

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
 OFFICE OF THE DEAN CUM PRINCIPAL

Schedule for Postgraduate (MD/MS) Residents

Days	8:30 AM-9:30 AM	9:30 AM-1:30 PM	1:30 PM-2:30 PM	2:30 PM-4:30 PM
Monday	PG teaching/ Discussion and review	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching	Lunch	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching
Tuesday	PG teaching/ Discussion and review			
Wednesday	PG teaching/ Discussion and review			
Thursday	PG teaching/ Discussion and review			
Friday	PG teaching/ Discussion and review			
Saturday	CME/CGR/CDR			

***Following duties are as per the departmental schedule**

- The department shall carry out the PG teaching as per the NMC Guidelines and as specified in the respective board of studies - Journal Club, Microteaching, Case presentations, Seminars etc.
- Interdepartmental and intradepartmental postings/Clinical rotations
- Undergraduate Lectures
- Health camps, Field Visits, community Postings
- Emergency departmental Duties (24 hrs duty), Emergency postings as per the schedule of the Post graduates posted in the Emergency prepared by the Dean/ MS.
- 3 months mandatory posting in District Hospital under District Residency Programme (DRP)

Vice Principal
(PG Medical Programmes)
HIMS, SRHU
Jolly Grant, Dehradun-248016

Vice Principal (PG Medical Programmes)


Dean-cum-Principal



DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE
(June-2025)

SRHU/HIMS/PHY/2025/120

Date: 30/05/2025

Monday: **SDL/ Discussion (10:00 am – 11:00 am)**

Wednesday: **Practical Discussion (11:00 am – 12:00 pm)**

Journal Club (12:00 pm – 1:00 pm)

Saturday: **Seminar (3:00 Pm-4:00 Pm)**

Date	Days	Topic	In-charge/Speaker
02-06-25	Monday	SDL - Classification of Nerve fibers and their injuries	Moderator- Dr. Debarshi Nandi
04-06-2025	Wednesday	Practical Discussion:	Dr.
		Journal Club: Visceral fat might impact left ventricular remodeling through changes in arterial stiffness in type 2 diabetes	Dr. Shyamli Saroj
07-06-2025	Saturday	Seminar: Electrical Events in Postsynaptic neurons part I (EPSP and IPSP)	Dr. Shyamli Saroj Moderator- Dr. Jyoti Dvivedi
09-06-2025	Monday	SDL - Ionic Basis of Action Potential	Moderator- Dr. Abha Shrivastava
11-06-2025	Wednesday	Practical Discussion: Examination of first nerve and IIInd nerve (visual Acuity) Examination of Motor system-I	Dr. Neha Pandey Dr. Shyamli Saroj

14-06-2025	Saturday	Seminar: Physiology of olfaction	Dr. Neha Pandey Moderator- Dr. Anupama Nautiyal
16-06-2025	Monday	SDL - Sarco tubular system	Moderator- Dr. Brijesh Purwar
18-06-2025	Wednesday	Practical Discussion:	Dr.
		Journal Club: A comparison study of portable foot to foot bioelectrical impedance scale to measure body fat percentage in Asian adult & children.	Dr. Shyamli Saroj
21-06-2025	Saturday	Seminar: Electrical Events in Postsynaptic neurons - part II	Dr. Shyamli Saroj Moderator- Dr. Ramkumar S
23-06-2025	Monday	SDL - Excitation contraction coupling	Moderator- Dr. Jyoti Dvivedi
25-06-2025	Wednesday	Practical Discussion: Examination of IIInd Cranial nerve (Colour vision)	Dr. Neha Pandey
		Examination of Motor system-II	Dr. Shyamli Saroj
28-06-2025	Saturday	Seminar: Physiology of Taste	Dr. Neha Pandey Moderator- Dr. Abha Shrivastava
30-06-2025	Monday	SDL - Neuromuscular Junction	Moderator- Dr. Yogesh Saxena



Course Coordinator

Dr. Jyoti Dvivedi

Professor, Dept. of Physiology

Cc to: The Vice Principal PG

Abha Shrivastava
31/5/25

Dr. Abha Shrivastava
Professor & Head
Department of Physiology

Professor & Head
DEPTT. OF PHYSIOLOGY
Himalayan Institute Medical Sciences
'OLLY GRANT, DEHRADUN-248140

DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE
(May-2025)

SRHU/HIMS/PHY/2025/88

Date: 29/04/2025

Monday: **SDL/ Discussion (10:00 am – 11:00 am)**

Wednesday: **Practical Discussion (11:00 am – 12:00 pm)**

Journal Club (12:00 pm – 1:00 pm)

