH, IT	VR		AKB	AG
28	Sat	AG, VR		NH	IT	AKB
29	Sunday (Weekly off)					
30	Mon	AKB, IT	VR	AG	NH	
31	Tue	-	AG	VR	AKB	NH

NH Dr Niharika Verma, SR  
 AKB Dr Anil Kumar Bisht, JR-2021  
 VR Dr Vaibhav Rana, JR-2023  
 CJ Dr Chirag Joshi, JR-2023, **DRP**  
 AG Dr Avani Gupta, JR-2023  
 IT Dr Isha Tyagi, Tutor

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 Dehradun-248016, Uttarakhand, India

# DEPARTMENT OF COMMUNITY MEDICINE

PG Duty Roster for November- 2024

Date:  
25/10/2024

Date	Day	UG Batch- 2021	UG Batch- 2022	UG Batch- 2023	Rishikesh SPS Hospital	UHTC Doiwala	RHTC Gohrimafi
1	Fri	AKB	AG	VR	IT		NH
2	Sat	AG			IT	VR	AKB
3	Sunday (Weekly off)						
4	Mon	IT	AKB	NH		VR	AG
5	Tue	AG	NH	VR	IT	AKB	
6	Wed	VR	AKB		IT	NH	AG
7	Thu	AKB	AG	IT		VR	NH
8	Fri	VR	NH	AG		AKB	IT
9	Sat	AG	AKB		NH	IT	VR
10	Sunday (Weekly off)						
11	Mon	AKB	NH	IT	VR		AG
12	Tuesday (Igaas Holiday)						
13	Wed	AG	IT	VR	NH	AKB	
14	Thu	NH	VR	AG		IT	
15	Friday (Gurunanak Jayanti)						
16	Sat	VR	AG			NH	IT
17	Sunday (Weekly off)						
18	Mon	NH	AG	VR	IT		
19	Tue	AG	IT	NH		VR	
20	Wed	VR	NH	AG			IT
21	Thu	IT	AG	NH		VR	
22	Fri	AG	VR	IT		NH	
23	Sat	NH	IT			VR	AG
24	Sunday (Weekly off)						
25	Mon	VR	AG	IT		AKB	NH
26	Tue	AG	VR	NH	AKB	IT	
27	Wed	VR	NH	AG	IT		
28	Thu	IT	AKB	NH		AG	VR
29	Fri	AKB	AG	VR	IT	NH	
30	Sat	VR	AG	AKG	IT	AKB	

NH Dr Niharika Verma, SR  
 AKB Dr Anil Kumar Bisht, JR-2021  
 VR Dr Vaibhav Rana, JR-2023  
 CJ Dr Chirag Joshi, JR-2023, **DRP**  
 AG Dr Avani Gupta, JR-2023  
 IT Dr Isha Tyagi,  
 Tutor

*A.K. Srivastava*

Dr. A K Srivastava  
 (Prof. & Head)

Prof. & Head

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 Himalayan Institute of Medical Sciences  
 Swami Rama Himalayan University  
 Swami Ram Nagar, Jolly Grant  
 Dehradun-248016, Uttarakhand, India



**DEPARTMENT OF COMMUNITY MEDICINE**  
**HIMS SWAMI RAMA HIMALAYAN UNIVERSITY**

**POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF NOV 2024**

**Biostatistics Timing: 3:30- 4:30 PM**

**Date: 28/10/2024**

**Logbook Check, Thesis Review, Case Study/JC /D&R – 3:30- 4:30 PM**

**CME- 3:30 pm- 4: 30 pm**

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
1	01-11-2024	Fri	Long Case	(Diabetics)	AKB	Prof AKS
2	02-11-2024	Sat	CME	~~~~~	All PGs	~~~~~
3	04-11-2024	Mon	Biostatistics	~~~~~	All PGs	Mrs AU/Mr AB
4	05-11-2024	Tue	JC	Primary Health Care	VR	Dr VV
5	06-11-2024	Wed	Epid Exercise	Epidemic Curves	All PGs	Dr AS
6	07-11-2024	Thu	Discussion& Review	India's Family Planning Program: History and Evolution	All PGs	Prof JS
7	08-11-2024	Fri	Short Case	Cataract	AKB	Prof RJ
8	09-11-2024	Sat	CME	~~~~~	All PGs	~~~~~
9	11-11-2024	Mon	Biostatistics	~~~~~	All PGs	Mrs AU/Mr AB
10	12-11-2024	Tue	Igaas	GH	~~~~~	~~~~~
11	13-11-2024	Wed	Epid Exercise	PPV,NPV	All PGs	Dr SM
12	14-11-2024	Thu	Discussion & Review	Primary Health Care (journey from Alma Ata declaration to present day)	All PGs	Prof SV
13	15-11-2024	Fri	Guru Nank Jayanti	GH	~~~~~	~~~~~
14	16-11-2024	Sat	CME	~~~~~	All PGs	~~~~~
15	18-11-2024	Mon	Biostatistics	~~~~~	All PGs	Mrs AU/Mr AB
16	19-11-2024	Tue	Journal Club	provisions of various health schemes such as Janani Suraksha Yojana		Dr NS
17	20-11-2024	Wed	Epid Exercise	SN, SP	All PGs	Dr NV
18	21-11-2024	Thu	Pre University Exam	Final Year Batch 2021	Dr AKB	
19	22-11-2024	Fri	D&R	Universal Health Coverage	All PGs	Prof DS
20	23-11-2024	Sat	CME	~~~~~	All PGs	~~~~~

