

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

OFFICE OF THE DEAN CUM PRINCIPAL

Schedule for Postgraduate (MD/MS) Residents

Days	8:30 AM-9:30 AM	9:30 AM-1:30 PM	1:30 PM-2:30 PM	2:30 PM-4:30 PM
Monday	PG teaching/ Discussion and review	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching	Lunch	Ward/ OPD/ OT/ Lab Postings/ Involvement in undergraduate teaching
Tuesday	PG teaching/ Discussion and review			
Wednesday	PG teaching/ Discussion and review			
Thursday	PG teaching/ Discussion and review			
Friday	PG teaching/ Discussion and review			
Saturday	CME/CGR/CDR			

*Following duties are as per the departmental schedule

- The department shall carry out the PG teaching as per the NMC Guidelines and as specified in the respective board of studies - Journal Club, Microteaching, Case presentations, Seminars etc.
- Interdepartmental and intradepartmental postings/Clinical rotations
- Undergraduate Lectures
- Health camps, Field Visits, community Postings
- Emergency departmental Duties (24 hrs duty), Emergency postings as per the schedule of the Post graduates posted in the Emergency prepared by the Dean/ MS.
- 3 months mandatory posting in District Hospital under District Residency Programme (DRP)

Vice Principal
(PG Medical Programmes)
HIMS, SRHU
Jolly Grant, Dehradun-248016

Vice Principal (PG Medical Programmes)

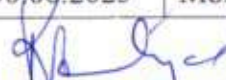

Dean-cum-Principal



DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG Teaching Schedule for the month of June,2025

DATE	DAY	Topic	Presenter	Moderator	Co-Moderator
03.06.2025	Tue	Case presentation	Dr. Shabana	Dr.Purnima	Unit III
04.06.2025	Wed	Departmental Meet			
05.06.2025	Thurs	Case presentation	Dr. A Parv N Dogra	Dr. Anchal Agarwal	Unit II
06.06.2025	Fri	Case presentation	Dr. Arish Khan	Dr. Sonal Gupta	Unit III
07.06.2025	Sat	CME			
09.06.2025	Mon	Case presentation	Dr. Anjali Benjwal	Dr. Nidhi Chauhan	Unit II
10.06.2025	Tue	Journal club	Dr. Jhanvi	Dr. Heena Khan	Unit III
11.06.2025	Wed	Departmental Audit	Dr. Aesha Goel	Dr. Pragya Khugsal	
12.06.2025	Thurs	Perinatology Meet	Dr. Aesha Goel	Dr. Pragya Khugsal	
13.06.2025	Fri	Journal club	Dr. Nancy	Dr. Sonal Gupta	Unit III
14.06.2025	Sat	CME			
16.06.2025	Mon	Seminar-CIN	Dr.Dimple	Dr. Anchal Agarwal	Unit II
17.06.2025	Tue	Seminar-VIN&VAIN	Dr. Nauroz	Dr. Heena Khan	Unit III
18.06.2025	Wed	Case presentation	Dr. Anjali	Dr. Rashmi Rajput	Unit I
19.06.2025	Thurs	Seminar -Molar Pregnancy	Dr. Shyamli Sood	Dr. Bhanupriya	Unit I
20.06.2025	Fri	Seminar -Physiological changes in Pregnancy	Dr. Palak	Dr. Anjali Sonker	Unit I
21.06.2025	Sat	CME			
23.06.2025	Mon	Thesis protocol presentation	JR1	All Guide + All Co-guide	
25.06.2025	Wed	Case presentation	Dr. Snarvia	Dr. Ruchira Nautiyal	Unit I
26.06.2025	Thurs	Quarterly Assessment for Batch 2022 Theory			
27.06.2025	Fri	Seminar -Physiology of labor	Dr Ridhima ,Dr. Shivani	Dr. Anjali Sonker	Unit I
28.06.2025	Sat	CME			
30.06.2025	Mon	Journal club	Dr Pragya	Dr. Bhanupriya	Unit I

*Date of guest lecture (Radiology) awaited.


Dr. Ruchira Nautiyal
 Prof. & Head
 Dept. of Obstetrics & Gynaecology
 Obst. & Gynae
 UMC Registration-2168

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE

Functional Unit Distribution

DUTY ROSTER W.E.F – June,2025

JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput Dr. Bhanupriya Dr. Anjali Sonker	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal Dr. Pragya Khugsal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. Mahrukh Zaidi	Dr. Tanya Malhotra	Dr. Purva Darade
JR -III	Dr. Shabana	Dr. Anjali	Dr. A Parv N Dogra, Dr. Anjali Benjwal
JR- II	Dr. Aesha Goel	Dr. Nancy	Dr. Shyamli Sood
JR-I	Dr. Shivani	Dr. Ridhima	Dr. Pragya Pant

District Residency – Dr. Neha Pandey

ICU posting – Dr. Akanksha

EMERGENCY TEAM (8:00am -8:00pm) On Rotation

JR III	Dr. Arish Khan and Dr. Snarvia	1-30
JR II	Dr. Nauroz Neelofar	(104 ward)
	Dr. Dimple	Labour room
	Dr. Dimple	(104 ward)
	Dr. Nauroz Neelofar	Labour room
JR I	Dr. Jahanvi	Labour room
	Dr. Palak	(104 ward)

Note: All Junior Resident shall avail Weekly off on Sunday(s)/GH, for those who are on stay duty on Sunday/GH shall take off on non OPD and OT Day.


