

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

OFFICE OF THE DEAN CUM PRINCIPAL

Schedule for Postgraduate (MD/MS) Residents

Days	8:30 AM-9:30 AM	9:30 AM-1:30 PM	1:30 PM-2:30 PM	2:30 PM-4:30 PM
Monday	PG teaching/ Discussion and review	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching	Lunch	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching
Tuesday	PG teaching/ Discussion and review			
Wednesday	PG teaching/ Discussion and review			
Thursday	PG teaching/ Discussion and review			
Friday	PG teaching/ Discussion and review			
Saturday	CME/CGR/CDR			

*Following duties are as per the departmental schedule

- The department shall carry out the PG teaching as per the NMC Guidelines and as specified in the respective board of studies - Journal Club, Microteaching, Case presentations, Seminars etc.
- Interdepartmental and intradepartmental postings/Clinical rotations
- Undergraduate Lectures
- Health camps, Field Visits, community Postings
- Emergency departmental Duties (24 hrs duty), Emergency postings as per the schedule of the Post graduates posted in the Emergency prepared by the Dean/ MS.
- 3 months mandatory posting in District Hospital under District Residency Programme (DRP)

Vice Principal
(PG Medical Programmes)
HIMS, SRHU
Jolly Grant, Dehradun-248016



Vice Principal (PG Medical Programmes)



Dean-cum-Principal



SWAMI RAM NAGAR, DEHRADUN

Department of Psychiatry

POST GRADUATE TEACHING SCHEDULE for the month of June 2025

Date	Day	Activity	Topic	Presenter	Moderator	Other Activity
Ref: SRHU/HIMS/PSYCH/25/297						Date: - 23/05/2025
Time: - 8:00 AM to 9:00 AM						
01-Jun-25	SUNDAY					
02-Jun-25	MONDAY	Case presentation		Dr. Anshuman	Dr. Dharuvika	
03-Jun-25	TUESDAY					Movie Club Psychiatry
04-Jun-25	WEDNESDAY	Case presentation		Dr. Yukti	Dr. Dharuvika	
05-Jun-25	THURSDAY	Neurosciences Meet				
06-Jun-25	FRIDAY	Seminar	Functional Brain Imaging	Dr. Simrata	Dr. Praveen Rikhari	
07-Jun-25	SATURDAY	CGR				
08-Jun-25	SUNDAY					
09-Jun-25	MONDAY					Group Discussion Ward No. 107
10-Jun-25	TUESDAY	Seminar	Defence Mechanisms	Dr. Tanish Goel	Dr. Praveen Rikhari	
11-Jun-25	WEDNESDAY	Case presentation		Dr. Vidit	Dr. Dharuvika	
12-Jun-25	THURSDAY	Neurosciences Meet				
13-Jun-25	FRIDAY	Seminar	Novel Neurotransmitters	Dr. Kiranjot	Dr. Simrat Kaur	
14-Jun-25	SATURDAY	CGR				
15-Jun-25	SUNDAY					
16-Jun-25	MONDAY	Case presentation		Dr. Kiranjot	Dr. Twinkle Sharma	
17-Jun-25	TUESDAY					Thesis Update
18-Jun-25	WEDNESDAY	Case presentation		Dr. Tanish	Dr. Twinkle Sharma	
19-Jun-25	THURSDAY	Neurosciences Meet				
20-Jun-25	FRIDAY	Seminar	Palliative Psychiatry	Dr. Anshuman	Dr. Simrat Kaur	
21-Jun-25	SATURDAY	CGR				
22-Jun-25	SUNDAY					
23-Jun-25	MONDAY	Seminar	Normality	Dr. Vidit	Dr. Robin Victor	
24-Jun-25	TUESDAY					Department Census Review
25-Jun-25	WEDNESDAY	Seminar	Culture Bound Syndromes	Dr. Nikita	Dr. Robin Victor	
26-Jun-25	THURSDAY	Neurosciences Meet				
27-Jun-25	FRIDAY					
28-Jun-25	SATURDAY	CGR				
29-Jun-25	SUNDAY					
30-Jun-25	MONDAY	Seminar	Neurobiology of Substance Abuse & Dependence	Dr. Tanish	Dr. P. R. Avinash	

Note: - Any Presenter who is not able to present their respective seminar/ Case Presentation, will require a valid reason and prior approval.

Signature
Dr. Priya Ranjan Avinash
 (Professor and Head)
 Department of Psychiatry
 Himalayan Institute of Medical Sciences
 SRHU, Swami Ram Nagar (Jolly Grant)
 Dehradun-248016

DEPARTMENT OF PSYCHIATRY

Revised -

EMERGENCY DUTY ROSTER For June-2025

REF: SRHU/HIMS/PSYCHIATRY/2025-

DATE: -31.05.2025

DATE	DAY	RESIDENT	CONSULTANT	S. R.
01-June-25	SUNDAY	DR. KIRAN	DR. SIMRATA KAUR	DR TWINKLE
02-June-25	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKHARI	DR ANSHU
03-June-25	TUESDAY	DR. TANISH	DR. PRIYARANJAN AVINASH	DR TWINKLE
04-June-25	WEDNESDA	DR. ANSHUMAN	DR. ROBIN VICTOR	DR TWINKLE
05-June-25	THURSDAY	DR. KIRAN	DR. SIMRAT KAUR	DR TWINKLE
06-June-25	FRIDAY	DR. VIDIT	DR. PRIYARANJAN AVINASH	DR TWINKLE
07-June-25	SATURDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR TWINKLE
08-June-25	SUNDAY	DR. ANSHUMAN	DR PR AVINASH	DR TWINKLE
09-June-25	MONDAY	DR. SIMRATA	DR. SIMRAT KAUR	DR ANSHU
10-June-25	TUESDAY	DR. NIKITA	DR. PRIYARANJAN AVINASH	DR ANSHU
11-June-25	WEDNESDA	DR. NIKITA	DR. ROBIN VICTOR	DR ANSHU
12-June-25	THURSDAY	DR. KIRAN	DR. PRAVEEN RIKHARI	DR TWINKLE
13-June-25	FRIDAY	DR. YUKTI	DR. PRIYARANJAN AVINASH	DR TWINKLE
14-June-25	SATURDAY	DR. TANISH	DR. ROBIN VICTOR	DR TWINKLE
15-June-25	SUNDAY	DR. TANISH	DR SIMRAT KAUR	DR DHARUVIKA
16-June-25	MONDAY	DR. YUKTI	DR. PRAVEEN RIKHARI	DR DHARUVIKA
17-June-25	TUESDAY	DR. VIDIT	DR. PRIYARANJAN AVINASH	DR DHARUVIKA
18-June-25	WEDNESDA	DR. KIRAN	DR. ROBIN VICTOR	DR DHARUVIKA
19-June-25	THURSDAY	DR. TANISH	DR. SIMRAT KAUR	DR DHARUVIKA
20-June-25	FRIDAY	DR. ANSHUMAN	DR. PRIYARANJAN AVINASH	DR DHARUVIKA
21-June-25	SATURDAY	DR. VIDIT	DR. ROBIN VICTOR	DR DHARUVIKA
22-June-25	SUNDAY	DR. VIDIT	DR PR AVINASH	DR DHARUVIKA
23-June-25	MONDAY	DR. TANISH	DR. SIMRAT KAUR	DR DHARUVIKA
24-June-25	TUESDAY	DR. KIRAN	DR. PRIYARANJAN AVINASH	DR DHARUVIKA
25-June-25	WEDNESDA	DR. VIDIT	DR. ROBIN VICTOR	DR TWINKLE
26-June-25	THURSDAY	DR. ANSHUMAN	DR. PRAVEEN RIKHARI	DR DHARUVIKA
27-June-25	FRIDAY	DR. TANISH	DR. PRIYARANJAN AVINASH	DR DHARUVIKA
28-June-25	SATURDAY	DR. KIRAN	DR. ROBIN VICTOR	DR DHARUVIKA
29-June-25	SUNDAY	DR.KIRAN	DR. SIMRAT KAUR	DR TWINKLE
30-June-25	MONDAY	DR. VIDIT	DR. PRAVEEN RIKHARI	DR TWINKLE

Note: - On duty Resident will remain on call 24x7 otherwise strict action will be taken (shall be available on phone). No change in duty allowed without prior permission of faculty. The resident taking leave of absence must report the name of the reliever thereof to the Head of the department. The responsibility of discharge of duty consequently will lie with the reliever. The name of the reliever should be conveyed to Dr. Robin Victor.

Dr. Priya

Dr. Priya Ranjan Avinash
Regn.No. UKMC 9322

Dr. Priya Ranjan Avinash
Professor & Head

Prof. & Head (Psychiatry)

Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar (Jolly Grant)
Dehradun-248016

SWAMI RAM NAGAR, DEHRADUN

Department of Psychiatry

POST GRADUATE TEACHING SCHEDULE for the month of May 2025

Date	Day	Activity	Topic	Presenter	Moderator	Other Activity
Ref: SRHU/HIMS/PSYCH/25/ 357-1				Date: - 24/04/2025		
Time: - 8:00 AM to 9:00 AM						
01-May-25	THURSDAY	Neuroscience meet				Thursday meet
02-May-25	FRIDAY	Case Presentation		Dr. Yukti	Dr. Anshu	Case based learning
03-May-25	SATURDAY	CME/CGR/CDR				
04-May-25	SUNDAY					
05-May-25	MONDAY	Seminar	Homosexuality	Dr. Yukti	Dr. P. R. Avinash	
06-May-25	TUESDAY	Case Presentation		Dr. Bhavin	Dr. Dharuvika	Case based learning
07-May-25	WEDNESDAY					
08-May-25	THURSDAY	Neuroscience meet				Thursday meet
09-May-25	FRIDAY	Seminar	Evolution and current Structure of classification systems in Psychiatry.	Dr. Kiran	Dr. Simrat	Research progress meet
10-May-25	SATURDAY	CME/CGR/CDR				
11-May-25	SUNDAY					
12-May-25	MONDAY					TCC updates
13-May-25	TUESDAY	Case Presentation		Dr. Anshuman	Dr. Twinkle	Case based learning
14-May-25	WEDNESDAY	Seminar	Future directions in Psychiatric diagnostic classification and RDOC	Dr. Vidit	Dr. Robin Victor	
15-May-25	THURSDAY	Neuroscience meet	Psychiatry			Thursday meet
16-May-25	FRIDAY					Thesis Review- 2023
17-May-25	SATURDAY	CME/CGR/CDR				
18-May-25	SUNDAY					
19-May-25	MONDAY	Seminar	Insomnia: classification, assessment and management	Dr. Simrata	Dr. P. R. Avinash	
20-May-25	TUESDAY	Seminar	EEG in Psychiatry	Dr. Nikita	Dr. Robin Victor	
21-May-25	WEDNESDAY	Case Presentation		Dr. Kiran	Dr. Dharuvika	Case based learning
22-May-25	THURSDAY	Neuroscience meet				Thursday meet
23-May-25	FRIDAY	Seminar	Dialectical Behavioral therapy	Dr. Bhavin	Dr. Simrat	
24-May-25	SATURDAY	CME/CGR/CDR				
25-May-25	SUNDAY					
26-May-25	MONDAY	Case Presentation		Dr. Nikita	Dr. Twinkle	Case based learning
27-May-25	TUESDAY	Seminar	Eating disorders	Dr. Nikita	Dr. P. R. Avinash	
28-May-25	WEDNESDAY	Seminar	Theories of Freud	Dr. Vidit puri	Dr. Praveen Rikhari	
29-May-25	THURSDAY	Neuroscience meet				Thursday meet
30-May-25	FRIDAY	Case Presentation		Dr. Simrata	Dr. Dharuvika	Case based learning
31-May-25	SATURDAY	CME/CGR/CDR				

Note: - Any Presenter who is not able to present their respective seminar/ Case Presentation, will require a valid reason and prior approval.

