

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

OFFICE OF THE DEAN CUM PRINCIPAL

Schedule for Postgraduate (MD/MS) Residents

Days	8:30 AM-9:30 AM	9:30 AM-1:30 PM	1:30 PM-2:30 PM	2:30 PM-4:30 PM
Monday	PG teaching/ Discussion and review	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching	Lunch	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching
Tuesday	PG teaching/ Discussion and review			
Wednesday	PG teaching/ Discussion and review			
Thursday	PG teaching/ Discussion and review			
Friday	PG teaching/ Discussion and review			
Saturday	CME/CGR/CDR			

*Following duties are as per the departmental schedule

- The department shall carry out the PG teaching as per the NMC Guidelines and as specified in the respective board of studies - Journal Club, Microteaching, Case presentations, Seminars etc.
- Interdepartmental and intradepartmental postings/Clinical rotations
- Undergraduate Lectures
- Health camps, Field Visits, community Postings
- Emergency departmental Duties (24 hrs duty), Emergency postings as per the schedule of the Post graduates posted in the Emergency prepared by the Dean/ MS.
- 3 months mandatory posting in District Hospital under District Residency Programme (DRP)

Vice Principal
(PG Medical Programmes)
HIMS, SRHU
Jolly Grant, Dehradun-248016

Vice Principal (PG Medical Programmes)

Dean-cum-Principal



HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/25/18.4- 280

Date: 08.05.2025

POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF JUNE 2025
TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM

Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
02-June-025	Mon		Clinico-Pathological meet		Dr. Anandi Singh	Concerned Faculty
03-June-025	Tue	Muscles of respiration-Dr. Kunav Pal	Seminar	Hyperprolactinemia an approach	Dr. KunavPal Goyal	Dr. Naveen
04-June-025	Wed	Types of Respirations- Dr. Manas	Seminar	Acute febrile illness -Approach and management	Dr. Prerna Pahwa	Prof. Akram, Dr. Akash
05-June-025	Thu	Surface markings of the lungs -Dr. Mihika	Case presentation		Dr. Pathar Rushikesh	Prof. Sohaib, Dr. Mitali
06-June-025	Fri		Logbook review		PG 2022 Batch	Prof. Reshma
07-June-025	Sat	CME/CGR/CDR				
09-June-025	Mon		Clinico Neuro Medicine Meet		Dr. Aditya Verma, Dr. Gaurav	Concerned faculty of Neurology dept
10-June-025	Tue	Areas of the chest -Dr. Prerna	Seminar (Recent advances)	Diabetic Neuropathy -An update	Dr. Monish Saifi	Prof. Reshma, Dr. Shubhanshu
11-June-025	Wed	Trail sign -Dr. Sanjeev	Seminar	Approach to a case of Refractory seizures and management of status epilepticus	Dr. Keshav Maheshwari	Prof. Sohaib, Dr. Akash
12-June-025	Thu	Hoover's sign Dahl's sign-Dr. Saumya	Case presentation		Dr. Priyanshi Garg	Prof. S.K. Verma, Dr. Naveen
13-June-025	Fri	Paradoxical Respiration	Mortality meet		Dr. Cherry Bansal	Concerned Unit
14-June-025	Sat	CME/CGR/CDR				
16-June-025	Mon	Oliver sign, campbell sign -Dr. Sumit	Journal Club	Lepodisiran — A Long-Duration Small Interfering RNA Targeting Lipoprotein(a) (NEJM March 30,2025; 392:1673-1683)	Dr. Yashveer Chand	Prof. Sohaib, Dr. Vikas
17-June-025	Tue	Orthopnoea -Dr. Yashveer	Seminar	Sjogren Syndrome and its overlap syndrome /diseases	Dr. Sanjeev Singh	Dr. Naveen, Dr. Amit
18-June-025	Wed	PND-Dr. Aadesh	Seminar	Liver failure: Acute, chronic, and fulminant.	Dr. Saumya Krishali	Prof. Akram, Dr. Shubhanshu
19-June-025	Thu		Faculty lecture	Stroke	All PG students	Prof. Deepak Goel, HOD Neurology
20-June-025	Fri		Logbook review		PG 2023 Batch	Prof. Reshma,
21-June-025	Sat	MRC Grade -Dr. Abhishek				
23-June-025	Mon	CME/CGR/CDR	Seminar	Interstitial lung diseases -An approach	Dr. Sumit Kumar	Prof. Reshma, Vikas
24-June-025	Tue	Platypnea -Dr. Bharti	Group discussion	Case Presentation - Gazing into a Crystal Ball (NEJM April 30, 2025;392:1733-1738)	Dr. Siddharth Pundir	Dr. Naveen, Dr. Akash
25-June-025	Wed	Expectoration (Sputum abnormalities) -Dr. Chirag	Clinico Radiological meet	Point of care Ultrasound (POCUS)	Dr. Gagan Bansal	Prof. RM Kaushik, Dr. Chandan
26-June-025	Thu	5 th Sessional Theory Examination of final year PG students (2022 Batch)				
27-June-025	Fri	5 th Sessional Practical Examination of final year PG students (2022 Batch)				
28-June-025	Sat	CME/CGR/CDR				
30-June-025	Mon		Faculty meeting			

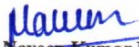
Grand rounds on first Monday & fourth Friday of the month

In case any PG student who has to present the PG program proceeds on leave on that particular day, he/she will ensure that next Person in order of his/her batch shall present the programme.

All the Postgraduates are required to attend the departmental PG activity. Anybody found absent without prior permission would be marked absent for that particular day.

The concerned PG student has to prepare the topic of his/her Seminar/Journal Club & consult to respective moderator one week before the presentation.

Clinical pearl shall be moderated by the concerned unit SR/any SR.


Dr. Naveen Kumar Rajput
Coordinator, PG Teaching

Copy to :: The Principal, HIMS
:: Vice Principal (PG Programme)
:: HOD Pathology :: HOD, Neurology HOD:: Radiology: All Units of General Medicine


Dr. Sohaib Ahmad
Professor & Head
Professor & Head
Dept. of General Medicine
HIMS, Swami Ram Nagar
Dehradun (U.K.)

**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2025/320

Date: 21 May 2025

Posting schedule of postgraduate students for the month of June 2025

UNITS	Postgraduate students		
	3 rd year (2022-23 Batch)	2 nd year (2023-24 Batch)	1 st Year (2024-25 Batch)
IMC/Medical Wards	Dr. Priyanshi Garg	Dr. Gaurav Kumar Sharma	
Ward No.209-B (ICU level-I)	Dr. Aditya Verma	Dr. Keshav Maheshwari	
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash, Dr. Brajesh, Dr. Nisha)	Dr. Astha (RMK, SC, AR) Dr. Siddharth Pundir(RMK,SC,AR)	----	Dr. Kumar Pal Goyal (RMK, SC/AR) Dr. Dhruv Joshi (RMK, SC/AR) Dr. Prerna Pahwa(Endo)
Unit-II (Prof. Sohaib Ahmad, Prof. Shabbaj, Dr. Mitali, Dr. Chandan Goyal)	Dr. Cherry Bansal (SA/MV) Dr. Anandi Singh (MV/SA) Dr. Shrey Singh (Nephro)	----	Dr. Bharti Garg(SA/MV/CG) Dr. Iram Rehman (MV/SA/CG) **Dr. Mihika Aggarwal (CG/SA/MV) Dr. Yashveer Chand (Nephro)
Unit-III (Prof. Reshma, Dr. Naveen Dr. Amit, Dr. Shekhar, Dr. Dipesh)	Dr. Madhav Garg(RK/NK/AB/SK) Dr. Shivam Todaria (RK/NK/AB/SK) Dr. Gagan Bansal(RK/NK/AB/SK)	----	Dr. Chirag Garg(RK) Dr. Sanjeev Singh(NK) Dr. Manas Naithani(AB) Dr. Saumya Krishali (SK)
Unit-IV (Prof. SK Verma, Dr. Mohd Akram, Dr. Vikas Chandel, Dr. Rishabh Chauhan)	Dr. Kamal Singh (Onco) Dr. Mohit Dhondiyal (MA) **Dr. Yashika Gurung (RC) Dr. Pathar Rushikesh (Nephro)	----	Dr. Aadesh Garg (Onco) Dr. Abhishek Garg (Onco) Dr. Keshav Garg (MA) Dr. Sumit Kumar (Nephro)
Gastroenterology	Dr. Monishi Saifi	Dr. Jyoti Dobhal	----
Cardiology	----	Dr. Aditi Bhatt, Dr. Apoorv	----
Neurology	----	Dr. Varan Goyal, *Dr. Shreya Sagar	----
Emergency	----	Dr. Abhishek Lall, Dr. Lipika	----
ICU	----	Dr. Harsh Goyal, Dr. Mayank Nautiyal	----
District Residency Posting	----	Dr. Nitohit Gupta, Dr. Saurabh Khadkiya, Dr. Chhaya Bora, Dr. Vikas NR Nama	----

- Residents posted in Wards (Ward/No.209, 209-B) shall report to HOD and work under supervision of HOD.
- *Dr. Shreya Sagar, Junior Resident will do night duty with cardiology Residents at CCU as per duty roster
- Residents posted in the unit will stay in the IMC/Medical Wards on their non-OPD days after completion of their respective unit work.
- ** Reliever after 20th June 2025

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

Copy to: All Units of Medicine: HOD, Cardiology
: HOD Neurology : In-charge Gastroenterology
: HOD, Emergency
: HOD, Critical Care Medicine

Dr. Sohaib Ahmad
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**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2025/217

Date: 17 April 2025

Revised Posting schedule of postgraduate students for the month of May 2025

UNITS	Postgraduate students			
	3 rd year (2021-22 Batch)	3 rd year (2022-23 Batch)	2 nd Year(2023-24 Batch)	1 st year(2024-25 Batch)
IMC/Medical Wards	----	Dr. Kamal Singh	Dr. Varan Goyal	----
Ward No.209-B (ICU level-I)	Dr. Neha Kalpasi	Dr. Cherry Bansal	----	Dr. Kunav Pal
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash, Dr. Brajesh)	----	Dr. Anandi Singh (RMK/SC/AR) Dr. Shrey Singh (RMK/SC/AR)	Dr. Aditi Bhatt (Nephro)	Dr. Iram (RMK/SC/AR) Dr. Bharti (RMK/SC/AR)
Unit-II (Prof. Sohaib Ahmad, Prof. Shahbaj, Dr. Mitali, Dr. Chandan Goyal)	Dr. Sandeep Kumar (Nephro)	Dr. Shivam Todaria (SA/MV) Dr. Priyanshi Garg (SA/MV)	----	Dr. Chirag Garg (SA/MV) Dr. Sumit Kumar (MV/SA) Dr. Sanjeev Singh (CG/SA) Dr. Manas Naithani (Nephro)
Unit-III (Prof. Reshma, Dr. Naveen Dr. Amit, Dr. Shekhar)	----	Dr. Aditya Verma (RK) Dr. Mohit Dhondiyal (NKR)	Dr. Apoorv(AB) Dr. Lipika (SK)	Dr. Keshav Garg (RK/AB) Dr. Purna Pahwa (NKR/SK) Dr. Abhishek Garg (AB/RK) Dr. Aadesh Garg (SK/NKR)
Unit-IV (Prof. SK Verma, (Dr. Mohd Akram, Dr. Vikas Chandel, Dr. Rishabh Chauhan)	----	Dr. Madhav Garg (Onco) Dr. Gagan Bansal (MA) Dr. Yashika Gurung (Nephro)	Dr. Jyoti Dobhal (RC)	Dr. Dhruv Joshi (Onco) Dr. Mihika Aggarwal (Onco) Dr. Yashveer Chand (MA) Dr. Saumya Krishali (Nephro)
Gastroenterology	----	Dr. Astha, *Dr. Siddharth Pundir		----
Cardiology	----		Dr. Abhishek Lall, Dr. Mayank Nautiyal	----
Neurology	----	Dr. Pathar Rushikesh, Dr. Monish Saifi	----	----
Emergency	----	----	Dr. Harsh Goyal, Dr. Shreya Sagar	----
ICU	----	----	Dr. Gaurav, Dr. Keshav Maheshwari	----
District Residency Posting	----	----	Dr. Nilohit Gupta, Dr. Saurabh Khadkiya, Dr. Chhaya Bora, Dr. Vikas NR Nama	----

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- *Dr. Siddharth Pundir Junior Resident will do night duty with cardiology Residents at CCU as per duty roster.
- Residents posted in the unit will stay in the IMC/Medical Wards on their non-OPD days after completion of their respective unit work.