Dr. Ruchira Nautiyal
Prof. & Head
Obst. & Gynaecology
Deptt. of Obstetrics & Gynaecology
UMC Registration-2168

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG Teaching Schedule for the month of May, 2025

DATE	DAY	Topic	Presenter	Moderator	Co- Moderator
01.05.2025	Thurs	Deptt. Meet			
02.05.2025	Fri	Case Presentation	Dr. Anjali Benjwal	Dr. Sonal Gupta	Unit III
03.05.2025	Sat	CME			
05.05.2025	Mon				
06.05.2025	Tue	Case Presentation	Dr. Snarvia	Dr. Purnima Upreti	Unit III
07.05.2025	Wed	Case Presentation	Dr Parv	Dr Ruchira Nautiyal	Unit I
08.05.2025	Thurs	Journal Club	Dr Dimple	Dr Anajli Sonkar	Unit I
09.05.2025	Fri	Seminar Non Immune Hydrops	Dr Shyamli	Dr Heena Khan	Unit III
10.05.2025	Sat	CME			
12.05.2025	Mon	Case Presentation	Dr. Anjali Kaushik	Dr. Nidhi Chauhan	Unit I
13.05.2025	Tue				
14.05.2025	Wed	Departmental Audit	Dr. Aesha Goel	Dr. Pragya Khugsal	All
15.05.2025	Thurs	Perinatology Meet	Dr. Aesha Goel	Dr. Pragya Khugsal	All
16.05.2025	Fri	Journal Club	Dr. Akansha Agarwal	Dr. Heena Khan	Unit III
17.05.2025	Sat	CME			
19.05.2025	Mon				
20.05.2025	Tue	Thesis Progress Presentation	JR II	All guides and Co-guides	
21.05.2025	Wed	Case Presentation	Dr. Shabana	Dr. Rashmi Rajput	Unit I
22.05.2025	Thurs	Seminar: Management of Rh Negative pregnancy	Dr. Nauroz Neelofar	Dr. Bhanupriya SB	Unit I
23.05.2025	Fri				
24.05.2025	Sat	CME			
26.05.2025	Mon	Anatomy of Female bony Pelvis	Dr. Shivani	Dr. Anchal Agarwal	Unit II
27.05.2025	Tue	Seminar Menstrual Cycle	Dr Pragya, Dr Ridhima	Dr Sonal Gupta	Unit III
28.05.2025	Wed	Seminar: Fundamentals of reproduction	Dr. Palak, Dr Jhanvi	Dr Bhanupriya	Unit I
29.05.2025	Thurs	Case Presentation	Dr. Arish Khan	Dr. Anchal Agarwal	Unit II
30.05.2025	Fri	Seminar : Placenta Accreta Syndrome	Dr. Nancy	Dr. Anjali Sonker	Unit I
31.05.2025	Sat	CME			

Dr. Ruchira Nautiyal
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Obst. & Gynac

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HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE

Functional Unit Distribution

DUTY ROSTER W.E.F – MAY,2025

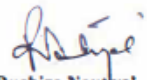
JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput Dr. Bhanupriya Dr. Anjali Sonker	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal Dr. Pragya Khugsal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. Tanya Malhotra	Dr. Purva Darade	
JR -III	Dr. Arish Khan	Dr. Snarvia / Dr. A Parv N Dogra	Dr. Anjali Kaushik
JR- II	Dr. Nauroz Neelofar	Dr. Dimple	Dr. Aesha Goel
JR-I	Dr. Palak	Dr. Jahanvi	Dr. Ridhima

District Residency – Dr Neha Pandey

Ward 104 & 105- Dr. Nancy, Dr. Pragya (Day Duty 8:00am to 8:00pm)

EMERGENCY TEAM (8:00am -8:00pm)

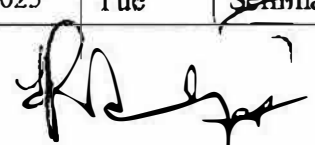
JR III	Dr. Shabana and Dr. Anjali Benjwal (On Rotation day and night)
JR II	Dr. Shyamli Sood
JR I	Dr. Akansha Agarwal , Dr. Shivani


Dr. Ruchira Nautiyal
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Obst. & Gynaecology
Dept. of Obstetrics & Gynaecology
UMC Registration-2168

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

PG Teaching Schedule for the month of April, 2025

DATE	DAY	Topic	Presenter	Moderator	Co-Moderator
02.04.2025	Wed	Departmental Meeting			
03.04.2025	Thur	PG Exam			
05.04.2025	Sat	Case Presentation	Dr. Anjali Benjwal	Dr. Rashmi Rajput	Unit I
07.04.2025	Mon	Seminar- Labour care Guide	Dr. Aesha Goel	Dr. Divyaneer, Dr. Anjali Sonker	Unit I
08.04.2025	Tue	Case Presentation	Dr. Anjali Kaushik	Dr. Purnima Upreti	Unit III
09.04.2025	Wed	Departmental Audit	Dr. A Parv N Dogra	Dr. Bhanupriya	All
10.04.2025	Thur	Perinatology Meet	Dr. A Parv N Dogra	Dr Bhanupriya	All
11.04.2025	Fri	Engendering Medical Education	All JRs	Dr. Rashmi Rajput, Dr. Heena Khan	Unit I and Unit III
12.04.2025	Sat	Gender based Violence	All JRs	Dr. Rashmi Rajput, Dr. Heena Khan	Unit I and Unit III
16.04.2025	Wed	Case Presentation	Dr. Arish	Dr. Ruchira Nautiyal	Unit I
17.04.2025	Thur	Seminar- Tubal Reconstructive Surgery	Dr. Aesha Goel	Dr. Pragya	Unit I
19.04.2025	Sat	Journal Club+ EOWS (Emergency Obstetrics warning signs)	Dr. Nauroz Neelofar	Dr. Anjali Sonker	Unit I
21.04.2025	Mon	Case Presentation	Dr. Shabana	Dr. Nidhi Chauhan	Unit II
22.04.2025	Tue	Guest Lecture: Anterior Abdominal Wall *Anatomy, Incisions and closure.	Dr J.P Ray		
24.04.2025	Thur	Case Presentation	Dr. Snayia	Dr Anchal Agarwal	Unit II
25.04.2025	Fri	Seminar- Surgical management of fibroid	Dr. Dimple	Dr. Heena Khan	Unit III
28.04.2025	Mon	Journal Club	Dr. Neha Pandey	Dr. Pragya Khugsal	Unit II
29.04.2025	Tue	Seminar- Thyroid disorders in pregnancy	Dr. Shyamli Sood	Dr. Sonal Gupta	Unit III