Saturday: **Seminar (3:00 Pm-4:00 Pm)**

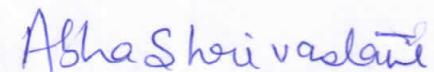
Date	Days	Topic	In-charge/Speaker
05-May-2025	Monday	SDL/Discussion- Deep Sea Diving	Moderator- Dr. Jyoti Dvivedi
07-May-2025	Wednesday	Practical Discussion: AFT- sympathetic tests	Dr. Shyamli Saroj
		Journal Club: Appropriate body-mass index for Asian population and its implication for policy and intervention strategies.	Dr. Shyamli Saroj
10-May-2025	Saturday	Seminar: Theories of colour vision	Dr. Shyamli Saroj Moderator- Dr. Anupama Nautiyal
12-May-2025	Monday	SDL/Discussion- Artificial respiration & O₂ therapy	Moderator- Dr. Yogesh Saxena
14-May-2025	Wednesday	Practical Discussion: AFT- Parasympathetic tests	Dr. Shyamli Saroj
17-May-2025	Saturday	Seminar: Cell signaling & G – protein	Dr. Neha Pandey Moderator- Dr. Ramkumar S
19-May-2025	Monday	SDL/Discussion- Periodic breathing	Moderator- Dr. Anupama Nautiyal

21-May-2025	Wednesday	Practical Discussion: Making of Blood smear	Dr. Neha Pandey
		Journal Club: Abdominal obesity indicators: waist circumference or waist to hip ratio in Malaysian adults population.	Dr. Shyamli Saroj
24-May-2025	Saturday	Seminar: Genesis of RMP	Dr. Neha Pandey Moderator- Dr. Abha Shrivastava
26-May-2025	Monday	SDL/Discussion- Chemical regulation of respiration	Moderator- Dr. Ramkumar S
28-May-2025	Wednesday	Practical Discussion: Sensory system examination	Dr. Neha Pandey
31-May-2025	Saturday	Seminar: Functional anatomy of optics & vision	Dr. Shyamli Saroj Moderator- Dr. Brijesh Purwar



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DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG SEMINAR (April -2025)

SRHU/HIMS/PHY/2025/56

Date: 27-03-2025

Time: 8:30 am – 9:30 am

Date	Days	Topic	Speaker	Moderator of Seminar
5-04-2025	Saturday	Functional Anatomy of male reproductive system	Dr. Pragya Dutta	Dr. Abha Shrivastava
12-04-2025	Saturday	Structure & function of Cell & its organelles	Dr. Neha Pandey	Dr. Brijesh Purwar
19-04-2025	Saturday	Spermatogenesis & its regulation	Dr. Pragya Dutta	Dr. Jyoti Dvivedi
26-04-2025	Saturday	Genetics control of protein synthesis	Dr. Neha Pandey	Dr. Yogesh Saxena

Course Coordinator

Dr. Jyoti Dvivedi
 Professor, Dept. of Physiology

Cc to: The Dean

Abha Shrivastava
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 DEPTT. OF PHYSIOLOGY
 Himalayan Institute Medical Sciences
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DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG DISCUSSION & JOURNAL CLUB
(For the month of April-2025)

SRHU/HIMS/PHY/2025/ 56

Date: 27-03-2025

Time: 11:00 pm – 01:00 pm

Date	Days	PG Discussion (11:00 am-12:00 pm)	Journal Club (12:00 pm-01:00 pm)
2-04-2025	Wednesday	HRV (Both Domain) Dr. Pragya Dutta	
9-04-2025	Wednesday	Recording of BP Dr. Neha Pandey	Research Question Hypothesis Dr. Pragya Dutta
16-04-2025	Wednesday	Isometric handgrip test Dr. Pragya Dutta	
23-04-2025	Wednesday	Effect of Posture on BP Dr. Neha Pandey	Burnout and psychiatric morbidity among medical students entering clinical training: A three year prospective questionnaire and interview-based study Dr. Pragya Dutta
30-04-2025	Wednesday	Cold Pressor test Dr. Pragya Dutta	

Course Coordinator

Dr. Jyoti Dvivedi

Professor, Dept. of Physiology

Cc to: The Dean

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DEPTT. OF PHYSIOLOGY
Himalayan Institute Medical Sciences
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DEPARTMENT OF PHYSIOLOGY
HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