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

Copy to: All Units of Medicine: HOD, Cardiology
: HOD Neurology : In-charge Gastroenterology
: HOD, Emergency
: HOD, Critical Care Medicine

Dr. Sohaib Ahmad
Professor & Head
Dept. of General Medicine
HIMS, Swami Ram Nagar
Dehradun (U.K.)

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/25/18.4

Date: 16.04.2025

POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF MAY 2025
TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM

Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
01-May-25	Thu	Murmurs and their examination -Dr. Keshav	Case Presentation		Dr. Astha Shambhulal	Prof. Sohaib, Dr. Mitali
02-May-25	Fri		Logbook review		PGs -2022 Batch	Prof. Reshma Kaushik
03-May-25	Sat	CME/CGR/CDR				
05-May-25	Mon		Clinico-Pathological meet		Dr. Priyanshi Garg	Concerned Faculty
06-May-25	Tue	Ejection systolic murmur- Dr. Kunav	Seminar	Malaria	Dr. Dhruv Joshi	Dr. Naveen, Dr. Akash
07-May-25	Wed	Pansystolic murmurs – Dr. Iram	Seminar	Unexplained or refractory chronic cough in adults	Dr. Varan Goyal	Prof. Akram, Dr. Shubhanshu
08-May-25	Thu	Mid diastolic murmurs – Dr. Mans	Case presentation		Dr. Cherry Bansal	Dr. Naveen, Dr. Shekhar
09-May-25	Fri		Mortality meeting		Dr. Shivam Todaria	Concerned Unit
10-May-25	Sat	CME/CGR/CDR				
12-May-25	Mon		Clinico Neuro Medicine Meet		Dr. Yashika, Dr. Lipika	Concerned faculty of Neurology dept
13-May-25	Tue	Early diastolic murmurs- Dr. Mihika	Seminar (Recent advances)	Clinicals tools and markers in COPD	Dr. Monish Saifi	Prof. Reshma, Dr. Akash
14-May-25	Wed	Continuous murmurs- Dr. Prema	Seminar	Pleural diseases	Dr. Iram Rahman	Prof. Akram, Dr. Vikas
15-May-25	Thu	Peripheral signs of AR- Dr. Sajeev	Case presentation		Dr. Madhav Garg	Prof. Sohaib, Prof. Shahbaj, Dr. Chandan
16-May-25	Fri	Venous hum and mammary souffle - Dr. Saumya	Seminar	CSF and hydrocephalus	Dr. Keshav Garg	Prof. Akram, Dr. Vikas
17-May-25	Sat	CME/CGR/CDR				
19-May-25	Mon	Dynamic auscultation- Dr. Sumit	Journal Club	Routine cerebral embolic protection during trans catheter Aortic Valve Implantation NEJM March 30,2025	Dr. Jyoti Dobhal	Dr. Naveen, Dr. Mitali
20-May-25	Tue		Logbook review		PGs- 2023 Batch	Prof. Reshma Kaushik
21-May-25	Wed	Arterial bruits _Dr. Yashveer	Seminar	ABG Analysis and Anion gap:	Dr. Manas Naithani	Prof. SK Verma, Dr. Shubhanshu
22-May-25	Thu	Physical signs of lipid deposits- Dr. Abhishek	Case presentation		Dr. Gagan Bansal	Prof. Sohaib, Dr. Brajesh
23-May-25	Fri	Raynaud's phenomenon- Dr. Bharti	Clinico Radiological meet	CT Brain	Dr. Kamal Singh	Prof. Reshma, Dr. Shekhar
24-May-25	Sat	CME/CGR/CDR				
26-May-25	Mon		Logbook review		PGs -2024 Batch	Prof. Reshma Kaushik
27-May-25	Tue	Homan's sign and trendelenburg' test-Dr. Chirag	Group discussion	A "HOT" Cardiomyopathy NEJM 2025, 392:1335-1342	Dr. Aditya Verma	Prof. Reshma, Dr. Amit
28-May-25	Wed	Normal fundus oculi examination-Dr. Dhruv	Seminar	Mechanical ventilation – modes and applications	Dr. Mihika Aggarwal	Prof. Akram, Dr. Rishabh
29-May-25	Thu	Fundus – Diabetic Retinopathy oculi -Dr. Iram	Case presentation		Dr. Mohit Dhondiyal	Prof. Sohaib, Dr. Chandan
30-May-25	Fri	Fundus – Hypertensive Retinopathy- Dr. Keshav Garg	Seminar	Suppurative lung disease & lung abscess	Dr. Aditi Bhatt	Dr. Naveen, Dr. Shubhanshu
31-May-25	Sat	CME/CGR/CDR				

Grand rounds on first Monday & fourth Friday of the month

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Dr. Naveen Kumar Rajput
 Coordinator, PG Teaching


Dr. Sohaib Ahmad
 Professor & Head

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Professor & Head
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Dehradun (U.K.)

**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2025 / 145

Date: 26 March 2025

Revised Posting schedule of postgraduate students for the month of April 2025

UNITS	Postgraduate students			
	3 rd year (2021-22 Batch)	3 rd year (2022-23 Batch)	2 nd Year(2023-24 Batch)	1 st year(2024-25 Batch)
IMC/Medical Wards	---	Dr. Monish Saifi	*Dr. Vikas NR Nama	Dr. Bharti Garg
Ward No.209-B (ICU level-I)	---	Dr. Mohit Dhondiyal	Dr. Apoorv	
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash, Dr. Brajesh)	Dr. Neha Kalpasi (RMK/SC/AR)	Dr. Madhav Garg (RMK/SC/AR) Dr. Priyanshi Garg (RMK/SC/AR)	Dr. Jyoti Dobhal (Nephro)	Dr. Kunav (RMK/SC/AR) Dr. Iram (RMK/SC/AR)
Unit-II (Prof. Sohaib Ahmad, Prof. Shahbaj, Dr. Mitali, Dr. Chandan Goyal)	---	Dr. Kamal Singh (SA) Dr. Gagan Bansal (Nephro)	Dr. Lipika (MV)	Dr. Sanjeev Singh (/SA/MV) Dr. Chirag Garg (MV/SA) Dr. Manas Naithani (CG/SA) Dr. Sumit Kumar (Nephro)
Unit-III (Prof. Reshma, Dr. Naveen Dr. Amit, Dr. Shekhar)	Dr. Naina Mehta (RK)	Dr. Shrey Singh (NKR) Dr. Yashika Gurung (AB)	Dr. Shreya Sagar (RK) Dr. Keshav Maheshwari (SK)	Dr. Abhishek Garg (RK/AB) Dr. Keshav Garg (AB/RK) Dr. Aadesh Garg (NKR/SK) Dr. Prerna Pahuja (SK/NKR)
Unit-IV (Prof. SK Verma, (Dr. Mohd Akram, Dr. Vikas Chandel, Dr. Rishabh Chauhan)	Dr. Sandeep Kumar (MA)	Dr. Siddharth Pundir (Onco) Dr. Aditya Verma (RC) Dr. Anandi Singh (Nephro)		Dr. Dhruv Joshi (Onco) Dr. Mihika Aggarwal (Onco) Dr. Saumya Krishali (MA) Dr. Yashveer Chand (Nephro)
Gastroenterology	---	Dr. Pathar Rushikesh, Dr. Shivam Todaria		---
Cardiology	---		Dr. Harsh Goyal, Dr. Nilohit Gupta	---
Neurology	---	Dr. Cherry Bansal, Dr. Astha Shambhulal	---	---
Emergency	---		Dr. Chhaya Bora, Dr. Gaurav Sharma	---
ICU	---		Dr. Saurabh Khadkiya, Dr. Varan	---
District Residency Posting	---		Dr. Abhishek Lall, Dr. Aditi Bhatt, Dr. Mayank Nautiyal	---

- Residents posted in Wards (Ward No.209, 209-B) shall report to HOD and work under supervision of HOD.
- Dr. Vikas NR Nama Junior Resident will do night duty with cardiology Residents at CCU as per duty roster

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

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Dehradun (U.K.)

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/25/18.4/6

Date: 17.02.2025

POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF MARCH 2025
TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM

Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
01-Mar-25	Sat	CME/CGR/CDR				
03-Mar-25	Mon		Clinico-Pathological meet		Dr. Shivam Todaria	Concerned Faculty
04-Mar-25	Tue	Pulse-What, Where, How-Normal pulse-Dr. Iram Rehman	Seminar	Neuromuscular Junction disorders	Dr. Chhaya Bora	Dr. Naveen Kumar Rajput, Dr. Akash
05-Mar-25	Wed	Irregular pulse-Dr. Aadesh	Seminar (Recent advances)	Sepsis and Septic shock	Dr. Shrey Singh	Prof. Sohaib Ahmad, Dr. Mitali
06-Mar-25	Thu	Bisferiens Pulse, Dicrotic pulse-Dr. Abhishek	Case Presentation		Dr. Aditya Verma	Prof. R.M. Kaushik, Dr. Amit
07-Mar-25	Fri		Logbook review		All PGs	Prof. Reshma Kaushik
08-Mar-25	Sat	CME/CGR/CDR				
10-Mar-25	Mon		Clinico Neuro Medicine Meet		Dr. Gagan Bansal, Dr. Vikas	Concerned Neurology faculty
11-Mar-25	Tue	Pulsus parvus et tardus, Pulsus alternans-Dr. Bharti	Seminar	Parkinson's disease	Dr. Keshav	Prof. Reshma, Dr. Shubhanshu
12-Mar-25	Wed	Pulsus paradoxus -Dr. Chirag	Seminar	Alcohol -Associated Hepatitis	Dr. Shreya Sagar	Prof. Mohd Akram, Dr. Shubhanshu
		Thready pulse, Collapsing (Water- hammer) Pulse-Dr. Dhruv	Case presentation		Dr. Anandi Singh	Prof. Sohaib, Prof. Shahbaj
13-Mar-25	Thu					
14-Mar-25	Fri					
15-Mar-25	Sat	CME/CGR/CDR		HOLIDAY		
17-Mar-25	Mon					
18-Mar-25	Tue					
19-Mar-25	Wed					
20-Mar-25	Thu					
21-Mar-25	Fri	Blood pressure measurement -Dr. Keshav	Group discussion	A 41-year-old man with syncope, ankle swelling and abnormal chest imaging NEJM 30, 2025;392:495-503	Dr. Yashika Gurung	Prof. Reshma, Dr. Amit
22-Mar-25	Sat	CME/CGR/CDR				
24-Mar-25	Mon	Portugal hypotension - Dr. Kunav Pal	Journal Club	Fixed-duration Acalabrutinib Combinations combinations in untreated Chronic Lymphocytic Leukemia NEJM 05 Feb 2025	Dr. Saurabh Khadkiya	Prof. S.K. Verma, Dr. Mitali
25-Mar-25	Tue		Faculty Lecture			Dr. Manish Mittal
26-Mar-25	Wed		Faculty meeting			
27-Mar-25	Thu					
28-Mar-25	Fri	Ankle-Brachial index- Dr. Mansa	Clinico radiological meet	X-ray chest	Dr. Priyanshi	Dr. Naveen, Dr. Shubhanshu
29-Mar-25	Sat	CME/CGR/CDR				
31-Mar-25	Mon					

Grand rounds on first Monday & fourth Friday of the month

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Dehradun (U.K.)