Dr. Ruchira Nautiyal

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE

Functional Unit Distribution

DUTY ROSTER W.E.F – APRIL,2025

JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput Dr. Bhanupriya Dr. Anjali Sonker	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal Dr. Pragya Khugsal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. Purva Darade Dr. Anushka Joshi	Dr. Divyancee Gulati	Dr. Tanya Malhotra
JR -III	Dr. Anjali Benjwal Dr. A Parv N Dogra	Dr. Shabana	Dr. Arish
JR- II	Dr. Dimple	Dr. Shyamli	Dr. Neha
JR-I	Dr. Akanksha	Dr. Palak	Dr. Shivani

District Residency – Dr Nancy

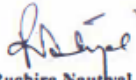
Ward 105- Day Duty 8:00am to 8:00pm

JR2 :Nauroz 1-15 , Dr. Aesha Goel 16-30

JR1 Dr. Ridhima: 1-30

EMERGENCY TEAM (8:00am -8:00pm) On Rotation

JR III	Dr. Anjali Kaushik, Dr. Snarvia
JR II	Dr. Aesha Goel 1-15 Dr. Nauroz 16-30
JR I	Dr. Jahanvi , Dr. Pragya Pant


Dr. Ruchira Nautiyal
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DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG Teaching Schedule for the month of March,2025

DATE	DAY	Topic	Presenter	Moderator	Co- Moderator
04.03.2025	Tue	Case Presentation	Dr. Anjali Benjwal	Dr. Purnima Upreti	Unit III
05.03.2025	Wed	Departmental Meeting			
06.03.2025	Thurs	Case Presentation	Dr. Anjali	Dr. Anchal Agarwal	Unit II
07.03.2025	Fri	Case Presentation	Dr. Shabana	Dr. Sonal Gupta	Unit III
08.03.2025	Sat	Case Presentation	Dr. A Parv N Dogra	Dr. Bhanupriya	Unit I
10.03.2025	Mon	Case Presentation	Dr. Anjali Benjwal	Dr. Anchal Agarwal	Unit II
11.03.2025	Tue	Seminar- Operative Hysteroscopy	Dr. Neha Pandey	Dr. Heena Khan	Unit III
12.03.2025	Wed	Departmental Audit	Dr. Snarvia	Dr. Bhanupriya	Unit I
13.03.2025	Thurs	Perinatology Meet	Dr. Snarvia	Dr. Bhanupriya	Unit I
15.03.2025	Sat	Case Presentation	Dr. Anjali	Dr. Anjali Sonker	Unit I
21.03.2025	Fri	Seminar: Venus thromboembolism in pregnancy	Dr.Dimple	Dr. Sonal Gupta	Unit III
22.03.2025	Sat	Case Presentation	Dr. Shabana	Dr. Ruchira Nautiyal	Unit I
24.03.2025	Mon	Seminar- Cervical insufficiency	Dr. Nauroz	Dr. Pragya Khugsal	Unit II
25.03.2025	Tues	Case Presentation	Dr. Arish Khan	Dr. Heena Khan	Unit III
26.03.2025	Wed	Journal Club	Dr. Shyamli Sood	Dr. Anjali Sonker	Unit I
27.03.2025	Thurs	Case Presentation	Dr. A Parv N Dogra	Dr. Nidhi Chauhan	Unit II
29.3.2025	Sat	Case Presentation	Dr. Arish Khan	Dr. Rashmi Rajput	Unit I
31.3.2025	Mon	Journal Club	Dr. Aesha Goel	Dr. Pragya Khugsal	Unit-II

***Note: *Presentation to be shown to respective moderator 1 week prior to the date of presentation, failing which would be marked 2 days absent.**

University Practical Examination of MBBS Final Prof. Part II -17-20March,2025

***QA 01 batch 2022-28.3.2025 29.3.2025**

Ruchira Nautiyal
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 Professor & Head
 Deptt. of Obstetrics & Gynaecology
 UMC Registration-2168

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE

Functional Unit Distribution

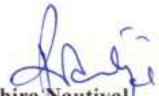
DUTY ROSTER W.E.F – March,2025

JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput Dr. Bhanupriya Dr. Anjali Sonker	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal Dr. Pragya Khugsal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. Purva Darade <i>Dr. Simran</i>	Dr. Anushka Joshi Dr. Tanya	Dr. Divyani Gulati Dr. Anushah Rabab
JR -III	Dr. Anjali Benjwal	Dr. Snarvia	Dr. Anjali Dr. A Parv N Dogra
JR- II	Dr. Shyamli Sood	Dr. Aesha Goel	Dr. Nauroz
JR-I	Dr. Jahanvi	Dr. Shivani	Dr. Akanksha

District Residency – Dr Nancy

EMERGENCY TEAM (8:00am -8:00pm) On Rotation

JR III	Dr. Shabana / Dr. Arish
JR II	Dr. Dimple / Dr. Neha
JR I	Dr. Ridhima, Dr. Palak