Signature *Dr. Priya Ranjan Avinash*
 Dr. Priya Ranjan Avinash
 (Professor and Head)
 Department of Psychiatry
 Himalayan Institute of Medical Sciences
 SRHU, Swam. Ram Nagar (Jolly Grant)
 Dehradun 248016

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DEPARTMENT OF PSYCHIATRY

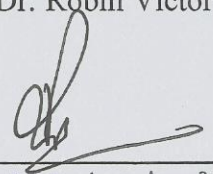
EMERGENCY DUTY ROSTER For May-2025

REF: SRHU/HIMS/PSYCHIATRY/2025- **356**

DATE: -23.04.2025

DATE	DAY	RESIDENT	CONSULTANT	S. R.
01-May-25	THURSDAY	DR. KIRAN	DR. SIMRAT KAUR	DR. ANSHU
02-May-25	FRIDAY	DR. ANSHUMAN	DR. PRIYARANJAN AVINASH	DR. ANSHU
03-May-25	SATURDAY	DR. KIRAN	DR. ROBIN VICTOR	DR. ANSHU
04-May-25	SUNDAY	DR. KIRAN	DR. SIMRAT KAUR	DR. ANSHU
05-May-25	MONDAY	DR. ANSHUMAN	DR. SIMRAT KAUR	DR. DHARUVIKA
06-May-25	TUESDAY	DR. YUKTI	DR. PRIYARANJAN AVINASH	DR. DHARUVIKA
07-May-25	WEDNESDAY	DR. VIDIT	DR. ROBIN VICTOR	DR. DHARUVIKA
08-May-25	THURSDAY	DR. KIRAN	DR. SIMRAT KAUR	DR. DHARUVIKA
09-May-25	FRIDAY	DR. BHAVIN	DR. PRIYARANJAN AVINASH	DR. DHARUVIKA
10-May-25	SATURDAY	DR. VIDIT	DR. ROBIN VICTOR	DR. DHARUVIKA
11-May-25	SUNDAY	DR. VIDIT	DR. PRIYARANJAN AVINASH	DR. DHARUVIKA
12-May-25	MONDAY	DR. BHAVIN	DR. SIMRAT KAUR	DR. DHARUVIKA
13-May-25	TUESDAY	DR. SIMRATA	DR. PRIYARANJAN AVINASH	DR. DHARUVIKA
14-May-25	WEDNESDAY	DR. VIDIT	DR. ROBIN VICTOR	DR. DHARUVIKA
15-May-25	THURSDAY	DR. KIRAN	DR. SIMRAT KAUR	DR. DHARUVIKA
16-May-25	FRIDAY	DR. NIKITA	DR. PRIYARANJAN AVINASH	DR. DHARUVIKA
17-May-25	SATURDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. TWINKLE
18-May-25	SUNDAY	DR. ANSHUMAN	DR. SIMRAT KAUR	DR. TWINKLE
19-May-25	MONDAY	DR. BHAVIN	DR. SIMRAT KAUR	DR. TWINKLE
20-May-25	TUESDAY	DR. YUKTI	DR. PRIYARANJAN AVINASH	DR. TWINKLE
21-May-25	WEDNESDAY	DR. VIDIT	DR. ROBIN VICTOR	DR. TWINKLE
22-May-25	THURSDAY	DR. KIRAN	DR. SIMRAT KAUR	DR. TWINKLE
23-May-25	FRIDAY	DR. ANSHUMAN	DR. PRIYARANJAN AVINASH	DR. TWINKLE
24-May-25	SATURDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. TWINKLE
25-May-25	SUNDAY	DR. BHAVIN	DR. PRIYARANJAN AVINASH	DR. TWINKLE
26-May-25	MONDAY	DR. BHAVIN	DR. SIMRAT KAUR	DR. TWINKLE
27-May-25	TUESDAY	DR. SIMRATA	DR. PRIYARANJAN AVINASH	DR. TWINKLE
28-May-25	WEDNESDAY	DR. VIDIT	DR. ROBIN VICTOR	DR. TWINKLE
29-May-25	THURSDAY	DR. KIRAN	DR. SIMRAT KAUR	DR. TWINKLE
30-May-25	FRIDAY	DR. NIKITA	DR. PRIYARANJAN AVINASH	DR. TWINKLE
31-May-25	SATURDAY	DR. VIDIT	DR. ROBIN VICTOR	DR. TWINKLE

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Dr. Priya Ranjan Avinash
Regn. No. UKMC 9322
Prof. & Head (Psychiatry)

Department of Psychiatry
Himalayan Institute of Medical Sciences
SRHU, Swam. Ram Nagar (Jolly Grant)
Dehra Dun - 249016

SWAMI RAM NAGAR, DEHRADUN

Department of Psychiatry

POST GRADUATE TEACHING SCHEDULE for the month of April 2025

Date	Day	Activity	Topic	Presenter	Moderator	Other Activity
Ref: SRHU/HIMS/PSYCH/25/329-1						Date: - 29/03/2025
Time: - 8:00 AM to 9:00 AM						
01-Apr-25	TUESDAY	Case presentation		Dr. Nikita	Dr. Twinkle	
02-Apr-25	WEDNESDAY					Autism Awareness Day
03-Apr-25	THURSDAY	Neuroscience meet				Q.A. Test Batch- 2022
04-Apr-25	FRIDAY	Seminar	Neurotransmitters: classification, receptors, implications in behavioral science	Dr. Tanish	Dr. Robin	
05-Apr-25	SATURDAY	Seminar	NDPS Part 2	Dr. Nikita	Dr. Robin Victor	CME- Community Medicine HIMS
06-Apr-25	SUNDAY					
07-Apr-25	MONDAY	Seminar	Neofreudians part 2	Dr. Kiranjot	Dr. Praveen	World Health Day
08-Apr-25	TUESDAY					Research Project
09-Apr-25	WEDNESDAY	Case Presentation		Dr. Tanish	Dr. Dharuvika	
10-Apr-25	THURSDAY	Neuroscience meet				Thursday Meetings
11-Apr-25	FRIDAY	Seminar	MHCA Part 2	Dr. Simrata	Dr. P.R. Avinash	
12-Apr-25	SATURDAY	Seminar	Psychocutaneous disorders	Dr. Simrata	Dr. P.R. Avinash	CME/CGR/CDR-HIMS
13-Apr-25	SUNDAY					
14-Apr-25	MONDAY		Ambedkar Jayanti			
15-Apr-25	TUESDAY	Case Presentation		Dr. Ankit	Dr. Dharuvika	
16-Apr-25	WEDNESDAY	Seminar	Landmark studies in psychiatry	Dr. Yukti	Dr. Praveen Rikhari	
17-Apr-25	THURSDAY	Neuroscience meet				Thursday Meetings
18-Apr-25	FRIDAY	Seminar	TMS Part 2	Dr. Yukti	Dr. P.R. Avinash	
19-Apr-25	SATURDAY	Case presentation		Dr. Kiranjot	Dr. Anshu	CME/CGR/CDR-HIMS
20-Apr-25	SUNDAY					
21-Apr-25	MONDAY	Seminar	Defense mechanisms part 2	Dr. Tanish	Dr. Simrat Kaur	
22-Apr-25	TUESDAY	Seminar	ADHD part 2	Dr. Ankit	Dr. Simrat kaur	
23-Apr-25	WEDNESDAY	Case Presentation		Dr. Simrata	Dr. Anshu	
24-Apr-25	THURSDAY	Neuroscience meet	2023 batch exam			Thursday Meetings
25-Apr-25	FRIDAY	Seminar	Neuromodulators and novel	Dr. Kiranjot	Dr. Simrat	
26-Apr-25	SATURDAY	Case presentation		Dr. Yukti	Dr. Dr. Twinkle	
27-Apr-25	SUNDAY					
28-Apr-25	MONDAY					Thesis Review Batch-
29-Apr-25	TUESDAY	Seminar	Eating disorders	Dr. Nikita	Dr. P.R. Avinash	
30-Apr-25	WEDNESDAY	Seminar	Psychiatric aspect of organ transplantation	Dr. Ankit	Dr. Robin Victor	2024 batch exam

Note: - Any Presenter who is not able to present their respective seminar/ Case Presentation, will require a valid reason and prior approval.

Signature *Dr. Priya Ranjan Avinash*
Regn. No. UKMC 9322

Professor & Head

Dr. Priya Ranjan Avinash (Professor and Head)
 Department of Psychiatry
 Himalayan Institute of Medical Sciences
 SRHU, Swami Ram Nagar (Jolly Grant)
 Dehradun-248016

DEPARTMENT OF PSYCHIATRY

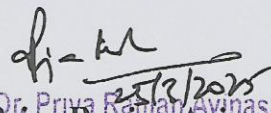
EMERGENCY DUTY ROSTER For April-2025

REF: SRHU/HIMS/PSYCHIATRY/2025- **330**

DATE: -25.03.2025

DATE	DAY	RESIDENT	CONSULTANT	S. R.
01-Apr-25	TUESDAY	Dr. Simrata	Dr. P. R. Avinash	Dr. Anshu
02-Apr-25	WEDNESDAY	Dr. Nikita	Dr. Robin Victor	Dr. Anshu
03-Apr-25	THURSDAY	Dr. Ankit	Dr. Praveen Rikhari / Dr. Simrat Kaur	Dr. Anshu
04-Apr-25	FRIDAY	Dr. Kiran	Dr. P. R. Avinash	Dr. Anshu
05-Apr-25	SATURDAY	Dr. Tanish	Dr. Robin Victor	Dr. Twinkle
06-Apr-25	SUNDAY	Dr. Tanish	Dr. Simrat Kaur	Dr. Twinkle
07-Apr-25	MONDAY	Dr. Yukti	Dr. Praveen Rikhari / Dr. Simrat Kaur	Dr. Twinkle
08-Apr-25	TUESDAY	Dr. Kiran	Dr. P. R. Avinash	Dr. Twinkle
09-Apr-25	WEDNESDAY	Dr. Ankit	Dr. Robin Victor	Dr. Twinkle
10-Apr-25	THURSDAY	Dr. Kiran	Dr. Praveen Rikahri	Dr. Twinkle
11-Apr-25	FRIDAY	Dr. Tanish	Dr. P. R. Avinash	Dr. Anshu
12-Apr-25	SATURDAY	Dr. Simrata	Dr. Robin Victor	Dr. Anshu
13-Apr-25	SUNDAY	Dr. Kiran	Dr. Praveen Rikhari	Dr. Dharuvika
14-Apr-25	MONDAY	Dr. Ankit	Dr. Praveen Rikhari / Dr. Simrat Kaur	Dr. Dharuvika
15-Apr-25	TUESDAY	Dr. Kiran	Dr. P. R. Avinash	Dr. Anshu
16-Apr-25	WEDNESDAY	Dr. Yukti	Dr. Robin Victor	Dr. Anshu
17-Apr-25	THURSDAY	Dr. Tanish	Dr. Praveen Rikahri	Dr. Dharuvika
18-Apr-25	FRIDAY	Dr. Kiran	Dr. P. R. Avinash	Dr. Dharuvika
19-Apr-25	SATURDAY	Dr. Ankit	Dr. Robin Victor	Dr. Dharuvika
20-Apr-25	SUNDAY	Dr. Ankit	Dr. P. R. Avinash	Dr. Dharuvika
21-Apr-25	MONDAY	Dr. Kiran	Dr. Praveen rikhari / Dr. Simrat Kaur	Dr. Dharuvika
22-Apr-25	TUESDAY	Dr. Tanish	Dr. P. R. Avinash	Dr. Dharuvika
23-Apr-25	WEDNESDAY	Dr. Ankit	Dr. Robin Victor	Dr. Dharuvika
24-Apr-25	THURSDAY	Dr. Tanish	Dr. Praveen Rikahri	Dr. Dharuvika
25-Apr-25	FRIDAY	Dr. Tanish	Dr. P. R. Avinash	Dr. Anshu
26-Apr-25	SATURDAY	Dr. Nikita	Dr. Robin Victor	Dr. Anshu
27-Apr-25	SUNDAY	Dr. Kiran	Dr. Simrat Kaur	Dr. Twinkle
28-Apr-25	MONDAY	Dr. Ankit	Dr. Praveen Rikhari / Dr. Simrat Kaur	Dr. Twinkle
29-Apr-25	TUESDAY	Dr. Kiran	Dr. P. R. Avinash	Dr. Twinkle
30-Apr-25	WEDNESDAY	Dr. Tanish	Dr. Robin Victor	Dr. Twinkle

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 Dehradun-248016

SWAMI RAM NAGAR, DEHRADUN**Department of Psychiatry****POST GRADUATE TEACHING SCHEDULE for the month of March 2025**