**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2025/59

Date:03 March 2025

Revised Posting schedule of postgraduate students for the month of March 2025

UNITS	Postgraduate students			
	3 rd year (2021-22 Batch)	3 rd year (2022-23 Batch)	2 nd Year(2023-24 Batch)	1 st year(2024-25 Batch)
IMC/Medical Wards	Dr. Karan Mangwani	Dr. Priyanshi Garg	*Dr. Jyoti Dobhal	Dr. Sanjeev Singh
Ward No.209-B (ICU level-I)	Dr. Naina Mehta	Dr. Shivam Todaria		
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash, Dr. Brajesh)	Dr. Sheffy (RMK)	Dr. Astha Shambhulal (SC) Dr. Yashika (AR)	Dr. Shreya Sagar (Nephro)	Dr. Abhishek Garg (RMK) Dr. Aadesh Garg(SC), Dr. Bharti Garg (AR) Dr. Chirag Garg (Nephro)
Unit-II (Prof. Sohaib Ahmad, Prof. Shahbaj, Dr. Mitali, Dr. Chandan Goyal)	Dr. Mohd Imran (SA) Dr. Vaidehi (Nephro)	Dr. Shrey Singh (SA) Dr. Mohit Dhondiyal (Nephro)	Dr. Keshav Maheshwari (V) Dr. Saurabh Khadkiya (CG)	Dr. Dhruv Joshi (SA) Dr. Keshav Garg (MV) Dr. Manas Naithani (Nephro)
Unit-III (Prof. Reshma, Dr. Naveen Dr. Amit, Dr. Shekhar)	Dr. Neha Kalpasi(RK) Dr. Ratnil (NKR) Dr. Siddharth Garg(AB) Dr. Sandeep (SK)	Dr. Anandi Singh (NKR) Dr. Aditya (AB)	Dr. Chhaya Bora (RK)	Dr. Kunav Pal (NKR) Dr. Mihika Aggarwal (AB) Dr. Prerna Pahiwa (SK)
Unit-IV (Prof. SK Verma, (Dr. Mohd Akram, Dr. Vikas Chandel, Dr. Rishabh Chauhan)	Dr. Prithvish Pratap (Onco) Dr. Amit Tiwary(RC)	Dr. Pathar Rushikesh (MA)	Dr. Vikas NR Nama (Onco) Dr. Gaurav Sharma (Nephro) Dr. Harsh Goyal (RC)	Dr. Saumya Krishali (Onco) Dr. Sumit Kumar (MA) Dr. Yashveer Chand (Onco) Dr. Iram Rehman (VC)
Gastroenterology	---	Dr. Cherry Bansal, Dr. Madhav Garg		
Cardiology	---		Dr. Apoorv, Dr. Lipika	
Neurology	---	Dr. Kamal Singh, Dr. Sidharth Pundir		
Emergency	---		Dr. Varan, Dr. Nilohit Gupta	
ICU	---	Dr. Gagan Bansal, Dr. Monish Saifi	---	
District Residency Posting	---	---	Dr. Abhishek Lall, Dr. Aditi Bhatt, Dr. Mayank Nautiyal	

- Residents posted in Wards (Ward No.209, 209-B) shall report to HOD and work under supervision of HOD.
- Dr. Jyoti, Junior Resident will do night duty with cardiology Residents at CCU as per duty roster

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

Copy to: All Units of Medicine: HOD, Cardiology
: HOD Neurology : In-charge Gastroenterology
: HOD, Emergency Medicine
: HOD, Critical Care Medicine


Dr. Sohaib Ahmad
Professor & Head
Dept. of General Medicine
HIMS, Swami Ram Nagar
Dehradun (U.K.)

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/25/18.4/13727

Date: 20.01.2025

POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF FEBRUARY 2025
TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM

Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
01-Feb-25	Sat	CME/CGR/CDR				
03-Feb-25	Mon		Clinico-Pathological meet		Dr. Cherry Bansal	Concerned Faculty
04-Feb-25	Tue	Brain Neuro Transmitters-I GABA, Acetylcholine – Dr. Aadesh Garg	Seminar	Painful sensory neuropathy	Dr. Apoorv	Dr. Naveen, Dr. Amit
05-Feb-25	Wed	Brain neuro transmitters-II Dopamine, serotonin Dr. Abhishek Garg	Seminar (Recent advances)	Lung and Head Transplantation	Dr. Anandi Singh	Prof. Sohaib, Dr. Shubhanshu
06-Feb-25	Thu	Collar stud abscess VS Hidradenitis suppurativa – Dr. Bharti Garg	Case Presentation		Dr. Monish Saifi	Prof. Reshma, Dr. Shekhar
07-Feb-25	Fri		Logbook review		All PGs	Prof. Reshma
08-Feb-25	Sat	CME/CGR/CDR				
10-Feb-25	Mon		Clinico Neuro Medicine Meet		Dr. Shivam Todaria, Dr. Nilohit .	Concerned Neurology faculty
11-Feb-25	Tue	Acanthosis nigricans – Dr. Chirag Garg	Seminar	URTIs	Dr. Chhaya	Prof. Mohd Akram, Dr. Amit
12-Feb-25	Wed	RBC- Anatomy – Dr. Dhruv Joshi	Seminar	Acute Abdomen in the Modern Era- an Approach	Dr. Lipika	Prof. RM Kaushik, Dr. Shubhanshu
13-Feb-25	Thu	ABO blood groups – Dr. Keshav Garg	Case presentation		Dr. Pathar Rushikesh	Prof. SK Verma, Dr. Amit
14-Feb-25	Fri	DNAs	Mortality meet		Dr. Gaurav Sharma	Concerned Unit
15-Feb-25	Sat	CME/CGR/CDR				
17-Feb-25	Mon	RNAs – Dr. Kunav Pal Goyal	Journal Club	Ponsegromab for the treatment of cancer cachexia- NEJM 2024; 291:2291-2303	Dr. Vikas NR Nama	Dr. Naveen, Dr. Mitali
18-Feb-25	Tue	Adipose tissue- Dr. Manas Naithani	Seminar	Evaluation and management of Insomnia	Dr. Harsh	Prof. Mohd Akram, Dr. Shubhanshu
19-Feb-25	Wed	Antioxidants – Dr. Mihika Aggarwal	Seminar	Urinary and fecal incontinence	Dr. Saurabh	Prof. Sohaib, Dr. Vikas Chandel
20-Feb-25	Thu	Auerbach's VS Myenteric plexus – Dr. Prema Pahwa	Case presentation		Dr. Priyanshi	Prof. Shahbaj, Dr. Amit
21-Feb-25	Fri		Faculty meeting			All faculty members
22-Feb-25	Sat	CME/CGR/CDR				
24-Feb-25	Mon		Faculty lecture			Dr. Brajesh Mourya
25-Feb-25	Tue	Intervertebral disc. Anatomy, Physiology- Dr. Saumya Krishali	Group discussion	When blurry vision clouds the bigger picture NEJM 2025; 392:73-79	Dr. Gagan Bansal	Prof. Reshma, Dr. Akash
26-Feb-25	Wed	HOLIDAY				
27-Feb-25	Thu	Alpha-feto-protein – Dr. Sumit Kumar	Case presentation		Dr. Shrey Singh	Prof. RM Kaushik, Dr. Brajesh
28-Feb-25	Fri	Alopecia - Dr. Yashveer Chand	Clinico radiological meet	Radiology of Metabolic bone disease	Dr. Madhav Garg	Dr. Naveen, Dr. Shubhanshu

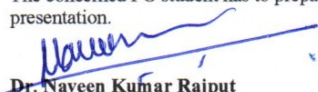
Grand rounds on first Monday & fourth Friday of the month

In case any PG student who has to present the PG program proceeds on leave on that particular day, he/she will ensure that next

Person in order of his/her batch shall present the programme.

All the Postgraduates are required to attend the departmental PG activity. Anybody found absent without prior permission would be marked absent for that particular day.

The concerned PG student has to prepare the topic of his/her Seminar/Journal Club & consult to respective moderator one week before the presentation.


Dr. Naveen Kumar Rajput
Coordinator PG Teaching

Copy to :: The Principal, HIMS
:: Vice Principal (PG Programme)
:: HOD Pathology :: HOD, Neurology HOD:: Radiology: All Units of General Medicine


Dr. Sohaib Ahmad
Professor & Head
Professor & Head
Dept. of General Medicine
HIMS, Swami Ram Nagar
Dehradun (U.K.)

**HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE**

SRHU/HIMS/PG Posting /2025/3755

Date 01 February 2025

Revised Posting schedule of postgraduate students for the month of February 2025

UNITS	Postgraduate students			
	3 rd year (2021-22 Batch)	3 rd year (2022-23 Batch)	2 nd Year(2023-24 Batch)	1 st year(2024-25 Batch)
IMC/Medical Wards	Dr. Tanvi Nagpal	Dr. Pathar Rushikesh	Dr. Nilohit Gupta	*Dr. Abhishek Garg(RC)
Ward No.209-B (ICU level-I)	Dr. Prithvish Pratap	Dr. Kamal Singh		Dr. Manas Naithani
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash, Dr. Brajesh)	Dr. Amit Tiwary(RMK, SC,AR) Dr. Karan(RMK, SC,AR,) Dr. Neha Kalpasi(RMK, SC,AR,) Dr. Vaidehi Mittal(Nephro)	Dr. Shrey Singh(RM, SC,AR) Dr. Priyanshi Garg(RMK, SC,AR)		Dr. Keshav Garg(RMK, SC,AR), Dr. Mihika Aggarwal (RM, SC,AR) Dr. Aadesh Garg (Nephro)
Unit-II (Prof. Sohaib Ahmad, Prof. Shahbaj, Dr. Mitali, Dr. Chandan Goyal)	Dr. Ratnil Joshi(SA) Dr. Sandeep(MV)	Dr. Madhav Garg(SA) Dr. Monish Saifi (Nephro)	Dr. Lipika (CG) Dr. Gaurav Sharma(MV)	Dr. Sumit Kumar(CG) Dr. Kunav Pal Goyal (Nephro)
Unit-III (Prof. Reshma, Dr. Naveen Dr. Amit, Dr. Shekhar)	Dr. Mohd Imran(RK) Dr. Siddharth Garg(NKR) Dr. Sheffy(AB) Dr. Keshav Jindal (SK)	Dr. Shivam Todaria (NKR) Dr. Cherry Bansal (SK)	Dr. Harsh (RK) Dr. Vikas NR Nama(AB)	Dr. Saumya Krishali (RK,AB), Dr. Prerna Pahwa (NKR)
Unit-IV (Prof. SK Verma, (Dr. Mohd Akram, Dr. Vikas Chandel, Dr. Rishabh Chauhan)	Dr. Ekapamika (SKV) Dr. Naina Mehta (SKV) Dr. Arpit Singh(MA)	---	Dr. Apoorv (Onco) Dr. Chhaya Bora(MA) Dr. Saurabh Khadkiya(Nephro)	Dr. Chirag Garg (Onco), Dr. Bharti Garg (Onco) Dr. Yashveer Chand(RC) Dr. Dhruv Joshi(Nephro)
Gastroenterology	---	Dr. Anandi Singh, Dr. Gagan Bansal		
Cardiology	---		Dr. Jyoti Dobhal, Dr. Shreya Sagar, Dr. Varun Goyal	
Neurology	---	Dr. Aditya Verma, Dr. Mohit Dhondiyal		
Emergency	---	Dr. Astha Shambhulal Bhadra	Dr. Keshav Maheshwari	
ICU	---	Dr. Siddharth Pundir, Dr. Yashika Gurung		
District Residency Posting	---		Dr. Abhishek Lall, Dr. Aditi Bhatt, Dr. Mayank Nautiyal	

- Residents posted in Wards (Ward No. 209-B, 301, 303, 304 & 305) shall report to HOD and work under supervision of HOD.

