

# HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

OFFICE OF THE DEAN CUM PRINCIPAL

## Schedule for Postgraduate (MD/MS) Residents

Days	8:30 AM-9:30 AM	9:30 AM-1:30 PM	1:30 PM-2:30 PM	2:30 PM-4:30 PM
Monday	PG teaching/ Discussion and review	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching	Lunch	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching
Tuesday	PG teaching/ Discussion and review			
Wednesday	PG teaching/ Discussion and review			
Thursday	PG teaching/ Discussion and review			
Friday	PG teaching/ Discussion and review			
Saturday	CME/CGR/CDR			

### \*Following duties are as per the departmental schedule

- The department shall carry out the PG teaching as per the NMC Guidelines and as specified in the respective board of studies - Journal Club, Microteaching, Case presentations, Seminars etc.
- Interdepartmental and intradepartmental postings/Clinical rotations
- Undergraduate Lectures
- Health camps, Field Visits, community Postings
- Emergency departmental Duties (24 hrs duty), Emergency postings as per the schedule of the Post graduates posted in the Emergency prepared by the Dean/ MS.
- 3 months mandatory posting in District Hospital under District Residency Programme (DRP)

**Vice Principal**  
**(PG Medical Programmes)**  
**HIMS, SRHU**  
**Jolly Grant, Dehradun-248016**



Vice Principal (PG Medical Programmes)



Dean-cum-Principal





# DEPARTMENT OF ENT

## **P.G. 2<sup>nd</sup> (Admission batch-2023) Working Schedule**

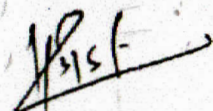
(With effect from: -1<sup>st</sup> May 2025 to 31<sup>st</sup> July 2025)

No. SRHU/ENT/Deptt/2025/

Dated: - April 24, 2025

Days	2 <sup>nd</sup> Year PG (Admission batch 2023)			
	OPD 8:30 am to 1:30 pm & 2:30 to 4:30 pm	OT (8:30 am to 4:30 pm)	OPD 1:30 to 2:30 pm	Endoscopy/Ward 8:30 am to 1:30 pm & 2:30 to 4:30 pm
Monday	Dr. Somya Singh	Dr. Navrose	Dr. Naina Saini (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Somya Singh (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Naina Saini
Tuesday	Dr. Naina Saini	Dr. Somya Singh	Dr. Navrose (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Naina Saini (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Navrose
Wednesday	Dr. Navrose	Dr. Naina Saini	Dr. Somya Singh (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Navrose (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Somya Singh
Thursday	Dr. Naina Saini	Dr. Navrose	Dr. Naina Saini (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Somya Singh (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Somya Singh
Friday	Dr. Somya Singh	Dr. Naina Saini	Dr. Navrose (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Somya Singh (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Navrose
Saturday	Dr. Navrose	Dr. Somya Singh	Dr. Naina Saini(1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Navrose (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Naina Saini

\* Dr. Himanshi Mann is DRP posting at District Hospital Dehradun from 01.05.2025 to 31.07.2025



**Dr. S.S. Bist**  
Professor & Head (ENT)

Dr. S.S. Bist  
Professor & Head (ENT)



# DEPARTMENT OF ENT

## **P.G. 2<sup>nd</sup> (Admission batch-2023) Working Schedule**

(With effect from: -1<sup>st</sup> January 2025 to 30<sup>th</sup> April 2025)

No. SRHU/ENT/Deptt/2025/

Dated: - 1-1-2025

Days	2 <sup>nd</sup> Year PG (Admission batch 2023)			
	OPD 8:30 am to 1:30 pm & 2:30 to 4:30 pm	OT (8:30 am to 4:30 pm)	OPD 1:30 to 2:30 pm	Endoscopy/Ward 8:30 am to 1:30 pm & 2:30 to 4:30 pm
Monday	Dr. Navrose	Dr. Himanshi Mann	Dr. Navrose (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Somya Singh (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Somya Singh
Tuesday	Dr. Somya Singh	Dr. Navrose	Dr. Somya Singh (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Himanshi Mann (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Himanshi Mann
Wednesday	Dr. Himanshi Mann	Dr. Somya Singh	Dr. Himanshi Mann (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Navrose (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Navrose
Thursday	Dr. Somya Singh	Dr. Himanshi Mann	Dr. Somya Singh (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Navrose (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Dr. Navrose
Friday	Dr. Navrose	Dr. Somya Singh	Dr. Navrose (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Himanshi Mann (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Himanshi Mann
Saturday	Dr. Himanshi Mann	Dr. Navrose	Dr. Himanshi Mann (1 <sup>st</sup> ,3 <sup>rd</sup> ,5 <sup>th</sup> ) Dr. Somya Singh (2 <sup>nd</sup> ,4 <sup>th</sup> )	Dr. Somya Singh

\* Dr. Naina Saini is DRP posting at District Hospital Dehradun from 01.02.2025 to 30.04.2025