Date	Day	Activity	Topic	Presenter	Moderator
Ref: SRHU/HIMS/PSYCH/25/306					Date: - 28/02/2025
Time: - 8:00 AM to 9:00 AM					
01-Mar-25	SATURDAY				
02-Mar-25	SUNDAY				
03-Mar-25	MONDAY	Case Presentation		Dr. Vedit	Dr. Anshu
04-Mar-25	TUESDAY				
05-Mar-25	WEDNESDAY	Seminar	MHCA: Evolution of Mental Health legislation, Admission/ Discharge procedures, Current scenario in Uttarakhand	Dr. Simrata	Dr. Priya Ranjan Avinash
06-Mar-25	THURSDAY				
07-Mar-25	FRIDAY	Case Presentation		Dr. Tanish	Dr. Anshu
08-Mar-25	SATURDAY	Case Presentation		Dr. Anshuman	Dr. Anshu
09-Mar-25	SUNDAY				
10-Mar-25	MONDAY				
11-Mar-25	TUESDAY	Seminar	Defense Mechanisms	Dr. Tanish	Dr. Simrat Kaur
12-Mar-25	WEDNESDAY	Seminar	Gaming Disorder	Dr. Anshuman	Dr. Robin Victor
13-Mar-25	THURSDAY	Case Presentation		Dr. Ankit	Dr. Anshu
14-Mar-25	FRIDAY				
15-Mar-25	SATURDAY	Case Presentation		Dr. Kiranjot	Dr. Anshu
16-Mar-25	SUNDAY				
17-Mar-25	MONDAY	Seminar	TMS: Principles and implications in psychiatry	Dr. Yukti	Dr. Priya Ranjan Avinash
18-Mar-25	TUESDAY	Case Presentation		Dr. Simrata	Dr. Anshu
19-Mar-25	WEDNESDAY	Seminar	NDPS	Dr. Nikita	Dr. Robin Victor
20-Mar-25	THURSDAY				
21-Mar-25	FRIDAY	Seminar	Theories of Freud	Dr. Vedit	Dr. Praveen Rikhari
22-Mar-25	SATURDAY	Guest Lecture			
23-Mar-25	SUNDAY				
24-Mar-25	MONDAY	Case Presentation		Dr. Yukti	Dr. Anshu
25-Mar-25	TUESDAY		Borderline Personality Disorder: Psychopathology, Diagnosis, Management		Dr. Robin Victor
26-Mar-25	WEDNESDAY				
27-Mar-25	THURSDAY	Case Presentation		Dr. Nikita	Dr. Anshu
28-Mar-25	FRIDAY	Seminar	Neo-freudians	Dr. Kiranjot	Dr. Praveen Rikhari
29-Mar-25	SATURDAY	Seminar	ADHD	Dr. Ankit	Dr. Simrat Kaur
30-Mar-25	SUNDAY				
31-Mar-25	MONDAY				

Note: - Any Presenter who is not able to present their respective seminar/ Case Presentation, will require a valid reason and prior approval.

Signature
Dr. Priya Ranjan Avinash
 Regn.No UKMC 9322
 Department of Psychiatry
 SRHU Swami Ram Nagar (Jolly Grant)
 Dehradun-243016

DEPARTMENT OF PSYCHIATRY

EMERGENCY DUTY ROSTER For March-2025

REF: SRHU/HIMS/PSYCHIATRY/2025-300

DATE: -25.02.2025

DATE	DAY	RESIDENT	CONSULTANT	S. R
01-Mar-25	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
02-Mar-25	SUNDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
03-Mar-25	MONDAY	DR. YUKTI	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
04-Mar-25	TUESDAY	DR. YUKTI	DR. P. R. AVINASH	DR. ANSHU
05-Mar-25	WEDNESDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
06-Mar-25	THURSDAY	DR. VIDIT	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
07-Mar-25	FRIDAY	DR. KIRANJOT	DR. P. R. AVINASH	DR. ANSHU
08-Mar-25	SATURDAY	DR. TANISH	DR. ROBIN VICTOR	DR. ANSHU
09-Mar-25	SUNDAY	DR. TANISH	DR. SIMRAT KAUR	DR. ANSHU
10-Mar-25	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
11-Mar-25	TUESDAY	DR. SIMRATA	DR. P. R. AVINASH	DR. ANSHU
12-Mar-25	WEDNESDAY	DR. KIRANJOT	DR. ROBIN VICTOR	DR. ANSHU
13-Mar-25	THURSDAY	DR. ANSHUMAN	DR. PRAVEEN RIKAHRI	DR. ANSHU
14-Mar-25	FRIDAY	DR. TANISH	DR. P. R. AVINASH	DR. ANSHU
15-Mar-25	SATURDAY	DR. VIDIT	DR. ROBIN VICTOR	DR. ANSHU
16-Mar-25	SUNDAY	DR. VIDIT	DR. SIMRAT KAUR	DR. ANSHU
17-Mar-25	MONDAY	DR. NIKITA	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
18-Mar-25	TUESDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
19-Mar-25	WEDNESDAY	DR. KIRANJOT	DR. ROBIN VICTOR	DR. ANSHU
20-Mar-25	THURSDAY	DR. TANISH	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
21-Mar-25	FRIDAY	DR. VIDIT	DR. P. R. AVINASH	DR. ANSHU
22-Mar-25	SATURDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
23-Mar-25	SUNDAY	DR. ANSHUMAN	DR. PRAVEEN RIKHARI	DR. ANSHU
24-Mar-25	MONDAY	DR. ANKIT	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
25-Mar-25	TUESDAY	DR. VIDIT	DR. P. R. AVINASH	DR. ANSHU
26-Mar-25	WEDNESDAY	DR. TANISH	DR. ROBIN VICTOR	DR. ANSHU
27-Mar-25	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
28-Mar-25	FRIDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
29-Mar-25	SATURDAY	DR. KIRANJOT	DR. ROBIN VICTOR	DR. ANSHU
30-Mar-25	SUNDAY	DR. KIRANJOT	DR. PRAVEEN RIKHARI	DR. ANSHU
31-Mar-25	MONDAY	DR. ANSHUMAN	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU

Note: - On duty Resident will remain on call 24x7 otherwise strict action will be taken (shall be available on phone). No change in duty allowed without prior permission of faculty. The resident taking leave of absence must report the name of the reliever thereof to the Head of the department. The responsibility of discharge of duty consequently will lie with the reliever. The name of the reliever should be conveyed to Dr. Robin Victor. Till 15 February the 1st year residents will be under shadow posting.

Dr. Priya Ranjan Avinash

Dr. Priya Ranjan Avinash
Prof. & Head (Psychiatry)

Regn.No. UKMC 9322
Professor & Head

Department of Psychiatry

Himalayan Institute of Medical Sciences

SRHU, Swami Ram Nagar (Jolly Grant)

Dehradun-240016

SWAMI RAM NAGAR, DEHRADUN					
Department of Psychiatry					
POST GRADUATE TEACHING SCHEDULE for the month of February 2025					
Date	Day	Activity	Topic	Presenter	Moderator
Ref: SRHU/HIMS/PSYCH/25/ 269				Date: - 27/01/2025	
Time: - 8:00 AM to 9:00 AM					
01-Feb-25	SATURDAY	Case Discussion Group			
02-Feb-25	SUNDAY				
03-Feb-25	MONDAY	Journal Club		Dr. Bhavin	Dr. Simrat Kaur
04-Feb-25	TUESDAY	Case Presentation		Dr. Vidit	Dr. Anshu Prasad
05-Feb-25	WEDNESDAY	Case Presentation		Dr. Tanish	Dr. Anshu Prasad
06-Feb-25	THURSDAY	Neurosciences Meet			
07-Feb-25	FRIDAY	Seminar	Normal Human Sexuality	Dr. Yukti	Dr. P. R. Avinash
08-Feb-25	SATURDAY				
09-Feb-25	SUNDAY				
10-Feb-25	MONDAY	Seminar	Frontal Lob	Dr. Ankit	Dr. Praveen Rikhari
11-Feb-25	TUESDAY	Case Presentation		Dr. Anshuman	Dr. Anshu Prasad
12-Feb-25	WEDNESDAY	Case Presentation		Dr. Ankit	Dr. Anshu Prasad
13-Feb-25	THURSDAY	Neurosciences Meet			
14-Feb-25	FRIDAY	Guest Lecture		To be updated	
15-Feb-25	SATURDAY	Journal Club		Dr. Anshuman	Dr. Simrat Kaur
16-Feb-25	SUNDAY				
17-Feb-25	MONDAY	Case Presentation		Dr. Simrata	Dr. Anshu Prasad
18-Feb-25	TUESDAY				
19-Feb-25	WEDNESDAY	Seminar	Gaming Disorder	Dr. Anshuman	Dr. Robin Victor
20-Feb-25	THURSDAY	Neurosciences Meet			
21-Feb-25	FRIDAY	Case Presentation		Dr. Nikita	Dr. Anshu Prasad
22-Feb-25	SATURDAY				
23-Feb-25	SUNDAY				
24-Feb-25	MONDAY	Case Presentation		Dr. Yukti	Dr. Anshu Prasad
25-Feb-25	TUESDAY	Seminar	Male Sexual Dysfunction	Dr. Simrata	Dr. P. R. Avinash
26-Feb-25	WEDNESDAY		Mahashivratri (G.H.)		
27-Feb-25	THURSDAY	Neurosciences Meet			
28-Feb-25	FRIDAY	Seminar	Female Sexual dysfunction	Dr. Nikita	Dr. Praveen Rikhari

Note: - Any Presenter who is not able to present their respective seminar/ Case Presentation, will require a valid reason and prior approval

Signature

Dr. Priya Ranjan Avinash (Professor and Head)

Dr. Priya Ranjan Avinash
Regn No. UKMC 9322
Professor & Head
Department of Psychiatry
Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar (Jolly Grant)
Dehradun-248016

DR DEPARTMENT OF PSYCHIATRY

EMERGENCY DUTY ROSTER For Febuary-2025

REF: SRHU/HIMS/PSYCHIATRY/2025-258

DATE: -27.01.2025

DATE	DAY	RESIDENT	CONSULTANT	S. R
01-Feb-25	SATURDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
02-Feb-25	SUNDAY	DR. ANSHUMAN	Dr. P.R. AVINASH	DR. ANSHU
03-Feb-25	MONDAY	DR. VIDIT	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
04-Feb-25	TUESDAY	DR. YUKTI	DR. P. R. AVINASH	DR. ANSHU
05-Feb-25	WEDNESDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
06-Feb-25	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
07-Feb-25	FRIDAY	DR. TANISH	DR. P. R. AVINASH	DR. ANSHU
08-Feb-25	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
09-Feb-25	SUNDAY	DR. ANKIT	DR. SIMRAT KAUR	DR. ANSHU
10-Feb-25	MONDAY	DR. VIDIT	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
11-Feb-25	TUESDAY	DR. YUKTI	DR. P. R. AVINASH	DR. ANSHU
12-Feb-25	WEDNESDAY	DR. NIKITA	DR. ROBIN VICTOR	DR. ANSHU
13-Feb-25	THURSDAY	DR. SIMRATA	DR. PRAVEEN RIKAHRI	DR. ANSHU
14-Feb-25	FRIDAY	DR. ANSHUMAN	DR. P. R. AVINASH	DR. ANSHU
15-Feb-25	SATURDAY	DR. VIDIT	DR. ROBIN VICTOR	DR. ANSHU
16-Feb-25	SUNDAY	DR. VIDIT	DR. PRAVEEN RIKHARI	DR. ANSHU
17-Feb-25	MONDAY	DR. TANISH	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
18-Feb-25	TUESDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
19-Feb-25	WEDNESDAY	DR. TANISH	DR. ROBIN VICTOR	DR. ANSHU
20-Feb-25	THURSDAY	DR. SIMRATA	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
21-Feb-25	FRIDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
22-Feb-25	SATURDAY	DR. TANISH	DR. ROBIN VICTOR	DR. ANSHU
23-Feb-25	SUNDAY	DR. TANISH	DR. SIMRAT KAUR	DR. ANSHU
24-Feb-25	MONDAY	DR. ANSHUMAN	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
25-Feb-25	TUESDAY	DR. SIMRATA	DR. P. R. AVINASH	DR. ANSHU
26-Feb-25	WEDNESDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
27-Feb-25	THURSDAY	DR. NIKITA	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
28-Feb-25	FRIDAY	DR. VIDIT	DR. P. R. AVINASH	DR. ANSHU

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Dr. Priya Ranjan Avinash

Dr. Priya Ranjan Avinash
Prof. & Head (Psychiatry)

Professor & Head

Department of Psychiatry

Himalayan Institute of Medical Sciences

SRHU, Swami Ram Nagar (Jolly Grant)