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

Copy to: All Units of Medicine: HOD, Cardiology
: HOD Neurology : In-charge Gastroenterology
: HOD, Emergency Medicine
: HOD, Critical Care Medicine

Dr. Sohaib Ahmad
Professor & Head
Dept. of General Medicine
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Dehradun (U.K.)

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/24/18.4 - 3616

Date: 19.12.2024

POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF JANUARY 2025
TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM

Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
01-Jan-25	Wed	Cervical lymphadenopathy-Dr. Gaurav	Seminar	Superbugs in ICU and the need for antibiotic stewardship	Dr. Chhaya	Prof. RM Kaushik, Dr. Akash
02-Jan-25	Thu	Tongue examination-Dr. Keshav	Case presentation		Dr. Pathar Rushikesh	Prof. Sohaib, Dr. Amit
03-Jan-25	Fri		Logbook review		All PGs	Prof. Reshma
04-Jan-25	Sat	CME/CGR/CDR				
06-Jan-25	Mon		Clinico- Pathological meet		Dr. Aditya Verma	Concerned Faculty
07-Jan-25	Tue	Teeth examination-Dr. Lipika	Journal club	Bedaquiline mnotheraphy for multibacillary leprosy NEJM Dec 1, 2024; 391: 221202218	Dr. Keshav Maheshwari	Dr. Naveen, Dr. Amit
08-Jan-25	Wed	Gum examination -Dr. Nilohit	Seminar(Recent Advances)	Stable angina pectoris: A review of pathophysiology, Diagnosis and its management	Dr. Kamal Singh	Prof. RM Kaushik, Dr. Shubhanshu
09-Jan-25	Thu	Oral ulcers-Dr. Saurabh	Case presentation		Dr. Kamal Singh	Prof. Sohaib, Dr. Shekhar
10-Jan-25	Fri		Mortality meet		Dr. Abhishek Lall	Prof. Reshma Kaushik
11-Jan-25	Sat	CME/CGR/CDR				
13-Jan-25	Mon		Clinico Neuro Medicine Meet		Dr. Madhav Garg	Concerned Neurology faculty
14-Jan-25	Tue	Cooking oils-How to choose-Dr. Shreya	Seminar	Organ transplantations: Kidney and Liver	Dr. Gaurav	Dr. Naveen , Dr. Vikas
15-Jan-25	Wed	Anaemia of Chronic Disease-Dr. Vikas	Seminar	Macrophage activation syndrome	Dr. Harsh	Prof. Mohd Akram
16-Jan-25	Thu	Postgraduate MD University Practical Examination (2021 Batch)				
17-Jan-25	Fri	Postgraduate MD University Practical Examination (2021 Batch)				
18-Jan-25	Sat	CME/CGR/CDR				
20-Jan-25	Mon	Rituximab Dr. Abhishek	Seminar	Androgen deficiency – An approach	Dr. Lipika	Prof. Reshma, Dr. Amit
21-Jan-25	Tue	Chikungunya arthritis - Dr. Adit	Seminar	Antihypertensive drugs and pharmacotherapy	Dr. Nilohit	Prof. Shahbaj, Dr. Akash
22-Jan-25	Wed	Purpuric spots- Petechial, Purpura, Ecchymosis - Dr. Chhaya	Seminar	Rt. Sided valvular defects and dysfunctions	Dr. Saurabh	Prof. Mohd Akram
23-Jan-25	Thu	Ebola virus - Dr. Gaurav	Case presentation		Dr. Aditya Verma	Prof. SK Verma, Dr. Amit
24-Jan-25	Fri	Zika virus - Dr. Harsh	Clinico radiological meet	Xray knees shoulders, Hands & feet	Dr. Mohit Dhondiyal	Prof. Reshma, Dr. Vikas
25-Jan-25	Sat	CME/CGR/CDR				
27-Jan-25	Mon	Syndrome X, Z- Dr. Keshav	Seminar	Hypothyroidism	Dr. Shreya	Prof. Sohaib, Dr. Shekhar
28-Jan-25	Tue	Inflammasomes - Dr. Lipika	Group discussion	A 22 year old woman with headache, fever, and respiratory failure NEJM Dec 4, 2024; 391:2148-2157	Dr. Shrey Singh	Dr. Naveen, Dr. Akash
29-Jan-25	Wed		Faculty lecture			Dr. Shekhar Kushwaha
30-Jan-25	Thu		Faculty meeting			All faculty members
31-Jan-25	Fri	Cardiac cachexia – Dr. Nilohit	Seminar	Human microbiome and Fecal microbiota transplantation	Dr. Vikas	Prof. Akram, Dr. Shubhanshu

Grand rounds on first Monday & fourth Friday of the month

In case any PG student who has to present the PG program proceeds on leave on that particular day, he/she will ensure that next person in order of his/her batch shall present the programme.

All the Postgraduates are required to attend the departmental PG activity. Anybody found absent without prior permission would be marked absent for that particular day.

The concerned PG student has to prepare the topic of his/her Seminar/Journal Club & consult to respective moderator one week before the presentation.


Dr. Naveen Kumar Rajput
Coordinator PG Teaching


Dr. Sohaib Ahmad
Professor & Head

Copy to :: The Principal, HIMS
:: Vice Principal (PG Programme)
:: HOD Pathology :: HOD, Neurology HOD:: Radiology: All Units of General Medicine

**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2024 /3610

Date: 18 December 2024

Posting schedule of postgraduate students for the month of January 2025

UNITS	Postgraduate students			
	3 rd year (2021-22 Batch)	3 rd year (2022-23 Batch)	2 nd Year(2023-24 Batch)	1 st year(2024-25 Batch)
IMC/Medical Wards	Dr. Siddharth Garg	Dr. Shrey Singh, Dr. Kamal Singh		A, H
Ward No.209-B (ICU level-I)	Dr. Ekaparnika Joshi, Dr. Karan Mangwani	----	*Dr. Apoorv	B, I
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash)	Dr. Naina Mehta (RM/SC/AR) Dr. Sandeep Kumar (RM/SC/AR)	----	Dr. Abhishek Lall (RMK/SC/AR) Dr. Lipika (RMK/SC/AR)	C, J
Unit-II (Prof. Sohaib Ahmad, Dr. Shahbaj, Dr. Mitali)	Dr. Mohd Imran (SA/MV) Dr. Vaidehi Mittal (MV/SA) Dr. Neha Kalpasi (Nephro)		Dr. Harsh Goyal (SA/MV) Dr. Vikas Nama (MV/SA) Dr. Keshav Maheshwari (Nephro)	D, K, O
Unit-III (Prof. Reshma, Dr. Amit)	Dr. Ratnil Joshi (RK/AB) Dr. Tanvi Nagpal (RK/AB)	----	Dr. Aditi Bhatt (RK/AB) Dr. Saurabh Khadkiya (RK/AB)	E, L
Unit-IV (Dr. Mohd Akram, Dr. Vikas Chandel)	Dr. Amit Tiwary (MA) Dr. Keshav Jindal (MA) Dr. Sheffy (Nephro)		Dr. Gaurav Kumar Sharma (MA) Dr. Chhaya Bora (Nephro)	F, M
Unit-V (Prof. S.K. Verma, Dr. Naveen, Dr. Shekhar-)	Dr. Arpit Singh (Onco) Dr. Prithvish Pratap (NR/SK)	Dr. Mohit Dhondiyal (Onco) Dr. Madhav Garg (NR/SK)	Dr. Nilohit Gupta (Onco) Dr. Shreya Sagar (NR/SK)	G, N
Gastroenterology	----	Dr. Aditya Verma, Dr. Pathar Rushikesh		
Cardiology	----		Dr. Jyoti Dobhal, Dr. Varan Goyal	
Neurology	----	Dr. Gagan Bansal		
Emergency	----	Dr. Siddharth Pundir	Dr. Mayank Nautiyal	
ICU	----	Dr. Shivam Todaria, Dr. Cherry Bansal	----	
District Residency Posting	----	Dr. Anandi Singh, Dr. Astha Shambhulal, Dr. Monish Saifi, Dr. Priyanshi Garg, Dr. Yashika Gurung		

- Residents posted in Wards (Ward No.209, 209-B) shall report to HOD and work under supervision of HOD.
- Dr. Apoorv, Junior Resident will do night duty with cardiology Residents at CCU as per duty roster.

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

Copy to: All Units of Medicine: HOD, Cardiology
: HOD Neurology : In-charge Gastroenterology
: HOD, Emergency
: HOD, Critical Care Medicine


Professor & Head
Dr. Sohaib Ahmad, Dept. of General Medicine
Professor & Head, HIMS, Swami Ram Nagar
Dept. of General Medicine, Dehradun (U.K.)