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
21	25-11-2024	Mon	Biostatistics	~~~~~	All PGs	Mrs AU/Mr AB
22	26-11-2024	Tue	Journal Club	Rashtriya Swasthya Beema Yojana	VR	Dr VV
23	27-11-2024	Wed	Epid Exercise	Bias, Confounding, and Effect Modification	All PGs	Dr AS
24	28-11-2024	Thu	Discussion& Review	Q and A Session	All PGs	All Faculty
25	29-11-2024	Fri	Long Case	HTN	AKB	Prof SV
26	30-11-2024	Sat	CME	~~~~~	All PGs	~~~~~

**NOTE 1:** Kindly give standard exercises with solutions

**NOTE 2** Topics for Journal Club: Primary Health Care, provisions of various health schemes such as Janani Suraksha Yojana, Rashtriya Swasthya Beema Yojana, Rajiv Gandhi Jeevandayi Arogya Yojana etc.

**NOTE 3:** Dr Chirag Joshi will be posted in Coronation Hospital Dehradun under DRP from 1st Nov 2024-31st Jan 2025

**Faculty and PGs requested to inform the undersigned in case PG teaching is not held on the given date.**

All MT topics to be moderated atleast 3 days in advance

Separate individual registers to be maintained for all activities by all residents and signed by the moderator

Question and Answer Register to be maintained by all residents

*A. K. Srivastava*

Dr A K Srivastava  
(Prof. & Head)

**Prof. & Head**

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Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Dehradun-248016, Uttarakhand, India

**Department of Community Medicine, HIMS, SRHU**

**PG Duty Roster for October 2024**

Date: 27.09.2024

Date	Day	Batch 2021	Batch 2022	Batch 2023	Rishikesh SPS Hospital	UHTC, Doiwala	RHTC, Gauhri Mafi
1	Tues	AG	VR	CJ	IT		
2	Wed	<b>Gandhi Jayanti Holiday</b>					
3	Thurs	IT	AG	CJ	VR		
4	Fri	AG	IT		CJ	VR	
5	Sat	AG			IT	CJ	VR
6	Sun	<b>SUNDAY</b>					
7	Mon	CJ	AG	VR	IT		
8	Tues	IT	VR	AG	CJ		
9	Wed	VR	AG	CJ	IT		
10	Thurs	CJ	VR	IT	AG		
11	Fri	VR	CJ	AG	IT		
12	Sat	<b>DUSSERHA</b>					
13	Sun	<b>SUNDAY</b>					
14	Mon	CJ	AG	IT	VR	AKB	
15	Tues	AKB	IT	CJ	AG	VR	
16	Wed	CJ	VR	AG	IT	AKB	
17	Thurs	VR	IT	AKB	CJ	AG	
18	Fri	<b>Sessional Exams</b>		CJ	IT	VR	AG
19	Sat				CJ	AG	VR
20	Sun	<b>SUNDAY</b>					
21	Mon	<b>Sessional Exams</b>		AKB	VR	AG	CJ
22	Tues	<b>PG practical exam</b>				AKB	
23	Wed	<b>Sessional Exams</b>		AG	VR	CJ	AKB
24	Thurs			AKB	AG	VR	CJ
25	Fri			VR	IT	AG	CJ
26	Sat				AKB	CJ	VR
27	Sun	<b>SUNDAY</b>					
28	Mon	<b>Deepawali Vacations</b>			AKB	CJ	VR
29	Tues				VR	AG	CJ
30	Wed				AKB	VR	AG
31	Thurs	<b>DIWALI</b>					