Dr. Ruchira Nautiyal
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 Obst. & Gynaecology
 Deptt. of Obstetrics & Gynaecology
 UMC Registration-2168

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG Teaching Schedule for the month of February, 2025

DATE	DAY	Topic	Presenter	Moderator	Co-Moderator
04.02.2025	Tue	Case Presentation	Dr. Arish Khan	Dr. Purnima Upreti	Unit III
05.02.2025	Wed	Departmental meet			
12.02.2025	Wed	Departmental Audit	Dr. Snarvia	Dr. Vandana Rajput	Unit II
13.02.2025	Thurs	Perinatology Meet	Dr. Snarvia	Dr. Vandana Rajput	Unit II
15.02.2025	Sat	Case Presentation	Dr. Anjali	Dr. Ruchira Nautiyal	Unit I
18.02.2025	Tue	Seminar- Hysteroscopy	Dr. Neha Pandey	Dr. Heena Khan	Unit III
19.02.2025	Wed	Seminar LARC	Dr. Shyamli Sood	Dr. Bhanupriya S B	Unit I
21.02.2025	Fri	Seminar APLA	Dr. Aesha Goel	Dr. Sonal Gupta	Unit III
22.02.2025	Sat	Case Presentation	Dr. A Parv N Dogra	Dr. Rashmi Rajput	Unit I
24.02.2025	Mon	Case Presentation	Dr. Anjali Benjwal	Dr. Nidhi Chauhan	Unit II
26.02.2025	Wed	Journal Club	Dr. Dimple	Dr. Bhanupriya S B	Unit I
27.02.2025	Thurs	Case Presentation	Dr. Shabana	Dr. Anchal Agarwal	Unit II
28.02.2025	Fri	Seminar Female Sterilization	Dr. Nauroz Neelofar	Dr. Heena Khan	Unit III

***Note: Presentation to be shown to respective moderator 1 week prior to the date of presentation, failing which would be marked 2 c**

Pre-University MBBS Practical from 06 to 10 Feb, 2025


Dr. Ruchira Nautiyal
 Prof. & Head
 Obst. & Gynae

Dr. Ruchira Nautiyal
 Professor & Head
 Dept. of Obstetrics & Gynaecology
 UMC Registration-2168

**HIMALAYA INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE**

Functional Unit Distribution

DUTY ROSTER W.E.F – Feb,2025

JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput Dr. Bhanupriya	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. Divyancee Gulati Dr Simran (1-15 Feb) Dr Anushka (16-28 Feb)	Dr. Purva Darade Dr Tanya	Dr Anushka (1-15 Feb) Dr Simran (16-28 Feb)
JR- II	Dr Arish Khan	Dr Shabana	Dr Anjali Kaushik
JR-I	Dr Neha	Dr Nauroz	Dr Dimple

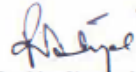
District Residency – Dr Nancy

OPD – Dr Snarvia ,

* Dr Anushah for Kurkawala/Camp.

EMERGENCY TEAM (8:00am -8:00pm) On Rotation

JR II	Dr Parv, Dr Anjali Benjwal
JR I	Dr Aesha, Dr Shyamli Sood


Dr. Ruchira Nautiyal
 Prof. & Head
 Obst. & Gynaecology
 UMC Registration-2168

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG Teaching Schedule for the month of January, 2025

DATE	DAY	Topic	Presenter	Moderator	Co- Moderator
01.01.2025	Wed	Departmental Meet			
03.01.2025	Fri	Case Presentation	Dr. A Parv N Dogra	Dr. Purnima Upreti	Unit III
06.01.2025	Mon	Seminar: IUI	Dr. Aesha Goel	Dr. Anchal Agarwal	Unit II
08.01.2025	Wed	Departmental Audit	Dr. Shabana	Dr. Vandana Rajput	All
09.01.2025	Thurs	Perinatology Meet	Dr. Shabana	Dr. Vandana Rajput	All
11.01.2025	Sat	Case Presentation	Dr. Anjali Benjwal	Dr. Ruchira Nautiyal	Unit I
13.01.2025	Mon	Faculty Lecture		Dr. Nidhi Chauhan	
14.1.2025	Tue	Faculty Lecture		Dr. Purnima Upreti	
15.1.2025	Wed	Faculty Lecture		Dr. Ruchira Nautiyal	
16.01.2025	Thurs	Case Presentation	Dr. Arish Khan	Dr. Nidhi Chauhan	Unit II
17.01.2025	Fri	Seminar : Assisted reproductive technologies (ART Part I)	Dr. Dimple	Dr. Sonal Gupta	Unit III
21.01.2025	Tue	Seminar : Assisted reproductive technologies (ART Part II)	Dr. Nancy	Dr. Heena Khan	Unit III
22.01.2025	Wed	Seminar : Surrogacy laws in India	Dr. Neha	Dr. Bhanupriya	Unit I
25.01.2025	Sat	Case Presentation	Dr. Snarvia	Dr. Rashmi Rajput	Unit I
28.01.2025	Tue	Journal Club	Dr. Shyamli	Dr. Heena Khan	Unit III
29.01.2025	Wed	Journal Club	Dr. Nauroz Neelofar	Dr. Bhanupriya	Unit I

***Note: Presentation to be shown to respective moderator 1 week prior to the date of presentation, failing which would be marked 2nd, 4th, 6th and 8th Jan 2025 - Theory exam of MS batch 2021 Practical -18.1.2025**
MBBS Pre Univ Exam -17.1.2025-2.2.2025