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/24/18.4-35-48

Date: 22.11.2024

POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF DECEMBER 2024
TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM

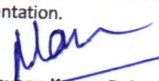
Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
2-Dec-024	Mon		Clinico-Pathological meet		Dr. Madhav Garg	Concerned Faculty
3-Dec-024	Tue	ECG- Myocarditis- Dr. Apoorv	Seminar	Renal Osteodystrophy	Dr. Varan Goyal	Dr. Naveen, Dr. Amit
4-Dec-024	Wed	ECG- HOCM-Dr. Chhaya	Seminar (Recent advances)	Recent advances in Heart failure management	Dr. Mohit Dhondiyal	Prof. Sohaib, Dr. Shubhanshu
5-Dec-024	Thu	ECG - Pulmonary Embolism - Dr. Harsh	Case presentation		Dr. Tanvi Nagpal	Prof. RM Kaushik, Dr. Shekhar
6-Dec-024	Fri		Logbook review		All PG students	Prof. Reshma Kaushik
7-Dec-024	Sat	CME/CGR				
9-Dec-024	Mon		Clinico Neuro Medicine Meet		Dr. Siddharth Pundir, Dr. Shreya Sagar	Concerned Neurology faculty
10-Dec-024	Tue	ECG- Long QT Syndrome-Dr. Jyoti	Journal Club	A modular communicative leadless pacing-defibrillator system NEJM 17 Oct, 24; 391:1402-1412	Dr. Lipika	Prof. Reshma, Dr. Akash
11-Dec-024	Wed	ECG- Brugada Syndrome-Dr. Lipika	Seminar	Sarcoidosis	Dr. Saurabh Khadkiya	Prof. Akram, Dr. Shubhanshu
12-Dec-024	Thu	ECG- Arrhythmogenic Right ventricular dysplasia -Dr. Mayank	Case presentation		Dr. Naina Mehta	Prof. RM Kaushik, Dr. Shekhar
13-Dec-024	Fri	ECG - Pacemaker dysfunction Dr. Nilohit	Mortality meet		Dr. Shrey Singh	Concerned unit
14-Dec-024	Sat	CME/CGR				
16-Dec-024	Mon	ECG- COPD-Dr. Saurabh	Journal Club	Finerenone in heart failure with mildly reduced or preserved ejection fraction NEJM 24 Oct, 2024:391:1475-1485	Dr. Mayank Nautiyal	Dr. Naveen, Dr. Shekhar
17-Dec-024	Tue	ECG- CNS diseases-Dr. Shreya Sagar	Seminar	Malabsorption-celiac disease disorder	Dr. Jyoti Dobhal	Prof. Reshma, Dr. Akash
18-Dec-024	Wed	ECG- Hypothermia-Dr. Varan	Seminar	Myeloproliferative disorders-I	Dr. Vikas JR Nama	Prof. SK Verma, Dr. Shubhanshu
19-Dec-024	Thu	ECG- Athlete's Heart-Dr. Vikas	Case presentation		Dr. Ratnil Joshi	Prof. Sohaib, Dr. Vikas
20-Dec-024	Fri		Faculty lecture			Dr. Brajesh Mourya
21-Dec-024	Sat	CME/CGR				
23-Dec-024	Mon	Classification of anti - arrhythmic drugs-Dr. Aditi	Seminar	Myeloproliferative disorders-II	Dr. Aditi Bhatt	Prof. Reshma, Dr. Amit
24-Dec-024	Tue	Killip class-in Heart failure-Dr. Apoorv	Seminar	Gait disorders, imbalance, and falls	Dr. Apoorv	Prof. Akram, Dr. Akash
25-Dec-024	Wed	HOLIDAY				
26-Dec-024	Thu	GRACE Score -in ACS-Dr. Chhaya	Case presentation		Dr. Arpit Singh	Prof. Sohaib, Dr. Amit
27-Dec-024	Fri	Monofilament test in DM-Dr. Harsh	Clinico radiological meet	X-ray-Spine	Dr. Siddharth Pundir	Prof. RM Kaushik, Dr. Shubhanshu
28-Dec-024	Sat	CME/CGR				
30-Dec-024	Mon		Faculty meeting			
31-Dec-024	Tue	Pathological 4 lines in Nails- Dr. Jyoti	Group discussion	A 71 -year old woman with confusion, aphasia, and a Brain mass NEJM Oct 23, 24; 391: 1529-138	Dr. Pathar Rushikesh	Dr. Naveen, Dr. Shekhar

Grand rounds on first Monday & fourth Friday of the month

In case any PG student who has to present the PG program proceeds on leave on that particular day, he/she will ensure that next person in order of his/her batch shall present the programme.

All the Postgraduates are required to attend the departmental PG activity. Anybody found absent without prior permission would be marked absent for that particular day.

The concerned PG student has to prepare the topic of his/her Seminar/Journal Club & consult to respective moderator one week before the presentation.


Dr. Naveen Kumar Rajput
Coordinator PG Teaching

Copy to :: The Principal, HIMS

:: Vice Principal (PG Programme)

:: HOD Pathology :: HOD, Neurology HOD:: Radiology: All Units of General Medicine


Dr. Sohaib Ahmad
Professor & Head
Dept. of General Medicine
HIMS, Swami Ram Nagar
Dehradun (U.K.)

**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2024 /3539

Date:20 November 2024

Posting schedule of postgraduate students for the month of December 2024

UNITS	Postgraduate students			
	3 rd year (2021-22 Batch)	3 rd year (2022-23 Batch)	2 nd Year(2023-24 Batch)	1 st year(2024-25 Batch)
IMC/Medical Wards	Dr. Karan Mangwani, Dr. Naina Mehta	----	Dr. Apoorv	----
Ward No.209-B (ICU level-I)	Dr. Arpit Singh Dr. Amit Tiwary	----	Dr. Abhishek Lall*	----
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash)	Dr. Mohd Imran Dr. Prithvish Pratap	----	Dr. Aditi Bhatt Dr. Harsh Goyal	----
Unit-II (Prof. Sohaib Ahmad, Dr. Shabbaj, Dr. Mitali)	Dr. Siddharth Garg Dr. Sandeep Kumar	Dr. Madhav Garg	Dr. Nilohit Gupta Dr. Saurabh Khadkiya Dr. Mayank Nautiyal	----
Unit-III (Prof. Reshma, Dr. Amit, Dr. Brajesh)	Dr. Keshav Jindal Dr. Vaidehi Mittal	----	Dr. Shreya Sagar Dr. Vikas NR Nama	----
Unit-IV (Dr. Mohd Akram, Dr. Vikas)	Dr. Ratnil Joshi Dr. Ekapamika Joshi	Dr. Siddharth Pundir	Dr. Lipika Dr. Varan Goyal	----
Unit-V (Prof. S.K. Verma, Dr. Naveen, Dr. Shekhar-)	Dr. Tanvi Nagpal Dr. Neha Kalpasi Dr. Sheffy	Dr. Pathar Rushikesh	Dr. Chhaya Bora Dr. Jyoti Dobhal	----
Gastroenterology	----	Dr. Mohit Dhondiyal, Dr. Shrey Singh	----	----
Cardiology	----	----	Dr. Gaurav Sharma, Dr. Keshav Maheshwari	----
Neurology	----	Dr. Shivam Todaria	----	----
Emergency	----	Dr. Cherry Bansal, Dr. Gagan Bansal	----	----
ICU	----	Dr. Kamal Singh, Dr. Aditya Verma	----	----
District Residency Posting	----	Dr. Anandi Singh, Dr. Astha Shambhulal, Dr. Monish Saifi, Dr. Priyanshi Garg, Dr. Yashika Gurung	----	----

- Residents posted in Wards (Ward No.209, 209-B) shall report to HOD and work under supervision of HOD.
- Dr. Abhishek Lall Junior Resident posted in ICU level-1 will do night duty with cardiology Residents at CCU as per duty roster.

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

Copy to: All Units of Medicine: HOD, Cardiology
: HOD Neurology : In-charge Gastroenterology
: HOD, Emergency
: HOD, Critical Care Medicine

Dr. Sohaib Ahmad
Professor & Head
Dept. of General Medicine
Professor & Head
Dept. of General Medicine
HIMS, Swami Ram Nagar
Dehradun (U.K.)

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/24/18.4/3473

Date: 19.10.2024

POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF NOVEMBER 2024
TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM

Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
01-Nov-24	Fri					
02-Nov-24	Sat					
04-Nov-24	Mon		Clinico-Pathological meet			
05-Nov-24	Tue	ECG- Inferior Wall MI –Dr. Keshav M.	Seminar	Tachyarrhythmias – supraventricular	Dr. Aditya Verma	Concerned Faculty
06-Nov-24	Wed	ECG- Posterior wall MI	Seminar (Recent advances)	Recent advances in Renal Vasculitis	Dr. Gaurav Sharma	Prof. Reshma, Dr. Amit
07-Nov-24	Thu	ECG- Hypokalemia – Dr. Mayank	Case presentation		Dr. Shivam Todaria	Prof. Shahbaj, Dr. Shubhanshu
08-Nov-24	Fri		Logbook review		Dr. Sandeep Kumar	Prof. Sohaib, Prof. Shahbaj
09-Nov-24	Sat				All PGs	Prof. Reshma Kaushik
11-Nov-24	Mon		Clinico Neuro Medicine Meet			
12-Nov-24	Tue				Dr. Siddharth Pundir, Dr. Shreya	Concerned Neurology faculty
13-Nov-24	Wed	ECG- Hyperkalemia – Dr. Nilohit	Journal Club	Twice-Yearly Lenacapavir or Daily F/TAF for HIV Prevention in Cisgender Women NEJM Oct 03, 2024; 391:1179-1192	Dr. Harsh Goyal	Dr. Naveen, Dr. Akash
14-Nov-24	Thu					
15-Nov-24	Fri					
16-Nov-24	Sat					
18-Nov-24	Mon					
19-Nov-24	Tue					
20-Nov-24	Wed	ECG- Hypocalcemia - Dr. Saurabh	Seminar	Spectrum of Amyloid related disorders	Dr. Keshav Maheshwari	Prof. Akram, Dr. Shubhanshu
21-Nov-24	Thu					
22-Nov-24	Fri					
23-Nov-24	Sat					
25-Nov-24	Mon	ECG- Hypercalcemia - Dr. Shreya	Journal club	Rusfertide, a Hepcidin Mimetic, for Control of Erythrocytosis in Polycythemia Vera NEJM Feb 22, 2024; 390:723-735	Dr. Jyoti	Prof. RM Kaushik, Dr. Amit
26-Nov-24	Tue	ECG- Hypomagnesemia- Dr. Varan	Group discussion	A 37-year-old man with fever, myalgia, jaundice and respiratory failure NEJM 9 Oct 2024; 391:1343-1354	Dr. Cheery Bansal	Prof. Reshma, Dr. Akash
27-Nov-24	Wed	ECG- Digitalis effect & Toxicity-Dr. Vikas	Seminar	Toxic shock syndrome	Dr. Nilohit Gupta	Prof. Sohaib, Dr. Vikas
28-Nov-24	Thu	ECG- Pericarditis -Dr. Aditi Bhatt	Case presentation		Dr. Neha Kalpasi	Prof. SK Verma, Dr. Naveen
29-Nov-24	Fri		Faculty lecture			
30-Nov-24	Sat				Biostatistics	Prof. R.M. Kaushik

Grand rounds on first Monday & fourth Friday of the month

In case any PG student who has to present the PG program proceeds on leave on that particular day, he/she will ensure that next Person in order of his/her batch shall present the programme.

All the Postgraduates are required to attend the departmental PG activity. Anybody found absent without prior permission would be marked absent for that particular day.

The concerned PG student has to prepare the topic of his/her Seminar/Journal Club & consult to respective moderator one week before the presentation.

Dr. Naveen Kumar Rajput
Coordinator PG Teaching

Copy to :: The Principal, HIMS

:: Vice Principal (PG Programme)

:: HOD Pathology :: HOD, Neurology HOD:: Radiology: All Units of General Medicine

Dr. Sohaib Ahmad & Head
Professor & Head
Department of General Medicine
HIMS, Swami Ram Nagar
Dehradun (U.K.)