Dehradun-248016

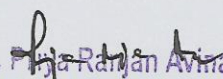
DEPARTMENT OF PSYCHIATRY

EMERGENCY DUTY ROSTER For January-2025

REF: SRHU/HIMS/PSYCHIATRY/2024- 232 DATE: -28.12.2024

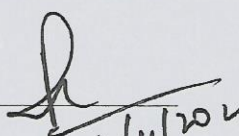
DATE	DAY	RESIDENT	CONSULTANT	S. R
01-Jan-25	WEDNESDAY	DR. SIMRATA	DR. ROBIN VICTOR	DR. ANSHU
02-Jan-25	THURSDAY	DR. NIKITA	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. ANSHU
03-Jan-25	FRIDAY	DR. SIMRATA	DR. P. R. AVINASH	DR. ANSHU
04-Jan-25	SATURDAY	DR. NIKITA	DR. ROBIN VICTOR	DR. ANSHU
05-Jan-25	SUNDAY	DR. NIKITA	DR. P.R. AVINASH	DR. ANSHU
06-Jan-25	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
07-Jan-25	TUESDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
08-Jan-25	WEDNESDAY	DR. SIMRATA	DR. ROBIN VICTOR	DR. ANSHU
09-Jan-25	THURSDAY	DR. BHAVIN	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
10-Jan-25	FRIDAY	DR. YUKTI	DR. P. R. AVINASH	DR. ANSHU
11-Jan-25	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
12-Jan-25	SUNDAY	DR. ANKIT	DR. SIMRAT KAUR	DR. ANSHU
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16-Jan-25	THURSDAY	DR. YUKTI	DR. PRAVEEN RIKAHRI	DR. ANSHU
17-Jan-25	FRIDAY	DR. VIDIT	DR. P. R. AVINASH	DR. ANSHU
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19-Jan-25	SUNDAY	DR. BHAVIN	DR. P.R. AVINASH	DR. ANSHU
20-Jan-25	MONDAY	DR. VIDIT	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
21-Jan-25	TUESDAY	DR. TANISH	DR. P. R. AVINASH	DR. ANSHU
22-Jan-25	WEDNESDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
23-Jan-25	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
24-Jan-25	FRIDAY	DR. TANISH	DR. P. R. AVINASH	DR. ANSHU
25-Jan-25	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
26-Jan-25	SUNDAY	DR. BHAVIN	DR. P.R. AVINASH	DR. ANSHU
27-Jan-25	MONDAY	DR. TANISH	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
28-Jan-25	TUESDAY	DR. YUKTI	DR. P. R. AVINASH	DR. ANSHU
29-Jan-25	WEDNESDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
30-Jan-25	THURSDAY	DR. VIDIT	DR. PRAVEEN RIKHARI / DR. SIMRAT KAUR	DR. ANSHU
31-Jan-25	FRIDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU

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Dr. 
Dr. P. R. Avinash
Professor & Head
Prof. & Head (Psychiatry)
Himalayan Institute of Medical Sciences
SRHU, Swarnajubilee Nagar (Jolly Grant)
Dehra Dun-248016

SWAMI RAMA HIMALAYAN UNIVERSITY, DEHRADUN					
Department of Psychiatry					
POST GRADUATE TEACHING SCHEDULE for the month of December 2024					
Date	Day	Activity	Topic	Presenter	Moderator
Ref: SRHU/HIMS/PSYCH/24/ 202				Date: - 26/11/2024	
Time: - 8:00 AM to 9:00 AM					
01-Dec-24	SUNDAY				
02-Dec-24	MONDAY	Case presentation		Dr. Nikita	Dr. Anshu
03-Dec-24	TUESDAY	Case Discussion Group			
04-Dec-24	WEDNESDAY	Journal Club		Dr. Simrata	Dr. Anshu
05-Dec-24	THURSDAY	Neurosciences Meet			
06-Dec-24	FRIDAY	Case Presentation		Dr. Bhavin	Dr. Anshu
07-Dec-24	SATURDAY	Seminar	Disruptive and impulse control disorders: assessment and management	Dr. Yukti	Dr. Praveen Rikhari
08-Dec-24	SUNDAY				
09-Dec-24	MONDAY	Journal Club		Dr. Bhavin	Dr. Anshu
10-Dec-24	TUESDAY	Seminar	Treatment resistant OCD	Dr. Ankit	Dr. Simrat Kaur
11-Dec-24	WEDNESDAY	Case Presentation		Dr. Simrata	Dr. Anshu
12-Dec-24	THURSDAY	Neurosciences Meet			
13-Dec-24	FRIDAY	Journal Club		Dr.Yukti	Dr. Anshu
14-Dec-24	SATURDAY	Case Presentation		Dr. Bhavin	
15-Dec-24	SUNDAY				
16-Dec-24	MONDAY	Seminar	Neurobiology of placebo and psychiatric implications	Dr. Nikita	Dr. Priyaranjan Avinash
17-Dec-24	TUESDAY	Case Discussion Group			
18-Dec-24	WEDNESDAY	Case presentation		Dr. Yukti	Dr. Anshu
19-Dec-24	THURSDAY	Neurosciences Meet			
20-Dec-24	FRIDAY	Journal Club		Dr. Nikita	Dr. Anshu
21-Dec-24	SATURDAY	Guest Lecture			
22-Dec-24	SUNDAY				
23-Dec-24	MONDAY	Seminar	Juvenile justice act and psychiatric implications	Dr. Simrata	Dr. Robin Victor
24-Dec-24	TUESDAY	Case Presentation		Dr. Ankit	Dr. Anshu
25-Dec-24	WEDNESDAY		G.H. (Christmas)		
26-Dec-24	THURSDAY	Neurosciences Meet			
27-Dec-24	FRIDAY	Journal Club		Dr. Ankit	Dr. Anshu
28-Dec-24	SATURDAY	Seminar	Neuropsychological testing	Dr. Bhavin	Dr. Simrat Kaur
29-Dec-24	SUNDAY				
30-Dec-24	MONDAY	Case discussion group			Dr. Anshu
31-Dec-24	TUESDAY	Case Presentation		Dr. Ankit	Dr. Anshu

Note: - Any Presenter who is not able to present their respective seminar/ Case Presentation, will require a valid reason and prior approval


 Signature
 Professor & Head
 Department of Psychiatry
 Dr. Priyaranjan Avinash
 (Professor and Head)
 Himalayan Institute of Medical Sciences
 SRHU, Swami Ram Nagar (Jolly Grant)
 Dehradun-248016

DEPARTMENT OF PSYCHIATRY

EMERGENCY DUTY ROSTER For December-2024

REF: SRHU/HIMS/PSYCHIATRY/2024-201

DATE: -26.11.2024

DATE	DAY	RESIDENT	CONSULTANT	S. R
01-Dec-24	SUNDAY	DR. YUKTI	DR. SIMRAT KAUR	DR. ANSHU
02-Dec-24	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
03-Dec-24	TUESDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU
04-Dec-24	WEDNESDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
05-Dec-24	THURSDAY	DR. YUKTI	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
06-Dec-24	FRIDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
07-Dec-24	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
08-Dec-24	SUNDAY	DR. ANKIT	DR. SIMRAT KAUR	DR. ANSHU
09-Dec-24	MONDAY	DR. NIKITA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
10-Dec-24	TUESDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
11-Dec-24	WEDNESDAY	DR. YUKTI	DR. ROBIN VICTOR	DR. ANSHU
12-Dec-24	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
13-Dec-24	FRIDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
14-Dec-24	SATURDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
15-Dec-24	SUNDAY	DR. BHAVIN	DR. PRAVEEN RIKAHRI	DR. ANSHU
16-Dec-24	MONDAY	DR. YUKTI	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
17-Dec-24	TUESDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
18-Dec-24	WEDNESDAY	DR. YUKTI	DR. ROBIN VICTOR	DR. ANSHU
19-Dec-24	THURSDAY	DR. BHAVIN	DR. PRAVEEN RIKAHRI	DR. ANSHU
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30-Dec-24	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
31-Dec-24	TUESDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU

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Dr. Priya Ranjan Avinash
Professor & Head

Prof. & Head (Psychiatry)
Department of Psychiatry
Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar (Jolly Grant)
Dehradun-248016

DEPARTMENT OF PSYCHIATRY

Revised EMERGENCY DUTY ROSTER For December-2024

REF: SRHU/HIMS/PSYCHIATRY/2024-203

DATE: -26.11.2024

DATE	DAY	RESIDENT	CONSULTANT	S. R
01-Dec-24	SUNDAY	DR. YUKTI	DR. SIMRAT KAUR	DR. ANSHU
02-Dec-24	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. ANSHU
03-Dec-24	TUESDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU
04-Dec-24	WEDNESDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
05-Dec-24	THURSDAY	DR. YUKTI	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. ANSHU
06-Dec-24	FRIDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
07-Dec-24	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
08-Dec-24	SUNDAY	DR. ANKIT	DR. SIMRAT KAUR	DR. ANSHU
09-Dec-24	MONDAY	DR. NIKITA	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. ANSHU
10-Dec-24	TUESDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
11-Dec-24	WEDNESDAY	DR. YUKTI	DR. ROBIN VICTOR	DR. ANSHU
12-Dec-24	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. ANSHU
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17-Dec-24	TUESDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
18-Dec-24	WEDNESDAY	DR. YUKTI	DR. ROBIN VICTOR	DR. ANSHU
19-Dec-24	THURSDAY	DR. BHAVIN	DR. PRAVEEN RIKHARI	DR. ANSHU
20-Dec-24	FRIDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU
21-Dec-24	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
22-Dec-24	SUNDAY	DR. ANKIT	DR. PRAVEEN RIKHARI	DR. ANSHU
23-Dec-24	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. ANSHU
24-Dec-24	TUESDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU
25-Dec-24	WEDNESDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
26-Dec-24	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. ANSHU
27-Dec-24	FRIDAY	DR. SIMRATA	DR. P. R. AVINASH	DR. ANSHU
28-Dec-24	SATURDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
29-Dec-24	SUNDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU
30-Dec-24	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. ANSHU
31-Dec-24	TUESDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU

Note: - On duty Resident will remain on call 24x7 otherwise strict action will be taken (shall be available on phone). No change in duty allowed without prior permission of faculty. The resident taking leave of absence has to report the name of the reliever thereof to the Head of the department. The responsibility of discharge of duty consequently will lie with the reliever. The name of the reliever should be conveyed to Dr. Robin Victor.

[Signature]

[Signature]

Dr. Priya Ranjan Avinash
Professor & Head

Department of Psychiatry
Prof. & Head (Psychiatry)
Himalayan Institute of Medical Science
SRHU, Swami Ram Nagar, (Jolly Grant)
Dehradun 248016

Department of Psychiatry
Himalayan Institute of Medical Sciences
Swami Ram Nagar (Jolly Grant)

December 2024

DAY	CONSULTANT	OPD DUTY ROSTER SCHEDULE			TCC
		JR2	JR1	Ref	
Monday	Dr. Praveen Rikhari/ Dr. Simrat Kaur	Dr. Yukti	Dr. Ankit	Dr. Simrata	Dr. Nikita
Tuesday	Dr. Priyaranjan Avinash	Dr. Yukti	Dr. Ankit	Dr. Bhavin	Dr. Nikita
Wednesday	Dr. Robin Victor	Dr. Simrata	Dr. Ankit	Dr. Bhavin	Dr. Yukti
Thursday	Dr. Praveen Rikhari/ Dr. Simrat Kaur	Dr. Simrata	Dr. Bhavin	Dr. Nikita	Dr. Yukti
Friday	Dr. Priyaranjan Avinash	Dr. Nikita	Dr. Bhavin	Dr. Ankit	Dr. Simrata
Saturday	Dr. Robin Victor	Dr. Nikita	Dr. Bhavin	Dr. Yukti	Dr. Simrata

Note: Pulmonary references to be managed alongside 1st year.

In case of leave, the reference will be managed through the corresponding reliever.