Date: 27-03-2025

SDL for POST GRADUATE STUDENTS
1st Year & 2nd Year

Venue : Seminar Hall
Day : Monday
Time : 10:00 am – 11:00 am

Date	Topic	Name of Faculty
07-04-2025	Transport of O2	Dr. Abha Shrivastava
14-04-2025	Ambedkar Jayanti (Holiday)	
21-04-2025	Transport of CO2	Dr. Ramkumar S
28-04-2025	Hypoxia & high altitude physiology	Dr. Brijesh Purwar

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DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

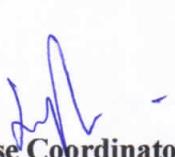
PG SEMINAR (March -2025)

SRHU/HIMS/PHY/2025/63

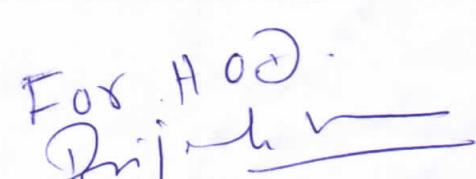
Date: 25-02-2025

Time: 8:30 am – 9:30 am

Date	Days	Topic	Speaker	Moderator of Seminar
1-03-2025	Saturday	Physiology of smell	Dr. Pragya Dutta	Dr. Anupama Nautiyal
8-03-2025	Saturday			
15-03-2025	Saturday	Sex differentiation	Dr. Pragya Dutta	Dr. Dipak Kumar Dhar
22-03-2025	Saturday			
29-03-2025	Saturday	Puberty Functional Anatomy of male reproductive system	Dr. Pragya Dutta	Dr. Ramkumar S


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Professor, Dept. of Physiology

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Department of Physiology
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DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG DISCUSSION & JOURNAL CLUB
(For the month of March-2025)

SRHU/HIMS/PHY/2025/

Date: 25-02-2025

(2023 Batch: 2nd year Postgraduates)

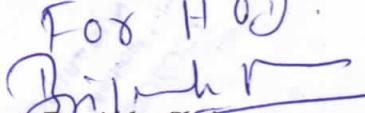
Time: 11:00 pm – 01:00 pm

Date	Days	PG Discussion (11:00 am-12:00 pm)	Journal Club (12:00 pm-01:00 pm)
5-03-2025	Wednesday	AFT-I Parasympathetic 30:15 RR Ratio	Stress level comparison of medical and non-medical student: A cross sectional study done at various professional colleges on Karachi (Pakistan)
12-03-2025	Wednesday	Valsalva Ratio	
19-03-2025	Wednesday	HRV (Time Domain)	
26-03-2025	Wednesday	HRV (Frequency Domain)	Measuring stress in medical education: validation of Korean version of the higher education stress inventory with medical students.


Course Coordinator

Dr. Jyoti Dvivedi
Professor, Dept. of Physiology

Cc to: The Dean

For HOD

Dr. Abha Srivastava
Professor & Head
Department of Physiology
DEPTT. OF PHYSIOLOGY
Himalayan Institute of Medical Sciences
OLLY GRANT, DFIR, ADUN 248140

DEPARTMENT OF PHYSIOLOGY
HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

Date: 10-03-2025

SDL for POST GRADUATE STUDENTS
1st Year & 2nd Year

Venue : Seminar Hall

Day : Monday

Time : 10:00 am – 11:00 am

Date	Topic	Name of Faculty
10-03-2025	Regulation of Blood Pressure	Dr. Abha Shrivastava
17-03-2025	Shock	Dr. Brijesh Purwar
24-03-2025	Cardiac failure	Dr. Jyoti Dvivedi
31-03-2025	Regulation of Respiration	Dr. Yogesh Saxena
07-04-2025	Hypoxia	Dr. Anupama Nautiyal

Abha Shrivastava

Dr. Abha Shrivastava 10/3/25
Professor & Head
Department of Physiology
Professor & Head
DEPTT. OF PHYSIOLOGY
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'OLLY GRANT, DEHRADUN-248140

DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG SEMINAR
(For the month of February -2025)

SRHU/HIMS/PHY/2025/ 21

Date: 01-02-2025

Time: 8:30 am – 9:30 am

Date	Days	Topic	Speaker	Moderator of Seminar
1-02-2025	Saturday	DRP	Dr. Shyamli Saroj	Dr. Abha Shrivastava
8-02-2025	Saturday	Auditory pathway & Theories of hearing	Dr. Pragya Dutta	Dr. Brijesh Purwar
15-02-2025	Saturday	DRP	Dr. Shyamli Saroj	Dr. Jyoti Dvivedi
22-02-2025	Saturday	Physiology of taste	Dr. Pragya Dutta	Dr. Yogesh Saxena



Course Coordinator

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Professor, Dept. of Physiology