**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2024/3479

Date: 24 October 2024

REVISED Posting schedule of postgraduate students for the month of November 2024

UNITS	Postgraduate students			
	3 rd year (2021-22 Batch)	3 rd year (2022-23 Batch)	2 nd Year(2023-24 Batch)	1 st year(2024-25 Batch)
IMC/Medical Wards	Dr. Sheffy* Dr. Mohd Imran	---	Dr. Vikas Nama	---
Ward No.209-B (ICU level-I)	Dr. Prithvish Pratap Dr. Tanvi Nagpal	---	Dr. Lipika	---
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash)	Dr. Sandeep Kumar (RM/SC/AR) Dr. Vaidehi Mittal (RM/SC/AR)	---	Dr. Nilohit Gupta(RM/SC/AR) Dr. Varan Goyal(RM/SC/AR)	---
Unit-II (Prof. Sohaib Ahmad, Dr. Shahbaj, Dr. Mitali)	Dr. Ekaparnika (SA/MV) Dr. Keshav Jindal (SA/MV)	Dr. Shivam Todaria (Nephro)	Dr. Mayank Nautiyal(SA/MV) Dr. Chhaya Bora(SA/MV) Dr. Aditi Bhatt (Nephro)	---
Unit-III (Prof. Reshma, Dr. Amit)	Dr. Amit Tiwary (RK/ AB) Dr. Siddharth Garg (RK/AB)	---	Dr. Harsh Goyal(RK/AB) Dr. Jyoti (RK/AB)	---
Unit-IV (Dr. Mohd Akram, Dr. Vikas Chandel)	Dr. Arpit Singh (MA) Dr. Neha Kalpasi (MA)	---	Dr. Shreya Sagar (MA) Dr. Saurabh Khadkiya (Nephro) Dr. Gaurav Sharma (Nephro)	---
Unit-V (Prof. S.K. Verma, Dr. Naveen, Dr. Shekhar-)	Dr. Karan Mangwani (Onco) Dr. Naina Mehta (NR/SK) Dr. Ratnil Joshi(NR/SK)	Dr. Aditya Verma (Onco)	Dr. Keshav Maheshwari (Onco) Dr. Apoorv (NR/SK)	---
Gastroenterology	---	Dr. Cherry Bansal, Dr. Siddharth Pundir	---	---
Cardiology	---	Dr. Pathur Rushikesh	Dr. Abhishek Lall	---
Neurology	---	Dr. Madhav Garg	---	---
Emergency	---	Dr. Kamal Singh, Dr. Mohit Dhondiyal	---	---
ICU	---	Dr. Gagan Bansal, Dr. Shrey Singh	---	---
District Residency Posting	---	Dr. Anandi Singh, Dr. Astha Shambhulal, Dr. Monish Saifi, Dr. Priyanshi Garg, Dr. Yashika Gurung	---	---

- Residents posted in Wards (Ward No.209, 209-B) shall report to HOD and work under supervision of HOD.
- Dr. Lipika Junior Resident posted in ICU level-1 will do night duty with cardiology Residents at CCU as per duty roster.

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

Copy to: All Units of Medicine: HOD, Cardiology
: HOD Neurology : In-charge Gastroenterology


Dr. Sohaib Ahmad
Professor & Head
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HIMS, Swami Ram Nagar
Dehradun (U.K.)

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/24/18.4/3693

Date: 23.09.2024

REVISED POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF OCTOBER 2024
TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM

Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
01-Oct-24	Tue	ECG ST changes-Dr. Gaurav	Seminar	Autonomic dysfunction and Neuropathy	Dr. Vikas Nama	Dr. Naveen, Dr. Akash
02-Oct-24	Wed			HOLIDAY		
03-Oct-24	Thu	ECG-RVH- Dr. Harsh	Case presentation		Dr. Siddharth Garg	Prof. Sohaib, Dr. Amit
04-Oct-24	Fri	ECG-LVH-Dr. Jyoti	Logbook review		All PG students	Prof. Mohd Akram
05-Oct-24	Sat	*****	CME/CGR	*****	*****	*****
07-Oct-24	Mon	*****	Clinico-Pathological meet	*****	Dr. Prithvish Pratap	Concerned faculty
08-Oct-24	Tue	ECG-RBBB-Dr. Keshav	Seminar	Food and plant related poisoning	Dr. Abhishek Lall	Prof. RM Kaushik, Dr. Amit
09-Oct-24	Wed	ECG-LBBB-Dr. Lipika	Seminar (Recent advances)	Oesophageal diseases	Dr. Cherry Bansal	Prof. Sohaib, Dr. Shubhanshu
10-Oct-24	Thu	ECG-First degree AV block-Dr. Saurabh	Case presentation	*****	Dr. Vaidehi Mittal	Prof. Reshma, Dr. Shekhar
11-Oct-24	Fri	ECG-Second degree AV block-Dr. Shreya	Mortality meet	*****	Dr. Ratnil Joshi	Concerned Unit
12-Oct-24	Sat			HOLIDAY		
14-Oct-24	Mon	*****	Clinico Neuro Medicine Meet	*****	Dr. Priyanshi, Dr. Saurabh Khadkiya	Concerned Neurology faculty
15-Oct-24	Tue	ECG-complete heart block-Dr. Varan	Seminar	Sexually Transmitted Bacterial Infections	Dr. Aditi Bhatt	Prof. Sohaib, Dr. Shubhanshu
16-Oct-24	Wed			QA 4th Sessional Theory Examination of Postgraduate students (2023 Batch)		
17-Oct-24	Thu	ECG-Junctional Rhythm- Dr. Vikas	Case presentation	*****	Dr. Amit Tiwary	Prof. SK Verma, Dr. Amit
18-Oct-24	Fri			QA 4th Sessional Practical Examination of Postgraduate students (2023 Batch)		
19-Oct-24	Sat	*****	CME/CGR	*****	*****	*****
21-Oct-24	Mon	ECG-PSVT-Dr. Abhishek	Journal club	A monoclonal Antibody to PACAP for migraine prevention NEJM Sept5, 2024;391:800-809	Dr. Gaurav Sharma	Dr. Naveen, Dr. Amit
22-Oct-24	Tue	ECG-AF-Dr. Aditi	Seminar	Magnesium & Phosphate Homeostasis disorders	Dr. Apoorv	Prof. Mohd Akram, Dr. Shubhanshu
23-Oct-24	Wed	ECG-Atrial flutter-Dr. Apoorv	Seminar	Diseases of Aorta	Dr. Chhaya Bora	Dr. Naveen, Dr. Akash
24-Oct-24	Thu	ECG-VT/VF-Dr. Chhaya	Case presentation	*****	Dr. Mohd Imran	Prof. SK Verma, Dr. Shahbaj
25-Oct-24	Fri	ECG-SVT vs VT- Dr. Gaurav	Clinico-Radiological meet	X-ray-Abdomen	Dr. Yashika Gurung	Prof. RM Kaushik, Dr. Amit
26-Oct-24	Sat	*****	CME/CGR	*****	*****	*****
28-Oct-24	Mon	*****	Faculty lecture	Biostatistics	*****	Prof. RM Kaushik
29-Oct-24	Tue	ECG MI (General)-Dr. Harsh	Group discussion	A 75 year-old woman with Edema, Arthritis, and Proteinuria NEJM Sept 11, 2024;391: 942-953	Dr. Astha Shambhulal	Prof. Reshma, Dr. Shubhanshu
30-Oct-24	Wed		Departmental Faculty meeting	*****	*****	*****
31-Oct-24	Thu	ECG anterior Wall MI-Dr. Jyoti	Case presentation	*****	Dr. Karan Mangwani	Prof. Sohaib, Dr. Shekhar

Grand rounds on first Monday & fourth Friday of the month

In case any PG student who has to present the PG program proceeds on leave on that particular day, he/she will ensure that next Person in order of his/her batch shall present the programme.

All the Postgraduates are required to attend the departmental PG activity. Anybody found absent without prior permission would be marked absent for that particular day.

The concerned PG student has to prepare the topic of his/her Seminar/Journal Club & consult to respective moderator one week before the presentation.

Dr. Naveen Kumar Rajput

Coordinator PG Teaching

Copy to :: The Principal, HIMS

:: Vice Principal (PG Programme)

:: HOD Pathology :: HOD, Neurology HOD:: Radiology: All Units of General Medicine

Dr. Sohaib Ahmad

Professor & Head

Dept. of General Medicine
HIMS, Swami Ram Nagar
Dehradun (U.K.)

**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2024-3671

Posting schedule of postgraduate students for the month of October 2024

Date: 09 September 2024

UNITS	Postgraduate students			
	3 rd year (2021-22 Batch)	2 nd year (2022-23 Batch)	1 st Year (2023-24 Batch)	1 st year (2024-25 Batch)
IMC/Medical Wards	Dr. Amit Tiwary Dr. Priyesh Pratap	---	---	B, I
Ward No.209-B (ICU level-I)	Dr. Mohd Imran Dr. Sandeep Kumar	---	---	A, H
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash)	Dr. Ekaparnika Joshi Dr. Siddharth Garg	---	Dr. Sourabh Khadkiya Dr. Gaurav Sharma Dr. Vikas NR Nama	C, J
Unit-II (Prof. Sohaib Ahmad, Dr. Shahbaj, Dr. Mitali)	Dr. Naina Mehta Dr. Vaidehi Mittal	Dr. Cherry Bansal	Dr. Aditi Bhatt Dr. Harsh Goyal Dr. Apoorv	D, K, O
Unit-III (Prof. Reshma, Dr. Amit)	Dr. Neha Kalpasi Dr. Sheffy Jindal	---	Dr. Varun Goyal Dr. Chhaya Bora	E, L
Unit-IV (Dr. Mohd Akram, Dr. Vikas Chandel)	Dr. Karan Mangwani Dr. Ratul Joshi	---	Dr. Keshav Maheshwari Dr. Abhishek Lall Dr. Jyoti	F, M
Unit-V (Prof. S.K. Verma, Dr. Naveen, Dr. Shekhar-)	Dr. Tanvi Nagpal Dr. Keshav Jindal Dr. Arpit Singh	Dr. Astha Shambhulal	Dr. Shreya Sagar Dr. Lipika	G, N
Gastroenterology	---	Dr. Priyanshi Garg, Dr. Yashika Gurung	---	---
Cardiology	---	Dr. Gagan Bansal	---	---
Neurology	---	Dr. Kamal Singh	Dr. Nilohit Gupta, Dr. Mayank	---
Emergency	---	Dr. Aditya Verma, Dr. Monish Saifi	---	---
ICU	---	Dr. Anandi Singh, Dr. Madhav Garg	---	---
District Residency Posting	---	Dr. Mohit Dhondiyal, Dr. Pathar Rushikesh, Dr. Shivani Todaria, Dr. Shrey Singh, Dr. Siddharth Pundir	---	---

- Residents posted in Wards (Ward No.304, 209-B) shall report to HOD and work under supervision of HOD.

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

Copy to: All Units of Medicine: HOD, Cardiology
: HOD Neurology : In-charge Gastroenterology
: HOD, Emergency
: HOD, Critical Care Medicine


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Dehradun (U.K.)