Signature

Dr. Priya Ranjan Avinash
Professor and Head of Psychiatry
Department of Psychiatry

Dated: 
Professor & Head
Department of Psychiatry
Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar (Jolly Grant)
Dehradun-248016

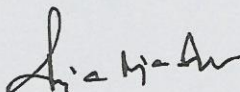
SWAMI RAM NAGAR, DEHRADUN

Department of Psychiatry

POST GRADUATE TEACHING SCHEDULE for the month of November 2024

Date	Day	Activity	Topic	Presenter	Moderator
Ref: SRHU/HIMS/PSYCH/24/ 180			Date: - 22/10/2024		
Time: - 8:00 AM to 9:00 AM					
01-Nov-24	FRIDAY		Deepawali (G.H.)		
02-Nov-24	SATURDAY	Case Discussion group			
03-Nov-24	SUNDAY				
04-Nov-24	MONDAY	Case presentation		Dr. Bhavin	Dr. Anshu
05-Nov-24	TUESDAY	Case Discussion Group			
06-Nov-24	WEDNESDAY	Journal Club		Dr. Ankit	Dr. Simrat Kaur
07-Nov-24	THURSDAY	Neurosciences Meet			
08-Nov-24	FRIDAY	Case Presentation		Dr. Simrata	Dr. Anshu
09-Nov-24	SATURDAY	Seminar	Pimavanserin: Novel drug for PDP	Dr. Nikita	Dr. P.R. Avinash
10-Nov-24	SUNDAY				
11-Nov-24	MONDAY	Journal Club		Dr. Yukti	Dr. Praveen Rikhari
12-Nov-24	TUESDAY		Igass (G.H.)		
13-Nov-24	WEDNESDAY	Case Presentation		Dr. Ankit	Dr. Anshu
14-Nov-24	THURSDAY	Neurosciences Meet			
15-Nov-24	FRIDAY	Journal Club		Dr. Simrata	Dr. Simrat Kaur
16-Nov-24	SATURDAY	Spiritual Neurosciences			
17-Nov-24	SUNDAY				
18-Nov-24	MONDAY	Seminar	Electroconvulsive Therapy: Principles, procedure, applications and Contraindications	Dr. Yukti	Dr. Robin Victor
19-Nov-24	TUESDAY	Case Discussion Group			
20-Nov-24	WEDNESDAY	Journal Club		Dr. Bhavin	Dr. Praveen Rikhari
21-Nov-24	THURSDAY	Neurosciences Meet			
22-Nov-24	FRIDAY	Case Presentation		Dr. Nikita	DR. Anshu
23-Nov-24	SATURDAY	Seminar	Lewy Body Dementia: Pathophysiology, Differentials, Management	Dr. Simrata	Dr. Praveen Rikhari
24-Nov-24	SUNDAY				
25-Nov-24	MONDAY	Journal club		Dr. Nikita	Dr. Anshu
26-Nov-24	TUESDAY	Case Presentation		Dr. Yukti	Dr. Anshu
27-Nov-24	WEDNESDAY	Seminar	Treatment guidelines for Bipolar Disorder	Dr. Ankit	Dr. Simrat Kaur
28-Nov-24	THURSDAY	Neurosciences Meet			
29-Nov-24	FRIDAY	Guest Lecture		Will be updated on later schedule	
30-Nov-24	SATURDAY	Seminar	Treatment resistant MDD: Definition, Lessons from STAR-D, Approach, Recent advances and Prognosis.	Dr. Bhavin	Dr. Praveen Rikhari

Note: - Any Presenter who is not able to present their respective seminar/ Case Presentation, will require a valid reason and prior approval.



Dr. Priyaranjan Avinash
 Regn No. JKMC 9322
Professor & Head
 (Dept. of Psychiatry)
 Department of Psychiatry
 Himalayan Institute of Medical Sciences
 SRHU, Swami Ram Nagar (Jolly Grant)
 Dehradun-248016

DEPARTMENT OF PSYCHIATRY

EMERGENCY DUTY ROSTER For November-2024

REF: SRHU/HIMS/PSYCHIATRY/2024/178

DATE: -19.10.2024

DATE	DAY	RESIDENT	CONSULTANT	S. R
01-Nov-24	FRIDAY	DR ANKIT	DR. P. R. AVINASH	DR. ANSHU
02-Nov-24	SATURDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
03-Nov-24	SUNDAY	DR. BHAVIN	DR. PRAVEEN RIKHARI	DR. ANSHU
04-Nov-24	MONDAY	DR. YUKTI	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
05-Nov-24	TUESDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
06-Nov-24	WEDNESDAY	DR. NIKITA	DR. ROBIN VICTOR	DR. ANSHU
07-Nov-24	THURSDAY	DR. YUKTI	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
08-Nov-24	FRIDAY	DR. SIMRATA	DR. P. R. AVINASH	DR. ANSHU
09-Nov-24	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
10-Nov-24	SUNDAY	DR. ANKIT	DR. PRAVEEN RIKHARI/DR. SIMRAT KAUR	DR. ANSHU
11-Nov-24	MONDAY	DR. BHAVIN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
12-Nov-24	TUESDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
13-Nov-24	WEDNESDAY	DR. YUKTI	DR. ROBIN VICTOR	DR. ANSHU
14-Nov-24	THURSDAY	DR. SIMRATA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
15-Nov-24	FRIDAY	DR. SIMRATA	DR. P. R. AVINASH	DR. ANSHU
16-Nov-24	SATURDAY	DR BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
17-Nov-24	SUNDAY	DR. BHAVIN	DR. P.R. AVINASH	DR. ANSHU
18-Nov-24	MONDAY	DR. NIKITA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
19-Nov-24	TUESDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
20-Nov-24	WEDNESDAY	DR. SIMRATA	DR. ROBIN VICTOR	DR. ANSHU
21-Nov-24	THURSDAY	DR BHAVIN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
22-Nov-24	FRIDAY	DR. YUKTI	DR. P. R. AVINASH	DR. ANSHU
23-Nov-24	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
24-Nov-24	SUNDAY	DR. ANKIT	DR. SIMRAT KAUR	DR. ANSHU
25-Nov-24	MONDAY	DR. NIKITA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
26-Nov-24	TUESDAY	DR. SIMRATA	DR. P. R. AVINASH	DR. ANSHU
27-Nov-24	WEDNESDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
28-Nov-24	THURSDAY	DR BHAVIN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
29-Nov-24	FRIDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
30-Nov-24	SATURDAY	DR. YUKTI	DR. ROBIN VICTOR	DR. ANSHU

Note: - On duty Resident will remain on call 24x7 otherwise strict action will be taken (shall be available on phone). No change in duty allowed without prior permission of faculty. The resident taking leave of absence has to report the name of the reliever thereof to the Head of the department. The responsibility of discharge of duty consequently will lie with the reliever. The name of the reliever should be conveyed to **Dr. Robin Victor**.

Priya Ranjan Avinash
Dr. Priya Ranjan Avinash
 Department of Psychiatry
 Himalayan Institute of Medical Sciences
Prof. & Head (Psychiatry)
 Swami Rama Himalayan University

**Department of Psychiatry
Himalayan Institute of Medical Sciences**

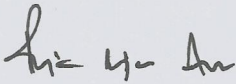
Swami Ram Nagar (Jolly Grant)

November 2024

EVENING DUTY ROSTER SCHEDULE

DAY	CONSULTANT/ SENIOR RESIDENT	Reference duty	TCC
Monday	Dr. Priyaranjan Avinash/ Dr. Anshu	Dr. Nikita	Dr. Yukti
Tuesday	Dr. Praveen Rikhari/ Dr. Anshu	Dr. Ankit	Dr. Simrata
Wednesday	Dr. Praveen Rikhari/ Dr. Anshu	Dr. Bhavin	Dr. Nikita
Thursday	Dr. Robin Victor/ Dr. Anshu	Dr. Yukti	Dr. Simrata
Friday	Dr. Simrat Kaur/ Dr. Anshu	Dr. Ankit	Dr. Nikita
Saturday	Dr. Simrat Kaur/ Dr. Anshu	Dr. Simrata	Dr. Yukti

Note: Pulmonary references to be managed alongside 1st year. In case of leave, the reference will be managed through the corresponding reliever.



Signature
Professor & Head
Department of Psychiatry
Himalayan Institute of Medical Sciences
Dr. Priyaranjan Avinash
Dehradun-248016

Professor and Head of Psychiatry

Department of Psychiatry

Dated: 29/10/2024

Department of Psychiatry
Himalayan Institute of Medical Sciences
Swami Ram Nagar (Jolly Grant)

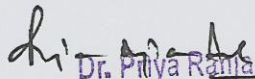
November 2024

OPD DUTY ROSTER SCHEDULE

DAY	CONSULTANT	JR3	JR2	JR1
Monday	Dr. Praveen Rikhari/ Dr. Simrat Kaur	Dr. Rachit	Dr. Simrata	Dr. Ankit
Tuesday	Dr. Priyaranjan Avinash	Dr. Rachit	Dr. Nikita	Dr. Bhavin
Wednesday	Dr. Robin Victor	Dr. Dharuvika	Dr. Yukti	Dr. Ankit
Thursday	Dr. Praveen Rikhari/ Dr. Simrat Kaur	Dr. Dharuvika	Dr. Simrata	Dr. Ankit
Friday	Dr. Priyaranjan Avinash	Dr. Twinkle	Dr. Yukti	Dr. Bhavin
Saturday	Dr. Robin Victor	Dr. Twinkle	Dr. Nikita	Dr. Bhavin

Note: Pulmonary references to be managed alongside 1st year.

In case of leave, the reference will be managed through the corresponding reliever.


Dr. Priya Ranjan Avinash
Regn. No. 11KMR 0222
Signature Professor & Head
Department of Psychiatry
Himalayan Institute of Medical Sciences
SKMC, Swami Ram Nagar (Jolly Grant)
Dehradun-248016
Dr. Priya Ranjan Avinash
Professor and Head of Psychiatry
Department of Psychiatry

Dated: 25/10/2024

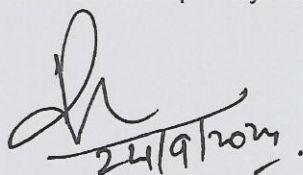
SWAMI RAM NAGAR, DEHRADUN

Department of Psychiatry

POST GRADUATE TEACHING SCHEDULE for the month of October 2024

Date	Day	Activity	Topic	Presenter	Moderator
Ref: SRHU/HIMS/PSYCH/24/161			Date: - 24/09/2024		
Time: - 8:00 AM to 9:00 AM					
01-Oct-24	TUESDAY				
02-Oct-24	WEDNESDAY				
03-Oct-24	THURSDAY	Neurosciences Meet			
04-Oct-24	FRIDAY				
05-Oct-24	SATURDAY	Case Presentation		Dr. Bhavin	Dr. Anshu
06-Oct-24	SUNDAY				
07-Oct-24	MONDAY				
08-Oct-24	TUESDAY	Case Presentation		Dr. Ankit	Dr. Anshu
09-Oct-24	WEDNESDAY	Case Presentation		Dr. Simrata	Dr. Anshu
10-Oct-24	THURSDAY	Neurosciences Meet			
11-Oct-24	FRIDAY	Case Presentation		Dr. Anshuman	Dr. Anshu
12-Oct-24	SATURDAY				
13-Oct-24	SUNDAY				
14-Oct-24	MONDAY				
15-Oct-24	TUESDAY				
16-Oct-24	WEDNESDAY				
17-Oct-24	THURSDAY	Neurosciences Meet			
18-Oct-24	FRIDAY	Case Presentation		Dr. Nikita	Dr. Anshu
19-Oct-24	SATURDAY	Seminar	Theories of schizophrenia	Dr. Bhavin	Dr. Praveen Rikhari
20-Oct-24	SUNDAY				
21-Oct-24	MONDAY	Seminar	Intelligence: Theories and its assessment	Dr. Ankit	Dr. Simrat Kaur
22-Oct-24	TUESDAY				
23-Oct-24	WEDNESDAY	Seminar	Theories of Personality	Dr. Anshuman	Dr. Praveen Rikhari
24-Oct-24	THURSDAY	Neurosciences Meet			
25-Oct-24	FRIDAY				
26-Oct-24	SATURDAY	Seminar	Tobacco Use Disorder: Assessment and Management – evidence based	Dr. Anshu	Dr. Robin Victor
27-Oct-24	SUNDAY				
28-Oct-24	MONDAY	Seminar	Nosology , Classification and Neurobiology of Autism Spectrum Disorder	DR. Simrata	Dr. Robin Victor
29-Oct-24	TUESDAY				
30-Oct-24	WEDNESDAY	Seminar	Recent Evidences in Autism assessment and managment	Dr. Nikita	Dr. Priyaranjan Avinash
31-Oct-24	THURSDAY	Neurosciences Meet			

Note: - Any Presenter who is not able to present for their respective seminar/ Case Presentation will require a valid reason and prior approval from the consultant moderating the activity. The PDFs of the Seminar have to be uploaded in the PG seminar of this year. The activity presentation is a primary responsibility of the resident.