Cc to: The Dean



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DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG DISCUSSION & JOURNAL CLUB
(For the month of February-2025)

SRHU/HIMS/PHY/2025/21

Date: 01-02-2025

(2023 Batch: 2nd year Postgraduates)

Time: 11:00 pm – 01:00 pm

Date	Days	PG Discussion (11:00 am-12:00 pm)	Journal Club (12:00 pm-01:00 pm)
5-02-2025	Wednesday	Autonomic function test-I Dr. Pragya Dutta	
12-02-2025	Wednesday	Autonomic function test-II Dr. Pragya Dutta	
19-02-2025	Wednesday	Autonomic function test-III Dr. Pragya Dutta	Stress level comparison of medical and non-medical student: A cross sectional study done at various professional colleges on Karachi, Pakistan. Dr. Pragya Dutta
26-02-2025	Wednesday	Mahashivratri (Holiday)	


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Professor & Head
Department of Physiology
DEPTT. OF PHYSIOLOGY
Himalayan Institute Medical Sciences
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DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG SEMINAR (January -2025)

SRHU/HIMS/PHY/2025/

Date: 19-12-2024

Time: 8:30 am – 9:30 am

Date	Days	Topic	Speaker	Moderator of Seminar
4-01-2025	Saturday	Sleep & EEG II	Dr. Pragya Dutta	Dr. Anupama Nautiyal
11-01-2025	Saturday	Photochemistry of vision	Dr. Shyamli Saroj	Dr. Dipak Kumar Dhar
18-01-2025	Saturday	Visual pathway & its lesion	Dr. Pragya Dutta	Dr. Ramkumar S
25-01-2025	Saturday	Theories of color vision	Dr. Shyamli Saroj	Dr. Abha Shrivastava

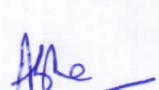


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Professor, Dept. of Physiology

Cc to: The Dean


Dr. Abha Shrivastava

Professor & Head

Department of Physiology

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DEPTT. OF PHYSIOLOGY

Himalayan Institute Medical Sciences

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DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG DISCUSSION & JOURNAL CLUB
(January-2025)

SRHU/HIMS/PHY/2025/

Date: 19-12-2024

(2023 Batch)

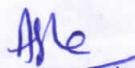
Time: 11:00 pm – 01:00 pm

Date	Days	PG Discussion (11:00 am-12:00 pm)	Journal Club (12:00 pm-01:00 pm)
1-01-2025	Wednesday	Total WBC	World health organization obesity & overweight Dr. Shyamli Saroj
8-01-2025	Wednesday	ECG	
15-01-2025	Wednesday	Stethography-I Platelets Count	A report on stress among 1 st year students in an Indian medical school Dr. Pragya Dutta
22-01-2025	Wednesday	Sethography-II	
29-01-2025	Wednesday	Stethography-III	Appropriate Body mass index for Asian population and its implication for policy and intervention strategies Dr. Shyamli Saroj


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Dr. Jyoti Dvivedi
Professor, Dept. of Physiology

Cc to: The Dean


Dr. Abha Srivastava
Professor & Head
Department of Physiology

Professor & Head
DEPTT. OF PHYSIOLOGY
Himalayan Institute Medical Sciences
NOLLY GRANT DEHHLI UTTARAKHAND 248140

DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG SEMINAR (December -2024)

SRHU/HIMS/PHY/2024/246 -IX

Date: 20/11/2024

Time: 8:30 am – 9:30 am

Date	Days	Topic	Speaker	Moderator of Seminar
7-12-2024	Saturday	Physiology of Speech (Language)	Dr. Pragya Dutta	Dr. Ramkumar S
14-12-2024	Saturday	Physiology of learning (Conditioned reflex)	Dr. Shyamli Saroj	Dr. Abha Shrivastava
21-12-2024	Saturday	Physiology of memory	Dr. Pragya Dutta	Dr. Brijesh Purwar
28 -12-2024	Saturday	Physiology of sleep-I	Dr. Shyamli Saroj	Dr. Jyoti Dvivedi
04-01-2025	Saturday	Sleep & EEG-II	Dr. Pragya Dutta	Dr. Yogesh Saxena


Course Coordinator
Dr. Jyoti Dvivedi
Professor, Dept. of Physiology

Professor & Head
DEPTT. OF PHYSIOLOGY
Himalayan Institute Medical Sciences
'OLLY GRANT DEHRADUN-248140

Dr. Abha Shrivastava
Professor & Head
Department of Physiology

Cc to: The Dean

DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG SEMINAR (November -2024)