AKB: Dr. Anil Kumar Bisht

VR: Dr. Vaibhav Rana

CJ: Dr. Chirag Joshi

AG: Dr. Avani Gupta

IT: Dr. Isha Tyagi

*A.K. Srivastava*

**Dr. Ashok Kumar Srivastava**

**Prof. & Head**

Prof. & Head  
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**DEPARTMENT OF COMMUNITY MEDICINE**  
**HIMS SWAMI RAMA HIMALAYAN UNIVERSITY**

**POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF OCT 2024**

**Biostatistics Timing: 3:30- 4:30 PM**

Date: 28/09/2024

**Logbook Check, Thesis Review, Case Study/JC /D&R – 3:30- 4:30 PM**

**CME- 3:30 pm- 4: 30 pm**

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
1	01-10-2024	Tue	MT/JC	<u>Health-Related Quality of Life Measurement in Type 2 Diabetes</u>	AG	Dr VV
2	02-10-2024	Wed	Epid Exercise	Epid exercise solution discussion	All PGs	Dr AS
3	03-10-2024	Thu	Discussion& Review	Breast Cancer amongst young women	All PGs	Prof JS
4	04-10-2024	Fri	Seminar/ LC/SC	1 Long Case	AKB	Prof AKS
5	05-10-2024	Sat	CME		All PGs	~~~~~
6	07-10-2024	Mon	Biostatistics		All PGs	Mrs AU/Mr AB
7	08-10-2024	Tue	MT/JC	Pradhan Mantri Ayushman Bharat Health Infrastructure Mission (PM-ABHIM)	CJ	Prof RJ
8	09-10-2024	Wed	Epid Exercise	Epid exercise solution discussion	All PGs	Dr NS
9	10-10-2024	Thu	Discussion& Review	Updates in Public health: MPOX and Trachoma	All PGs	Prof SV
10	11-10-2024	Fri	Seminar/ LC/SC	2 Long Case	AKB	Prof DS
11	14-10-2024	Mon	Biostatistics		All PGs	Mrs AU/ Mr AB
12	15-10-2024	Tue	MT/JC	JC: (NAFLD) integration into India's NCD program – Obstacles and solutions for the implementation of guidelines at the national level	VR	Dr NV
13	16-10-2024	Wed	Epid Exercise	Retracing steps: John Snow's experiment	All PGs	Dr VV
14	17-10-2024	Thu	Discussion& Review	3 Long Case	AKB	Prof JS
15	18-10-2024	Fri	Seminar/ LC/SC	Mentor Mentee meeting, Log book checking, Thesis Review	AKB	All Faculty
16	19-10-2024	Sat	CME		All PGs	~~~~~



**DEPARTMENT OF COMMUNITY MEDICINE**  
**HIMS SWAMI RAMA HIMALAYAN UNIVERSITY**

**POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF OCT 2024**

Date: 28/09/2024

**Biostatistics Timing: 3:30- 4:30 PM**

**Logbook Check, Thesis Review, Case Study/JC /D&R – 3:30- 4:30 PM**

**CME- 3:30 pm- 4: 30 pm**

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
17	21-10-2024	Mon	Biostatistics	~~~~~	All PGs	Mrs AU/Mr AB
18	22-10-2024	Tue	MT/JC	JC	AG	Dr SM
19	23-10-2024	Wed	Epid Exercise	Introduction to epidemiological soft ware: Epi Info	All PGs	Dr AS
20	24-10-2024	Thu	Discussion& Review	Importance of behavior change communication (BCC)	All PGs	Prof AKS
21	25-10-2024	Fri	Seminar/ LC/SC	Long Case	AKB	Prof RJ
22	26-10-2024	Sat	CME	~~~~~	All PGs	~~~~~
23	28-10-2024	Mon	Biostatistics	~~~~~	~~~~~	Mrs AU/Mr AB
24	29-10-2024	Tue	MT/JC	JC	CJ	Dr SM
25	30-10-2024	Wed	Epid Exercise	Hands on epidemiological soft ware: Epi Info	All PGs	Dr NS
26	31-10-2024	Thu	Discussion& Review	Influence of social and behavioral practices on health	All PGs	Prof SV

**NOTE 1:** Kindly give standard exercises with solutions

**Faculty and PGs requested to inform the undersigned in case PG teaching is not held on the given date.**

All MT topics to be moderated atleast 3 days in advance

Separate individual registers to be maintained for all activities by all residents and signed by the moderator