24/9/2024

Dr. Priyaranjan Avinash & Head
Professor & Head
 (Dept. of Psychiatry)
 Department of Psychiatry
 Institute of Medical Sciences
 SRHU, Swami Ram Nagar (Jolly Grant)
 Dehradun-248016

DEPARTMENT OF PSYCHIATRY

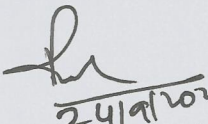
EMERGENCY DUTY ROSTER For October-2024

REF: SRHU/HIMS/PSYCHIATRY/2024-160

DATE: -23.09.2024

DATE	DAY	RESIDENT	CONSULTANT	S. R
01-Oct-24	TUESDAY	DR BHAVIN	DR. P. R. AVINASH	DR. ANSHU
02-Oct-24	WEDNESDAY	DR. NIKITA	DR. ROBIN VICTOR	DR. ANSHU
03-Oct-24	THURSDAY	DR. ANSHUMAN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
04-Oct-24	FRIDAY	DR BHAVIN	DR. P. R. AVINASH	DR. ANSHU
05-Oct-24	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
06-Oct-24	SUNDAY	DR. ANKIT	DR. PRAVEEN RIKHARI	DR. ANSHU
07-Oct-24	MONDAY	DR. RACHIT	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
08-Oct-24	TUESDAY	DR. RACHIT	DR. P. R. AVINASH	DR. ANSHU
09-Oct-24	WEDNESDAY	DR. DHARUVIKA	DR. ROBIN VICTOR	DR. ANSHU
10-Oct-24	THURSDAY	DR. DHARUVIKA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
11-Oct-24	FRIDAY	DR. SIMRATA	DR. P. R. AVINASH	DR. ANSHU
12-Oct-24	SATURDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
13-Oct-24	SUNDAY	DR. ANSHUMAN	DR. SIMRAT KAUR	DR. ANSHU
14-Oct-24	MONDAY	DR. TWINKLE	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
15-Oct-24	TUESDAY	DR. TWINKLE	DR. P. R. AVINASH	DR. ANSHU
16-Oct-24	WEDNESDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
17-Oct-24	THURSDAY	DR. SIMRATA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
18-Oct-24	FRIDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
19-Oct-24	SATURDAY	DR BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
20-Oct-24	SUNDAY	DR BHAVIN	DR. PRIYARANJAN AVINASH	DR. ANSHU
21-Oct-24	MONDAY	DR. ANSHUMAN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
22-Oct-24	TUESDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
23-Oct-24	WEDNESDAY	DR. SIMRATA	DR. ROBIN VICTOR	DR. ANSHU
24-Oct-24	THURSDAY	DR BHAVIN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
25-Oct-24	FRIDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
26-Oct-24	SATURDAY	DR. NIKITA	DR. ROBIN VICTOR	DR. ANSHU
27-Oct-24	SUNDAY	DR. NIKITA	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. ANSHU
28-Oct-24	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
29-Oct-24	TUESDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
30-Oct-24	WEDNESDAY	DR. NIKITA	DR. ROBIN VICTOR	DR. ANSHU
31-Oct-24	THURSDAY	DR BHAVIN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU

Note: - On duty Resident will remain on call 24x7 otherwise strict action will be taken (shall be available on phone). No change in duty allowed without prior permission of faculty. The resident taking leave of absence has to report the name of the reliever thereof to the Head of the department. The responsibility of discharge of duty consequently will lie with the reliever. The name of the reliever should be conveyed to Dr. Robin Victor.


24/10/2024

Dr. Priya Ranjan Avinash

Professor & Head
Department of Psychiatry

Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar (Jolly Grant)
Dehradun-248016

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

SWAMI RAM NAGAR, DEHRADUN

EVENING REFERENCE DUTY ROSTER

TIMING: - 3:00 PM ONWARD

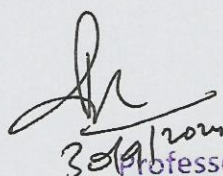
Date: 30/09/2024

October – 2024

Department of Psychiatry

DAYS	SR/CONSULTANT	JUNIOR RESIDENT
MONDAY	DR. ROBIN VICTOR/ DR. ANSHU	DR. NIKITA
TUESDAY	DR. PRAVEEN RIKHARI, DR. SIMRAT KAUR	DR. ANSHUMAN
WEDNESDAY	DR. P. R. AVINASH/ DR. ANSHU	DR. BHAVIN
THURSDAY	DR. ROBIN VICTOR/ DR. ANSHU	DR. ANKIT
FRIDAY	DR. SIMRAT KAUR/ DR. ANSHU	DR. ANSHUMAN
SATURDAY	DR. PRAVEEN RIKHARI/ DR. ANSHU	DR. SIMRATA

Note: Pulmonary references to be managed alongside 1st year. In case of leave, the reference will be managed through the corresponding reliever.



Dr. Priya Ranjan Avinash
Professor & Head
Department of Psychiatry
Himalayan Institute of Medical Sciences
(Self-Financing Institute, Govt. Grant)
Dehradun-248016
Department of Psychiatry

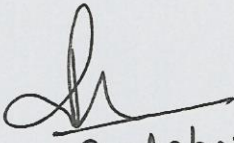
OPD DUTY ROSTER

October - 2024

Department of Psychiatry

DAYS	CONSULTANT/SR	JUNIOR RESIDENT		
		JR-3	JR-2	JR-1
MONDAY	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. RACHIT	DR. SIMRATA	DR. ANSHUMAN
TUESDAY	DR. P.R AVINASH	DR. RACHIT	DR. NIKITA	DR. BHAVIN
WEDNESDAY	DR. ROBIN VICTOR	DR. TWINKLE	DR. SIMRATA	DR. ANKIT
THURSDAY	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. TWINKLE	DR. NIKITA	DR. ANSHUMAN
FRIDAY	DR. P.R. AVINASH	DR. DHARUVIKA	DR. SIMRATA	DR. BHAVIN
SATURDAY	DR. ROBIN VICTOR	DR. DHARUVIKA	DR. NIKITA	DR. ANKIT

- NOTE:**
- Junior Resident to join OPD duty afterward rounds.
 - Any change in duty will require prior permission.



30/9/24
Professor & Head
Dr. Priya Ranjan Avinash
Department of Psychiatry
Himalayan Institute of Medical Sciences
Professor & Head of Psychiatry
Dehradun-248016
Department of Psychiatry

SWAMI RAM NAGAR, DEHRADUN**Department of Psychiatry****POST GRADUATE TEACHING SCHEDULE for the month of September 2024**

Date	Day	Activity	Topic	Presenter	Moderator
Ref: SRHU/HIMS/PSYCH/24/ 135			Date - 27/08/2024		
Time: - 8:00 AM to 9:00 AM					
01-Sept-24	SUNDAY				
02-Sept-24	MONDAY				
03-Sept-24	TUESDAY				
04-Sept-24	WEDNESDAY				
05-Sept-24	THURSDAY	Neurosciences Meet			
06-Sept-24	FRIDAY				
07-Sept-24	SATURDAY	Seminar	Parietal lobe: Neuroanatomy, assessment of temporal lobe signs, psychiatric implications	Dr. Anshuman	Dr. Simrat Kaur
08-Sept-24	SUNDAY				
09-Sept-24	MONDAY	Case Presentation		Dr. Simrata	Dr. Anshu
10-Sept-24	TUESDAY				
11-Sept-24	WEDNESDAY	Seminar	Neuropsychiatric aspects of movement disorder	Dharuvika	Dr. Robin Victor
12-Sept-24	THURSDAY	Neurosciences Meet	CATATONIA	Dr. Simrat Kaur	
13-Sept-24	FRIDAY				
14-Sept-24	SATURDAY	Seminar	Temporal Lobe: Neuroanatomy, assessment of temporal lobe signs, psychiatric implications	Dr. Bhavin	Dr.Praveen Rikhari
15-Sept-24	SUNDAY				
16-Sept-24	MONDAY	Seminar	Gender Identity Disorder	Dr. Rachit	Dr. Praveen Rikhari
17-Sept-24	TUESDAY				
18-Sept-24	WEDNESDAY				
19-Sept-24	THURSDAY	Neurosciences Meet			
20-Sept-24	FRIDAY	Journal Club	Molecular Psychiatry; https://doi.org/10.1038/s41380-024-02694-3	Dr. Simrata	Dr. Anshu
21-Sept-24	SATURDAY	Case Presentation		Dr. Anshuman	Dr. Anshu
22-Sept-24	SUNDAY				
23-Sept-24	MONDAY	Case Presentation		Dr. Ankit	Dr. Simrat Kaur
24-Sept-24	TUESDAY				Dr. Anshu
25-Sept-24	WEDNESDAY				
26-Sept-24	THURSDAY	Neurosciences Meet			
27-Sept-24	FRIDAY	Seminar	Personality disorder: evolution in classification in last decade.	Dr. Twinkle	Dr.Robin Victor
28-Sept-24	SATURDAY	Case presentation		Dr. Bhavin	Dr. Anshu
29-Sept-24	SUNDAY				
30-Sept-24	MONDAY	Case Presentation		Dr. Ankit	Dr. Anshu

Note: - Any Presenter who is not able to present there respective seminar/ Case Presentation will require a valid reason and prior approval.

Professor & Head

Department of Psychiatry

HOD Sign. Himalayan Institute of Medical Sciences

SRHU, Swami Ram Nagar (Jolly Grant)

Dehradun-248016

DEPARTMENT of Psychiatry

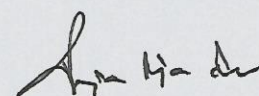
EMERGENCY DUTY ROSTER For September-2024

REF: SRHU/HIMS/PSYCHIATRY/2024- **132**

DATE: -24.08.2024

DATE	DAY	RESIDENT	CONSULTANT	S. R
01-Sept-24	SUNDAY	DR. BHAVIN	DR. PRAVEEN RIKHARI	DR. ANSHU
02-Sept-24	MONDAY	DR. RACHIT	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
03-Sept-24	TUESDAY	DR. RACHIT	DR. PRIYARANJAN AVINASH	DR. ANSHU
04-Sept-24	WEDNESDAY	DR. DHARUVIKA	DR. ROBIN VICTOR	DR. ANSHU
05-Sept-24	THURSDAY	DR. DHARUVIKA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
06-Sept-24	FRIDAY	DR. SIMRATA	DR. PRIYARANJAN AVINASH	DR. ANSHU
07-Sept-24	SATURDAY	DR. SIMRATA	DR. ROBIN VICTOR	DR. ANSHU
08-Sept-24	SUNDAY	DR. SIMRATA	DR. PRIYARANJAN AVINASH	DR. ANSHU
09-Sept-24	MONDAY	DR. TWINKLE	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
10-Sept-24	TUESDAY	DR. TWINKLE	DR. PRIYARANJAN AVINASH	DR. ANSHU
11-Sept-24	WEDNESDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
12-Sept-24	THURSDAY	DR. BHAVIN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
13-Sept-24	FRIDAY	DR. SIMRATA	DR. PRIYARANJAN AVINASH	DR. ANSHU
14-Sept-24	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
15-Sept-24	SUNDAY	DR. ANKIT	DR. SIMRAT KAUR	DR. ANSHU
16-Sept-24	MONDAY	DR. ANSHUMAN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
17-Sept-24	TUESDAY	DR. BAHVIN	DR. PRIYARANJAN AVINASH	DR. ANSHU
18-Sept-24	WEDNESDAY	DR. SIMRATA	DR. ROBIN VICTOR	DR. ANSHU
19-Sept-24	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
20-Sept-24	FRIDAY	DR. BHAVIN	DR. PRIYARANJAN AVINASH	DR. ANSHU
21-Sept-24	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
22-Sept-24	SUNDAY	DR. ANKIT	DR. PRAVEEN RIKHARI	DR. ANSHU
23-Sept-24	MONDAY	DR. ANSHUMAN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
24-Sept-24	TUESDAY	DR. ANSHUMAN	DR. PRIYARANJAN AVINASH	DR. ANSHU
25-Sept-24	WEDNESDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
26-Sept-24	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
27-Sept-24	FRIDAY	DR. BHAVIN	DR. PRIYARANJAN AVINASH	DR. ANSHU
28-Sept-24	SATURDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
29-Sept-24	SUNDAY	DR. ANSHUMAN	DR. SIMRAT KAUR	DR. ANSHU
30-Sept-24	MONDAY	DR. BHAVIN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU

Note: - On duty Resident will remain on call 24x7 otherwise strict action will be taken (shall be available on phone). No change in duty allowed without prior permission of Faculty and the reliever should be of the same batch as the person asking for leave.