Dr. Ruchira Nautiyal
 Professor & Head
 Deptt. of Obstetrics & Gynaecology
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**HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE**

Functional Unit Distribution

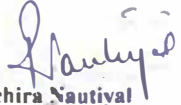
DUTY ROSTER W.E.F – January 2025

JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput Dr. Bhanupriya	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. DIVYANI		
JR- II	Dr. Snarvia	Dr. Anjali Benjwal	Dr. Arish Khan
JR-I	Dr. Aesha Goel	Dr. Nancy/Dr. Dimple	Dr. Shyamli Sood

District Residency – Dr. Anjali and Dr. Shabana

EMERGENCY TEAM (8:00am -8:00pm)

JR II	Dr. A Parv N Dogra	
JR I	Dr. Neha, Dr. Nauroz	


Dr. Ruchira Nautiyal
Prof. & Head
Obst & Gynae

Dr. Ruchira Nautiyal
Professor & Head
Dept. of Obstetrics & Gynaecology
IMC Registration-2168

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG Teaching Schedule for the month of December, 2024

Date	Days	Topic	Presenter	Moderator	Co- Moderator
04.12.2024	Wed	Departmental Meeting			
07.12.2024	Sat	Case Presentation	Dr Anushka Joshi	Dr Ruchira Nautiyal	Unit I
09.12.2024	Mon	Case Presentation	Dr Anushah Rabab	Dr Nidhi Chauhan	Unit II
10.12.2024	Tues	Department Audit	Dr Arish Khan	Dr Sonal Gupta	Unit III
11.12.2024	Wed	Case Presentation	Dr Harmanpreet	Dr Rashmi Rajput	Unit I
12.12.2024	Thurs	Perinatology Meet	Dr Arish	Dr Sonal Gupta	Unit III
13.12.2024	Fri	Case Presentation	Dr Prachi	Dr Purnima Upreti	Unit III
16.12.2024	Mon	Case Presentation	Dr Simran	Dr Anchal Agarwal	Unit II
17.12.2024	Tues	Seminar – National Programs.	Dr Dimple	Dr Purnima Upreti	Unit III
20.12.2024	Fri	Seminar- Recto-Vaginal Fistula.	Dr Snarvia	Dr Heena Khan	Unit III
21.12.2024	Sat	Case Presentation	Dr Tanya	Dr Ruchira Nautiyal	Unit I
23.12.2024	Mon	Seminar- Colposcopy.	Dr Anjali Benjwal	Dr Nidhi Chauhan	Unit II
26.12.2024	Thurs	Seminar- Chemotherapy in Gynecology.	Dr Parv N Dogra	Dr Anchal Agarwal	Unit II
27.12.2024	Fri	Journal Club	Dr Nauroz	Dr Bhanupriya	Unit I
28.12.2024	Sat	Seminar- EMOC, ENAP	Dr Nancy	Dr Rashmi Rajput	Unit I

***Note: Presentation to be shown to respective moderator 1 week prior to the date of presentation, failing which would be marked 2 days absent.**

Prof. Ruchira Nautiyal
 Professor & HOD,
 Obst. & Gynae

Dr. Ruchira Nautiyal
 Professor & Head
 Dept. of Obstetrics & Gynaecology
 UMC Registration No. 2168

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST.& GYNAE, Call duty Roster Dec,2024

DATE	DAY	OPD (8:00am to 4:30pm) and Night duty (8:00pm to 8:00am)			OT	Weekly off
		JRIII	JRII	JRI		
01.12.2024	Sun					Dr Parv N Dogra,
02.12.2024	Mon	Dr Simran	Dr Parv N Dogra	Dr Nancy		
03.12.2024	Tue	Dr. Anushah,	Dr. Arish	Dr. Neha, Dr. Nauroz	Dr Parv N Dogra	
04.12.2024	Wed	Dr. Harmanpreet	Dr. Anjali Benjwal,	Dr. Aesha		Dr Parv N Dogra
05.12.2024	Thurs	Dr Simran	Dr Parv N Dogra	Dr Nancy		
06.12.2024	Fri	Dr. Anushah,	Dr. Arish	Dr. Neha, Dr. Nauroz	Dr Parv N Dogra	
07.12.2024	Sat	Dr. Harmanpreet	Dr. Anjali Benjwal,	Dr. Aesha		Dr Parv N Dogra (After rounds off)
08.12.2024	Sun					Dr Parv N Dogra
09.12.2024	Mon	Dr Simran	Dr Parv N Dogra	Dr Nancy		Dr Parv N Dogra- Absent
10.12.2024	Tue	Dr. Anushah	Dr. Arish	Dr. Neha, Dr. Nauroz	Dr Parv N Dogra	
11.12.2024	Wed	Dr. Harmanpreet	Dr. Anjali Benjwal,	Dr. Aesha		Dr Parv N Dogra (After rounds off)
12.12.2024	Thurs	Dr Simran	Dr Parv N Dogra	Dr Nancy		
13.12.2024	Fri	Dr. Anushah	Dr. Arish	Dr. Neha, Dr. Nauroz	Dr Parv N Dogra	
14.12.2024	Sat	Dr. Harmanpreet	Dr. Anjali Benjwal,	Dr. Aesha		Dr Parv N Dogra (After rounds off)
15.12.2024	Sun				Dr Parv N Dogra (Day + Night duty)	
16.12.2024	Mon	Dr Simran	Dr Parv N Dogra	Dr Nancy	Dr Parv N Dogra- Absent	
17.12.2024	Tue	Dr. Anushah	Dr. Arish	Dr. Neha, Dr. Nauroz	Dr Parv N Dogra- Absent	
18.12.2024	Wed	Dr. Harmanpreet	Dr. Anjali Benjwal,	Dr. Aesha		Dr Parv N Dogra (After rounds off)
19.12.2024	Thurs	Dr Simran	Dr Parv N Dogra	Dr Nancy	Dr Parv N Dogra- Absent	
20.12.2024	Fri	Dr. Anushah,	Dr. Arish	Dr. Neha, Dr. Nauroz	Dr Parv N Dogra- Absent	
21.12.2024	Sat	Dr. Harmanpreet	Dr. Anjali Benjwal,	Dr. Aesha	Dr Parv N Dogra- Absent	