**Dr. S.S. Bist**  
Professor & Head (ENT)

Dr. S.S. Bist

Professor & Head (ENT)

Himalayan Institute of Medical Sciences  
Swami Ram Nagar, Dehra

# DEPARTMENT OF ENT

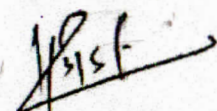
## **P.G. 1<sup>st</sup> (Admission batch-2023) Working Schedule**

(With effect from: -1<sup>st</sup> November 2024 to 31<sup>st</sup> December 2024)

No. SRHU/ENT/Deptt/2024/

Dated: - October 24, 2024

Days	1 <sup>st</sup> Year PG (Admission batch 2023)			
	<b>OPD</b> 8:30 am to 1:30 pm & 2:30 to 4:30 pm	<b>OT</b> (8:30 am to 4:30 pm)	<b>Ward</b> 8:30 am to 1:30 pm & 2:30 to 4:30 pm	<b>Endoscopy</b> 8:30 am to 1:30 pm & 2:30 to 4:30 pm
Monday	Dr. Naina Saini	Dr. Navrose (1st,3rd,5th) Dr. Somya Singh (2nd & 4 <sup>th</sup> )	Dr. Somya Singh (1st,3rd,5th) Dr. Navrose (2nd & 4 <sup>th</sup> )	Dr. Himanshi Mann
Tuesday	Dr. Himanshi Mann	Dr. Naina Saini	Dr. Navrose	Dr. Somya Singh
Wednesday	Dr. Somya Singh	Dr. Himanshi Mann	Dr. Naina Saini	Dr. Navrose
Thursday	Dr. Navrose	Dr. Somya Singh	Dr. Himanshi Mann	Dr. Naina Saini
Friday	Dr. Naina Saini (1st,3rd,5th) Dr. Himanshi Mann (2nd & 4 <sup>th</sup> )	Dr. Navrose	Dr. Somya Singh	Dr. Himanshi Mann (1st,3rd,5th) Dr. Naina Saini (2nd & 4 <sup>th</sup> )
Saturday	Dr. Somya Singh (1st,3rd,5th) Dr. Navrose (2nd & 4 <sup>th</sup> )	Dr. Himanshi Mann (1st,3rd,5th) Dr. Naina Saini (2nd & 4 <sup>th</sup> )	Dr. Navrose (1st,3rd,5th) Dr. Somya Singh (2nd & 4 <sup>th</sup> )	Dr. Naina Saini (1st,3rd,5th) Dr. Himanshi Mann (2nd & 4 <sup>th</sup> )



**Dr. S.S. Bist**

Professor & Head (ENT)

**Dr. S.S. Bist**

Professor & Head (ENT)

Himalayan Institute of Medical Sciences

Swami Ram Nagar, Deiwala



# DEPARTMENT OF ENT

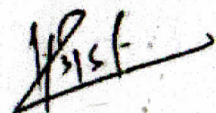
## **P.G. 1<sup>st</sup> (Admission batch-2023) Working Schedule**

(With effect from: 1<sup>st</sup> September 2024 to 31<sup>st</sup> October 2024)

No. SRHU/ENT/Deptt/2024/

Dated: - September 6, 2024

Days	1 <sup>st</sup> Year PG (Admission batch 2023)			
	<b>OPD</b> 8:30 am to 1:30 pm & 2:30 to 4:30 pm	<b>OT</b> (8:30 am to 4:30 pm)	<b>Ward</b> 8:30 am to 1:30 pm & 2:30 to 4:30 pm	<b>Endoscopy</b> 8:30 am to 1:30 pm & 2:30 to 4:30 pm
Monday	Dr. Himanshi Mann	Dr. Naina Saini (1st,3rd,5th) Dr. Navrose (2nd & 4th)	Dr. Navrose (1st,3rd,5th) Dr. Naina Saini (2nd & 4th)	Dr. Somya Singh
Tuesday	Dr. Somya Singh	Dr. Himanshi Mann	Dr. Naina Saini	Dr. Navrose
Wednesday	Dr. Navrose	Dr. Somya Singh	Dr. Himanshi Mann	Dr. Naina Saini
Thursday	Dr. Naina Saini	Dr. Navrose	Dr. Somya Singh	Dr. Himanshi Mann
Friday	Dr. Himanshi Mann (1st,3rd,5th) Dr. Somya Singh (2nd & 4th)	Dr. Naina Saini	Dr. Navrose	Dr. Somya Singh (1st,3rd,5th) Dr. Himanshi Mann (2nd & 4th)
Saturday	Dr. Navrose (1st,3rd,5th) Dr. Naina Saini (2nd & 4th)	Dr. Somya Singh (1st,3rd,5th) Dr. Himanshi Mann (2nd & 4th)	Dr. Naina Saini (1st,3rd,5th) Dr. Navrose (2nd & 4th)	Dr. Himanshi Mann (1st,3rd,5th) Dr. Somya Singh (2nd & 4th)