Dr. Priya Ranjan Avinash

Dr. Priya Ranjan Avinash
Prof. & Head (Psychiatry)

Regn.No UKR/132

Professor & Head

Department of Psychiatry

Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar (Jolly Grant)

Dehradun-248016

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

SWAMI RAM NAGAR, DEHRADUN

EVENING REFERENCE DUTY ROSTER

TIMING: - 3:00 PM ONWARD

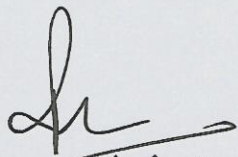
Date: 28/08/2024

September – 2024

Department of Psychiatry

DAYS	SR/CONSULTANT	JUNIOR RESIDENT
MONDAY	DR. ANSHU/ DR. ROBIN VICTOR	DR. DHARUVIKA
TUESDAY	DR. ANSHU/ DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. TWINKLE
WEDNESDAY	DR. ANSHU/ DR. PRAVEEN RIKHARI	DR. ANSHUMAN
THURSDAY	DR. ANSHU/ DR. P. R. AVINASH	DR. BHAVIN
FRIDAY	DR. ANSHU/ DR. ROBIN VICTOR/ DR. SIMRAT KAUR	DR. ANKIT
SATURDAY	DR. ANSHU/ DR. P. R. AVINASH	DR. RACHIT

Note: Pulmonary references to be managed alongside 1st year. In case of leave, the reference will be managed through the corresponding reliever.



28/8/2024
Professor & Head
Department of Psychiatry
Himalayan Institute of Medical Sciences
SRNU, Swami Ram Nagar (Chh. Garh)
Dehradun-248016
Department of Psychiatry

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

SWAMI RAM NAGAR, DEHRADUN

OPD DUTY ROSTER

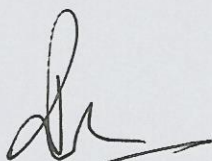
Date: 28/08/2024

September - 2024

Department of Psychiatry

DAYS	CONSULTANT/SR	JUNIOR RESIDENT		
		JR-3	JR-2	JR-1
MONDAY	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. RACHIT	DR. SIMRATA	DR. ANSHUMAN
TUESDAY	DR. P.R AVINASH	DR. RACHIT	DR. SIMRATA	DR. ANSHUMAN
WEDNESDAY	DR. ROBIN VICTOR	DR. DHARUVIKA	DR. SIMRATA	DR. ANKIT
THURSDAY	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. DHARUVIKA	DR. SIMRATA	DR. ANKIT
FRIDAY	DR. P.R. AVINASH	DR. TWINKLE	DR. SIMRATA	DR. BHAVIN
SATURDAY	DR. ROBIN VICTOR	DR. TWINKLE	DR. SIMRATA	DR. BHAVIN

- NOTE:** - Junior Resident to join OPD duty afterward rounds.
- Any change in duty will require prior permission.

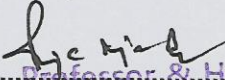


28/8/2024
Professor & Head
Department of Psychiatry
Himalayan Institute of Medical Sciences
Swami Ram Nagar (Jolly Grant)
Dehradun-248016
Dr. Priya Ranjan Avinash
Professor & Head of Psychiatry
Department of Psychiatry

SWAMI RAM NAGAR, DEHRADUN**Department of Psychiatry****POST GRADUATE TEACHING SCHEDULE for the month of August 2024**

Date	Day	Activity	Topic	Presenter	Moderator
Ref: SRHU/HIMS/PSYCH/24/ 194			Date: - 23/07/2024		
Time: - 8:00 AM to 9:00 AM					
01-Aug-24	THURSDAY	Neurosciences Meet			
02-Aug-24	FRIDAY	Seminar	Frontal Lobe: neuroanatomy, assessment of frontal lobe signs, implications in psychiatry	Dr. Ankit Saini	Dr. Praveen Rikhari
03-Aug-24	SATURDAY	Seminar	Neuropsychiatric aspects of movement disorders	Dr. Dharuvika	Dr. Robin Victor
04-Aug-24	SUNDAY				
05-Aug-24	MONDAY	Seminar	Transcranial Magnetic Stimulation	Dr. Twinkle	Dr. P. R. Avinash
06-Aug-24	TUESDAY	Journal Club		Dr. Nikita	
07-Aug-24	WEDNESDAY	Seminar	Parietal Lobe: neuroanatomy, assessment of frontal lobe signs, implications in psychiatry	Dr. Anshuman	Dr. Simrat Kaur
08-Aug-24	THURSDAY	Neurosciences Meet			
09-Aug-24	FRIDAY		Gender identity Disorder	Dr. Rachit	Dr. Praveen Rikhari
10-Aug-24	SATURDAY	Case Presentation		Dr. Rachit	Dr. Anshu
11-Aug-24	SUNDAY				
12-Aug-24	MONDAY	Seminar	Temporal Lobe: Neuroanatomy, assessment of Temporal lobe signs, implications in psychiatry	Dr. Bhavin	Dr. P. R. Avinash
13-Aug-24	TUESDAY	Journal club		Dr. Simrata	Dr. Robin Victor
14-Aug-24	WEDNESDAY	Seminar	Sexual side effects of psychotropics	Dr. Nikita	Dr. Praveen Rikhari
15-Aug-24	THURSDAY	Neurosciences Meet	Independence Day (GH)		
16-Aug-24	FRIDAY	Case Presentation		Dr. Simrata	Dr. Anshu
17-Aug-24	SATURDAY	Case Presentation		Dr. Dharuvika	Dr. Anshu
18-Aug-24	SUNDAY				
19-Aug-24	MONDAY	Case Presentation		Dr. Twinkle	Dr. Anshu
20-Aug-24	TUESDAY	Seminar	Love, sex and procreation (Neurobiology, , psychology, neuropsychiatry, evidence-based critical review)	Dr. Rachit	Dr. P.R. Avinash
21-Aug-24	WEDNESDAY	Case Presentation		Dr. Ankit	Dr. Anshu
22-Aug-24	THURSDAY	Neurosciences Meet			
23-Aug-24	FRIDAY	Case presentation		Dr. Nikita	Dr. Anshu
24-Aug-24	SATURDAY	Journal Club		Dr. Twinkle	Dr. Praveen Rikhari
25-Aug-24	SUNDAY				
26-Aug-24	MONDAY		Krishna Janmashtami (GH)		
27-Aug-24	TUESDAY	Journal Club		Dr. Dharuvika	Dr. Robin Victor
28-Aug-24	WEDNESDAY		Complementary Alternative Medicine therapies in Psychiatry	Dr. Simrata	Dr. Robin Victor
29-Aug-24	THURSDAY	Neurosciences Meet			
30-Aug-24	FRIDAY	Case Presentation		Dr. Bhavin	Dr. Robin Victor
31-Aug-24	SATURDAY	Case presentation		Dr. Anshuman	Dr. Anshu

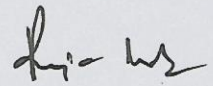
Note: - Any Presenter who is not able to present there respective seminar/ Case Presentation will require a valid reason and prior approval Sign.

HOD Sign.....

Department of Psychiatry
Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar (Jolly Grant)
Dehradun-248016

DEPARTMENT of <i>Psychiatry</i>				
EMERGENCY DUTY ROSTER For August-2024				
REF: SRHU/HIMS/PSYCHIATRY/2024- 192			DATE: - 23.07.2024	
DATE	DAY	RESIDENT	CONSULTANT	S. R
01-Aug-24	THURSDAY	DR. DHARUVIKA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
02-Aug-24	FRIDAY	DR. DHARUVIKA	DR. P. R. AVINASH	DR. ANSHU
03-Aug-24	SATURDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
04-Aug-24	SUNDAY	DR. ANSHUMAN	DR. PRAVEEN RIKHARI	DR. ANSHU
05-Aug-24	MONDAY	DR. RACHIT	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
06-Aug-24	TUESDAY	DR. RACHIT	DR. P. R. AVINASH	DR. ANSHU
07-Aug-24	WEDNESDAY	DR. TWINKLE	DR. ROBIN VICTOR	DR. ANSHU
08-Aug-24	THURSDAY	DR. TWINKLE	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
09-Aug-24	FRIDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
10-Aug-24	SATURDAY	DR. SIMRATA	DR. ROBIN VICTOR	DR. ANSHU
11-Aug-24	SUNDAY	DR. SIMRATA	DR. SIMRAT KAUR	DR. ANSHU
12-Aug-24	MONDAY	DR. ANSHUMAN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
13-Aug-24	TUESDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
14-Aug-24	WEDNESDAY	DR. NIKITA	DR. ROBIN VICTOR	DR. ANSHU
15-Aug-24	THURSDAY	DR. BHAVIN	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
16-Aug-24	FRIDAY	DR. SIMRATA	DR. P. R. AVINASH	DR. ANSHU
17-Aug-24	SATURDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
18-Aug-24	SUNDAY	DR. BHAVIN	DR. SIMRAT KAUR	DR. ANSHU
19-Aug-24	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
20-Aug-24	TUESDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU
21-Aug-24	WEDNESDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
22-Aug-24	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
23-Aug-24	FRIDAY	DR. SIMRATA	DR. P. R. AVINASH	DR. ANSHU
24-Aug-24	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
25-Aug-24	SUNDAY	DR. ANKIT	DR. PRAVEEN RIKAHRI	DR. ANSHU
26-Aug-24	MONDAY	DR. ANKIT	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
27-Aug-24	TUESDAY	DR. ANSHUMAN	DR. P. R. AVINASH	DR. ANSHU
28-Aug-24	WEDNESDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU
29-Aug-24	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKAHRI/ DR. SIMRAT KAUR	DR. ANSHU
30-Aug-24	FRIDAY	DR. ANSHUMAN	DR. P. R. AVINASH	DR. ANSHU
31-Aug-24	SATURDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR. ANSHU

Note: - On duty Resident will remain on call 24x7 otherwise strict action will be taken (shall be available on phone). No change in duty allowed without prior permission of Faculty and the reliever should be of the same batch as the person asking for leave.


Dr. Priya Ranjan Avinash
 Department of Psychiatry
 Prof. & Head (Psychiatry)
 Himalayan Institute of Medical Science
 SRHU, Swami Ram Nagar (Jolly Grant)
 Uttarakhand-248016

DEPARTMENT OF PSYCHIATRY

EMERGENCY DUTY ROSTER For August-2025

REF: SRHU/HIMS/PSYCHIATRY/2025-241

DATE: 22/07/2025

DATE	DAY	RESIDENT	CONSULTANT	S. R.
01-Aug-25	FRIDAY	DR. BHAVIN	DR. PRIYA RANJAN AVINASH	DR DHARUVIKA
02-Aug-25	SATURDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR DHARUVIKA
03-Aug-25	SUNDAY	DR. ANSHUMAN	Dr. PRIYA RANJAN AVINASH	DR DHARUVIKA
04-Aug-25	MONDAY	DR. SIMRATA	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR DHARUVIKA
05-Aug-25	TUESDAY	DR. YUKTI	DR. PRIYA RANJAN AVINASH	DR DHARUVIKA
06-Aug-25	WEDNESDAY	DR. NIKITA	DR. ROBIN VICTOR	DR TWINKLE
07-Aug-25	THURSDAY	DR. SIMRATA	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR TWINKLE
08-Aug-25	FRIDAY	DR. YUKTI	DR. PRIYA RANJAN AVINASH	DR TWINKLE
09-Aug-25	SATURDAY	DR. TANISH	DR. ROBIN VICTOR	DR TWINKLE
10-Aug-25	SUNDAY	DR. TANISH	DR. SIMRAT KAUR	DR TWINKLE
11-Aug-25	MONDAY	DR. ANSHUMAN	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR DHARUVIKA
12-Aug-25	TUESDAY	DR. BHAVIN	DR. PRIYA RANJAN AVINASH	DR DHARUVIKA
13-Aug-25	WEDNESDAY	DR. TANISH	DR. ROBIN VICTOR	DR DHARUVIKA
14-Aug-25	THURSDAY	DR. BHAVIN	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR DHARUVIKA
15-Aug-25	FRIDAY	DR. KIRANJOT	DR. PRIYA RANJAN AVINASH	DR DHARUVIKA
16-Aug-25	SATURDAY	DR. KIRANJOT	DR. ROBIN VICTOR	DR TWINKLE
17-Aug-25	SUNDAY	DR. KIRANJOT	DR PRAVEEN RIKHARI	DR TWINKLE
18-Aug-25	MONDAY	DR. VIDIT	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR TWINKLE
19-Aug-25	TUESDAY	DR. NIKITA	DR. PRIYA RANJAN AVINASH	DR TWINKLE
20-Aug-25	WEDNESDAY	DR. BHAVIN	DR. ROBIN VICTOR	DR TWINKLE
21-Aug-25	THURSDAY	DR. TANISH	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR DHARUVIKA
22-Aug-25	FRIDAY	DR. ANKIT	DR. PRIYA RANJAN AVINASH	DR DHARUVIKA
23-Aug-25	SATURDAY	DR. VIDIT	DR. ROBIN VICTOR	DR DHARUVIKA
24-Aug-25	SUNDAY	DR. VIDIT	DR. PRIYA RANJAN AVINASH	DR DHARUVIKA
25-Aug-25	MONDAY	DR. ANKIT	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR DHARUVIKA
26-Aug-25	TUESDAY	DR. KIRANJOT	DR. PRIYA RANJAN AVINASH	DR TWINKLE
27-Aug-25	WEDNESDAY	DR. VIDIT	DR. ROBIN VICTOR	DR TWINKLE
28-Aug-25	THURSDAY	DR. ANSHUMAN	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR TWINKLE
29-Aug-25	FRIDAY	DR. KIRANJOT	DR. PRIYA RANJAN AVINASH	DR TWINKLE
30-Aug-25	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR TWINKLE
31-Aug-25	SUNDAY	DR. ANKIT	DR SIMRAT KAUR	DR TWINKLE

Note: - On duty Resident will remain on call 24x7 otherwise strict action will be taken (shall be available on phone). No change in duty allowed without prior permission of faculty. The resident taking leave of absence must report the name of the reliever thereof to the Head of the department. The responsibility of discharge of duty consequently will lie with the reliever. The name of the reliever should be conveyed to Dr. Robin Victor.