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DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG Teaching Schedule for the month of November, 2024

Date	Days	Topic	Presenter	Moderator	Co-Moderator
4.11.2024	Mon	Case Presentation	Dr. Anushka Joshi	Dr. Anchal Agarwal	Unit II
5.11.2024	Tues	Thyroid in Pregnancy guidelines	Dr. Anjali	Dr. Ruchira Nautiyal	Unit I
6.11.2024	Wed	PCOS in adolescent	Dr. A Parv N Dogra	Dr. Ruchira Nautiyal	Unit I
7.11.2024	Thurs	Role of AI in Obst. & Gynae	Dr. Snarvia Khambra	Dr. Anchal Agarwal	Unit II
8.11.2024	Fri	Case Presentation	Dr. Tanya Malhotra	Dr. Nidhi Chauhan	Unit II
9.11.2024	Sat	Journal Club	Dr. Aesha Goel	Dr. Bhanupriya	Unit I
19.11.2024	Tues	Departmental Audit	Dr. Arish Khan	Dr. Sonal Gupta	Unit III
21.11.2024	Thurs	Practical 21.11.2024-23.11.2024			
26.11.2024	Tues	Perinatology Meet	Dr. Arish Khan	Dr. Sonal Gupta	All
27.11.2024	Wed	Vaginal Rejuvenation.	Dr. Anjali Benjwal	Dr. Rashmi Rajput	Unit I
29.11.2024	Fri	Role of Stem cell therapy in Gynecology.	Dr. Parv D Dogra	Dr. Heena Khan	Unit III

***Note: MBBS Final Prof. Part II Batch 2020- Sessional Practical Examination 11 Nov to 18 Nov Practical Examination
MS Batch 2021 Pre Univ Exam from 14-19 Theory and Practical 21.11.2024-23.11.2024**


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Registration-2168

HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE

Functional Unit Distribution

DUTY ROSTER W.E.F – November 2024

JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput Dr. Bhanupriya	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. Sumita Malhotra		Dr. Devyani Gulati
JR-III	Dr Prachi	Dr Anushka Joshi	Dr Tanya
JR- II	Dr Anjali Benjwal	Dr Snarvia	Dr Parv N Dogra
JR-I	Dr Dimple	Dr Shyamli, Dr Aesha	Dr Nancy

District Residency – Dr. Shabana , Dr. Anjali

OPD & Labour room -Weekly rotation – Dr. Anushah Rabab, Dr. Simran Dhwan

EMERGENCY TEAM (8:00am -8:00pm)

JR III	Dr Harmanpreet
JR II	Dr Arish
JR I	Dr Neha, Dr Nauroz Neelofar

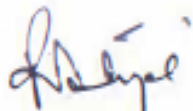

Dr. Ruchira Nautiyal
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UMC Registration-2168

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG Teaching Schedule for the month of October, 2024

Date	Days	Topic	Presenter	Moderator	Co-Moderator
5.10.2024	Sat	Case Presentation	Dr Hannanpreet	Dr Ruchira Nautiyal	Unit I
7.10.2024	Mon	Case Presentation	Dr Tanya	Dr Nidhi Chauhan	Unit II
8.10.2024	Tues	Departmental Meeting			
11.10.2024	Fri	Seminar: Role of Blood Products in obstetrics	Dr Anjali Benjwal	Dr Sonal Gupta	Unit III
14.10.2024	Mon	Case Presentation	Dr Prachi Agarwal	Dr Anchal Agarwal	Unit II
15.10.2024	Tue	Group Discussion: Stillbirth		Dr Purnima Upreti	Unit III
16.10.2024	Wed	PG Batch 2023 sessional examination			
17.10.2024	Thurs	Departmental Audit	Dr Arish Khan	Dr Heena Khan	Unit III
18.10.2024	Fri	Perinatology Meet	Dr Arish Khan	Dr Heena Khan	Unit III
19.10.2024	Sat	Case Presentation	Dr Simran Dhawan	Dr Ruchira Nautiyal	Unit I
21.10.2024	Mon	Case Presentation	Dr Anushka Joshi	Dr Nidhi Chauhan	Unit II
23.10.2024	Wed	Case Presentation	Dr Tanya Malhotra	Dr Rashmi Rajput	Unit I
26.10.2024	Sat	Case Presentation	Dr Anushah Rabab	Dr Rashmi Rajput	Unit II
28.10.2024	Mon	Case Presentation	Dr Anushka Joshi	Dr Anchal Agarwal	Unit II

***Note: MBBS Final Prof. Part II Batch 2020- Sessional Practical Examination**

Presentation to be shown to respective moderator 1 week prior to the date of presentation, failing which would be marked 2 days absen


Dr. Ruchira Nautiyal
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**HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE**

Revised Functional Unit Distribution

DUTY ROSTER W.E.F – October, 2024

JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. Deevyani	Dr. Sumita Malhotra	
JR-III	Dr. Anushka Joshi	Dr. Prachi Agarwal	Dr. Simran Dhawan
JR- II	Dr. Arish Khan	Dr. Anjali	Dr. Snarvia Khambra
JR-I	Dr. Shyamli Sood Dr. Dimple Bamrah	Dr. Nauroz Neelofar	Dr. Neha Pandey

District Residency – Dr. Anjali Benjwal , Dr. A Parv N Dogra

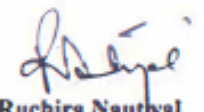
OPD & Labour room - Dr. Tanya Malhotra, Dr. Harnanpreet
(Night duty – Weekly rotation)

EMERGENCY TEAM (8:00am -8:00pm)

JR III	Dr. Anushah Rabab
JR II	Dr. Shabana
JR I	Dr. Nancy Malhotra and Aesha Goel

Note:

- Sunday will be done by respective unit with a team of atleast 3 residents.