**Dr. S.S. Bist**  
Professor & Head (ENT)

Dr. S.S. Bist  
Professor & Head (ENT)  
Himalayan Institute of Medical Sciences  
Swami Ram Nagar, Doiwala  
Dehradun (Uttarakhand)-248140



## DEPARTMENT OF ENT

### **P.G. 1<sup>st</sup> (Admission batch-2023) Working Schedule**

(With effect from: -1<sup>st</sup> August 2024 to 31<sup>st</sup> September 2024)

No. SRHU/ENT/Deptt/2024/

Dated: - Saturday, July 20, 2024

Days	1 <sup>st</sup> Year PG (Admission batch 2023)			
	<b>OPD</b> 8:30 am to 1:30 pm & 2:30 to 4:30 pm	<b>OT</b> (8:30 am to 4:30 pm)	<b>Ward</b> 8:30 am to 1:30 pm & 2:30 to 4:30 pm	<b>Endoscopy</b> 8:30 am to 1:30 pm & 2:30 to 4:30 pm
Monday	Dr. Somya Singh	Dr. Himanshi Mann (1st,3rd,5th) Dr. Naina Saini (2nd & 4th)	Dr. Naina Saini (1st,3rd,5th) Dr. Himanshi Mann (2nd & 4th)	Dr. Navrose
Tuesday	Dr. Navrose	Dr. Somya Singh	Dr. Himanshi Mann	Dr. Naina Saini
Wednesday	Dr. Naina Saini	Dr. Navrose	Dr. Somya Singh	Dr. Himanshi Mann
Thursday	Dr. Himanshi Mann	Dr. Naina Saini	Dr. Navrose	Dr. Somya Singh
Friday	Dr. Somya Singh (1st,3rd,5th) Dr. Navrose (2nd & 4th)	Dr. Himanshi Mann	Dr. Navrose (1st,3rd,5th) Dr. Somya Singh (2nd & 4th)	Dr. Naina Saini
Saturday	Dr. Naina Saini (1st,3rd,5th) Dr. Himanshi Mann (2nd & 4th)	Dr. Navrose (1st,3rd,5th) Dr. Somya Singh (2nd & 4th)	Dr. Himanshi Mann (1st,3rd,5th) Dr. Naina Saini (2nd & 4th)	Dr. Somya Singh (1st,3rd,5th) Dr. Navrose (2nd & 4th)



**Dr. S.S. Bist**  
Professor & Head (ENT)

**Dr. S.S. Bist**  
Professor & Head (ENT)

Himalayan Institute of Medical Sciences  
Swami Ram Nagar, Baiwala  
Dehradun (Uttarakhand)-248140



## DEPARTMENT OF ENT

### **P.G. 1<sup>st</sup> (Admission batch-2023) Working Schedule**

(With effect from: -1<sup>st</sup> May 2024 to 31<sup>st</sup> July 2024)

No. SRHU/ENT/Deptt/2024/  
REVISED

Dated: - April 24, 2024

Days	1 <sup>st</sup> Year PG (Admission batch 2023)			
	OPD 8:30 am to 1:30 pm & 2:30 to 4:30 pm	OT (8:30 am to 4:30 pm)	Ward 8:30 am to 1:30 pm & 2:30 to 4:30 pm	Endoscopy 8:30 am to 1:30 pm & 2:30 to 4:30 pm
Monday	Dr. Navrose	Dr. Somya Singh	Dr. Himanshi Mann	Dr. Naina Saini
Tuesday	Dr. Naina Saini	Dr. Navrose	Dr. Somya Singh	Dr. Himanshi Mann
Wednesday	Dr. Himanshi Mann	Dr. Naina Saini	Dr. Navrose	Dr. Somya Singh
Thursday	Dr. Somya Singh	Dr. Himanshi Mann	Dr. Naina Saini	Dr. Navrose
Friday	Dr. Naina Saini (1st,3rd,5th) Dr. Himanshi Mann (2nd & 4th)	Dr. Navrose (1st,3rd,5th) Dr. Somya Singh (2nd & 4th)	Dr. Somya Singh (2nd & 4th) Dr. Navrose (1st,3rd,5th)	Dr. Himanshi Mann (1st,3rd,5th) Dr. Naina Saini (2nd & 4th)
Saturday	Dr. Somya Singh	Dr. Himanshi Mann Saini (1st,3rd,5th) Dr. Naina Saini (2nd & 4th)	Dr. Naina Saini (1st,3rd,5th) Dr. Himanshi Mann (2nd & 4th)	Dr. Navrose



**Dr. S.S. Bist**  
Professor & Head (ENT)

**Dr. S.S. Bist**  
Professor & Head (ENT)

Himalayan Institute of Medical Sciences  
Swami Ram Nagar, Doiwala  
Dehradun (Uttarakhand)-248140