Signature:

Dr. Priya Ranjan Avinash

Dr. Priya Ranjan Avinash
Regn. No. UKMC 9322

Professor & Head
Department of Psychiatry

Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar (Jolly Grant)
Dehradun-248016

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

SWAMI RAM NAGAR, DEHRADUN

EVENING REFERENCE DUTY ROSTER

TIMING: - 3:00 PM ONWARD

Date: 29/07/2024

August – 2024

Department of Psychiatry

DAYS	SR/CONSULTANT	JUNIOR RESIDENT
MONDAY	DR. ANSHU/ DR. ROBIN VICTOR	DR. DHARUVIKA
TUESDAY	DR. ANSHU/ DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. TWINKLE
WEDNESDAY	DR. ANSHU/ DR. PRAVEEN RIKHARI	DR, ANSHUMAN, DR. BHAVIN, Dr. ANKIT
THURSDAY	DR. ANSHU/ DR. P. R. AVINASH	DR. NIKITA
FRIDAY	DR. ANSHU/ DR. ROBIN VICTOR/ DR. SIMRAT KAUR	DR. SIMRATA
SATURDAY	DR. ANSHU/ DR. P. R. AVINASH	DR. RACHIT

Note: Pulmonary references to be managed alongside 1st year. In case of leave, the reference will be managed through the corresponding reliever.



Dr. Priya Ranjan Avinash
Professor and Head of Psychiatry
Department of Psychiatry
Himalayan Institute of Medical Sciences
(Specialty Grant)
Dehradun-248016

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

SWAMI RAM NAGAR, DEHRADUN

OPD DUTY ROSTER

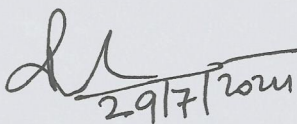
Date: 29/07/2024

August - 2024

Department of Psychiatry

DAYS	CONSULTANT/SR	JUNIOR RESIDENT		
		JR-3	JR-2	JR-1
MONDAY	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. RACHIT	DR. SIMRATA	DR. ANSHUMAN
TUESDAY	DR. P.R AVINASH	DR. RACHIT	DR. SIMRATA	DR. ANSHUMAN
WEDNESDAY	DR. ROBIN VICTOR	DR. DHARUVIKA	DR. SIMRATA	DR. ANKIT
THURSDAY	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. DHARUVIKA	DR. NIKITA	DR. ANKIT
FRIDAY	DR. P.R. AVINASH	DR. TWINKLE	DR. NIKITA	DR. BHAVIN
SATURDAY	DR. ROBIN VICTOR	DR. TWINKLE	DR. NIKITA	DR. BHAVIN

- NOTE:** - Junior Resident to join OPD duty afterward rounds.
- Any change in duty will require prior permission.


29/7/2024

Dr. Priya Ranjan Avinash
Professor & Head
Department of Psychiatry
Himalayan Institute of Medical Sciences
Swami Ram Nagar (Holly Grant)
Dehradun-248016

SWAMI RAM NAGAR, DEHRADUN**Department of Psychiatry****POST GRADUATE TEACHING SCHEDULE for the month of July 2024**

Date	Day	Activity	Topic	Presenter	Moderator
Ref: SRHU/HIMS/PSYCH/24/172				Date: - 25/06/2024	
Time: - 8:00 AM to 9:00 AM					
01-Jul-24	MONDAY	Case Presentation		Dr.Anshuman	Dr. Anshu
02-Jul-24	TUESDAY	Case Presentation		Dr.Dharuvika	Dr. Anshu
03-Jul-24	WEDNESDAY	Seminar	Frontal lobe: Functional neuroanatomy, assessment of frontal lobe signs, implications in psychiatry.	Dr.Ankit	Dr.Praveen Rikhari
04-Jul-24	THURSDAY	Neurosciences Meet	Neuropsychiatric aspects of traumatic brain injury	Dr. Anshu	Dr. P.R. Avinash, Dr. Robin Victor
05-Jul-24	FRIDAY	Case presentation		Dr. Twinkle	Dr. Anshu
06-Jul-24	SATURDAY	PG development program			
07-Jul-24	SUNDAY				
08-Jul-24	MONDAY	seminar	Genetic basis of psychiatric disorders	Dr. yukti	Dr. Praveen Rikhari
09-Jul-24	TUESDAY	seminar	Neuropsychiatric aspects of movement disorders	Dr. Dharuvika	Dr. Robin Victor
10-Jul-24	WEDNESDAY	Case Presentation		Dr. Ankit	Dr. Anshu
11-Jul-24	THURSDAY	Neurosciences Meet			
12-Jul-24	FRIDAY	Case Presentation		Dr. Rachit	Dr. Anshu
13-Jul-24	SATURDAY	Seminar	Transcranial magnetic stimulation	Dr. Twinkle	Dr. P.R. Avinash
14-Jul-24	SUNDAY				
15-Jul-24	MONDAY	Case Presentation		Dr. Yukti	Dr. Anshu
16-Jul-24	TUESDAY				
17-Jul-24	WEDNESDAY	Seminar	Endophenotypes in Schizophrenia	Dr. Nikita	Dr. Simrat Kaur
18-Jul-24	THURSDAY	Neurosciences Meet			
19-Jul-24	FRIDAY	Quarterly assessment			
20-Jul-24	SATURDAY				
21-Jul-24	SUNDAY				
22-Jul-24	MONDAY	Case Presentation		Dr. Nikita	Dr. Anshu
23-Jul-24	TUESDAY	Journal Club		Dr. Bhavin	Dr. Robin Victor
24-Jul-24	WEDNESDAY				
25-Jul-24	THURSDAY	Neurosciences Meet			
26-Jul-24	FRIDAY				
27-Jul-24	SATURDAY	Practical Exams			
28-Jul-24	SUNDAY				
29-Jul-24	MONDAY	Seminar	Parietal lobe: functional neuroanatomy, tests and implications in sychiatry	Dr. Anshuman	Dr. Simrat Kaur
30-Jul-24	TUESDAY	Case Presentation		Dr. bhavin	Dr. Anshu
31-Jul-24	WEDNESDAY	Seminar	Recent advances in psychiatry	Dr. Rachit	Dr. P.R. Avinash

Note: - Any Presenter who is not able to present there respective seminar/ Case Presentation will require a valid reason and prior approval Sign.

HOD Sign


 Professor & Head
 Department of Psychiatry
 Himalayan Institute of Medical Sciences
 SRHU, Swami Ram Nagar (Jolly Grant)

DEPARTMENT of <u>Psychiatry</u>				
EMERGENCY DUTY ROASTER For July-2024				
REF: SRHU/HIMS/PSYCHIATRY/2024- <u>171</u>			DATE: - 25.06.2024	
DATE	DAY	RESIDENT	CONSULTANT	S. R
01 July 2024	MONDAY	DR. DHARUVIKA	DR. PRAVEEN RIKHARI	DR. ANSHU
02 July 2024	TUESDAY	DR. DHARUVIKA	DR. P. R. AVINASH	DR. ANSHU
03 July 2024	WEDNESDAY	DR. RACHIT	DR. ROBIN VICTOR	DR. ANSHU
04 July 2024	THURSDAY	DR. RACHIT	DR. PRAVEEN RIKHARI	DR. ANSHU
05 July 2024	FRIDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU
06 July 2024	SATURDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
07 July 2024	SUNDAY	DR. ANKIT	DR PRAVEEN RIKHARI	DR. ANSHU
08 July 2024	MONDAY	DR TWINKLE	DR. PRAVEEN RIKHARI	DR. ANSHU
09 July 2024	TUESDAY	DR. TWINKLE	DR. P. R. AVINASH	DR. ANSHU
10 July 2024	WEDNESDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
11 July 2024	THURSDAY	DR. ANKIT	DR. PRAVEEN RIKHARI	DR. ANSHU
12 July 2024	FRIDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU
13 July 2024	SATURDAY	DR. YUKTI	DR. ROBIN VICTOR	DR. ANSHU
14 July 2024	SUNDAY	DR. YUKTI	DR. SIMRAT KAUR	DR. ANSHU
15 July 2024	MONDAY	DR. ANSHUMAN	DR. PRAVEEN RIKHARI	DR. ANSHU
16 July 2024	TUESDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
17 July 2024	WEDNESDAY	DR. ANKIT	DR. ROBIN VICTOR	DR. ANSHU
18 July 2024	THURSDAY	DR. YUKTI	DR. PRAVEEN RIKHARI	DR. ANSHU
19 July 2024	FRIDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU
20 July 2024	SATURDAY	DR. NIKITA	DR. ROBIN VICTOR	DR. ANSHU
21 July 2024	SUNDAY	DR. NIKITA	DR. P. R. AVINASH	DR. ANSHU
22 July 2024	MONDAY	DR. ANSHUMAN	DR. PRAVEEN RIKHARI	DR. ANSHU
23 July 2024	TUESDAY	DR. ANKIT	DR. P. R. AVINASH	DR. ANSHU
24 July 2024	WEDNESDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
25 July 2024	THURSDAY	DR. NIKITA	DR. PRAVEEN RIKHARI	DR. ANSHU
26 July 2024	FRIDAY	DR. BHAVIN	DR. P. R. AVINASH	DR. ANSHU
27 July 2024	SATURDAY	DR. ANSHUMAN	DR. ROBIN VICTOR	DR. ANSHU
28 July 2024	SUNDAY	DR. ANSHUMAN	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. ANSHU
29 July 2024	MONDAY	DR. BHAVIN	DR. PRAVEEN RIKHARI	DR. ANSHU
30 July 2024	TUESDAY	DR. YUKTI	DR. P. R. AVINASH	DR. ANSHU
31 July 2024	WEDNESDAY	DR. NIKITA	DR. ROBIN VICTOR	DR. ANSHU

Note: - On duty Resident will remain on call 24x7 otherwise strict action will be taken (shall be available on phone). No change in duty allowed without prior permission of Faculty and the reliever should be of the same batch as the person asking for leave.

Dr. Priya Ranjan Avinash

25/6/2024
Prof & Head (Psychiatry)

Department of Psychiatry

Himalayan Institute of Medical Sciences

SRHU, Swami Ram Nagar (Jolly Grant)

Delhi-248195

OPD DUTY ROSTER

July - 2024

Department of Psychiatry

DAYS	CONSULTANT/SR	JUNIOR RESIDENT		
		JR-3	JR-2	JR-1
MONDAY	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. RACHIT	DR. YUKTI	DR. ANSHUMAN
TUESDAY	DR. P.R AVINASH	DR. RACHIT	DR. YUKTI	DR. ANSHUMAN
WEDNESDAY	DR. ROBIN VICTOR	DR. DHARUVIKA	DR. YUKTI	DR. ANKIT
THURSDAY	DR. PRAVEEN RIKHARI/ DR. SIMRAT KAUR	DR. DHARUVIKA	DR. NIKITA	DR. ANKIT
FRIDAY	DR. P.R. AVINASH	DR. TWINKLE	DR. NIKITA	DR. BHAVIN
SATURDAY	DR. ROBIN VICTOR	DR. TWINKLE	DR. NIKITA	DR. BHAVIN

- NOTE:**
- Junior Resident to join OPD duty afterward rounds.
 - Any change in duty will require prior permission.

SIGN OF HOD.....


Professor & Head
Department of Psychiatry
Himalayan Institute of Medical Sciences
SRHU, Swami Ram Nagar (Jolly Grant)
Dehradun-248016