Dr. Ruchira Nautiyal
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 Obst. & Gynaecology
 HMC
 Dept. of Obstetrics & Gynaecology
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DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
Revised- PG Teaching Schedule for the month of September, 2024

Date	Days	Topic	Presenter	Moderator	Co-Moderator
3.9.2024	Tue	Case Presentation	Dr. Prachi Agarwal	Dr. Rashmi Rajput	Unit I
4.9.2024	Wed	Departmental Meeting			
7.9.2024	Sat	Case Presentation	Dr. Tanya Malhotra	Dr. Ruchira Nautiyal	Unit I
9.9.2024	Mon	Seminar: Contracted Pelvis Part I	Dr. Aesha Goel	Dr. Rashmi Rajput	Unit I
10.9.2024	Tue	Case Presentation and Group Discussion- Unexplained Infertility	Dr. Anushah Rabab	Dr. Purnima Upreti	Unit III
11.9.2024	Wed	Departmental Audit	Dr. Anjali Benjwal	Dr. Heena Khan	Unit III
13.9.2024	Fri	Perinatology Meet	Dr. Anjali Benjwal	Dr. Heena Khan	Unit III
16.9.2024	Mon	Case Presentation	Dr. Simran Dhawan	Dr. Anchal Agarwal	Unit II
17.9.2024	Tues	Case Presentation	Dr. Anushka Joshi	Dr. Sonal Gupta	Unit III
19.9.2024	Thurs	Seminar- Chorioamnionitis: update on criteria for diagnosis and management	Dr. Arish Khan	Dr. Nidhi Chauhan	Unit II
20.9.2024	Fri	Journal Club	Dr. Nauroz Neelofar	Dr. Heena Khan	Unit III
21.9.2024	Sat	Seminar- Evaluation of male infertility	Dr. Anjali Kaushik	Dr. Ruchira Nautiyal	Unit I
23.9.2024	Mon	Seminar: Contracted Pelvis Part II	Dr. Shyamli Sood	Dr. Anchal Agarwal	Unit II
24.9.2024	Tue	Guest Lecture: Acute Cholecystitis in Pregnancy	Dr. J P Ray		
26.9.2024	Thurs	Seminar: Vulvar Intraepithelial Neoplasia	Dr. Snarvia	Dr. Purnima Upreti	Unit II
27.9.2024	Fri	Journal Club	Dr. Shabana	Dr. Sonal Gupta	Unit III
30.9.2024	Mon	Case Presentation	Dr. Harmanpreet	Dr. Nidhi Chauhan	Unit II

***Note: Presentation to be shown to respective moderator 1 week prior to the date of presentation, failing which would be marked 2 days absent.**

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HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE

Revised Functional Unit Distribution

DUTY ROSTER W.E.F – September,2024

JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. Sumita Malhotra	-	-
JR-III	Dr. Anushah Rabab	Dr. Simran Dhawan	Dr. Harmanpreet Kaur
JR- II	Dr. Shabana	Dr. Snarvia	Dr. Arish
JR-I	Dr. Neha	Dr. Nancy	Dr. Acsha Goel

District Residency – Dr. Anjali Benjwal , Dr. A Parv N Dogra

ICU Posting- Dr. Nauroz Neelofar

●PD- Dr. Prachi Agarwal / Dr. Anushka Joshi (Alternate)

EMERGENCY TEAM (8:00am -8:00pm)

SR	Dr. Purva Darade (8:30 to 4:30pm)
JR III	Day: Dr. Tanya Malhotra Night – Dr. Anushka Joshi/ Dr. Prachi (Alternate)
JR II	Dr. Anjali
JR I	Dr. Dimple and Dr. Shyamli Sood

Note:

- Sunday will be done by respective unit with a team of atleast 3 residents.

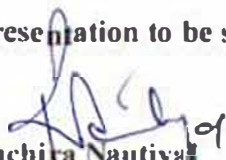
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DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG Teaching Schedule for the month of August, 2024