Question and Answer Register to be maintained by all residents

*A.k. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

# DEPARTMENT OF COMMUNITY MEDICINE PG DUTY SCHEDULE

Date: 8/8/2024

SR/PG Posting Schedule (Aug- Sep 2024)			
Day	District Hospital	Thesis	Department
Monday	Dr IT	Dr CJ	Dr DC/Dr AKB/Dr AG/VR
Tuesday	Dr CJ	Dr AG	Dr AKB/Dr VR/Dr IT
Wednesday	Dr IT	Dr VR	Dr DC/Dr AKB/Dr CJ/Dr AG
Thursday	Dr VR	Dr CJ	Dr AKB/Dr AG/Dr IT
Friday	Dr IT	Dr AG	Dr DC/Dr AKB/Dr CJ/Dr VR
Saturday	Dr AG	Dr VR	Dr DC/Dr AKB/Dr CJ/Dr IT

Dr IT	Dr Isha Tyagi
Dr AG	Dr Avani Gupta
Dr CJ	Dr Chirag Joshi
Dr VR	Dr Vaibhav Rana
Dr AKB	Dr Anil Kumar Bisht

*A. K. Srivastava*

Dr A K Srivastava

Prof. & Head  
Department of Community Medicine  
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**DEPARTMENT OF COMMUNITY MEDICINE**  
**HIMS SWAMI RAMA HIMALAYAN UNIVERSITY**

**POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF JULY -2024**

**Biostatistics Timing: 3:30- 4:30 PM**

**Date: 27/06/2024**

**Logbook Check, Thesis Review, Case Study/JC /D&R – 3:30- 4:30 PM**

**CME- 3:30 pm- 4: 30 pm**

SN	Date	Day	Teaching Activity	Topic	Presenter	Moderator/ Incharge
1	01-07-2024	Mon	Biostatistics	~~~~~	All PGs	Mrs AU/Mr AB
2	02-07-2024	Tue	MT/ JC	Review Article Q&A Session	CJ	Dr DS
3	03-07-2024	Wed	Epid Exercise	Basic measurements in epidemiology Practice session (Rate/ Ratio/Proportion)	All PGs	Dr AS
4	04-07-2024	Thu	Discussion& Review	Experimental Study Designs	All PGs	Prof SV
5	05-07-2024	Fri	Seminar/ LC/SC	Short Case	AKB	Dr SM
6	06-07-2024	Sat	CME	~~~~~	All PGs	~~~~~
7	08-07-2024	Mon	Biostatistics	~~~~~	All PGs	Mrs AU/Mr AB
8	09-07-2024	Tue	MT/ JC	Hormonal Contraception	VR	Dr NS
9	10-07-2024	Wed	Epid Exercise	Morbidity and Mortality Rates	All PGs	Dr NV
10	11-07-2024	Thu	Discussion& Review	Risk Estimation in Epidemiology	All PGs	Dr DS
11	12-07-2024	Fri	Seminar/ LC/SC	Long Case	AKB	Prof AKS
12	13-07-2024	Sat	CME	~~~~~	All PGs	~~~~~
13	15-07-2024	Mon	Biostatistics	~~~~~	All PGs	Mrs AU/Mr AB
14	16-07-2024	Tue	MT/ JC	Editorial	AG	Dr VV
15	17-07-2024	Wed	Epid Exercise	Fertility Rates	All PGs	Dr AS
16	18-07-2024	Thu	Discussion& Review	Bias and Confounding	All PGs	Prof JS
17	19-07-2024	Fri	Seminar/ LC/SC	Pradhan Mantri Jan Arogya Yojana (PM-JAY)	AKB	Prof RJ
18	20-07-2024	Sat	CME	~~~~~	All PGs	~~~~~
19	22-07-2024	Mon	Biostatistics	~~~~~	All PGs	Mrs AU/Mr AB
20	23-07-2024	Tue	MT/ JC	IUCDs	CJ	Dr SM

21	24-07-2024	Wed	Epid Exercise	Fertility Rates and Natality Rates	All PGs	Dr NS
22	25-07-2024	Thu	Discussion& Review	Screening and Evaluation of screening programs	All PGs	Prof SV
23	26-07-2024	Fri	Seminar/ LC/SC	Short Case	AKB	Dr DS
24	27-07-2024	Sat	CME	~~~~~	All PGs	~~~~~
25	29-07-2024	Mon	Biostatistics	~~~~~	All PGs	Mrs AU/Mr AB
26	30-07-2024	Tue	MT/ JC	Review Article Q&A Session	VR	
27	31-07-2024	Wed	Epid Exercise	Class Test	All PGs	~~~~~

**NOTE 1:** Kindly give standard exercises with solutions

**NOTE 2:**

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