**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2024-3595

Date: 14 August 2024

Posting schedule of postgraduate students for the month of September 2024

UNITS	Postgraduate students		
	3 rd year (2021-22 Batch)	2 nd year (2022-23 Batch)	1 st Year (2023-24 Batch)
IMC/Medical Wards	Dr. Ekampriya Joshi, Dr. Ratul Joshi	---	Dr. Keshav Maheshwari
Ward No.209-B (ICU level-I)	Dr. Vaidehi Mittal, Dr. Siddharth Garg	---	---
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash)	Dr. Naina Mehta Dr. Neha Kalpasi	---	Dr. Chhaya Bora Dr. Apoorv
Unit-II (Prof. Sohaib Ahmad, Dr. Shahbaj, Dr. Mitali)	Dr. Prithvish Pratap Dr. Amit Tiwary	Dr. Aditya Verma	Dr. Varan Dr. Jyoti Dr. Shreya Sagar
Unit-III (Prof. Reshma, Dr. Amit)	Dr. Arpit Singh Dr. Karan Mangwani	---	Dr. Gaurav Sharma Dr. Saurabh Khadkiya
Unit-IV (Dr. Mohd Akram, Dr. Vikas Chandel)	Dr. Tanvi Nagpal Dr. Sheffy	Dr. Kamal Singh	Dr. Abhishek Lall Dr. Nilohit Gupta
Unit-V (Prof. S.K. Verma, Dr. Naveen, Dr. Shekhar-)	Dr. Keshav Jindal Dr. Sandeep Kumar Dr. Mohd Imran	---	Dr. Mayank Nautiyal Dr. Lipika Dr. Harsh
Gastroenterology	---	Dr. Madhav Garg, Dr. Monish	---
Cardiology	---	Dr. Cherry, Dr. Yashika	Dr. Vikas NR, Dr. Aditi Bhatt
Neurology	---	---	---
Emergency	---	Dr. Anandi Singh, Dr. Gagan	---
ICU	---	Dr. Priyanshi, Dr. Astha	---
District Residency Posting	---	Dr. Mohit Dhondiyal, Dr. Pathar Rushikesh, Dr. Shivam Todaria, Dr. Shrey Singh, Dr. Siddharth Pundir	---

- Residents posted in wards (Ward No.209, 209-B) shall report to HOD and work under supervision of HOD.
- Residents will remain in medical wards on non OPD days after completing their respective unit rounds.

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

Copy to: All Units of Medicine: In-charge Cardiology
: HOD Neurology : In-charge Gastroenterology
: HOD, Emergency
: HOD Critical Care Medicine

Dr. Sohaib Ahmad
Professor & Head
Dept. of General Medicine

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/24/18.4 - 3605

Date: 17.08.2024

POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF SEPTEMBER 2024

TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM

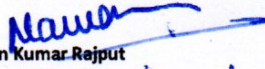
Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
02-Sep-24	Mon	*****	Clinico-Pathological meet		Dr. Mohd Imram	Concerned faculty
03-Sep-24	Tue	Perinaud's Syndrome -Dr. Nilohit	Seminar	Extravascular body fluid analysis in various diseases	Dr. Lipika	Dr. Naveen, Dr. Akash
04-Sep-24	Wed	Foville Syndrome -Dr. Aproov	Seminar (Recent advances)	Management of Hepatitis -B Infection - Recent advances and guideline	Dr. Aditya Verma	Prof. Sohaib, Dr. Shekhar
05-Sep-24	Thu	Millard gubler Syndrome -Dr. Chhaya	Case Presentation	****	Dr. Arpit Singh	Prof. SK Verma, Dr. Amit
06-Sep-24	Fri	*****	Logbook review	****	All PG students	Prof. Reshma Kaushik, Dr. Akram
07-Sep-24	Sat	*****	CME/CGR	****	****	****
09-Sep-24	Mon	*****	Clinico Neuro Medicine Meet	****	****	Concerned Neurology faculty
10-Sep-24	Tue	Lat medullary Syndrome-Dr. Gaurav	Seminar	Pleural tuberculosis: Pathogenesis, clinical presentation diagnosis and management	Dr. Madhav Garg	Prof. Reshma, Dr. Amit Singh
11-Sep-24	Wed	Cavernous sinus Syndrome-Dr. Harsh	Seminar	Nephrotic Syndrome	Dr. Mayank Nautiyal	Dr. Shahbaj, Dr. Vikas
12-Sep-24	Thu	Superior orbital Syndrome-Dr. Jyoti	Case presentation	****	Dr. Ekaparnika Joshi	Prof. RM Kaushik, Dr. Akash
13-Sep-24	Fri	Cranial nerves Syndrome-Dr. Keshav Maheshwari	Mortality meet	****	Dr. Karan Mangwani	Concerned Unit
14-Sep-24	Sat	*****	CME/CGR	****	****	****
16-Sep-24	Mon	ECG- Introduction-Dr. Lipika	Journal club	Autoantibodies Targeting nephrin In podocytopathies NEJM, 2024;391:422-433 Aug 01, 2024	Dr. Chhaya Bora	Dr. Naveen, Dr. Shekhar
17-Sep-24	Tue	ECG- Rate & Rhythm- Dr. Mayank	Seminar	Outpatient anti-microbial therapy	Dr. Nilohit Gupta	Prof. Sohaib, Dr. Amit
18-Sep-24	Wed	ECG -Axis-Dr. Nilohit	Seminar	Skin and eyes: The window in clinical rheumatology	Dr. Saurabh Khadkiya	Prof. SK Verma, Dr. Akram, Dr. Shubhanshu
19-Sep-24	Thu	ECG- Normal-P wave /QRS/T wave morphology -Dr. Saurabh	Case presentation	****	Dr. Prithvish Pratap	Prof. Reshma, Dr. Shekhar
20-Sep-24	Fri	ECG - Normal PR /QRS/ QT interval-Dr. Shreya	Seminar	Malnutrition in CLD & CKD: assessment and management	Dr. Shreya Sagar	Prof. RM Kaushik, Dr. Shubhanshu
21-Sep-24	Sat	*****	CME/CGR	****	****	****
23-Sep-24	Mon	*****	Faculty lecture	Biostatistics	****	Prof. RM Kaushik
24-Sep-24	Tue	ECG- P wave abnormalities-Dr. Varan	Group discussion	A 30 year -old women with postpartum fever, abdominal pain, and skin ulcers NEJM, July 18, 2024 ; 391: 260-271	Dr. Kamal Singh	Prof. Reshma, Dr. Naveen
25-Sep-24	Wed	ECG -PR interval abnormality-Dr. Abhishek	Seminar	Evaluation of Bradyarrhythmia & management	Dr. Varan Goyal	Dr. Akram, Dr. Shubhanshu
26-Sep-24	Thu	ECG-QRS internal abnormality-Dr. Apoorv	Case presentation	****	Dr. Keshav Jindal	Prof. Sohaib, Dr. Shekhar
27-Sep-24	Fri	ECG-T wave abnormality-Dr. Chhaya Bora	Clinico-Radiological meet	Cardiac Imaging - Part-II Coronary Angiography, thallium and other nuclear cardiac scans	Dr. Sheffy	Dr. Naveen, Dr. Akash
28-Sep-24	Sat	*****	CME/CGR	****	****	****
30-Sep-24	Mon	*****	Departmental Faculty meeting	****	****	****

Grand rounds on first Monday & fourth Friday of the month

In case any PG student who has to present the PG program proceeds on leave on that particular day, he/she will ensure that next person in order of his/her batch shall present the programme.

All the Postgraduates are required to attend the departmental PG activity. Anybody found absent without prior permission would be marked absent for that particular day.

The concerned PG student has to prepare the topic of his/her Seminar/Journal Club & consult to respective moderator one week before the presentation.


Dr. Naveen Kumar Rejput
Coordinator PG Teaching

Copy to :: The Principal, HIMS
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:: HOD Pathology :: HOD, Neurology HOD:: Radiology: All Units of General Medicine


Dr. Sohaib Ahmad
Professor & Head

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/24/18.4/3516

Date: 17.07.2024

POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF AUGUST 2024
TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM

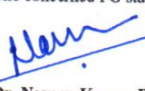
Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
01-Aug-24	Thu	5 th Sessional Theory Examination of PG students (2021 Batch)				
02-Aug-24	Fri	5 th Sessional Practical Examination of PG students (2021 Batch)				
03-Aug-24	Sat		CME/CGR			
05-Aug-24	Mon		Clinico-Pathological meet		Dr. Mohd Imram	Concerned unit
06-Aug-24	Tue	LDH-Dr. Abhishek	Seminar	Spectrum of plasma cell dyscrasias	Dr. Anandi Singh	Prof. Reshma, Dr. Amit
07-Aug-24	Wed	Tremors – Dr. Aditi	Seminar	Approach to a case of lung abscess	Dr. Keshav Maheshwari	Dr. Mohd Akram, Dr. Akash
08-Aug-24	Thu	Chorea – Dr. Apoorv	Case Presentation		Dr. Karan Mangwani	Prof. RM Kaushik, Dr. Shekhar
09-Aug-24	Fri		Logbook review		All PG students	Prof. Reshma
10-Aug-24	Sat		CME/CGR			
12-Aug-24	Mon		Clinico Neuro Medicine Meet		Dr. Sandeep, Dr. Kamal	Concerned Neurology faculty
13-Aug-24	Tue	Athetosis-Dr. Gaurav	Seminar	Blood & it's components transfusion and their complications	Dr. Priyanshi Garg	Dr. Naveen, Dr. Akash
14-Aug-24	Wed	Hemiballismus -Dr. Harsh	Seminar	Chemical & Biological warfare: Physician perspective	Dr. Aditi Bhatt	Dr. Mohd Akram, Dr. Shubhanshu
15-Aug-24	Thu	Holiday (Independence Day)				
16-Aug-24	Fri	Myoclonus-Dr. Lipika	Seminar	Management of heart failure with preserved ejection fraction	Dr. Jyoti Dobhal	Dr. Naveen, Dr. Amit
17-Aug-24	Sat		CME/CGR			
19-Aug-24	Mon	Torticollis -Dr. Keshav	Journal club	Aficamten for symptomatic obstructive hypertrophic cardiomyopathy. NEJM 30 May 2024; 390: 1849-1861	Dr. Apoorv	Prof. Sohaib, Dr. Shekhar
20-Aug-24	Tue	Cross section of spinal cord- tracts -Dr. Jyoti	Seminar	Neuro immunological disorders	Dr. Monish Saifi	Dr. Naveen, Dr. Shubhanshu
21-Aug-24	Wed	Name of spinal cord syndrome -Dr. Mayank	Seminar (Recent advances)	Insulin pump and new technologies in diabetes management	Dr. Keshav Jindal	Prof. Sohaib, Dr. Mitali
22-Aug-24	Thu	Cross section of brain stem- midbrain/ pons/ medulla- Dr. Shreya	Case presentation		Dr. Ratnil Joshi	Prof. Sohaib, Dr. Mitali
23-Aug-24	Fri	Weber's syndrome – Dr. Varan	Clinico-Radiological meet	Cardiac Imaging-Part-I (X-ray, CT scan, CT-Angio, Cardiac MRI)	Dr. Ekaparnika Joshi	Prof. RM Kaushik, Dr. Amit
24-Aug-24	Sat		CME/CGR			
26-Aug-24	Mon	Holiday (Janmashtmi)				
27-Aug-24	Tue	Benedict syndrome- Dr. Vikas	Group discussion	A 64-year-old woman with the worst headache of her life. NEJM June 13, 2024; 390:2108-2118	Dr. Vaidehi Mittal	Prof. Reshma, Dr. Shubhanshu
28-Aug-24	Wed		Faculty meeting			
29-Aug-24	Thu	Claude syndrome- Dr. Abhishek	Case presentation		Dr. Naina Mehta	Prof. RM Kaushik, Dr. Naveen
30-Aug-24	Fri		Faculty lecture			Dr. Saurabh Singh
31-Aug-24	Sat		CME/CGR			

Grand rounds on first Monday & fourth Friday of the month

In case any PG student who has to present the PG program proceeds on leave on that particular day, he/she will ensure that next Person in order of his/her batch shall present the programme.