SRHU/HIMS/PHY/2024/246 - VIII

Date: 24/10/2024

Time: 8:30 am – 9:30 am

Date	Days	Topic	Speaker	Moderator of Seminar
2-11-2024	Saturday	Basal ganglia, its function & Parkinsonism	Dr. Shyamli Saroj	Dr. Brijesh Purwar
9 -11-2024	Saturday	Cerebellum & its functions	Dr. Pragya Dutta	Dr. Jyoti Dvivedi
16 -11-2024	Saturday	Hypothalamus- I	Dr. Shyamli Saroj	Dr. Yogesh Saxena
23 -11-2024	Saturday	Hypothalamus- II	Dr. Pragya Dutta	Dr. Anupama Nautiyal
30 -11-2024	Saturday	Limbic system	Dr. Shyamli Saroj	Dr. Dipak Kumar Dhar

Cc to: The Dean



Abha
Dr. Abha Shrivastava
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MOLLY GRANT, DEHRADUN-248140

DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG SEMINAR (October -2024)

SRHU/HIMS/PHY/2024/246 -VI

Date: 12/09/2024

Time: 8:30 am – 9:30 am

Date	Days	Topic	Speaker	Moderator of Seminar
5 Oct 2024	Saturday	Posture regulating mechanism -I	Dr. Shyamli Saroj	Dr. Dipak Kumar Dhar
12 Oct 2024	Saturday	Dussehra (Holiday)		
19 Oct 2024	Saturday	PG Practical	Dr. Pragya Dutta	Dr. Ramkumar S
26 Oct 2024	Saturday	Posture regulating mechanism -II	Dr. Shyamli Saroj Dr. Pragya	Dr. Abha Shrivastava

Abha Shrivastava
Dr. Abha Shrivastava
Professor & Head
Department of Physiology

12/9/24
Professor & Head
DEPTT. OF PHYSIOLOGY
Himalayan Institute Medical Sciences
'OLLY GRANT DEHPADU N-248140

Cc to: The Dean

DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG SEMINAR (September -2024)

SRHU/HIMS/PHY/2024/149

Date: 09/08/2024

Time: 8:30 am – 9:30 am

Date	Days	Topic	Speaker	Moderator of Seminar
07/09/2024	Saturday	Pain Pathway & analgesic system	Dr. Shyamli Saroj	Dr. Brijesh Purwar
14/09/2024	Saturday	Motor cortex & descending pathway	Dr. Pragya Dutta	Dr. Jyoti Dvivedi
21/09/2024	Saturday	Muscle spindle structure & function	Dr. Shyamli Saroj	Dr. Yogesh Saxena
28/09/2024	Saturday	Spinal shock & its recovery	Dr. Pragya Dutta	Dr. Anupama Nautiyal

Abha Shrivastava
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DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG SEMINAR (August -2024)

SRHU/HIMS/PHY/2024/150

Date: 09/08/2024

Time: 8:30 am – 9:30 am

Date	Days	Topic	Speaker	Moderator of Seminar
17/08/2024	Saturday	Synapse & its properties	Dr. Pragya Dutta	Dr. Dipak Kumar Dhar
24/08/2024	Saturday	Sensory receptor & its properties	Dr. Shyamli Saroj	Dr. Ramkumar S
31/08/2024	Saturday	Sensory Pathways & sensory cortex	Dr. Pragya Dutta	Dr. Abha Shrivastava

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DEPARTMENT OF PHYSIOLOGY
POST GRADUATE STUDENTS MONTHLY TEACHING SCHEDULE

PG SEMINAR (July -2024)

SRHU/HIMS/PHY/2024/24-G -VI

Date: 18/06/2024

Time: 8:30 am – 9:30 am

Date	Days	Topic	Speaker	Moderator of Seminar
06-07-2024	Saturday	Renal Circulation & filtration membrane	Dr. Pragya Dutta	Dr. Brijesh Purwar
13-07-2024	Saturday	Measurement of GFR & factors controlling GFR	Dr. Shyamli Saroj	Dr. Jyoti Dvivedi
20-07-2024	Saturday	Tubular function & renal handling of various plasma constituent	Dr. Pragya Dutta	Dr. Yogesh Saxena
27-07-2024	Saturday	Mechanism of concentration of urine (counter current)	Dr. Shyamli Saroj	Dr. Anupama Nautiyal

Abha Shrivastava

Dr. Abha Shrivastava
 Professor & Head
 Department of Physiology

Professor & Head

DEPTT. OF PHYSIOLOGY
 Himalayan Institute Medical Sciences
 MOLLY GRANT, DEHRADUN-248140

Cc to: The Dean

AK Deodari

✓ 18/6/24