Date	Days	Topic	Presenter	Moderator	Co- Moderator
1.8.24	Thurs	Departmental Meeting			
3.8.24	Sat	Case Presentation	Dr. Harmanpreet Kaur	Dr. Enas Mushtaq	Unit I
9.8.24	Fri	Seminar- Amniotic Fluid Disorders	Dr. Nancy	Dr. Heena Khan	Unit III
10.8.24	Sat	Case Presentation	Dr. Tanya Malhotra	Dr. Rashmi Rajput	Unit I
12.8.24	Mon	Case Presentation	Dr. Anushah Rabab	Dr. Nidhi Chauhan	Unit II
13.8.24	Tues	Seminar- Seizure Disorders in Pregnancy	Dr. Dimple	Dr. Sonal Gupta	Unit III
14.8.24	Wed	Departmental Audit	Dr. Anjali Benjwal	Dr. Anchal Agarwal	All Faculty
16.8.24	Fri	Perinatology Meet	Dr. Anjali Benjwal	Dr. Anchal Agarwal	
17.8.24	Sat	Case Presentation	Dr. Anuska Joshi	Dr. Ruchira Nautiyal	Unit I
20.8.24	Tues	Case Presentation	Dr. Simran Dhawan	Dr. Purnima Upreti	Unit III
21.8.24	Wed	Journal Club	Dr. Snarvia	Dr. Rashmi Rajput	Unit I
22.8.24	Thurs	Case Presentation	Dr. Prachi Agarwal	Dr. Anchal Agarwal	Unit II
23.8.24	Fri	Journal Club	Dr. Neha Pandey	Dr. Sonal Gupta	Unit III
24.8.24	Sat	Seminar- Management of Rh negative pregnancy	Dr. Shabana	Dr. Ruchira Nautiyal	Unit I
27.8.24	Tues	Seminar- UTI in pregnancy ACOG Clinical Consensus	Dr. Arish Khan	Dr. Purnima Upreti	Unit III
28.8.24	Wed	Guest Lecture- Optimizing Blood Request: Strategies for routine and urgent obstetric bleeds		Dr. Manish Raturi	
29.8.24	Thurs	Seminar- Update on management of fibroid	Dr. Anjali K	Dr. Nidhi Chauhan	Unit II

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**HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE**

Revised Functional Unit Distribution

DUTY ROSTER W.E.F – August, 2024

JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput Dr. Enas Mushtaq	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. Sumita	Dr. Swati Singh	Purna.
JR-III	Dr. Simran Dhawan/ Dr. Prachi Agarwal	Dr. Tanya Malhotra	Dr. Anushah Rabab
JR- II	Dr. Snarvia	Dr. Arish Khan	Dr. Anjali
JR-I	Dr. Nauroz Neelofar Dr. Nancy	Dr. Aesha Goel	Dr. Dimple

District Residency –Dr. Anjali Benjwal and Dr. A Parv N Dogra

ICU Posting- Dr. Shyamli Sood ,

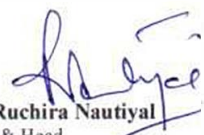
OPD- Dr. Harmanpreet Kaur

EMERGENCY TEAM (8.00am -8.00pm)

JR III	Dr. Anushka Joshi
JR II	Dr. Shabana
JR I	Dr. Neha Pandey/ Dr. Shyamli Sood

Note:

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DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG Teaching Schedule for the month of July, 2024

Date	Days	Topic	Presenter	Moderator	Co- Moderator
3.7.24	Wed	Departmental meeting			
8.7.24	Mon	Breast Feeding- Guest Lecture		Dr. Chinmay	
9.7.24	Tues	Breast Feeding- Guest Lecture		Dr. Chinmay	
10.7.24	Wed	Departmental Audit	Dr. Anjali	Dr. Anchal Agarwal	Unit II
11.7.24	Thurs	Case Presentation	Dr. Simran Dhawan	Dr. Nidhi Chauhan	Unit II
18.7.24	Thurs	Perinatal Meet	Dr. Anjali	Dr. Anchal Agarwal	Unit II
19.7.24	Fri	Case Presentation	Dr. Prachi Agarwal	Dr. Purnima Upreti	Unit III
20.7.24	Sat	Case Presentation	Dr. Tanya Malhotra	Dr. Enas Mushtaq	Unit I
26.7.24	Fri	Seminar- MTP Amendment Act 2021	Dr. Shabana	Dr. Heena Khan	Unit III
27.7.24	Sat	Case Presentation	Dr. Harmanpreet Kaur	Dr. Rashmi Rajput	Unit I
29.7.24	Mon	Case Presentation	Dr. Anushka Joshi	Dr. Anchal Agarwal	Unit II
30.7.24	Tues	Seminar- Role of blood products in obstetrics	Dr. Anjali Benjwal	Dr. Sonal Gupta	Unit III
31.7.24	Wed	Case Presentation	Dr. Anushah Rabab	Dr. Ruchira Nautiyal	Unit I

***Note: Presentation to be shown to respective moderator 1 week prior to the date of presentation, failing which would be marked 2 days absent.**

12-16 EXAM -BATCH 2022

22-25 EXAM -BATCH 2020


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HIMALAYAN INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OBST & GYNAE

Revised Functional Unit Distribution

DUTY ROSTER W.E.F – July, 2024

JR	UNIT I	UNIT II	UNIT III
	Dr. Ruchira Nautiyal	Dr. Nidhi Chauhan	Dr. Purnima Upreti
	Dr. Rashmi Rajput Dr. Enas Mushtaq	Dr. Vandana Rajput (Consultant) Dr. Anchal Agarwal	Dr. Sonal Gupta Dr. Heena Khan
SR	Dr. Namrata & Dr. Samridhi	Dr. Purva	Dr. Swati Singh
JR-III	Dr Tanya / Dr Anushah Rabab	Dr Harman Preet Kaur	Dr Anushka Joshi
JR- II	Dr Anjali Kaushik	Dr Anjali Benjwal	Dr Shabana
JR-I	Dr Neha Pandey	Dr Nauroz Neelofar	Dr Shyamli Sood

District Residency – Dr. Arish Khan and Dr. Snarvia

ICU Posting- Dr. Nancy

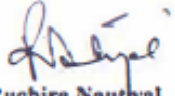
OPD- Dr. Simran Dhawan

EMERGENCY TEAM (8:00am -8:00pm)

JR III	Dr Prachi Agarwal	
JR II	Dr A Parv N Dogra	
JR I	Dr Aesha Goel & Dr. Dimple Bamrah	

Note:

- Sunday will be done by respective unit with a team of atleast 3 residents.


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