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Dr. Naveen Kumar Rajput
Coordinator PG Teaching

Copy to :: The Principal, HIMS
:: Vice Principal (PG Programme)
:: HOD Pathology :: HOD, Neurology
:: HOD Radiology :: All Units of Medicine


Dr. Sohaib Ahmad
Professor & Head

Professor & Head
Dept. of General Medicine
HIMS, Swami Ram Nagar
Dehradun (U.K.)

**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2024 /3469

Date:06 July 2024

Posting schedule of postgraduate students for the month of August 2024

UNITS	Postgraduate students		
	3 rd year (2021-22 Batch)	2 nd year (2022-23 Batch)	1 st Year(2023-24 Batch)
IMC/Medical Wards	Dr. Vaidehi Mittal Dr. Sandeep Kuma	----	Dr. Aditi Bhatt
Ward No.209-B (ICU level-I)	Dr. Amit Tiwary		Dr. Vikas NR Nama
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash)	Dr. Prithvish Pratap Dr. Tanvi	----	Dr. Keshav Maheshwari Dr. Shreya Sagar
Unit-II (Prof. Sohaib Ahmad, Dr. Shahbaj, Dr. Mitali)	Dr. Arpit Singh Dr. Karan Mangwani	Dr. Anandi Singh	Dr. Nilohit Gupta Dr. Gaurav Sharma Dr. Jyoti Dobhal
Unit-III (Prof. Reshma, Dr. Amit)	Dr. Ratnil Joshi Dr. Neha Kalpasi	----	Dr. Mayank Nautiyal Dr. Lipika
Unit-IV (Dr. Mohd Akram, Dr. Vikas Chandel)	Dr. Keshav Jindal Dr. Mohd Imran Dr. Naima	Dr. Monish Satfi	Dr. Varan Goyal
Unit-V (Prof. S.K. Verma, Dr. Naveen, Dr. Shekhar-)	Dr. Ekaparnika Joshi Dr. Sheffy Dr. Siddharth Garg	----	Dr. Harsh Goyal, Dr. Apoorv Dr. Abhishek Lall
Gastroenterology	----	Dr. Kamal Singh, Dr. Priyanshi Garg	----
Cardiology	----	Dr. Gagan Bansal	Dr. Saurabh Khadkiya, Dr. Chhaya Bora
Neurology	----	Dr. Astha Shambhulal	----
Emergency	----	Dr. Madhav Garg, Dr. Yashika Gurung	----
ICU	----	Dr. Aditya Verma, Dr. Cherry Bansal	----
District Residency Posting	----	Dr. Mohit Dhondiyal, Dr. Pathar Rushikesh, Dr. Shivam Todaria, Dr. Shrey Singh, Dr. Siddharth Pundir	----

- Residents posted in Wards (Ward No.209, 209-B) shall report to HOD and work under supervision of HOD.

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

DR MITALI VERMA
Assistant Professor
General Medicine
Himalayan Hospital
Dehradun

Dr. Sohaib Ahmad
Professor & Head
Dept. of General Medicine

Copy to: All Units of Medicine: In-charge Cardiology
: HOD Neurology : In-charge Gastroenterology
: HOD, Emergency
: In-charge, ICU

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF GENERAL MEDICINE

SRHU/HIMS/MED/PG/24/18.4 /3512

Date: 17.06.2024

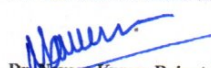
REVISED POSTGRADUATE TEACHING ACTIVITY SCHEDULE FOR THE MONTH OF JULY 2024
TIME: 8:00 AM SHARP VENUE: MEDICINE SEMINAR ROOM/ MEDICAL WARD CLASSROOM
(WARD NO. 305) (REVISED DATE 13 JULY 2024)

Date	Day	Clinical Pearl	Teaching Activity	Topic	Presenter	Moderator
01-Jul-24	Mon			Sensitization session		Prof. Sohaib
02-Jul-24	Tue			Sensitization session	Dr. Yashika Gurung	Prof. Reshma, Prof. RM Kaushik
03-Jul-24	Wed			Sensitization session		
04-Jul-24	Thu	Asterix Dr. Abhishek	Case Presentation		Dr. Sandeep Kumar	Prof. RM Kaushik, Dr. Shubhanshu
05-Jul-24	Fri	Classification of hepatic encephalopathy Dr. Aditi	Mortality Meet		Dr. Ekaparnika Joshi	Concerned Unit
06-Jul-24	Sat		CME/CGR			
08-Jul-24	Mon		Clinico Neuro Medicine Meet		Dr. Amit, Dr. Aditya	Concerned Neurology faculty
09-Jul-24	Tue	CTP Dr. Apoorv	Seminar	Anaemia in the elderly – Therapeutic concepts	Dr. Yashika Gurung	Prof. Reshma, Dr. Amit
10-Jul-24	Wed	MELD-Na- Dr. Chhaya	Seminar	Sepsis mimics	Dr. Shreya Sagar	Dr. Mohd Akam, Dr. Akas
11-Jul-24	Thu	Lille score -Dr. Gaurav	Case Presentation		Dr. Neha Kalpasi	Prof. Sohaib, Dr. Shekhar
12-Jul-24	Fri		Logbook review		All PG students	Prof. Reshma
13-Jul-24	Sat		CME/CGR			
15-Jul-24	Mon	Fib-4 -Dr. Harsh	Journal club	Zodasiran, an RNAi Therapeutic Targeting ANGPTL3, for Mixed Hyperlipidemia NEJM May 29, 2024.	Dr. Aditi Bhatt	Dr. Naveen, Dr. Shekhar
16-Jul-24	Tue	APRI - Dr. Jyoti	Seminar	Approach to treatment of loss of consciousness	Dr. Aditya Verma	Prof. Reshma, Dr. Amit
17-Jul-24	Wed	R Factor-Dr. Keshav	Seminar	Urine analysis and urinary biomarkers of kidney disease	Dr. Apoorv	Dr. Akram, Dr. Shubhanshu
18-Jul-24	Thu	ESR- Dr. Lipika	Case Presentation		Dr. Tanvi Nagpal	Prof. RM Kaushik, Dr. Mitali
19-Jul-24	Fri	Gynecomastia Dr. Shreya	Seminar	Subclinical Cushing syndrome	Dr. Abhishek Lall	Dr. Naveen, Dr. Amit
20-Jul-24	Sat		CME/CGR			
22-Jul-24	Mon	3rd Quarterly Assessment Examination of Postgraduate students (2023 Batch)				
23-Jul-24	Tue	CRP- Dr. Mayank	Group discussion	A 84 year old man with fall. NEJM 21 March 2024 ; 390:1129-1139	Dr. Sheffy	Prof. Reshma, Dr. Shubhanshu
24-Jul-24	Wed	Faculty lecture				Dr. Anant Kumar
25-Jul-24	Thu	RDW -Dr. Nilohit	Seminar	Biomarkers in Rheumatology- How to interpret	Dr. Chhaya Bora	Dr. Naveen, Dr. Mitali
26-Jul-24	Fri	Testicular examination Dr. Varan	Clinico Radiology meet	CT Thorax	Dr. Siddharth Garg	Prof. Reshma, Dr. Shubhanshu
27-Jul-24	Sat		CME/CGR			
29-Jul-24	Mon	Signs of CLD in hands Dr. Vikas	Seminar	Cardiomyopathy vs Peripartum cardiomyopathy	Dr. Astha Shambhulal	Dr. Akram, Dr. Akash
30-Jul-24	Tue	Thromboelastography(TEG) – Dr. Saurabh	Seminar	Blood pressure variability & Resistant hypertension	Dr. Gaurav	Prof. Sohaib, Dr. Amit
31-Jul-24	Wed	Reticulocyte count -Dr. Shreya	Seminar	Bronchiectasis – A clinical approach	Dr. Harsh	Dr. Naveen, Dr. Shekhar

Grand rounds on first Monday & fourth Friday of the month

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**DEPARTMENT OF GENERAL MEDICINE
HIMS, SWAMI RAM NAGAR, DEHRADUN**

SRHU/HIMS/PG Posting /2024/3430

Date:13 July 2024

Posting schedule of postgraduate students for the month of July 2024

UNITS	Postgraduate students		
	3 rd year (2021-22 Batch)	2 nd year (2022-23 Batch)	1 st Year (2023-24 Batch)
HDU Ward (209)	Dr. Siddharth Garg	----	
Ward No.209-B (ICU level-I)	Dr. Karan Mangwani	*Dr. Yashika Gurung	Dr. Abhishek Lall, *Dr. Gaurav Kr Sharma Dr. Chhaya Bora, Dr. Varan Goyal
Unit-I (Prof. R.M. Kaushik, Dr. Shubhanshu, Dr. Akash)	Dr. Arpit Singh Dr. Ratnil Joshi	----	Dr. Nilohit Gupta Dr. Saurabh Khadkiya
Unit-II (Prof. Sohaib Ahmad, Dr. Shahbaj, Dr. Mitali)	Dr. Neha Kalpasi Dr. Sandeep Kumar Dr. Mohd Imran	----	Dr. Harsh Goyal Dr. Lipika Dr. Vikas Nama
Unit-III (Prof. Reshma, Dr. Amit)	Dr. Naina Mehta Dr. Prithvish Pratap	----	Dr. Aditi Bhatt Dr. Jyoti Dobhal
Unit-IV (Dr. Mohd Akram, Dr. Vikas Chandel)	Dr. Ekaparnika Joshi Dr. Keshav Jindal	----	Dr. Apoorv Dr. Shreya Sagar
Unit-V (Prof. S.K. Verma, Dr. Naveen, Dr. Shekhar-)	Dr. Sheffy Dr. Vaidehi Mittal Dr. Amit Tiwary Dr. Tanvi Nagpal	----	Dr. Keshav Maheshwari Dr. Mayank Nautiyal
Gastroenterology	----	Dr. Aditya Verma, Dr. Astha Shambhulal,	----
Cardiology	----	Dr. Mohit Dhondiyal, Dr. Monish Saifi	----
Neurology	----	Dr. Anandi Singh, Dr. Shrey Singh	----
Emergency	----	Dr. Priyanshi Garg, Dr. Shivam Todaria	----
ICU	----	Dr. Pathar Rushikesh, Dr. Siddharth Pundir	----
District Residency Posting	----	Dr. Cherry Bansal, Dr. Gangan Bansal, Dr. Kamal Singh, Dr. Madhag Garg	----

- Residents posted in Wards (Ward No.209, 209-B) shall report to HOD and work under supervision of HOD.
- Dr. Yashika Gurung Junior Resident posted in ICU level-1 will do night duty with cardiology Residents at CCU as per duty roster.
- The roster may be revised in case of reshuffling IMC ward.

Dr. Mitali Verma
In-charge, PG Posting
Dept. of General Medicine

Copy to: All Units of Medicine: HOD, Cardiology
: HOD Neurology : In-charge Gastroenterology
: HOD, Emergency
: HOD, CCM

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